

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere; Boughton; Wereham

December 2019/January 2020

WELCOME

Merry Christmas and a Happy New Year to all our readers!

As always, 'Happy Reading ' The Editorial Team Eileen and Pam



Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

Deadline for copy for the February 2020 edition:

11th January

ADVERTISING

Alan Pickering 16 Tinkers Way, Downham Market, PE38 9TQ

Tel: 07779 787499 or 01366 386125 e:mail: group4news@gmail.com

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WEBSITE

www.group4news.co.uk Kevin Fisher, Tel 01366 502224

'FROM THE RECTORY'



New Rectory High Street Fincham nr. King's Lynn Norfolk PE33 9AP 01366 348079

Dear All,

CHRISTMAS is coming! He's nearly here! Of course I'm talking about Jesus and our celebration of his birth. Obviously there will be Christmas decorations, Santa Claus and all the usual things that go on around this time of year; BUT it's good to remember the reason we celebrate. That baby born in such poor circumstances (a stable) to unmarried parents, who then had to travel to a foreign country (becoming immigrants) to avoid the baby being killed by a worried king, and couldn't return to their home until that king had died. That baby was to grow up and become our saviour. He told us we could pray directly to God and even call him Abba (Father). He was then brutally killed at the age of 33 on a cross. But he rose from the dead and left us with a promise of eternal life. Not a bad legacy for such a life. Please enjoy Christmas and all the fun and festivities; but do spare a thought for the reason we are celebrating. Maybe by even coming to one of our services just to say THANK YOU for the greatest gift of all. MERRY CHRISTMAS AND A HAPPY NEW YEAR see you in 2020!

God Bless,

Ken Waters

SPECIAL SERVICES FOR CHRISTMAS

Sunday 8th December

4 pm Fincham Carol Service

Saturday 14th December

6.00 pm Barton Bendish Victorian Evening

Sunday 15th December

4 pm Wereham Carol Service

Wednesday 18th December

1.30 pm Shouldham School Year-end

Service

7.00 pm Boughton Nine Lessons and Carols

Thursday 19th December

6.30 pm Shouldham Thorpe Carol Service with Marham

Handbells

7.00 pm Shouldham Carol Service

Tuesday 24th December Christmas Eve

3.00 pm Stow Bardolph Crib Service

3.00 pm Wretton with Stoke Ferry Crib Service

4.00 pm Boughton Crib Service

4.00 pm Methwold Christingle Service
11.00 pm Marham Midnight Christmas

Communion

11.00 pmMethwoldMidnight Mass11.00 pmWerehamMidnight Mass

11.30 pm Shouldham Midnight Christmas

Communion

11.30 pm Fincham Midnight Christmas

Communion

11.30 pm West Dereham Communion by

Extension

11.45 pm Whittington Midnight Mass

Wednesday 25th December Christmas Day

9.30 am Shouldham Thorpe Family Service

10.30 am Boughton Holy Communion

Talk by Ely Diocese Mission & Ministry Development Officers at the Deanery Synod meeting on 11th November. This was an open meeting.

The two ministers Revd Phil Marsh and Revd Mark Rodell briefly explained their roles in the . Diocese Then gave us three questions:

What are we celebrating? • Optimism • Outreach (even if it's 'just' a coffee morning) • 3 people returning to church. • Freedom to worship • Beautiful historic church • Community goodwill • Openness (to God; to change) • Beginnings (Lay ministry; faith journeys) • Out in the community • Open minded • Recognising problems • Coming together as a benefice • We're still standing; still here! • We have dedicated people Lay and Ordained. • Fellowship • God's love • Messy Churches • Genuine sense of welcome (to our church) • Keeping going (despite or because of few people and resources) • A wall — a damaged wall which brought a community together

2. What are your challenges? • How to get young people in? • Maintenance of ancient buildings • Money as a distraction from Mission and worship (is it money that is the problem?) • Don't have time or infrastructure to make most of opportunities • How to engage with the community • Challenge to know what God's plan is • Turning outreach into worship • "Head Office" - Money; paperwork; deluge of safeguarding • Growing church in a non-threatening way (worship & outreach) to include a spiritual journey • Financially stability •

How do we manage change? • Resources (people as well as money) • Managing diverse expectations • Buildings, finance, quotas and faculties • Where is the next generation coming from? • Ancient churches don't function well in modern times 3. What are your hopes? • To make the transition from the church people see as "the weird religious folk" to the church being a vibrant centre of the community • That we will be the visible community of love that people will know that Christ live • Building the body of Christ through our presence in our communities

• Prayer • All Churches/Christians go forward together • More people to share the load • Securing the future • People to pass the torch onto • Continue to improve work in the community • Work with children • Convergence — Church/Community • That God hasn't given up on us yet • God is out before us in the community • Education • Development

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesdays			
3/12, 28/1, 25/2, 24/3 and 21/4/2020	Beachamwell	Old Post Office	09.45-10.00
	Boughton	Sycamore House Mill Road	10.45-11.00
	Barton Bendish	Hatherley Gardens	11.10-11.20
		The Pond	9:30 am
Thursday	Wereham	Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure and culture/Libraries/Mobile libraries

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm	
Fakenham	Fourth Saturday 8.30am to 12:00pm	
RAF Marham	First Thursday 12.00pm to 5.00pm	
Swaffham	Second Saturday	

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

Norfolk County Council Budget Consultation 2020/21

This is an edited version of the Norfolk Consultation letter, as it is too long for the magazine. Contact details are included.

Norfolk County Council wants Norfolk to be a county where businesses, organisations and communities work together to create a better place to work and live in.

Our business plan, Together, for Norfolk, sets out how we are planning to grow our economy, manage development and achieve better futures and outcomes for everyone who lives and works here.

I wanted to alert you to the webpage where we will publish our budget consultation on Wednesday 23 October. You can find out more at www.norfolk.gov.uk/budget and have your say using our online feedback form. Using our online feedback ensures we have a clear record of your response and that your views are accurately recorded.

We appreciate that some residents may not have online access and people who are unable to respond online can send us send their views in writing to: Freepost Plus RTCL-XSTT-JZSK Norfolk County Council, Ground floor - south wing, County Hall, Martineau Lane, Norwich NR1 2DH.

Residents can request our budget consultation document in other formats, including paper form, by calling 0344 800 8020 or emailing haveyoursay@norfolk.gov.uk. We will make all materials as accessible as possible.

Our consultation closes at midnight on Tuesday 10 December 2019. Please note that if we receive any consultation responses after this date we cannot guarantee that we will be able to take them into account.

If you have any questions about the process for consultation, please do not hesitate to get in touch with Christine Mawson, Stakeholder and Consultation Manager, Email: christine.mawson@norfolk.gov.uk or telephone 01603 224485

Tom McCabe Head of Paid Service County Hall Martineau Lane Norwich NR1 2DH

Tel: 0344 800 8020

7



Please come and join us for our

Christingle Service

At
St Andrew's Church,
Barton Bendish
On
Sunday 8th December
at 3 pm

Everyone very welcome

Supporting The Children's Society

St Andrew's invites you to join in their Christmas Celebrations and Carols at a

Victorian Evening of Christmas Entertainment, Music and Carols

Saturday 14th December at 6pm Village Hall, Barton Bendish

Refreshments will be served

We are always looking for new people to come and join us so everyone is very welcome

Entrance is free, but to avoid disappointment you can book your place with Mhari (347849) or Linda (347563)

COUNTRYSIDE NOTES DECEMBER 2019

There can be few places in the world richer in bird life than Norfolk is in the winter. Although summer visitors have long departed vast numbers of other species decide Norfolk is the place to be when there is hard weather. Ducks, geese and waders in their thousands arrive from breeding grounds in many parts of the northern hemisphere.

