

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;  
Boughton; Wereham

**December 2016/January 2017**

## WELCOME



Well, here we are nearly at the end of another year - can you believe how time flies?

We would like to thank Alan and everyone who has helped with G4N in any way - we do appreciate your continued support.

All that is left for us to say is.....

**"A very Merry Christmas and a Happy New Year to everyone"**



As

always, 'Happy Reading  
The Editorial Team

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

**Deadline for copy for the  
February 2017 edition:**

**11th January**

### ADVERTISING

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## ‘FROM THE RECTORY’

**Advent, Christmas, New Year 2016/17**

***Dear Friends,***

It seems strange to be writing a Christmas message before the middle of November but even with parish magazines deadlines are necessary.

The Common Worship lectionaries while giving us a more inclusive access to the Bible also provides a longer period of preparation, allowing an additional four Sundays before Advent. These weeks together with Advent itself allow us to prepare ourselves for the coming of the Christ's kingdom as well as preparing for the celebration of His Nativity.

As we move through Advent we can read or hear the ringing authoritative utterances of the Old Testament Prophets with the promise of Hope for Israel and the world. As we look back on this year 2016 with its centenary of the battle of the Somme we can hardly have been more in need of Hope. The Brexit vote in June and the November election in the United States together with the ongoing turmoil in the Middle East have shown us just how divided we and other nations are. It was just such a divided world that the infant Christ came to reconcile to God.

I sometimes think that the way we prepare ourselves during Advent and for the coming Christmas has a built in guarantee that things will follow a well known pattern. Does our preparation play it safe, or might we hope to be surprised? After all the Messiah came in such a wonderfully ordinary way that the world was taken by surprise.

One of my favourite stories is from America. It is about a Sunday School Nativity play, or pageant as it was called there. Everything went wrong from the start, even before the rehearsals. The smart good children sulked so the kids from the wrong side of the tracks got the main parts. They were so unfamiliar with the Christmas story that it came upon them that this story, this play, was for them; changing the way they saw themselves and others around them. Those who attended expecting the usual Sunday School fare were so surprised and moved that it was declared 'the best Christmas Pageant ever!'

May this coming Christmas both surprise and comfort us as we face many changes in the New Year.

With sincere best wishes,

***Robin***

PS The book: 'The Best Christmas Pageant Ever'

Barbara Robinson. Pub. Harper Trophy.

## CHRISTMAS 2016 AND EPIPHANY 2017



Saturday 10th December 6.00pm

Tuesday 13th December 7.00pm

Thursday 15th December 7.00pm

Sunday 18th December 3.00pm

Sunday 18th December 4.00pm

Sunday 18th December 6.00pm

Monday 19th December 6.30pm

Friday 23rd December 6.30pm

Saturday 24th December 4.00pm

Saturday 24th December 11.00pm

Saturday 24th December 11.30pm

Sunday 25th December 10.00am

Barton Bendish Victorian Evening and Carols

Boughton Traditional Nine Lessons and Carols

Shouldham Nine Lessons and Carols

Fincham Family Carol Service

Wereham Carol Service

Marham Carol Service

Shouldham Thorpe Carol Service

Beachamwell Carols by Candlelight

Boughton Crib Service in the church

Marham Holy Communion

Wereham Holy Communion

Fincham Group service of Holy

Communion – all welcome whether or not you take communion.

No Thursday communions on 22nd or 29th December.



Join us again on January 6th for a celebration of Epiphany at All Saints' Church, Boughton.

This will take place at 10.00 am and will be followed by refreshments

## RECIPE PAGE

### Peter's Chilli Tomato Chutney

This is my variation of one I found on the web, using chillies, lime juice and balsamic vinegar. It's got a nice bite to it!

#### Ingredients:

1kg ripe or semi-ripe tomatoes  
1 large onion (I used several small ones, 150g)  
A knob of butter  
A pinch of salt  
100ml cider wine vinegar  
130g Demerara sugar  
1 tbsp Balsamic sauce  
1 tbsp wholegrain mustard  
2 finely chopped red chillies – medium size  
Optional, the juice of a squeezed lime

#### Kitchenware:

A large pan  
2 400ml jars  
Something to stir with

#### Method:

Chop the onions fairly finely. Melt a knob of butter in the pan with a pinch of salt. Add the onions to the butter and fry gently until soft. Roughly chop all of the tomatoes. Add them to the pan.

Add the rest of the ingredients then stir. Bring to a gentle boil and then simmer on a low heat with the lid off for 40 minutes to 1 hour. The aim at this stage is to reduce the tomato chutney until its thick and changes colour to a more golden brown.

At this point you'll want to put your jars in the oven at 140°C, just enough to kill any germs from your pre-cleaned jars and remove any water you haven't dried out.

Pot into hot jars and seal immediately.

**Peter Agate (Boughton)**

## CHILDREN'S PAGE

### Christmas Word Search

Words may go vertically and horizontally in either direction only

S	R	G	H	K	Q	D	W	A	F	P	D	X	C	X	M
N	A	F	R	T	Y	O	J	B	G	N	G	D	C	V	I
C	G	N	J	K	K	L	S	B	C	I	Z	C	B	N	N
H	M	B	T	F	D	H	J	A	K	K	Y	G	C	Y	C
R	Q	W	E	A	T	Y	R	I	O	C	P	L	U	U	E
I	F	G	H	J	C	D	K	L	Q	O	D	F	G	H	P
S	N	B	V	B	S	L	H	J	K	T	W	D	C	G	I
T	H	Y	F	C	V	G	A	H	K	S	T	I	R	T	E
M	D	F	V	B	N	M	T	U	F	G	U	Y	Y	U	S
A	W	S	D	C	A	R	O	L	S	E	R	V	I	C	E
S	T	N	E	S	E	R	P	T	Y	U	K	H	J	H	N
T	U	I	H	J	N	F	V	C	V	B	E	U	Y	U	G
R	H	O	L	L	Y	A	N	D	I	V	Y	W	S	R	S
E	H	U	I	M	B	N	M	F	T	C	X	F	C	C	A
E	O	T	E	L	T	S	I	M	M	T	U	I	O	H	X
S	D	N	E	I	R	F	D	N	A	Y	L	I	M	A	F

SANTA CLAUS  
MINCEPIES  
CAROL SERVICE  
CHRISTMAS TREE  
PRESENTS  
TURKEY

MISTLETOE  
CHURCH  
HOLLY AND IVY  
CARDS  
STOCKING  
FAMILY AND FRIENDS

## QUIZ PAGE

1. Which company was the first to introduce the Tea Bag to The UK?
2. In the USA what is celebrated on February 2nd and is also a film?
3. Which castle is on the Isle of Anglesey?
4. What is the world's most popular non alcoholic drink?
5. Illustrated on its logo, the product Marmite is named after a French word meaning what?
6. Which trade would use a cambrei?
7. Which country has the largest malt whisky distillery in the world?
8. What is the name of Snoopy's yellow bird friend in the comic strip Peanuts?
9. Name 5 of the original moving pieces in a Monopoly game.
10. In Australia, what is a kylie?
11. Which organisation's insignia bears the inscription 'Blood & Fire'?
12. In what year did the Channel Tunnel open?
13. In Roman numerals, what is the letter M with a bar over it?
14. Who is Bibendum better known as?
15. What did Dr. John S. Pemberton concoct in a three-legged pot in his backyard in 1886?
16. What is the colour of the black box in a commercial airplane?
17. In which month do the Russians celebrate the October Revolution?
18. Which fictional family in a Disney film live at Cherry Tree Lane?
19. What type of fish is also something you might find in a cage?
20. The murderer Christie's three forenames were?
21. Which area in Burgundy produces only white wine?
22. Which country makes Panama hats?
23. We call it Japan but how do the Japanese know it?
24. What colours did Norwich City play in before adopting the yellow & green strip?

Answers: (1) Tetley; (2) Groundhog Day; (3) Conway; (4) Coffee; (5) Stew Pot; (6) Butcher [it's a butcher's block]; (7) Japan; (8) Woodstock; (9) Shoe, Iron, Ship, Top Hat, Racing Car; (10) A bird; (11) The Salvation Army; (12) 1994; (13) 1000000; (14) The Michelin Man; (15) Coca Cola; (16) Orange; (17) November; (18) The Banks Family in Mary Poppins; (19) A perch; (20) John Reginald Halliday; (21) Chablis; (22) Ecuador; (23) Nippin; (24) Blue & white

## FROM THE SMALLHOLDING IN LATE AUTUMN

The downsizing is beginning to look promising and even taking shape! I am indebted to friends, neighbours and other helpers who in various ways don't want me to give up.

The **raised bed**, the idea and example of friends and with the patience of the ever capable Bill is almost finished; it is filled with beautiful black fenland topsoil and farmyard manure. All that remains now is to find flagstones to surround the base to prevent slipping. To all who have helped both materially and practically **thank you!**

If all continues to go well we will start off by sowing over-wintering broad beans.

The apples not yet picked are providing rich colour in the orchard and on the espaliers. I would like to be able to dispense berried holly and mistletoe from the gate but the mistletoe seed or fruit which I had smeared onto the bark of some apple trees has not taken. However Golden Hornet crab apple and Red Sentinel are very decorative especially when there has been some frost, blackbirds and fieldfares love them. There is a touch of Dickens about one of the colourful winter apples, the Norfolk Beefing and Biffins which are mentioned in a Christmas Carol. Beefings may also be useful for making dried apple rings.

