

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;  
Boughton; Wereham

**April 2017**

## WELCOME

The Deanery Plan has occupied our minds for some time, and you will see from the village reports how strong the feelings are about what is being done to our group. No one knows when it will begin to be implemented, not even the Archdeacon, but it's probably right to say if you value your church—**USE IT.** If the church means anything in your village, support it in whatever way suits you best. You may not be a churchgoer, but there are other ways of showing that you value the church presence in your community and, once it is gone, it will be too late.

On a lighter note, it's the spring solstice today, pouring rain and winds, but Spring is obviously springing—daffodils, blossom, ducks wandering down the road seeking highly inappropriate nesting sites..

We've survived another winter.

As always, 'Happy Reading'

The Editorial Team

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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## FROM BISHOP DAVID



Have you ever been to Long Melford in Suffolk? If you do, look out for this remarkable panel of stained glass, which shows Christ on the Cross; but not just any cross, because here the Cross of Good Friday is also the Lily of Easter Day.

During the present vacancy, I have been privileged to lead worship in many of your churches. I've enjoyed it, and you've been kind enough to say that you have as well. It's been your life that's struck me. But I can quite understand why a sense of loss and unsureness was there as well, as you worried about what pattern church life would now take. A touch of Lent, you could say, was in the air.

So what has our Easter faith to say to us at times like this: times which we face not just in church but in every aspect of our lives? When I marked the beginning of

Lent at Shouldham and Beachamwell I presented the churches with a small pot of bulbs. There was nothing to see when they were planted except bare earth, formed from the debris of life now extinct. But out of it have grown (I hope!) some beautiful flowers.

Our Easter flowers are a sign that even when deathliness is in the air, God's love has not finished with us. If we can keep our *roots* in the self-giving life of God that we see in Christ, and let the sap of grace flow up into our *shoots*, then Spring and Easter *will* come to our spirits and bear good *fruits*. And though our new form may not be at all like our old one – think caterpillars and butterflies now – it will be full of grace and truth.

## BENEFICE NEWS

### Church services from Palm Sunday to Easter Sunday

#### Sunday 9th April - Palm Sunday

9.30 am	Shouldham Thorpe	Holy Communion
10 .00 am	Barton Bendish	Group service for Palm Sunday starting at St Mary's church. (You may start at St Andrew's if you wish.)
10. 30 am	Marham	Morning Prayer

#### Tuesday 11th April

7.30 pm	Fincham	Deanery Lent Service
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#### Thursday 13th April—Maundy Thursday

10.00 am	Fincham	Holy Communion ( followed by coffee)
7.30 pm	Methwold	Tenebrae service*

#### Friday 14th April - Good Friday

1.00 pm	Methwold
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#### Saturday 15th April

8.00 pm	Boughton	Easter Vigil and first communion of Easter
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#### Sunday 16th April Easter Sunday

10.30 am	Shouldham	Easter Holy Communion
10.30 am	Marham	United Morning Worship
11.00 am	Wereham	Easter Holy Communion

\*The word 'tenebrae' is Latin for shadows. The purpose of the Tenebrae service is to recreate the emotional aspects of the passion story, so this is not

supposed to be a happy service, because the occasion is not happy. If your expectation of Christian worship is that it should always be happy and exhilarating, you won't appreciate this service until the second time you attend it.

The service was originally designed for Good Friday, but it can be used for Maundy Thursday as well. Both services have long scripture narratives, which for this service are divided into seven, each one assigned to a different reader. It starts out with the church dimly lit. There are as many candles as there are readings. The readers go up one at a time, read their assigned selections, and extinguish one of the candles, until only the Christ candle remains. Then someone reads the first part of Psalm 22, which Jesus quoted on the cross. Then the Christ candle is put out, leaving the congregation in near total darkness—and near total devastation. At this point, the service ends. There is no benediction and the people leave in silence. (The lights are turned up but remain dim so that people can see their way out.)

The purpose of the service is to recreate the betrayal, abandonment, and agony of the events, and it is left unfinished, because the story isn't over until Easter Day.

*Ken Waters*

### **Deanery Synod meeting on March 13th**

The Deanery Plan, which will separate the northern half of our group from the southern half was passed by 27 votes to 14, in spite of vigorous opposition from several clergy, Fincham, Shouldham and Shouldham Thorpe, Boughton and Barton Bendish. No date has yet been decided for its implementation, but we were assured that the links between our group, which we value, need not be lost. Time will tell about that, but we will continue to produce the shared magazines and for the moment the rota. I hope we will continue to worship together, to attend each other's functions and to enjoy joint ventures such as the choir and the bellringers. *Pam Wakeling*

### **Nar Valley Ornithological Society (NarVOS)**

Tuesday 25<sup>th</sup> April 2017, 7.30pm at the Barn Theatre, Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

Please come along to this illustrated talk by **Jonny Rankin**, on the subject of:

**Dovestep** Jonny Rankin says that he lives for nature and thrives in the great outdoors. Since 2012 Jonny has fundraised for the RSPB's Operation Turtle Dove, achieving £8,500 so far, by walking over 1000 miles. At the time of

## **Beachamwell Wednesday Walkers**

**Explore the rights of way in and  
around Beachamwell with us**

We meet at the Village Hall at 10.00 am

**FIRST WEDNESDAY OF EACH MONTH**

*Walks last between one and a half to two  
hours*

*All, including dogs on leads, are welcome*

Some paths may be rough underfoot,  
there may be stiles or fields may be  
ploughed: come at your own risk and  
please wear suitable clothing and shoes  
for the outdoors

## **Beachamwell Book Group**

**Tuesday 4th April**

7.30

Beachamwell Village Hall

Book to be discussed over a glass of  
wine

**‘Poetry Anthology’**

**Annual Subscription £15.00**

**New members welcome**



## **Beachamwell WI**

The Hawk and Owl Trust

An illustrated talk by  
Neil Chadwick

Thursday April 6th

7:30pm

Beachamwell Village Hall

Visitors always welcome

## **Beachamwell**

**St Mary's Church  
AGM**

**Tuesday 11th April**

7.30

Beachamwell Village Hall

If you are interested in helping us  
secure a safe future for our church  
building please come along and find  
out how you can play a part in  
preserving the most ancient piece of  
history in our village.

All welcome.



## **Beachamwell WI Craft Evening**

Learn, improve and share a wide range of yarn and fabric crafts

**Tuesday 18th April**

7.30 - 9.30

Beachamwell Village Hall  
Non-WI members and  
beginners very welcome  
£3 inc refreshments

## **Beachamwell Afternoon Tea and a Chat.....**

**Wednesday  
April 19th  
2 - 4pm**

**Beachamwell**

**Village  
Hall**



**Enquiries**

## **Beachamwell Craft Group**

**Wednesday 26th April**

2.00 - 4.00

Beachamwell Village Hall

Bring along something you are already working on or start a new hobby in a friendly group of like minded people.

£2.00 + Bring and Buy

All welcome.

Enquiries:01366 328536



## **The Norfolk Symphony Orchestra**

**Saturday April 29th  
7.3.0pm**

Swaffham Church of SS Peter and Paul

£9.00 for members

£12 non-members

Accompanied children free

Tickets from  
Green Parrot 01760 724704  
Ceres Bookshop 01760 722504

## COUNTRYSIDE NOTES APRIL 2017 SEEDS

An exceptionally mild February has made everything put on a spurt of growth. Our garden has been a picture with spring bulbs and a large patch of naturalised crocuses. The only downside is all the 'unwants' have been growing apace as well. It is incredible how nature has devised different methods of distributing seeds. Many of our trees, such as oak, beech and walnuts bear fruits that are attractive to jays and squirrels. They not only eat them but also store them for winter by burying them in the ground. They never find all of what they've buried and hey presto a new tree has been planted some distance from its parent! Other trees and shrubs rely on birds to scatter their seeds but by a more devious method. Hawthorn, yew, mountain ash, spindle, cherry, as well as several others, are popular with blackbirds, redwings etc for food. However the stones or pips inside prove indigestible and pass through the birds. These are then deposited wherever they happen to be at the time, each with its own dressing of fertilizer. Another clever method used by trees, such as sycamore and ash, to distribute their seed is to have 'wings' on them. These are called 'keys' and can be carried quite a distance by the wind. Last autumn we had an amazing amount on our sycamore tree which are now growing like cress in the borders and lawn! Fir cones open up to scatter their seeds. Some species of conifers, such as the Lodge Pole Pine in North America, need excessively high temperatures for this to happen and benefit greatly when forest fires trigger this mechanism. In 1988 there were devastating fires over thousands of acres in Yellowstone National Park and within a few years a natural forest was regenerating among the gaunt, charred remains of the original trees.

Goldfinches relish the fluffy seed heads of groundsel, dandelions and thistles but they don't eat them all. Individually they are so light they float away in the gentlest of breezes to spread themselves elsewhere. Then there are the sneaky plants whose reproduction technique is to cadge a lift in order to disperse themselves. Perhaps the best known is cleavers, more familiarly known as 'goose grass' or 'sweethearts'. The tiny green balls of their seeds seem to be able to cling to almost everything. A much larger plant that also has this unpleasant habit is the burdock. If you have a long haired dog which has ever got too close to a burdock you will know exactly how hard it is to remove the burrs. Of course there are a few lazy plants that just rely on producing thousands of seeds which simply fall to the ground. Their reproduction is guaranteed purely by the sheer quantity they produce. 'Busy Lizzies' have a brilliant method. When lightly touched their ripe seed pods burst open with an audible 'pop' and fire out the contents. How clever is that?

