

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere; Boughton; Wereham

February 2018

Cover Illustration drawn by Mark Powell, Beachamwell ©

WELCOME



Another packed edition for you to peruse at your leisure.



Don't forget St Valentine this month. As always, 'Happy Reading ' *Eileen and Pam The Editorial Team*

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Deadline for copy for the March 2018 edition:

11th February

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'FROM THE RECTORY'



Contact details: Rev'd Ken Waters 01366 727220 ken.waters@btinternet.com

God Spot.

A belated Happy New Year. I was chatting to some people and the topic of holidays came up, which took me by surprise as I am still enjoying Christmas. But it set me thinking about white sands, palm trees and blue sea, which was rudely stopped by the phone ringing. It was our Norwegian friends telling us how lovely it was over there, with blue skies, -12C and 3 foot of snow. I immediately went back to dreaming about white sand, palm trees and blue sea. My truthful thinking is that I don't want to think about holidays yet as I like to savour the time I am in first, before jumping ahead. This also got me thinking about food. You may ask how this links in, but bear with me. I think back to when I was a young lad (not that long ago really) when we had certain times of the year when certain foods were only available during their season. For example; strawberries, lettuce, other salad stuff, oranges, new potatoes, etc. When I think back I remember them as tasting much better than they do now. I don't know if that is because you only had them at certain times and now you can have anything at anytime. Anybody else think this way or is it just me being nostalgic? I am not complaining because I know that God gave us the land and the knowledge to grow our food. He gave us the advances in our technology to produce food 'out of season', in fact he has given us everything. But what we have not done is use our intelligence to the best use. We can manufacture computers, we can produce fantastic effects on the cinema screen, we can send men into space but why can't we cure the cold or cancer, feed the hungry and talk instead of fight? We've got something wrong somewhere. God put us on this wonderful planet, gave us the tools to do something with it - we just don't appear to have found out how to prioritise our needs as humans yet. Lord help us. Love and God Bless

Ken Waters

Joke Spot:

Little Johnny was the local Vicar and it was his birthday; the congregation decided to give him a new suit. He was so touched by the gift that the following Sunday he stood before everyone and, with tears in his eyes, announced, "Today I will be preaching to you in my birthday suit." The congregation immediately left the building!

Growing old is inevitable, growing up is optional.

NEW YEAR 2018

A personal reflection on Christmas and Epiphany.

I know that for many of us 2017 was a particularly difficult year. It certainly had its moments for us and I know that there were traumatic moments for friends locally too. At such times I try to find hope in the tried and trusted, and the traditions which we celebrate at Christmas, Epiphany and New Year. It is tempting to feel that realism tells us to expect more of the same; and on the political front that would be a reasonable expectation. However the Nativity and Epiphany stories together with St. John's deeply felt interpretation encourage us to expect far more than the same again.

The survival of the Holy Family is a continual source of wonder to me, and how they were supported on their way and were receptive of the word which called them back from Egypt!

The Magi, whoever they were, were intelligent, persevering and courageous enough to change their minds and their direction. T.S.Eliot's Magi knew that 'the old dispensation', in the light of the Christ- child was no longer safe.

What is safe is to seek the new in the Word made flesh as John reveals him to us.

I enjoyed our traditional celebrations, including the children's take on the Christmas story, but as I see a fragmented and uncertain Church and world before me I find comfort, security and hope in Louise M. Haskins's often quoted words:

And I said to the man who stood at the gate of the year:

'Give me a light that I may tread safely into the unknown.'

And he replied:

'Go out into the darkness and put your hand into the Hand of God. That shall be to you better than light and safer than a known way.'

My prayer for all of us is, that where there is fragmentation the pieces will come together in the light of The Word made flesh.

With best wishes for 2018,

Robin Blackall



RECIPE OF THE MONTH

Valentine Biscuits





Ingredients

8 oz SR Flour4oz Castor Sugar4oz margarine or butter1 beaten eggThe rind and juice of half a lemon

Method

- 1. Mix flour and sugar in a bowl
- 2. Rub in margarine or butter until it looks like breadcrumbs
- 3. Add grated rind of lemon
- 4. Mix to a stiff paste with beaten egg and lemon juice
- 5. Roll out thinly and cut into heart shapes
- 6. Place on a greased baking tray
- 7. Bake for about 15 minutes. Gas 4:, Electric 350(F); 180 (Fan)
- 8. Decorate to suit your taste



Fancy Volunteering?

COUNTRYSIDE NOTES

If you happen to be in the company of farmers you might feel you need an interpreter for they speak a language of their own. For instance in the north a ewe is a *yow* and a *mule* is a cross-bred sheep. For the uninitiated I will attempt to interpret.

There are probably more terms used by sheep farmers than in any other sector of the farming industry. A *cade lamb* is one that is hand reared. Between December and its first shearing a spring born lamb is known as a *teg, hogg or hogget.* For the following twelve months it is described as a *shearling. Theaves, gimmers and chilvers* are young female sheep while a *wether* is a mature castrated male. Rams are often called *tups.* Sheep that have damaged or missing teeth are known as *broken mouthed* and *draft ewes* are those sold off when they are no longer productive. A *cast or couped* sheep has rolled onto its back and can't get up. *Keep sheep* are those kept on a temporary basis, usually ones taken off marshes and hills for the winter. A *heft or heaf* is an unfenced territory on open hillside naturally occupied by a specific group of sheep.

When it comes to cattle a *heifer* is a term used to describe a young female until the time she gives birth to her second calf. A *steer, bullock or stirk* is a castrated male. *Polled* means hornless and a *freemartin* is a female born twinned with a male and is invariably infertile.

A gilt is a young female pig and to farrow means to give birth.

A *colt* is a male horse under four years old and a *filly* is a young female of a similar age. A *gelding* is a castrated male. The *withers* are the shoulders and a *hand* is a measurement of four inches.

In general terms a *hybrid* is a mix of breeds, a *store* is an animal that requires fattening up and a *cull* is one to be disposed of. To *flush* means giving an animal additional feed to boost its condition and a *lick* is a solid nutritional or mineral block. If an animal is said to be *served or covered* it means it has been mated. It's compulsory for all farm animals to be fitted with *ear tags* to identify not only the individual but also which herd or flock it belongs to, thus guaranteeing traceability. *Freeze branding* provides permanent identification by using liquid nitrogen to painlessly turn the hair white.

Arable farmers talk about *drilling* which means sowing, *headland* which is the strip of ground around the perimeter of a crop, *artificial* is fertilizer and *top dressing* is applying manure or fertilizer to the land. *Silage* is compressed and fermented fresh grass stored for winter feed.

Commonly used abbreviations are *CAP* - Common Agricultural Policy (EU), *FDM* stands for Foot and Mouth Disease, *AI* for artificial insemination and *POL* for point of lay in poultry *Jill Mason*

MAGPIE CENTRE NEWS

The Hunt Is On!



As the Magpie Centre, home of West Norfolk Riding for the Disabled Association, bounces into 2018, the hunt is on for a Trustee This voluntary post would suit Treasurer. somebody with a good knowledge of established local charity and establ accounts, plus the desire to support a wellestablished local charity and become a

The Centre, located in the beautiful grounds of Wallington Hall, South Runcton, PE33 0EP, has 13 equines, a staff of five, provides 114 rides and 30 carriage driving lessons a week to people of all ages and with a wide range of physical and learning disabilities.

