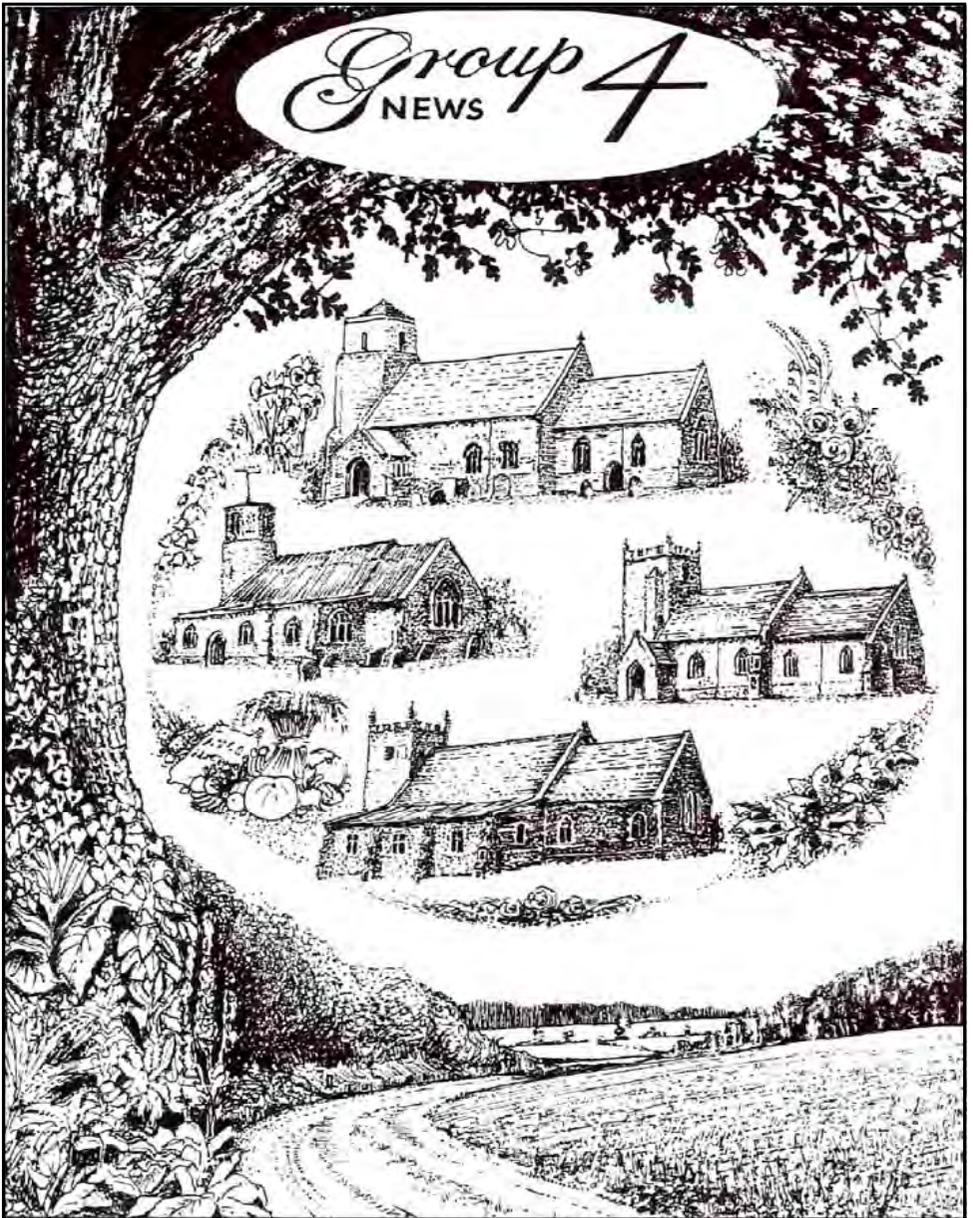


Group 4
NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

February 2013

Cover Illustration drawn by Mark Powell, Beachamwell ©

WELCOME

A Happy New Year to all our readers!

New Year's resolutions? Perhaps you made a resolution to do something new, go somewhere different, improve a skill you've been learning? Save some money? Do you have time to offer to the community or to a group you belong to?

Or did your resolution focus more on not doing something? Give up smoking, drink less, lose weight? Perhaps a fresh start, forgetting old grievances and trying to live peaceably with people we've offended or who have offended us?

Whatever your resolution, may 2013 be a good year for all of us!

As always, 'Happy Reading'
The Editorial Team
Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

© Copyright Group4 News 2010

GROUP 4 TEAM VILLAGE CONTACTS

Barton Bendish: Jill Mason
Sandmere, Church Rd, Barton Bendish
Tel: 01366 347 928
Masons@sandmere66.fsnet.co.uk

Beachamwell: Eileen Powell
20 All Saints Way, Beachamwell
Tel: 01366 328 648
powells@beechamwell.plus.com

Boughton: Pam Wakeling
Robet, Mill Hill Road, Boughton
Tel: 01366 500 429
p.wakeling621@btinternet.com

Wereham: Viv Scott
Orchard House, Flegg Green, Wereham
Tel: 01366 500346
farthings@tiscali.co.uk

Please submit all information through your Village Contacts.

**Deadline for copy:
11th of each month**

ADVERTISING

Lynda Eddy, Tel: 01366 501 308
e:mail: lyndajeddy@hotmail.com

If you use any of the advertisers in the magazine, please mention where you have seen their advertisement.

WEBSITE

www.group4news.co.uk
Kevin Fisher, Tel:01366 502224

'FROM THE RECTORY'



New Rectory
High Street
Fincham nr. King's Lynn
Norfolk
PE33 9AP
01366 348079

Dear All

This month marks the start of Lent. Ash Wednesday falls on 13th February, and the six weeks of Lent follows, giving us a chance to prepare ourselves for Easter. One crucial preparation is prayer, through which we can express our love and thanks to God for all we have and all he provides, and he in turn helps and supports us as only a true friend can.

It is a sign of a good friendship if you can regularly get together without carrying on a non-stop conversation. We are all familiar with the opposite situation, where you are introduced to someone at a party and struggle to keep the conversation going with a mutual lack of interest. Close friends do not have to talk all the time; they can simply enjoy being together.

The same applies in our relationship with God. The Pharisees poured out their 'many words' to him, thinking that there was some virtue in their verbal clutter. Of course we often need to use words in our prayers. But our friendship with God will not deepen much if we never stop talking when we are with him. When we manage to be still and open and ready to listen, we give God space to work in us in ways we never imagined.

Yours in God's service

Barbara

BENEFICE NEWS

Update on the position re women bishops:

Early 2013: House of Bishops meet with lay and ordained women to discuss how women might contribute to its work.

4th February 2013: Women bishops working group to hold discussions with a "wide range of people." House of Bishops then meets to review outcome of those discussions.

May 2013: House of Bishops meets again to discuss elements of new legislative package

July 2013: New legislative package presented to General Synod.

Ash Wednesday is on February 13th and there will be a service of Holy Communion at All Saints', Boughton at 10 am. This replaces the Thursday communion for that week.

Fincham coffee morning will take place on the FIRST Wednesday in the month, the 6th February, reverting to the second Wednesday in March.

Got unwanted Christmas gifts, undrunk Alcohol, uneaten Chocolate?

On the 4th May 2013 the parishes of Shouldham, Fincham, Shouldham Thorpe, Marham, Boughton, Wereham, Beachamwell and Barton Bendish will be holding a Country Fayre at Fincham Memorial Village Hall and Field. The money raised will go to support parish expenses. At Christmas time people can be given gifts that either are never used or they do not want. They often also buy far too much alcohol and chocolate. May we ask that if this has happened to you, would you take a moment to think of the Country Fayre and donate the unwanted presents, chocolate, alcohol, as a raffle or tombola prize. Please contact 01366 347 487 (Sarah Addly) and we will arrange collection. Or alternatively they can be dropped into 1 Fuchsia Cottages or number 8, West Road, Shouldham Thorpe Norfolk PE33 0DP. Thank you in advance.

Fincham Chorus Christmas Carol Concert

As part of Fincham Chorus's ongoing support of St. Martin's church restoration projects they gave a wonderful Carol Concert on 16th December at the church.

The Chorus sang some well known carols and some not so well known. When the audience was asked to participate they did with great gusto.

The church had been decorated for Christmas and many thanks go to the ladies of the village for the trees and floral arrangements. Mulled wine and mince pies were available during the interval, again thanks go to the ladies who prepared and served them. The concert ended with both the Chorus and audience giving a rousing rendition of 'White Christmas' The money raised for church funds was in excess of £500: £250 of this will go towards the restoration of the medieval window. *Christine Callaby*

Church electoral rolls: In accordance with the Church Representation Rules, 2013 is a year in which an entirely new church electoral roll must be prepared in advance of the annual parochial church meeting in every parish in the Church of England. All the information you need can be downloaded at the [Electoral Roll Forms](#) section of the diocesan website.

Deanery Lent Courses

The theme is Heroes of the Old Testament. All on Mondays and all start at 7:30pm.

18th February	Whittington	Rahab
25th February	Denver	Daniel
4th March	Methwold	Abigail
11th March	Downham Mkt	Moses
18th March	Wimbotsham	Abraham

Benefice Lent Course

My course is called 'Finding a Voice' and is based on 'The King's Speech.' All sessions at the Rectory starting at 7pm. The first will be on Friday 15th February in order to see the film. Thereafter sessions are on Tuesdays:

19th February, 26th February, 5th March, 12th March, 19th March

Each will last for no more than an hour, with refreshments afterwards. All welcome. *Barbara Burton*

**FROM APRIL 2013
YOUR BIN
SERVICE IS CHANGING**

For more information
please visit
[www.west-norfolk.gov.uk/
refuseandrecycling](http://www.west-norfolk.gov.uk/refuseandrecycling)
or call us on
01553 616200.

@westnorfolkbc

Borough Council of
King's Lynn &
West Norfolk

Sunday 3rd February at 7:00pm in Downham Market Methodist Church.

Coro Stellante Ladies Voices

will be performing a concert entitled 'From Dusk 'til Dawn', featuring fabulous nightmusic by Rheinburger, Brahms, Schumann and Laurisdén.

Conducted by Michael Kibblewhite and accompanied by John Byron on piano, tickets are £10/£8 concessions and available from tickets@corostellante.org.uk , 01485 579100, or on the door. For more information please visit www.corostellante.org.uk

COUNTRYSIDE NOTES

Organizations

It never ceases to amaze me how many organizations there are to cater for every possible interest. I wish I had more time (and money) to belong to more than I already do. Obviously being outdoor sort of people the ones David and I belong to are all countryside/wildlife orientated. Like many people we subscribe to the RSPB. I have reservations about some of the things they do, say and support but membership entitles you to free access to a large number of reserves across England and Wales. We also belong to Norfolk Wildlife Trust (NWT) which owns quite a number of nature reserves across Norfolk. They hold regular meetings round the county (the nearest to us are at Watton) with talks in winter and outdoor trips and walks in the summer. David subscribes to the Wildlife and Wetland Trust who manage Welney reserve and also places like Slimbridge and the London Wetland Centre in the centre of London. Perhaps the best local organization though for those keen on birds is NarVOS or to give it its full title Nar Valley Ornithological Society. Membership is very reasonable at £15 per couple and for that you get emailed a monthly news letter (£2 extra a year if it is posted) monthly meetings with guest speakers, an update of local birds sightings, tea, cake and time for a chat. The Barn Theatre at the Convent at Swaffham provides a super venue. Unlike some bird watching groups which comprise of out and out twitchers NarVOS suits people with varying degrees of interest in birds and the people running it are very enthusiastic (Allan Hale for one) and from time to time organize outdoor trips. As an additional bonus NarVOS publish an extremely informative annual report. The internet is another source of unlimited information and it's really interesting to be able to find out what is going on in other places. A website we often look at is for the Scottish island of Islay in the Inner Hebrides. It's an island we've both fallen in love (the whisky from their eight or nine distilleries isn't bad either!) and there is a daily report posted on <http://islaybirds.blogspot.co.uk>

Regarding my article about winter visitors to Norfolk in the December issue of G4 as I predicted there has certainly been an influx of waxwings this year. They have been seen in several places round about. At first they were feeding on guelder rose berries and latterly on rose hips. If ever there was a case for leaving hedge cutting until the end of winter this is it. They are a beautiful exotic looking bird about the size of a starling with reddish-buff coloured plumage and a large crest and a touch of yellow and bright red on their wingtips (hence the name waxwing). They go about in small groups and are surprisingly tolerant of people so keep an eye open for them.

Jill Mason

GARDENING TIPS

Welcome to gardening 2013! What will this new season bring us? Let us hope that we shall at least have an average year and not another horribly wet summer. However, a climate study over a long period definitely shows a pattern of alternating periods of dry and wet conditions, and I regret to say I personally think we are in for a period of wetter summers than we had become used to until 2012. We shall just have to wait and see what actually happens! As I write this, early in January, there are signs that the weather is going to become a little more settled but in so doing it will probably get much colder so check over your more tender subjects to ensure they are well protected.

With all the very wet weather we have had so far no doubt the winter digging has been somewhat delayed – it is important that this is completed at the earliest opportunity. In the past when we have had similar conditions I have abandoned any winter digging that has not been completed and instead I have waited for the ground to dry out and warm up a little and then started digging in March planting as I went along.

Generally speaking, there is very little we can do in the garden in February other than to keep an eye open for any damage to plants or installations due inclement weather. Outside work this month is entirely down to the weather conditions. Quite often we get a period of warmer and drier conditions lasting for about a week or so between the middle and the end of the month. I like to use this time to lightly fork over as many flower beds as possible removing any weed growth, old leaves and dead and decaying plant material at the same time. This opens up the surface of the soil to allow air and warmth to penetrate into what, at that time of the year, has become a very cold and fairly solid mass.

I always make my own potting composts using the old John Innes formulae and I must apologise for omitting this item from my December/January notes. I like to get mine made in January to give the compost materials time to settle and absorb the nutrients added during the mixing process – rather like marinating in some food preparation. But if you want to make your own compost it is not too late to do the job at the beginning of February. The J.I. formula I use, using a 1gallon (4.6ltr.) bucket is as follows: -

7 parts (preferably sterilised) loam (I use top soil from the Downham Market Garden Centre)

3 parts peat (or similar material)

2 parts horticultural grit sand

For J.I. No.1 add 4oz (113 gms) John Innes Base fertilizer (or the equivalent of another brand) and $\frac{3}{4}$ oz (21gms) garden lime.

For J.I. No. 2 add 8oz of Base and $1\frac{1}{2}$ oz lime

For J.I. No. 3 add 12oz of Base and $2\frac{1}{4}$ oz lime

Thoroughly mix all components together – working round the heap, turn everything three times. If you want to make a slightly stronger mix you can always add an appropriate amount of Blood, Fish and Bone or, if you are preparing a mix for large containers to hold strong growing plants, add a bucket of well-rotted farmyard manure.