*Jill Mason*



*Experience has shown how deeply the seeds of war are planted by economic rivalry and social injustice. Harry S. Truman*

## FROM THE SMALLHOLDING MARCH 2017

I fear I have become somewhat disengaged from the Smallholding during the latter end of winter, being rather more concerned, with others, of keeping myself going. However I have been aware of good numbers of fieldfares and blackbirds using up leftover apples in the orchard and the coloured crab-apples elsewhere. The recent spring-like weather has encouraged a walk round and a little light pruning. Looking at the leafless trees I am reminded of a poem entitled 'Lent' which emphasises the importance of the 'space between the branches'; in this case blackthorn which is indeed a very Lenten tree (shrub), through which it is possible to see the stars. With fruit trees the spaces allow light and air in and through the tree allowing a sturdy framework of bud-bearing wood to develop.

Apart from bird behaviour there other signs that winter is on its way out, ( although the weather forecasters have other ideas ), snowdrops and early dwarf daffodils and aconites of course, and over the roadside hedge near each gate the pollarded willows are glowing red, orange, green according to their species; *Salix Britsensis* or *Salix Vltelina*. Perhaps there is a *Salix* expert 'out there' who is able to identify !?

Still over the hedge, the verges are crushed by ever larger vehicles, the grips are already full of water having been cut too late and a juggernaut was observed being driven down Murkett's lane; surprisingly it is no longer there!

Yesterday a sleek nuthatch visited the feeding station and every morning when there is early sun a cock blackbird surveys his territory from the top Eastern corner of the solar panels. How easy it is to become distracted from the holding! The distraction continues; there seems to be some dispute over the territorial vantage point above the panels; this morning one cock blackbird was chased off by another, eventually to be replaced by a French partridge who was clearly interested in activities both sides of the wall.

We leave the prunings under the trees to see if there is any rabbit activity - so far no sign; the effectiveness of the 'rabbit proof fence', or the two virulent diseases, or both'?

As horrid as the two diseases are it is the avian 'flu that is causing us more anxiety. The order to keep free-range flocks under cover, of course makes sense but is much more difficult to do than the order suggests. Adam's Chinese geese, on Country File had a roomy shed with simple feeding arrangements for an alternative. Our few geese and ducks are enclosed at night, going in of their own volition at dusk, but dependent on an outside water supply during the day. The hens, who are known for their quality eggs are, with the longer brighter days coming into full lay, yes, in time for Easter, need their cycle of light to keep egg- laying rhythms going. It is sad to think that our most attractive avian winter visitors may bring this ruinous disease with them.

I am well behind with the soft fruit which are already in precocious bud. At the week-end a friend did noble work in beginning the re-ordering of the primacane

raspberries with the dual purpose of healthy spacing and a semi-permanent use of land thus reducing annual digging of over large vegetable beds. This is where the large raised bed comes into its own; easily manageable short-term veg(!?).

Organic Way, the journal of Organic Growing, has publicised some scientific study into the consumption of plenty of fruit and veg and you will remain healthy AND **Happy too!** So that's why we do it!

*Robin Blackall*



## **Greetings from The Fountain at Shouldham!**

Our last gathering on Sunday 5th March went really well. Over fifty people (28 children and 25 adults) attended our 'In the garden' event at Shouldham village hall, which looked at what happened to Adam and Eve in the garden of Eden, and then what Jesus did to put things right. We used Lego characters to tell the story, and it was really well received. We encouraged people to choose Jesus and all that he offers us. The croissants, bacon rolls and coffee were also a hit. The Fountain at Shouldham is a 'Fresh Expression' of Church aimed at those not currently attending a 'traditional' place of worship and incorporates a mixture of activities for all ages, but specifically with a focus on children. We have been running in Shouldham for the last 5 years, but have recently become part of the of The Fountain Network based at The Fountain of Life Church of England church in Ashill. (You can see their website for more details.)

Our next events are Forest Church on Good Friday 14th April and Sunday 14th May, both at Shouldham Warren from 10.30am -12pm, meeting at the main car park there. If you know of any young families who may like to attend, please pass on these details to them.

We would really appreciate your prayers for us as we prepare and run these activities...we are only a small team and they require lots of energy! If you would like more information then please contact me at [angelaajcaley77@gmail.com](mailto:angelaajcaley77@gmail.com).

Thanks for your time,  
God bless you, Angela

**Do not abandon yourselves to despair. We are the Easter**



### **Britain's First Passivhaus Village Hall Wereham**

This is no ordinary 'Buy a Brick' campaign (largely because there are no bricks) but this is no ordinary village hall!

It's your village hall to support you, your events and your activities.

We're so close – our community fundraising is going well but we've not yet reached our target of £20,000 so please support us by visiting our website <http://www.werehamvillagehall.co.uk> and follow the link on the home page to our dedicated 'MyDonate' donations page.

Your donations will buy:

- £10 three breeze blocks
- £100 timber cladding
- £250 internal fire door
- £500 Passivhaus certified window

For further details contact Trustee John Millard on 01366 500790

Thank you – Together, we'll do it!

## DOWNHAM MARKET LIBRARY EVENTS

### In Good Company!

0 4 A p r i l 2 0 1 7  
1 3 : 0 0 - 1 4 : 3 0

Formerly known as the Friendship Group, this group meets on the first Tuesday of the month 1 - 2.30pm (excluding January) at Downham Market Library. Come along and join in, open to all and all welcome. Most meetings will include an activity, talk or information and advice session - see individual posters for further info. £1 per session includes **refreshments**. **For further information please contact the library on 01366 383073**

Dragonfly Card and Magnet making!

04 April 2017

1:00 pm - 2:30 pm —

Come along and make a dragonfly card and magnet to take home.

£1 includes materials and refreshments (part of the 'In Good Company' group).

This event is open to children too ages 5+ (must be accompanied by an adult).

Booking essential.

### Downham Market Arthritis Care Support Group

07 April 2017

12:30 - 13:30

Do you or someone you know suffer from arthritis? Would you like to be part of an arthritis support group? If so drop in for this first meeting at: Friday 7th April

12.30 - 1.30pm No need to book, just come along. For further information

please contact the library on 01366 383073 or email

ChrisP@arthritiscare.org.uk

### Searching for your family tree?

19 April 2017

10:00 - 12:00

....then let us help. Two hour session illustrating how to start your family tree and how the library can help

### Community Market Place

2 8 A p r i l 2 0 1 7  
1 0 : 0 0 - 1 4 : 0 0

Come along and chat to some local organisations about the services they provide. Downham Market Library Friday 28th April 10am - 2pm Organisations present: Lily - Living Independently in Later Years Careline - improving the homes and lives of older, vulnerable and disabled people. Care and Repair - Home Improvement Agency for King's Lynn and West Norfolk Homestart - family support charity. Well Being Service - support for people with common mental health and emotional issues. Volunteering opportunities within the library service. For further information ring the library on 01366 38307

**Sedgeford – 5000 years of human settlement**

0 2 M a y 2 0 1 7  
1 3 : 0 0 - 1 4 : 0 0

A talk by SHARP (Sedgeford Historical and Archaeological Research Project). Downham Market Library Tuesday 2nd May 1pm - 2pm Booking essential. For further information or to book your place please contact the library on 01366 383073 £1 includes refreshments (part of the 'In Good Company' group)

**Ask Lily—Living independently in later years**  
1 9 A p r i l 2 0 1 7  
1 3 : 3 0 - 1 5 : 0 0

**Keen reader?**

The next Hilgay Book Sale will be on 21st May in the Village Hall at Hilgay.  
Hundreds of second hand books for sale in aid of  
The Norfolk Hospice

**I've learned that people will forget what you said,  
people will forget what you did, but people will never  
forget how you made them feel.  
Maya Angelou**

## EASTER SUNDAY

**A**fter the Sabbath, as the first day of the week was dawning, Mary Magdalene and the other Mary went to see the tomb. And suddenly there was a great earthquake; for an angel of the Lord, descending from heaven, came and rolled back the stone and sat on it. His appearance was like lightning, and his clothing white as snow. For fear of him the guards shook and became like dead men. But the angel said to the women, 'Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here; for he has been raised, as he said. Come, see the place where he lay. Then go quickly and tell his disciples, "He has been raised from the dead, and indeed he is going ahead of you to Galilee; there you will see him." This is my message for you.' So they left the tomb quickly with fear and great joy, and ran to tell his disciples. Suddenly Jesus met them and said, 'Greetings!' And they came to him, took hold of his feet, and worshipped him. Then Jesus said to them, 'Do not be afraid; go and tell my brothers to go to Galilee; there they will see me.'





**Church Road, Barton Bendish**



**Traditional village Inn offering luxury accommodation and restaurant with AA Rosette.**

**Real ales, good food and a warm welcome.**

**Open 7 days a week, Monday to Saturday 12 noon to 11pm, Sunday's 12 noon to 10pm.**

**Locally sourced, home cooked food served every day.**

**Enjoy our extensive gardens & unique Children's Play Church Tower, traditional deck chairs & large multi-coloured bean bags.**

**Free WiFi available in the pub, gardens and rooms.**

**Check out the website for details of all the menus and the diary of events  
[www.theberneyarms.co.uk](http://www.theberneyarms.co.uk) or call 01366 347995.**

**The team will be happy to help with any enquiries.**

## NEWS FROM OUR FRIENDS IN THE NORTHERN HALF OF THE BENEFICE

### Fincham St. Martins – Latest News.

The last of the £27,000 Listed Places of Worship Roof Repair Grant has now been claimed and the Chancel roof no longer leaks - so after many years of having to put up with being dripped on the Choir will now be able to stay dry. The repairs were extensive and were carried out to a high standard by Pikestaff Limited of Sporle. There was a bit of a hiatus in the works due to a national shortage of the required roofing materials but we got there in the end. A debt of gratitude is owed to Mr Stewart Waterston, formerly of Fincham, who made the original grant application with Rev. Barbara Burton, and relentlessly pursued its eventual full release to the PCC.