Volunteers are also needed in other capacities:

- a) Hands-on with the horses in the form of grooming and helping with rides. Training will be given for this.
- Giving a hand with DIY tasks around the Centre and supporting the b) catering team at events.

If you feel that any of these roles might suit you call the Centre on 01553 810202 or West Norfolk RDA Chairwoman Rosie O'Grady on 01366 500104.

For a new challenge to welcome the New Year, why not make that call?

As we went to press, the Centre was anticipating delivery of a new ride and drive pony, recently retired from top-level competition, which should enable the more ambitious RDA carriage drivers to fulfil their ambitions and the available slots for riders and carriage drivers are filling up fast.

First social event of the year is a Quiz Night with Hog Roast supper (plus vegetarian option), scheduled for Saturday, March 3 at Stowbridge Village Hall, Downham Road, Stowbridge PE34 3PE.

As our "regulars" already know, and "newbies" will find out, these evenings are huge fun and the ticket price, held at £10, includes the hog roast, plus a vast array of salads and desserts, while a good range of questions and convivial atmosphere are guaranteed.

Doors open at 7.00 pm for a 7.30 pm start and a cash bar will serve beer, wine, cider and soft drinks. Teams of 4 to 8 are usual, with singles and couples welcome to make up teams on the night. For more information, or to book your tickets, call 01553 828935 or email c.dudley@success-in-english.co.uk.

Caroline Dudley

SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT

Peter Harris's sponsored coastal walk for our Charity and Swaffham Rugby Club, raised a total of, including Gift Aid, £1,500.00. That is a phenomenal amount and we must congratulate Peter in completing this mammoth event and importantly all those who came forward to support him with their donations.

Once again one of our supporters Julia Willis along with her family and friends staged a Craft Fair at her home and raised £230.65. The Home Hospice pass on their thanks to all those involved, well done. If you would like to organise an event for us we will always assist you with advice. Just give us a ring on 01760 722937 where one of the office staff will be only too happy to answers any query's you may have.

The annual Charity's Raffle which is held leading up to the festive period was staged in the Town and Tesco culminating in it being drawn at the Store. We are once again indebted to you all for purchasing tickets in support of our work and early figures indicate we are on course to match last year's total. We would like to take this opportunity in thanking Tesco and their staff for their continual commitment in allowing us to sell tickets within the Store.

We are once again represented with the Charity's Christmas tree in St Peter St Paul Church, Festival of Trees. The ever popular event has witnessed many visitors enjoying the spectacular show that Organisations put up during the course of a week.

Our ever popular Quiz is being staged March 2nd at the Conservative Club-7.30pm start - teams of up to 6 people - £5.00 per head. Queries please contact Adrian Adcock on 01760 724304 or Adrian.adcock@talktalk.net to enter a team.

Have you ever thought of volunteering? Do you have some free time? If so we are looking for volunteer drivers, to take patients to hospital appointments or small trips. If you would like to find out how you may be able to help, give Wendy a call on 01760 336645. Why not visit our website

www.swaffhamandlitchamhomehospice.co.uk for further information.

Our Coordinator, Wendy Martin, Staff and Volunteers wish to thank all their supporters for their continual support and look forward to another year in carrying out the work we so passionately do but rely on your generous donations in allowing us to continue.

Once again our annual Christmas Draw was well supported by you all, to which we truly thank you for purchasing tickets. We must once again thank Tesco for allowing us to sell the tickets in their foyer over the course of a week. The first and second prizes were won by Swaffham residents, with the third winner living in Narborough. After costs the Draw made a total of £1,600.00

SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT

Ashill WI once again held their Carol Concert in the Village in aid of the Hospice raising the phenomenal amount of £356.00. The Staff of the Charity would like to thank you for your continual support to us.

The Tree of Lights Service was well attended and we hope that it was a service that brought comfort and support to those who came. The donations from this bereavement event raised the sum approximately $\pounds 6,000.00$, which will go a long way to help us to continue to provide our free services within the local community. We would like to give our sincere and heartfelt thanks to all those who contributed.

In the USA and indeed some of other countries, many towns organise a "Relay for Life" event where teams of families and friends of cancer patients and survivors participate in a sponsored walk around a fixed circuit, raising monies for cancer charities, with each team having at least one member walking the circuit at all times during the specified hours. We will be holding an event in Swaffham on Sunday 17th June 2018, along the same lines with teams from the local community obtaining sponsorship to support the Swaffham and Litcham Home Hospice. The event, known as **Relay Together 2018** will be staged at Swaffham Rugby Club on North Pickenham Road, Swaffham. In addition to the Sponsored walk, we are also planning to have stalls, refreshments, a BBQ, a Summer Draw and possibly music; the Rugby Club will also open their bar for liquid refreshments. There are two pitches at the club and it is our intention to use the lower pitch perimeter as the walking track with the upper pitch being used for the other activities planned.

We are pleased to announce that Beverley Foulkes and one of her colleagues from the Green Parrot of Swaffham are running the London Marathon primarily for the St John Ambulance nationally with a set total and any other monies raised above that total will be donated to the hospice. The Staff of the Charity wish them luck and thank them for considering us.

For the last thirty years we have been providing practical and emotional support to people with cancer and other life limiting illnesses. We offer a wide variety of services which are provided free of charge. To enable us to do this, we need to raise around £100k per annum from fundraising and donations. If you would like to know more about the services we provide or would like to consider becoming a volunteer then please contact the Home Hospice Team at 17-19 Brocks Road, Echo Tech Business Park. You may like to view our Web page: www.swaffhamandlitchamhomehospice.co.uk **David Gulliver**

INEFFICIENT OIL FIRED & LPG BOILER? STORAGE HEATERS NEED HOME INSULATION?

On any of these Governments benefits?

· Child Tax Credit

MASSIVE

FUEL

BILLS?

- Working Tax Credit
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- Income Support
- Income Based Job Seekers Allowance
- Income related Employment and Support Allowance

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Look forward to A Warmer Winter, Lower your fuel bills. A home with added warmth and an Energy Efficient New Boiler with an OFTEC Certificate

Call Golden Globe today on 020 7096 5097 and book your appointment free of charge



FREE HOME ASSESSMENTS ON OFFER

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life. The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes. Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

To book an appointment call the Careline Community Team on 01553 760671



COULD YOU HELP A YOUNG PERSON WITH A DISABILITY TO THINK ABOUT THEIR FUTURE?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact:

Vicki Howling, the project co-ordinator for an informal chat.

Telephone 01366 386972 or 07926 044845

Email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

CSV, 237 Pentonville Road, London, N1 9NJ



Find out more at <u>www.csv.org.uk</u> Like CSV UK' on Facebook: <u>www.facebook.com/CSVUK</u> Follow @CSV_UK' on Twitter: <u>www.twitter.com/@CSV_UK</u>

KIDS ARE QUICK!

1) Teacher: Maria, go to the map and find North America Maria: Here it is.

Teacher: Correct. Now class, who discovered America? Class: Maria.

2) Teacher: John, why are you doing your math multiplication on the floor? John: You told me to do it without using tables.

3)Teacher: Glenn, how do you spell 'crocodile?' Glenn: K-R-O-K-O-D-I-A-L' Teacher: No, that's wrong Glenn: Maybe it is wrong, but you asked me how I spell it.

4) Teacher: Donald, what is the chemical formula for water? Donald: H I J K L M N O.