For those of you who have a heated greenhouse then February is really the start of the gardening year. Some of you may well have made a start in January if specialising in particular areas like onions for the show bench or January sown sweet peas. I like to get my greenhouse tomato seed sown and placed in a propagator early in the month followed a week or so later with other seeds that take a long time to develop into a size suitable for pricking out like lobelia. About the middle of the month bring over wintering plants like chrysanthemums and carnations into the warmth of the greenhouse to encourage the growth of new shoots so that cuttings can be taken early to mid March. If you have the facilities a little extra heat under the pots housing these plants will bring them into growth that much more quickly. *Roy Coughtry*

CHICKEN, BARLEY AND CARROT SOUP

After all the rich foods we have consumed over Christmas, I like to do this warming soup, especially good on a cold winter's day. It's a good way to use up any leftover chicken after you have had a roast chicken.

Ingredients

1 tbsp vegetable oil

1 lb carrots peeled and sliced

2 pts chicken stock (if you're good you can make your own by boiling up the chicken carcass after removing all the meat) I often use Knorr stockpot cubes.

1 leek cleaned and sliced

3 oz pearl barley

6 oz chicken, break into bite sized pieces

4 oz vegetables. I like peas, green beans or broccoli. If you have any leftover cooked vegetables, these will do nicely

Heat oil in large pan, add carrots and leeks. If you are using any other vegetables, add these as well. Sauté over low heat for 5 mins. Add stock, pearl barley, chicken and potatoes and season well.

Bring to the boil, cover and simmer for 25 mins or until the pearl barley and other vegetables are tender. If using any cooked vegetables stir them in and return to the boil. Simmer for one minuted

If you have any parsley, chop it and sprinkle over the soup after you have ladled it into bowls.

I like to serve it with homemade soda bread (so simple to make) or a nice fresh, crusty roll. *Wendy Roberts Boughton*

"Bring them - Don't Bin Them!": Norfolk County Council in new drive to recycle more old electricals that have lost their spark

"Bring them - don't bin them" is a new drive to encourage people not to chuck their waste electrical and electronic equipment (WEEE) in the bin, but to take it instead to one of the county's 20 main recycling centres. And as a reward, residents who bring unwanted electricals to any of the sites can enter a prize draw, with the chance to win £100-worth of vouchers every three months for the next nine months. The amount of electrical waste we throw away in the UK is increasing by around 5% each year, making it the fastest growing waste stream. Sadly, the estimates also show that 75% of waste electronics end up in landfill*. That's despite the fact that almost every single part of an electrical or electronic item can be recycled because it's packed full of valuable materials including gold, silver and copper. Norfolk's main recycling centres accept all types of unwanted electricals for recycling. Essentially, if it plugs in, uses batteries or needs charging, it can be recycled. To find out more about recycling unwanted electricals, the "Bring them - don't bin them" campaign and how you could be in with a chance of winning shopping vouchers, please visit www.norfolk.gov.uk/weee Typical items that can be recycled at Norfolk's main recycling centres include:

*High-tech electronics - Phones, mobile phones, remote controls, chargers, radios, VCRs, digi-boxes, speakers, hi-fi units, electronic toys

*Personal care - Hairdryers, hair straighteners, electric toothbrushes, hair trimmers, shavers, hair curlers, facial saunas, power showers

*Small kitchen appliances - Kettles, toasters, irons, blenders, smoothie makers, sandwich toasters, coffee machines, food processors, bread makers, electric scales

*DIY and garden electricals - Drills, power tools, garden shears, strimmers, sanders, angle grinders, chainsaws, lawnmowers, garden sprinklers

*Bulky electricals - TVs, fridges, freezers, microwaves, dishwashers, washing machines, tumble driers

Many electrical retailers run take back schemes which can be used when you buy new electrical or electronic items.

If the item is still working, but you just don't want it anymore, you might be able to give it a second home by selling it on an online auction site, or by donating it to Freecycle.

(This article has been heavily edited because of space limitations. Ed.)

INCINERATOR UPDATE

Around 400 people attended the Pre Inquiry meeting (PIM) at Lynn Sport arranged on behalf of the Planning Inspectorate. It was an important meeting and it mattered that people came. Norfolk County Council Letters and an email sent the day before the meeting caused confusion leading some to think the meeting was not happening. If it had not been so well attended the Planning Inspector would have gained the impression people do not care what happens to West Norfolk, it would have been very unhelpful. Terrible sound quality meant few could hear what was said. Despite this difficulty the Planning Inspector went out of his way to treat people with respect and help them understand the inquiry process that lays ahead. When the main Inquiry starts in February it is expected that the sound quality will be much improved. If anyone wishes to speak at the inquiry they still can, write or send an email to Robert.cook@pins.gsi.gov.uk 3/02 Wing, Temple Quay House, 2 The Square, Bristol, BS1 6PN. **Ref: APP/X2600/V/12/2183389**

They would like some idea in advance what you wish to say. There have been a number of venue changes and there may be more to come. The first day of the inquiry will be at King's Lynn Corn Exchange starting 10am February 26th 2013. The rest of that week it will be held at the Professional Development Centre, Kilham Way just behind King's Lynn fire station. It is important people come along to the inquiry as it is our best chance of defeating the incinerator we must make the most of it. Nearer the time details will be published at www.KLWIN.com and farmerscampaign.org Please support us by coming to the inquiry and fund raising events. The first Coffee morning of 2013 is 26th Jan 9am till midday. On 9th Feb at 7pm we have our curry night Bollywood style. Both events are at **Fairgreen, Farms, Hill Road, Fair Green Middleton, PE32 1RN**

Mike Knights Vice Chairman KLWIN



WEST NORFOLK HEALTH TRAINER SERVICE

The Health Trainer Service is a **free service** funded by NHS Norfolk & Waveney PCT and is staffed by Health Trainers who are recruited from local communities. The Health Trainers are trained to work on a one-to-one basis to help members of the public improve their health. They can help support people who want to make positive lifestyle changes which could include helping them **take more exercise, eat healthier, stop smoking or reduce their alcohol consumption.**

Health Trainers are not personal trainers or physical instructors and do not give medical advice but they do work in partnership with people to help them choose their own health goals and be supported by the service to achieve these targets. A Health Trainer will

meet their clients at a time and place that suits the individual. Health Trainers can arrange up to six confidential meetings on a one-to-one basis to support successful lifestyle changes and refer people to relevant specialist services or groups to help them become healthier. For more information contact the Health Trainer Service on 01553 782629.

SHROVE TUESDAY

also known as **Pancake Tuesday**, **Pancake Day**, Mardi Gras, and Fat Tuesday) is the day preceding Ash Wednesday, the first day of Lent. This year it will be on Tuesday February 12th. Shrove Tuesday is linked to Easter, so its date changes on an annual basis. In most traditions the day is known for the eating of pancakes before the start of Lent. Pancakes are associated with the day preceding Lent because they were a way to use up rich foodstuffs such as eggs, milk, and sugar, before the fasting season of the 40 days of Lent. The liturgical fasting emphasized eating plainer food and refraining from food that would give pleasure: In many cultures, this means no meat, dairy, or eggs.

The word *shrove* is the past tense of the English verb *shrive*, which means to obtain absolution for one's sins by way of Confession and doing penance. Thus Shrove Tuesday gets its name from the shriving that English Christians were expected to do prior to receiving absolution immediately before Lent begins. Shrove Tuesday is the last day of "shrovetide", rather like the *Carnival* tradition that developed separately in countries of Latin Europe. Catholic and Protestant countries (outside of those mentioned above) traditionally call the day before Ash Wednesday "Fat Tuesday" or "Mardi Gras". The name predated the Reformation and referred to the common Christian tradition of eating special rich foods before the fasting season of Lent. In many countries it is known as Carnival . It is often celebrated with street processions and/or fancy dress. The most famous of these events is the Brazilian Carnival in Rio de Janeiro, while the Venetians celebrate carnival with a masquerade. The use of the term 'carnival' in other contexts derives from here. In England, as part of community celebration, many towns held traditional Shrove Tuesday "mob football" games, dating as far back as the 12th century. The practice mostly died out in the 19th century, after the passing of the Highway Act 1835, which banned playing football on public highways. Shrove Tuesday was once known as a "half-holiday" in England. It started at 11:00am with the ringing of a church bell.^[8] On Pancake Day, **pancake races** are held in villages and towns across the United Kingdom. The tradition is said to have originated when a housewife from Olney was so busy making pancakes that she forgot the time until she heard the church bells ringing for the service. She raced out of the house to church while still carrying her frying pan and pancake. The pancake race remains a relatively common festive tradition in the UK, and England in particular, even today. Participants with frying pans race through the streets tossing pancakes into the air, catching them in the pan **whilst running**. In Olney today, a pancake race still takes place every year on Shrove Tuesday.

ASH WEDNESDAY

Ash Wednesday, in the calendar of the church, is the first day of Lent and occurs 46 days before Easter. It is a moveable fast, falling on a different date each year because it is dependent on the date of Easter. It can occur as early as February 4 or as late as March 10. This year it will be on February 13th and there will be a service in All Saints', Boughton at 10 am.

According to the gospels of Matthew, Mark and Luke; Jesus spent 40 days fasting in the desert before the beginning of his public ministry, during which he endured temptation by Satan. Ash Wednesday marks the beginning of this 40-day period of prayer and fasting.

It derives its name from the practice of placing ashes on the foreheads of adherents as a sign of mourning and repentance to God. The ashes used are typically gathered after the palms from the previous year's Palm Sunday are burned.

This practice is common in much of the Christian world, being celebrated by Catholics, Anglicans, Lutherans, Methodists, Presbyterians, and some Baptist denominations.

Services are held on this day and ashes are imposed on the foreheads of the congregation. The priest, minister, or in some cases officiating lay person, marks the forehead of each participant with black ashes in the sign of the cross, which the worshipper traditionally retains until it wears off. The act echoes the ancient Near Eastern tradition of throwing ashes over one's head to signify repentance before God (as related in the Bible).

The priest or minister says one or both of the following when applying the ashes:

Remember that thou art dust, and to dust thou shalt return.

—Genesis 3:19

Turn away from sin and be faithful to the Gospel.

—Mark 1:15





Church Road, Barton Bendish

**Traditional village Inn offering luxury accommodation
and restaurant with AA Rosette**

Open 7 days a week

Real ales, good food and a warm welcome



Open Monday to Saturday

from 12 noon to 11 pm

Sundays from 12 noon to 10 pm

**Locally sourced, home cooked food
served every day**

La Cimbali Viaggi Coffee Machine

**Enjoy our extensive gardens & unique Children's Play Church
Tower, traditional deckchairs, & large multi coloured bean bags**

Free Wifi available in the pub, gardens & rooms

**Come and try out our speciality coffees and chocolate including
Nestle Grand Cru Coffee and Cailler Swiss Chocolate - even more
delicious served with homemade cakes**

**Check out the website for details of all the menus
and the diary of events - www.theberneyarms.co.uk**

or call 01366 347995

Phil, Sue and the team will be happy to help with any enquiries

**Premier
Holiday accommodation
in Wereham
overlooking the pond**

**4* very comfortable, well
equipped 4 bedroomed house
Sleeps 10, 2 bathrooms**

Ideal if you have family or friends visiting

Good discounts available for
Group 4 News readers!

For more details please Tel Debbie
or Ian Rye 01366502083 or
07506689800 or see website
www.wix.com/ryeholidays/theoldschoolhouse

Bed & Breakfast
Rose Cottage

*Downham Road,
Fincham,
Norfolk,
PE33 9HF*

Reasonable Rates 01366 347426



*Featured in Which?
Good Bed &
Breakfast Guide*

K.J.Catering Services

21 Main Road Brookville,
Thetford, Norfolk

**01366 728858
or 07542 923909**
kjcaterring@btconnect.com

www.catererssuffolkandnorfolk.com

**Outside Catering
And
Hog Roast &
Bar-B-Q
Specialists**

K.J.Bar Services

**Fully Licensed
for all occasions**

K.J Catering is a
family business based on
quality food and service

The Bedingfeld Arms

Coaching inn



A stone's throw from Oxburgh Hall

We are open 7 days a week

Serving cask ales, fine wines, frothy coffee & exotic teas!

Sunday Lunch 12 - 3 pm

(choice of roasts & a variety of Bar Menu favourites)

Coffee morning from 11am every Wednesday

Senior citizen Fish & Chips every Thursday lunch - £5.95

Mon & Tues evening dine out from Bar Menu Specials - £10 Deal

(Check website for details or call 01366 328 300)

Sunday Evenings – Happy to host Charity events as kitchen closed but bar open and log fire still burning! Contact us to register your charity on our list – first come, first considered!

Accommodation for staff needed in village. Consider taking in a lodger and discover the tax free income (and company)!

Bed & Breakfast

5 Cosy & tastefully decorated Coach Rooms & 4 individual, feature rooms with village views

**For bookings, reservations and enquires please contact us on
01366 328300 – info@bedingfeldarms.co.uk**

Beachamwell Book Group

Tuesday February 5th

7.00 - 9.00pm

Beachamwell Memorial Hall

Book to be discussed at this meeting

'The Red Queen' by Phillipa Gregory

£2.00 + Bring & Buy Bookstall

All welcome

Enquiries:

Leah Spencer 01366 328536

Beachamwell Wednesday Walkers

Wednesday February 6th

Meet at 10.30am outside
Beachamwell Memorial Hall

Walk will be
approximately 2½
miles

Enquiries:

Sue Pennell 01366 328452



Beachamwell WI

Thursday February 7th

7.30pm

Beachamwell Memorial Hall

'Travels in South America
& China'

Mr Steve de Roeck

Enquiries:

Jenny Gabrielsen 01366 328297

Breckland Society

'Roman Roads in the
Landscape'



Friday 8th February 2013, 7.00 pm

A talk by archaeologist James
Albone in Barnham Village Hall.

Directions: Access is off the A134
Thetford-Bury road. Coming from
Thetford go straight on at the traffic lights,
ignoring the signed turning to Barnham
on the left. Then take the next left, also
signed Barnham.

The Village Hall is the first building on
your right.

Members £4.00, non-members £7.00,
(includes refreshments).