The **apple harvest** has been wonderful with only the late winter eaters still on the trees. The two **juicing** days were very successful with no break-downs and a total of around 100 gallons of mostly very sweet juice being produced, not all for cider! A very sincere **thank you** all who provided apples and labour of any kind.

### **Activity on the boundaries.**

The farm on our eastern boundary has decided to protect their field from rabbits. We have therefore agreed to co-operate by fencing our southern boundary and continue round on to our gate on Eastmoor road. We are using four foot chicken wire, buried to the depth of a foot. It is a moot point as to whether the fence will keep the rabbits in or out! If it works it will be a real relief to know that the fruit trees are protected during the winter.

**On the northern boundary** Bob is doing a wonderful job of re-building his lovely old wall that has been ravaged by ivy and jasmine and rain. We hope that on our southern side the American Pillar roses which were there when we arrived will grow again.



## FROM THE SMALLHOLDING IN LATE AUTUMN



The leaves of the apple trees are holding on but will have fallen by the time we are ready for **pruning** in the New Year. We are beyond climbing ladders now so there are some nicely coloured high apples available to blackbirds, fieldfares and the red wings which often travel together. The other thrushes are flocking in healthy numbers as are the rooks and jackdaws. At Holkham last week starlings in good numbers were coming in to roost in good numbers; as far as I could see they were heading for bushes bordering the wet meadow where a flock of perhaps a thousand or so pink feet had recently alighted. It made me wonder whether our starlings would use Boughten Fen again this winter.



Winter has its own work to do on soil and trees. We have some tender perennials to protect from frosts. The dwindling chicken flock, now boosted by four point of lays, is being tucked up for winter too.

One of the first entries in my 2017 diary is the blessing the plough ceremony at Northwold which will come a day or so after Wassailing and the day after Epiphany, a good start to the New Year.

**Robin Blackall**

## COUNTRYSIDE NOTES

### Christmas Carols

Christmas has long been a time for singing and every now and then a Christmassy song tops the charts. Surprisingly some of those we're familiar with were written quite a long time ago. '*Jingle Bells*' dates back to 1857 and '*O little Town of Bethlehem*' to 1868. Bing Crosby's famous '*White Christmas*' was recorded in 1942 at about the same time as '*Little Drummer Boy*' based on an old Czech carol. Even '*Frosty the Snowman*' and '*Mary's Boy Child*' have been around for more than sixty years. '*Do You Hear What I Hear*' was written in 1962 as a plea for peace during the Cuban Missile Crisis.

Religious Christmas songs are better known as carols. The word 'carol' is a medieval word of French and Anglo-Norman origin believed to mean a dance song or a circle dance accompanied by singing. Although it's not known when the first one was written the period 1350 - 1550 was considered to be the golden age for English carols. '*Ding Dong Merrily on High*' first appeared as a secular dance in the 16th century although was not published until 1924. After then the popularity of carols waned but was revived again in the mid 18th century when most of the traditional carols sung today were written. '*Hark, the Herald Angels Sing*' was first heard in 1739 with '*O Come All Ye Faithful*' following soon after in 1751. '*Silent Night*', originally written in German, was first performed in Austria on Christmas Day 1818. Of Cornish Origin '*The First Noel*', appeared in 1823 and '*God Rest Ye Merry Gentlemen*' and '*I Saw Three Ships Come Sailing In*' were published in 1833 although date back to the 17th century. Two Frenchmen composed '*O Holy Night*', first sang in 1847, and only later translated into English. Ten years afterwards Rev John Hopkins wrote '*We Three Kings*'. Interestingly the African-American spiritual '*Go Tell It on the Mountain*' dates back to 1865.

One of the strangest carols is apparently about the countryside with no religious significance. However it encompassed a hidden meaning known only to members of the Roman Catholic Church in England who from 1558 until 1829 were not permitted to openly practice their faith. Each element in the carol '*The Twelve Days of Christmas*' contains a code word for a religious reality.

A partridge in a pear tree was Jesus Christ.

Two turtle doves were the Old and New Testaments.

Three French hens stood for Faith, Hope and Charity.

Four calling birds were the four gospels of Matthew, Mark, Luke and John.

## COUNTRYSIDE NOTES

Five golden rings recalled the first five books of the Old Testament.

Six geese a-laying stood for the six days of creation.

Seven swans a-swimming represented the sevenfold gifts of the Holy Spirit.

Eight maids a-milking were the eight beatitudes.

Nine ladies dancing were the nine fruits of the Holy Spirit – Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness and Self Control.

Ten lords a-leaping were the Ten Commandments.

Eleven pipers piping stood for the eleven faithful disciples.

Twelve drummers drumming symbolized the twelve points of belief in the Apostles' Creed.

**Happy Christmas everyone**

*Jill Mason*



## ANAGRAMS

This has got to be one of the cleverest emails ever circulated...someone out there must be "deadly" at Scrabble

**Presbyterian:** When you rearrange the letters: **Best In Prayer**

**Astronomer:** When you rearrange the letters: **Moon Starer**

**Desperation:** When you rearrange the letters: **A Rope Ends It**

**The Eyes:** When you rearrange the letters: **They See**

**George Bush:** When you rearrange the letters: **He Bugs Gore**

**The Morse Code:** When you rearrange the letters: **Here Come Dots**

**Dormitory:** When you rearrange the letters: **Dirty Room**

**Slot Machines:** When you rearrange the letters: **Cash Lost In Me**

**Animosity:** When you rearrange the letters: **Is No Amity**

**Election Results:** When you rearrange the letters: **Lies - Let's Recount**

**SNOOZE ALARMS** When you rearrange the letters: **ALAS ! NO MORE Z'S**

**A Decimal Point:** When you rearrange the letters: **I'm A Dot In Place**

**THE EARTHQUAKES:** When you rearrange the letters: **THAT QUEER SHAKE**

**ELEVEN PLUS TWO:** When you rearrange the letters: **TWELVE PLUS ONE**

**MOTHER-IN-LAW:** When you rearrange the letters: **WOMAN HITLER**





## **Oxburgh Hall at Christmas**

**11, 10 & 17, 18 December, 10.30am – 4pm**

Come and see Oxburgh Hall (ground floor only) dressed for a Bedingfeld family Christmas as it was at the turn of the 20th century. Uncover the history of Christmas traditions and admire the artistry of the Oxburgh Flower Ladies. At 11.30am, 1pm and 2.15pm you can listen to the Volunteer Choir sing in the Chapel then admire the enchanting outdoor lighting as darkness falls.

**Free entry to the Gardens and Estate. Entry to the House £5.30 per adult and £2.65 per child. Last entry to the House at 3.30pm.**

### **Meet Father Christmas**

Visit Father Christmas in his grotto and let him know about that special present you have been wanting all year. Have fun doing crafts while you wait and take home a gift to remember the occasion.

**£6 Per child, including a gift. Last ticket sold for 3.30pm.**

**01366 328258**

**[nationaltrust.org.uk/oxburgh-hall](http://nationaltrust.org.uk/oxburgh-hall)**

# **National Trust**

## **DISCOVER DOWNHAM HERITAGE**

Hundreds of years of history brought to life Visit the New Heritage Centre.

Find out about the history of Downham Market and the people who lived and worked here at our brand new Heritage and Learning Centre.

Displays show how Downham developed from a Saxon settlement to a thriving market town and the trades industries and shops which have helped shape the streets.

**Opening hours Thursday to Saturday 10 am to 4pm.**

**Free admission**

School groups workshops and drop-in research available on other days.

Large room available to hire for local community groups.

Find us at The Old Fire Station, 30 Priory Road Downham Market  
PE38 9JS

Telephone 01366 384 428

## DOWNHAM MARKET LIBRARY

### **Forthcoming events at Downham Market Library – December / January**

For further information about these events or to book where necessary, please contact the library on 01366 383073

Downham Market Library is now on Facebook. 'Like' us to find out more about what's happening at the library!

[www.facebook.com/downhammarketlibrary](http://www.facebook.com/downhammarketlibrary)

### **Regular Events**

#### **Scrabble Club**

13<sup>th</sup> and 20<sup>th</sup> December 1pm – 3pm. No need to book but places on first come basis.

10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> and 31<sup>st</sup> January

Please note new time in January – every Tuesday (during term time) 10am – 12pm. No need to book but places on first come basis.

#### **Knit and Natter**

1<sup>st</sup> and 3<sup>rd</sup> Wednesdays, term time only. 1.30 – 3pm.

7<sup>th</sup> and 21<sup>st</sup> December

4<sup>th</sup> and 18<sup>th</sup> January

#### **Baby bounce and rhyme**

Thursdays – 10-10.30 term time only

#### **New to Fridays – Brew and Banter**

Pop in for a coffee and a chat!

10am – 12pm. Suggested donation 50p

### **Other events**

#### **Get Digital Tablet Course**

An introduction to using a tablet! Don't worry if you don't have one, borrow one of ours!

Monday 5<sup>th</sup>, 12<sup>th</sup> and 19<sup>th</sup> December. 1pm – 4pm

£15 payable on booking. Booking essential.

#### **Christmas Bookfolding!**

Tuesday 6<sup>th</sup> December. 1 – 2.30pm

Booking essential. £1 payable on arrival includes refreshments.