Teacher: What are you talking about? Donald: Yesterday you said it's H to O.

5) Teacher: Winnie, name one important thing we have today that we didn't have ten years ago. Winnie: Me

6) Teacher: Millie, give me a sentence starting with ' I.

Millie: I is ..

Teacher: No, Millie..... Always say, I am.'

Millie: All right... 'I am the ninth letter of the alphabet.'

7) Teacher: George Washington not only chopped down his father's cherry tree but also admitted it. Now, Louie, do you know why his father didn't punish him? Louie: Because George still had the axe in his hand.

8) Teacher: Now, Simon, tell me frankly, do you say prayers before eating? Simon: No sir, I don't have to, my Mom is a good cook.

9) Teacher: Clyde, your composition on 'My Dog' is exactly the same as your brother's. Did you copy his?Clyde : No, sir. It's the same dog.

10) Teacher: Harold, what do you call a person who keeps on talking when people are no longer interested? Harold: A teacher

CHILDREN'S PAGE

Trees Word Search

Words may go vertically anid horizontalhly in either deirection w

е	р	k	n	m	m	d	f	r	h	g	У	h	j	k	I
S	У	С	а	m	0	r	е	v	0	d	С	v	b	g	b
r	f	g	b	n	m	С	x	z	r	z	X	С	v	е	r
а	v	b	m	h	u	j	b	b	S	r	t	f	е	С	0
h	р	h	а	j	k	I	q	е	е	r	t	С	f	С	w
h	u	р	р	u	i	j	m	v	С	d	h	w	С	v	а
у	h	р	I	е	v	f	е	C	h	ο	Ι	I	У	v	n
b	b	n	е	е	m	t	t	у	е	У	0	У	u	h	j
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n	У	g	t	r	f	b	n	k	t	k	k	k	b	n	m
m	j	у	w	ο	I	I	i	w	n	t	h	v	d	е	f
r	f	h	i	ο	m	j	u	n	u	f	е	n	i	р	f
d	I	u	n	h	t	е	b	h	t	С	а	I	i	I	f
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h	е	u	С	а	I	у	р	t	u	s	n	а	u	g	h
n	u	g	е	t	m	ο	n	е	Y	j	u	m	р	е	r

Eucalyptus Oak Beech Apple Holly Lilac Willow Pine Horse Chestnut Rowan Sycamore Maple

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QUIZ PAGE

- 01. Which of Henry V111's wives had eleven fingers?
- 02. What does the W stand for in George W. Bush?
- 03. How is the depressive illness SAD otherwise known?
- 04. What is George and Mildred's surname in the TV sitcom?
- 05. Whose treasure is buried on RL Stevenson's 'Treasure Island'?
- 06. What are the Pentland Skerries?
- 07 What does BLT stand for?
- 08. Which famous cartoon character is known as Topolino in Italy?
- 09. Why might you see arrows on your hotel room ceiling in Malaysia?

10. The Benchmark is a term for a standard to which we should aspire. Why is it so called?

- 11. What word can folloew snake, bible and seat?
- 12. Unscramble LONDON'S SAVERS to recall a legendary DH. Lawrence novel.
- 13. St. Crispin is the patron saint of which clothing trade?
- 14. What drink's name is derived from the Spanish word for bleeding?
- 15. Where in London does the Ceremony of the Keys take place every night?
- 16. Does a fright really make your hair stand up?
- 17. Name three golden birds
- 18. What colour is the cover of a UK passport?
- 19. Who bought the Queen her first corgi?
- 20. Which town in the Scottish Borders contains two parts of the body?
- 21. What are cherubim and seraphim?

22. What four-lettered word written in capitals reads the same forwards and backwards and upside down?

20. Eyemouth; 21. Angels; 22. NOON:

Answers: 1. Anne Boleyn; 2. Walker; 3. Seasonal Affective Disorder; 4. Roper; 5. Captain Flint's; 6. Isolated rocks and islets; 7. Bacon, lettuce and tomato; 8. Mickey Mouse; 9. They point the way to Mecca so guests know which way to pray; 10. A benchmark is a surveyor's mark cut in a wall or pillar used as a reference mark to measure heights. The bench or bracket inserted into the mark holds a levelling staff; 11. Belt; 12. Sons and Lovers; 13. Shoemakers; 14. Sangria; 15. The Tower of London; 16. Yes; 17. Eagle, plover, pheasant etc; 18. Burgundy; 19. Her father - it was a Pembrokeshire corgi called Dookie;

ADDITIONS TO YOUR DICTIONARY

Adult:

A person who has stopped growing at both ends and is now growing in the middle.

Beauty Parlour:

A place where women curl up and dye.

Chickens:

The only animals you eat before they are born and after they are dead.

Committee:

A body that keeps minutes and wastes hours.

Dust:

Mud with the juice squeezed out.

Handkerchief:

Cold Storage.

Inflation: Cutting money in half without damaging the paper.

Mosquito:

An insect that makes you like flies better.

Secret:

Something you tell to one person at a time.

Skeleton:

A bunch of bones with the person scraped off.

Toothache:

The pain that drives you to extraction.

Tomorrow:

One of the greatest labour saving devices of today.

Yawn:

An honest opinion openly expressed.

Wrinkles:

Something other people have - similar to my character lines.



Oxburgh Hall

National Trust

Saturday 10th February, 10.00am to 3.00pm

Go Wild in the Woods - A Family Adventure

Come and join our ranger in Oxburgh Hall's Home Covert woods for a range of exciting woodland activities. Activities will include spotting woodland wildlife, making woodland crafts, den building, collecting firewood. Share a tasty vegetable and bean stew, cooked over our campfire. For children aged 6-12, who must be accompanied by an adult. Please note there is a walk of about 15-20 minutes from the car park to the event area.

E9.50 per child. Booking essential as space is limited - no more than 15 children per session. Call 0344 2491895 to book. Normal admission charges to grounds apply.

Wednesday 14th and Thursday 15th February, 2.00 – 4.30pm Nest Box Building – A Family Activity

Come and join the Outdoors Team during National Nest Box Week and build a nest box for the birds that live in Oxburgh's woodlands. Afterwards we will take a wander through the estate to attach our nest boxes to a tree. Come back and visit your nest box throughout the bird breeding season. Will there be any young? Will the baby birds fledge? Will another woodland animal make its home in your box?

Please wear outdoor clothes and shoes suitable for the weather conditions. This activity will take place outdoors. There may be a long walk (up to 20 mins) to your nest box location.

Booking is essential as places are limited. 10 children per day (must be accompanied by an adult). Please call 01366 328 926 to book or for further information. The event is free of charge but the standard charge applies for entry to the gardens and estate.

WHAT'S ON AT DOWNHAM MARKET LIBRARY

For further information about these events, or to book your place where necessary, contact the library on **01366 383073.**

We are now on Facebook. **www.facebook.com/downhammarketlibrary** All children must be accompanied by an adult.

Regular Events

Baby Bounce and Rhyme - Thursdays – 10-10.30 term time only Come along and enjoy some songs and rhymes.

Knit and Natter – 1st and 3rd Wednesdays in month - 1.30 – 3pm

Brew and Banter every Friday 10am - 12 noon. 50p suggested donation.

Enjoy a chat over a tea or coffee.

Job Help – free help with using the universal Jobsmatch website. Wednesday mornings or Friday afternoons. Booking essential.