In North Norfolk farmers leave sugar beet tops on their fields for the hungry Pink -footed geese that have made long journeys from Greenland, Iceland or Spitsbergen. What a magnificent sight, and sound, they are when they 'whiffle' from side to side as they drop in to land with feet outstretched or flight in V formations to and from their coastal roosting places at sunrise and sunset. Gaggles of less common Brent geese can be found flying over Cley marshes or in Wells harbour. They have winged their way from Arctic Russia or Siberia. On the fields between the road and the sea at Holkham flocks of White-fronted geese from the Arctic can sometimes be spotted, distinguished from other species by their barred breast and white patch around the base of their bills. Often accompanying them are flocks of Wigeon, a colourful mallard-sized duck, probably from Russia or Siberia. Unlike other species of duck they feed on grass like the geese. At high tide great quantities of waders gather on the mud flats at Snettisham and huge groups of Knot, that have nested on the Arctic tundra, can be seen swirling around like flocks of starlings.

Welney Wetland Centre is always worth a visit in winter at this time of the year. The flooded washes and surrounding farmlands become home to thousands of waterfowl including Pochard drakes. I wonder where the females go. The swans too are a spectacular sight with a mix of our own familiar Mute swans and families of yellow billed Whoopers who have flown in from Russia or other parts of Northern Europe. The similar, but smaller, Bewicks can also often be spotted amongst the others. They are fed every afternoon at 3.30pm, and it's quite a spectacle to witness the frenzied free for all and 'bottoms up'.

There is an incredible abundance of birds that winter in our county and there are two things that never fail to amaze me. The fact that those who spend their summers in remote wilderness areas seem so little fazed by the attention they attract and being in such close proximity to people. The other thing is the sheer abundance of invertebrates there must be available to support all those thousands of waders. Don't forget to take your binoculars if you visit the coast. As yet another year draws to a close we owe a big thank to all those who work

As yet another year draws to a close we owe a big thank to all those who work so hard to make our villages nice places to live. Within our communities they are the unsung heroes and it is very easy to take them all for granted. Season's Greetings to one and all.

Jill

MAGPIE CENTRE BECOMES DEMENTIA-FRIENDLY

An Open Morning held on October 25 at the Magpie Centre, Wallington Hall, home of West Norfolk Riding for the Disabled Association, proved a great success. Aimed at people living with dementia and their carers, the event allowed visitors to meet and greet the ponies, view a demonstration of the Centre's specially-commissioned wheelchair-accessible carriage, and experience a 'sensory table', featuring grooming equipment, a sheepskin saddle, plus items of saddlery such as bits and stirrups. This was followed by tea and cakes, allowing visitors to chat about the activities. A total of 12 visitors, each accompanied by a carer, participated, and Michael Owen, Activities Co-Ordinator at Dove Court Care Home, Wisbech, was enthusiastic about the benefits to his clients.

'The residents really enjoyed their visit to the Magpie Centre,' he said. 'It was very therapeutic and brought back to several of them their memories of horses from the past. They were very happy after their visit and some of them were talking about it for the next four days at least,' he added.

The following week saw a 'Becoming a Dementia Friend' training session at the Centre, attended by six members of the Centre's staff, plus 15 volunteers. This was delivered by Anne Cauvin, Volunteering Officer at the Alzheimer's Society, Norwich.

Going forward, Tea with a Pony sessions, aimed at people living with dementia and their carers, are projected for the New Year, and for these a cohort of volunteers will be needed to make and serve tea and cakes. If you can help in any way, please contact the Centre on 01553 810202 for a Volunteer form and say that's the area of activity which appeals to you. If you can make cakes, but are unable to deliver them to the Centre, your help is still very welcome, so do let us know.

The Quiz with Hog Roast Supper, held on October 19 at Stowbridge Village Hall was the best ever. No fewer than 19 teams competed, and a total of £1200 was raised for the Centre, which will provide riding and carriage driving lessons for people of all ages and disabilities. Many thanks to all who participated, provided raffle prizes and helped on the night. The next Quiz with Hog Roast is already booked for Stowbridge Village Hall on Saturday April 4: mark it in your diary now!

Swaffham & Litcham Home Hospice Support

Our Xmas Draw will take place on the 7th December. Tickets will be on sale at our office at 17-19 Brocks Road, during normal office hours, (9am -5pm), at Tesco between the 27th and 30th November and also at the Rotary Xmas Fayre also on the 30th November.

On the 13th November, we were the beneficiary from a fundraiser held at the Assembly Rooms, Swaffham organised by Sarah and her team from Artichoke in Swaffham. The day started with a Fashion Show which was followed by lunch and concluded with a guest speaker. At the time of writing this report, we cannot say exactly what profit was made from the event although it is likely to be in excess of £2000. Our grateful thanks to Sarah, her team and to all those who supported the event.

We have a couple of fundraisers planned for the early part of 2020. For several years now we have held a Quiz, and will be doing so again probably towards the end of March. In addition we are talking to local group, Pot of Gold in connection with a concert, early in February. More details of both events will follow in due course.

Adrian Adcock Treasurer

Quiz - answers on page 14

- 1. Which form of clean 'transport' do Norwegians hide away somewhere in the house on Christmas Eve as a precautionary measure?
- Who wrote the following words?
 "It was always said of him, that he knew how to keep Christmas well, if any man alive possessed the knowledge"
- 3. What kind of animal delivers gifts at Christmas in Syria?
- 4. Plus or minus one year, when did Queen Elizabeth II deliver her first ' televised Christmas message to the nation'?
- 5. In which European country do malicious creatures called Kallikantzaroi get up to mischief around Christmas?
- 6. Who composed the music for the festive season ballet 'The Nutcracker' ?
- 7. Plus or minus one year, how long does it take a Scotch Pine Christmas tree to reach a typical retail height of 6 to 7 feet?
- 8. Which two figures deliver gifts in Russia during the festive season?

Lily has changed!

From 1 July 2018, our Lily service expanded to include everyone over 18, not just those in later years.

Lily provides a comprehensive range of support in west Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities.

The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch asklily.org.uk

Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.

Lily has a strong focus on community development, by helping groups to arrange activities and encouraging volunteering, and by providing community events, onsite information sessions, and support for employers, schools, and colleges.

If you, or anyone you know, would like to know how Lily can help, call 01553 616200 and choose option 6.

Joke Spot: Little Johnny was asked to say the blessing before Christmas dinner. The family members bowed their heads in expectation. He began his prayer, thanking God for all his friends, naming them one by one. Then he thanked God for Mommy, Daddy, brother, sister, Grandma, Grandpa, and all his aunts and uncles. Then he began to thank God for the food. He gave thanks for the turkey, the stuffing, the cranberry sauce, the roast potatoes, the pigs in blanket, even the Christmas pudding. Then he paused, and everyone waited, and waited. After a long silence, the Little Johnny looked up at his mother and asked, "If I thank God for the sprouts, won't he know that I'm lying?"

Growing old is inevitable, growing up is optional.

Downham Market Library

Opening hours

Register for our Open Library service for easy extended access to the unstaffed library outside normal opening hours using your library card and PIN.

- Monday: 8am-7pm (Open Library access only)
- Tuesday: 8am-7pm (staffed 10am-7pm)
- Wednesday: 8am-7pm (staffed 10am-7pm)
- Thursday: 8am-7pm (staffed 10am-7pm)
- Friday: 8am-7pm (staffed 10am-7pm)
- Saturday 8am-4pm (staffed 1-4pm)
- Sunday 10am-4pm (Open Library access only)

If you just need to drop a book off out of hours, use the letterbox to the right of the entrance. Please make sure that books drop into the box completely and aren't left sticking out.

Computers can be booked online.

Norfolk Reading Pathway

One in six adults struggles with reading. Research shows that when people read for pleasure they benefit from far greater opportunities in everyday life, education and employment.