## DOWNHAM MARKET LIBRARY

### Downham Market Library Friends

Could you be a Friend to your local library?

Downham Market Library is looking to recruit a band of friends to develop ideas for events held at the library and promote the library and its services.

- 1, Could you be part of a group which would help plan and hold fundraising activities, library sales, community events or raffles?
2. Could you act as a link between the library and local community?

If you'd like to find out more, please get in touch with the library on 01366 383073. We are looking to hold the first meeting for the group in the new year.

**Elena Parkin**

**Community Librarian**

Downham Market - 01366 383073

Mobile: 07786198618

Email: [elena.parkin@norfolk.gov.uk](mailto:elena.parkin@norfolk.gov.uk)

<http://twitter.com/NorfolkLibs>

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**On the chalkboard an English professor wrote the words:**

*“A woman without her man is nothing”*

**He asked the students to punctuate the sentence correctly.**

**All of the males in the class wrote:**

*“A woman, without her man, is nothing”*

**All of the females in the class wrote:**

*“A woman: without her, man is nothing.”*

**PUNCTUATION IS POWERFUL**

## COULD YOU HELP A YOUNG PERSON WITH A DISABILITY TO THINK ABOUT THEIR FUTURE?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact:

Vicki Howling, the project co-ordinator for an informal chat.

Telephone 01366 386972 or 07926 044845

Email [vhowling@csv.org.uk](mailto:vhowling@csv.org.uk)

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

CSV, 237 Pentonville Road, London, N1 9NJ

Find out more at [www.csv.org.uk](http://www.csv.org.uk)

Like CSV UK' on Facebook: [www.facebook.com/CSVUK](https://www.facebook.com/CSVUK)

Follow @CSV\_UK' on Twitter: [www.twitter.com/@CSV\\_UK](https://www.twitter.com/@CSV_UK)





## SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT

As we close in towards the Christmas festivities, I would just like to remind you that our annual draw will close on the 3<sup>rd</sup> of December, the draw taking place at Tesco that evening. If you require tickets they will be available at the main office on Swaffham 01760 722937 until that morning of the event.

Another reminder is that of the Tree of Lights at the Green Britain Centre on December 5<sup>th</sup> at 6.30pm. For more information please contact the main office.

The Charity would like to thank all those generous supporters who purchased tickets for the wonderful print depicting the Queen presenting colours to one of the Squadrons at RAF Marham. The numbered print was presented to us by members of the Station for us to raffle. We made a total of £117.50.

The Charity is once again having a Christmas Tree at the Festival commencing on Saturday the 3<sup>rd</sup> December for a week in St Peter and St Paul Church. Always a popular event and we hope to see you there.

Ashill Women's Institute are staging a Christmas Carol Concert with the Ashill Harmony Choir and the Watton Silver band on Sunday 4<sup>th</sup> December at the Ashill Community Centre at 3pm. Entry for adults is £2.50 and children £1.00. Refreshments and Raffle; the proceeds are in aid of our Charity.

We mentioned the week of fundraising by Katrina, pharmacist from Boots in last month's edition of the Newsletter and the amount of money she had raised which was match funded by the Company.



The photo shows Katrina Sell along with Mike Hackett, Manager of Boots, presenting the £1000.00 cheque to Wendy Martin, Co-ordinator of the Home Hospice.

Finally, the Staff of The Swaffham & Litcham Home Hospice Support wishes to send their Christmas Greetings to our wonderful volunteers and members of the public who

have continually supported us during 2016. Thank You. **David Gulliver**

## FAMILY ACTION

Dear Parish Clerks

I write to introduce ourselves as Family Action, as we are especially keen to promote our Wellbeing Group to the residents of your villages but also our other projects, which you will find details of below.

The Wellbeing Group is held on a Tuesday morning in Swaffham Community Centre, Campinglands, Beech Close, Swaffham PE37 7RD. Please look at the poster on page 20, which advertises our Group and also a copy of our programme until Christmas, with the activities which we have planned.

Below are some of the other projects which Family Action facilitates:-

### **ESCAPE Project**

It is based at community allotments at Tumbler Hill and the orchard around Orford Road playing field. This project is open to all and supports vulnerable adults to learn new skills, spend time outdoors and socialise. The project is currently staffed Monday - Friday, 10am - 3pm, The site has various outdoor areas, a covered kitchen with a cob oven and 3 large poly tunnels, enabling it to remain open all year round. Activities change with the seasons and include gardening, cooking and crafts like green woodwork and willow weaving. The project also offers a nationally recognised level 1 Horticulture qualification, which is free to participants.

### **Health Champions Project**

It aims to offer support to families living in the West and Breckland areas, where a child is waiting for ASD or ADHD assessment. It is based on a 'Social Prescribing' model which is a non-medical method of providing help to patients. The aim is to link families with support in the community which could mean:-

- Meeting other families with similar challenges

- Providing information

- Providing support to access other specialist services

- Accessing activities in the community

The Health Champions are volunteers from the local community who are recruited, trained and supported by the Project Co-ordinator and then matched with families for a period of 6 - 10 weeks.

## FAMILY ACTION

Volunteers also help in hosting monthly coffee mornings for parents which host guest speakers from local agencies and services. These groups share ideas for managing issues such as school, sleep, food or friendships.

We will be working closely with specialist voluntary and statutory services to widen the scope of support available to families at a time when they might be under great stress.

### **WellFamily Service**

Supports individuals and families of any age who are registered with one of seven GP practices:

Swaffham (Campingland, Manor Farm and Plowright Surgeries), Litcham, Great Massingham, Feltwell, Boughton, Brandon (Norfolk residents)

We can offer advice and support around a wide range of issues including emotional stress, mental health and wellbeing, parenting, child behaviour, school issues, relationship difficulties, financial problems, housing, social isolation and support and advice for carers.

Support is flexible, tailored around the clients needs and can be offered on an individual, family or group basis. We can see clients in their own home, in schools or at an appropriate community venue. We work closely with other professionals at Children's Centres, Children and Adult Services and schools. Support is free and confidential.

With kind regards and many thanks.

Jo Jacklin

Wellbeing Group Facilitator

Family Action Swaffham

Tel:01760 720302

Email:[joanne.jacklin@family-action.org.uk](mailto:joanne.jacklin@family-action.org.uk)

[www.family-action.org.uk](http://www.family-action.org.uk)





in partnership with



## Swaffham Wellbeing Group

**Come and Join Us!**

For a break, make new friends and enjoy some of our social activities in a relaxed and informal atmosphere.

### **Tuesday Mornings**

**Everyone welcome (Adults 18+)**

Hot/cold drinks, lunches and cakes are available from the Café within Swaffham Community Centre from 10.30am

Activities start from 11am until 12.30ish. We draw the weekly raffle at 12.30. Lunch can be purchased from the Community Café for those who want to stay at 12.45.

Held in the Buxton Room at Swaffham Community Centre, Campinglands, Beech Close, Swaffham PE37 7RD

**Further information can be obtained from Family Action on 01760 720302 or West Norfolk Carers on 01553 768155**

Tuesday 6<sup>th</sup> December 2016

Christmas Wreath Making

# **WEREHAM VILLAGE HALL**

## **BRITAIN'S FIRST PASSIVHAUS VILLAGE HALL**

### **'BUY A BRICK' CAMPAIGN**

This is no ordinary 'Buy a Brick' campaign (largely because there are no bricks)



but this is no ordinary village hall!

It's your village hall to support you, your events and your activities.

Here is your chance to bring it a step closer:

We have pledged to the Lottery that we will Community Fundraise for the new hall and are on our way to reaching our target of £20,000. Visit our website <http://www.werehamvillagehall.co.uk> and follow the link on the home page to our dedicated donations page.

Your donations will buy:

- £10 three breeze blocks
- £100 timber cladding
- £250 internal fire door
- £500 Passivhaus certified window

For further details contact Trustee John Millard on 01366 500790

Thank you – Together, we'll do it!

## Fincham

### Christmas Tree Festival

St Martin's Church

1<sup>st</sup> - 31<sup>st</sup> December



Decorate your own tree or sponsor a tree

Come and join us!  
See decorated church  
10<sup>th</sup> Dec 10 am – 2 pm  
Mince pies coffee etc!

Enquiries: 01366 347656



## Beachamwell & District WI

Thursday 1st December  
7.30pm

Beachamwell Village Hall  
"The Bells of St. Mary's"



Visitors Wel-

come

Tickets £3.50

Enquiries: 01366 327023

## Barton Bendish



### Film Club

Proudly Presents:

## 'A Christmas Carol'

*With Jim Carrey as Scrooge*

Saturday 3rd December 7.30pm

Barton Bendish Village Hall

Tickets £4

Raffle and refreshments

Box Office: 01366 347849

email: [cinemabarton@gmail.com](mailto:cinemabarton@gmail.com)

[www.bartonbendishfilmclub.btck.co.uk/](http://www.bartonbendishfilmclub.btck.co.uk/)

## Barton Bendish

### Christingle Service By Candlelight

Sunday 4<sup>th</sup> December  
3pm

St Andrews Church

Come and join us at this special  
Christmas service for all ages.

Everyone is very welcome.