Active Minds: Puzzles, board games and colouring. Every Thursday 1.30-3.30.

Let's Talk Together: Come along and practise your English conversation. Every Friday (during term time). No need to book just come along. 1.30-2.30

Special Events

The Medieval Salt Industry in East Anglia – Monday 5th February 1.30 – 2.30pm. A talk by Bryan Howling.

Tickets £3, refreshments included, payable on booking. Booking essential.

Micro: bit Jam at Downham Market Library – Monday 12th February 2 – 3.30pm. Explore the world of Microbits with staff and volunteers. Learn to code a micro-computer and create your own games. Suitable for children 9 - 12 years of age. Booking essential.

Holiday Storytime – Thursday 15th February 10.30 – 11.30am. Stories and activities. Children must be accompanied by an adult.

Coffee with Elly – Friday 16th February 11am onwards. Elly Griffiths will be visiting Downham Market Library to talk about her 10th Dr Ruth Galloway book "The Dark Angel".

Booking essential. Refreshments provided...minimum donation $\pounds 3.00$ on the day

The History of Castle Acre Priory - Monday 5th March 1.30 - 2.30pm

A talk by Julie Enefer and Jo Murfitt of English Heritage.

Tickets £3, refreshments included, payable on booking. Booking essential.

Elena Parkin, Community Librarian, Norfolk County Council, Downham Market Library. Email: <u>elena.parkin@norfolk.gov.uk</u> or 01366 383073

WHAT'S ON AT DOWNHAM MARKET LIBRARY

Volunteers needed!

Could you help inspire the next generation of computer coders? We want to run an after school **Coding Club at the Library**, using projects from the Code Club website.

Could you help develop ideas for events held at the library as a **Library Friend** and promote the library and its services within the local community?

Could you help with refreshments at our coffee mornings?

Please contact Elena at the library on 01366 383073 if you'd like to find out more.

Tricky Period Launch at Libraries in West Norfolk.

Homeless women and women on low incomes will benefit from a new service set up to provide free sanitary products at libraries in West Norfolk.

The Tricky Period project involves the library taking donations of products and handing them out to people who cannot afford them, with no questions asked about proof of eligibility.

Staff at West Norfolk libraries will be taking in donations of tampons, sanitary towels and carrier bags from January ready to start the scheme in February.

Order forms will be available in Dersingham, Downham Market, Gaywood, Hunstanton and King's Lynn libraries at the staff desk. Customers can tick the products they require and hand in their form at the desk and receive the items they need.

The service is available during library opening hours. For further information contact your local library

BARTON BENDISH WORD QUIZ AUTUMN 2017: BOOKS AND LITERATURE

The answers to the quiz were:

1)Angry merlot (3,6,2,5): The Grapes of Wrath: 2) Floosie (8): Trollope:

3) The Glums (3,10): Les Miserables: 4) 16/03 (11): Middlemarch: 5) Scout tells a story leading to a trial (2,4,1,11): To Kill a Mockingbird 6) ...beggarman, thief (6,6,7,3): Tinker, Tailor, Soldier, Spy: 7) Penance, recompense (9): Atonement: 8) How to thumb a lift to the stars (3,11,5,2,3,6): The Hitchhiker's Guide to the Galaxy: 9) Trio of riflemen (3,5,10): The Three Musketeers: 10) Not drinking

BARTON BENDISH WORD QUIZ AUTUMN 2017: BOOKS AND LITERATURE

alone (5,3,5): Cider with Rosie: 11) Larkin' around (3,7,4,2,3) The Darling Buds of May: 12) Not Shania's brother (4,5): Mark Twain: 13) Rosa rosa (3,4,2,3,4): The Name of the Rose: 14) Conflict and calm (3,3,5): War and Peace:

15) Furious statuette? (5,5): Oscar Wilde: 16) Breezy trees on the riverbank (3,4,2,3,7): The Wind in the Willows: 17) Travelling to the subcontinent (1,7,2,5): A Passage to India: 18) Rather more than a nap (3,3,5): The Big Sleep: 19) Huntsman in a cereal (3,7,2,3,3): The Catcher in the Rye: 20) An artist's formula? (3,2,5,4): The Da Vinci Code: 21) About a third of a century ago (4): 1984: 22) Killing on an eastbound train (6,2,3,6,7): Murder on the Orient Express: 23) Final transport to a rock festival? (4,3,2,9): Last Bus to Woodstock 24) Colours of the spectrum (3,7): The Rainbow: 25) Two bad character traits (5,3,9): Pride and Prejudice: 26) Married to Basil (5): Sybil:

27) Not actually a Welsh singer (3,7,2,3,5,1,9): The History of Tom Jones, a Foundling: 28) His prince wasn't called William or Harry (11): Machiavelli/ Shakespeare: 29) Misplaced heaven (8,4): Paradise Lost: 30) A bird called Ross (8,5): Jonathan Swift: 31) Floating male trio (5,3,2,1,4): Three Men in a Boat: 32) Houses a collection of creatures (6,4): Animal Farm: 33) Festive song (1,9,5): A Christmas Carol: 34) Circular aristocrat (3,4,2,3,5): The Lord of the Rings: 35) A girl's name (7): Rebecca: 36) Caribbean pub (7,3): Jamaica Inn: 37) Differently spelt in Star Trek (7): Chekhov: 38) Celebrity quintet sleep under canvas (4,2,3,2,4): Five go off to Camp: 39) 2.5 score of monotone tints (5,6,2,4): Fifty Shades of Grey: 40) Majestic ogle? (4,4): King Lear:

41) Dwelling at the smelly bend (3,5,2,4,6): The House at Pooh Corner:

42) Sick (4,4): Moby Dick: 43) French butterfly (8): Papillon: 44) Tall chap (10): Longfellow: 45) This barbarian has never met Bodie (3,6,5,5): Sir Arthur Conan Doyle: 46) Shortened nocturnal opinion count (7): Poldark: 47) Short females (6,5): Little Women: 48) No washing needed for this spouse (3,4,2,5,4): The Wife of Bath's Tale: 49) Location of avian courage (5,6,4): Where Eagles Dare: 50) Less than a couple of score of these (3,6-4,5): The Thirty-Nine Steps:

Many thanks to all of you who took part. Nobody got all of the answers right this time although several of you found correct answers we had not thought of! The winner was Sue Davis of Bunwell whose name was drawn at random from the top scorers. Many thanks to the people who sold the quiz for us.

Linda Webster

Airs and Graces: the history of aviation Mondays 7.30pm to 9.30pm from 5 February Fee: £51 for 7 week course Three Doomed Queens A Day School tracing the troubled but fascinating lives of Mary Tudor, Lady Jane Grey and Mary Stuart, Queen of Scots. Saturday 17 February, 10am to 4pm. Fee: £15. Lunch available £8. Must be booked in advance. Venue: Swaffham Community Centre, Campingland, Swaffham Further information and booking: Tel 01760 723558 Enrol online at www.wea.org.uk

Swaffham Jazz Club

Tuesday 13th February Ed Reed (guitar) Trio

Tuesday 13th March

The Nene Valley Jazz Group

Swaffham Conservative Social Club 23 London Street, PE37 7DD

Start: 7.30

New price: £7 Enquiries: 01366 328730 or 01760722384

Nar Valley Ornithological Society (NarVOS)

Tuesday 27th February at 7.30pm

The Barn Theatre Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

Please come along to

'An Evening with Chris Knights'

We look forward with eager anticipation to this presentation from Chris Knights on whatever wildlife subjects and locations he chooses. Chris is well known as a farmer, conservationist, award winning photographer and film maker. Whatever topic Chris chooses, it is bound to be enthralling, entertaining and informative with superb photography.

