

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere; Boughton; Wereham **February 2015**

WELCOME

And a belated Happy New Year!

It's already past the middle of January as I write—the days are getting longer, snowdrops are out and there are visible flower buds on the daffodils. It's cold and we've had snow, but there is hope in the air. It's time to try a new skill, do something new, make resolutions if you will—much easier to try something new than to give up an old something! You may have a skill you could share—just don't offer to teach me how to cook. I've decided on my new project for myself!

Whatever you decide, I hope 2015 will be good for all of us in the important things—health, friends, interests. Let's also try to get on better with those around us.

As always, 'Happy Reading ' The Editorial Team Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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'FROM THE RECTORY'



New Rectory High Street Fincham nr. King's Lynn Norfolk PE33 9AP 01366 348079

Dear All

As you might know, there are dozens of light bulb jokes. My favourite is: how many psychotherapists does it take to change a light bulb? Answer: only one, but the light bulb must *really* want to change.

Our group of churches is changing, as we take in a number of parishes from the Deanery, and different priests and ministers will take services in our churches. Change can be hard – many of us don't like change. But if you are thinking that you can't teach an old dog new tricks, remember that Abraham was over 70 when God told him to leave his home and found a new nation. Refusal to change results in slow death. If you plough the same furrow year after year it ends up as a rut, with you stuck in it.

Eventually, our church will die if we do not attract new members. To do that we must share the gospel that God loves them, and let them experience God's love in our fellowship. The gospel is unchanging but the world changes around it. Jesus asked the paralysed man 'Do you really want to be healed?' He asks the same question of the Church today, and of me and you. If the answer is 'Yes', then we have to accept the necessity of change, and then stand up and walk. So don't be afraid of change: embrace it and be thankful that God's will is done.

Barbara

BENEFICE NEWS

Benefice choir :=This is a choir formed of interested people from the parishes in the benefice, almost all of which are represented, to sing at group services, carol services, special church events, etc. We are looking for new members who may not have formal music training but are interested in singing in a friendly group to a high standard and have the enthusiasm and commitment to keep coming back for more. It isn't necessary to read music or to have choral experience—just enthusiasm. We meet on Thursday afternoons from 2-3 pm, mostly during term time, so school pickups and visiting grandchildren should not be a problem. If you are interested, speak to Tom Golden on 01366 500 052 or to

This year Ash Wednesday falls on February18th.

Ash Wednesday, a day of fasting, is the first day of Lent in Western Christianity. There will be a service at Fincham at 10 am on Wednesday 18th February. This

This year's midweek Lent services are as follows:

25th Feb Whittington 4th Mar Stow Bardolph 11th Mar Methwold 18th Mar Denver 25th Mar Downham Market They are stand-alone services, so feel free to go to one or all.

means that the normal Thursday service will not take place in that week.

According to the canonical gospels of Matthew, Mark and Luke, Jesus Christ spent 40 davs fasting in the desert. where he endured temptation by Satan. Lent originated as a mirroring of this, fasting 40 days as preparation for Easter. Every Sunday was seen as a commemoration of the Sunday of Christ's resurrection and so as a feast day on which fasting was inappropriate. Accordingly, Christians fasted from Monday to Saturday (6 days) during 6 weeks and from Wednesday to Saturday (4 days) in the preceding week, thus making up the number of 40 days. Ash Wednesday derives its name from the practice of blessing ashes made from palm branches blessed on the previous year Palm Sunday, and placing them on the heads of participants to the accompaniment of the words "Repent, and believe in the Gospel" or "Remember

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LEARNING THE ROPES

I have always enjoyed the sound of Church bells and had made a personal resolution that when the opportunity arose I would do more than listen. Fate seems to have moved in mysterious ways when our move from Kent to Norfolk landed us next in a close brimming with bell ringers and saying no could not be an option! Anne Carpenter kindly agreed to take up the challenge of my tuition, and over the last month both brain and muscles have been stretched in a new and quite testing form of exercise.

Apart from discovering how cold church towers are in the winter, my first impressions have been ones of having to adjust to a skill that involves a lot of different actions compressed into very short amount of time. As a complete beginner I remain at the stage when my brain keeps fusing out from overload as I attempt to cope with one action whilst planning two more ahead. It seems a bit like snooker – but with much more propulsion! A scientific understanding would employ "cause" and "effect", but the strange thing is it is not possible to see the cause of the action of pulling the rope, and the effect is not instantly apparent, but follows what seems much later! I guess for a beginner the speed of the rope and the delay in a sound are the most exacting aspects to manage, whilst attempting to achieve an elusive rhythm.

Those who know Anne will know her gentle style of teaching and soft voice can work wonders. I can now manage an elementary handstroke and backstroke (no water needed) without a direct risk to either myself or those in close proximity, to the point where I am just about in sync on rounds. I can ring a bell up – if no-one has a prior appointment in the next day or so whilst I attempt to find the stay, and can ring a bell down without the aid of a parachute. So there must be progress.

Through all the aspects of being a beginner in a new skill – what has been apparent is how friendly, patient and supportive bell ringers are as a community. Despite my capacity to "crash" a bell with no apparent effort either forwards or behind, the other ringers involved still smile and speak to me. So all very encouraging and enjoyable in learning a special and historic craft, though I would hesitate from saying "the only way is up."

Rob Thompson

THE DIOCESE OF VELLORE

This month Barbara is taking part in a visit to Vellore in Southern India, organised by the Diocese of Ely. Shouldham school is linked to the Diocese of Vellore, as are churches in the southern part of the Diocese of



Ely.

The Diocese of Vellore was inaugurated on the 26th of January 1976. It is the youngest of the Church of South India dioceses and was created out of the western half of the Diocese of Madras, as part of the CSI policy of creating small dioceses for better pastoral provision and administrative purposes.

The territory covered by the diocese is the area first evangelised by the American Arcot Mission

(Dutch Reformed Church in America). The Arcot Mission was active from 1853 until 1954, when it was dissolved and all its activities were brought under the control of the Church of South India. Many of the institutions in Vellore Diocese still bear the names of their American Mission founders such as Scudder, Beattie, Wyckoff, DeValois and Honnegar.

The motto chosen for the Diocese was "In the Cross of Christ I Glory" (based on Galatians chapter 6 verse 14). Its emblem includes a banyan tree - the tree under which the Scudder brothers prayed before they decided to begin their work in the area of Vellore. Vellore Diocese is predominantly rural and crosses the state boundaries of Tamil Nadu and Andhra Pradesh; this means it is a bilingual diocese (Tamil and Telagu). More than 90% of the Christians come from the oppressed Dalit community. Rt. Rev'd William became the fifth Bishop of Vellore in March 2003.

As part of its World Mission programme, Ely Diocese has built up a strong link with the Diocese of Vellore through the Cambridgeshire Ecumenical Council. As a result, many friendships have been built through visits to and from each country.

INTRODUCTION TO VELLORE – A RURAL DIOCESE IN SOUTH INDIA

In 1976 the large Diocese of Madras in the Church of South India was divided into two parts and the southern part of its territory became the Diocese of

Vellore. Two thirds of the territory of the Diocese of Vellore lies in the north of the state of Tamil Nadu, and the rest in the south of the state of Andrah Pradesh. This means that two different languages are spoken in the Diocese – Tamil in the south and Telagu in the north.

There are no large cities in this Diocese, but there are a handful of small towns and hundreds of small, poor, rural villages. The largest town is Vellore itself which has approximately 400,000 inhabitants – although this may sound like a lot of people, this is only a medium sized town by Indian standards! The Diocese of Vellore has about 50 urban churches and over 600 rural churches -685 church congregations in all. These 685 churches serve over 150,000 Christian families i.e. about 900,000 Christians. This is approximately 10% of the total population of the area. The Diocese is divided into four areas (North, South, West, Central) and each area consists of between 15 and 20 pastorates. A pastorate is the area supervised by a pastor (or pastorate team) and usually consists either of a town church with several villages attached, or a network of small village communities.