Refreshments will be served after the  
service

Enquiries:

01366 347849 or 01366 347563

## Wereham's Pop-Up Café

**Tuesday 6th December**

Tea or Coffee and Home Made Cake  
or Pastry for just £1.50

For a late breakfast or early lunch why not try  
one of our December Specials

Toasted open Roast Turkey sandwich  
with stuffing & cranberry sauce £2.50

Toasted open French Brie sandwich  
with sliced Portabello mushroom &  
tomato £2.00

All freshly prepared to order

Available 10.30am - 1.00pm

All proceeds to Wereham

Village Hall Registered

Charity (CIO No 1168472)



## Beachamwell

### Wednesday Walkers

Explore the rights of way in and around  
Beachamwell with us

We meet at the Village Hall at 10.00 am  
**FIRST WEDNESDAY OF EACH MONTH**  
*Walks last between one and a half to two  
hours*

*All, including dogs on leads, are welcome*

Some paths may be rough underfoot,  
there may be stiles or fields may be  
ploughed: come at your own risk and  
please wear suitable clothing and shoes  
for the outdoors

Further details please telephone  
01366 328452 or 01366 328536

## Gooderstone

**C of E Academy**

**Christmas Fair**

**The Street, Gooderstone**

**Wednesday 7th December**  
**5pm - 7pm**

Fun for all the Family  
Trade Stalls (*including Usbourne  
Books*)

Hot food and drink  
Amazing raffle prizes  
Festive treats,  
Santa in his grotto!!!!

All welcome

Free entry!



## Wereham

### Christmas Family Prize Bingo



**Wednesday 7th December**

**Village Hall**

Doors open 6.45

Eyes down 7.30

Brilliant prizes suitable for all ages

Enquiries:

01366 500218 or 01366 500798.

## **A Big Welcome To The Magpie Centre Carol Service**

**Thursday, 8th December at 6.00pm prompt.**

Wrap up warm and join riders and volunteers of the Magpie Centre, home of West Norfolk Riding for the Disabled Association, at their Christmas Carol Service, including carols, readings, mince pies and mulled wine or apple juice.

The event will take place in the indoor school at Wallington Hall, on A10, north of Downham Market. Admission is free, so now's your chance to meet us and some of our lovely ponies, have a singalong and find out about volunteering opportunities.

If you're stuck for a gift idea for a pony-mad youngster, you couldn't do better than gift a year's pony sponsorship, priced at £12.50 for Silver and £25 for Gold sponsorship. Sponsor packs will be available on the night, or visit

[www.rda-westnorfolk.org.uk](http://www.rda-westnorfolk.org.uk) and click on Sponsor a Pony. Details are also available from the Magpie Centre on 01553 810202.

The Art and Craft Fair, held on Saturday November 12 at Stowbridge Village Hall was a resounding success (despite the inclement weather) and realised more than £700 profit for the Magpie Centre.

Enquiries; 01553 828935 or email [c.dudley@success-in-english.co.uk](mailto:c.dudley@success-in-english.co.uk)

## **Fincham Chorus and Wereham Mummers**



An evening of Christmas music from The Fincham Chorus and The Wereham Mummers play about George and the Dragon.

Mulled wine and mince pies provided.

Probably the best evening's entertainment in the area.

### **Friday 9th December**

*7pm-9pm at St Margaret's Church, Wereham*

### **Saturday 10th December**

*7pm-9pm St Andrew's Church West Dereham*

Donations on the door. Proceeds to the church.

Enquiries 01366 502083

All Welcome

## **Barton Bendish**

A Victorian Evening of Christmas Entertainment, Music and Carols



**Saturday 10th December 6pm**

Victorian dress is optional for the audience but if you have any 'suitable costumes' you could lend us for the 'cast' we would be very pleased to hear from you! If you would like to take part, we would also be very pleased to welcome you to the 'concert party'!

The entertainment will be followed by light refreshments and mulled wine. Entrance is free but donations are gratefully appreciated. To book your seat phone

01366 347849 or 01366 347563



## **Swaffham Jazz Club**

**'Four 4 Jazz'  
plus 2!**

**Trad and Swing**

**Tuesday 13th December  
7.30pm**

Swaffham Conservative Social  
Club

23 London Rd PE37 7DD  
Entry £5

Enquiries:  
01366 328730 or 01760 722384

## **Boughton**

**Tuesday 13th December 7pm  
All Saints' Church**



Traditional Nine Lessons  
and Carols

Enquiries: 01366 500 429

## **Fincham**

**Coffee Morning  
Wednesday 14th December**

10.00 - 12 noon

St Martin's Fincham

Enquiries: 01366 347511

## **Wereham Christmas Quiz**



**Saturday  
17th December  
7.30pm**

**Wereham  
Village Hall**

Tickets £5.00 in-  
cludes a finger buffet

Bring your own drink and glasses.

Enquiries: 01366 500766

Proceeds to Wereham Village Hall Funds

## **Fincham Chorus and Hilgay Silver Band**

**Christmas Concert  
St Martin's Church  
17th December 7.30**

£3.00 on the door

Mulled wine and mince pies  
Raffle

Proceeds to St Martin's Church

## Wereham



### Nativity and Carol Service

St Margaret's

Church

**Sunday 18th December**

**4pm**

The Christmas story told by the children of  
Wereham.

Sing the good traditional carols.

Rehearsal for children 12 noon in church if  
you can make it or just turn up at 4pm.

Not to be missed!

All Welcome

For further information:

01366 502083 or call in at The Old  
Chapel by the pond.

## Beachamwell

**Afternoon Tea and a Chat.....**

**Wednesday**

**21st December**

**2 - 4pm**

Beachamwell Village Hall

Enquiries: 01366 347673

## Beachamwell

**Friday 23rd December 6.30**

**St Mary's Church**



Carols by Candlelight

Enquiries: 01366 328818

## Wereham Weekly Cash



### Wednesdays

**Wereham Village Hall**

**Doors open 6.45**

**Eyes down 7.30**

Raffle and refreshments with  
complimentary biscuits

Enquiries: 01366 500218

All proceeds to Village Hall

## Wereham

### Pop-Up Café

**Tuesday 3rd January**

Tea or Coffee and Home Made Cake  
or Pastry for just £1.50

January's Pop-Up Special

Warming home-made Chunky Veg-  
etable Soup served with freshly

baked bread roll £2.50

Freshly prepared to order

Available 10.30am - 1.00pm

All proceeds to Wereham

Village Hall Registered  
Charity (CIO No 1168472)



LOTTERY FUNDED



## **Beachamwell & District WI**

**Thursday January 5th**

**7.30pm**

**Village Hall**

**'Resolutions Discussion and  
Debate'**

Visitors Welcome

Tickets £3.50

Enquiries: 01366 327023

## **Beachamwell**

**Parish Council Meeting**

**Monday 9th January**

**7.30pm**

**Beachamwell Village Hall**

Enquiries: 01366 328648

## **Beachamwell**

**Afternoon Tea and a Chat.....**

**Wednesday**

**18th January**

**2 - 4pm**

**Beachamwell Village Hall**

Enquiries: 01366 347673



## **Garlic Puppet Theatre**

**'George and the Dragon'**

**Sunday 22nd January**

**3.00 pm**

**Swaffham Community Centre**

£9.00 for members

£12.00 non-members

Accompanied children free

Tickets from

Green Parrot 01760 724704

Ceres Bookshop 01760 722504

Enquiries: 01366 328648

## **Beachamwell**

**Local History Group**

**Tuesday 24th January 7.30**

**Beachamwell Village Hall**

**Annual General Meeting**

Enquiries:

01366 328242 or 01366 327023

## **Beachamwell**

**Craft Group**

**Thursday 26th January**

**2 - 4.00pm**

**Beachamwell Village Hall**

Enquiries: 01366 328536



'Learn something new'

### **The Company of Preachers**

A fascinating history of religious movements in Norfolk - the ministers, the congregations, the buildings

Mondays at 7.30pm from 27 January

Swaffham Community Centre

Fee: £49 for 7 week course

Try the first session as a 'taster' for just £5

Further information and booking:  
01760 723558

Enrol online at [www.wea.org.uk](http://www.wea.org.uk)

## **Beachamwell**

### **"Pop Up" Pub**



**Friday 27th January**

**7.00 - 10.30**

**Beachamwell Village Hall**

Enquiries: 01366 328249

A Beachamwell Village Committee Event

## **Barton Bendish Traditional Burns Supper**



**Saturday  
28th January  
7.30pm for 8.00pm  
Village Hall**

Tickets £12.50

Includes "a wee dram" to toast the  
Haggis  
Scottish Raffle

*Wear a token piece of tartan!*

Enquiries:  
01366 347849 or 01366 347563

### **Nar Valley Ornithological Society (NarVOS)**

**Tuesday 31st January  
7.30pm**

The Barn Theatre  
Sacred Heart Convent School, Swaffham.  
Access and parking from Sporle Road.

#### **'BirdTrack'**

Stephen McAvoy works on BirdTrack for the BTO (British Trust for Ornithology). BirdTrack is an exciting project that looks at distribution of birds across Britain.

Stephen will talk about the scheme to which anyone with an interest in birds can contribute. You can use it for your own records and for supporting conservation. Please come along and find out more.

Admission £2 on the night for non-member and visitors are most welcome.