Admission £2 on the night for nonmember and visitors are most welcome. Enquiries: 01760 724092

Swiffers

'Musical Angels in Stained Glass'

An illustrated talk by Martyn Clarke on the stained glass windows in St John the Evangelist, Oxborough.

Sunday February 25th 3.00 pm

Swaffham Assembly Rooms

£6 for members £9 non-members Accompanied children free

Tickets from Green Parrot 01760 724704 Ceres Bookshop 01760 722504 Enquiries: 01366 328648

Beachamwell

Creative Writing Group



Meets every second Monday Afternoon

2.30pm

Everyone with an interest in putting pen to paper welcome.

Enquiries: 01366 328895 or james@jamesknoxwhittet.plus.com

Wereham's

Pop-Up Cafe

will 'pop up' Twice Every Month

1st and 3rd Tuesdays

10.30 am till 1.00pm The café will continue to serve a hot drink and a pastry or a slice of home-made cake for just

> £1.50 PLUS

A light lunch 'dish of the day' For an additional £2.50 Enquiries: 01366 500218

Wereham

Short Mat Bowls Club

Thursdays

7.30 pm

Village Hall

Come and meet our friendly club, find out what's involved, try a new activity, help grow our club and have some fun

For more information or for a chat telephone 01366 501330

Beachamwell

Wednesday Walkers

Explore the rights of way in and around Beachamwell with us

We meet at the Village Hall at 10.00 am FIRST WEDNESDAY OF EACH MONTH Walks last between one and a half to two hours

All, including dogs on leads, are welcome

Some paths may be rough underfoot, there may be stiles or fields may be ploughed: come at your own risk and please wear suitable clothing and shoes for the outdoors

Further details please telephone 01366 328452 or 01366 328536

Wereham Weekly Cash Bingo



Village Hall Wednesdays Doors Open 6.45pm Eyes Down 7.30 Raffle and refreshments with complimentary biscuits Enquiries: 01366 500218 All proceeds go to the Village Hall Registered Charity Number 1151336 Wereham Village Hall

Wereham Indoor / Outdoor Car Boot Sales and Café

The last Sunday of every month until end of November 2018

9am until 1pm

Cafe serving bacon rolls, sausage in a roll or egg in a roll, with plenty of tea and coffee.

A warm and friendly welcome is given to everyone.

Please contact Philip on 07759033492 or 01366501330 **e-mail** rosemary.pease@btinternet.com.



Beachamwell WI

'From Arizona to Alaska'

Slide Show by David Mason

Thursday February 1st 7:30pm Beachamwell Village Hall Visitors welcome

01366 327023 or 01366 328589

Beachamwell

Book Group

Tuesday 6th February 7.30 Beachamwell Village Hall

Book to be discussed over a glass of wine

Lucky Dip Choices

Annual Subscription £12.50

New members welcome

Enquiries: 01366 328536

Wereham

Messy

Church



Thursday February 8th

4pm - 5.45pm Starts 4 pm in Wereham church with family friendly service. Children involved in reading from Children's Bible and leading prayers. We then go to the village hall for activities and a shared meal. All welcome. No charge. Donations invited for the Church Enguiries 07863049677

Beachamwell Pop Up Pub



Friday 9th February

7.00 - 10.30 **Beachamwell Village Hall**

Enquiries:01366 328249

Barton Bendish



Snowdrop Walk Sunday February 11th In aid of St Andrew's (245456) and the Village Hall (803776) Meet at Village Hall (PE33 9GF) at 2.30pm £5 per person which includes tea and cake afterwards A repeat of the guided historic walk of the village last September 'In the Footsteps of Mary Caney' Approx 1 mile Children free, Dogs on leads welcome. The Village Hall will be open from 2.00pm onwards. Please let us have a contact number in case of cancellation email iill.events@btinternet.com or phone 01366 347928

Beachamwell and Fincham

Family History Group

Tuesday February 20th 2.00pm

Beachamwell Village Hall

New Year's Resolution – draw up a plan to actually sort out those family papers, photos etc.

Enquiries 01366 328536

Beachamwell Afternoon Tea and a Chat.....

Wednesday February 21st 2 - 4pm

Beachamwell Village Hall



Enquiries 01366 347673

Beachamwell Craft Group

Wednesday 28th February

2.00 - 4.00 Beachamwell Village Hall Bring along your drawing, painting, knitting, sewing ... whatever art or craft project you are working on at the moment. Or start something completely new!!

> £2.00 + Bring and Buy All welcome. Enquiries:01366 328536

Barton Bendish

Film Club

Proudly Presents:

'Dunkirk' The Event That Shaped Our World

> Saturday 24th February 7.00pm

Barton Bendish Village Hall

Tickets £4 Raffle and refreshments Box Office: 01366 347849 email: cinemabarton@gmail.com www.bartonbendishfilmclub.btck.co.uk/

Beachamwell

Talk by Elizabeth Talbot Auctioneer and Valuer

> Wednesday March 7th ^{7pm}

Beachamwell Village Hall

Tickets £12, including wine and refreshments, from 01366 328999 01366 328244

All proceeds to The Newly formed Friends of St. Mary's Church, Beachamwell

Wreath Making

What a fantastic 4 sessions of creativity we had this past November in the village hall. Over 100 ladies came and made wreaths from local foliage along with the many ribbons, bells, baubles and lights that some brought. Confidence is growing and ladies are making some truly beautiful wreaths. We must have the best decorated doors this side of Downham Market! It was lovely to have Fiona Robinson and her Pheonix Cards and gifts, sadly for the last time. Thank you for all your support these last few years Fiona. Many thanks to Elizabeth for her help with refreshments and for her creative expertise. What a talented lady you are. We are going to miss you so very much. Thank you to Joan for the constant supply of her delicious mince pies. Anyone who had one was heard to say that they were the best they had ever had and we agree! A big thank you to our suppliers of foliage from around the village. We could not have the evenings without your generosity.

Finally, thank you to all who came and made a wreath. We hope you had as great a start to the festive period as we did. Just over £1600 was raised which is amazing and gratefully appreciated.

Mhari Blanchfield and Linda Webster

Christmas Fair

Barton really got into the festive spirit on November 25th when the Christmas Fair took place. The Village Hall was decked out with decorations and was a hive of activity all afternoon. The stalls were laden with gifts being offered for sale and the star attraction was the home grown and homemade stall heaving with all manner of goodies made by Mary and Tiv. There was also a raffle with some excellent prizes and guess the weight of Nic's Christmas cake which turned out to be 3lbs 8oz. The afternoon teas proved very popular.

On behalf of the Village Hall trustees I would like to thank Mary, Tiv, Elizabeth and their helpers for all their hard work in organizing the event which raised a magnificent £470 for Village Hall funds.

Jill Mason

Christingle Service

I had never been to a Christingle service before I moved to Barton Bendish. What had I missed I asked myself. The first one I went to was 'nice' but just a church service. What a difference a new vicar can make! A different kind of 'do it yourself' service where congregation participation was the 'game' of the day.