The Church of South India is a united church: in 1947, shortly after India achieved independence, the Anglican, Methodist, Presbyterian and United Reform churches of the south of India united as one church (this did not include the Roman Catholics and some Pentecostal churches or the ancient Mar Thoma Church). Before this date there were a number of different missions working in the area now in the Diocese of Vellore – in particular the American Arcot Mission, but also missions from Britain and Germany. The church



buildings and the forms of worship services often reflect these different national origins, although the Church of South India has, of course, developed its own particular style and practices.

Vellore Fort is а large 16thfort century situated in the heart of Vellore citv. in the state of Tamil Nadu, India.. The fort is known for its grand ramparts, wide moat and robust masonry. The Fort's ownership passed from Vijayanagara Kings, to the Bijapur

Sultans, to Marathas, to the Carnatic Nawabs and finally to the British, who held the fort until India gained independence. The Indian government maintains the Fort with the Archaeological Department. The fort houses a Christian church, a Muslim mosque and a Hindu temple, the latter of which is famous for its magnificent carvings. The first rebellion against British rule erupted at this fort in 1806..⁽¹⁾

COUNTRYSIDE NOTES

Not all drugs are produced in laboratories and scientists are looking more and more at natural resources such as plants, trees and animals for treatments.

It has been known for centuries that bark of the Cinchona tree produces quinine used to treat malaria. An alternative is Artemisinin obtained from the Sweet Wormwood tree. EBC-46, extracted from seeds of the Blushwood tree, is used in cancer treatment and research into an unnamed drug obtained from the Amur Cork tree shows it has potential for treating pancreatic and prostate cancers. Yew trees yield two drugs, one from the needles the other from the bark which is used in chemotherapy. Another drug used for cancer treatment is obtained from the Camptotheca tree.

Extracts from the Rosy Periwinkle plant have traditionally been used to treat diabetes but it also possesses good anti-cancer properties and can lower blood pressure. Indigenous tribes used sap from the Menispermaceae plant to make poison arrows for hunting. This drug, Curare, acts as a muscle relaxant and is now used by surgeons during operations. Physostigmine comes from the Calabar bean, an African vine; these seeds are very toxic. Once used as an antidote to Curare it causes muscle contraction, a safer synthetic derivative is used now to reverse the effects of muscle relaxants used in general anaesthetics. The drug Diosgenin obtained from wild yams, traditionally used by native peoples to treat cramps associated with child birth, was a major ingredient in the birth control 'pill' developed in the 1960s. Atropine is obtained from Deadly Nightshade and used to treat motion sickness also by throat surgeons and eye specialists. Codeine and morphine come from the sap of poppy seed pods and have been used in medicine for the last 3,000 years. Autumn Crocus yields Colchicine, known for even longer, used as an anti-inflammatory often for treating gout. Until the 1970s Digitalis, used to treat heart conditions, was harvested from foxgloves but is now made synthetically.

For centuries the saliva of Leeches has been used as an anticoagulant and is still in use today. The drug Ziconotide, used for pain relief, is derived from the venomous Cone snail. It is non-addictive and said to be much more powerful than morphine. 60% of medications prescribed for blood pressure problems contain drugs derived from the venom of the Jararaca pit viper and extracts from Lancehead Snake venom can be used to either thin or thicken the blood or as surgical glue. A specific protein has been identified in Moccasin snake venom which has been shown to kill cancer cells and thin the blood which could help prevent heart attacks and strokes. Chlorotoxin comes from the venom of Deathstalker scorpions and is able to attach itself to cancer cells making them easier to identify and for a surgeon to remove them. For indigenous peoples the world over nature provided cures without them knowing how or why they worked. Advanced modern technology has now made it possible to identify and extract the drugs found naturally in plants and animals.

FINCHAM HISTORY GROUP

One of the most well attended meetings of the year took place in the Memorial Hall at the beginning of December. Several villagers, with the help of newspaper articles of the time, told the sorry tale of Hubbard Lingley, from Fincham, who was the last man to face a public execution at Norwich Castle. Born in 1845, Lingley was arrested for the brutal murder of his uncle, Benjamin Black. Evidence was largely circumstantial and hearsay, but, nevertheless, Lingley was found guilty of the crime and hanged, in 1867, before 1500 onlookers. Apparently, if Lingley had been hanged on a Saturday there would have been even more spectators as the men would not have been working. Lingley confessed to the murder in a letter to his wife, but, curiously, a letter printed in the Bungay Times during the 1930's suggested he was, in fact, innocent. A most interesting evening ended with refreshments.

FINCHAM CHORUS

Fincham Chorus held a very successful Christmas Concert in St Martin's Church, with a mixture of well-known carols and less familiar musical items. It was pleasing to see the Church so well attended and, as usual, Fincham Chorus did not disappoint. Listening to beautiful singing, (especially unaccompanied

pieces,) together with poetry, mince pies and mulled wine, what better way to warm the heart on a cold winter's evening.

The sale of tickets together with a raffle raised just over £300 for Church funds.

Rehearsals resume on Thursday 8th January, at 7.00pm in Fincham Memorial Hall. New members welcome – no need for auditions, just come along and experience the joy of singing.



GARDENING TIPS

Here we are at the start of another gardening season. What will it bring? No one knows, not even the weather pundits, but as gardeners, providing we do things right, the results of our labours should be positive. Mother Nature always plays her part, sometimes making life in the garden somewhat difficult, but that is our challenge – to overcome the problems whatever they are! As I write, early in January, the garden looks quite crisp but fortunately not 'deep and even'! Over the past few weeks we have been treated to some quite equitable weather. Particularly so for the time of year, so I hope you have all taken advantage of the clement conditions and have your gardens in a really shipshape situation. Many subjects are, if anything, far too advanced, climbing roses that were pruned and tied in some weeks ago have produced new growth and are now in bloom!

I have written before that February can, and usually is, a difficult month in the garden. The really keen gardeners amongst us cannot wait to get started but my advice is always to take things slowly at this time of the year – the weather can change very quickly and do so much damage if we plant too early. I have always delayed until March before I started any planting. It's very nice to have an early crop of fresh vegetables but wait for the ground to dry out and warm up a little – seeds will not germinate if the ground is too wet or too cold, so you will gain little but could lose a lot!

If you have a propagator or other heating in the greenhouse, however, an early start can be made. Early this month is the ideal time to sow tomatoes and any other seeds that take a long time to reach a usable state like lobelia, geraniums and fibrous begonias etc. If you have chrysanthemum stools in pots from last year now is the time to bring them up onto the staging to start them into growth ready to taking fresh cuttings next month. Keep an eye open for aphids – a little warmth will produce a population in no time! Keep an eye also on any dahlia tubers that you have in store. Mildew can often be rubbed off with a dry cloth but where any have rotted then cut away the affected portion and dust with flowers of sulphur before returning to store.

I gave details of the formulae I use for my home-made composts in the February 2013 edition. If you have followed my practice in making your own then do not delay in mixing what you need for the coming season. Conditions being suitable, and they often are around the middle of the month, take the opportunity to clean up the flower beds, removing all the old debris that has collected – a haven for slugs and snails. It might even be possible to fork over those beds to loosen and therefore aerate the soil to allow it to start drying out. Similarly, on a dry day, brush over the lawns with a besom to remove any rubbish. If we have had snow laying for any length of time brushing will also help to lift the grass from its possibly flattened and somewhat stagnant state.

Sweet pea plants produced from a sowing last autumn will soon be showing signs of new side shoots. A light watering, on a suitably open day at this stage, will be all that they need. If however the weather becomes hard with severe frost and snow leave them alone. Don't push them on too quickly under such conditions, wait until more clement weather arrives.

I wish you all a happy and healthy New Year and may all your gardens prove worthy of all the care and attention you give them. *Roy Coughtrey*

ALMOND AND ORANGE TORTE

Serves 10-12

A little oil for greasing A little flour (or extra ground almond) to dust tin 1 medium orange 3 medium eggs 225g (8oz) golden caster sugar 250g (9oz) ground almonds ½ tsp baking powder a little golden icing sugar to dust

1. Grease and line, then oil and flour a 20cm (8in) springform cake tin 2. Put the whole orange in a small pan, cover with water. Bring to the boil, cover and simmer for at least 1hr until tender. Remove from the water and allow to cool.