Enquiries: 01760 724092

## BARTON BENDISH & EASTMOOR VILLAGE NEWS

**Halloween:** Once again the spooky figures of ghouls were seen stalking round the village on All Hallows Eve. They appeared out of the darkness and soon disappeared back into it but this year there were fewer of them and they'd diminished in size. Probably not for long though - if they consume all the sweets they collected they will quickly be growing fatter if not taller!!! **Jill Mason**

**Barton Bendish Hall Bonfire Evening:** Thank you to everyone who helped to organise and who came out to support the bonfire evening at Barton Bendish Hall on Friday 4th November the proceeds of which were shared between the Village Hall and St Andrews Church.

Rain clouds earlier in the day gave way to a chilly, clear, star filled sky.

Many thanks to The Padulli Family for hosting the evening and for providing the BBQ and refreshments. It was a perfect way to enjoy the bonfire with estate venison and vegetarian hotdogs. **Anthony Blanchfield**

**Barton Bendish Film Club:** present 'A Christmas Carol' Saturday December 3rd at 7.30 pm. A Disney adaption of the Charles Dickens story of the same name. Starring Jim Carrey and with Gary Oldman, Colin Firth, Bob Hoskins, Robin Wright Penn and Cary Elwes in supporting roles. Running time 95 minutes

Tickets £4 Book on 01366 347849 or email [cinemabarton@gmail.com](mailto:cinemabarton@gmail.com)

**Christingle Service:** Sunday December 4th 3pm St Andrew's

**Victorian Evening:** Saturday December 10th at 6pm

Once again Barton Bendish will be presenting its own Victorian Evening. It's free and everyone is very welcome – the more the merrier. If you feel like dressing up appropriately for the era or actively take part in the entertainment please let Linda or Mhari know. Some fresh talent would make a very welcome addition to the evening so get rehearsing! Definitely not to be missed.

**Burn's Supper:** January 28th at 7.30pm

A distinctly Scottish flavour will be pervading the Village Hall when Barton will again be paying homage to the bard Robbie Burns by celebrating Burns Night. Come along and enjoy a traditional supper of neeps, tatties and haggis and maybe a wee dram!

**Further details and tickets available from Linda and Mhari.**

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## Mobile Post Office

The opening hours are as follows:-

Monday and Thursday: 11.30 - 12.00

Tuesday, Wednesday and Friday: 11.15 – 12.00

## Parish Council

### Breckland District Councillor Report Christmas 2016.



I thought you would like an update as to what has been happening in Beachamwell since I last spoke with you. As you will be aware we have a few small housing developments happening in the Village. One or two have been a little problematic for some residents but I

believe we came to a pragmatic agreement going forward.

I have supported bringing superfast broadband to Beachamwell and Shingham in acquiring their own small Broadband fibre Cabinet. Hopefully this will be connected some time in 2017 I will be looking to supporting Village projects in the new year with securing Breckland match funding Grants.

I am happy to say I have been able to help many residents with personal problems, ranging from help with community care to neighbour issues. As always if you have a concern then please get in touch

[peter.wilkinson@breckland.gov.uk](mailto:peter.wilkinson@breckland.gov.uk); 01760338819 / 07788381796

Can I take this opportunity to wish you all a Happy Christmas and a prosperous new year. **Peter Wilkinson, Cllr Breckland D.C Nar Valley Ward.**

### Next meeting on 9<sup>th</sup> January 2017, 7.30pm at Beachamwell Memorial Hall.

One of the most important decisions that any Parish Council takes each year is setting the precept.

Do you have any ideas for local projects to improve the village? The Council is keen to hear your views and suggestions so do come along to the next meeting and have your say.

Items for the agenda to be given to the clerk in writing at least a week beforehand.

Don't forget to look at the notice board and visit the Parish Council website [beachamwell-pc.norfolkparishes.gov.uk](http://beachamwell-pc.norfolkparishes.gov.uk)

**Beachamwell Parish Councillors**

## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

### St Mary's Church

The festive season is once again coming our way! We might grumble about having to shop for many presents and write numerous cards, not to mention getting in the extra food and all that cooking and washing up! However, most of us still feel at least some of the child-like excitement when the tree is up and decorations are twinkling in the dark evenings of December.



any other time of the year, Christmas is a time when everyone should feel connected, loved and enjoy a sense of belonging. While greeting cards social media and text messaging are great and convenient ways to stay in touch, getting together with our friends, family and neighbours is still the best way to show someone that you've taken the time to think of them at this special time of year.

We think a perfect Christmas should include an element of Christian celebration. No matter how good the dinner or how expensive the present, a deeper joy is to be found in Church at Christmas

Whether it's midnight mass, a nativity play, a carol service of the joy of welcoming the Christ child on Christmas day, the best kind of Christmas involves a visit to Church.

*The spirit of Christmas is love.*

*God loves us so much that He gave His Son to us.*

*Let us celebrate His birthday!*

## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

We hope you will be able to join us at one of our two monthly services (first and third Sunday in the month) and come along to our traditional 'Carols by candlelight' service on Friday 23<sup>rd</sup> December at 6.30. The choir will be joining us for this occasion and there will be mince pies and mulled wine too!

On Christmas Day we will be joining in the Group Service at Fincham, starting at 10 am.

We are very grateful to Rev Brian Redgers, Rev Robin Blackall and Pippa Blackall who are making sure that we can continue our church services during the period of interregnum. Our thanks also go to Freda who continues to provide music, lately with the aid of our back-up electric organ.

**Vesna Hudson (churchwarden)**

### Carol Service

We do hope you will be able to join us for Carols by Candlelight on Friday 23<sup>rd</sup> December at 6 30 pm.



If anybody could produce any mince pies or similar for this occasion it would be much appreciated as there will be refreshments after the service.

**Gill Sanderson**

### Flower and Brass Cleaning Rota for December

4<sup>th</sup> Gill Sanderson; 11<sup>th</sup> Sonia Williams; 18<sup>th</sup> Christmas [several people - Carol Service Friday 23<sup>rd</sup>]; 25<sup>th</sup> Christmas [will last from previous week]

### Flower and Brass Cleaning Rota for January

1<sup>st</sup> Carole Wilson; 8<sup>th</sup> Karen Butler and Jeanne Flynnne; 15<sup>th</sup> Jenny Gabrielsen; 22<sup>nd</sup> Heidi Hale; 29<sup>th</sup> Vesna Hudson

If anyone is interested in joining the Rota please contact me and I will explain what is involved.

**Eileen Powell**

### Lock Up Garage

Does anyone in Beachamwell, Shingham or Drymere have a safe and dry garage which they are willing to rent? If yes, please contact

**John Gross 328417**



## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

### Halloween

On Friday 28th of October, nearly 20 children met at the Village Hall



Beachamwell for a Halloween party in their amazing costumes. There were werewolves, devils, zombies and lots of scary faces! We played lots of games like musical skeletons, musical bumps-in-the-night, apple bobbing, doughnut races and lots more. All the families brought lots of yummy food to share and spooky snacks for us to eat. Then, on Halloween all the children met up again to visit houses that were happy for us to call on them. They gave sweets to us. We couldn't believe how many! We would like to say thank you to everyone in Beachamwell for being so kind to us. It was so much fun because it was really dark and misty that night and after school you could see your friends and go trick or treating with them.

***Lucy James, Age 8***

### Christmas

Our next party for the children in the village is the children's Christmas party, also in the Village Hall, on Saturday 17th December from 2 - 4pm. We are already looking forward to another chance to bring local families together and, with a special flyby visit from Santa promised, we hope to see you all there! Entry is free.

***Rachel Bond-Green and Bridget James (enquiries 01366328968)***

## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

### Wednesday Walkers

Simon's photo of our November walk says it all: brilliant sunshine, good companionship, clear footpaths across fields and great views of Shingham in the distance.



Our next walk is on December 7th. so come and join us. We start from the Memorial Hall at 10.00. *ps. There are mince pies and mulled wine afterwards.*

**Leah Spencer**

**01366 536 or Sue Pennell 01366 328452**

**Photograph by Simon Smith**

### WI

The Annual Meeting is always held in November. Members listened to the Officers Reports and Maggie MacKenzie was voted in as President. The Committee will decide at their next meeting who will be Secretary and Treasurer. A tasty buffet prepared by the Committee was followed by a competitive and fast moving word game which kept everybody laughing.



The 2017 programme is now being planned and includes items on America's National Parks, the Hawk and Owl Trust, the Blickling Belles and Heritage Quilts. Watch this space for more information soon.

Well done Kathy for winning the Ruth Rix Vase, the annual award for Craft. Your fabric picture was brilliant.

**Carole Wilson**

# COMMUNITY NOTICE BOARD

## MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday	Barton Bendish	Hatherley Gardens	9.55 am
December 20th	Beachamwell	Old Post Office	10:15 am
January 17th	Drymere	Telephone Kiosk	10:40 am
	Boughton	Mill Road	14:20 pm
Monday	Wereham	The Pit	9:30 am
December 5th & 19th January 16th & 30th		Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - [www.norfolk.gov.uk/Leisure\\_and\\_culture/Libraries/Mobile\\_libraries](http://www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries)

## VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday) 18 (Tuesday)	Lewis Coaches Eagles Coaches	Swaffham King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat) 40 (Mon to Sat)	Coach Services Coach Services	King's Lynn Thetford/Downham

Traveline (08706) 082608 ([www.traveline.org.uk](http://www.traveline.org.uk))

## FARMERS' MARKETS

Ely Fakenham King's Lynn RAF Marham Swaffham	Second and Fourth Saturday 8:00 - 2:00pm Fourth Saturday 8.30am - 12:00pm 3 <sup>rd</sup> Friday of each month Third Friday 9:00am to 2:00pm No longer trading
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For information:- [www.farmersmarkets.net](http://www.farmersmarkets.net) or your local Tourist Information Office

## VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

## BOUGHTON VILLAGE NEWS

### All Saints' Church

#### Bistro Quiz

This was a very enjoyable evening for all concerned. Pippa provided us with another excellent meal. No one ever goes home hungry from anything Pippa is involved in. Thanks to Tony and Maryse for donating the wine - again., and to those who brought sweet courses. We were spoiled for choice, as usual. Barbara Burton had written the quiz questions for us before she left, although we did have cause to check the accuracy of some of her answers. Hannah-Lou, May and I had great fun acting as quizmasters and the array of bottles for the raffle was astounding. Quite an array for a church function! Many, many thanks to all the people who came to take part, in good humour and great spirit. We were slightly down on numbers, as some people were away, but it was a very good event. Together with the raffle money, we made roughly £412 for church finances., due to the generosity of Robin and Pippa, Tony and Maryse. Make a date for next year in your diary.