With the service on a screen in front of us, all written out with our replies in a different colour, we were told "If you don't reply loudly enough I will start the service again and again until you do." This got our attention straight away, with clear loud replies.

Next came 'choose your own carols' with a carol sheet and music provided by a CD player. This was then followed by a competition of two teams, one of ladies and the other of gentlemen. This was won by the Ladies (with a little bit of help from a 'cheating vicar' hiding some of the 'parts' for the men's Christingle.) This was followed by a tape of guitar music and hand clapping to warm us all up, after which we lit our 'Christingles' and sung another carol. Then Ken told us the story of the Nativity in his own words. This included the names of lots of chocolates and biscuits. Each time we heard the name of a chocolate or biscuit mentioned we replied "Yeah" to which sweets were 'rained' on us from 'above'. I don't think anybody realised how quickly an hour can pass when you are having fun.

So please anyone who didn't come in 2017 make a note in your diary to come in 2018 and bring your children and grandchildren to join in the service.

May I also take this opportunity to wish everyone a very 'Happy New Year'

Anne Parker

Victorian Evening.

This Christmas our Victorian Evening proved to be more popular than ever and



the audience was treated to be more popular than ever and the audience was treated to a warm welcome and an enjoyable evening of mixed entertainment. People came from far and wide and not only from surrounding villages. Four generations of the Horn family came from King's Lynn and even a couple from as far afield as Nairn, in Scotland! Our fame is definitely spreading! Queen Victoria once again graced Barton with her presence by opening the proceedings and this time she was accompanied by her husband and consort Prince Albert of Saxe-Coburg. It is not often that famous personalities come to visit our village but this year we had two for the price of one, certainly cause for celebration.

Rev Ken Waters acted as MC for the evening and began by assuring us that his somewhat seasonal Christmas tree jumper,

complete with bells attached, represented the fact that it was Prince Albert himself who first initiated the tradition of celebrating Christmas with a decorated fir tree. To begin the choir, now very much a part of village entertainment, treated us to four songs. They have gone from strength to strength and their dedication and professionalism reflects the hard work they, under Lissa's guidance, have put into perfecting their act. This was followed with a selection of monologues and poems, including one by lay preacher Ray Burman titled 'Blame the Vicar'. These were interspersed with sing along carols. David Milburn very kindly provided musical accompaniment throughout the evening. and, as usual, the Singing Shepherd took time away from his flock to put in an appearance and the entertainment was brought to a close with the choir's excellent rendition of the 'Christmas Lullaby', followed by a prayer and blessing from Rev Ken and audience participation in 'We Wish You a Merry Christmas'. Finally mulled wine and snacks helped everyone face the sub zero temperatures that met them when they left the warmth of the Village Hall What a fun evening - it just keeps getting better and better! Jill Mason

Carol Singers

If there's one thing for me that makes Christmas it is the carols; not the turkey, pud and mince pies, although I must admit to liking them as well! It was lovely to listen to the members of the choir when they came round on the evening of December 21st which fortunately was dry and not too cold. Although the village is small it's still a long way for them to call at each house. I'm not sure how far they got but I was so pleased that they called at ours. *Jill Mason*

David's Calendars.

Once again David's calendars were a sell out and he was delighted to be able to send off a cheque to Marie Curie for $\pounds 260$. Thank you to everyone who purchased them.

Snowdrop Walk February 11th at 2.30pm

David is repeating the guided historic walk of Barton Bendish 'In the Footsteps of Mary Caney' he organised as part of our Literary Event last September. This time it is combined with a 'Snowdrop Walk' which will be approximately a mile in distance and is in aid of St Andrew's Church and the Village Hall. We will meet at the Village Hall (PE33 9GF) at 2.30pm and the cost is £5 per person which includes tea and cake afterwards. There is no charge for children and dogs are

welcome if kept under close control. The Village Hall will be open from 2.00pm onwards and throughout the afternoon in case anyone doesn't feel fit enough to participate in the Walk. Please provide a contact number in case there is a need for us to cancel email jill.events@btinternet.com or phone 01366 347928

Barton Bendish Film Club Presents 'Dunkirk' Saturday February 24th

The 2017 film 'Dunkirk' portrays the evacuation of Allied soldiers in 1940 from three perspectives: land, sea, and air. It has little dialogue which is intended to create suspense from cinematography and music.

As usual, please reserve your seats by calling 01366 347849 or through the Barton Bendish Film Club website. (Join our mailing list using our 'contact us' webpage for details and timings of all our screenings.)

Start 7:00 pm at the Village Hall and we look forward to seeing you then.

Village Hall Update

Emergency measures have had to be taken to make the floor safe in the Village Hall. The first Saturday morning in December saw Robin Simon, Chris Parsons, Anthony Blanchfield and David Mason working very hard cutting out and laying sheets of plywood, kindly donated by Albanwise, over the existing floor. It might not look very smart but it is functional and, thanks to them, ensures the Hall can continue to be used safely for events until the floor can be fully replaced.

The Trustees of BB Village Hall are keen to apply for Lottery Funding and further grants to improve the condition of the building and to improve facilities for the disabled, the elderly and the hard of hearing. The process is at a very early stage but concerns about the condition of the floor, insulation, damp and heating have led Trustees to believe that they have a very good case. Also under consideration are: extending the building and improving kitchen facilities. Once the process is under way there will be comprehensive consultation with the local community. The Trustees of the Village Hall are eager to canvass the opinions and suggestions of the local community. At the appropriate stage, a public meeting will take place. In the meantime please let us know your thoughts. If villagers are willing to actively register their support we are more likely to achieve some, if not all, of our goals. The Village Hall is such a huge asset.

Andrew Stephen (Chair of Village Hall Management Committee)

Tel 01366 347549 or email acstephen@hotmail.com

Jill Mason (Chair of Village Hall Trustees)

Tel 01366 347928 or email masons.sandmere@btinternet.com

Barton Bendish WW1 Commemorations

One thing I am really looking forward to next year is the village commemoration of the passing of a century since the ending of the Great War.

One simple idea which appeals to me is the idea, not my own, to turn Barton Bendish red – with flowers – for as much as possible of 2018. It would be very impressive if, during the Open Gardens Day, many of Barton's houses featured red flowers, including poppies, in their front gardens. It would be a simple gesture to show that our village, like many, will remember them.

Recently, in Cambridge, I heard of a scheme where men dressed up in khaki to make a DVD about the men who went to war from a particular village. Each person told 'their' story and explained their experiences. We have enough information in David Mason's book about the men of Barton who went to war – but do we have enough people prepared to do some simple role play or enough technical expertise to make a film? It's an interesting idea I think. We just need a film maker!

Of course, the chief project will be the compilation of a book featuring WW1 stories known to us. I wrote last time about my ancestor, John Hayward Hunt, and one of my readers provided me with a lot more information which no one in the family knew. He died at a place called Aba Abia in Nigeria, working as a Post Office Engineer (Inspector) at a military camp building a railway. We don't know yet what he died of or where he lies buried but we have hopes of finding out. More remarkably, we discovered that he had a wife and I have been in touch with one of her descendants who sent me photographs of him and his wife, Florrie, which have never been seen before. It is my belief that people's stories should never be forgotten even if those stories can never be complete.

His brother William Ephraim James Hunt was also in the Post Office, a reserved occupation, until, harassed by white feathers, he joined up. He was



killed during the first hours of the Battle of Ancre, leaving six children and a widow who were given little help by an ungrateful nation.