Further information from:

www.brecsoc.org.uk or
email: info@brecsoc.org.uk

Beachamwell

Scrabble

**Wednesday
February 13th
2 - 4pm**

Orchard House,
The Street
Beachamwell

Enquiries:
Sonia Williams 01366 328774



Boughton Winter Coastal Walk

Once again, we are organising a winter walk, taking in the spectacular scenery to be found around the Norfolk Coast. Just the thing to blow away the cobwebs,

**Sunday February 17th 2013, followed by a
pub lunch**
(NB Different pub this year)

Please contact Mark or Sue
on 01366 500461 or
e:mail mark@pogmore.myzen.co.uk
to book your place

Everybody Welcome

'A Boughton Village Caravan Production'

Beachamwell Afternoon Tea and a Chat

**Wednesday
February 20th
2 - 4pm**

Beachamwell
Memorial Hall

Enquiries
Graham & Sonia Williams
01366 328774

Nar Valley Ornithological Society (NarVOS)

Tuesday 26th February 2013, 7.30pm at
the Barn Theatre, Sacred Heart Convent
School, Swaffham. Access & parking
from Sporle Road. Please come along to
this illustrated talk by Simon Tonkin,
entitled:

FARMLAND BIRD CONSERVATION IN NORFOLK

Simon Tonkin is a Norfolk-based Senior
Farmland Conservation Officer for the
RSPB

Visitors most welcome. Admission £2 on
the night if you are not a NarVOS
member.

For more information about this meeting
or NarVOS call Ian Black on 01760
724092

'A Career as a Cold War Soldier'

Presentation by

Lt Col Ian Berchem

Friday 22nd February

7.30pm

Barton Bendish Village Hall

Tickets £3.50 including refreshments

For more details or to book your tickets
please contact

Linda 347563 or Mhari 347849

In aid of St Andrew's Church Funds

**Beachamwell
Craft Group**

Thursday February 28th

2 – 4.30pm

Beachamwell Memorial Hall

Bring along something you are
already working on or start a new
hobby in a friendly group of like
minded people.

£2.00 + Bring & Buy

All welcome.

Enquiries:

Leah Spencer 01366 328536



'Tanguissimo'

The Clarinet Connection

www.theclarinetconnection.co.uk

Sunday February 24th 7.30pm

Swaflham Assembly Rooms

£7.00 for members

£10 non-members

Accompanied children free

Tickets from

Green Parrot 01760 724704

Ceres Bookshop 01760 722504

Enquiries

Eileen Powell 01366 328648

**'Wild Breckland'
An Illustrated Talk
by David Mason**

Boughton All Saints'

Village Centre

Saturday 16th March, 7:30pm

**Come and join us for a fascinating evening
on the history of the Breckland supported
by David's superb photographs of the
wildlife and landscape of the area**

Tickets £5 including light refreshments

Please contact Sue on 01366 500461 or

Debbie on 01366 502224

to book your place

'A Boughton Village Caravan Production'

FINCHAM HISTORY SOCIETY

Wednesday March 20th

7.30 pm

'From Bastards to Burials or what has
Parliament ever done for us!'

A Look at the effects of Parliamentary
Acts on Fincham.

Fincham Memorial Hall

Labradors For Sale

**3 Yellow Bitches
1 Black Dog
1 Black Bitch**

**Born 30 10 2012
Have had first two vaccinations
Kennel Club Registered**

Viewing recommended

Enquiries:
Louise: 01366 384051 or
07933766241

Barton Bendish Film Club

Barton Bendish Film Club
presents: '**Quartet**' At Barton
Bendish Village Hall **on Friday
15TH March 7:30pm**

"Dustin Hoffman directs a stellar
cast in this bittersweet tale of
ageing opera singers forced to
face their mortality. Moving,
amusing and truthful, the film is a
modest, not unduly sentimental
work that touches in a light but far
from slight way on subjects that
will eventually be faced by all of
us".

Starring Andrew Sachs, Billy
Connolly, Maggie Smith, Michael
Gambon, Pauline Collins,
Sheridan Smith, Tom Courtenay
Running time 90 minutes.

Kindly underwritten by David
Mason.

Tickets £4 in advance £5 on the
door;

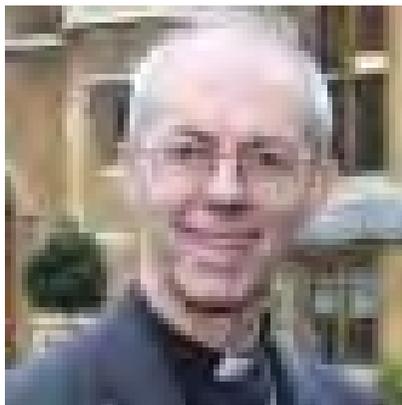
Box office: 01366 347849
email: cinemabarton@gmail.com
or see our website at:
[http://
bartonbendishfilmclub.btck.co.uk](http://bartonbendishfilmclub.btck.co.uk) f
or details.

COMMUNITY NOTICE BOARD DIARY DATES

2013

1. **March 5th** Tuesday. Beachamwell Book Group 7 - 9
Leah Spencer 01366 328536
2. **March 6th** Wednesday Walkers Beachamwell Memorial Hall 10.30
Sue Pennell 01366 328452
3. **March 7th** Thursday. Beachamwell WI. '7 Ages of Women through Humorous Poetry' *Jenny Gabrielsen 01366 328297*
4. **March 11th** Monday. Beachamwell Parish Council Meeting BMH 7.30
Eileen Powell 01366 328648
5. **March 16th** Saturday. 'Wild Breckland'" Talk by David Mason. All Saints' Church, Boughton *Mark & Sue Pogmore 01366 500461*
6. **March 20th** Wednesday. Afternoon Tea & A Chat Beachamwell 2 - 4
Graham & Sonia Williams 01366 328774
7. **March 20th** Wednesday. Annual Parish Meeting 7.00 Ordinary Parish Council Meeting 7.30 Barton Bendish Village Hall
Ian Berchem 01366 347 759
8. **March 28th** Thursday. Beachamwell Craft Group 2 - 4.30
Leah Spencer 01366 328536
9. **June 9th** Sunday Boughton Open Gardens
Pam Wakeling 01366 500429
10. **June 16th** Wereham Open Gardens
Lizzie Baddock 01366 500233
11. **June 23rd** Sunday Gardens Open 12 noon—5pm Beachamwell
Alan Butler 01366 328817
12. **July 27th & 28th** Saturday & Sunday Joint Flower Festival Barton Bendish & Beachamwell *Mhari Blanchfield 01366 347849, Gill Sanderson 01366 328818*
Linda Webster 01366 347563, Sonia Williams 01366 328774
13. **August 18th** Sunday Beachamwell Horticultural Show
Carol Wilson 01366 328628
14. **August 25th** Sunday Beachamwell Fun Day
Matt Brown 01366 328002

When will Justin Welby officially become Archbishop of Canterbury?



Tuesday 1st January 2013

Dr Rowan Williams, 104th Archbishop of Canterbury, stepped down from the position on 31st December 2012. Justin Welby, Bishop of Durham, was named as his successor on 9th November 2012.

Bishop Justin's name was submitted to the Prime Minister by the Crown Nominations Commission after a consultation process to determine the needs of the diocese of Canterbury, the Church of England nationally and the wider Anglican Communion.

Consideration of possible candidates took place over several months, and on the Commission's recommendation the Prime Minister put Bishop Justin's name forward to Her Majesty The Queen. The announcement of his nomination was made by 10 Downing Street on 9th November 2012.

On 10th January 2013, the College of Canons will meet in the Chapter House of Canterbury Cathedral to elect Bishop Justin as the new Archbishop, having received the Congé d'Élire and Letter Missive from the Crown authorising the Election to take place.

A further legal ceremony, the Confirmation of Election, will take place on 4th February 2013 at St Paul's Cathedral. The Dean of Canterbury will report to a commission of senior diocesan bishops chaired by the Archbishop of York that Bishop Justin has been elected according to statute, and the Archbishop of York, on behalf of his fellow bishops and the wider Church, will confer on him the 'spiritualities' of the diocese of Canterbury.

At this point, he becomes the Archbishop of Canterbury - until then he remains Bishop of Durham.

On 21st March, after paying Homage to Her Majesty in his new role, his public ministry will inaugurate in a service at Canterbury Cathedral, to which bishops from the whole Church of England, Primates of the wider Anglican Communion and many ecumenical guests will be invited. The new Archbishop will be installed in two places in the Cathedral - the diocesan 'cathedra' in the Cathedral Quire as the bishop of the diocese of Canterbury, and the Chair of St Augustine as Archbishop of Canterbury.

From the Church of England website

Things You Never Hear in Church

1. "Hey! It's my turn to sit in the front pew!"
2. "I was so enthralled, I never even noticed your sermon went 25 minutes overtime."
3. "Personally I find witnessing much more enjoyable than golf."
4. "I've decided to give our church the \$500 a month I've been sending to TV Evangelists."
5. "I'll volunteer to be the permanent teacher for the Junior High Sunday School class."
6. "Forget the denominational minimum salary. Let's pay our pastor so he can live like we do!"
7. "I love it when we sing hymns I've never heard before."
8. "Since we're all here, let's start the service early!"
9. "Pastor, we'd like to send you to this Bible seminar in the Bahamas."
10. "Nothing inspires me and strengthens my commitment to the Lord like our annual stewardship campaign."

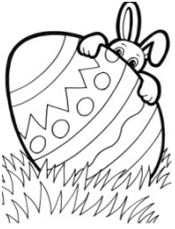
The Lighter Side of Talking to God

A man walking on the beach was deep in prayer. Then God spoke to him saying that because he had always been faithful, one wish would be granted to him.

The man said he wanted a bridge to Hawaii so he could drive there. God said his materialistic wish was too difficult and it would take too many natural resources, and that he should think of another wish.

The man thought for a time, then said he wished that he could understand his wife, know her feelings, what she wants, and why she gives him the silent treatment and says nothing is wrong.

The Lord thought, then replied, "You want two lanes or four lanes on that bridge?"



Easter Holiday Club 2013

First of all we would like to apologise that there was no Holiday Club during the Summer Holidays last year. This was unavoidable due to family circumstances.

Easter Fun Seekers Holiday Club

A two day fun packed event for 5 -11 year olds.

Community Centre,

James Bradfield Church of England School Stoke Ferry

Tuesday 9th & Wednesday 10th April 10am – 3pm

Bring a packed lunch, but drinks and snacks provided.

£4 per child

PAINTING GAMES STORIES CRAFT

CHOCOLATE FOUNTAIN

Application forms from The Office, James Bradfield C of E Primary School

Or from Carol Nicholas-Letch: Honey Tree, Furlong Drove, Stoke Ferry.

01366 500704

Places are limited so book early

If you would like to help at the Club-we always need helpers-

or have any queries please have a word with Carol

or ring her on the above number

The Holiday Club is run by The Church of England in conjunction with James Bradfield School.

It is non-profit making and Leaders are CRB checked.

JAMES BRADFIELD SCHOOL

Dates for your diary

01/02 Lowry Maths Café 2pm

06/02 County Library Workshop Day

14/02 Valentine Craft Afternoon

Mon 18/02 to Fri 22/02 Half term Holiday

01/03 Monet Class Story Café 2pm

01/03 School portrait photographs

At the time of this being submitted to the Editor, we have only been back to school for a week, so unfortunately we do not have any photographs to put on. The children are settling back into the routine of school and are all working hard.

Story, Reading and Maths Cafés Our series of afternoon cafés have restarted. They all work the same way but are aimed at different age groups. Parents, friends and siblings are invited into school from 2.00pm on the day of the café. Each café has it's own theme, a story is read out and this is followed by a craft activity connected to the story. Tea, coffee, and biscuits are provided to give it that café feel. So do come along and join in. Our evening Café was a great success last year and we are in the process of organising another one.

Do you have some spare time on your hands? Would you like to volunteer in school? We are looking for adults to come into school and listen to children read. Monet class (our reception/year 1 class) are also looking for volunteers in the afternoon to help with painting and other art projects. If you are interested, or not sure but would like to find out more, please come into school and speak to the teachers.

Carol Singing in the village Thank you to all the villagers who supported Lowry class when they went carol singing around the village (and to Thomas Bonnetts who let them sing in their shop!). Lowry class raised £50.04 which has been sent to the charity Shelter.

Severe Weather The school will not normally close because of snow but we will close if staff can't get here, the heating or power fails, or if there are other reasons beyond our control. In this case, closure information is available from:BBC Radio Norfolk or KLFM Radio,. Local Authority website on www.schoolclosures.norfolk.gov.uk

Local Authority telephone on 0844 800 8019 after 7.15 am.

ST MARTIN AT SHOULDHAM SCHOOL

We welcome Mrs Sole to school as our Nursery teacher from January 2013. Mrs Sole has been working in the Nursery since Mrs Bressani left us and has done sterling work as part of the Early Years Foundation Stage team. Thank you to parents for all your support during this time of transition. We are sure that Mrs Sole will be a very popular and effective Nursery teacher and a valuable member of the staff team. As you probably know, Mrs Beasley will be leaving us at February half term to begin her maternity leave. We will be very sorry to see her go but are confident that she will be returning to school after a period of leave. We have appointed Mrs McLeman to replace her from February half term but she will be in school before this to get to know the pupils. We also welcome to school two PGCE students from UEA who will be working with the Explorers and Investigators classes during the next two terms. We welcome work experience students and college placement students into school – please pass this information on to your families and friends in the wider community.

Music lessons and School Band Miss Mould is always keen to take on more young pupils for the clarinet or keyboard, and so are peripatetic music teachers for the guitar, fife, flute, trumpet, cornet and viola. The fees charged are very reasonable and the lessons provide a gentle introduction into music lessons. All pupils taking music lessons, and other interested pupils, are invited to join the school band. This takes place each Thursday between 1.00pm – 1.40pm. We have a very enthusiastic percussion section that is the talk of Downham Market. We are fortunate this year that Year 3 and 4 pupils take part in string (viola, violin and cello) lessons provided by the County Music Service. Our Year 5 and 6 pupils take part in xylophone lessons. Our Year 2 and 3 pupils take part in mixed music activities and singing. We are planning to enter two groups into the Norfolk Music Festival in the Spring. Our Gifted and Talented pupils take part in half termly orchestra sessions with other pupils from the Downham Market Cluster schools.

Hire of school premises ~ Hall, Meeting rooms and Ecolab We already offer the school hall out for hire for parties, sports activities, holiday clubs and private clubs. We keep the costs at a very reasonable level by having a key holder system, whereby an adult can use the key to gain access to the premises, prepare and clear up at their convenience. We are also offering the hire of the Ecolab on a similar basis for parties, clubs, small functions or meetings. Charges will depend on the nature of the activity and group. The Ecolab has self contained toilets and good sized kitchen area with a cooker, 2 hobs and fridge. Please ask at Reception if you wish to view these facilities and for prices.

Zumba & Toning Zumba sessions have resumed in the Ecolab on a Friday morning 9.30am – 10.30 am followed by a Legs, Tums and bottoms session from 10.30am – 11.00am. These are popular sessions and are open to anyone in the local community.