#### Church Path

If you've been down to the church, you will have noticed quite a significant change. In order to improve access for wheelchairs, we decided to widen the church path..Andy Beeston has been working on it and made a magnificent job. We now have an impressive chequer board effect path, twice the original width and with a turning circle for a wheelchair to access the ramp. Many thanks to Andy for all the hard work in very cold weather.



#### Christmas

The annual Boughton traditional service of Nine Lessons and Carols will be held on Tuesday 13th December at 7 pm. We can decorate the church for this on either Monday 12th or the morning of Tuesday. If anyone wants to come along and help, they will be most welcome, as will gifts of greenery—holly with berries especially welcome.

## BOUGHTON VILLAGE NEWS

As usual, if people bring plates of nibbles, etc in the evening, we can have a village get –together.

There isn't a service at Boughton on Christmas Day, as we are in interregnum and relying on retired clergy to help us. They are doing a magnificent job, but they can't be in eight churches. There will be a service of Holy Communion at 10 am on Christmas Day at Fincham. Fincham is large enough and central enough for all the churches in the group to access it easily. It is a service for all of us, so I hope to see many of you there. There will also be services on Christmas Eve at Wereham and Marham, for those who prefer a 'midnight' service. All the services are shown elsewhere in the magazine.

### **Sad News - Two Deaths**

It is with sadness that we record the death of a Boughton resident, Mr Ivor Roy Tidy, on 29th September, aged 95.

Ivor was born in 1921 to a large family of 13 children in Caterham, Surrey. He saw active service with the RAF in World War II, including Burma, and was not de-mobbed until 1946. For most of his life he worked as a motor mechanic. Ivor moved to Jays Cottage in Boughton in 2006 with his wife Janet, daughter Jane and grand-daughter Sarah. His eldest daughter Teresa already lived nearby at Oxborough. He became a great-grandfather to Richard in 2009 and Edward in 2016. Until 2015, Ivor laid the wreath at the Boughton war memorial at the annual Remembrance church service in November. He had been active, although registered blind, until a year ago, but has spent much of 2016 bed-bound. He spent the last few months of his life under the excellent care of the hospice unit of Amberley Hall in Gaywood, King's Lynn, where he died.

The funeral was held at All Saints Church Boughton on 12th October, with the service conducted by the Reverend Brian Redgers, assisted by Reverend Robin Blackall. As well as family and friends, also in attendance were representatives of the RAF Association Downham Market branch where Ivor was a member, including their standard bearer who led the funeral procession from Jays Cottage to the church. The family would like to thank those members of the community who gave their support during this difficult time. ***Teresa Squires***

We are sorry to report the sudden death of John Savage on Sunday 6th November. John was one of the few remaining 'Boughton' people, having lived here all his life. Our condolences to Janet, Helen and Trevor and to the grandchildren. ***Pam Wakeling***

## CHURCH SERVICES IN DECEMBER

### Sunday 4th

9.30 am	Shouldham	Morning Prayer
10.30 am	Marham	Café Church
11 am	Beachamwell	Holy Communion
3.00 pm	Barton Bendish	Christingle
6 pm	Wereham	Evensong

### Second Sunday in Advent

### Sunday 11th

9.30 am	Shouldham Thorpe	Holy Communion
10 am	Boughton	Breakfast Church
10.30 am	Marham	Morning Prayer
11 am	Barton Bendish:	Family Communion
4 pm	Fincham	Evensong

### Third Sunday in Advent

### Sunday 18th

9.30 am	Shouldham	Holy Communion
10.30 am	Marham	United Morning Worship
11 am	Beachamwell	Family Service
4 pm	Wereham	Nativity and Carol Service

### Fourth Sunday in Advent

### Saturday 24th

11.00 pm	Marham	Holy Communion
11.30 pm	Wereham	Holy Communion

### Christmas Eve

### Sunday 25th

10.00am	Fincham	Group Service of Holy Communion
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### Christmas Day

### Thursday Communions

Short service of Holy Communion followed by coffee or tea

1st Fincham, 8th Boughton, 15th Fincham. No service 22nd and 29th

### Churchwardens

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Vesna Hudson	07854 261273
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

### Baptisms and Weddings

Please contact the Churchwarden in your parish.

# CHURCH SERVICES IN JANUARY

## Sunday 1st

9.30 am	Shouldham	Morning Prayer
10.30 am	Marham	Café Church
11 am	Beachamwell	Holy Communion
6 pm	Wereham	Evensong

## New Year's Day

## Friday 6th

## Epiphany

10 am	Boughton	Epiphany Service
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## Sunday 8th

## Baptism of Christ / First Sunday of Epiphany

9.30 am	Shouldham Thorpe	Holy Communion
10 am	Boughton	Breakfast Church
10.30 am	Marham	Morning Prayer
11 am	Barton Bendish	Family Communion
4 pm	Fincham	Evensong

## Sunday 15th

## Second Sunday of Epiphany

9.30 am	Shouldham	Holy Communion
10.30 am	Marham	United Morning Worship
11 am	Beachamwell	Family Service
11 am	Wereham	Morning Prayer

## Sunday 22nd

## Third Sunday of Epiphany

9.30 am	Fincham	Holy Communion (BCP said)
10.30 am	Marham	Holy Communion
11 am	Boughton	Holy Communion
6 pm	Barton Bendish	Evensong

## Sunday 29th

## Fourth Sunday of Epiphany

10.30 am	Beachamwell:	Group Service - Holy Communion
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## Thursday Communions

Short service of Holy Communion followed by coffee or tea!

Thursdays 12th Boughton, 19th Fincham, 26th Boughton

## Churchwardens

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Vesna Hudson	07854 261273
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

## Baptisms and Weddings

Please contact the Churchwarden in your parish.

## BOUGHTON VILLAGE NEWS

### **Oxborough Lakes**

This area has been purchased by Norwich Insurance Broker Alan Boswell, and one of his companies Lanpro Services. He has submitted a planning application to Breckland Council (3PL/2016/1129F) to convert a barn to residential, to construct a hide for public use and to permit access via Boughton Fen and a bridge over the Stringside drain. Amazingly our Parish Council does not appear to have been formally consulted by other than Oxborough Parish Council. I gather Mr Boswell is a conservationist, so this could be an exciting addition to the area. However details are awaited. For instance will access to the hide be freely given?

**Paul Coulten**

### **Has Boughton Lost it's Bottle?**

Oh dear terrible news, I suppose it was naive of us not to expect it.

Our donation bottle has been kidnapped!! We believe it happened between the 5<sup>th</sup> and 12<sup>th</sup> of November.

We found a ransom note attached to the Church door and a copy in the Telephone kiosk, copy of which is attached below:-

"We have your bottle. If you want it back in one piece – pay up, or you will never see it again. Do not contact the Police, do not tell anyone or else its bye bye bottle! You will receive further instructions, how much money we want and where to bring it for the exchange."

The BIA ( Boughton Intelligence Agency, just one down from the CIA) has sprung into action. Rest assured we will not stop until we have our bottle back in one piece. In the meantime as the note says we must not tell anyone, so please keep this quiet until further notice.

When it was revealed how valuable our bottle was, Pam Wakeling very skilfully negotiated a favourable insurance premium with our providers. This was however on condition that we install a GPS tracking device in the neck of the bottle. We fully complied with this condition. But the satellite was powered down during the recent US. Presidential elections for security reasons.

Tim and I have had a discussion with President Elect Trump. He recommends we build a wall of silence. He will ensure the tracking satellite is powered up and functional as soon as possible. He will place his finest team of agents at our disposal. We thanked him and in the interests of our special relationship asked



## BOUGHTON VILLAGE NEWS

if the bust of Winston Churchill could be returned to the Oval office please. His final question was “where on earth is Boughton?” or words to that effect.

In the meantime we have installed surveillance cameras on the village mower, and on Geoff’s teleporter. We would also ask anyone who can communicate with animals to come forward. Geoff’s piglets get out and around the village quite often, they might have seen something.

We obviously demanded that the kidnappers prove to us that the bottle is safe and unharmed. They sent us the attached photograph.

We ask all of you to be vigilant and careful. Please report any observed suspicious activity to the undersigned.

***Frank Reid and Tim Scrivener***



## BOUGHTON VILLAGE NEWS

### **Please help me fundraise for free with your online shopping**

My name is Holly and I'm 17 years old. I have lived in Boughton for the past 7 years. Alongside studying for my A-levels, I am also completing a World Challenge in 2017 in Sri Lanka.