Two brothers, Frank and Thomas, survived the war, which was remarkable since both served at the Front for two years. Both were severely wounded and suffered from

BARTON BENDISH & EASTMOOR VILLAGE NEWS



shell shock. Both suffered from the damage the war did to them for the rest of their lives. I can't imagine how their parents must have felt seeing all four of their sons suffering in this way. For many families it must have been much the For this reason we must same. never forget the horrors of war. Finally, on my travels to Cambridge, I came across this mural on a pub in Waterbeach. It would look good on a lot of pubs, wouldn't it? Andrew Stephen

Commemorating the end of WW1

It's 2018, The Centenary of the end of WWI, and Barton Bendish PC is planning a series of events and actions to celebrate our great Victory. We have several projects in mind and would also like suggestions from villagers on ideas they may have of ways we can commemorate this important occasion before we finalise our plans.

If you have any suggestions please call/email Valerie at 01366 347570, Maureen at 01366 347703 or Andy at acstephen@hotmail.com.

FORTHCOMING EVENTS 2018

Sunday February 11th Snowdrop Walk 2.30 pm meet at Village Hall (see advert page 24) Saturday February 24th: Film 'Dunkirk' 7.00 pm in the Village Hall (see advert page 25) Easter Saturday March 31st: Coffee Morning Village Hall



Condolences

Jim White and Trevor Meen, both residents of Beachamwell, sadly passed away in January. Condolences to their families.

Mobile Post Office

Monday and Thursday 12.55 – 13.15 Tuesday and Wednesday 11.10 – 11.40

Magazines

Spare copies of G4N and Swaffham Newsletter can be found in St Mary's Church and Beachamwell Village Hall

Parish Council



The next Parish Council Meeting will be held on March 12^{th} at 7.30pm. If you have any items for the agenda please give them to me in writing at least a week beforehand.

As always, if you have a query or a problem, you can consult the Councillors at any time – they are more than willing to listen and

help if they can.

The Parish Council website is beachamwell-pc.norfolkparishes.gov.uk *Eileen Powell (Parish Clerk)*

St Mary's Church

It was good to see the church filled with people for the carol service held on the



22nd of December. The red flowers on the wide windowsills glowed in the flickering candlelight and the walls echoed with those well - loved carols when voices of all age merged. This festival of light in the midst of winter gloom was very much a community achievement and would not have been possible without the hard work of all those people who helped to clean the historic building; those who provided

and arranged the beautiful flowers and those who supplied the home-made

mince pies, cakes and mulled wine. The youthful voices of the readers who spoke the familiar, yet forever strange, words in celebration of a new beginning also enhanced the occasion.

Just two days later, on Christmas Eve, the service of Holy Communion was held to mark the anniversary of the birth of Christ. For the handful of people who came along, it was a moving and memorable experience and as the church clock tolled the chimes of midnight, we found ourselves immersed in recognition of something beyond our comprehension.

We hope that our church will not have to wait for another long year before its ancient walls once again echo with the merging of many voices. It has been great to maintain regular services in our church and we remain grateful to all of those who contribute to our small worshipping community. We continue to be hopeful that our church can survive as a living place of worship for another year and avoid being reduced to the status of just another museum.

James Knox Whittet

Beachamwell Village Hall (Charity registration number 303900)

The village hall committee is looking forward to another busy year. There will be a number of Pop up Pubs throughout 2018 giving villagers of all ages an opportunity to enjoy a social get together. We are still looking for a fish and chip van as good as Andy Farnham from Wisbech, who served us well but has now retired. If you know somebody we can try, please let us know.

Beachamwell Fete and Country Fair 2018 - We hope you have put Saturday 1st September 2018 on your calendar and are looking forward to another great day out. We will be looking for books, bric-a-brac, old crockery to smash, raffle prizes ... when you are spring cleaning keep us in mind.

Accessibility Project Phase 2 - laying a hard-surface path from the track to the front door is our top priority for 2018. We have quotes and will be applying for grants very soon.

AGM This will be held in the hall on Wednesday 28 March at 7.30pm and we hope as many people as possible will come along and join us. New committee members are always welcome – think about it!

Beachamwell Village Hall Committee

Contact: Leah Spencer 01366 328536 or leah@wissey.co.uk

Friends of St Mary's Church A Big Thank You



Verena Hartley, Mary Riches, Vera Pearson, Pat Stringer and Beryl Emmett would like to thank everyone who supported our Knitted Christmas Pudding Project.

£400 was raised which will go towards St Mary's Church, Beachamwell thatched roof fund.

Without your help none of our fundraising would be possible.

Quiz

We are delighted the recent quiz proved to be popular and thank the 87 people who supported it. The £316.20 raised will be put into the Friends of St Mary's fund. It was a fun evening and enjoyed by all who were there. We would especially like to thank John Norton who helped behind the scenes in so many ways as did Sonia Williams.

We hope to arrange another quiz in the spring and will give details asap.

Eileen Powell and Peggy English



The money raised by both of the above fantastic fund raising efforts will be deposited into the newly opened 'Friends of St Mary's Church Beachamwell' bank account. The 'Friends' Account will hold all funds raised and donations made, solely to maintain our beautiful church and NOT for the general running costs. Individual donations to the fund would be gratefully received. If you are able to donate please call Patricia Clarke on

01366 328983 or email beachamwell1@tiscali.co.uk for information. *Patricia Clarke (Treasurer 'Friends of St Mary's Beachamwell) Caroline Sanderson carolinesanderson@btconnect.com 01366 328244*

Wednesday Walkers



December 2017: 2017 came to a climax as we were escorted by a flight of Typhoon jet fighters over the warren and then mince pies and mulled wine in the village hall – who could ask for more?

January 3rd 2018– the day after storm Eleanor – was grey and more than a little blustery. The question was would anyone be brave enough to venture forth? Yes indeed, was the answer!

Six stalwart folk turned up to start the Wednesday Walkers' programme for 2018 with a bracing walk around the warren. All were delighted to find that the footpath across Toot Hill had been magnificently re-instated, for most of its length. The diagonal route was clearly marked and, for the first time in many months, the Walkers were able enjoy the wide vistas seen from this path. Thank you Heygates, that was a wonderful New Year's present!

We will walk next on Wednesday, 7th February, leaving the Memorial Hall at



10.00 am.

Everyone is welcome but please wear suitable footwear though as it may be very muddy under foot. Bring your wellbehaved dog too if you wish, but please remember that <u>all</u> canines must be kept on leads when with us.

Leah Spencer (01366 328536) and Sue Pennell (01366 328452)

WI

January is "Resolutions Month" for Beachamwell WI, as we explore and discuss the issues raised by WI members nationally, to decide the focus for this year's special campaign. This year the topics were "Positive Body image in a Digital Age", FGM, Modern Slavery, Mental Health and "Healthy mouth, healthy body". As usual, the discussion was informative and very interesting, with all members taking part.

We are all looking forward, too, to February's meeting when David Mason will be showing some of his wonderful photographs on "Arizona to Alaska", which should be a real treat. Visitors and prospective members are, as always, very welcome. We meet on the first Thursday of every month and pride ourselves on being a relaxed, friendly and informal group.