The Norfolk Reading Pathway is a free programme which runs in all Norfolk Libraries and is open to any adult who would like support to become a more confident reader. Learners are matched with a Reading Pathway volunteer coach and together they work through the 'Yes we can read' handbook. Coaching sessions are usually weekly for up to an hour.

If you know someone who needs support or would just like to find out more, contact your local library or email nrp@norfolk.gov.uk.

FOR SALE - FIAT DUCATO ADRIA TWIN 2005 New MOT, 43500 miles, onboard water tanks, on board shower and toilet, fridge, 2 burner stove, half dinette and double bed.

£15,000 ONO. Contact Brenda East 01366 328811

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Fitness walking group for all ages!

Mama's, Papa's, Nanna's, Grandad's, Children & Pushchairs all welcome!

Mondays @ 10.30am

Starting location will vary weekly from surrounding villages (Wereham, Wretton, Boughton, Stoke Ferry, Oxborough, Barton Bendish)

For information please contact Charlotte on 07873355671 or follow Fit Mamas & Co on facebook!!

Wereham

Mobile Post Office

Please note that Mobile Post office will park near the Village Pond on the following days/

Monday 14.00-14.15

Tuesday 12.25-12.55

Wednesday 12.25-12.55

Thursday 14.00-14.15

ANSWERS to quiz on page 11

- 1. Brooms (in order to keep the witches away)
- Charles Dickens
- Camel (one of the wise mens' camels)
- 4. 1957
- Greece
- Tchaikovsky
- 7 years
- Little snowflake
 (Snegurochka) and Grandfather Frost (Dedushka Moroz



'Our Café is open 10am-3pm weekdays, when you can browse the pre-loved book stall and enjoy our free Wi-Fi!' Activities and Community Groups, extend a warm welcome to all new visitors

MONDAY

- Hatha Yoga (£8 per class) Monday 9.30 11am. Become more aware of how we conduct ourselves, physically, emotionally, mentally & spiritually. Call Gail 07938978980
- Breast Feeding Mums Meet third Monday every month 2.00 3:30pm
- Boxercise (first session free then £5 per class or £15 per month) 6.30 7.30pm. To book call Maria 07885 609655 or email maria.tennant@aol.co.uk
- Legs, bums and Tums (first session free then £5 per class or £15 per month) 7.30 8.30pm. To book call Maria 07885 609655 or email maria.tennant@aol.co.uk
- Friends of Wereham Village Hall (FoWVH), fundraising events group, 7.30pm. Monthly meet to discuss new ideas
 and organise events. Call Doreen 01366 500218 or email doreenirolph@talktalk.net
 <u>TUESDAY</u>
- Pilates (£5 per class) 9.30am 10.30am. £5 Increase flexibility, joint mobility and circulation. Call Christine 07796 102677
- **Pop Up Café** 1st & 3rd Tuesday of every month 10.45am 1pm. Selection of hot drinks and a slice of homemade cake £1.50. Light lunch £2.50. See Facebook or call Doreen 500218 for latest menu.
- Craft Group (£1.50 per session) 2nd Tuesday of every month, 10.30am 12.30pm. Meet for a social, drink, cake and try different crafts. Call Rosemary 01366 501330
- Mini Tennis (£3 per session) 4 5pm (Reception -Yr 3) 5-6pm (Yr 4 Yr 6) £3 per child. Call Craig on 07497 430005
- Restore and More Yoga (£9 per session/10 sessions £80) 7.00 8.15pm, Vinyasa Flow. Call Gemma 07943 848431
 WEDNESDAY
- Zumba (£6 per class) 9.30 10.30am. A fun dance-fitness programme. Call Domonique 07769 341680
- Pom fitness (£3 Adult, £2 children) 4.15 5pm. Children and adults. Call Christine 07796 102677
- Christmas Prize Bingo 4th December, doors open 6.30pm, eyes down 7.30pm. Prizes and raffles. Call Diane 01366 500798
- Cash Bingo doors open 6.30pm, eyes down 7.30pm. Café open before & during the break. Weekly prize money +
 jackpot. Call Diane 01366 500798.

THURSDAY

- Line dancing (£5 per session) 9.30 11am, beginners welcome. Call Ron 01406 350732
- Short Mat Bowls (£2 per session) 7 9pm. £2 per player, spectators free, includes tea/coffee and biscuits. New players welcomed. Call Philip 01366 501330
- Drama Group 'Wissey Players' (£2 per session) every other Thursday 7.30 9pm. Call Keith 01366 500976
 FRIDAY
- Wereham Tots (£2 per session up to 2 children, 50p per additional child). Term Time. Parents & toddler group 10am - 12pm. Call Angela 01366 500115.
- Tai Chi (£5 per session) 12.30 -1.30pm. Helps with breathing and relaxation. Call Pete 07845 937707
- Christmas Quiz Night (£5 per person) 7.30 10.30pm buffet included. Call John 01366 500766/book online at https://www.werehamvillagehall.co.uk/event/christmas-quiz-night-2/
- Cinema Night 'The Muppet Christmas Carol' (£5 per Adult, under 15's free with accompanying adult receive a free goodie bag) Friday 20th December. Bar open from 7.00pm. Loyalty card, 5 for the price of 4. Book online at www.werehamvillagehall.co.uk/events or call the office 07497 430005.
- Mobile Library –27th December at 12.45pm. Call in for a cuppa while you wait. SATURDAY
- Guide Dogs for the blind Coffee Morning Saturday 14th December 10am 12pm. Call Pauline on 01366501484
- Mini Kickers (£3 per session) 9 10:30am (2 sessions) £2.50 per child 3 6 years call Craig on 07497 430005
- SUNDAY
- Car Boot and Café (£5 a pitch) 26th January 2020, 8.30am 1pm, Café open 8am for hot breakfast rolls, snacks & drinks. To book indoor/outdoor call/txt Phillip 07759033492.

COMMUNITY

WANTED

Drymere Horse Livery or Grazing

Having recently moved to Swaffham we are really hoping to find somewhere in Drymere for our lovely well-mannered horse so he is as close to home as possible.

We would be delighted to consider either livery or stables and grazing on a long-term agreement. We are very conscientious owners and can provide references including from World Horse Welfare, as our horse is a rescue we have loaned from them for 11 years.

Any possibilities please do get in touch on 07919 106366.

Many thanks, Katharine.







"No wonder they wag their tails"



Kennel Club Registered Classes are held at The Mills Memorial Hall Westgate Street, Hilborough, IP265BN

Monday evenings from 6-30 pm - 8-45pm Specialist puppy training class 6-30

Clicker Training, positive reinforcement, have fun with your dog, absolutely no harsh methods, check chains or noose collars are not allowed, we train using food or toys

For more information please call

Chris Phillips on 07745 892417 or email seffejadestan@btinternet.com

Francis Thompson was a drug addict who lived off opium. Rejected from Oxford University thrice, kicked out from his home, he lived in two places. During the day, he'd sell shoelaces and pencils to buy his drugs in the place for the losers and the lost in London's Charing Cross. At night, he would go with his dirty raincoat wrapped around and sleep by the River Thames. Often, he'd pick up newspapers from the dustbins of London and write letters to the editor. The editor would say, "A greater than a Milton is among us, but there's no return address." One day, Thompson picked up the Scriptures, was reading the book of Genesis and wrote about his experience of God in the famous poem 'The Hound of Heaven':

I fled Him, down the nights and down the days;
I fled Him, down the arches of the years;
I fled Him, down the labyrinthine ways;
Of my own mind; and in the mist of tears
I hid from Him, and under running laughter...
Adown Titanic glooms of chasmèd fears,
From those strong Feet that followed, followed after....