Terracycling/Recycling We are collecting the following items for recycling this term: Pens, markers & highlighters, Ellas Kitchen packaging and other baby food ouches, Kenco Eco refill packaging, Tassimo T discs and foil outer wrappers. We are no longer collecting toothbrushes or toothpaste tubes.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Royal British Legion Poppy Appeal November 2012

Coffee Morning	£368.75
Donations received later	25.00
Sale of poppies in Barton Bendish and Eastmoor	131.73
Sale of poppies in The Berney Arms	56.26

A total of £581.74 has been donated to the Downham Market branch of the Royal British Legion

Grateful and sincere thanks to all who donated so generously, who gave raffle prizes, cakes, refreshments and many items for stalls. All helpers who gave so generously of their time and everybody who came along to have a cup of coffee and enjoy a social morning. Mascot Laddie was a popular attraction and enjoyed by all. *Freda Rumball.*

Wreath Making

The two wreath making evenings proved as popular as ever with a full house both times. Linda and Mhari's hard work raised just over £700.

Christmas Trees/Hall of Stalls

The Christmas Tree Festival once again brightened up St Andrew's with 21 trees. The installation of electric sockets made it possible to have some of the trees and decorations lit up. Meanwhile the Hall of Stalls in the Village Hall (which overflowed into the church) also attracted a lot of attention and we were kept very busy in the kitchen with Maureen's bacon rolls proving to be a priority for many of the visitors.

Barton Bendish Film Club

Barton Bendish Film Club presents: **'Quartet'** At Barton Bendish Village Hall **on Friday 15TH March 7:30pm**

"Dustin Hoffman directs a stellar cast in this bittersweet tale of ageing opera singers forced to face their mortality. Moving, amusing and truthful, the film is a modest, not unduly sentimental work that touches in a light but far from slight way on subjects that will eventually be faced by all of us". Starring Andrew Sachs, Billy Connolly, Maggie Smith, Michael Gambon, Pauline Collins, Sheridan Smith, Tom Courtenay Running time 90 minutes. Kindly underwritten by David Mason. Tickets £4 in advance £5 on the door; Box office: 01366 347849 email:cinemabarton@gmail.com or see our website at: <http://bartonbendishfilmclub.btck.co.uk> for details.

News from St Andrew's

Our work on the church has continued through the winter months. The electric sockets and heating were finished in early November and have been used in the Remembrance service and during the Christmas Tree festival ,when it was lovely to also be able to plug the tree lights in for the first time

Work has now also started on reinstating the medieval stained glass window to its original place opposite the main door. The glass was repaired last year and the faculty granted us in the summer has given us permission to remove the bricks that were used to block up the window over half a century ago when a coke boiler was installed in the church and its flue had to exit through there. We should be able to see it back in its rightful place very shortly

BARTON BENDISH & EASTMOOR VILLAGE NEWS

The time has come for our next quinquennial inspection which will take place on 17th January. This is when an architect examines the church building to see what work - urgent or otherwise - needs to be done over the next five years. We have completed all the items on the previous inspection report plus a few other jobs that have also cropped up in the intervening years but it is very likely that a new long list will be produced, we just hope that there is nothing too major!

Breakfast church began the New Year for us on January 6th and it was lovely to see a good number of people there enjoying the cooked breakfast and the informal service. The next one will be on February 3rd at 9.30am-everyone is very welcome, please let us know in advance if you can, to help with the catering requirements but if you can't don't worry, just come along! Our Holy Communion service will be at St Andrews at 6pm on 24th February.

Re Hospital Transport

Philip Carter from Eastmoor has kindly sent me the following information

West Norfolk Community Transport provides Volunteer car drivers to enable people to access hospital appointments, shopping and other essential travel. The charge is 45p a mile from the driver's door back to the driver's door. This amount covers the costs of the running of their vehicles.

If you require transport please ring 01553 776971 and we will try to organize the most cost effective transport for you by using the nearest Volunteer available. We would confirm to you the arrangements and the cost.

To enable people in your area to get the most cost effective service we are looking for people who would be willing to become Volunteer car drivers. We would carry out the CRB and any relevant training.

For more information please ring 01553 776971

Public Transport

For up to date details of what public transport is available in the local villages (which DOESN'T now include Barton) please phone **Traveline on 0871 2002233**

Re Odd Jobs

1) Mrs Proctor from Boughton very kindly rung me regarding my piece in the last issue of G4 concerning the difficulty in finding someone to do odd jobs. She said that the Council has a scheme for the elderly to help out with odd jobs. They have a list of people to do the work who have been officially vetted. She has made use of the service and told me she was more than satisfied with the work she had done. There was in fact an advert, which may easily have been overlooked, on page 69 of the December/January issue advertising 'Handyperson Service – a Council service for home maintenance and minor adaptations for the elderly and disabled.' For information call 01553 616371

Mrs Babs Porter was also kind enough to email me. She is a Churchwarden for St Martin's Church, Fincham and she said her husband would be willing to help with any of the small jobs that other people do not wish to do. Pam Wakeling knows him as do many other people including Stuart Waterston as he has repaired and altered a few items in Fincham Church. Phone number is 01760 444116 and email barbaraporter247@btinternet.com

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Forthcoming Talk

Lt Col Ian Berchem will be giving an illustrated talk titled 'A Career as a Cold War Soldier' on Friday February 22nd at 7.30pm in Barton Bendish Village Hall. Details Maureen Buck 01366 347703

Changes to Refuse Collection Service

All households will shortly receive a leaflet entitled "Your Bin Service is Changing". The new service, which starts on 2nd April, 2013, will include a weekly collection of food waste (eg potato peelings, teabags, chicken/pheasant carcasses, etc). Black bins and green bins will be emptied on alternate weeks. The brown bin service will continue as before. Collection day calendars will be delivered before the new service starts.

Existing 140 litre black bins will be replaced by 240 litre black bins; you may, however, retain your 140 litre bin should you prefer to do so. A new 23 litre food waste bin and a 7 litre kitchen bin will be issued at the same time. The latter requires the use of compostable kitchen bin liners 50 of which will initially be provided free; thereafter, you buy your own. Again you can opt not to have these food waste bins and simply continue to dispose of kitchen waste in a kitchen pedal bin with a supermarket carrier bag liner (!) which goes in the black bin.

Telephone Helpline: 01553-616200

E-mail: bin.change@west-norfolk.gov.uk

Website: www.west-norfolk.gov.uk/refuseandrecycling

Forthcoming events

FRI FEBRUARY 22nd 2013 'A CAREER AS A COLD WAR SOLDIER' at 7.30pm see advert

FRI MARCH 15th FILM 'QUARTET' at 7.30pm

Come and Join us at St Andrew's

Breakfast Church

In the Village Hall Barton Bendish on Sunday 3rd February At 9.30am Enjoy a full cooked breakfast

A chance to enjoy the fellowship of others and get your Sunday off to a very good start!!

Everyone very welcome, especially children, and those not comfortable with a formal service.

For more details contact Linda 347563 or Mhari 347849

BARTON BENDISH & EASTMOOR VILLAGE NEWS

St Andrew's Church, Barton Bendish

'London' Quiz Sheet

A mixture of cryptic and straightforward questions about places and attractions in London! Thank you to all you who took part in our quiz. There were ten people who scored 60 out of 60. Their names were put into a draw and the winner was Patricia Eves from Barton Bendish. We are pleased to say that approximately 145 people took part. Many thanks as always to the people who sell the quiz sheets on our behalf. Other charitable organisations are welcome to use part or all of this quiz sheet but we ask that a donation is made to St Andrew's Church Fund.

The next quiz will be available in February. If you would like a copy sent to you please send an SAE with £1 to

Linda Webster, Rowan House, Church Road, Barton Bendish, Kings Lynn, Norfolk PE33 9GF Thank you once again for your support, it is much appreciated.

Answers: 1 Queen's gems (5,6): Crown jewels 2 Marmalade sandwiches are the preferred food! (10): Paddington 3 Sub terra- firma (11): Underground 4 Budgie pier (6,5): Canary Wharf 5 Is Jekyll found here? (4,4): Hyde Park 6 Rooks crossing (13): Knightsbridge 7 30th April until 1st June, is that ok? (7): Mayfair 8 Rook crossing (13): Knightsbridge 9 Guest at a Sunday lunch (9): Beefeater 10 You will need a soap box (8,6): Speaker's Corner 11 Green and gold livery (7): Harrods 12 Not quite a nun's outdoor residence (6,6): Covent Garden 13 At Stratford, but not the Bard's (7,4): Olympic Park 14 Irate monarch (5,5): King's Cross 15 Alice thinks a soldier's life is terribly hard at this place! (10,6): Buckingham Palace 16 Worldly drama (5,7): Globe Theatre 17 Tea clipper (5,4): Cutty Sark 18 Dave's place (7,6): Downing Street 19 Dumbo and Windsor (8,3,6): Elephant and Castle 20 Are you crackers? (4): Ritz 21 A road of boats (5,6): Fleet Street 22 Wet aged parent (3,6,6): Old Father Thames 23 Alton could buy stamps here (4,6,5): Post Office Tower 24 Forehead (6): Temple 25 Prince's road (6,6): Regent Street 26 Pickle (7): Gherkin 27 Carnivores trading place (10,6): Smithfield Market 28 Splinter (5): Shard 29 Will it melt if it gets too hot? (6,8,8): Madame Tussaud's waxworks 30 Bit short of an ancient alcoholic drink (3,6): Old Bailey 31 Peter Sellers' gateway to the south (6): Balham 32 Old redcoats (7,10): Chelsea Pensioners 33 Ted's argument with O2 dock (8,7): Heathrow Airport 34 Mushroom way(10,4): Portobello Road 35 I owe you five farthings (5,7): Saint Martin's 36 Temporary home of bikini clad ball players (5,6,6): Horse Guards Parade 37 60's height of fashion (7,6): Carnaby Street 38 Millennium Dome (2,5): O2 Arena 39 Where trees grow inside holy walls and the verger cartwheels down the aisle! (11,5): Westminster Abbey 40 It's elementary (5,6): Baker Street 41 East end monarchs (6,5,3,6): Pearly kings and queens 42 Alpine chalet (5,7): Swiss Cottage 43 First on a Monopoly board (3,4,4): Old Kent Road 44 Billy Williams's cabbage patch (10): Twickenham 45 Oxford v Cambridge (4,4): Boat race 46 Where three lions go for a kick about (7): Wembley 47 Shape (4): Oval 48 Are there any rules

BARTON BENDISH & EASTMOOR VILLAGE NEWS

really? (10,8): Mornington Crescent 49 Not a cross-eyed lion in this abode! (8,5): Clarence House 50 Time measured from here (9): Greenwich 51 Bill's larger brother (3,3): Big Ben 52 Beware of pigeons in this shape (9,6): Trafalgar Square 53 Where nobility plays tennis (5,5): Earl's Court 54 South of Pimlico on the Victoria Line (8): Vauxhall 55 Mr Swarovski's grand home (7,6): Crystal Palace 56 Place with swimming ponds (9,5): Hampstead Heath 57 Uncle Bulgaria (9): Wimbledon 58 Opposite of starting east (4,3): West End 59 They have the knowledge! (5,3,7): Black cab drivers 60 Tall span (4,4): Tower Bridge

Christmas got off to a great start in Barton Bendish with two nights of wreath making at the end of November. Both nights were fully booked and 26 ladies created a variety of beautiful natural wreaths using foliage kindly donated by people in the village. As we had quite a few names on a waiting list an option for a daytime workshop is being considered for next year. The fantastic sum of £741 was raised and our thanks go to all who came along, to the donators of foliage and to Jill Mason for her help with refreshments. Next was the Christmas Tree Festival and the Hall of Stalls in early December. With the church now having heating in the Chancel and double plug sockets throughout the Naïve the trees took on a new and magical appearance. They looked wonderful and were all so beautifully decorated. A big thank you to all who took the time out of this busy period to decorate their tree so imaginatively. The Hall of Stalls on the Saturday was a great success. A dozen or so stalls both in the church and village hall offered such a variety of crafts – patchwork, jewelry, stain glass work, chutneys and jams, cards and pictures and iron work. Delicious soup and the famous bacon rolls kept the shoppers refreshed along with the home baking. Thanks to all the hardworking ladies and gentlemen who not only produced the goods but also served them and washed up afterwards. All this hard work raised just over £300, which is super. With the church looking so beautiful and the trees all lit up it was lovely to have so many people come to the Christingle service on the Sunday. About 30 friends and families filled the church and we all enjoyed Barbara's service and the children enjoyed the sweets and raisins on the Christingles. Thank you to all who came along and thank you to the various people who read so well as part of the service. Closer to Christmas our War Time themed Afternoon of Entertainment saw 40 or so gather together for a fun afternoon. We were well entertained by songs from the Singing Shepherd, poems from Jill Mason and Brenda Wright and songs from the juniors of the village, James, Emily and Quinn accompanied on the piano by Tom Golden. The audience joined in the sing-along of wartime songs and then Barbara led us all in Lessons and Carols for Christmas. By the time you are reading this Christmas will be over and we will be looking forward to all that comes in 2013. Thank you to everyone who has helped in any way in 2012 both at the village hall and the church. None of the events could go ahead without your help, support and commitment and these really are greatly appreciate *Mhari & Linda*

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

Monday, Tuesday, Wednesday, Thursday and Friday: 11.15 - 12.00

Parish Council

If you have not yet received your Jubilee mug please phone Pat Clarke 01366 328 983

The next meeting will take place March 11th

As always, everyone is welcome to attend. *Eileen Powell (Parish Clerk)*

Dog Walkers

It seems we have 'new' people in the village who don't bother to clear up after their pooch(s). I was amazed to see a pile directly under the poo bin. I picked it up, needless to say. *Terry Quelch* Very anti social and unnecessary. The owners should be clearing up after their dogs not leaving the task to other people.....

WI

December Meeting: Vesna Hudson President, announced the new Committee:- Vice President - Val Sidey, Treasurer - Heidi Hale, Secretary - Jenny Gabrielsen, Publicity Coordinator - Eileen Powell, Programme Coordinator - Carole Wilson, Door, Raffle and Gazettes - Marie Rich. Vesna thanked Eileen for her dedicated work as Treasurer over the past 18 years and helping our WI to build a healthy bank balance.

Vesna then thanked the members so much for making our 1st Christmas Fayre such a success. Many people commented on how enjoyable it was to see this type of event in the Memorial Hall and how much they enjoyed browsing the home-made produce on display and chatting to other local residents whilst tucking into the delicious mince pies and sipping their free glass of mulled wine.

We hope to have raised £375.00.

The proposed Resolutions for 2013 were included on the Monthly Presidents Newsletter as were the aims and objectives for 2013.

Speaker for the evening was Mrs. A. Furness who demonstrated "Christmas Chocolates". We all enjoyed the samples and agreed they should be included in the



BEACHAMWELL, SHINGHAM & DRYMERE



2013 Christmas Fayre. Irene gave the vote of thanks, Joan won the flower of the month and the raffle and Brenda won the competition.