This month the trees on the western boundary of the Churchyard are due to be dead-wooded. This is being done as a matter of urgency as falling branches could potentially make a mess of adjoining properties if we get any more storms. We also want to avoid branches falling onto users of the adjacent footpath, and of course onto gravestones. Again in the Churchyard, we are close to reaching an agreement with the Community Payback team to take on some of the tidying up of overgrown hedges and pathways. If this goes well then it may be a useful source of “free” labour for other Churches in the group - so watch this space.

At the time of writing, the Fincham and Barton Bendish Group of Parishes are already six months into our *interregnum*, so whatever the outcome of the proposed Deanery Plan, let us hope that we will soon be in a position to start advertising for a new Priest soon. In the meantime we are grateful for the help of the retired clergy who are covering services in Fincham Church, and across the group.

Our regular Wednesday coffee mornings are due to resume in April, now that the worst of the winter weather is hopefully behind us.

*Cathy*, Fincham PCC member.

**All Saints' Shouldham = Deanery Synod** – The Fincham & Feltwell Deanery Synod met in Stoke Ferry primary school on the evening of Monday, 13<sup>th</sup> March, where the main item of business was the reorganisation of parishes in this locality. As described in the last edition, this would entail Fincham, Marham, Shouldham and Shouldham Thorpe



parishes being allied to the Stow Bardolph and Watlington Groups – all currently without a full-time priest. Our PCC was strongly opposed to this plan; (a) because the patterns of worship in the parishes beyond the A10 are rather different from our own; and (b) because we have worked hard over several years to form sound working relationships with Boughton, Barton Bendish, etc. This will now be wiped out at an administrative stroke, as well as fewer services to be covered by the next incumbent – **if** we ever get an applicant.

Led by the Archdeacon, Ven. Hugh McCurdy, (the scheme's main proponent), the whole process was little more than a fiasco. Observers like myself (BH) were segregated by a wide gangway at the rear of the hall and only the elected Synod representatives were permitted to speak. Unsurprisingly, the members voted 2 to 1 in favour of the new plan; but we are grateful to Pam Wakeling, Reverends Robin Blackall, Joan Horan and Judith Grundy who all voiced strong opinions against the mooted scheme. In addition, our thanks to William O'Brien of Fincham who had prepared a well-reasoned paper defending our cause. If this Synod represents a form of so-called democratic working within the Anglican church, it was a mockery – a total stitch-up. Consultative meetings have been held across our parishes over the past four months and wasted a vast amount of time and effort. What will happen in the long run remains to be seen, but the opening lines of Psalm 127 spring to mind: *Except the Lord build the house, their labour is but lost that build it.....* Huh: some house, some synod! *Ann and Brian Hullah*

**St Mary the Virgin, Shouldham Thorpe** At the Deanery meeting held on the 13th March, following a vote it was decided that our group of eight parishes will be split, in order that only one Parish Priest will need to be appointed. Shouldham Thorpe is very sad that this decision has been reached. No date has been given yet for the final split and apparently at the moment no thought as to how the eight Parish account which we all pay into will be divided.\* It will also mean the end of our contribution to this magazine.\*\*A personal view is that I have always understood that the church is here to serve the community. The eight parishes have built a community between us over the years and now it is to be torn apart because of the financial cost to the diocese of the appointment of a new parish priest. Our thanks to Pam Wakeling, the Rev Brian Redgers and. Rev Robin Blackall and all the other residents of the eight villages who have worked so hard for the group. It is to be hoped that final date for the changeover will not be for some time. *Nicola Hoff*



## **PUSH THE BOAT OUT AND TRY SAILING THIS MAY AT THE OUSE AMATEUR SAILING CLUB**

Are you looking for a new way to get outdoors and active or find something you can enjoy together with the family? If the answer is yes, **Ouse Amateur Sailing Club** club in **King's Lynn** is inviting you and your family to come and try sailing on **Sunday 14<sup>th</sup> May, 1pm till 4pm.**

Whether you're completely new to the sport or looking to get back on the water, RYA Push the Boat Out, 14th May is the perfect time to give it a go.

The nine day nationwide event will see hundreds of people taking part in the sport with open days and taster sessions taking place at sailing clubs and centres across the country.

Starting at 1pm, on Sunday 14<sup>th</sup> May there will be a the opportunity to try sailing, weather permitting, at our friendly club at Saddlebow. You will need suitable soft soled shoes, that you don't mind getting wet, a change of clothing and a towel. Light refreshments will be available.

Sailing can be as physical or as relaxing as you want to make it, you can sail with others or on your own, do it competitively or potter about and just enjoy the gentle escape of being outside in the elements.

For full details about what's going on at the Ouse Amateur Sailing Club [www.oasc.co.uk](http://www.oasc.co.uk)

For more information on RYA Push the Boat Out visit [www.rya.org.uk/go/ptbo](http://www.rya.org.uk/go/ptbo)

## **SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT**

Our report this month is short and sweet but importantly a reminder of the forthcoming events that we have planned, so that you can annotate your diaries. Our annual Street Collection in the Town will take place on Saturday the 13<sup>th</sup> May, please support us if you are in Swaffham.

The Concert of Choirs are featured in the Assembly Rooms by popular request from all the feedback we have received from the previous evenings we had organised asking us to arrange another concert. We are once again lucky to secure the Marham Bluebirds Choir and the King's Lynn Male Voice Choir. For those of you who have yet to see and hear them, we highly recommend that you make the effort to come along, you will not be disappointed. The event is being staged on the 7<sup>th</sup> October; details will appear at a later date.

As a Charity we do encourage individuals and groups to fundraise for us and I know many of you in the past have gone out of your way to do this. We are still seeking out people to stage an event and if you think you might have an idea then please contact us, we are there to assist if you require.



One of the families that came along to the Snow-drop Walk at Lexham Hall, left behind a child's knitted scarf in the tearoom. This item is now being held at our Office.

The photograph shows our wonderful volunteers on the day of the walk having a break before the visitors arrive.

Our thanks to the Swaffham Lions for the Pancake race last month. The Home Hospice Team had great fun entering it for the third year.

This is our opportunity to pass on sincere thanks to the local community for their continued support. If anyone is interested in volunteering with us, please contact the Office at 19 Brocks Road and not Turbine Way as I stated in last month's Newsletter. Roles include – drivers, home visits help with groups, bereavement

## WEREHAM'S POP-UP CAFÉ

will 'pop-up'

### TWICE EVERY MONTH

(initially on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday)

from 10.30am till 1.00pm

The café will continue to serve  
a hot drink and a pastry or  
slice of home-made cake for just

**£1.50**

**PLUS**

a light lunch 'dish of the day'  
for an additional £2.50

## Wereham Weekly Cash



Wereham Village Hall

Wednesdays

Doors open 6.45 pm

Eyes down 7.30 pm

Raffle and Refreshments  
with complimentary biscuits



Enquiries: Doreen Rolph  
01366 500218

All proceeds go to Village Hall  
Registered Charity Number 1151336 Wereham Village Hall

## SPECIAL EVENT PLANNED?



**NEW Range cooker  
and spacious larder  
fridge/freezer  
available when you  
hire**

**WEREHAM VILLAGE HALL!**

Contact Doreen on  
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## Wereham

Indoor/outdoor

car boot sales and cafe.

**The last Sunday of every month  
excluding December.**

**9am until 1pm**

**Cafe serving bacon rolls,  
sausage in a roll or egg in  
a roll, with plenty of tea and  
coffee.**

**A warm and friendly welcome  
is given to everyone.**

**Please contact Philip on  
[07759033492](tel:07759033492) or [01366501330](tel:01366501330)**

**e-mail**

**[rose-](mailto:rose-)**

### Free magazine inspires families to get active this summer

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among adults and children and the impact of this on their health and wellbeing – now and in the future.

You can find out more and view the magazine online at [www.norfolk.gov.uk/getinto](http://www.norfolk.gov.uk/getinto)

### Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

### Swaffham

#### Classic Car and Vintage Motorcycle Meet

**On Sunday 30th April from 11am to 3pm on the Market Place car park in the town centre of Swaffham there will be a Classic Car and Vintage Motorcycle Meet.**

**Subject to the weather there will be in excess of 30 vehicles for enthusiasts to see and chat to the owners.**

**Everyone welcome**



## COMMUNITY NOTICE BOARD

### Swaffham Museum

Swaffham Museum reopened in February after a busy six weeks. Behind the scenes work included **two new exhibitions, a new activity** for adults and children 'Do you know how to use a 1930's typewriter?' , **additional dressing-up options** and **a new museum trail**.

The first new exhibition 'Philo's diary' has extracts from a diary written in 1850 by James Philo (1810-1877) who worked as a boot and shoemaker from his home at 8 London Street – approximately where Blaine's shop is today. He revisited the diary in 1873 and he describes the changes in Swaffham over the 19<sup>th</sup> Century. Besides his own personal sentiments, there are references to Education, Emigration, Local Government, Unions and Entertainment in Swaffham.

Our second exhibition is a display of paintings from our store. This is mostly paintings from the Carter family – Samuel John (father to Howard Carter), and Harry Carter who is well respected for his village signs. There are some copies of Harry's original designs. There are also some works from the graphic designer, Max Mueller. Max was a graphic artist and printer in Leipzig before becoming an unwilling conscript in the German army during WW11. He surrendered to the American army and eventually came to live as a prisoner of war in the camp at Cockley Cley. After his release he remained within the locality working for a funeral director before setting up his own printing press.