But (when so sad thou canst not sadder)

Cry;—and upon thy so sore loss

Shall shine the traffic of Jacob's ladder

Pitched betwixt Heaven and Charing Cross.

Yea, in the night, my Soul, my daughter,

Cry,—clinging Heaven by the hems;

And lo, Christ walking on the water

Not of Gennesareth, but Thames!

CHURCHWARDENS F	For the G4 vilages
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 Barton Bendish
 Mhari Blanchfield
 01366 347849

 Linda Webster
 01366 347563

 Beachamwell
 Rev. Ken Waters
 01366 348079

 Boughton
 Pam Wakeling
 01366 500429

 Wereham
 Sheila Smith
 01366 858165



Soup and a Talk Evening

Wednesday 11th December 6.30pm Barton Bendish Village Hall

Our speaker is Andy White a retired Army Senior NCO who was an armourer and will be talking about his experiences in the Gulf War.

Homemade Soup with Crusty Bread will be served Booking is essential

For further details contact

email Rev Ken Waters on ken.waters@btinternet.com or Ray Burman on rayburman@me.com Tel 01842 828891

Organised by St Andrew's church, Barton Bendish



Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required. To book an appointment call the Careline Community Team on 01553 760671.

The complete digital edition of The Times (London). Use keyword searching to retrieve full facsimile images of either a specific article or a complete page. Access the database from home by typing your library card number in the box where it says 'password' when asked.

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All abilities welcome

Stretching, postures and breathing help to improve mobility and strength.

Please wear loose clothing and bring a warm rug and/or yoga mat (there will be a few mats available for loan/buy).

British Wheel of Yoga Tutor, Ann Lewing Contact number: 01366 328350

> STOKE FERRY VILLAGE HALL

Mondays 7.00pm—8.30pm Please arrive no later than 6.55pm

£5.00 per session (pay as you go) Under 18 yrs old must be accompanied by an adult

K.J.Catering Services

Contact Steve Bartram on

01366 727797 or 07542 923909

kjcatering@btconnect.com

www.catererssuffolkandnorfolk.com

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Preschool

& Holiday Club

Ofsted Registered EY246821

A Warm, friendly welcome is waiting for you.

Accompanied sample sessions for you and your child the first Wednesday of every month 9:30-11:00

Term time age 2-5 Holiday clubs for age 2-8 Year olds

15hrs a week funded places from the age of 2 Open 50 weeks of the year

Places available for special educational needs

A Variety of hot and healthy meals provided

Contact Debbie - 01366 502150

47 Wretton Road, Stoke Ferry, Kings Lynn, Norfolk, PE33 9QJ www.little-oaks-preschool.ik.org

COMMUNITY NOTICE BOARD

Could you help a young person with a disability to think about their Future?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

MASSIVE FUEL BILLS?





INEFFICIENT OIL FIRED & LPG BOILER? STORAGE HEATERS NEED HOME INSULATION?

On any of these Governments benefits?

- Child Tax Credit
- Working Tax Credit
- Universal Tax Credit,
- Pension Guarantee Credit
- Income Support
- Income Based Job Seekers Allowance
- Income related Employment and Support Allowance

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GOLDEN GLOBE will do all the hard work for you using government grants funded by all the big energy companies under the watchful eye of OFGEM.

- Confirm your benefits with DWP
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Look forward to A Warmer Winter, Lower your fuel bills. A home with added warmth and an Energy Efficient New Boiler with an OFTEC Certificate

Call Golden Globe today on 020 7096 5097 and book your appointment free of charge

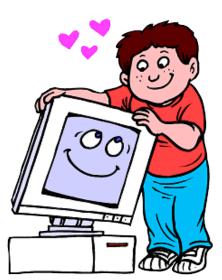


I CONNECT

FROM THE DOWNHAM MARKET LIBRARY WEBSITE

We offer one-to-one sessions that can help you improve your computer skills.

Sessions are run by friendly, experienced library staff and are aimed at complete beginners to those who want to improve their skills. They are tailored to what you want to learn and we'll go at your pace.



Topics available include:

- Getting started with your tablet or smartphone
- Getting to grips with apps
- Food, fitness and wellbeing
- Keeping in touch with friends and family online
- Saving money online
- Shopping online with confidence
- Staying safe online
- Tracing your family tree online
- Starting and growing your business with the library
- . .

A one hour session costs £17.50 and includes a useful handout for you to take away.

Drop into <u>your local library</u> or email <u>libraries@norfolk.gov.uk</u> to arrange a session at a date and time to suit you.



Festive Wine Tasting Boughton Church, 7pm, 7th December Tickets £15 in Advance – Places Limited

'Tis the season... to sit and sip while Giles presents 6 festively themed wines.

From a **South African fizz** to a **French fortified** by way of three shades of **Rioja** and a **Château Lafite** (owned) red, a tasty tasting awaits.

There'll be a raffle, interval nibbles and all proceeds will go to the East Anglia's Children's Hospices.

So, come all ye wine faithful and email thepurists@gmail.com and reserve your places today!

BARTON BENDISH NEWS

Quiz & Chips Evening

This was the latest of a number of events held to raise funds for the Village Hall Project. It attracted many teams eager to test themselves against Barton's inscrutable and cunning question masters. As usual, the event attracted a lot of participants from local villages and everyone agreed that the whole evening had been great fun – as quizzes should be.

The arrival of the Chip Van added a vital ingredient to the evening as people sought a boost to their cerebral faculties for the second half of the quiz. Many thanks to Mary Simon for organising the delicious food and to Quiz Inquisitors Chris Parsons and Tim Webster. A lovely evening.

Andrew Stephen Chairman of the Village Hall Management Committee

Macmillan Coffee Morning

Thanks to the wonderful support we had for our Macmillan Coffee Morning we raised nearly £600 - a fantastic sum. I couldn't believe how many people turned up especially when many of those I mentioned it to said they were sorry but they were unable to come!!!!! The total was boosted by several of those who couldn't make it sending donations and also by cyclists from the West Norfolk CTC who very kindly made a diversion to their planned route to support us!

A massive thank you to everyone who came and, in particular, to those who donated raffle prizes, made cakes and helped on the day. We were kept very busy!

Jill

'My Life in Farming'

With the total support of everybody the book "My Life in Farming" has been a tremendous success in so far as it has been the vehicle by which funds were raised and interest shown in it all over the world. We have managed to collect in excess of £6000 for Parkinsons. Research and that is only one function it has achieved. It has recorded accurately my working life and hopefully may just enthuse a few more young people who wish to work in Agriculture. May I thank every person for their interest support and willingness to donate money. With over 500 books disposed in only 6 months it has been a real journey at a fantastic pace.

Brian Reynolds

Soup and a Talk

A welcome addition to Barton's social calendar is Rev Ken and Ray resuming their 'Soup and a Talk' evenings. This time the speaker was David White from the British Trust for Ornithology. Following helpings of Ken's delicious homemade soup and Ray's crusty bread David gave us an informative talk about birds we

are likely to see in our gardens and broadened our knowledge by telling us how they are currently faring. All very interesting.

See 'Voices from the Vestry' below for further dates.

Film Club

Barton Bendish Film Club has presented us with two excellent films of late, neither of which I had great expectations but which turned out to be absolute pearlers. The film about Laurel and Hardy's final tour was thoughtful, superbly acted and, at times, deeply moving. Any of us who know what it is to approach the end of a career, knowing that what has been familiar for so long will soon become distant memories, can easily recognise the themes of the film. As Joni Mitchell once sang: "You don't know what you've got till it's gone." How true that is

As a railway enthusiast who has always admired John Betjeman, I really enjoyed his short film about the Lynn to Hunstanton line. It was a journey with which I was very familiar but Mr Betjeman's praise of it was far beyond anything I could manage.