Vesna wished all members a Happy Christmas and a Healthy New Year.

January Meeting:

Our Speaker for the evening was Mr. Maurice Cornelius who gave a most interesting demonstration on Decorative Boxes. He showed us in detail how he

made the boxes and came with a large selection for us to see the different shapes and sizes. We hope to have a Craft Afternoon sometime during the summer when Maurice will help us make a box. Watch this space for more details. He makes many boxes during the year and donates the money to various charities. This month his charity is "Smile" and last month it was "Help the Heroes. There were three Birthdays to celebrate, Jenny, Eileen and Marie.

Come and join the largest Women's Organisation. We would love to see you and you will be very welcome. *Carole Wilson Photographs by Eileen Powell*

Beachamwell Book Group

What a lovely thing it is to share an enthusiasm with others. This is what Beachamwell Book Group is about. On the first Tuesday of the month at 7 pm in Beachamwell Memorial Hall we form a circle and share our responses to the book we have all just read: and what a variety of responses there are!

The books are all provided by the library and we are very grateful to Janet Walker who magically arrives with a box of literary treasure every month. This rich and varied bounty has included works of fiction, travel writing, historical fiction and poetry. Everyone has a chance to say what the book has meant to them and we all gain much from listening to how our responses can vary.

Towards the end of the year we exchanged our own personal favourite reads in a "secret Santa" style share out. In this way everyone read something previously unknown to them and appreciated a chance to widen their reading experience.

In case any one thinks we are an intense and serious bunch: be reassured. We laugh a lot, don't always have time to read the whole book and admit it; don't always like the book and admit it!

We are a friendly bunch and if you love reading and like sharing that love with others then Beachamwell Book Group's circle will widen to welcome you. *Hazel Richard*

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Wednesday Walkers

December Walk: Despite the grey morning, fourteen walkers, including ladies from Runcton Holme and Foulden, together with two dogs set out on the December Wednesday Walk. The route across fields to Furze Hill was not as muddy as we had feared, although the return journey along the Gooderstone Road was much easier on the legs, and also gave us the chance to pause and to admire the 1960's architecture of the Pumping Station. Brian Wilson showed us the elm growing in the asparagus field - a rare survivor of Dutch elm disease and the last large living elm in the parish.

A preservation order protects the tree from human damage, but not from Mother Nature: some years ago it was struck by lightning and the Fire Brigade had to put out the fire in its trunk!



damage, but not from Mother Nature: some years ago it was struck by lightning and the Fire Brigade had to put out the fire in its trunk!

January Walk:

Our first walk of the year started in light drizzle, but was still enjoyed by 16 walkers. We walked onto Beachamwell Warren and learned many interesting facts about the history of the area, thanks to Sue Pennell, our very knowledgeable leader.

We did note that in one or two places footpaths have been ploughed out and not reinstated and that some way markers are missing. This is disappointing and we hope that this will be rectified in due course. It must be in everybody's interest to have footpaths clearly marked.



We are looking forward to a programme of interesting walks over the coming months and hope lots of G4N readers will join us. Our next walk will be on Wednesday 6 February.

Leah Spencer Photographs by Sue Pennell

Thank you very much Sue for the lovely walk we had on Wednesday January 2nd, your knowledge of the area certainly enhances the walk. Much enjoyed *Carole Wilson*

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St Mary's

As many of you may know Graham is in hospital with pneumonia and too ill to write his "notes" this month so, with his approval, I am writing them on his behalf. He has asked me, on behalf of the Churchwardens and PCC, to wish you all a Very Happy New Year.

The PCC would like to thank everyone who decorated the church so beautifully for Christmas and also like to thank the ladies who regularly make the church look so beautiful with their flower arrangements. Thank you as well to Betty Phillpot for making the advent ring again this year.

The church was full for the lovely Carols by Candlelight Service with the Church beautifully decorated and lit with many candles. Everyone enjoyed the traditional Carols and Readings and the singing of the Choir. We all also appreciated the hot mulled wine and mince pies after the Service. Once again we would like to thank Gill Sanderson for organising this Service and the refreshments.

The church is now open daily until dusk and the PCC are very grateful to everyone who has agreed to go on the rota to open and shut the church daily. Thank you also to Ian Phillpot for organising this rota. In order to have the church open we have had to remove the brass from the altars and replace it with glass vases and a wooden cross. The wooden cross is kindly being made for us and when it arrives it will be blessed and placed on the altar. The brass cross, candlesticks etc will be put back on the altar for the Holy Communion Services and special Services throughout the year.

Graham has also asked me to thank Eileen Powell for organising the Flower and Brass Cleaning Rota and ensuring that there are flowers on the altar every week.

Our monthly Scrabble Afternoons will continue on the 2nd Wednesday of each month – the next one being Wednesday 13th February at Orchard House. This is not a highly competitive afternoon – just an enjoyable way to stretch the mind a little bit with tea and scones half way - so why not join us?

Our monthly Afternoon Tea will continue on the 3rd Wednesday of each month – the next one being held on Wednesday 20th February in Beachamwell Memorial Hall from 2 – 4 p.m. We hope to see you there.

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St. Mary's Flower & Brass Cleaning Rota

Many thanks to Brenda Branch, Karen Butler, Jenny Gabrielsen, Diana Lambert, Olwyn Locke, Betty Phillpot, Eileen Powell, Gill Sanderson, Sarah Richardson, Sonia Williams and Carole Wilson who very kindly and generously decorated the Church for Christmas.

February Rota: 3rd Olwyn Locke, 10th Betty Phillpot, 17th Eileen Powell, 24th Marie Rich

If anyone is interested in joining the Flower Rota please contact me and I will explain what is involved.

Best wishes Graham for a speedy recovery.

Eileen Powell

Beachamwell Memorial Hall

The Funday 2013 sub committee have put August 25th 2013 in the diary for this year's Beachamwell Fun Day.

We are working out the details of what we will have on the day but expect a larger range of stalls and activities on the green, plus music, food and drink. More details to follow next month.

Helpers for the event are being actively sought and craft stalls are welcome. Stall enquiries to Verena Hartley on 01366 328415

General event enquiries to me on 01366 328002

Matt Brown

Beachamwell Half Marathon

I hope everybody is out training for the Beachamwell Half Marathon taking place on Sunday May 5th, start 9am from the Memorial Hall but please register from 8.30 – 8.45. The money raised this year will go towards repairing and renovating the medieval porch on St. Mary's Church. The route taken is varied and is mainly off road, it can be cycled, run or walked.

Brian Wilson 01366 328628

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Thursday	Beachamwell	Post Office	10:05 am
14th Feb	Drymere	Telephone Box	10:40 am
14th Mar	Boughton	Sycamore House	15:20 pm
		Mill Road	15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
Thursday	Wereham	The Pond	9:30 am
14th and 28th Feb		Queen's Close	16:20 pm
14th and 28th Mar			

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	Third Friday 9:00am to 2:00pm
Swaffham	First and Third Sunday
Watton	Sadly no longer trading

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE AND PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Caroline Sanderson	01366 328244
Wereham	Doreen Rolph	01366 500218

CHURCH SERVICES

February 2013

DATE	TIME	LOCATION	SERVICE
3rd February	09.30 am	Barton Bendish	Sandwich service
	09.45 am	Shouldham	Morning Prayer
	10.30 am	Marham	United Morning Service (HT)
	11.00 am	Beachamwell	Holy Communion
	6.00 pm	Wereham	Evensong
10th February	09.30 am	Shouldham Thorpe	Holy Communion
	10.00 am	Boughton	Breakfast Church
	10.30 am	Marham	United Morning Service (MC)
	6.00 pm	Fincham	Evensong
17th February	09.45 am	Shouldham	Holy Communion
	10.30 am	Marham	Holy Communion
	11.00 am	Beachamwell	Family Service
	11.00 am	Wereham	Holy Communion
24th February	09.30 am	Fincham	Holy Communion
	10.30 am	Marham	Café Church
	11.00 am	Boughton	Holy Communion
	6.00 pm	Barton Bendish	Holy Communion

THURSDAY COMMUNIONS

7th, 21st, 28th at Fincham, Services at 10:00 am followed by tea/coffee. All Welcome

14th February is Ash Wednesday and there will be a 10 am Communion at Boughton INSTEAD of a service on Thursday.

CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Graham Williams	01366 328774
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

BAPTISMS AND WEDDINGS

Please contact the Revd. Barbara Burton or the Churchwarden in your parish.

BOUGHTON VILLAGE NEWS

Boughton Parish Council.

Annual Meeting

This is not to be confused with the AGM, which is set for May. This is a meeting where Parishioners have the opportunity to bring forward any concerns or issues they would wish the Council to address, or comment upon. This also assists the Council with setting objectives for the coming Council year.

The Meeting is set for Friday 15th Feb. at 7.00pm in All Saints Community Centre.

Notices will be posted and an e-mail will be circulated in good time. Parishioners will be invited to put forward items for the Agenda.

We are very pleased to report that your Council has been able, yet again, to leave the 2013 Annual Precept unchanged. This is in the main due to the fact that we enjoy the help of a number of volunteers with maintenance work around the village.

Please contact any of those listed below.

Parish Council :-

F.Reid. Chairman.

P.Agate.

M.Pogmore (Chairman PC. Fen Committee)

G.Proctor

D.Cooper.

Clerk. D.Horkan. 01366 347890. F.Reid. 01366 500743.

What is it? A terrapin or a turtle?

Thanks to Peter Agate for the picture published in the last G4N of the turtle/terrapin in Boughton Pond. It is a Red-eared Slider (*Trachemys scripta elegans*), a semi-aquatic basking turtle. It is a popular pet turtle in many parts of the world, but is native only to the southern United States. It has become established in other places because of pet releases and has become an invasive species in many introduced areas. In Australia, it is illegal for members of the public to import, keep, trade or release Red-eared Sliders as they are regarded as an invasive species. Red-eared sliders get their name from the distinctive red patch of skin around their ears. The "slider" part of their name comes from their ability to slide off rocks and logs and into the water quickly. Red-eared sliders are omnivores and eat a variety of animal and plant materials including fish, crayfish, carrion, tadpoles, snails and numerous aquatic plant species. The Boughton animal has doubtless come from a pet release. Whilst introduced species are rarely (if ever) welcome, this particular beast won't do any harm so long as it doesn't find another one to breed with!

Allan Hale

Boughton Fen

BOUGHTON VILLAGE NEWS



If you have not seen it already, take a look at our great new sign describing how to get to the Boughton Fen Wildlife Walk. It is situated just inside the railings of the children's playground, and is a very handsome piece of work. The same cannot necessarily be said for the excellent installation team shown on the attached photo. However, these willing volunteers assembled the structure on a very foggy morning in early January, in our garage, and then carried it down to its present position. As

Dave said afterwards, it was reminiscent of the pilgrims carrying their burden to Walsingham. It was certainly heavy – that was obvious from the stance of their bodies as they disappeared slowly through our gateway.

Eventually, after much kneeling in the mud, digging and refilling the hole (how is it that there was still room for all that earth when the posts were in the hole as well?) it was up!

Well done Dave, Paul, Tim and Mark .

Sue Pogmore

CPRE AWARD FOR BOUGHTON FEN WILDLIFE WALK

Following the hard work last winter from a tremendous group of volunteers, the Boughton Fen Wildlife Walk began to draw the attention of the Campaign for Rural England. We were visited by one of the judges, Tony Leech, on one of the only hot days we experienced at the end of the summer, and he enjoyed a tour of the whole site with Mark, Allan and myself.

Several weeks later, a letter arrived informing the Boughton Fen Committee that the project was to be presented with not one, but two awards, at the annual award night at the Norwich Assembly Rooms. The invitation to attend enabled ten of us to enjoy this



BOUGHTON VILLAGE NEWS

very interesting evening on 21st November 2012. The other successful projects were extremely varied. Each judge gave an illustrated presentation on each award winner, and these ranged from an interactive moth website, community and wildlife projects as well as a separate section for innovative rural buildings.

In addition to the CPRE award, Boughton Fen was also chosen as the joint inaugural winner of the Boldero Award, This was presented by Joy Boldero, in memory of her late husband, Charles. Many of you may have read, and maybe tried out the regular walks that they published in the Eastern Daily Press. It seems that they had been doing this from 1986 until his death earlier in 2012. Joy had actually visited Boughton during the autumn and had been very impressed with both the village, and the people that she met there.

We have had a considerable amount of press coverage as a result of this, including a full page article during the autumn when the EDP reporter and photographer visited the fen, and photographed Frank, Allan, Angela and Mark in a variety of poses on the steps near the Oxborough Road. The report in the EDP, following the awards night had this to say:

The judges of the Boldero Award were so impressed by the two finalists that they were not able to choose an overall winner, so it was presented to the team which created the Boughton Fen wildlife walk, near Downham Market, and to the volunteers of the Little Ouse headwaters project on the Norfolk and Suffolk border, near Thetford.

The judges were so impressed by the efforts of Boughton, which has a population of about 200. Last winter, a dedicated group of up to 20 volunteers worked often in harsh weather to complete the new walk around the fen, which covers almost two miles. It has become a hugely popular feature for villagers, who can now get access to a special piece of the countryside, noted the judging panel.

We now have two framed certificates and a plaque to show for this. Hopefully, when this article is printed they should be on display. *Sue Pogmore*

MEMORIES OF CHILDHOOD IN BOUGHTON – PART 1 (Circa mid 1950's) BY PAUL RIX

These memories are not only fairly random in nature, but also in the order I have written them down! They are no doubt shaped by perception too, my Dad might have been Mr Fix-it on a farm, but I looked up to him, I still do. If I end up half as good a man as my Dad then I will indeed have done well!

As 'kiddies' our gang was into everything, fishing, bird nesting, you name it! Come harvest time we would help out on the farm, and again when it came to threshing, this was just before the advent of combines, more of this later.

BOUGHTON VILLAGE NEWS

'Elf and Safety' would have had a 'hissy-fit'. Roger Robinson [R.G.], my Dad's boss, was the first to have a combine harvester, an old Massey-Harris, which went barely at walking speed, it was driven by Claude Chapman.



A typical Massey-Harris Combine Harvester of the time The Drier on the farm was designed by Bill Chapman, an engineer from Denver Mill, and he and Dad built it. Our favourite place to play was the 'pit' [the Pond] into which the trailers tipped the grain, going to the edges when a tractor tipped its 'petit' trailer load into the 'pit'. If it was the old Commer lorry, driven by Ted Smith [also landlord of the White Horse pub] then we would get out to avoid being buried! I may be

wrong but I can't remember any of us ever losing a toy in the sinking grain which behaved like quicksand in the middle.

Charlie Rix, bachelor and regular imbiber outside The White Horse Pub, now Winward

It was also Bill Chapman and Dad who assembled the pipe organ in the big farm house [Poplar Farm, now Harwins]. Roger Robinson was also the Church organist and usually took my grandmother to



church in his car as she had serious arthritis. He was one of the very few car owners in the village.