3. Cut the orange in half, remove the pips, then whizz in a food processor to make a smooth puree.

4. Preheat oven to 180°C (160°C fan oven), gas mark 4.

5. Put eggs and sugar in a bowl and whisk together until thick and pale. Fold in the almonds, baking powder and orange puree.

6. Pour mixture into the prepared tin. Bake for 40-50min or until a skewer comes out clean. Leave to cool in the tin.

Beachamwell Book Group

Tuesday February 3rd

7.00 - 9.00pm

Beachamwell Memorial Hall

Book to be discussed at this meeting 'Bring Up The Bodies' Hilary Mantel

> £2.00 + Bring & Buy Bookstall New members welcome

Enquiries: Leah Spencer 01366 328536

Beachamwell

Scrabble Wednesday February 11th 2.00 - 4.00 Orchard House, Beachamwell

Enquiries: Sonia Williams 01366 328774





Beachamwell WI

Thursday February 5th

7.30pm

Memorial Hall

'Flights of Fancy' Beautiful Butterflies and Marvellous Moths Mrs Sue Pennell

Visitors Welcome

Enquiries: Jenny Gabrielsen 01366 328297

Beachamwell and Fincham Family History Group

Tuesday February 17th

2 – 4pm

Beachamwell Memorial Hall

£2 All welcome

Enquiries : Leah Spencer 01366 328536

Beachamwell Afternoon Tea and a Chat.....

Wednesday February 18th 2 - 4pm

Beachamwell Memorial Hall

Enquiries Sonia Williams 01366 328774

Beachamwell

Craft Group

Thursday February 26th

2 – 4.30pm Beachamwell Memorial Hall

Bring along something you are already working on or start a new hobby in a friendly group of like minded people.

£1.50 + Bring & Buy All welcome. Enquiries: Leah Spencer 01366 328536



The Breckland Society

'The History of RAF Watton' *a talk by* Local historian Julian Horne

Mundford Village Hall 7.00 p.m. Friday February 13th

Cost to Breckland Society Members: £3.00, non-members £5.00

For further details please email: <u>info@brecsoc.org.uk</u> or



Andrea Holland 'Poetry Readings'

www.andreacholland.co.uk

Sunday February 22nd 3.00pm

Swaffham Assembly Rooms

£7.00 for members £10.00 non-members

Tickets from Green Parrot 01760 724704 Ceres Bookshop 01760 722504

Enquiries: Eileen Powell 01366 328648

NATIONAL TRUST Oxburgh Hall Tel: 01366 328258

FEBRUARY Snowdrop Walks

Weekends 31 Jan - 8 March, and every day except Thursday in February half term Join us for a guided walk around the Hall's woodlands to take in the stunning carpets of snowdrops, aconites and other spring flowers. Please be aware that, depending on the weather conditions, there may be a few snowdrops or many, but there is always plenty to see! The estate will be open to roam independently if you prefer, and trails are available for families.

Walks begin at 11.30am and 2pm and last approximately 1 hour. Normal

The Hall Opens Its Doors

14 February. Daily <u>except</u> Thursdays.

Don't miss the earlier than usual

opening of the house for the season. It will be open between 12noon and 3pm until 13th March, then from 11am to 5pm.

Normal admission.

admission.

Woodland Coppicing Family Day Friday 20 February 10.30am - 3pm

Bring the family and try coppicing, a traditional way of managing Oxburgh's sustainable woodland. Find out how to identify trees, how to use tools and work together to care for this important habitat. Bring along a packed lunch and wear sturdy boots or wellies and clothes

"Barton Bendish Film Club Present:

'What We Did On Our Holiday'

At Barton Bendish Village Hall on Friday 27th February 7:30pm

A comedy written and directed by Andv Hamilton. Starring David Tennant, Rosamund Pike and Billy Doug and Abi and their Connolly. three children travel to the Scottish Highlands for Doug's father Gordie's birthday party. It's soon clear that when it comes to keeping a secret under wraps from the rest of the family, their children are their biggest liability... Running Time 95 mins

Tickets £4 in advance £5 on the door; with refreshments and raffle. Please call Box office: 01366 347849

or email:<u>cinemabarton@gmail.com</u> o r see our website at : <u>http://</u> <u>bartonbendishfilmclub.btck.co.uk</u> for details."





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Free WiFi available in the pub, gardens and rooms.

Check out the website for details of all the menus and the diary of events <u>www.theberneyarms.co.uk</u> or call 01366 347995.

Phil, Sue and the team will be happy to help with any enquiries.





Bookings Now Being Taken

For Oil & Acrylic Art Lessons



At the ARTS LOUNGE gallery

15, Market Place, Swaffham

Every fortnight from 3rd February

10.00 – 1.0pm or 1.30pm – 4.30pm

For further details call

01760 723624

Wereham

Pop-Up Café



1st Tuesday every month 10.30 to 12.00

Fresh coffee/tea, home-made cakes, sit and read papers or have a natter....



Just £1.00.

All proceeds go to Village Hall.

SPECIAL EVENT PLANNED?

NEW Range Cooker

NEW Larder Fridge

Music System....

All available when you hire

WEREHAM VILLAGE HALL!



Contact Doreen on 500218 for Bookings

Wereham Village Hall

Think about it for your event!



Wereham Weekly Cash



Wereham Village Hall Wednesdays Doors open 6.45 pm Eyes down 7.30 pm

Raffle and Refreshments with complimentary biscuits



Enquiries: Roger Collins 01366 500088

All proceeds go to Village Hall Registered Charity Number 1151336 Wereham Village Hall



Quiz Night

Wereham Village Hall

Saturday 7th March, 7.30pm

Tickets £5 to include a hot supper

For further details and to buy tickets please contact John on 01366 500766

bring your own drinks/glasses

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FEBRUARY EVENTS AT DOWNHAM MARKET LIBRARY

For further information about these events, or to book where necessary, please contact the library on 01366 383073

Regular events

Scrabble Club Tuesdays 3rd and 17th February

1pm – 3pm. No need to book but places on first come basis.

Fix it Friday – Food and Nutrition

Friday 6th February 10am – 12 noon. Come along and find out about the services on offer from Wiltshire Farm Foods and the Health Trainer Service.

Storytime and crafts Tuesday 19th February

10.30 - 11.30am. All children to be accompanied by an adult

Reading group Tuesday 17th February 3- 4pm.

Please contact the library to see about joining and books being read.

Knit and Natter. Meets fortnightly on Wednesdays 1.30 - 3pm

4th and 18th February.

Other events

Dementia Friends Session Tuesday 3rd February

10.30am - 11.30am. Booking essential.

Harry Potter Book Night! Thursday 5th February.

4pm – 5.30pm. Booking essential. For children aged 5 and over. All children to be accompanied by adult. Dress code! Wizarding robes, Harry Potter fancy dress or your best muggle attire!

A Tour through the Bowskills Plate Glass Negative Collection

Tuesday 10th February 1.30pm – 2.30pm. Donated to King's Lynn Library by the Bowskill family, the collection covers a vast number of local West Norfolk views and people taken during the early 1900s. Booking essential. Please note this event is part of the Downham Market Library Friendship group session and so \pounds 1 will be payable on arrival. Tea and coffee available from 1pm.

Visit by author Jane E James Friday 20th February

2pm - 3pm. The author of "The Long Weekend" set in the Hunstanton area, will be visiting Downham Market Library to talk about her work and sign copies of her book.

Free Creative Writing Taster Monday 23rd February

10am – 2pm. Booking essential. Can lead on to a further free 4 week course.

Discover what holistic therapies could do for you...Tuesday 24th February

1.30 - 2.30pm Reflexology, Reiki, Crystal Healing, The Balance Procedure. Please note this event is part of the Downham Market Library Friendship group session and so £1 will be payable on arrival. Tea and coffee available from 1pm.

West Norfolk is a walkers paradise; discover miles of shoreline and superb countryside footpaths.