And then 'Yesterday' is a film essential to anyone who loves a bit of nostalgia. Oddly, I felt as if I was hearing some of the songs for the first time. I remembered just how wonderful a song 'Yesterday' is, and 'Help' and 'Back in the USSR' sounded better than ever. It had romance, a happy ending, a meeting with John Lennon and some great jokes. Wonderful.

Next up – 'Downton Abbey' 7pm Saturday February 8th 2020 Andrew Stephen

Village Hall Update

With £ 151, 000 raised so far and given the conditions attached to some of the grants received, we have decided that work will start somewhere around the end of March. We have sufficient funds to do quite a lot of the work planned and we have a number of grant applications in which we are waiting to hear about. We continue to look for other sources of grant, including small ones and hope that all the work envisaged will be done. This is exciting news and well timed given the fact that the floor near the door is beginning to deteriorate again. We will not therefore be taking any bookings from the end of March. If humanly possible, the work will be done in time for our Arts and Craft Event.

The Quiz and Chips night raised £295, including a donation. We hope that the Christmas Fair will be as successful as our other Fundraising events. The Fair will include a Made in Barton stall, which will show that the Village Hall project is a community effort like so many things which happen in the village.

We have kept Albanwise informed of our progress which has been remarkable given the size of our village and the current uncertain economic situation.

We are grateful for all the support and encouragement we have received.

Andrew Stephen Chairman of the Village Hall Management Committee

NB – Work is due to start on the Village Hall in late March / early April. Look out for an update in February's G4.

Voices from the Vestry

Christingle Service - December 8th 3pm

This ever-popular service takes place in St Andrew's at 3pm. Everyone is most welcome. Festive refreshments will be served after the service as usual.

Soup & Talk - December 11th 6.30pm

Andy White a retired Army Senior NCO who was an armourer will be talking about his experiences in the Gulf War. Contact 01842 828891 for more details and to book your place.

Victorian Evening - December 14th 6pm

Your village needs willing volunteers to perform seasonal pieces of their choice. Don't be daunted. You don't have to be Hollywood standard, just keen! The annual evening of Christmas Entertainment will be held in the Village Hall this month. Entrance is free and light refreshments will be available. If you would like to come and join the fun, please contact Linda (347563) or Mhari (347849).

Burns Night Supper - January 25th 7pm 2020

See the poster in the community section of G4 with details of this ever-popular evening! Everyone is welcome but it is essential to book your tickets in advance from Linda (347563) or Mhari (347849).

Breakfast Church January 11th / February 8th 9.30am

Join us for our first two community breakfasts of 2020. All welcome.

Soup & Talk January 15th /February 12th 6.30pm

Dates for your new diary! Look out for posters with details of the first two New Year talks.

We are grateful for any help with or publicity for our events. Please encourage your friends to 'pass the word' and to join in. All our events are also advertised on two Facebook pages: 'Barton Bendish' and 'Friends of Barton Bendish'.

Mhari and Linda would like to thank everyone who has supported our various projects in 2019. Without your help none of our fundraising and village events would be possible. We appreciate all your hard work, enthusiasm and willingness to be involved with whatever madcap idea we have! We wish you all a very peaceful and enjoyable Christmas and send our best wishes for a happy and healthy 2020. With many thanks.

Liz Stephen (PCC Secretary)

Remembrance Service

A goodly number of people attended the Remembrance Service which took place at St Andrew's on November 10th. Parishioners from Barton Bendish, and around, were joined by some from Beachamwell who were unable to hold a service of their own as St Mary's is at present unusable. Brief details of each of the fallen named on Barton's war memorial were read out making the service even more poignant. The centre of the village has changed so little in a hundred years that it was very easy to visualise each of the young men who so tragically lost their lives in WW1 and the three men and one woman who paid the ultimate sacrifice in the Second World War.

While our thoughts were with them all, as we stood in front of the memorial, Lt Col Ian Berchem read out their names. He was joined by John Sanderson who listed the names of those from Beachamwell who lost their lives in the two World Wars.

We shall remember them Jill





(Jinema



Bar opens 6.15pm Programme starts 7.00pm

Adults £5: Under 15s Free (with free goodie bag)
UNDER 15s ONLY ADMITTED IF ACCOMPANIED BY A RESPONSIBLE ADULT

Tickets on line at www.werehamvillagehall.co.uk from the village hall (10am to 3pm) & on the door

Wereham Village Hall CIO, Registered Charity Number 1168472
Funding for the cinema project was provided through WREN's FCC Community Action Fund



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St. Mary's Church Parochial Church Council



Following a recent inspection of the church, by a representative of the Insurers, we have sadly had to cancel the Christmas Carol Service scheduled for 20th December 2019.

Unfortunately we have had so much rain since the theft of the lead that it is feared damp may have got into the electrical system. This means that we have no light or heat and are unable to use the organ.

The works have been put out to tender and we have now selected a preferred builder who has scheduled us into his workload so once we get the go ahead there should be no further delay.

We have now received planning permission to replace the lead roof with Terne coated steel and we have had a full Bat Report which we are looking into. We are still waiting for the Faculty from Ely Diocese but once that is in hand we should be able to get on with the works.

Please accept our apologies for closing the church temporarily but it is very damp in there and not safe for people to go in.

Patricia Clarke (Treasurer)

Quiz



Friends of St Mary's

Don't forget there will be a quiz on Saturday 18th January. We would be very pleased if you could join us. All proceeds to FoSM

Peggy English and Eileen Powell

Mobile Post Office

Monday and Thursday 13.00 – 13.15 Tuesday and Wednesday 11.10 – 11.30

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Parish Council

The next meeting of Beachamwell Parish Council will take place on Monday 6th January 2020 from 7.30pm in the Village Hall. Residents are welcome to attend. A report on the activities of the Parish Council will be provided in the next edition. For information on the Parish Council please see our website or contact the Parish Clerk:

Miss Sarah Thorpe MAAT PSLCC

Clerk to Beachamwell Parish Council 88 Smeeth Road Marshland St James Wisbech Cambs PE14 8JF

Telephone 01945 430930

Email: <u>beachamwellparishcouncil@gmail.com</u> website: beachamwellpc.norfolkparishes.



Breckland District Councillor Christmas Report

This will be the 5th Christmas as your D.C. for Narborough, Narford and South Acre. Once again thank you to all who voted in what has been an unprecedented time in Parliament, to be returned with a increased majority was very humbling, and not to say very pleasing.

Work continued with supporting the parish council and residents with planning application, and Breckland funding, supporting all positive services which benefit residents.

It has been satisfying helping residents with planning, housing, footpaths, broadband, and securing housing for local young families in the new Denny walk development too, thank you again. Can I wish everyone a Merry Christmas and a Happy New Year.

Cllr Peter Wilkinson

For Sale - Fiatl Ducato Adria Twin 2005

New MOT, 43500 miles, on-board water tanks, on board shower and toilet, fridge, 2 burner stove, half dinette and double bed. £15,000 ONO.

Contact Brenda East 01366 328811

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Wednesday Walkers – 6th November 2019

The Met Office reported that this autumn was one of the wettest, and warmest, on record. Certainly the days before and after the Wednesday Walkers met, was grey and wet, yet the 6th November was indeed warm, and also bright and windless. How lucky could we be?

The Walkers made their way across the fields and through the plantations to Shingham and Larch Wood before turning into the forest. The ride curved this way following the boundary bank of the medieval Cockley Cley Wood. Both Forest England and the Norfolk Archaeology Unit know of this former wood, and ensure that forestry operations do not disturb the ancient earth bank and that it is protected as a historical feature in the landscape. The Walkers continued along another ride that is part of the Peddars Way and under the golden-leafed beech trees before returning to the village.