### 30<sup>th</sup> Anniversary of Swaffham Museum

This year is the 30<sup>th</sup> Anniversary of the Opening of Swaffham Museum. It was opened on March 14 by Dick Joice, well known and respected presenter of regional television and of the 'Bygones' programme. The Museum started with two rooms in the Town Hall, and there were over 1000 artefacts which had been collected during the previous 10 years. Mrs Merle Boddy was a prime mover in the establishment of the Museum. We will celebrate our 30 years in September on one of the Heritage Open Days.

Open Mon – Sat 10am to 4pm. More information on our website( [www.swaffhammuseum.co.uk](http://www.swaffhammuseum.co.uk))

## WEREHAM CAR BOOT SALE

The Indoor/Outdoor car boot and cafe is held on the last Sunday of every month, Contact details,

Philip on [07759033492](tel:07759033492) or [01366 501330](tel:01366501330), e-mail [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).

Dates for the rest of the year are [30th April](#), [28th May](#), [25th June](#), 30th [July](#), [27th August](#), [24th September](#), [29th October](#), and [26th](#)



# Little Oaks



## Preschool

### & Holiday Club

Ofsted Registered EY246821

**A Warm, friendly welcome is waiting for you.**

Accompanied sample sessions for you and your child the first Wednesday of every month 9:30-11:00

Term time age 2-5  
Holiday clubs for  
age 2-8  
year olds

The Indoor/Outdoor car boot and cafe is held on the last Sunday of every month, Contact details,

Philip on [07759033492](tel:07759033492) or [01366](tel:01366501330)

[501330](tel:01366501330), e-

mail [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).

Dates for the rest of the year are [30th](#) age of 2

[April](#), [28th May](#), [25th June](#), 30th

[July](#), [27th August](#), [24th September](#),

[29th October](#), and [26th November](#).

15hrs a week  
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[www.little-oaks-preschool.lk.org](http://www.little-oaks-preschool.lk.org)

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Sleeps 10, 2 bathrooms**

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Sleeps 6—8

Perfect for visiting friends & relatives.

Rural location on our farm in Beachamwell.

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Tom & Caroline Sanderson.

St. John's Farm, Beachamwell, Swaffham, Norfolk  
PE37 8BE

Tel: 01366 328244

Fax: 01366 328716

**Jen's Pet Care**



**Are you at work all day?**

Do you need someone to pop in and feed your pet, let  
it out and keep them company for an hour?

Does your puppy need socialising and some basic  
training? Maybe you're an older person who needs help  
exercising and caring for your dog?

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[www.facebook.com/JensPetCareWretton](http://www.facebook.com/JensPetCareWretton)

**Volunteers Home  
Needed! Start**

Support and friendship  
for families

**Do you remember those early years?.....  
Sleepless nights, tantrums & teething.**

If you have parenting experience Home-Start  
Swaffham & District would love to hear from you.  
We have families waiting for support and all we ask  
is for a couple of hours a week commitment. We  
offer a prep course accredited through the Open  
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for 10 weeks. Term time 10am-2pm.

So, if you think you can make a difference to a  
family needing a little help call us today to find out  
more.

Volunteers will be subject to an enhanced CRB check. We  
are also looking for trustees, for more info contact us on:

**Home-Start Swaffham & District**  
**The Community Centre, Campinglands,**  
**Swaffham, PE37 7RB**

**Tel: 01760 721271**

**Email: [admin@homestartswaffham.org.uk](mailto:admin@homestartswaffham.org.uk)**

## **BARTON BENDISH AND EASTMOOR VILLAGE NEWS**

### **Cheese and Wine Tasting Evening Tuesday April 4th at 7.30 pm**

Waitrose have very kindly offered to sponsor a Cheese and Wine Tasting Evening which will be presented by their wine expert, Mary Simon, who lives in Barton. It should prove to be not only an informative evening, but also one that will be a treat for our palates. Come along and join us for what should prove to be a very pleasant evening. Tickets £5 each and pay on the day but places will be limited so it is essential to book your ticket in advance.

Jill Mason 01366 347928 email [masons.sandmere@btinternet.com](mailto:masons.sandmere@btinternet.com)

or Maureen Tasker 01366 347432

### **Barton Bendish Film Club presents 'Fantastic Beasts' Saturday April 8th at 7.00pm**

Our next film is 'Fantastic Beasts and Where to Find Them' showing on April 8th with a revised screening time of 7:00 pm.

It is a fantasy/action film written and produced by J K Rowling of Harry Potter fame. Starring Eddie Redmayne it is set in 1920s New York and features the adventures of Newt Scamander in a secret community of witches and wizards.

Running time 2 hours and 13 minutes

See [www.bartonbendishfilmclub.btck.co.uk](http://www.bartonbendishfilmclub.btck.co.uk) or join our mailing list using our 'contact us' webpage for details and timings of all our screenings. Alternatively phone 01366 347849

### **Easter Coffee Morning Saturday April 15th 10am – 12noon**

We are holding our annual Easter Coffee Morning on Saturday April 15th from 10am – 12noon in the Village Hall with the emphasis being on the whole family. There will be an Easter Egg tombola as well as the chance to win a delicious cake by entering the competition to guess how many eggs are decorating it. There will also be book, cake and produce stalls as well as the usual raffle and one or two things for the kids to do.

Put your Easter Bonnet on display if you have the time to create one.

This is an event held annually to raise funds towards the costs involved with running our Village Hall. Money is needed to pay for insurances, water rates, electricity etc. As you all know they don't come cheap!!

Needless to say donations of cakes, Easter eggs, raffle prizes etc would be very

much appreciated.

The Village Hall is a valuable facility which is there for anyone to use. When big events such as the recent Burn's Supper, forthcoming Open Gardens, our famed Arts and Crafts Exhibition and the Christmas Victorian Evening are organised the Village Hall is operating to its full potential and we'd be lost without it.

Jill Mason 01366 347928 email [masons.sandmere@btinternet.com](mailto:masons.sandmere@btinternet.com)

### **Quiz Night April 22nd**

This year Barton's ever popular annual Quiz Night is being held on Saturday April 22nd at 7.30pm in the Village Hall. Teams can be of up to 6 people.

£4 per person. Tea or coffee will be served but please bring your own food and drink.

To book your table please contact Linda and Tim 01366 347563 or Janice and Chris 347983

Proceeds to St Andrews Church

### **RAF Marham Tuesday 25th April 2pm – 6pm**

RAF Marham will be holding an information event for all local residents to update the public on the changes taking place at the station and the progress of ongoing construction work at the site. This event will take place at the RAF Marham Sandringham Centre (behind the Spar Shop) and will be a 'drop in' session. All residents are welcome to attend.

### **Gardens Open June 4th**

This year our 'Gardens Open Day' will be held on the first Sunday in June between 11am and 5pm. Ploughman's lunches will be served from noon in the Village Hall followed by afternoon tea at 2pm. There will be the usual cake and plant stalls as well as a raffle. All proceeds from the day go to St Andrew's church.

This is a main fund raiser for the church and attracts many visitors from away into the village. It is always good to have some fresh gardens for them to look at so if you feel you would like to add yours to the list of regulars please do. They don't have to be spectacular, fancy or large. What people seem most to enjoy is seeing what other people have done with their gardens, discussing them, asking advice on solving problems and generally looking for ideas.

If you are able to help in any way on the day please let me know. Donations of raffle prizes, plants and produce as well as cakes for the stalls would be much

appreciated.

For further details please contact Maureen Tasker 01366 347432

### **Barton Bendish Ordinary Parish Council Meeting held on 8<sup>th</sup> March 2017**

Cllr Carter was in the Chair and all Parish Councillors were present. County Councillor Brian Long and Borough Councillor Sandra Squire, along with four parishioners, were in attendance.

The Borough Council had approved the adoption by the Parish Council of the telephone box on Church Road, Barton Bendish. BT would be removing the telephony equipment from inside the box as soon as the contract for adoption had been completed. The box could be re-painted in the same colour without the need for planning permission. The Parish Council is currently considering options for the use of the box and so far a suggestion has been made of a book exchange. Please let us have your views on this and any other suggestions you may have for an alternative use by contacting the Clerk on the details below.

RAF Marham will be holding another information event for all local residents to update the public on the changes taking place at the station and the progress of ongoing construction work at the site. This event will take place at the RAF Marham Sandringham Centre (behind the Spar Shop) and will be a “drop in” session on Tuesday 25<sup>th</sup> April between 2pm and 6pm. All residents are welcome to attend. Parish Councillors have also been invited to attend a briefing and tour of the base which is expected to take place in early April.

The Parish Council was pleased to co-opt Mr Robin Simon from Church Road as a new Parish Councillor to bring the council up to their allowed number of seven. He was warmly welcomed by all of the Parish Council and we look forward to working with him.

The Parish Council agreed to change the start time for all future meetings from 7pm to 7.30pm following a request from Cllr Chapman.

The next meeting will take place on Wednesday 10<sup>th</sup> May, 2017. This will be the Annual Parish Council Meeting starting at 7.30pm in the Village Hall.