At Holme-next-the-Sea, the ancient Peddars Way joins the Norfolk Coast Path, where even the shortest walk reveals a wealth of wild flowers. Rabbits, foxes and other mammals are a also frequent sight. You can hop on and off the CoastHopper bus service from King's Lynn to Sheringham, to explore the coast and relax whilst someone else does the driving. Stretching from Hunstanton to Cromer, running through the Norfolk coast, The Norfolk Coast Path is a very popular walk, with the path well covered by the Coasthopper bus service too.

There are various easy access walks and paths within the areas of Sandringham, Titchwell, and Holkham which have been developed by the Norfolk Coast Millennium Access Project.

Further south, the Sir Peter Scott Walk follows the old sea bank along the Wash from King's Lynn, west – you can take the passenger ferry from King's Lynn to west bank of the River Great Ouse to pick up the start of this walk. Further inland, the Fen Rivers Way, a long distance path between Cambridge and King's Lynn traces the course of the rivers that drain slowly across the Fens into the Wash. The Nar Valley Way also starts at King's Lynn and tracks east following the course of the River Nar terminating at the Rural Life museum at Gressenhall. The River Nar is recognised as one of the finest chalk streams in East Anglia.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Christmas in Barton Bendish began early at the end of November with the popular Wreath making workshops. Three very successful sessions, one with a delicious lunch at The Berney Arms, produced a wonderful array of festive door decorations with ribbons, bells and much holly and ivy. Many thanks to the ladies who came and made wreaths with us. Thank you to Jill and Janine who served up seasonal refreshments, ably assisted by Zach and James. Thank you also to those who allowed Linda and I into their gardens to collect the foliage. All very much appreciated.

Then in early December St Andrews church was decorated with lots of lovely Christmas trees – including a Dalek posing as a Christmas tree! The village hall also held a Hall of Stalls providing a huge variety of choice gifts for Christmas. A big thank you to everyone involved . Those who helped on the day with refreshments, selling raffle tickets and manning the sales table. The candle lit church looked beautiful for the Christingle service on the Sunday afternoon. It was great to see so many people, especially the children, in the church with all the Christmas trees.

We could not hold any of our events without the help and support of so many people. A huge thank you to them all and very best wishes for a happy and healthy 2015.

JOSIE PERCIVAL

More than 60 years ago Josie married Ernie and came to Barton where she lived ever since. For a very long time she bravely fought a battle with cancer but in the end she lost the fight and sadly passed away on November 19th 2014. St Andrew's was packed for the funeral service on December 1st which was followed by internment in St Mary's churchyard. Her husband Ernie has been a familiar sight to us all in Barton either walking his well behaved collie Barney or tending his garden and the bowling green. To add to Ernie's grief he also lost Barney who pined away after Josie was taken into hospital for the last time. Our deepest sympathy extends to him and all the family. Josie was responsible for selling many of the Barton Quiz sheets to her friends in Stoke Ferry and on a more personal note Ernie and Josie always very kindly supported fund raising events I've organized in the village. For this I would like to say how much it has always been appreciated.

ROYAL BRITISH LEGION POPPY APPEAL 2014

In early November Freda carried out her customary door-to-door collection in aid of the Royal British Legion from which she raised the magnificent total of £209. An additional £95.91 was collected by the Berney Arms bringing the total raised in Barton Bendish and Eastmoor to £304.91

As there were so many events being held in November and December Freda postponed her annual Coffee Morning in aid of this charity and is now planning to hold it from 10am to 12 noon on March 7th in the Village Hall.

Please come along and show your support for this worthy cause

THE HISTORY OF BARTON BENDISH TALK

Even though he had done it twice before thirty plus people came to David's presentation about the history of Barton Bendish on November 14th raising another £160 for St Andrew's church.

CHRISTENING

Freda Rumball's great-granddaughter was baptized on Sunday December 14th in St Andrew's church. Baby Lily is the 8th generation of the Rumball family to be christened there. It must be very rare these days, when families become so scattered, to achieve an historic record such as this and equally rare for a greatgrandma to be the organist for such a baptism.

DEFIBRILLATOR

A defibrillator has now been installed on the outside of the Village Hall in Barton Bendish opposite the Berney Arms.

In case of emergency phone 999, there are instructions on the box. The code to unlock the cabinet is also available in the pub opposite or from one of many people in the village who has received training.

An advanced training session for its use was held before Christmas so that a few people in the village would be qualified as instructors. Further basic training sessions are being planned and anyone interested in attending one of these should contact Linda Webster on 01366 347563.

VICTORIAN EVENING

If you didn't come to our Victorian Evening you don't know what you missed! In the presence of Her Majesty Queen Victoria herself Barton's home - grown version of the Royal Variety Performance proved far more entertaining than the one that was televised. The Singing Shepherd opened the show but stars of the evening were undoubtedly 'the next generation' ie ten year olds Zach and James, the latter's younger sister Emily and five year old Quinn. Zach played us a couple of pieces on percussion instruments and was then joined by James to entertain us with some more tunes made merely by banging some plastic cups on a table, clapping their hands and tapping their chests. Emily then gave us a solo performance on the piano and together they sang 'We Wish You a Merry Christmas'. All this was done in a very professional manner. There were readings from Joc, Brenda and Quinn's dad Steve before the Singing Shepherd once again put in an appearance and the hall was filled with laughter. Tom Golden's professional playing ensured that we all had the opportunity for a good old sing-along before Barbara donned her surplus to conduct a short Christmas service of carols, readings and prayers. The evening concluded with cakes, mince pies, mulled wine and coffee being handed round.

It is amazing how a village the size of Barton can produce such a quality evening of entertainment and it is a great shame that there weren't more people in the audience so please make a note in your brand new 2015 diaries to join us next year. If the standard is as high as it was in 2014 you won't be disappointed. *Jill*

BARTON BENDISH FILM CLUB PRESENT: '

WHAT WE DID ON OUR HOLIDAY' ON FRIDAY 27TH FEBRUARY 7:30PM

A comedy written and directed by Andy Hamilton, Starring David Tennant, Rosamund Pike and Billy Connolly. Doug and Abi and their three children travel to the Scottish Highlands for Doug's father Gordie's birthday party. It's soon clear that when it comes to keeping a secret under wraps from the rest of the family, their children are their biggest liability... Running Time 95 mins Tickets £4 in advance £5 on the door; with refreshments and raffle. Please call Box office: 01366 347849 or email:<u>cinemabarton@gmail.com</u> or see our website at : <u>http://bartonbendishfilmclub.btck.co.uk</u> for details."

QUIZ SHEET

Look out for the new quiz sheet which will be available at the end of January from the usual people. The theme this time is 'Cheese and Wine'

Barton Bendish Ordinary Parish Council Meeting Held on 12th November 2014

The meeting was chaired by Cllr J R Bostock, 3 parishioners attended.

BT kiosk in Eastmoor. BT had advised that although the process of adoption had been started in the past it was never completed due to objection from the Borough Council over the loss of the service. The process could now be completed and the Clerk confirmed that she had advised BT and the Borough Council that the Parish Council wished to adopt the kiosk.

A new Internal Auditor will be required for the financial year ending 31st March 2015. A name has been put forward and the Clerk will make contact.

Mayor of King's Lynn & West Norfolk Voluntary Service Awards 2014. The Parish Council is considering nominations and a decision will be made at the next meeting in January 2015.

Highways issues were reported including pot holes, broken finger posts and standing water. All of these items to be referred to Norfolk County Council.

The next meeting of Barton Bendish Parish Council will take place on Wednesday 14th January, 2015. This will be an Ordinary Parish Council Meeting starting at 7.00 pm in the Village Hall.



Miss Sarah Thorpe, Parish Clerk



Our now annual winter walk, taking in the spectacular scenery to be found around the Norfolk Coast. Just the thing to blow away the cobwebs!

followed by a well earned pub lunch!