On the 6th November we walked just under five miles, following public footpaths, bridleways and open access forest rides at Drymere, and not once did we step outside the parish of Beachamwell!

The Wednesday Walkers will meet next on Wednesday 4th December, leaving the Village Hall at 10.00 a.m. This will be a shorter ramble to ensure we have time to enjoy our customary pre-Christmas mince pies and mulled wine.

The Wednesday Walkers are an informal group: people turn up as and when they wish, so monthly numbers may vary greatly. On 6th November thirteen of us walked, but sometimes there are only one or two. New walkers are always

welcome, and it is free of If you want more course! details, telephone 01366 328452.

Each and every one who rambles with the Walkers Wednesday will want to thank Simon and Chrissy for guiding the walkers over the summer. I am so very grateful to them both.

Sue Pennell



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell WI



The November meeting always includes our Annual Meeting, but before we got down to business, we enjoyed a "Craft Show and Tell". Members brought along a number of hand crafted items and spoke about them. Some had sentimental value, others were special projects, lovingly made. But what was most astonishing felted animals, fabric boxes, a Victorian doll, quilts, embroidery

and homemade clothes. What an array of talent! Chosen items were put forward to compete for the annual Ruth Rix prize, which was won by Cathy for an exquisite piece with an agapanthus theme which showcased a number of different techniques.

Our next meeting, December 5th is a Christmas Party. Visitors and /or prospective new members are very welcome to join us but need to be ready for party games, festive food and a bit of fizz!!!!

On January 2nd we will have our usual Resolutions meeting, when we discuss proposals put forward by WI members nationally. These are always interesting evenings.

Sadly after December, we are saying goodbye to Leah and Carole who have both moved out of the village, but we hope to welcome some brand new members in January.

We have a varied programme planned for the coming year, with speakers on East Anglian gardens, making musical instruments and travels in China to name but a few.

Visitors are always welcome to join us for a charge of £3.50, but prospective new members can come for no charge to look us over. We pride ourselves on being a friendly and informal group. For further information, call Helen on 01366 328589 or Maggie 01366 327023.

Maggie Mackenzie

THE WEST NORFOLK AVIATION SOCIETY



www.westnorfolkaviationsociety.org.uk
By kind permission of Mundford Bowls Club
(Hosts Colin & Janet)

Such was the enthusiasm for WNAS member Bob K's talk last month that he was asked to deliver the sequel this month. After spending over 30 years as a pilot in the RAF it is no wonder there was so much more to tell.

Having qualified as a pilot he joined 3 Squadron at Coningsby in the 1960s and his responsibilities were extreme and varied. When stationed at Laabruch in Germany, a 3 minute mobilising time was often achieved in preparing his Canberra for a potential nuclear strike. Collaborating now, with old allies and some old enemies, combined exercises were important. Target practice in the Libyan desert won them prizes for accuracy; the Salmond Bombing Trophy being one.

Compared to the American Starfighter the Canberra was aging somewhat but it still excelled, beating the American and European teams by at least 20%. Despite this, Bob's comrades were still in awe of the Starfighter's performance and, when offered a flight in one, foot already poised on the bottom rung of the boarding ladder, his excitement was suddenly extinguished by orders to return to the mess.

The testing of ejector seats was another practice vital to a well-trained squadron; here again the Martin Baker equipment was superior to that of the competition.

He was later invited to go to Oman and demonstrate to the Sultan's air force procedures for parachuting from aeroplanes. The preferred types were Islanders, Dorniers and his favourite: Buffalos. After a cancer scare he was ordered to return to England where he was invited to assist with the formation of Air Wales and a charter company at Ipswich, operating Dorniers. With this experience he was asked to return to help his mate, the Sultan, refine his air force. As if his life's adventure so far wasn't enough, Bob, having a musical bent, still felt the urge to express himself in other ways and formed a band with some of the locals. They called themselves 'Rashid goes to Nizwa'; 'The Duelling Banjos' being their signature tune. Bob now on a high and, having talked for nearly two hours, Jenny his wife, prompt and manager, cautiously coaxed him down to a safe landing.

Beachamwell Table Tennis

Every Friday at 3.00pm Village Hall



Enquiries: 01366 328895 or james@jamesknoxwhittet.plus.com

Beachamwell Book Group

Tuesday 3rd December 7.30

Beachamwell Village Hall

Book to be discussed over a glass of wine

"The Illusion of Separateness" By Simon Van Booy (International Best Seller)

No meeting in January

New members welcome Enquiries: 01366 328960

Beachamwell Wednesday Walkers

There are twenty-four rights of way in the parish. Come and explore them with us.

We meet at the Village Hall at 10.00am on the first Wednesday of the month.

Walks are **free**, lasting between one-and-a-half and two hours.



Beachamwell WI

Thursday 5th December

'Christmas Party'
&
Thursday 2nd January
'Resolutions'

7.30pm

Beachamwell Village Hall

Visitors very welcome

Beachamwell

Creative Writing Group



Meets every second Monday Afternoon

2.30pm

Everyone with an interest in putting pen to paper welcome.

Enquiries: 01366 328895

or

james@jamesknoxwhittet.plus.com

Beachamwell Pop Up Pubs



Friday 13th December &
Friday 31st December
With Food

Beachamwell Village Hall

Enquiries:01366 328892

Beachamwell Afternoon Tea and a Chat.....

Wednesday
December 18th &
January 15th
2 - 4pm

Village Hall



Enquiries 01366 347673

Beachamwell Quiz



Saturday 18th January

7.30

Beachamwell Village Hall

Bring your own refreshments
There will be a Raffle
All proceeds to The Friends of
St. Mary's Church,
Beachamwell

Enquiries: 01366 328648 / 729

SUNDAY SERVICES IN DECEMBER (Priory/Northern group)

Sunday 1st December		Advent Sunday
9.30 am	Runcton Holme	Holy Communion
10.00 am	Shouldham	Morning Prayer
11.00 am	Marham	Holy Communion
11.00 am	Stow Bardolph	Holy Communion

Sunday 8th December

9.30 am Shouldham Thorpe 10.30 am Marham

11.00 am Watlington

11.00 am Stowbridge 4.00 pm **Fincham**

Sunday 15th December

9.30 am Wormegay 10.30 am Marham 11.00 am Shouldham

11.00 am Nordelph 6.00 pm Marham

Sunday 22nd December

9.30 am **Fincham** 10.30 am Marham

11 00 am Tottenhill

Sunday 29th December

11.00 am Watlington

Second Sunday of Advent

Holy Communion

United Methodist Worship Holy Communion with Baptism

Holy Communion

Carol Service

Third Sunday of Advent

Holy Communion Service of the Word Holy Communion

Holy Communion with Carols

Carol Service

Fourth Sunday of Advent

Holy communion (BCP) United Methodist Worship

11.00.am Stow Bardolph* Wimbotsham Holy Communion Morning Service (lay-led)

First Sunday of Christmas

Holy Communion

11.00.am Stow Bardolph* Wimbotsham Holy Communion

THURSDAY SERVICES at 10am

HOLY COMMUNION Fincham 5th and 19th. HOLY COMMUNION Runction Home (BCP) 5th.

^{*}For the foreseeable future, services for Wimbotsham will take place at Stow Bardolph Church.