Miss Sarah Thorpe, Parish Clerk

Telephone number: 01945 430930

Email: [bartonbendishparishcouncil@aol.co.uk](mailto:bartonbendishparishcouncil@aol.co.uk)

Further information is available on the Parish Council website at [bartonbendishparishcouncil.norfolkparishes.gov.uk](http://bartonbendishparishcouncil.norfolkparishes.gov.uk)

## **FORTHCOMING EVENTS 2017**

Tuesday APRIL 4th	Cheese and Wine Tasting Evening at 7.30pm Village Hall see advert
Saturday APRIL 8th	Film Fantastic Beasts' at 7.00pm Village Hall see advert
Saturday APRIL 15th	Family Easter Coffee Morning 10am – 12noon. see advert
Saturday APRIL 22nd	Quiz Night at 7.30 pm Village Hall see advert
Sunday JUNE 4th	Open Gardens

## **Making Ourselves at Home**

Actually, we've been feeling very much at home since the day we got here. Even when we had our oil stolen, neighbours, who we barely knew then, offered us some of theirs to tide us over until the next tanker could be attracted to the village. It seemed perfectly appropriate then, the other night, when my wife answered the phone to a mystery caller who, subsequently, told me that the last time we had spoken was in 1967! It seems that Fate is an extraordinary thing. Not only did the mystery man turn out to be my House Captain from my days as a boarder at King's Lynn Grammar, but he revealed that he had spent time as managing Director of Albanwise. He had lived in Barton Bendish for a considerable part of his working life. His love of this very special village was obvious and I look forward to learning much more from him about the place we now call home. Perhaps I'm not quite so keen to find out what he remembers about my school days, however, as I wasn't very promising.

We had been concerned that as newcomers (anyone living in a place for less than thirty years, we were told) we might attract resentment by trying too hard to get involved. This doesn't seem to have been so at all. Sometimes fresh blood can have a few benefits. The Berney Arms has taken up our suggestion to offer an itemised breakfast menu, following a minor dispute. We know that some of our neighbours pick up a take away breakfast on the way to work. It's a brave experiment and I hope it works.

Of course, not everyone is as reasonable. When Storm Doris threw a large Poplar across the access road to the water treatment plant, we phoned Anglia Water to warn them that the road was dangerous and that vehicles would struggle to get past it. They were very grateful for the information and promised to remove it. They then moved it further onto our garden and cut off the bit which

## WALK AND RUN FOR THE MAGPIE CENTRE

A CHARITY Walk and Run, to raise funds for the Magpie Centre, home of West Norfolk Riding for the Disabled Association, and other Trinity Rotary Club charities, is to be held on Saturday June 17, in the glorious grounds of Wallington Hall Estate. Comprising a 10-kilometre run, starting at 9.30 am, and a shorter walk for younger (or older) families, starting at 10.00 am, the event offers a fantastic opportunity to raise money for charity, courtesy of Mr and Mrs John Plaxton, owners of Wallington Hall. Not only will it be a fun day out in a beautiful part of Norfolk, which is not normally open to the public, but for participants it includes free parking, plus refreshments and a BBQ .

Tickets, at £5 each (£7.50 after June 5), free for under-10s, can be obtained from John Taylor at [john.jayne1942@gmail.com](mailto:john.jayne1942@gmail.com) or call 01553 840592, online at [www.trinityrotarykingslynn.co.uk](http://www.trinityrotarykingslynn.co.uk) or from the Magpie Centre, Wallington Hall, Runcton Road, South Runcton, Kings Lynn PE33 0EP or call 01553 810202. For horse-lovers, spaces, at £7.00 each, are still available for the Equestrian Table Top sale, scheduled for 11 am – 1 pm Saturday April 22, at the Magpie Centre, Wallington Hall, so if you're clearing out your tack box, call 01553 672756 to book your pitch now. Admission is £1 per person, under 12's free. No dogs allowed.

Thursday May 18 sees a Bingo Evening, at Tilney St Lawrence Village Hall, Magdalen Road, Tilney St Lawrence, PE34 4RF. Refreshments available. Eyes down at 7.00 pm. All proceeds to the Magpie Centre.

A fun day out for all the family is assured at the Craft and Country Fair, Sunday August 20 at Wallington Hall. To book a pitch, offer sponsorship if you'd like to promote your business or for more details, call the Magpie Centre on 01553 810202.

And, again for the "craftier" amongst you, an Art and Craft Fair at Stowbridge Village Hall, Downham Road, Stowbridge, PE34 3PE will run from 10.00 am to 4.00 pm on Saturday November 18. Proceeds to the Magpie Centre. This is a great opportunity to sell your wares and/or stock up on unusual handmade Christmas gifts in the warm, and while enjoying a range of refreshments. Enquiries to 07725 163758.

# BEACHAMWELL, SHINGHAM & DRYMERE NEWS

## **Graham Williams**

Very sadly and suddenly Graham died on 6<sup>th</sup> February. He was born in Ealing, West London although his parents were Welsh. His mother's family had had a farm near Welshpool for many generations and he was always very proud of his Welsh heritage.



He went to school at Ealing College and was Secretary of their Old Boys' Association for 30 years. After leaving school he joined Lloyds Bank where, apart from 2 years National Service, he worked until 1990 when all the major banks consolidated their branches. The branch he managed was merged with another branch and he agreed to take early

retirement. He had always liked the idea of owning a tiny hotel and we spent the next few years on Dartmoor fulfilling this dream. Sadly Foot and Mouth put an end to that and the decision was taken to move to Norfolk where we found Orchard House in Beachamwell.

It was one of our best decisions as we were made so welcome. Graham came to love the village, the church and everything about the whole area. He particularly enjoyed being Churchwarden for 9 years and spent a huge amount of time and energy on the paperwork, phone calls and contracts etc needed to do the work on the church tower and bells, the north window and the porch roof. Sadly his health deteriorated over the last few years and we moved to a bungalow in Shouldham 18 months ago where we were once again warmly welcomed.

Graham enjoyed singing all his life and joined various church choirs from the age of 8 until the early 1990s. He played the piano and also was one of the original members of the Ealing Handbell Ringers who played classical music in concerts all around the country.

Graham travelled widely to many corners of the world but hated beach holidays and would find any excuse not to go near a beach. He particularly enjoyed the long holidays in South Africa when our son Stephen lived there. His enthusiasm for "trying a different route" caused quite a few "adventures" in South Africa.

He was very much a family man and was intensely proud of his three children. He loved family gatherings especially the wonderful Golden Wedding Party that our family organised last April. He adored his grandchildren and all of them, bar none, always made a beeline for him as soon as they saw him in preference to anyone else who might be around. We will all miss him very much.

On behalf of all my family I would like to say thank you so very much for all the

# BEACHAMWELL, SHINGHAM & DRYMERE NEWS

## St Mary's Church



As Spring approaches the celebration of Easter is almost upon us. After 40 days of struggle and temptations in the wilderness, the events of the first Easter brought yet another miracle to the contemporaries of Jesus. Easter Sunday is one of the most important holidays in the church calendar. It symbolises remembrance of Jesus' resurrection from the dead, implying that death is not the end of our journey.

People often feel hope has faded because of illness, bereavement, unemployment, money worries, family breakdown. When hope fails, fear draws close. On Easter Day hope decisively overcomes fear and Christians are called to be witnesses to the hope that is found in Jesus Christ.

Throughout our lives things tend to go up and down. One problem may be overcome but others rush in to fill the gap. Then God stepped in at that first Easter and the world changed for good. The news of Easter isn't about the cycles of life, of how spring follows winter. There is nothing natural about resurrection. At Easter God is completely disrupting the pattern of life and death.

To all of us Easter day proclaims that God who raises the dead is more powerful than anything we encounter.

We hope you will find a quiet moment this Easter to contemplate the real significance of this celebration. Once all the chocolate eggs and hot cross buns have been eaten we still have the comfort of the knowledge that the empty tomb on that first Easter represents hope for all of us.

Due to the clergy shortage in our benefice during this period of interregnum there will be no Easter Sunday service at our church this year. We hope you may be able to come along to one of our two Sunday services in Beachamwell this month (2<sup>nd</sup> and 30<sup>th</sup> April). On Easter Sunday we hope you will join us at a service in our neighbouring churches of Wereham (11 am) and Shouldham (10.30).



# BEACHAMWELL, SHINGHAM & DRYMERE NEWS

removed. The PCC is currently considering other urgent repairs to the roof and stonework, as identified by the last quinquennial survey. The order of the porch pigeon screen has been suspended for the time being so that all available funds can be re-directed to the essential structural repairs.

The forthcoming fund-raising events – the Half Marathon and the Open Gardens will hopefully help secure additional funds to enable us to carry out essential repairs to our ancient church building. Please help us by supporting these events.

This year's AGM will be held on Tuesday 11<sup>th</sup> April in the Village Hall, starting at 7.30pm. If you are interested in helping us secure a safe future for our church building please come along and find out how you can play a part in preserving the most ancient piece of history in our village.

***Vesna Hudson (Churchwarden)***

## **Beachamwell Village Hall (Charity registration number 303900)**

Accessibility Project: By next month's edition we should have appointed a builder for the project and have some idea of dates. Watch this space!

Apology and correction to recent press release. A photograph appeared in a recent Lynn News showing Raymond Hartley on his mobility scooter outside Beachamwell Village Hall. The caption was misleading and I apologise for any embarrassment caused. The photograph was meant to represent generic difficulties for wheelchair and mobility scooter users who cannot access the hall at the moment, rather than a specific case. Since his hip operation Raymond's walking is much improved, which is great news!

Goalposts: We have applied for a grant to install new goalposts on the field. Fingers crossed!

**STOP PRESS!!** Provisional date for the biennial Beachamwell Barn Dance is Friday 7 July. Look for confirmation and further details in next month's issue.