Please contact Mark or Sue on 01366 500461 or e:mail mark@pogmore.myzen.co.uk to book your place

Everybody Welcome

'A Boughton Village Caravan Production'

Coffee Morning

In aid of

THE ROYAL BRITISH LEGION

At

Barton Bendish Village Hall

On Saturday 7th March

10 am—12.00

Raffle

Cakes

Books

For more information please contact

Freda Rumball

Tel:01366 347324

MARHAM

February 20th



pm

In Village Hall Contact Norma on 01760 339093 In aid of church funds



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BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Shirley Whickam



You will be sad to hear that Shirley died just after Christmas. Her and Pat, as you may remember, moved to Scotland several years ago. Whilst they were in Beachamwell they took a great interest in village life and for a while Shirley was Chair of the Memorial Hall Committee. She was also a very active member of the WI. Her great interests were foster caring and her dogs. Condolences to Pat and the family.

Eileen Powell

St. Mary's Church

Firstly, on behalf of the Churchwardens and PCC, I would like to wish you all a Very Happy and Healthy New Year.

I would also like, again on behalf of the Churchwardens and PCC, to thank everyone who decorated the church so beautifully for Christmas. Thank you as well to Betty Phillpot for making a beautiful advent ring again this year.

We would like to thank Eileen Powell for her continuing work in organising the weekly flower rota which means there are always fresh flowers in the church and also everyone on the rota whose generosity with flowers and their time gives much pleasure to people coming into the church.

The traditional 'Carols by Candlelight Service' was a lovely start to the Christmas week. As usual the Church was beautifully decorated with flowers, a Christmas tree and lit with many candles. We all also enjoyed the hot mulled wine and mince pies after the Service. Once again we would like to thank Gill Sanderson for organising this Service and the refreshments.

The church continues to be open daily until dusk and this has proved very popular with visitors as well as people living in Beachamwell. Norwich Diocese produces a book advising which churches are open daily and we are now listed so we may soon have even more visitors. I would like to thank everyone who is on the rota to open and shut the church daily and also to thank lan Phillpot for organising the rota. A number of people have written in the Visitors' Book how pleased they are to find the church open.

The work on the roof of the church porch is scheduled to start on 26th January,

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

subject to weather of course, and should take approximately 6 weeks. The church will be sealed off from the porch for the period of the work and the church will therefore be closed during this time. There are 3 Church Services during this period and they will be held in Beachamwell Memorial Hall at the normal times as follows:-

Sunday 1st February - 11 a m Holy Communion

Sunday 15th February – 11 a m A Service for all the Family

Sunday 1st March – 11 a m Holy Communion

Carole and Brian Wilson are organising their annual Half Marathon on Sunday 3rd May. They need more volunteers to act as marshals during that Sunday morning. If you are able to help, and it is a very enjoyable occasion, please contact either Carole and Brian (01366 328628) or myself (01366 328774) and I will pass the message on.

Our monthly Scrabble Afternoons will continue on the 2nd Wednesday of each month – the next one being Wednesday 11th February at Orchard House. This is not a competitive afternoon – just an enjoyable way to stretch the mind a little bit with tea and scones half way - so why not join us ?

Our monthly Afternoon Tea will continue on the 3rd Wednesday of each month – the next one being held on Wednesday 18th February in Beachamwell Memorial Hall from 2 - 4 p.m. We hope you will join us.

An Important date for your diary is Beachamwell Open Gardens will be held on Sunday 28th June this year.

Graham Williams (Churchwarden) 01366 328774 <u>williamsoldies@gmail.com</u>

Afternoon Tea

Thank you Sonia, Gill and your team for organising the Wednesday afternoon Tea and Cake Session. We all enjoy it very much.

Carole Wilson

Flower Rota for February

1st Olwyn Locke, 8th Betty Phillpot, 15th Eileen Powell, 22nd Mary Riches (Lent brass only), 31st Susie Rix (Lent Brass only) Please note that if the Church is closed for work on the porch, the rota will be suspended.

Eileen Powell

Group4 News BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

WI

The December meeting was great fun. Our speakers for the evening were Leah



and her friends Irma, Sonia and Ian. Their topic "Count Down to Christmas" consisted of poetry, prose, songs and even cracker jokes to get us in the festive mood. Fantastic entertainment that we all really enjoyed. Thank you Leah for a great evening. We three Kings will never be the same!!!

A delicious buffet prepared by the members followed and was much enjoyed. President Irene informed us that the recent Christmas Fayre made an amazing amount of £600 plus (before expenses were deducted), she thanked everybody most sincerely for their hard work and enthusiasm. Joan Forster won the Ruth Rix Craft Vase this year for her excellent padded box which she made at Maurice's Box Workshop.

We have welcomed new members this year and pleased that old members have returned. We have an excellent Programme for 2015 which you can see posted in the Memorial Hall. Why not join us you will not be disappointed.

Thought for the month provided by Eileen was

"Time is more valuable than money. You can get more money but you cant get more time."

Carole Wilson (Photograph Eileen Powell)

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

January's talk 'Grandma's Story' by Maggie was fascinating. We learnt all about the history of her family and enjoyed the photographs and memorabilia which she brought along.



As she said, they are a family of collectors so she is lucky to have so much material.

The thought for the month was 'Life only comes around once so do whatever makes you happy and be with whoever makes you smile.'

Eileen Powell



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell Local History Group

This group is now formally up and running and we celebrated this on January 13th with a fascinating illustrated talk on "The Warrens of Breckland" from local expert, Anne Mason. Anne has led the way in researching the history and archaeology of the many warrens scattered across the Norfolk and Suffolk Brecks, where rabbits were farmed for their meat and fur since Medieval times. Beachamwell's own warren may even be the oldest. Anne's enthusiasm was infectious; we will all now be looking at bumps in the landscape with fresh eyes!

In the second part of the meeting, at the first AGM, a steering committee was elected. Some projects are already under way: the transcription of census returns for Beachamwell and Shingham, research into the individuals named on the War Memorial in St Mary's church and the photographing of historical artefacts. Soon, the results of all research will be accessible via our own website.

Our next meeting will be on Tuesday 10th March 7.30 pm at Beachamwell Memorial Hall.

New members are very welcome to join us. Also, watch this space for news of talks and special events, open to all.

Enquiries to Mike Walker 01366 328242 or Maggie Mackenzie 01366 327023 Evening Yoga Classes

An evening yoga group started in November and is proving very popular. The group is led by Jayne Winterbone and caters for a wide range of abilities. Sessions are held at 6.30pm on Thursdays, apart from the 1st Thursday of the month and cost £5. If you would like to join please contact:

Leah Spencer 01366 328536

Beachamwell Memorial Hall (Charity registration number 303900)

The hall looked very festive in December with our new Christmas tree and decorations and it was lovely to see people of all ages enjoying themselves in the hall. Our December Pop up Pub was very popular.

The AGM of the village hall will be held on Wednesday 25 March. This is a great opportunity to find out more about our plans and to give us your ideas – look out for more details next month, but please put the date in your diaries now!

Beachamwell Memorial Hall Committee

Contact: Susie Rix, secretary (suedavis@afiweb.net)

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Parish Council

The next meeting will take place on Monday 9th March at 7.30 in the Memorial Hall. Everyone is welcome to attend. If you have any items for the agenda please give them to me in writing at least a week before the meeting.