The first thing I can clearly remember was a knock on the door one evening. There stood R.G., tapping his polished leather gaiter with his stick, snow collecting in the brim of his old brown trilby, the collar of his coat turned up against the weather, 'Tim [Dad], can you just...'. I think it was the pump on the well at the back of the 'big house', it often threw off its' big belt although on this occasion it may well have been frozen. This well, later replaced by a borehole, supplied most of the water for the farm. Of course Dad went and

BOUGHTON VILLAGE NEWS

fixed it, he usually did! If anything in the village broke, the call was 'Tim, can you just....' Originally Dads mobile workshop was an old war surplus Chevvy 4*4, slow, noisy and I can't recall it having a heater! This was later replaced by a long wheelbase Land Rover, with a heater! I can only remember Dad ever having one row, that was with old Jimmy Fryat, something about a turkey? Yet they were usually good friends. Village life was like that, everyone helped everyone else, that is just the way things were. **To Be Continued Next Month.....**

Rainfall 2012

How wet was it really in 2012? Well in Boughton it was very wet – in fact the wettest I have ever recorded, beating our first year of records in 1993 by 10mm. The year started just like 1993, dry from January to March, with rainfall at the end of March 33% below average for the first quarter of the year. Then everything changed. The hosepipe ban started with 40mm of rain in the first two days (an average month being only just over 50mm), and it carried on all year with a bit of a breather in August and September, which, of course, many parts of the country did not have. The year's total amounted to 782mm, compared with an average of 645mm. 2012 was the wettest year I have recorded, but 2011 was the driest, being only 426mm. It is amazing how nature balances things up. Lets hope for something nearer normal in 2013 *Mark Pogmore*

Boughton Cider

Boughton has solved the problem of not having a village hall by transforming its church into an excellent meeting place. Comfortable seats, a small well equipped kitchen area and even a toilet has meant that instead of the church remaining unused, apart from a few religious services, social events can now be organised within the village. On November 17th All Saints was the venue for a very interesting and informative talk given by Stephen Fisher from the Norfolk Cider Company. He began the evening by handing round full cups of cider for everyone to sample. While we were enjoying these he explained the history, the process by which cider is made and its wholesome health values; in the eighteenth century cider was recognised as a treatment and cure for scurvy saving the lives of thousands of sailors on lengthy journeys of exploration. The old traditional method he uses to produce his cider means that nothing is added and nothing is taken out. It is a perfectly natural process which retains all the vitamins that are lost in the large commercial production of cider and even apple juice. At the end he was asked some very interesting questions which filled in the few areas he hadn't covered and he did a lively trade selling his product which was testament indeed to how much his audience had enjoyed their taste of it.

The evening ended with a selection of delicious nibbles, a cup of coffee and the chance to have a chat.

BOUGHTON VILLAGE NEWS

Cider is, I believe, best served cold, but there was little chance of it being otherwise for the heating system inside All Saints' Village Centre was a little inadequate on a cold night but I've no doubt this issue will be addressed in due course with further fund raising. Congratulations to Boughton on the amazing job in what they've done so far.

Jill Mason Barton Bendish

All Saints' News

Thanks to everyone who decorated the church for Christmas and even more to those who helped to clear it away after the festivities. Special thanks to Geoff and Frank for the Christmas tree. Although we did not have a service on Christmas Day this year, the Crib service on December 24th was as well attended as ever, with a beautiful donkey taking part. He must have been completely bewildered, but at least it was warmer than the field. Thanks to those who organized it all.

After several months of boarded-up windows, everyone will be pleased to know that the East Window is scheduled for reinstallation during the week beginning February 11th.

Breakfast Church continues to be a great success. Thanks to all those who prepare and serve a delicious breakfast. There will still be time to book for February when you receive this magazine, so phone Sandy on 500743. New people always welcome and if you are new to the village what better way of meeting a few people?

Open Gardens Day this year will be on Sunday June 9th. I hope all the 'old favourites' will be on show, but we would also welcome new gardens. Perfection is not required—look at mine! *Pam Wakeling*

Poppy Collection November 2012

The village collection raised £192.75. Many thanks to Angela and Andrew for their hard work.

WANTED!

There is to be a joint parishes 'Spring Fayre' on May 4th, to raise money for benefice expenses. Boughton is responsible for the Tombola stall and I'd be very grateful for anything which would be suitable for prizes. We need quite a few to keep it going! If you have any unwanted gifts, tins, small offerings—something you won in a raffle but didn't want, please put on one side for me. If you can deliver it, either to me or to the church, that would help a great deal. Many thanks—*Pam*

WEREHAM VILLAGE NEWS

BINGO every **Wednesday** evening at the **Village Hall**, starts 7.30 pm. Cash prizes.

KARAOKE at the George and Dragon on Saturday 2nd February.

WEREHAM ON FACEBOOK

To find out what's going on in the village and look at local and event pictures log into Facebook we are **Wereham Village Group**

PARISH COUNCIL MEETINGS: The last meeting was held on Tuesday 15th January.

If you would like a copy of the Minutes from that meeting, please contact:-

Mrs N E Clifford-Everett (Parish Clerk)

33 Lynn Road

Southery

Downham Market

PE38 0HU

01366 377799

Next meeting to be announced.

WEREHAM PLAYING FIELD Please note that dogs are **no longer allowed** on the Village Playing Field.

Wereham Parish Council

CHRISTMAS BAZAAR Doreen and Janet would like to thank everyone who helped with the Bazaar on Sunday 9th December. Also thanks to Father Christmas and his helpers. We made £506.98. A very good effort. *Janet*

Thank you to all the children who came to see me at the Wereham Christmas Bazaar. You were all very polite. I particularly enjoyed Dexter singing his school song for me, Eliza asking me

about my reindeer and Faye telling me about her guitar. I look forward to seeing you all again next year. *Santa*



Thank you Father Christmas for coming to meet us at our Christmas Party where we enjoyed a lovely morning with lots of 'yummy' things to eat supplied by our Mummies and Daddies. Hayley supplied the game. Father Christmas gave out presents, where children took them from arms' length and hurried on! Everyone left happily clutching a present and selection box. *Angela*

WEREHAM VILLAGE NEWS

CHRISTMAS BINGO Thanks to all who gave prizes for the Christmas Bingo, we all had a great night and raised £471.00. Once again thanks.

Happy New Year to you all! *Barbara, Janet and Doreen*

CHILDREN IN NEED Coffee morning held on 16th November raised £100. Thanks to all who helped make it such a success. *Angela*

POPPY COLLECTION The collection for the Royal British Legion Poppy appeal in Wereham raised a brilliant £346.45. Thank you to all who collected and donated so generously. *Lizzie*

WEREHAM TOTS Friday mornings - 10.00am to 12.00 noon. All welcome.

May I take this opportunity to thank everyone who has supported us throughout 2012. Mandy who is always there to 'set up' the equipment, etc., the Mums, Dads and Carers who lend a hand when needed. Diane our 'snack lady'. Your help is much appreciated.

Angela

Thank you Jackie for organising our 'Christmas Dinner' at The Berney Arms just before Christmas. Ten Mums attended, lovely, enjoyable evening had by all. Superb meal!

FIRST AID I have several people interested in another 'First Aid' evening for parents and carers. Hopefully this will be during early March. Please ring for details. Angela on 01366 500115.

SPRING CLEAN SALE In Wereham Village Hall. Date yet to be fixed, possibly early March. Please keep us in mind when you are having an early clear-out.

Contact Angela 500115 or Dianne 500798

Primary School Youth Club - Monday Afternoons

Youth club has been put on hold until further notice, probably around April time. Jacqueline and Nicki would like to thank all that came along and had some fun. If anyone would like to help with the club in future please feel free to contact me. *Jacqueline* 500880

Update from Wereham Village Hall Committee

Happy New year to you all.

What a busy month December has been!

Victoria organised Christmas Carols around the pond on the 23rd. We were all treated to hot-dogs and wedges with an afternoon of carols, led by Dominic on his accordion, raising £190.

Well done to all the ladies and gentlemen who worked so hard to create and support all of these events.

WEREHAM VILLAGE NEWS

In response to committee changes (see below) John Eastgate has agreed to become acting Treasurer and Victoria Gray has agreed to become acting Chair until the next AGM.

Our next committee meeting has been booked for Monday 28th January @ 7.30pm.

Following this meeting, we'll be advertising the date of the next AGM and our events for 2013.

Jacqueline Butcher - Secretary - Wereham Village Hall Management Committee

Update from the New Build Team-

I'm pleased to advise that we are making progress to enable us to apply for funding for a new village hall.

1st stage was to convert our committee of volunteers to a Management Committee of Trustees. 8 of us have agreed to become trustees, with the balance to become a fund raising support group called the 'Friends of Wereham Village Hall'.

At this point, we hope you will join us in recognising and appreciating all the hard work and commitment over many years that the retiring committee members have given to our village hall -

Barbara Roberts, Doreen Rolph, Janet Voutt, Sandra Pickwell, Louise Kavaney, Sheena Woodhouse and Gary Clere - **Thank you.**

The next stage is to revise our trust deed, sign up the trustee's and register as a charity. Then we'll start the community survey to create the evidence required for the lottery application (Big Lottery Fund).

This village hall belongs to you and very soon, you will be able to shape the future of the new village hall - watch this space for further information.....

*Helen Richardson and Victoria Gray, New Build Team,
Wereham Village Hall Management Committee*

Christmas Carols by Candlelight at Wereham Pond 23rd December -

We had a lovely afternoon, by the pond, decorated with lights, slightly soggy underfoot, but it didn't dampen our Christmas reverie! Dominic led us into Christmas carol favourites with his accordion, we had a reading from Debbie, then after some more carols, we followed Dominic like the pied piper into the village hall for our hot-dogs, wedges and hot drinks. The children were entertained with a Christmas story before Dominic finished with more carols ending with a very enthusiastic crowd participation of the '12 days of Christmas'.

Huge thanks to Dominic for volunteering his musical talents, Debbie for the reading and Ian for being master of ceremonies. Thank you to Chris for removing the mole hills, Cliff, Diane, Rachel, Gerald, Alistair and my hubby for decorating the pond, all the ladies who

WEREHAM VILLAGE NEWS

helped in the kitchen Pauline, Angela, Diane, Rachel, Mum Gray and to all those people that stayed behind to clear up. With all your help, we had a lovely afternoon and raised £190 for the village hall.

We'll do it again next year.....

Victoria.

A FINCHAM STORY

Photographs

The Rev William Blyth was Rector of Fincham for 40 years from 1846 to 1886. He was responsible for the erection of the National School in 1848 and supervised it closely for the rest of his life. His first task when he came to Fincham was to organise a major refurbishment of St. Martin's which he kept in a good state of repair for the remainder of his incumbency. The History Group have always thought a photo of him must exist but knew of no descendants. Then a few months ago I saw in a 2001 edition of Crockford's Clerical Directory the name 'Rev Drummond Gwyn Blyth.' As William Blyth had a son called 'Gwyn' I thought it too much of a coincidence! I telephoned the number given which was for a North Norfolk area.

The Rev Blyth had died a few years ago but his widow confirmed that he indeed was descended from our William Blyth. She thought their daughter had a photograph of him. A few minutes later the daughter confirmed that she did have a photograph of him and one, taken in the Rectory garden of him and his wife and their ten children! This was very exciting and a few days later I received copies of the two photographs. They are good images and will soon be displayed in the church. The family photograph was taken in about 1860 and is especially poignant because the four eldest children died in the 1860's all in their twenties. The other six survived their parents, one, Janet, living until 1950 when she died aged 101. Only two married but both have living descendants. A bonus was that one of these descendants had drawn a diagram of the family plot in the churchyard and we now know where William and his wife, Mary Ann, are buried. They are next to the graves of three of their children just north-east of the chancel.

Stewart Waterston

South Pickenham Estate FIREWOOD

Barn stored seasoned split hard
and softwood

Free delivery in the Swaffham area
All of our firewood is from well man-
aged woodland and is fully sustainable

Softwood logs are over 40% cheaper
than hardwood logs

Will deliver 50% hardwood and 50%
softwood on one load in separate
sections if required



Trailer shown holds 3 cubic meters

Contact
The Estate Office
01760 756376

FIREWOOD LOGS

All Dry and Seasoned
Free Delivery
Hardwood or Mixed Loads

Call Tim on:
01366 347656
07867 764307



Domestic Gas Specialist Heating and Plumbing Local Tradesman

- All Gas and Oil Servicing and Breakdowns
- Central Heating Repairs and Installs
- Landlords' Certificates – Gas Safety Certificates
- New Boiler and Full System Installs and Upgrades
- Friendly, local, reliable and efficient
- No Call-Out Fee



Call us today on 07920 423788 / 01366 328458
or email: gasbritannia@hotmail.co.uk

"I called Gas Britannia after being quoted £3,000 for anew boiler to be installed. Robbie did the whole thing for £1,000 less. He was very friendly and helpful." Sarah, Swaffham"

**GOT DIRTY WINDOWS?
G.COSTIN
WINDOW CLEANING**

Windows, doors, frames & sills cleaned as standard.

Gutters, fascias, conservatories & more.

Reach & Wash
Pure Water System.

Reliable & friendly service.

Other cleaning services now available.

Call Gavin 07796 606607

gcostinwindowcleaning@yahoo.co.uk



**Drymere Lodge
Boarding Cattery**

All New.....

New flooring and new roofs

Freshly painted

Endless water bowls

New litter trays and
fresh bowls every day

Fully heated
Cuddles guaranteed!!

Please come and look
still low rates !!

www.drymerelodgeboardingcattery.co.uk

Call Angela on 01760-723468



**Quality
Service**

**Affordable
Prices**

**Trustworthy
Staff**

**Clean
Home**

**For Quality
Domestic
Cleaning**

Call 01366 384970



www.deftcleaning.co.uk

Jen's Pet Care



Are you at work all day?

Do you need someone to pop in and feed your pet and let it out? Or keep your pet company for an hour? Does your cat need feeding while you're out? Or perhaps your puppy needs socialising during the day?



Contact Jen at Wretton on

07799 733 463

**Pet Sitting - Dog Walking - Home Visits
Livestock Care - Puppy Socialising**



30 years experience
working with animals

Reasonable Pricing - please
ask



Jen's Pet Care - Simply the best

“Petcutz” DOG GROOMER



Small/Medium Dogs
NVQ 2 and 3 qualified
in animal care - dog grooming
From bathing, nails trimming, clipping
and scissoring to hand stripping.

For all your dogs requirements
ask for Rachel on
01366 501152 or 07584 279384

Pet Dog Training

Group classes at
Narborough and Swaffham

call Rebecca on

07906 422432

or e-mail via
www.peddardogtraining.com

Private lessons, Agility and
other classes available



Bodie's Holiday Home for Dogs

Your dog stays as part of our family



Whether going on holiday or just out for the day
Meet & Greet prior to visit to ensure dogs are happy
& give you peace of mind.