***Beachamwell Village Hall Committee***

***Contact: Leah Spencer 01366 328536 or [leah@wissey.co.uk](mailto:leah@wissey.co.uk)***

## **Beachamwell WI**

At its March meeting, Beachamwell WI welcomed Louise Gayton, who is a local

## BEACHAMWELL, SHINGHAM & DRYMERE NEWS

cases are heard and judgements are arrived at. Some lively discussion ensued. The members also made plans for future outings, which include an excursion to Castle Rising in April and our annual celebration meal in June. Several ladies who recently attended a workshop on the techniques of wet felting, described what they had learned and showed off the items they made.

Next month's speaker will be Neil Chadwick, who is a warden for the Hawk and Owl Trust at Sculthorpe. He will be presenting an illustrated talk about the work of the Trust and the birds that can be seen at Sculthorpe. This meeting is on Thursday, April 6<sup>th</sup> at 7:30 pm. As always, prospective new members and visitors are very welcome to come along.

Contacts: Helen 01366 328589 or Maggie 01366 327023

***Maggie Mackenzie***

### **Wednesday Walkers March 2017**



We were delighted to be joined by three new walkers as we explored the public rights of way towards Barton Bendish on this, the first day of Spring. The sun shone and the daffs were bursting forth and even encouraged a little Spring Cleaning with litter being gathered from the Green Drove. (Why, oh why, can't folks take their debris home rather than throwing cups

and other take-away packaging around our lovely countryside?)

As we walked we glimpsed one mad March hare dashing through a gap in the hedge. Although hares are often seen around this area, they are not as numerous as they were once. In 1869 a House of Commons Committee learnt from a Beachamwell tenant farmer that two and a half thousand hares had been killed on his land the previous year and that a further two thousand still thrived to destroy his crops of turnips and wheat, and his livelihood. He relinquished his tenancy not long afterwards.

Next month on Wednesday 5<sup>th</sup> April, we hope to explore the Caldecote-Eastmoor area. Why not come along too? We walk from Beachamwell village hall at 10.00 a.m.

---

***Leah Spencer 01366 328536 and Sue Pennell 01366 328452***

# BEACHAMWELL, SHINGHAM & DRYMERE NEWS

## Mobile Post Office

Monday and Thursday 12.55 – 13.15

Tuesday and Wednesday 11.10 – 11.40

## Found

A well worn, antique, silver coloured finger ring was found on a farm path in Beachamwell around beginning of March.

**Nevyn Ranner. 8 All Saints Way. 01366 328325**

## Parish Council



Some of you will be aware that two homes suffered break-ins on February 27th . A ghastly and upsetting experience. The victims are keen for people to be aware that this had happened and to make sure their own property is secure and protected as far as possible.

This matter was raised again at the last Parish Council meeting by one of the residents of the Parish and it was suggested that the email system I use to let people know

about what is happening in the Village is a good way to keep them informed. If you would like your email to be added to this list please give it to me. If anyone has any other ideas or suggestions as to how to make people aware of what is happening please let me know so that it can be discussed at the next Parish Council meeting.

The next meetings will be held on May 8<sup>th</sup>. Everyone is welcome

The Parish Council website is :-

[beachamwell-pc.norfolkparishes.gov.uk](http://beachamwell-pc.norfolkparishes.gov.uk)

**Eileen Powell (Parish Clerk)**

## Delivery of G4N

Unfortunately John Partridge, who has been delivering the magazines to Drymere residents for quite a long while now, is no longer able to do so. We therefore need someone to take this over please.

Many thanks to John for doing magnificent work, your support has been greatly

## COMMUNITY NOTICE BOARD

### MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday 11th April	Beachamwell	Post Office	10:15am
	Drymere	Telephone Box	10:40 am
	Boughton	Mill Road	14.20 pm
	Barton Bendish	Hatherley Gardens	9:55 am
Mondays 10th and 24th April	Wereham	The pond	9.30 am
		Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - [www.norfolk.gov.uk/Leisure\\_and\\_culture/Libraries/Mobile\\_libraries](http://www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries)

### VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 ([www.traveline.org.uk](http://www.traveline.org.uk))

### FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	First Thursday 12.00pm to 5.00pm
Swaffham	Second Saturday

For information:- [www.farmersmarkets.net](http://www.farmersmarkets.net) or your local Tourist Information Office

### VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS		
Barton Bendish	Bill Spencer	01366 328536
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218
Wereham	Doreen Rolph	01366 500218

# CHURCH SERVICES FOR APRIL

## Sunday 2nd April

### Lent 5

9.30 am	Shouldham	Morning Prayer
10.30 am	Marham	Café Church
11.00 am	Beachamwell	Holy Communion
6.00 pm	Wereham	Evening Service

## Sunday 9th April Palm Sunday - Sunday 16th April Easter Sunday

Services from Palm Sunday until Easter Sunday are on page 4.

## Sunday 23rd April Easter 2

9.30 am	Fincham	Holy Communion ( said)
10.30 am	Marham	Holy Communion
11.00 am	Boughton	Holy Communion
3 pm	Barton Bendish Day	Heritage service for St George's

## Sunday 30th April Easter 3

10.30 am Group service of Holy Communion at Beachamwell

Thursday services for April at 10 am, followed by refreshments 6th April Fincham 13th April Fincham—Maundy Thursday service 20th April no service 27th April Boughton

## CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Graham Williams	01366 328774
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

## BAPTISMS AND WEDDINGS

Please contact the Churchwarden in your parish.

## BOUGHTON VILLAGE NEWS

**Church News:** The Deanery Synod met on Monday March 11th to discuss the Deanery Plan for reorganisation, as 20 out of the 32 parishes in the Deanery are currently in interregnum ie with no parish priest. The new plan appears to be driven purely by financial considerations and ignores the pastoral effects of breaking up a group which has worked together for many years. In spite of protestations from the majority of our eight parishes and from several clergy, not all directly affected by it, the Barton Bendish and Fincham benefice is being split apart, with our four parishes joining the 'group centred around Methwold and our friends in Fincham, the Shouldhams and Marham being made to join a group which will stretch from Marham, to Watlington, Nordelp and Stow Bardolph. There is a bitter taste in how the plan was passed, by a majority of 27 to 14, ignoring pastoral issues and riding roughshod over genuine feelings and this was exacerbated by the way the meeting was organised. No one, not even the Archdeacon, was able to tell me when this will all come about, so for the moment nothing will change. **Breakfast Church** was well attended on March 12th and it was lovely to see seven very small children there and a number of new faces. It's always an enjoyable event, very informal and welcoming. It's not particularly 'preachy' or 'in your face' and everyone is welcomed, even if you only come for the company. All we ask is that you let someone know in advance, either Frank and Sandy, or me, so that enough food can be provided. **Saturday 15th April—the day before Easter Sunday.** We will again be hosting a service of vigil and the first Communion of Easter at 8 pm. The choir will be present, hymns and readings; there will be fire to symbolise the light of the world, candles, and if you have a small bell to ring, please bring it along. It's a lovely service and all are welcome. See page 4 for details of other Easter services.

**Sunday June 11th is Open Gardens Day this year.** I have some gardens promised already, but would be glad to hear of more. Offers of help also needed. It's the church's main fundraiser of the year and many people in the village get involved.

### **Prime Minister Invited to White House. – Takes Bottle**

We are sure you were all very pleased that our Prime Minister was the first foreign leader to be invited to the White House following Donald Trump's inauguration. As shown in the picture the special relationship is alive and well. Pleasing also to see All Saints donation bottle playing a vital diplomatic role in



securing President Trumps continued support for NATO. We are informed he did place a few welcome dollars in our bottle to go towards the defence of Europe.

However the question on everyone's lips is of course, is the hair real?

A spokesperson for No.10 Downing Street has confirmed that

The Prime Minister's hair is entirely all her own, she never wears extensions, hairpieces or wigs. From the picture it is evident though that Mr Trump does, and he has a spare wig that he was kind enough to give to our bottle. Or has he not realised he is using our All Saints icon as the most valuable wig stand in the world, tut! tut! The next question is; will our bottle wear it for the Presidents State visit to Britain later this year? Watch this space,

One would have thought that White House staff would have straightened the picture in the background. You just can't get the staff these days. Looking again though, it may just be that I was born with one eye higher than the other.

It was unfortunate however that the visit was not without incident. There was a

### Great Day on the Fen with volunteers from Balfour Beatty

Recently, we were fortunate to have the offer of some volunteers from Balfour Beatty. We made arrangements for a working party on 24<sup>th</sup> February, and were blessed with a nice fine day as well.



Their Community Liaison Officer brought along five volunteers from the offices, and whilst initially they were not all familiar with hand tools, they set to with a will, and learnt very fast. Thanks to their hard work, with some help from Dave, Sue and myself, they soon got into the swing of things, and we were able to clear up and burn most of the

remaining reed from the recent cut, and a large quantity of scrub that had been amassed on a previous occasion. One of their colleagues arrived at lunchtime armed with several flasks and an array of food, which boosted everyone's energy levels. The group were cheerful all day, and a pleasure to work with, so we hope that we may be able to repeat the experience on another occasion. *Mark Pogmore*

## WEREHAM VILLAGE NEWS

### Wereham Open Gardens

This year our Open Gardens will be on Sunday June 18th. As many of you know this is an important fundraiser for the church and helps towards the running costs.

I have promises from several people to open their gardens again but it would be brilliant to have some new gardens too. They don't have to be show gardens, our lovely visitors just enjoy walking round, meeting everybody and picking up ideas. So please have a think about it and feel free to have a chat about opening *your* garden.