As always if you have a query or a problem, you can consult any of the Councillors at any time – they are more than willing to listen and help if they can. *Eileen Powell (Parish Clerk)*

Mobile Post Office

The opening hours are as follows:-Monday and Thursday: 11.30 - 12.00 Tuesday, Wednesday and Friday: 11.15 – 12.00



COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

	0,000		
DATE	VILLAGE	LOCATION	TIME
Thursday	Beachamwell	Post Office	10:05 am
12th February	Drymere	Telephone Box	10:40 am
	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
Monday		The Pond	9:30 am
February 2nd and 16th	Wereham	Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
Beachamweil	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
Werenam	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	Third Friday 9:00am to 2:00pm
Swaffham	First and Third Sunday
Watton	Sadly no longer trading

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE AND PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432	
Boughton	Pam Wakeling	01366 500429	
Beachamwell	Leah Spencer	01366 328536	
Wereham	Doreen Rolph	01366 500218	

CHURCH SERVICES IN FEBRUARY 2015

Sunday 1st February

Shouldham	9.45 am	Holy Communi	on*
Marham	10.30 am - 1	1.30 am Ca	ifé Church
Beachamwell	11.00	am Holy Coi	mmunion
Wereham	6 .00pm	Evening Servic	e

Sunday 8th February

ShouldhamThorpe	9.30 am	Holy Communion
Boughton	10.00 am	Breakfast Church
Marham	10.30 am	Morning Worship (HT)
Barton Bendish	11.00 am	Family Commiunion
Fincham	6.00 pm	Evensong

Sunday 15th February

Shouldham	9.45 am	Morning Prayer*
Marham	10.30 am	United Service oft the Word
Beachamwell	11.00	am Morning Prayer
Wereham	11.00 am	Morning Prayer

Sunday 22nd February

Fincham	9.30 am	Holy Communion
Marham	10.30 am	Holy Communion
Boughton	11.00 am	Holy Communion
Barton Bendish	6.00 pm	Evening Service

Thursdays at 10 am -short service of Holy Communion followed by coffee. NB. 5th, **18th (Ash Wednesday),** 26th Fincham , 12th Boughton

Churchwardens

Fincham	Babs Porter	01760	444116	
Marham	Philip Fay	01760	444199	
Shouldham	Brian & Ann Hulla	h01366	347814	
Shouldham Thorpe	e Gordon Re	d	01366	347618
Shouldham Thorpe	e Gary Eggle	ton	01366	347829

Baptisms and Weddings- contact Revd Barbara Burton 01366 348079

Please contact the Rev'd. Barbara Burton (01366 348079) or the Churchwarden in your parish.

BOUGHTON VILLAGE NEWS

Boughton Carol Service

Many thanks to all those who helped to make our carol service such a success. As usual, we stuck to the traditional format of Nine Lessons and Carols, with items from the choir as well. It was lovely to see most of the choir present and to have Tom playing the organ. He manages to get so much more out of the tiny Boughton organ than I ever could. Robin took the service for us, and that's also a tradition now. The readers were excellent and I now find myself in the fortunate position of having more potential readers than lessons. Angela and Judith had helped decorate the church in the morning, the Christmas tree having been donated by Geoff and decorated by Maryse and Tony earlier in the week. We had generous gifts of greenery from Ann and Ralph Proctor, Elizabeth and Hans Hager, some from my garden and



some from an unknown donor which arrived later but was used. Our small church looks good with masses of holly and candles. After the service, with sweet singing in the choir, we had our 'bring a plate' social, with food donated and appropriately labelled by many people*. It was a midwinter opportunity to meet up with neighbours and have a pleasant time. We were also very pleased to have two visitors from New Zealand – Steve and Moira on a trip to England three years after they had left for a new life. They both looked well and it almost seemed when I was talking to Moira that nothing had changed.

*new legislation requires the labelling of food in case of potential allergens.



Holy Chaos at Boughton

For the first twenty years of so that I lived in Boughton, I was always away at Christmas, so I came to the annual Crib Service four or five years ago for the first time. Fortunately for me, by then everyone had their allotted place in the arrangements and there was nothing for the churchwarden to do. I could just enjoy it! The church was always packed – like sardines – with a couple of hundred people of all ages and, of course, the donkey. Last year Barbara had a brainwave and thought how good it would b to hold the 2014 service in an actual farm barn, surrounded by the animals. We were allowed to use the barn at Church Farm and it was arranged to have some animals in pens

inside the barn. They were moved a few days early so that the crowds would be less

of a shock. The longhorned cow and her calf were fantastic, but there were sheep and a pig with a very young litter as well. My favourites were in another barn near the gate, where there was another litter of spotted piglets, including one who would have fitted in with Dalmatians. And.....there was Big Eric, a truly enormous boar. Frank, Sandy, Andy, Angela and Andrew, Bobby




together with other helpers I don't know about, had cleared and cleaned the barn, putting in seating, bales of straw, lights, preparing refreshments and helping Tom Golden from Wereham to transport his organ to lead the singing. Ten minutes before it started, we began to wonder if people had got lost, not fancied the barn, etc.....and then the crowds started to pour in. The Ely Facebook website said there were over a hundred people there, but our own count was nearer two hundred, plus tens of assorted children. With a solo for the 'Once in Royal David's city' (which I

think was Beachamwell's contribution as ľd heard the same boy sing beautifully at their carol service - I couldn't see.) the service began. There were a few hitches, particularly when Barbara had to stride on to the 'stage' with a torch s o that the shepherds could read their lines but. ably led by the angel HLB in festive wings,



the story was told with reverence and humour.

I was told that Higgins found the longhorn cow a bit of a shock, but he coped. The bishop

took part as a shepherd, using his bishop's crook and charming everyone as usual. Everyone had familiar carols to sing and a warm atmosphere to start their Christmas. Afterwards, there were many, many mince pies and a hot drink. We've started negotiations for using the barn next year!

I don't know all the people who helped make the occasion so memorable, but well done to everyone. The collection was for BibleLands, who produce the carol sheets, but also do a great deal of good work in the Bible lands.



Message from Barbara:£332.91 raised for Biblelands. Would someone please let Geoff know? He deserves a great big hug, as do all his fantastic animals.



Would someone also let all the helpers know - I don't have emails or contact numbers for them. So many people who contributed so much. Bishop Stephen said it was the sort of holy chaos he really enjoys. Barbara

Sunday January 11th

Breakfast Church— the week before, I had a message from Sandy to say that only seven people had committed and it

might have to be cancelled. Hasty emails and reminders round soon put that right and on the day Sandy fed forty five people —including latecomers, with a generous cooked breakfast. It's a church service, so no one is ever turned away, but it is helpful to those trying to cater regular attenders let Sandy and Frank know in advance. We were grateful to Janet Tanton from West Dereham who took the service for the first time. Thanks for coming, Janet. The numbers present were a record,



even for Breakfast Church and raised over £186 for the church collection. Many, many thanks to Frank and Sandy and all their helpers for the regular input of hard work and welcome they provide - it's nice for the churchwarden to be able to keep a low profile and, as I would be incapable of doing the cooking, it's nice for everyone else! Every village needs a Frank and Sandy! *Psm Wakeling*

BOUGHTON FEN – AUTUMN and WINTER 2014

Over the past few months, there has been considerable amount of activity on the fen.

Contractors, funded jointly by Boughton Fen Committee, Natural England and the Environment Agency have removed scrub and trees from approximately 200 metres of the raised bank next to Stringside Drain, and reconstructed the bank with earth dug from the fen. This work will slow down the water loss from the fen, and will help to secure this rare wetland habitat for the future. This has also created shallow pools at the back of the bank.

At present, Stringside Bank is rather wet and muddy after the works, so we apologise for the difficult walking in this area. However, come the spring when things start to grow, the scars should heal quickly. As usual, our scrub clearance programme is continuing through the winter, keeping back the advancing willow and blackthorn. The reed cutting has been a little problematic, as finding a suitable contractor has been very difficult. However, just before Christmas, we appointed a specialist to carry out a programme of work for this winter.

As with everything, something enjoyed by many can be spoiled by a thoughtless minority. Dog fouling has escalated dramatically in the last month or two. The Parish Council, Fen

Committee and local police will be having an initiative on this in the near future. It should be remembered that this is a prosecutable offence.

I have been asked if working parties are really worthwhile, and the answer is - very much yes. Since we started, there have been dozens of different people helping out, and seeing what the fen is all about, enjoying themselves and making new friends. The added bonus is they have carried out in excess of £10,000 worth of work, had this work been done by contractors.

Thanks to all those people for your help and support. We will of course be continuing with the working parties through the remainder of the winter, and it would be great to see you there

Mark Pogmore 01366 500461

Boughton Cricket Club News and AGM January 2015

Boughton Cricket Club held its AGM on Monday 12th January 2015. A new committee was formed to continue to build the club on its past successes into the 2015 season. The committee will again be chaired by Steve Short and during the meeting a report was given detailing the progress in 2014 and plans for the 2015 season. A summary of that report and other news follows.