SUNDAY SERVICES IN DECEMBER

(Wissey Valley/Southern Group)

Sunday 1st DecemberAdvent Sunday9.30 amMethwoldHoly Communion9.30 amWhittingtonService of the Word11.00 amWest DerehamFamily Service

4.00 pm Wretton with Stoke Ferry Advent Service

at Stoke Ferry School

6.00 pm Wereham Evensong

Sunday 8th December Second Sunday of Advent

9.30 am Methwold Service of the Word 9.30 am West Dereham Holy Communion

9.30 am Wretton with Stoke Ferry Service of the Word

10.00 am Boughton Breakfast Church

3.00 pm Barton Bendish C hristingle

Sunday 15th December Third Sunday of Advent

9.30 am West Dereham Service of the Word 9.30 am Whittington Service of the Word 4.00 pm Wereham Carol Service

7.00 pm Methwold Carol Service

Sunday 22nd December Fourth Sunday of Advent

9.30 am Methwold Service of the Word 10.00 am Wretton with Stoke Ferry All Age Service 11.00 am Boughton Holy Communion

6.30 pm West Dereham C arol Service

Sunday 29th December First Sunday of Christmas

10.00 am Boughton Benefice Holy Communion

MIDWEEK SERVICES

Holy Communion 10.00am Boughton Thursdays 12th

For January services please see our website:

finchamgroupnews.co.uk

BOUGHTON VILLAGE NEWS

All Saints' Church

The annual Nine Lessons and Carols service will be on Wednesday 18th December at 7 elsewhere. It's a popular event, with plenty of carols, the traditional readings and some choir input. We usually follow it with a small party and askpm. I hope many of the villagers will be able to attend and also our friends from people to bring a plate of nibbles to share. I'm hoping we will also have mulled wine! If you want to read a lesson, don't be scared to say so!

Decorating the church will be on Monday 16th December from about 10.30 am for those who can manage it, and offerings of suitable greenery are always appreciated. They can be left in the porch if you can't make ito decorate. I can't be there on the Tuesday, but if that's the only day you can manage and you would really like to do some, please let me know. (500429) and I'll see that the building is unlocked.

We have a service on Christmas Day itself, for the first time in several years, so I hope we see a good crowd there. It will be a communion service at 10.30 am, taken by the Revd Brian Redgers, but if you are not a communicant, please don't let this stop you from coming. Children and well behaved dogs are also welcome.

Many of you will know that Frank Reid has been in hospital again and we send our good wishes to him and to Sandy.

On a sad note, we have to report the death of Janet Tidy, a member of the congregation and the PCC, whose funeral will take place on November 25th at Mintlyn. Several people from the village have already said they will be there and our thoughts are with Janet's family.

From: The Chair of Boughton Parish Council

As I write this the weather has turned cold and wet and I suspect that many villagers are now battening down the hatches for the winter. This time of year can be hard for people living on their own, so if you have a solitary neighbour why not pop round to check they are ok, or invite them in for a cup of tea?

At the parish council meeting in November it was agreed to pursue purchasing a portable speed sign for the village to help in reducing errant drivers. This is

contingent on obtaining a grant to cover half the cost. (Speeding was the number one priority at the Annual Parish Meeting in May and I am pleased that we are able to progress this).

At its January meeting the parish council will be setting its budget for the coming year, including the council tax contribution. As all our meetings, this will be open to the public.

Finally, may I wish all residents of Boughton a very merry Christmas and a happy and healthy New Year. See you in 2020.

Neil Matthew Chair, Boughton Parish Council chair.boughtonpc@gmail.com

Norfolk Reading Pathway

One in six adults struggles with reading. Research shows that when people read for pleasure they benefit from far greater opportunities in everyday life, education and employment.

The Norfolk Reading Pathway is a free programme which runs in all Norfolk Libraries and is open to any adult who would like support to become a more confident reader. Learners are matched with a Reading Pathway volunteer coach and together they work through the 'Yes we can read' handbook. Coaching sessions are usually weekly for up to an hour.

If you know someone who needs support or would just like to find out more, <u>contact your local library</u> or email <u>nrp@norfolk.gov.uk</u>.



Wereham Parish Council

Next Meeting Dates

Tuesday 14 January 2020 at 7.00 pm in the Wereham Village Hall

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at weerehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk You will also find minutes of all meetings here too.

Dog Walkers

There has been instances of dog waste not being removed from outside people's properties and pathways in the village by dog walkers. There are five dog bins available at the playing field; off Cavenham Road, Lamas Lane; End of the Row/Wretton Row and on Church Road. So this is plenty of points to deposit their waste plus the option to take it home. Please respect the village and clean up after your dog.

Wereham Cemetery – Memorials Next of Kin

Please could any members of the public known to be the next of kin for memorials within the Wereham Cemetery please contact the Parish Clerk to agree to share their contact details. We need to ensure that our contact database for the purposes of contacting next of kin, where we need to discuss memorials is as up to date as possible.

Streetlights

The streetlights in the village are owned by the Parish Council if you notice they are out please report it to the Clerk who can arrange for a contractor to maintain it. The contact details are below.

Highways - Paths and Roads - Defects

Please report anything that you see verges, trees, pot holes, main holes, drains to Norfolk County Council Highways via their defects page of their website. You need to set up a login, and once on the site you can easily report issues and upload pictures of the issue. They will then arrange inspection. You are also able to track the report. Should a report not be resolved as you wish please then contact the Parish Council. The Parish Council will report issues that it finds, but if residents do this also we can increase the repairs that we notice need doing. https://apps.norfolk.gov.uk/HighwaysDefect/

Season's greetings to Wereham residents and wishing all a happy new year.

<u>VILLAGE HALL ACTIVITIES</u> See Community Advert for List of Activities. More details are featured in the website <u>www.werehamvillagehall.co.uk</u> and on the Facebook page Wereham Village Hall.

MOBILE POST OFFICE will park near the village pond on the following days/ times.

Monday and Thursday 14.00 – 14.15

Tuesday and Wednesday 12.25 -12.55

Opportunities Galore!

Scouting is not just about young people – there are lots of not so young people involved too, although I'd like to think us adults are all united in being fundamentally young at heart! From time to time we need to recruit more leaders, but there are other adult roles too.

Our present treasurer will be stepping down in summer 2020 and we are keen to find someone to take over when she leaves. There is no requirement to handle money and you don't need to be an expert at bookkeeping (being methodical, having confidence with figures, and able to produce a basic spreadsheet should

suffice). What's more, you do not need to have previous experience in Scouting, although an appreciation of what Scouting is about will be a great help. Emphasis will be on ensuring bills are paid, keeping the accounts in order, and being able to prepare a set of accounts for public review at each Annual General Meeting. As treasurer you would automatically become a member of 1stWereham & Wretton Scouts Executive Committee and be expected to attend approximately 3 meetings per year, plus the AGM. The role is subject to D.B.S. clearance and the post holder will be expected to complete 2 areas of basic training (via short e-learning modules) within 3 months of taking up the role. If you are interested in finding out more, please let me know. Ideally we would hope to identify someone before the present Treasurer stands down to allow a hand over period.

We need Leaders too! We presently run Beaver and Cub sections from our HQ on the outskirts of West Dereham and can only continue to do so with adult support. We'd love to get our Scout section up and running again, but lack of leaders is currently preventing this. Let me know if you would like to know more about assisting with the running of any of our sections.

Finally – our Beaver section (boys and girls aged 6 to 8 year) currently has a few vacancies. Beavers meet weekly in term time on a Monday.

For all enquiries, contact me, Paul Smith, Group Scout Leader on 01366 501224, or email me at paul.nutkin@gmail.com

St. Margaret's Church Wereham 2020 Annual Festival Sunday 19th July

I must admit this does seem rather early to be thinking about July 2020 .However, this is aimed at the January Group 4 and the deadline is looming! The PCC would like to invite as many interested people as possible to come to a meeting in the church on Tuesday 4th February at 7.00 pm . We aim to make initial decisions about the festival . The meeting will last no longer than

an hour . The Festival, together with Open Gardens provides most of the income needed to keep our church open and available to all . Please come and help us
Tom

75th **Anniversary of VE Day** As part of National and International events taking place in May 2020, Wereham Heritage Group are organising our own shared moment of celebration on Sunday 10th May. Time and ticket details to be confirmed nearer the date.