I have a BTEC National Diploma in animal care, 15
years experience working with animals & in
dogcare and I am fully licensed.



01366 501289

07717 559539

[www.facebook.com /
BodiesHolidayHomeForDogs](http://www.facebook.com/BodiesHolidayHomeForDogs)



Maths Tutor

(to GCSE level)

- unravel problems
- boost confidence
- improve numeracy

A Cambridge graduate offers
one-to-one tuition in your home

(one-off or ongoing)

£25 per hour

For details, or to arrange a
£10 INTRODUCTORY SESSION

contact Katherine Shaw
07773 - 433180



LITTLE OAKS PRE-SCHOOL

AND HOLIDAY CLUB

01366 502150

www.little-oaks-preschool.ik.org



School Term Time:
children aged 2 to 5

Holiday clubs for
2 - 8 year olds

15 hrs a week funded
places for children ages 3
& 4

Places available for
Special Educational
Needs

Tasty hot meals provided



A warm, friendly welcome is waiting for you!

Three trained staff
NVQ2, NVQ3,
BA(Hons)
EYPS awarded

OFSTED Inspected

Open 50 weeks a year

Mums and Tots group:
Tuesday 1.00-3.00pm

*Parent quote: "...it has a
great reputation and being
able to take our son to a
local, well respected pre-
school is fantastic."*

Sessional childcare : Monday to Friday

Pre-School Manager: Debbie Sammons, 47 Wretton Road, Stoke Ferry, 01366 502150

Email: littleoakspreschool2002@yahoo.com

Methwold Nursery School and Pre-School

Experience for yourself the welcoming atmosphere of our nursery where exceptional care, homely surroundings and wonderful large garden are second to none. Our highly qualified experienced staff will ensure that each child's individual needs are met and provide them with the opportunity to make new friends, develop in confidence and become independent whilst;
learning through play!

**Open all year Monday to Friday 7am to 6pm
from age 3 months to 6 years**

Breakfast, After School and Holiday Clubs up to the age of 6
570 hours of Free Child Care* for all children residing in Norfolk/Suffolk
over the age of 3 and 4 years. Child Care Vouchers Accepted

Visit our website to view 'The Tardis' and learn more about us!

www.methwoldnurseryschool.co.uk

39 Stoke Road, Methwold, Thetford IP26 4PE Tel: 01366 728419

*Subject to Local Authority Terms and Conditions



NATIONAL TRUST



Oxburgh Hall

Tel: 01366 328258

February

Estate Rambles (Weekends only)

- Experience early spring flowers including snowdrops & aconites
- Enjoy a free guided woodland walk with one of our Garden Stewards
- Winter nature trails for children

Normal admission.

Nordic Walking drop-in sessions

**Tuesday 19 February
every hour
11.15am – 2.15pm**

Drop-in family event for Nordic Walking during February half term.

All equipment provided.

£1 per person plus normal admission.

For booking and further information ring 01366 327242

CHURCH FARM, STOW BARDOLPH

Open Daily 10am - 5pm

7th Feb - 3rd Nov 2013

PLUS Winter Opening

Thursday - Sunday



- Indoor Treehouse
- Adventure Playarea
- Huge Undercover Sandpit
- Pedal Tractors
- Shop, Lunches & Teas
- Nature Walks
- Tractor Tours

www.churchfarmstowbardolph.co.uk

Fun for all the Family
Whatever the Weather

Just off the A10 near
Downham Market,
Norfolk, PE34 3HT

01366 382162



NEALS YARD ORGANIC REMEDIES

If you have used NYR you will know the quality that our products and company gives each Individual. If you would like to purchase, re-order, enquire, try a sample or hold a Pamper Event - please contact your Local Consultant

JACQUELINE

07825 021488 / 01366 500880

Fantastic ethical products that
No-body Can be without

JACQUELINEBUTCHERNYR@HOTMAIL.CO.UK

CRYSTAL HEALING THERAPY & REIKI

*Complementary Therapies
that can enhance your life –
why put up with that pain
or stress?*

**Both therapies can assist
in reducing pain, the side
effects of medication &
improving everyday life.**



Advice or
Home Visits:
07769662697

*To book an appointment:
Downham Market
Complementary Health Clinic
93 Lynn Road. PE38 9QE
(01366) 383840*

Karen Taylor is a Practitioner member of PaCT
www.crystaltherapists.org.uk

Charlotte Rose LicAc, VTCT

Aromatherapy Massage
Acupuncture
Facial Cosmetic Acupuncture
Acupuncture for Pain
Hot Stone Massage

**Clinics in Wereham and Old Red
Lion, Castle Acre**

20 minutes aromatherapy
massage taster £5

Gift vouchers available

**Contact: Charlotte: 07855 513199
01366 501232**

charlotterose.charlotterose@gmail.com

www.charlotte-acupuncture.co.uk



Physiotherapy

Do you suffer from pain, immobility or joint problems? You could benefit from Physiotherapy.

I am a State Registered Physiotherapist with over 9 years NHS experience in treating problems such as Arthritis, Osteoporosis, joint pain, poor balance, joint replacement recovery, fractured/broken bones, walking difficulties, falls and neurological conditions such as Stroke, Parkinson's and Multiple Sclerosis.

I can help to maintain and / or improve your quality of life through regular physiotherapy; with short and long-term treatment plans provided.

Please call for more information and to discuss your particular needs and treatment options.

Available evenings and weekends for treatment in your own home.

Michael Cooper BSc, MSc, MCSP
(Member of the Chartered Society of Physiotherapy)

Tel: 01366 500527

DOWNHAM HYPNOTHERAPY

Can help with -
Weight Loss and control
Smoking cessation
Anxiety/Depression
Phobias
...and many other problems

To discuss further in confidence
please phone Vivienne on

01366-383277

or go to

www.downhamhypnototherapy.co.uk

Cognitive Behaviour Therapy, Counselling and EMDR

Do you suffer from:

- Anxiety
- Depression
- PTSD
- OCD
- Phobias
- Relationship Difficulties
- Self Esteem Problems
- Problems At Work
- Lack Of Direction
- Addictions



Then Cognitive behaviour therapy or EMDR may help. Both are recognised as successful treatments by the NHS
For more information or an appointment contact:

Rebecca Judge RNMH, BSc, MSc, MAREBT, BABCP
EMDR & Psychotherapist on:

Tel: 01366 320782 Mob: 07530 928070

Email: enquiries@cbtnorfolk.co.uk

Web: www.cbtnorfolk.co.uk

'The Wish' Hair & Beauty

Designed for you! The Client.

Priced for you! The Client.

We offer the finest service in

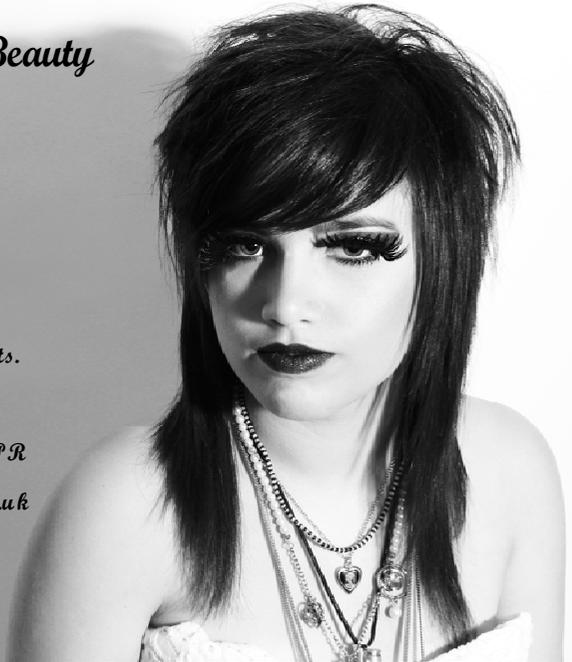
Hair Design, Beauty Treatments,

Nail Treatments, Holistic Treatments.

83 Lynn Rd, King's Lynn, PE30 4PR

01553-769891 www.thewishsalon.co.uk

As seen in Vogue magazine



NO MEAN FEET

CENTRAL TO THE GROUP 4 AREA
FOOT CARE IN YOUR OWN HOME



- ✓ **Nail Cutting**
- ✓ **Corns Removed**
- ✓ **Hard & Dry Skin Removal**
- ✓ **Cracked Heels Treated**
- ✓ **Callous Reduced**
- ✓ **Verrucae Management**
- ✓ **Ingrowing Toenails**
- ✓ **Infection Management Discussed**
- ✓ **Advice and Care for Clients with Diabetes**

Evening, Daytime and Weekend Appointments Available.

As you would expect, each and every client is treated with a sterilised set of instruments and full insurance is in place.

For The Best Feet In The Street

Call Steve on 07837 506 906

**Steve Jones MBE, SAC Dip (Adv.), FHP, FHPP, FHPT
Member, The Volitional Register of Foot Care Practitioners.
Member, The Alliance of Private Sector Practitioners.**



All abilities welcome

Stretching, postures and breathing help to improve mobility and strength.

Please wear loose clothing and bring a warm rug and/or yoga mat

British Wheel of
Yoga Tutor,
Ann Lewing
Contact number:
01366 328350

**STOKE
FERRY
VILLAGE
HALL**

Mondays
7.00pm—8.30pm
Please arrive no
later than 6.55pm

£5.00 per session
(pay as you go)
Under 18 yrs old must
be accompanied by an
adult

Michelle's Foot Care

Day, Evening & Saturday Appointments
Home Visiting

FOOT HEALTH PRACTITIONER

07723 427844
01760 755314

Corns – Callous – Verruca - Ingrown Nails
Thickened Nails - Fungal Nails - Diabetic
Trained – Many other Foot Problems

Fully Insured

Qualified: MCFHP MAFHP

Enhanced CRB

All instruments sterilized

*Registered Member of the British Association
of Foot Health Professionals*

Your local health food store & natural therapy centre

- Gluten free, vegan and sugar free foods
- Nuts, grains, seeds and cereals
- Quality vitamins & supplements
- Full range of Ecover cleaning products
- Natural bodycare and babycare sections
- Full range of treatments from Acupuncture to Homoeopathy in our natural therapy centre

Everything you need for healthy living!

greenparrot



Montpelier House, Market Place, Swaffham, tel. **01760 724704**

www.green-parrot.co.uk

ECO Window & Door

COMPANY

- > Windows
- > Doors
- > Conservatories
- > Porches
- > Carports
- > Garage Doors
- > Fascia
- > Guttering



We also repair all makes of windows and doors!
 How about replacing your existing glass for energy A rated Glass and start saving on those heating bills?

27 years in the industry
 Friendly family business (No pushy salesmen)
 I sell it, I fit it, and I guarantee it!
 All work Guaranteed & Insurance Backed Inc Deposits
 Call Jason on 01362 853242 or 07718 080778
 Email ecowadc@hotmail.co.uk



JET ACCOUNTANCY & BOOKKEEPING SERVICES

Professional and qualified service offering:

- ◆ Accounts
- ◆ Bookkeeping
- ◆ Self Assessment
- ◆ VAT Returns
- ◆ Payroll
- ◆ CIS Returns

Tel: Louise Scott (MAAT)

07806 792211

info@jetaccountancy.co.uk

M.M.A. BOOK-KEEPING AND ACCOUNTANCY

Chartered Management Accountant

- ❖ Tax Returns
- ❖ VAT Returns
- ❖ Self Build VAT Claims
- ❖ Monthly Management Accounts Preparation
- ❖ Sage, Excel and Manual Systems Advice
- ❖ Computerisation of Records
- ❖ Home/On Site Visits Available

Call Keith Matthews (ACMA)

01366 347848 / 07818 438066

SYSTEMS BUILT TO SPECIFICATION
MOTHERBOARD REPAIR



OPERATING SYSTEMS INSTALLED OR
RE-INSTALLED
WEB DESIGN / AD DESIGN
VIRUS REMOVAL
HARDWARE INSTALLATION & REMOVAL
LAPTOP & PC REPAIR

PC REPAIRS + UPGRADES

I AM BASED AT COCKLEY CLEY & WILL TRAVEL
FREE OF CHARGE WITHIN 15 MILE RADIUS
FREE PC COLLECTION-RETURN SERVICE

E-MAIL-pc-probs@hotmail.com

TEL-01760-725647
ASK FOR IAN



THE TEKKIE

PC AND NETWORK ENGINEER

- *PC repairs & upgrades.*
- *Viruses & malware removed.*
- *Internet problems resolved.*
- *Wireless Networking.*
- *Data recovery.*
- *Quality PCs built to order.*
- *Microsoft systems specialist.*
- *On-site support.*

Call: Joe Trattle 01366 347304 or 07760 118804

Web: <http://www.thetekkie.co.uk>

Email: joe@thetekkie.co.uk



PR Bowers & Son

Funeral Directors (Est 1921)

Anmer Cottage Methwold Road Northwold IP26 5LN

01366 727432

07796 780270

Private Chapels of Rest ~ 24 Hour Service
Upholding Traditional Family Values Of
Dignity & Respect For Your Loved Ones



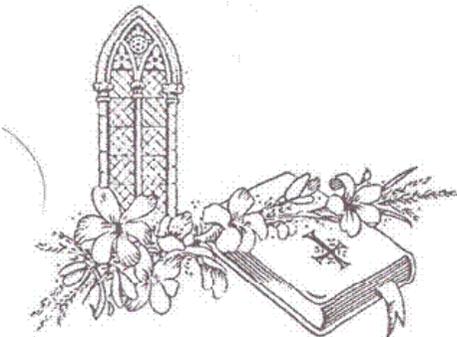
Privileged To Serve Families In The Area For 3 Generations

Family Funeral Directors
R. H. BOND
STOKE FERRY

Formerly G.P. Riches & Son
Still family owned and now run by the
5th Generation
Est. 1872

Offering a Complete Funeral Service
24 hours a day, to all areas

Salisbury House
Lynn Rd
Stoke Ferry
PE33 9SW
Tel: 01366 500241
Mobile: 07861 671325



Help and
understanding
when you need it
most

Peckhams Plumbing



**John Peckham Friendly local
Plumbing and heating
engineer**

**All Work
Undertaken
Big Or Small**

**Fully Qualified
and
Insured**

**No Estimates
Just 1 Price**



**No Call
Out Fees**

- ✓ Full Heating Systems
- ✓ Heating system updates
- ✓ Radiator changes
- ✓ Oil Tank changes
- ✓ Fully Fitted Bathrooms
- ✓ Leaks And Repairs
- ✓ Tiling
- ✓ Boiler replacements & repairs
- ✓ Boiler Services

**Tel Feltwell: 01842 850576
Mobile: 07534892411**

Doubledays Waste Disposal

Doubledays can assist with all waste problems, from domestic septic tanks and treatment plants to commercial/industrial liquid waste, interceptors and gulleys. We also rod-out or jet blocked drains. Portaloo and Skip Hire also available

We offer a no obligation, FREE quote for the following:-

- ◆ Installation of new septic tanks and soakaways
- ◆ Repairs to damaged drains and pipe work



Look out for our Logo 'You make it – we take it'

**Telephone: 01366 500217
01945 773757**

**We take most major credit and debit cards, cheques and cash
Check out our facebook page to find out more about us and any special offers in your area**

Enhance your home with Whitley & Walford
Quality Hardwood Conservatories & Orangeries



Whitley & Walford

HARDWOOD CONSERVATORIES & ORANGERIES



Tel: 01328 700161 enquiries@whitleyandwalford.co.uk
www.whitleyandwalford.co.uk



Create Space

NORTHWOLD TILE CENTRE

Retailers of wall & floor tiles



Established 23 years
Expert fixing service

**SPECIAL OFFERS ALWAYS
AVAILABLE ON SELECTED TILES**

Opening times:
Mon - Fri 9am -1pm, 2.15pm - 5pm
Sat: 9am - 5pm, Sun - Closed
The Old Chapel, High Street,
Northwold, Thetford, IP26 5NF.