On this month-long expedition I will do volunteer work by taking part in a local community project at a female monastery. The female monasteries receive no funding from the government, unlike the male monasteries, and so repairs are often needed, which my team and I will be helping with. I'll also complete conservation work at a turtle sanctuary and take part in various treks. Alongside all of these challenging activities, there will be the need for myself and my team to organise everything, from food to working out where we're staying the night.

This is a fantastic opportunity for me to take part in: it will enrich my life, give me important life skills such as teamwork and budgeting, and help the local community there. I will have to prepare mentally and physically but I'm more than up for the challenge. Part of my fitness improvement will entail completing a long-distance walking challenge by going coast to coast.

To get there, however, I have to fundraise £4,137, as well as extra for equipment. I have been raising money from farm work, working two jobs, and saving up all my birthday and Christmas money. There's still more to be raised, but the target is getting closer. To reach it I need your help. Easyfundraising is a completely free and safe site which you sign up to. After selecting your chosen retailer (there are over 2,700 to choose from), it will take you to the retailer's website where you can complete any online shopping as normal. Once you have paid for your shopping, the retailer will donate to my cause, at no extra cost to you. It is extremely easy to use and I will be incredibly grateful for any help you can give me with raising funds – every little bit will help, especially in the run up to Christmas. Already, over £400 has been raised just through online shopping!

If you can offer some work opportunities please contact me –

heo99@btinternet.com My Cause Name: World Challenge Sri Lanka 2017 -

Holly Owen Link: [easyfundraising.org.uk/causes/hollyowen](http://easyfundraising.org.uk/causes/hollyowen)

Online Shopping:

1. Join. Head to [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk) & sign up for free
2. Shop. Every time you shop online, go to easyfundraising first, pick the retailer you want & start shopping!
3. Raise. After you've checked out, that retailer will donate to my cause for no extra cost!

## BOUGHTON VILLAGE NEWS

### **Boughton Honours It's Fallen**

Following the group remembrance service at Fincham on Sunday 13<sup>th</sup> November the three Poppy Wreaths generously provided by Bill Miller were brought back to our village. A number of Boughton residents gathered at the War Memorial on Tuesday 15<sup>th</sup> November to honour Boughton Fallen of both World Wars.

The wreaths were laid by:-

Pam Wakeling - Village wreath

Tom Roberts - Royal British Legion wreath

Geoff Proctor - Royal Navy Association wreath

A number of crosses were also placed.

Paul Coulten read the Roll of Honour and Mark Pogmore kindly ensured that there was a photographic record. Our thanks also to Mick Royal who attended with the Royal British Legion Standard.

It is our intention to send photographs to Bill in his care home.



## BOUGHTON VILLAGE NEWS

### **Boughton Pond and the Environment Agency**

As many of you will know Boughton pond and green is a beautiful area with much flora and fauna including fish, ducks and of course many reeds and other plants.

To keep the pond in its best possible condition is most important and to help in this the Environment Agency have agreed to come in January to carry out a winter stock assessment survey to establish what species of fish are present in the pond and the stock density.

The aim of the survey is a good starting point and once completed we hope to have a better idea of the options and how to progress with future management.

The Environment Agency will carry out the survey (weather permitting) on Monday the 9<sup>th</sup> of January 2017. If you would like to know what fish there are in Boughton Pond and how many then do come along.

The Environment Agency has warned that should weather conditions be inappropriate (pond frozen or other) then they will re-arrange for another date. If you have any questions or want to check timing then do not hesitate to call me – 01366 500957.

Tom Roberts

Boughton Parish Council

### **Cricket Club Update**

After all monies were gathered in, the "Posh" Hog Roast in August actually produced a staggering profit of £4500 towards the cost of our new pavilion. Skipper Ben Wilkinson's walk round Norfolk with his fiancée has chipped in a further £1460. The pavilion is now erected and secure, ready for fitting out: so far we have received grants of £35385 from Sport England and £5000 from the Norfolk Community Fund. By the time this is printed we should be admitted to the Norfolk Cricket League level 4 (there is no level 5) North and West where we shall be competing against the likes of Gooderstone, Hockwold, Denver, Castle Rising, Mundford, Fakenham, Dersingham and Beeston.

We hope to receive lots of new members in 2017 for regular games, both home and away: all will be welcome to enjoy the enhanced facilities of our shiny new clubhouse.

**Paul Coulten (Club Treasurer)**



## WEREHAM VILLAGE NEWS

### **Wereham Mummers and Fincham Chorus Concert**

As I write we're well and truly into the season of mists and mellow fruitfulness and it is time to give some thought to preparation for our mummers play? The 'Crafty ladies' have been working hard on some stunning costumes. The dragon is a wonder to behold! Our props lady is sewing bells onto ribbons and making wigs. Our musicians have been rehearsing their folk repertoire and the actors have been learning their lines and trying out their steps for the Morris dance. The Fincham Chorus have been producing their usual quality program of songs and carols that is guaranteed to delight. All we need now for a fantastic evening is an audience .....**YOU!**

Friday 9th St Margaret's Church Wereham 7.00 pm

Saturday 10th St Andrew's Church West Dereham 7.00 pm \*\*Please note change of venue. We are going on tour!. Come and support our local talent

### **Wereham Nativity Service**

It's not Christmas until you have seen a child with a tea towel on their head. If you feel as I do then Wereham Church on December 18th at 4 o'clock is the place for you.

All children are invited to participate. It would be useful if you could attend a rehearsal at 12.00 til 1.00pm in church on the day but this is not essential. The children can just turn up in costume as a shepherd or a king or an angel. (We do have some small collection of spare costumes and tea towels.)

Everyone is welcome to attend the service in our beautiful candlelit church. You do not need to have a child with you.

This is a celebration for the whole community, residents and visitors, in which we will tell again the Christmas story, sing carols and share the joy of the Christmas message.

Start your Christmas with us 4 pm Sunday 18th December followed by the village hall party.

***an and Debbie Rye***

### **Wereham Crafty Women**

By the time you all read this the Christmas Bazaar will have come and gone. The Craft group have two other events before Christmas. We are holding an open day in the village hall on Friday December 2nd with three sessions - 10am until 12 noon, 2.30pm until 4.30pm and 6.30pm until 8pm. We will also be at the

## WEREHAM VILLAGE NEWS

pop-up-cafe on Tuesday December 6th 10.30am until 1pm. We very much look forward to seeing some of you at these events.

We are always looking for new members with some new ideas. There will not be a group meeting in December as everyone is so busy, so the next group meeting will be on 10th January, 10.30am until approx 12.30 pm.

We have had a crafting session making Christmas decorations and table centre decorations so we hope you will find something that you like. May I wish all readers of G4 A VERY HAPPY CHRISTMAS AND A HEALTHY AND HAPPY NEW YEAR

We look forward to seeing you all again in 2017. If you are not sure what we are all about please contact me or come to the next meeting which is held at 43 Queens Close, Wereham.

rosemary.pease@btinternet.com or 501330 or 07749240606. **Rosemary.**

### **Dog Fouling**

With reference to dog fouling in The Row and Queens Close, irresponsible owners are failing to clear up after their pets.

Their dogs' mess on our grass in The Row, also I've noticed up Queens Close as well in two or three places. I'm getting pretty fed up having to clear it up on our frontage, although the verge belongs to the council, who also fail to ever cut it, we have to do this, and we have to remove the dogs mess off our grass. I've even bought dog fouling signs to put up on our wall to try and stop the dogs fouling our grass. One other thing I would like to say is that up Queens Close there are young children who play on the grass and pavements, as you may know dog mess carries some really nasty things, and I would like to bring this to dog owners' attention. **Please clear up** if your dog fouls, otherwise Wereham dog owners could face £1,000 fines.

***A displeased householder in The Row, Wereham,***

**West Norfolk Community Transport (WNCT)** provides a variety of specialist accessible door-to-door transport. Our Dial-A-Bus services takes people to area market towns and another separate service that we also organise involves volunteer car drivers for people to attend their health-related appointments, whether to local GP Surgeries or regional hospitals.

Your local Dial-A-Bus will remain viable if enough people continue to utilise that service. **See page 55** for further details.

## WEREHAM VILLAGE NEWS

### **Wereham Parish Council**

**Success** – Defibrillator for Wereham – The Wereham Parish Council have been successful in its application to the 'Lottery Awards for All Fund' to purchase a Community Defibrillator. The Defibrillator will be installed in the red telephone box near the pond so this in turn will also ensure that the box is kept and not lost in the recent BT move to remove from villages. This will become a vital unit for the village in helping to save lives and it is hoped that it will be fully installed by the end of the financial year. Please watch this space for more information and if you would be interested in being added to the training list to be held in 2017 please email the Clerk [werehampc@gmail.com](mailto:werehampc@gmail.com).

**Disabled Parking Access** - Post Box at Wereham Pond – Please ensure that you or guests to the village do not park cars in front of the dropped kerb at the Village pond, it is there to allow disabled access for those wishing to use the post box and view the parish notice board. Thank you.

### **Meeting Dates**

Tuesday in the Village Hall at 7pm 10 January and 14 March.