Or if you would like to help in any way either before or on the day please contact me. Hope to hear from you.....**Lizzie Baddock 500233**

Please would you remember our plant stall if you are dividing plants or seedlings and if you have any spare you could pot up for us to sell? Also any surplus ornamental pots that you may have that can be potted up or garden related items are useful. Ronnie's plant stall is always popular and helps immensely towards our overall total for the day. Thanks *Lizzie Baddock*

### Your Local Scout Group is appealing for new leaders

Scouting is currently more popular than ever in the UK, and recruiting young people to join is easy. However we can only continue to provide the varied opportunities Scouting can offer by recruiting new adult volunteers. The Wereham and Wretton Group are currently recruiting for new leaders for the Scout section, joining a small existing team. Our Scout section meet on Monday evenings between 7pm and 9pm.

Wereham and Wretton Scout Group is comprised of 3 sections attracting boys and girls from the local area: - Beavers, Cubs and Scouts, (the latter being aged 10½ to 14). We are fortunate to have a well maintained Scout HQ on the outskirts of West Dereham to hold our meetings, with surrounding grounds for outdoor activities and camping, as well as an enthusiastic and active committee to support the Group.

You don't have to be an adventurer like Chief Scout Bear Grylls to get involved with Scouting, neither do you have to have been a Cub, Scout, Brownie or Guide to become a Leader. Do you have first aid knowledge? Or a flair for craft activities? Perhaps a DIY whizz or handy in the kitchen? We all have useful skills and you can volunteer and help in many ways. Volunteering is fun; the amount of time you give is up to you, and the role can be adapted to fit in around other life commitments. Not all roles need to be done by just one person – you may have one or more friends or family members that would 'job share' with you.



Scouting gives adults a chance to get involved with their local community and to make a difference to the lives of young people. Volunteers are likely to find and develop new skills which may be difficult to gain in the workplace, and enhance their team-working abilities.

The Scout Association has a wealth of resources to assist recruits and a range of training opportunities is available, both locally and online.

To find out more, please get in touch.

Paul Smith, Group Scout Leader – 1<sup>st</sup> Wereham & Wretton Scout Group

[01366 501224](tel:01366501224) or via email [paul.nutkin@gmail.com](mailto:paul.nutkin@gmail.com)

### **Wereham Craft Group**

We are all very busy preparing items for the spring craft fair on April 8<sup>th</sup>, 10.00am until 4.00pm..All are very welcome there will be filled rolls for sale in the café, along with plenty of teas, coffees and cold drinks. As a group we have taken the decision to put together shoe boxes for Christmas, which go out to Eastern European countries. If anyone else would like to make up a shoe box we will happily put them with ours for collection, at the appropriate time. We will have further details of what is required very soon. I will put the details in my notes next month.We look forward to seeing lots of visitors at the craft fair. For details contact me Rosemary on 501330 or

e-mail [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).

### **March Update from Wereham Village Hall Committee**

Now that Winter is well and truly over, we're starting to look forward to a range of Spring events.

The first Craft Fayre of 2017 is on Saturday 8<sup>th</sup> April in the village hall. For details or to book a table please contact Rosemary on [01366 501330](tel:01366501330)/ [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com) .

This will be followed by the Easter family prize bingo on Wednesday 12<sup>th</sup> April – lots of prizes for all ages (including a lot of chocolate!). We would be very grateful for any donations of prizes for this event – please contact Doreen ([01366 500218](tel:01366500218)) or Angela ([01366 500115](tel:01366500115)).

The very popular Wereham Village Yard Sale returns on Sunday 14<sup>th</sup> May. It's the perfect opportunity for a spring clear out so book your yard in to be included on this year's map. For further details contact Nicki on [01366 500527](tel:01366500527). If you would like to get involved with the Friends of Wereham Village Hall Group, we are always looking for new volunteers and now really is the time that we need as much help as possible. There are jobs for everyone so contact Doreen on [01366 500218](tel:01366500218).

### **Update from the New Build Project Team**

Funding is going well but we still have more to raise. Whilst our first round of grant applications was successful, in many cases we were awarded less than we had asked for and so now we have to try to make up the shortfall. Since then, a few new grant opportunities have become available but we also need to continue working at our community fundraising. We have delayed the build start date to July to give us time to raise the remaining funds but that is now only 3 months away! So we will shortly be relaunching our buy-a-brick campaign which is directed at both private individuals and local businesses – watch out for new leaflets arriving on your doorstep very soon. If you were intending to donate but never quite got round to it, now is definitely the time to log on to our MyDonate page (accessed from our website: [www.werehamvillagehall.com](http://www.werehamvillagehall.com)). For donations over £100, donors will have their names added to the donations plaque and for smaller amounts names will be added to a donations book, both of which will be displayed in the new hall. Donations can also be made as a gift or in memory (cards available). We really are very close now – please support us if you can.

*Victoria, John E, John M & Rachel*

**Wereham Village Hall Bonus Ball Club** The lucky winners of £60 each in February were Pauline Holland and Angela Godden – congratulations to you both! *Helen Richardson, Secretary.*

### **Events list**

**Bingo** - Wereham Village Hall "Cash Prize" Bingo every Wednesday, doors open 6.45, eyes down 7.30pm. Teas/coffees available with complimentary biscuits. For enquiries contact Doreen on [01366 500218](tel:01366500218).

**Pop up Café** – first and third Tuesday of the month, 10.30-1pm. Join us for a slice of homemade cake, a hot drink, a natter and a read of the daily papers all for just £1.50. Light lunches also available – look out for our monthly specials! Cake donations/queries to Doreen on [01366 500218](tel:01366500218). Next dates Tuesday 4<sup>th</sup> and 18<sup>th</sup> April and Tuesday 2<sup>nd</sup> and 16<sup>th</sup> May.

**Craft Fayre** – Saturday 8<sup>th</sup> April. Contact Rosemary on [01366 501330](tel:01366501330) or e-mail [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).

**Easter Family Prize Bingo** – Wednesday 12<sup>th</sup> April. Doors open 6.45, eyes down 7.30pm. Refreshments available. For enquiries contact Doreen on [01366 500218](tel:01366500218).

**Car boot and Café** – last Sunday of the month, 9am-1pm (café opens at 8am). Next dates Sunday 30<sup>th</sup> April and Sunday 28<sup>th</sup> May. Café serving bacon butties, hot dogs and hot drinks. £5 per pitch. Contact Philip on [07759033492](tel:07759033492)/01366 501330 e-mail [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).

**Yard Sale** – Sunday 14<sup>th</sup> May – more details next month.

**For all the pictures and feedback** from our events, log onto [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall). By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

If you have any queries with regards to the plans for funding a new village hall, or anything we're doing, please contact Victoria Gray, Chair, Wereham Village Hall Committee

Home: 501277 Mobile: [07725513583](tel:07725513583)

Email: [darren.gray@tesco.net](mailto:darren.gray@tesco.net) or via [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall)

### **WEREHAM Parish Council**

**Community Defibrillator** – You will all soon receive a leaflet detailing information about the Community Defibrillator. We are hoping to organise an awareness training session so please keep a look out on the Facebook page and Parish Council website. Please contact the clerk if you would like to take part in the awareness training. The unit is user friendly for all, however we have funding for an awareness training session for those of you who wish to be aware of how to use it. We soon will have the phone box painted and resigned so keep a look out.

#### **Meeting Dates**

Tuesday 9 May 2017 (AGM and Annual Parish Meeting), TBC on website approx. 7 pm Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to

### **Barton Bendish news: Making ourselves at home contd from page 29**

But, there is no need to dwell on the negative. The walks here are tremendous and our knowledge of wildlife expands all the time – not that we knew much when we arrived. The sound of birdsong is all pervasive and flowers and blossom are appearing everywhere. We are discovering all kinds of interesting and unique places nearby. Some were known to us already, like the Nar Valley Way, Castle Acre and Bawsey Ruin, but there seems to be an endless supply of hidden gems too. Particularly wonderful is the Church of St Mary at Houghton on the Hill, with its staggering Saxon murals. The building contains some Roman brick and, like many buildings in the county, is ancient beyond measure. Amazing that it was only rediscovered twenty years ago. We were warned that, as city dwellers, we would be unhappy and bored within months. We are still waiting for that to happen, and are entirely confident that it never will. When you make the right move it's like coming home – and that's what we've



## **FAMILY COFFEE MORNING**

**At Barton Bendish Village Hall**

**on Easter Saturday •**

**April 15th 10am-Midday**

**Exhibition of Easter Hats**

**A small gift will be given to every  
child who exhibits a hat**

**Easter Egg Tombola**

**Produce stall, Cakes, Raffle, etc  
Any Donations very welcome**

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[www.swaffhammuseum.co.uk](http://www.swaffhammuseum.co.uk) for updated information

Interested in becoming a volunteer? Contact Steve Gregory 01760 755596

Admission: £3 Adults. £2 Concessions. £1 child 5yrs and over

**Bring this advert for 1 Adult Free Admission (valid for 2017)**

**T**he **Passion of Christ**, or Easter Week, known in Spain as **Semana Santa** is without doubt the most important celebration in Spain. The festivities begin with the Domingo de Ramos (Palm Sunday) and end with Lunes de Pascua (Easter Monday). It is a celebration of life itself and the whole country comes alive. The Catholic Church in Spain is passionate about Easter celebrations. Almost every town and city in Spain will have their own Easter celebrations and almost every resident will be involved in some way.

In the major cities the processions are of huge proportions, often stretching for miles. Each area, city and town has its own accent on its celebrations. They all differ but in common they all portray life, colour, culture, music and dance, all with a very religious meaning. The way in which many villages and towns celebrate Holy Week is so very different and one such example is Almaden de la Plata near Seville. On Easter Sunday, rag and straw dolls representing famous people are placed at different points in the streets of the village. These are finally torn apart and the pieces thrown into the air.