The club has again progressed through 2014 playing 9 fixtures and winning 6 of those. The home ground, with lots of hard work, has continued to develop into a wonderful playing surface and all the home fixtures resulted in exciting matches with plenty of runs but also something for the bowlers and fielding side. Membership remained steady but the club has begun to form affiliations with other local clubs in order to play more fixtures in the future with talk of an additional mini T20 tournament and a local 'mini' league, as always though played in a competitive but friendly manner and open to all players. In November the club held its inaugural dinner and presentation evening at the Berney Arms in Barton Bendish. This proved to be a great success, well attended and enjoyed by all and the intention is for it to be an annual event and open to all. Presentations were made for batsman, bowler and player of the year with both the chairman and captain giving end of season reports.

During 2014 the committee made the decision to try and raise funds to provide a modest pavilion and changing facility at the ground in Boughton and to this end a planning application was made as a starting point. I am delighted to say that planning was passed in November 2014 to enable the project to progress. The fundraising will now start with grant funding being applied for in the coming weeks and the club making its own fundraising efforts in addition. The pavilion would be of traditional timber construction and will make a beautiful addition to what is already a splendid environment in which to play cricket. In other news the club purchased a new mobile net for practice in summer 2014 and will be arranging more regular net sessions for the coming season. Please email if you are interested in attending these sessions or playing for the club and we will publish a full list before the season starts.

We would love to see you at any of these fixtures or net session and if you fancy getting

WEREHAM VILLAGE NEWS

Happy New Year to all from Wereham Parish Council!

Wereham Parish Council last met in November. Minutes are available from the Clerk. Notable items for the parish include:

a reminder for all to use the dog waste bins and clear up after their pets. There are three dog waste bins in Wereham, one on the playing field by the Village Hall, the second at the Flegg Green end of Lammas Meadow Lane and the third along Cavenham Road, please pass by one of these and use it to dispose of any dog waste responsibly at all times; and when visiting the Village Hall by car please avoid parking on the playing field where possible. The grass gets churned up and damaged in bad weather, please look after the field to avoid the need to repair.

Please use new email address for all Wereham news – <u>vivienne.scott@googlemail.com</u> as my previous address is no longer accessible *Viv Scott*

The Wereham Parish Council meetings scheduled for 2015 are:

Tuesday 13th January	7:30pm Ordinary meeting (Precept setting)
Tuesday 10th March	7:30pm Ordinary Meeting
Tuesday 12th May	7:00pm Annual Parish Meeting and
	7:30pm Annual Parish Council Meeting
Tuesday 14th July	7:30pm Ordinary Meeting
Tuesday 8th September	7:30pm Ordinary Meeting
Tuesday 10th November	7:30pm Ordinary Meeting

All will be held at Wereham Village Hall.

The Agendas for the meetings are always published on the Wereham Village Notice Board three clear days before the meeting and also on the Wereham Parish Council Facebook page. If you have any items that you wish to be discussed by the Parish Council please always ensure that these are with the Clerk, Mrs N Cooper at werehampc@gmail.com or Clavering House, Stoke Road, Wereham PE33 9AT or 01366 500527 by the end of the month before the meeting to ensure that they are included on the agenda.

Post-Christmas Update from Wereham Village Hall Committee

Well, November and December were a busy time for all involved with the Village Hall.....

Firstly, a big thank you to Stina Burger for her fantastic idea to create a 2015 Wereham Village Calendar. With the help of Trevor Sturrock, the works of many local artists (young and not so young alike) were transformed into a beautiful and very professional calendar. All the hard work put in by Stina and others certainly paid off with more than 60 calendars sold to raise funds for the Village Hall.



The Christmas Bazaar at the end of November was another great success raising more than £400 and breaking last year's record. Thanks to Doreen and the Friends of Wereham Village Hall who created a fantastic bazaar including a special guest appearance by Peppa Pig (see photo)! Angela and Diane created a wondrous Santa's grotto admired by starry eyed children and parents alike – and we mustn't forget a massive thank you to our resident Santa and to Peppa Pig (Sue) who created huge excitement upon her arrival - all the kiddies wanting pictures with Peppa! Well done to all! Next came the Family Christmas Again, congratulations and a Bingo. huge thank you to the Friends of

record breaking event - over 100 people attended from far and wide (Wisbech to Watlington) and they raised a

whopping £650!!!!! BIG thanks to all who supported this event by volunteering, donating raffle prizes and joining in the fun on the night!

Our final festive event, now in its third year, was Christmas Carols This was another by the Pond. areat team effort and special thanks should be paid to Hilday Youth Brass Band and all the volunteers (Victoria, Darren, John, Gordon, Helen, Cliff, Angela,



Hannah, Lauren, Stina, Lizzie, Colin, Chris Loake and his boys, Dominic and Ian, Doreen and Nicola) - your invaluable help made this another magical night to remember.

To all who joined us at the hall for food, craft activities and the Interactive 12 Days of Christmas; you all helped to raise more than £200 for the Village Hall charity - thank you!

Jacqueline and Karen's December Pop-up café received a fantastic boost in the form of a raffle for a beautiful Christmas Chocolate Log, made and donated by Gordon Candler

All of the Wereham Village Hall Committee would like to reiterate their thanks to all our supporters over 2014 – to those who run regular events such as Wednesday bingo, monthly pop up café and car boots as well as those who help or contribute in any way to our fundraising events, and of course, everyone who attends these events. Without you all, there would not be a Village Hall in Wereham.

Update from the New Build Project Team

We instructed architects at the end of 2014. The winning tender was submitted by Parsons and Whittley architects (<u>http://www.parsonswhittley.co.uk/</u>). The purpose of the instruction at this stage is to determine the approximate build costs for inclusion in the Stage 1 Lottery application. Since our last update, we have sent a draft of the application to our Local Lottery Funding Officer for review and following discussions with him, it seems we're about 70% there. There are a few tweaks and amendments to be made as well as some more references to local evidence from sources other than our own previous research. We also need to complete our costs and then we'll re-submit for a final appraisal. We've booked appointments with our local Lottery Funding Officer and a representative from Wren on 22nd January to discuss further support for our project so we really do feel that we are almost there! *Victoria, Helen, Rachel & John*

Wereham Village Hall Bonus Ball Club

The lucky winners in December were John Eastgate and Barbara Carter and in January were Ivan Voutt and Becky Case – congratulations to you all! *Helen Richardson, Secretary.*

Ink Cartridges - collection boxes for ink cartridges are on the piano in the hall, open 10-12 Fridays. Or alternatively, leave them in a bag at the door of the village hall.

Please note that we are no longer able to collect bottle tops.

Bingo - every Wednesday, doors open 6.45pm, eyes down 7.30pm. Cash prizes, raffle, and refreshments with complimentary biscuits. Enquiries to Roger on 500088.

Pop up Café – first Tuesday of the month, 10.30-12. Next dates are Tuesday 3^{rd} February and Tuesday 3^{rd} March. Join Jacqueline and friends for a slice of homemade cake & a hot drink for just £1. Join us for a natter and a read of the daily papers. Cake donations/queries to Jacqueline 500880.

Indoor/Outdoor Car Boot – last Sunday of the month, 9am-1pm. Next dates Sunday 22nd February and Sunday 29th March. Café, bric a brac and book stall. £5 pitch or, if you have earned time credits, there are two tables available at a cost of 4 time credits each. To book call Nikki/Chris on 01366 501111.

Quiz Night – Saturday 7th March, 7.30 in the Village Hall. Tickets cost £5 to include a hot supper; bring your own drinks and glasses. Contact Quiz Master John on 01366 500766 for more details or to buy tickets.

Spring Sale

– Saturday 21st March, 1pm In the Village Hall. Lots of stalls and games as well as the usual cakes and refreshments. Entrance 30p. For further details, or if you would like to book a table or help/donate a cake or raffle prize, contact Angela on 01366 500115 or Doreen on 01366 500218.