Please put this date in your diary now. The event, which will take place in Wereham Village Hall will include: - A tribute to Wereham's WW2 soldiers; Dad's Army re-enactors; our own 'Winston Churchill'; Drama Group sketch; 1940s songs and readings; Doing the Lambeth Walk; Vera Lynn and George Formby sound-alikes; community singing....and more.

Bring your own food and cold drinks ready for an afternoon tea 'street party style' picnic. Do come dressed in 1940s costume if you can.

Wereham Craft Group. The craft fair on November 2nd was our best ever with the largest amount of stall holders and a very pleasing amount of visitors coming through the door. Thank you to all of you who visited us. Our next craft fair is on 18th April 2020. Our last group meeting this year is on December 10th when we have our Christmas party, we then have a short break over Christmas and resume on 14th JAN 2020. May we wish you all a very happy Christmas and a happy and peaceful new year. Contact details Rosemary on 01366 501330 or 07749240606, e-mail rosemary.pease@btinternet.com.

Short Mat Bowls. The last session for this year is on 12th December and we resume again on 9th January 2020 7pm until 9pm. We look forward to seeing some new players next year, no experience needed; we will show you what to do. Tea and coffee with biscuits are served during the evening. We wish you all a happy Christmas and a peaceful and happy new year. Contact details Philip 01366 501330, or 07759033492. E-mail rosemary.pease@btinternet.om.

<u>Car Boot and Cafe.</u> The car boot and cafe have now finished for 2019. The next one will be on Sunday 26th January2020, with all your old favourites in the hall and the cafe. We wish all our stall holders and visitors a very happy Christmas and a happy and peaceful new year. Contact Philip on <u>01366 501330</u>, or <u>07759033492</u>. E-mail <u>rosemary.pease@btinternet.com</u>.

HELLO! FROM GLEN COOPER

Group4 News =

Have you ever considered that the people you see on the stage and screen could do a better job? Leonard Rossiter is but one example of someone who considered that many moons ago, and took up acting. I think that you will agree, he did rather well with no previous experience or prior inclination. Now, I'm no Rigsby, (I dress far better) but after years of putting it off, I finally joined an Amateur Dramatics group when I moved to Boughton and I think you should too! It is called The Wissey Valley Players.

We are a small group that convene every fortnight at Wereham Village Hall, an excellent very comfortable building. Here we read through many famous and infamous plays and scripts, and generally have a good chuckle, as we imagine the stories and situations leaping into life off of the page and hopefully...onto the stage. We even read an episode of Fawlty Towers a few weeks ago through the tears, as we remembered the action on the TV. We think we did a pretty good job! But we need more members to move forward...not many more (we aren't looking to put on a version of Ben-Hur) don't worry, as we simply do not have the numbers or even the horses! You can consider this a hobby, as I do, but remember that it's not 'silly' or that you will embarrass yourself, as we are ALL amateurs (I'm more amateur than most) and there isn't one Danny Dyer amongst us, let alone any Sir Ian McKellen or Dame Helen Mirren's!We are, it seems, more pointed towards comedy within the group. I think perhaps this is the best way to develop a confidence and an aptitude to eventually perform. Mistakes are covered more easily if people are already laughing at you because the play is funny! We are open-minded to any new ideas new members may wish to bring to the group. So why not drop our group's founders Keith and Chris a line via email stagestruck 37@hotmail.com and come and join us at our next meeting for free tea and cakes?** **Free status of tea and cakes, plus availability are subject to change!

Guide Dogs For The Blind Tea Party

Saturday December 14th 10.00am until 12.00pm, in Wereham Village Hall.

Thinking about some last minute Christmas shopping, then please come along, where there will be gift stalls, games and cakes. A donation of cakes will always be most welcome, thank you. Your support in raising funds for blind and visually impaired members of our community will be greatly appreciated. For more information contact Pauline on 01366">01366
501484 or hollands2@btinternet.com">hollands2@btinternet.com

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The CONCERT scheduled for December 4th has unfortunately had to be cancelled due to unforeseen circumstances.

THE VILLAGE CINEMA Friday 20th December, The Muppets Christmas Carol.

Starting 7.00pm. Tickets available online. <u>Www.werehamvillagehall.co.uk</u>, from the Hall, or on the door.

WEREHAM CAROL SERVICE

This year the service will be an informal Christmas gathering for all ages. There will be some fun with seasonal readings and musical interludes ...and carols of course, followed by mince pies and hot drinks.

Chicken Liver Pate

Ingredients

1/2lb Butter 8oz Chicken Livers 2 Medium Onions

3 Cloves Garlic (or to taste)

1 or 2 Tbls Green Peppers in Brine (optional)

3 Bay Leaves

Ground Black Pepper

Method

Melt Butter, put all ingredients in pan, simmer for half an hour, remove Bay Leaves.
Blitz. Pour into greased loaf tin.
Allow to cool, then put in fridge to set. Cut into portions.

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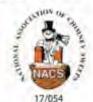
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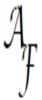


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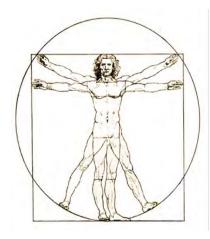
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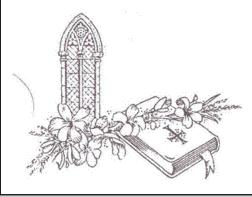
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9.30 am Barton Bendish Breakfast Church

Sunday 5th January

9.30 am	Methwold	Holy Communion
0.00 am	IVICTIIVVCIG	riory Committee

9.30 am Wretton with Stoke Ferry Service of the Word

10.00 am Shouldham Morning Prayer11.00 am West Dereham Family Service

6.00 pm Wereham Evensong

Sunday 12th January

9.30 am	Methwold	Service of the Word

9.30 am West Dereham Holy Communion

9.30 am Shouldham Thorpe Holy Communion 9.30 am Whittington Service of the Word

10.00 am Boughton Breakfast Church

Sunday 19th January

9.30 am West Dereham Service of the Word

9.30 am Methwold Joint service with Methodists

9.30 am Wretton with Stoke Ferry Holy Communion

11.00 am Wereham Holy Communion 11.00 am Shouldham Holy Communion

Sunday 26th January

9.30 am Methwold Service of the Word 9.30 am West Dereham Service of the Word

9.30 am Fincham Holy Communion (BCP said)

10.00 am Wretton with Stoke Ferry All Age Service

11.00 am Boughton Holy Communion

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Holy Communion 10.00am Boughton Thursdays 9th 23rd

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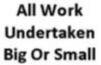
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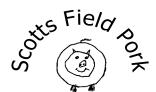
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An extra January quiz.

All the following questions are based on events or anniversaries that took place in the month of January

- 1. Which famous diarist started with a first entry on 1st Jan 1660?
- 2. In January 1877 Queen Victoria was proclaimed as Empress of where?
- 3. In 1959 Castro came to power in Cuba in a revolution that overthrew which dictator?
- 4. 4. The currency of the Euro came into being in which year?
- 5. Born in January 1735, who is best known for his ride warning the Americans of the British plans to raid Lexington and Concorde?
- 6. In 1502, explorers landed at a place they called River of January in South America. Which nationality were they?
- 7. 1892 saw the start of a process whereby 20 million people entered the USA via which island before it closed in 1954?
- 8. Previously known as The Daily Universal Register, which newspaper began publishing in 1788?
- 9. Which commonwealth nation was founded in 1901 with Edmund Barton as the first Prime Minister?

itisH	١٥.
Commonwealth of Australia	.6
The Times of London	.8
Ellis Island	٦.
Portuguese	.9
Paul Revere	5.
1999	4.
Batista	3.
sibnl	2.
Samuel Pepys	٦.



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