In Castilblanco de los Arroyos, they place the same kind of dolls in the streets but they are later set on fire. The dolls are known as *juas* or Judas dolls. There are many towns that celebrate with battles between ancient brotherhoods.

In major cities such as Malaga, the processions go on for miles and will last until the early hours of the morning, every night through the Easter week. Children as young as 3 or 4 take part and crowds will swell into hundreds of thousands.

### **Timetable for Easter in Spain**

**Domingo de Ramos (Palm Sunday)**

**Jueves Santo (Holy Thursday)**

**Santo Entierro (Good Friday)**

**El Domingo de Resurreccion (Easter Sunday)**

La Mona de Pascua – Spanish Easter cake

For many Christians, Easter means the end of a long and gruelling 40 days of Lent, giving up your favourite thing, whether it's chocolate or Facebook! In many Spanish regions this is when they traditionally make **La Mona de Pascua** cake – a delicious end to the abstinence and a symbol of Spring! Easter week in Barcelona, known as Semana Santa (Holy Week) would not be complete without making La Mona de Pascua cake. Godparents traditionally give it to their godchildren, hence the word Mona – the Moroccan term meaning gift.

There are two types of La Mona de Pascua cake. The traditional cake takes the form of a gigantic doughnut topped with boiled eggs (the number of eggs depends on the age of the godchild!) Why the eggs? The most dedicated Catholics would go without meat or eggs during Lent, so eggs were saved and used in the cake at Easter.

The more recent version of La Mona de Pascua isn't quite so eggy. As baking techniques improved, bakers started to make chocolate eggs and put a layer of apricot jam inside the cake. Today La Mona de Pascua is decorated with a chocolate glaze, almonds, chocolate

eggs, colourful feathers and cartoon characters. It's so popular that Catalonia's bakeries can expect to sell 600 000 of this festive speciality by Easter Monday. **Ingredients:** Sponge

4 eggs

150g of sugar

150g of flour

20g of almond flour

5g of yeast

2 beaten egg whites

50g of butter

For the filling

300g of apricot jam

To decorate

250g of dark chocolate

125g of butter



### **Method:**

Beat the eggs and sugar together in a bowl.

Mix the flour and yeast together in a separate bowl.

Gradually pass the mixture of flour and yeast through a sieve and add it to the egg and sugar mixture.

Stir constantly while adding the almond flour.

Whisk the egg whites in a separate bowl until they form peaks.

Once they are half whisked, add 50g of sugar, once whisked blend in with the flour and egg mixture.

Turn the final mix out into a greased and flour sprinkled mould.



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Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

Home-Start Swaffham & District  
The Community Centre, Camplinglands,  
Swaffham, PE37 7RB  
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## Oxburgh Hall Events

Unless otherwise indicated, please call 08442 491895 to book tickets.

### **Wednesdays 5<sup>th</sup> and 12<sup>th</sup> April - Wild in the Woods (Easter)**

Come to Oxburgh this school holiday and go Wild in the Woods. The Outdoors Team will be running drop-in activities in Home Covert Woodland from 11.30am – 1.30 pm. No booking required.

**Normal admission charges apply.**

### **Saturday 15<sup>th</sup> – Monday 17<sup>th</sup> April**

#### **Easter at Oxburgh**

The Chapel will be dressed for Easter, reflecting the Catholic traditions of the family. See beautiful floral displays and the altar Triptych in a different light.

**Normal admission.**

### **Easter Sunday - 16<sup>th</sup> April**

**The Oxburgh Choir will be singing at 2pm and 3.15pm**

### **Saturday 15<sup>th</sup> – Monday 17<sup>th</sup> April, 10.30am – 3.30pm** **Cadbury Easter Egg Hunt.**

Set off on an adventure around the grounds of Oxburgh Hall. Hunt for the clues that the Easter Bunny has left behind after hiding his stash of Cadbury choco-

#### **Visit Swaffham Museum in 2017**

**New** Philo's 19th Century Swaffham

**New** Local Artists Exhibition inc. Max Mueller and Carter family

**Plus** Howard Carter and Tutankhamun / Local archaeology / Carr Clocks / Local History

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Lily landscape 1/4 page grey-scale.indd 1

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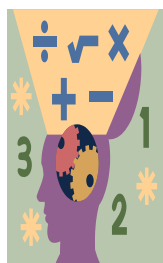
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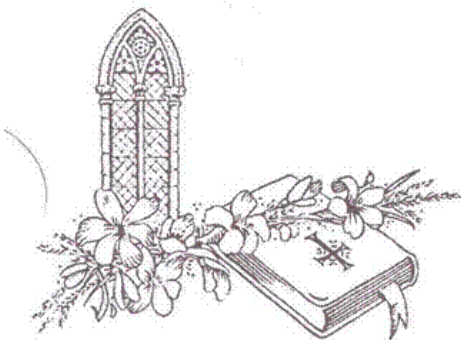
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**Keep Fit** meets every Tuesday from 6.30pm – 7.30pm and consists of gentle exercise, increasing to more energetic if able, finishing with floor exercises, stretching and relaxation. It is suitable for all ages. Cost £4.00 per lesson. Interested? Then either just turn up with a towel and a bottle of water or contact Debbie on 01760 622108

The **W.I.** meets on the second Wednesday of every month at 7.30pm. Next meeting will be 12<sup>th</sup> April. Subscription is paid each January -£39.00 and there is just 15p towards teas and a raffle ticket - 50p - on the night. New Members are always welcome – either just turn up or contact Sue on 01366 347305.

**Fincham Local History Group** meets every two months on a Wednesday. Next date to be confirmed.

The **Flower Club** will meet on Thursday 13<sup>th</sup> April & Thursday 27<sup>th</sup> April from 2.30pm – 4.30pm.

**Fincham Chorus** meets every Thursday from 7.00pm – 9.00pm and is for anyone who loves singing (especially bass and tenor). They sing all kinds of music (except modern pop!). Subs are £88 per year and can be paid half-yearly or quarterly if wished.

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**Quiz Night** is the first Friday of each month starting at 7.30pm. This is a really fun evening with several teams of 4 – 6 people and lots of laughter. There is a cash raffle each month. Bring your friends and make up your own table or come along by yourself and join one of the existing teams. Also feel free to bring your favourite tipple and snacks. Costs £2.00 per person

Saturday 8<sup>th</sup> April Kings Lynn Cycling Club meet from 12md – 5pm

Don't forget the Fincham bellringers meet at the church on Tuesday evenings!! PW

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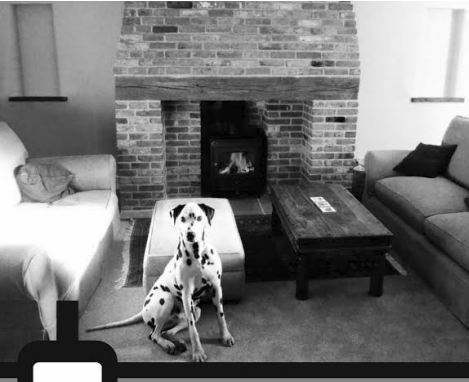
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Basil Hume

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Pour the chocolate over the shredded wheat and stir well.

Spoon the chocolate shredded wheat into 12 cupcake cases and press the back of the teaspoon in the centre to create a nest shape.

Place 3 mini chocolate eggs on top of each nest.

Chill nests in fridge for 2 hours until set.

Answers to quiz on facing page



1. Belgium
2. Australia
3. Madrid
4. St Paul's Cathedral
5. Westminster Abbey
6. The Isis
7. Funchal
8. The Tagus
9. Islamabad
10. New Hampshire
11. Luxembourg
12. Vietnam
13. Ghana
14. Florence
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16. Cuba
17. Dublin
18. Mediterranean
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21. Germany
22. Gloucestershire
23. Aden
24. Hoover Dam
25. Switzerland
26. Peak District
27. Chile
28. Rio de Janeiro
29. South Australia
30. Kazakhstan

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Coffee and tea will be available but please bring your own food and drink

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## **GEOGRAPHY QUIZ**

1. In which country is the Albert canal?
2. In which country is the Great Sandy Desert?
3. In which city is the Prado art gallery?
4. Where would you find the whispering gallery?
5. What is the more common name for the collegiate church of St Peter in London?
6. By what name is the Thames known as it passes through Oxford?
7. What is the capital of Madeira?
8. On the bank of which river does the Portuguese capital of Lisbon stand?
9. What is the capital of Pakistan?
10. Which is the only us state named after an English county?
11. Which tiny country does Belgium, France and Germany border?
12. Hanoi is the capital of which country?
13. By what name is the Gold Coast now known?
14. Which artistic Italian city was almost destroyed by flood in 1966?
15. On which island is nationalist China?
16. In which country is the Bay of Pigs?
17. In which city would you find Phoenix Park?
18. The Adriatic and Aegean are arms of which sea?
19. Which American city was once called New Amsterdam?
20. Where in Australia did Capt. Cook land?
21. Which country in the EC has the highest population?
22. In which English county is the Forest of Dean?
23. By what name was the republic of South Yemen known prior to 1967?
24. By what name is the Boulder Dam on the Colorado River now known?
25. Which country's capital city lies on the River Aar?
26. Which was Britain's first national park?
27. In which South American country is the Atacama Desert?
28. Which city is dominated by Sugar Loaf mountain?
29. Which Australian state borders all other mainland states?
30. In terms of area, which is the world's largest landlocked country? (Zaire, Kazakhstan, Mongolia, Egypt or Paraguay)

Answers on facing page





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