Family Easter Prize Bingo – Wednesday 1st April, doors open 6.45pm. Prizes for all ages – all welcome!

For all the pictures and feedback from our events, log onto <u>www.facebook.com/</u> <u>werehamvillagehall</u>. By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

If you have any queries with regards to the plans for funding a new village hall,

BOUGHTON NEWS CONTINUED

Open Gardens 2015 This event will take place on the second Sunday of June, the 14th. Please consider opening your garden in aid of the church. Various people have moved from the village, so we need new volunteers. This is the main fundraiser for the church and usually raises a large proportion of the money we have to pay to Ely.it also

helps keep the church warm, both for services and when it is functioning as a community hall. Your garden doesn't have to be perfect—just friendly and inviting to a range of visitors who share a liking for gardens.

Pam Wakeling 500429



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Home-Start Swaffham & District The Community Centre, Campinglands, Swaffham, PE37 7RB Tel: 01760 721271 Email: admin@homestartswaffham.org.uk



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FROM THE BISHOP'S STRATEGY DOCUMENT: The five levers for change: 1. Nurturing a confident people of God The Bible is clear that it is God who grows the Church. Our strategy will help to raise expectations that God is at work in our midst. It assumes that people join churches that are worth joining - that is, churches which have a hunger and thirst for God, expressed in deep prayer, passionate worship, rich fellowship and committed service. Only a renewed attachment to God will release us to risk innovation, experiment and change. So we plan to offer fresh encouragement and opportunities for people to grow as disciples. We want to see people mature in Christ and to be confident disciples. Making a difference where they work and live - contributing to the common good. To do this we need to take seriously the culture into which we seek to speak and to understand it so that we can communicate in ways that connect afresh to each generation. We need to learn to be effective witnesses and to release the evangelists and prophets among us. We need to be bold and unashamed of the hope that is within us. 2. Developing lay and ordained leadership God calls and equips all of us for service. In response to that calling of each of us, our strategy aims to help us identify, nurture and deploy everyone's gifts. Lay and ordained local leaders have a key role to play in this as they work on Mission Action Plans, pastoral organisation, appointments etc. We will enhance the Ministerial Development Review scheme and the Continual Ministerial Development programme to help clergy flourish in their agreed roles, and we will provide training and ongoing support for church officers and volunteers. We will also review the roles of Archdeacon and Rural Dean in serving and delivering the strategy. Our emphasis will be on partnership, between clergy and laity, and between the Church and all people of goodwill, for the sake of God's Kingdom. 3. Targeting support to key areas Our forebears used their imagination, experience and skill to develop church life in ways appropriate to their context, and we plan to do the same. We will not subsidise decline, but we will support growth by deploying resources in new ways. We will prioritise need and opportunity so that where parishes are struggling we will offer specialist, targeted advice and support, and where we need to start something new - for 8 example Fresh Expressions, church plants, pioneer ministry, a presence in new developments - we will provide the necessary resources. Our guiding principle will be purposeful and deliberate investment to ensure that our stewardship is responsible and effective. 4. Reviewing the use of our buildings Our strategy recognises that church buildings provide a home for the church and a resource for mission - they are not the Church itself. Our goal is to use our buildings to help deepen the spiritual lives of worshippers and visitors, and to serve the community. Where church buildings cannot be made a sustainable asset, we will explore alternative arrangements for them, to relieve local church communities of the burden of their care, and to release energy and resources for mission. 5. Reshaping church during vacancy God never leaves us on our own and he renews his call to us every day. Parish vacancies have sometimes been seen as a time when everything stands still. Our strategy sees them as opportunities for initiative, and so our diocesan officers will actively engage with parishes as they review their current circumstances and context, and imagine the future. We will introduce 'interim ministers' in appropriate circumstances and through the appointment process we will aim to strengthen the ministry of the local church and the



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Bless you and thank you for all your involvement and support in our journey so far. We look forward to working with you again this year.

CHILDREN'S PAGE

- 1. On a farm a kid is a baby what?
- 2. Who created the children's book character Tracy Beaker?
- 3. How many colours are in a rainbow?
- 4. Which river flows through London?
- 5. What is the name of the bear in The Jungle Book?
- 6. Which English king had six wives?
- 7. What does Fred Flintstone wear around his neck?

.0r

8. Which is the largest city in Wales?

St. Patrick

9. What is the name of Harry Potter's pet owl?



- 5. Baloo 6. Henry 8th 7. A tie 8. Cardiff 9. Hedwig
- 4. The Thames
 - З. 7
- 2. Jacqueline Wilson

1. Goat

:srewers:

PUZZLE PAGE

Romantic Films

Find the words in the grid. When you are done, the unused letters in the grid will spell out a hidden message.

Pick them out from left to right, top line to bottom line.

Words can go horizontally, vertically and diagonally in all eight directions.

Y	Y	Ľ	L	А	U	Ť	С	А	Ē	V	0	Ľ	0	U	А	R	E	М	Y
0	Ν	А	D	L	I	G	М	0	0	Ν	S	Т	R	U	С	K	Е	Е	Т
S	Y	R	D	Ι	R	Т	Y	D	А	Ν	С	Ι	Ν	G	U	L	N	С	Е
Α	А	R	0	М	Е	0	А	Ν	D	J	U	L	Ι	Е	Т	L	0	Ν	L
В	D	0	V	Е	G	М	S	F	D	Y	М	F	S	F	V	Ι	W	А	R
R	Ι	R	Q	М	F	Y	Н	L	R	С	М	Е	G	Т	Μ	Н	V	М	J
Ι	L	Y	Q	J	А	Х	Q	0	А	L	R	F	K	S	0	G	0	0	L
Ν	0	Ν	S	W	L	М	Т	М	Р	Е	W	С	L	А	Ν	N	Y	R	L
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Т	Ν	А	М	Y	Е	L	Y	D	Т	W	Х	Μ	Ν	Ν	F	Т	G	L	М
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Т	R	L	F	Т	Κ	Н	Ν	R	F	Ι	А	Н	М	Y	D	Т	F	L	Ι
Х	Q	М	Y	Х	Y	G	D	K	J	0	Т	L	М	А	А	Т	V	А	Ν
Κ	J	W	G	D	L	R	В	Ν	Х	L	Y	А	В	W	Y	Т	С	Т	R
Т	Х	Х	0	Н	Q	С	J	В	Ζ	Т	L	Т	Ν	А	J	Κ	С	W	0
Κ	Р	В	С	D	0	W	R	Ν	М	Q	Х	Х	Ι	Ι	S	Х	J	R	U
в	R	W	М	Q	R	S	L	L	J	Ζ	Т	K	Н	С	С	Α	F	В	G
K	Q	V	Р	R	Е	Т	Т	Y	W	0	М	А	Ν	G	D	Т	С	Т	Е

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always	ghost	notting hill	sabrina
body heat	gilda	now voyager	serendipity
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Saint John's Way Saint John's Business Estate Downham Market Norfolk PE38 0QQ

Easy access, ample on-site parking, dedicated sterile operating theatre, dedicated dental suite, separate dog and cat wards, isolation ward, all staff and facilities on one site, x-ray suite, inhouse laboratory, ultrasound facilities, Pet Passport, export services and 24 hour nursing cover.

Many practices now use other veterinary surgeries for their out of hours work. This means that you will have to travel to an unfamiliar practice which is likely to be much further away. Despite being only a two vet. practice we continue to do all of our own on call cover. The phones are diverted directly to the vet on call as we know that clients appreciate a familiar voice at the end of the phone, 24 hours a day, who knows their pets and, if treatment is necessary, then they prefer to travel to their own practice to be seen. This is part of our Professional and Personal service that our existing clients are accustomed to and we warmly welcome new clients who wish to register with us.

Our surgery times are listed below. Please note that appointments are now necessary for all evening surgeries.

Open surgeries: Monday to Friday, 9-10am, Saturday 10-11.30am

All other consultations will be by appointment only so please ring in advance info@crossingsvets.co.uk

01366 382219

www.crossingsvets.co.uk