Tel/Fax: 01366 728325

NEW for 2011
**MULTI-FUEL/WOODBURNING
STOVES**

WJA TILING

The Complete Wall and Floor Service

Ceramics, Porcelain, Mosaic
and Natural Stone
Under floor heating and Karndean

No job too big or small
All Work Guaranteed
15 years experience

For a free quote, measure up
or advice

Phone Will on: 07884 446257

RAY GRIBBLE

Antique Restoration & Traditional Upholstery

All aspects of antique furniture restoration, including French polishing, cabinet repairs and traditional upholstery

Traditional Upholstered Furniture

Footstools, Sofas and Chairs
made to commission

Picture Framing & Mirrors

** VISIT THE NEW WEBSITE **

www.raygribble.co.uk

Vine House, Church Road, Wereham

01366 500 387

Poppi Interiors

Fabrics, furnishings & Interiors



Made to Measure Curtains, Blinds & more
Fabrics, Wallpapers, Poles & Trimmings
Free Measure & Quote 01366 348033
poppiinteriors@aol.co.uk

BRYAN CATER Chimney Sweep

Guild of Master Sweeps certified

Clean and Reliable

Certificates Issued

Fully Insured

Fire Parts Supplied and Fitted

Call Gavin on

01366 728342

The Poplars, Thetford Rd,
Northwold, Thetford, Norfolk



Create your new look with newrooms.



From inspiration to installation we take care of everything
transforming your Kitchen, Bathroom, Bedroom
In to the room you always dreamt of.

For your free consultation call now on 01366 727417
Visit newroomsdesign.co.uk

or see our showroom at The Workshops, Brandon road
Methwold, Norfolk, IP26 4RH

newrooms 

discover a new level of service



newroomsdesign



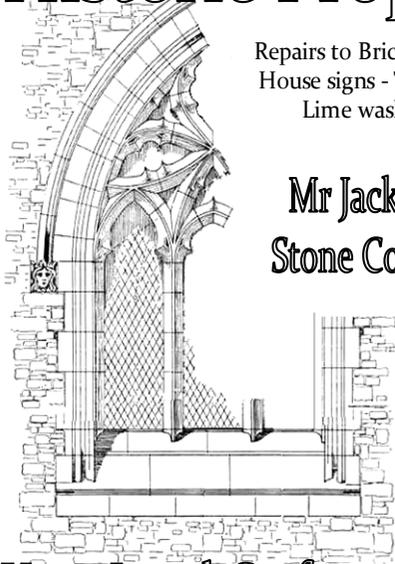
newroomskitchens

Historic Property Maintenance

Repairs to Brick and Stonework - Masonry repairs - Letter cutting -
House signs - Traditional plaster - Lime mortars made for clients -
Lime washes - Conservation - Restoration - Re-pointing -
Memorials - Gravestones

Mr Jack M Rolfe
Stone Conservator

CSCS Carded
Specialist in the repair of
historic buildings & monuments



Your Local Craftsman

J M Rolfe
CONSERVATION

Tel: 07827608216

www.jmrolfeconservationnorfolk.co.uk

3 Malthouse Row, Wereham, Norfolk

PAUL FARRAR **GENERAL PLUMBING** **SERVICES**

ALL ASPECTS OF
PLUMBING UNDERTAKEN,
INCLUDING
MAINTENANCE AND
REPAIRS

AT COMPETITIVE PRICES

PHONE 01366 328072
OR 07725 300624

CARPENTER For all types of **Carpentry work**

Renovations and Repairs

Cupboards and Shelves

Doors and Windows made/fitted

Also bespoke handmade
furniture

Call Terry Duncombe
01366 328608
For Consultation and Quote

D.J.B. LANDSCAPING

- : Driveways : Paving : Fencing :
- : Garden Clearance :
- : Hedge Maintenance :
- : Grass Cutting / strimming :
- : Building Repairs / Maintenance :
- : Concreting :

All jobs considered

David Bennett

Mobile 07795 833440

Fakenham 01328 700859




**HANDYPERSON
SERVICE**

Care & **repair**

**A COUNCIL SERVICE FOR HOME
MAINTENANCE & MINOR ADAPTATIONS**

MINOR ELECTRICAL, INTERNAL & EXTERNAL WORK, PLUMBING
SPECIALIST SERVICE FOR ADAPTATIONS FOR THE ELDERLY & DISABLED

**FOR MORE INFORMATION CALL
US ON 01553 616371**

A J Restoration

Architectural Stonemason Specialist

Traditional techniques used in restoration of brickwork and stone.
Lime mortar repairs. Shelter coating. Stone cleaning. Repointing.
New stonework. Brickwork and chimney repairs. CSCS carded



Tel 01362 687176

Mob 07877816145

email aj.restoration@yahoo.co.uk

7, Station Drive, Gt Fransham, Dereham, NR19 2JD

**ADE HARDY
GARDENING SERVICES**

For all your gardening needs

Garden Clearances

Mowing and Strimming

Hedge Cutting

Tree Work

Fencing

General Garden Maintenance

Winter tidy ups



**To discuss your requirements
please call Ade on**



**01366 328941 or
07798 785663**

**No job too large or too small to
be considered**



**Garden Services
John Adcock**

For conifer, shrub
and hedge trimming

Garden Maintenance
and winter 'tidy ups'

Grass Cutting for large or small lawns

New fencing erected
or old fencing repaired

Mulch and Chippings available
Power Washing

Tel: 01760 337058 or 07909 785801
Fully Insured

**Seb Chaplin
Garden Services**

All aspects of Garden and Ground
Maintenance undertaken including:

Lawn care

Tree and Shrub Pruning

Hedge Cutting

Landscaping

Ring for more details
and a free quotation



01366 727041

07733210151

emmaandseb@hotmail.co.uk

Tim's Tree Services



Pruning
Topping
Felling
Clearing

All aspects of tree and hedge



work undertaken

Over 30 years
experience



Qualified - Insured

Call 01366 347656
or 07867 764307

For your free quote

LOCAL MAN - LOCAL RATES

Now Autumn's here it's time to prepare your garden for winter

Are you in need of getting your garden ready for winter? We can provide lawn care, cutting, scarification, aeration or rotovate a new bed ready for planting. Light hedge cutting, pruning and general tidy up.

We can also redesign your garden and provide plans, planting layout, and organise construction. Whatever your gardening needs, We can help. References available.

Just the JOB Gardening

Call Jamie on
07880948203
Or Jacque on
07919371994
for a chat or quote



NORTHWOLD ROCKERY STONE

@ BRYAN CATERS

Suppliers of Natural Stone Paving,
Circles, Setts, Rockery Stone, Cobbles,
Pebbles and much more.

Check Out Our Prices!

www.bryancater.co.uk

The Poplars, Thetford Road, Northwold, Thetford,
Norfolk IP26 5LW. Tel: 01366 728342



P.G.M.S.

**Fabrication of a
variety of metals
Mechanical engineering**

SPAREX *Agricultural
spares & accessories*

Peter Garner

Mechanical Services

Shingham Lane, Beachamwell,
Swaffham, Norfolk. PE37 8AY.

Tel: 01366 328823

E-mail: pgms@lineone.net

FENLAND GARAGE DOORS

The area's most
comprehensive range of
manual and automatic doors.
Plus repairs to all doors
and spares

PROUD TO SAY MORE THAN HALF
OUR NEW CUSTOMERS COME TO
US BY RECOMMENDATION

Swaffham 01760 790 009
Bexwell Showroom 01366 382815

www.fenlandgaragedoors.co.uk

D W Savage "Carpenter/Builder" 25 years Experience

For all your building requirements

Kitchens, Bathrooms supplied and

Fitted or just labour

Conservatory, fascias, guttering

Laminate or Oak flooring

Chimney repairs

Patios, Decking etc.

Car Ports

Extensions

All roof systems

All Carpentry works undertaken

Renovations

Ask for Darryl

Telephone 01366 501152

Mobile 07884373315

MHS SERVICES

For all your Plumbing, Electrical
and Building maintenance work

40 years in trade

Electrical certificates supplied
to BS7671



Call Mike
Shaw on



**07776 154474 or
01760 336739**

No job too small
Free estimates



Paul Braybrooke
Oil Fired Boiler Engineer
Boiler Servicing
Breakdown Service

Commissions
Tank Replacements

Phone 01353 777788
07946 735691

M.B. Roofing

Complete Re-Roof
UPVC Facias
Leadwork
Guttering
Repairs
Re-Pointing
Bird Proofing
Roof Cleaning
Chimney Rebuild
Dry Verge System



01760 725047

07979 811260

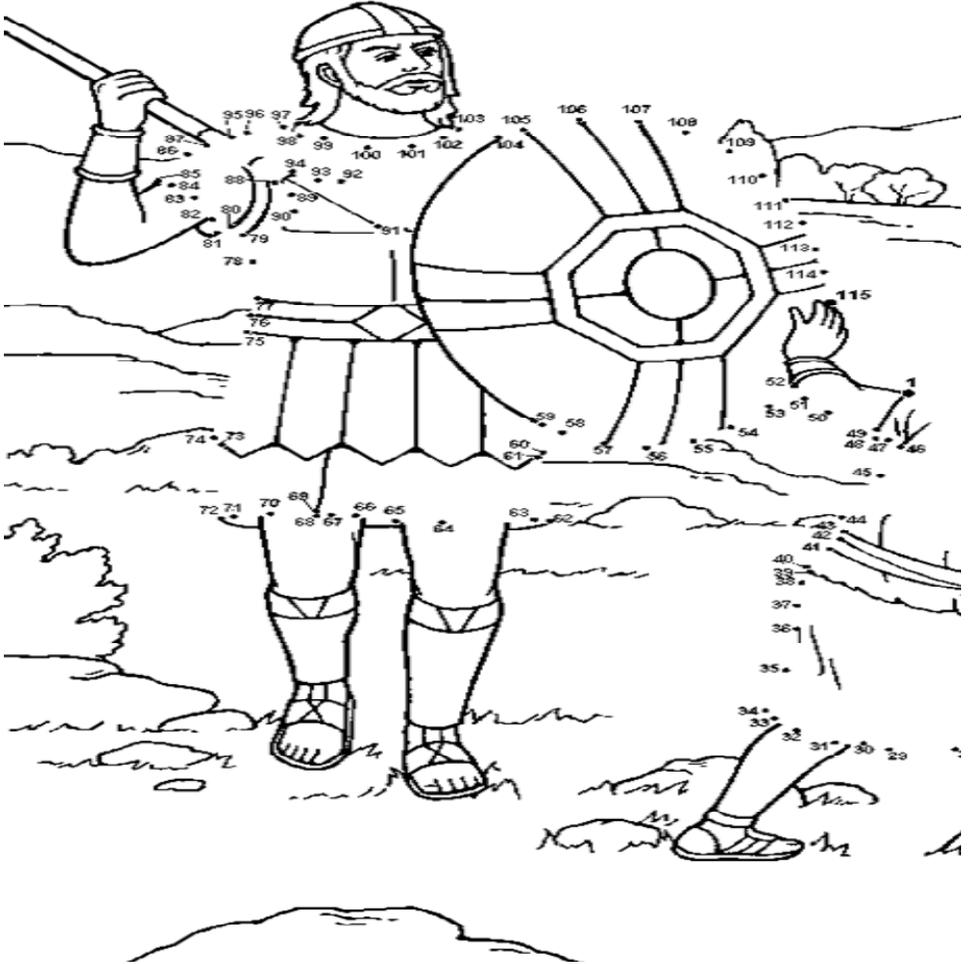


mb-roofing.co.uk

CHILDREN'S PAGE

David And Goliath

This day the Lord will deliver you up into my hands!
1Samuel 17:31 -52



PUZZLE PAGE

1. Which Asian bread, which translated means 'bread', is a relative of flat, pitta like bread?
2. What is the name for meat killed in the prescribed Muslim manner?
3. He formed the Scottish Labour Party and was the first independent Labour MP, who is it?
4. What is the liquid created by the mashing of malted barley called? Four letters (it's not beer) ?
5. By what name is a bottle that holds four bottles of Champagne traditionally known?
6. What is added to brandy to make a sidecar?
7. Which Russian word meaning restructuring became popular in the 1980s?
8. What MG was the initiator of Glasnost?
9. True or false: The Tripitaka is the sacred text of Islam (if false, what is the sacred text of?
10. What are members of the Unification Church called?
11. Who is the Greek goddess of the moon?
12. Quetzalcoatl was a serpent god amongst which tribe?

Answers

7. perestroika 8. Mikhail Gorbachev 9. False/Buddhism 10. Moonies
11. Selene 12. Aztecs



**Saint John's Way
Saint John's Business Estate
Downham Market
Norfolk
PE38 0QQ**

Easy access, ample on-site parking, dedicated sterile operating theatre, dedicated dental suite, separate dog and cat wards, isolation ward, all staff and facilities on one site, x-ray suite, in-house laboratory, ultrasound facilities, Pet Passport, export services and 24 hour nursing cover.

A Personal and Professional service that our existing clients are accustomed to. We warmly welcome new clients who wish to register with us.

As part of our aim to give something back to the community we recently purchased a full set of match shirts for the Swaffham under 9's rugby team. We hope to extend this to other age groups in the future. Now the quality of the shirts can match the quality of the rugby!

01366 382219

www.crossingsvets.co.uk

Our surgery times are listed below. Please note that appointments are now necessary for all evening surgeries.

Open surgeries

Monday to Friday	9-10am
Saturday	10-11.30am

**All other consultations will be by appointment only
so please ring in advance**

info@crossingsvets.co.uk