9 May (AGM and Annual Parish Meeting), time TBC

Agenda items must be received by the clerk before the end of the month prior to each meeting, items received after this time will not be possible to discuss. The Agendas are always published on the Village Notice Board three clear days before the meeting, the Wereham Parish Council Facebook Page and the website [www.werehamparishcouncil.co.uk](http://www.werehamparishcouncil.co.uk) You will also find minutes of all meetings here too.

**Helen Richardson**

**Wereham Parish Clerk and Finance Responsible Person**

**Email [werehampc@gmail.com](mailto:werehampc@gmail.com) or Phone/Text: 0779 500 6811**

### **Invitation to St Margaret's Festival Planning meeting 7th February**

There will be a meeting at 7pm in the Church on Tuesday 7th February to plan and discuss the next festival of St Margaret in July. We hope that anyone who is willing to help us or participate in any way will be able to come along and join the discussion - we look forward to hearing your ideas and views. Please join us for coffee and cake afterwards.

Your help will be very much appreciated.

**St Margaret's PCC**

## WEREHAM VILLAGE NEWS

### **November Update from Wereham Village Hall Committee**

The Halloween quiz night raised over £350 for the Village Hall, with 56 quizzers enjoying a fun filled evening of questions and music clips as well as a hot dog and apple pie supper. Many thanks to everyone who supported and helped make the evening a success. Special thanks to Angela, Diane, Doreen, John, Rosemary and Janet for making the lovely pies, to Cliff and Tom for providing the music and to the Quizmaster himself, John.

By popular demand, there will be a Christmas Quiz on Saturday 17th December; tickets cost £5 and include a finger buffet but bring your own drinks and glasses. There will also be a prize draw on the night to win a Spectacular Christmas Cake donated by Gordon Candler.

We also have a plethora of other events coming up over the festive season.

Our Family Christmas Prize Bingo is on Wednesday 7th December with lots of great prizes for all ages, a raffle and festive refreshments.

The Christmas Bazaar might already have happened but there is still opportunity to pick up beautiful and original Christmas presents from the Wereham Crafty Folk who are holding an open day on Friday 9th December. The hall will be open from 10-12, 2-4 and 6-8pm for you to drop in, browse and purchase their wares and, of course, there will be festive refreshments to enjoy too.

Carols by the pond will be held on 18th December this year, starting at about 4.45 pm and following straight on from the nativity service in the church. This will be followed by hot dogs and potato wedges in the village hall, and more carols. For tickets, which must be bought in advance, contact

***Doreen on 01366 500218.***

With so many events coming up, we would be extremely grateful for any donations of raffle prizes.

If you would like to get involved with the Friends of Wereham Village Hall Group, we are always looking for new volunteers and now really is the time that we need as much help as possible. There are jobs for everyone so contact

***Doreen on 01366 500218.***

### **Update from the New Build Project Team**

Thank you to all who voted for us in the Aviva Community Fund. We got fantastic support but will not find out if it was enough until later in December. An exciting step forward for us was completing on the purchase of the land for the new hall at the end of October. We are also making good progress with the last



## WEREHAM VILLAGE NEWS

of our current grant applications.

Hopefully you received a 'buy-a-brick' leaflet with your November issue of G4. Community fundraising is a vital part of our fundraising strategy so please, please do take a moment to read the leaflet and if you can make a donation by visiting our online donation portal which is accessed via our webpage <http://www.werehamvillagehall.co.uk>. Every donation, will push us closer to delivering exciting new activities for you, your family and your community in a new eco community hub - in 2017!!! **Victoria, John E, John M & Rachel.**

### **Wereham Village Hall Bonus Ball Club**

The lucky winners of £60 each in September were Lizzie Baddock and Christine Harrison – congratulations to you both! **Helen Richardson, Secretary.**

### **Events list**

**Bingo** - Wereham Village Hall "Cash Prize" Bingo every Wednesday, doors open 6.45, eyes down 7.30pm. Teas/coffees available with complimentary biscuits. For enquiries contact **Doreen on 01366 500218.**

**Pop up Café** – first Tuesday of the month, 10.30-1pm. Next date Tuesday 6th December, Tuesday January 3rd and Tuesday 7th February. Join us for a slice of homemade cake, a hot drink, a natter and a read of the daily papers all for just £1.50. Light lunches also available – look out for our monthly specials! Cake donations/queries to **Doreen on 01366 500218.**

**Christmas Family Prize Bingo** – Wednesday 7th December. Everyone welcome. Doors open 6.45, eyes down 7.30pm. For further details call **01366 500218 or 01366 500798.**

**Wereham Crafty Folk Open Day** – Friday 9th December. The hall will be open 10-12, 2-4pm and 6-8pm. Free entry, refreshments available.

Christmas Carols by the Pond – Sunday 18th December, 4.45 after the nativity service. Contact **Doreen on 01366 500218 for tickets.**

For all the pictures and feedback from our events, log onto [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall). By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

If you have any queries with regards to the plans for funding a new village hall, or anything we're doing, please contact **Victoria Gray,**

**Chair, Wereham Village Hall Committee 501277 or 07725513583**

**Email: [darren.gray@tesco.net](mailto:darren.gray@tesco.net) or via [www.facebook.com/werehamvillagehall](http://www.facebook.com/werehamvillagehall)**



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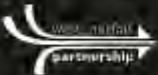
## Living Independently in Later Years Information for Older People Living in West Norfolk

# ASK LILY



- ☎ Telephone information line
- 📱 Online directory
- 👤 LILY Advisor home visits
- 🏠 Community locations

Available online at  
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or by calling 01553 616200



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**TEXTING IN THE OLD DAYS**

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Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

**Home-Start Swaffham & District  
The Community Centre, Camplinglands,  
Swaffham, PE37 7RB  
Tel: 01760 721271  
Email: [admin@homestartswaffham.org.uk](mailto:admin@homestartswaffham.org.uk)**

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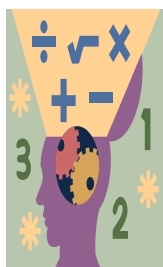
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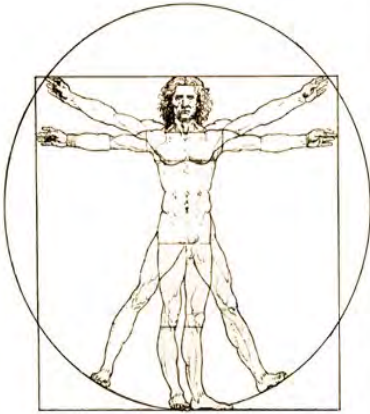
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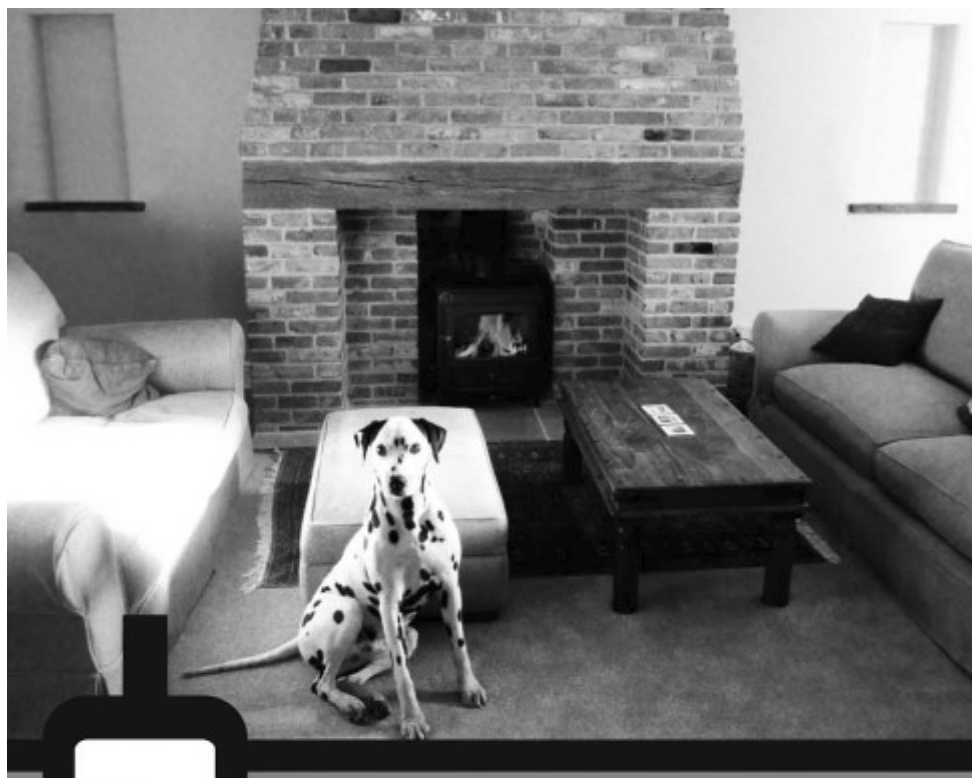
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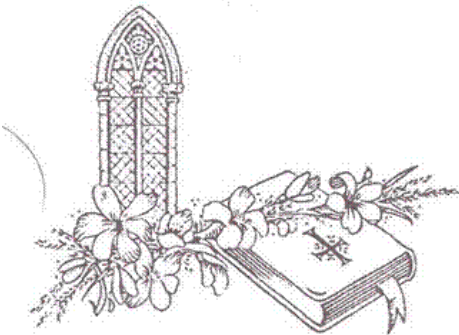
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