Helen Ranger (01366 328589) or Maggie Mackenzie (01366 327023)

Beachamwell Local History Group

There was a good turnout for our Annual General Meeting on January 8th. 2017 was a quiet year for the group but there are exciting plans afoot for 2018. Our "big project" is likely to be an event focussing on Beachamwell's churches, but we also intend to bring in some outside speakers about topics of interest about our area. Unfortunately, the planned talk on "Constance Villiers Stuart and India" has been postponed from its February date but we hope to rearrange this soon. So watch this space for further news. New members are always welcome.

Enquiries: 01366 327023 or 01366 328536

Maggie Mackenzie

Beachamwell Book Group Top Reads 2017

We read and discuss a range of books each year from historical novels to poetry and at the December meeting members voted for their favourite titles in 2017. The top three choices were 'My Dear I Wanted to Tell You' by Louisa Young, a story set in WWI; 'Spies' by Michael Frayn, a coming of age story set in WWII and a GCSE poetry anthology on Conflict and Relationships. Books are chosen by members and 2018 choices include 'My Cousin Rachel' by Daphne du Maurier and 'Dominion' by CJ Sanson. If you would like to find out more about the group contact:

Leah Spencer 01366 328536

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Children's Christmas Party

With an expert entertainer in situ, wielding water pistols at parents and children in between party games and disco dancing, a fabulous time was had by all at the Beachamwell children's Christmas party on Saturday 16th December.



So many families were able to attend which was great to see, especially at a time of year when there is so much to do. Chris Foulsham kindly provided some amazing sandwich platters for all the children to enjoy along with snacks, drinks and mince pies, all of which were demolished surprisingly fast!

And, as every reader knows, a children's Christmas party isn't a party without Santa, who once again excelled himself talking to every child about what they wanted for Christmas before dishing out Smarties

We would like to extend our most sincere thanks to the Village Hall committee for making this event possible, and to all those who joined us in supporting this event so enthusiastically, bringing along family and friends.

We hope all Beachamwell residents had a wonderful Christmas and look forward to seeing many families get together again in 2018; the numbers are definitely growing!

Bridget James and Rachel Bond-Green

The party was brilliant and the entertainer was really funny. I hope we can do it again! Thank you to the village for supporting us. Beachamwell is a lovely place to live.

Lucy James aged 9

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

		•	•
DATE	VILLAGE	LOCATION	TIME
Thursday	Barton Bendish	Hatherley Gardens	09:55 am
13th February	Beachamwell	Old Post Office	10:15 am
	Drymere	Telephone Kiosk	10:40 am
	Boughton	Mill Road	14:20 pm
Thursday 12th & 26th February	Wereham	Church Road Queen's Close	09.30 am 16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat) 40 (Mon to Sat)	Coach Services Coach Services	King's Lynn Thetford/Downham

Timetable requests:- (01603) 228888

Traveline 0871 200 22 33 or (<u>www.traveline.info</u>) Call cost 12p per minute

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	First Thursday 12.00pm to 5.00pm
Swaffham King's Lynn	No longer trading Third Friday

For information:- www.farmersmarkets.net or your local Tourist Information Office

CHURCH SERVICES (SOUTHERN GROUP)

Date and Time Sunday 4th February 9.30 am 9.30 am 11.00 am 11.00 am 6.00 pm	Location Second Sunday before Methwold Wretton with Stoke Ferry Beachamwell West Dereham Wereham	Service of the Word
Sunday 11th February	Sunday next before Ler	nt
9.30 am	Methwold	Service of the Word
9.30 am	West Dereham	Holy Communion
9.30 am	Whittington	Service of the Word
10.00 am	Boughton	Breakfast Church
11.00 am	Barton Bendish	Holy Communion
Sunday 18th February 9.30 am 9.30 am 9.30 am 11.00 am 11.00 am	First Sunday of Lent Methwold West Dereham Wretton with Stoke Ferry Beachamwell Wereham	Holy Communion Service of the Word Service of the Word Service of the Word Morning Prayer
Sunday 25th February	Second Sunday of Lent	t
9.30 am	Methwold	Service of the Word
9.30 am	West Dereham	Service of the Word
10.00 am	Whittington	All Age Holy Communion
11.00 am	Boughton	Holy Communion
6.00 pm	Barton Bendish	Evensong

THURSDAY SERVICES

Holy Communion at 10 am Boughton 8th and 22nd Compline at 5pm Wretton with Stoke Ferry 15th

Churchwardens

Barton Bendish: Mhari Blanchfield 01366 347849/Linda Webster 01366 347563Beachamwell:Vesna Hudson 07854 261273Boughton:Pam Wakeling 01366 500429Wereham:Sheila Smith 01366 858165

Baptisms and Weddings

Please contact the Churchwarden in your parish.

CHURCH SERVICES (PRIORY/NORTHERN GROUP)

Date and Time Sunday 4th February 10.00 am 10.00 am	Location Second Sunday before Fincham Shouldham	Service Lent Family Communion Morning Prayer	
10.30 am	Marham	Café Church (MethodistChapel)	
10.30 am 11.00 am	Stow Bardolph Tottenhill	Holy Communion Holy Communion	
Sunday 11th February 9.30 am 10.30 am 11.00 am 6.00 pm	Sunday next before Lea Shouldham Thorpe Stow Bridge Runcton Holme Fincham	nt Holy Communion Holy Communion Holy Communion Evensong	
Wednesday 14th Febru	arv Ash Wednesdav		
11.00am	Fincham	Deanery Eucharist including I be followed by a light lunch.	
Sunday 18th February	First Sunday of Lent		
10.00 am 10.30 am 10.30 am	Shouldham Marham Nordelph	Holy Communion United Worship (MC) Holy Communion in the	
11.00 am	Watlington	Village Hall Holy Communion	
Sunday 25th February	Second Sunday of Lent	•	
9.30 am 10.30 am	Fincham Marham	Holy Communion (said BCP) Holy Communion (Holy Trinity)	
10.30 am 11.00 am	Wimbotsham Wormegay	Holy Communion Crib Service at Church Farm	
Thursday Services at 1	0am		
Holy Communion	Fincham 1st and 15th		
Churchwardens			
Fincham	Cathy O'Brien	01366 347279	
Marham	Philip Fay	01760 444199	
Shouldham Shouldham Thorpe	Brian & Ann Hullah Gordon Reid	01366 347814 01366 347253	
Shouldham Thorpe	Gary Eggleton	01366 347829	
Baptisms and Weddings			

Please contact the Churchwarden in your parish.

BOUGHTON VILLAGE NEWS

All Saints' Boughton

A happy new year to everyone in Boughton. I hope you all had good experiences over Christmas and the New Year, but I expect that – like me- you are looking forward to lengthening days, the first daffodils and warmer weather! Christmas in Boughton seems a long time ago, but we had the usual well attended crib service on Christmas Eve and once again Bubbles the donkey took a starring role. He had obviously not had time for a pit stop on the way, but that didn't matter and he behaved impeccably after that! Before that, we'd had our usual Carol Service of Nine Lessons and Carols. Thanks to all the readers and to the choir and to Tom Golden. The collection from the carol service went to Crisis at Christmas, and the crib service collection was for Embrace. This year we also had a service on Christmas Day. The congregation wasn't as large as last time, because of the number of other services in the group, but we had some good singing! We are a small congregation, but we welcome others and at the end of the year, some thanks are due. Thanks to Ken, for making an



awkward situation as pleasant as possible and to Robin and Brian for all that they do. Thanks to Angela and Andrew, because without them we wouldn't be able to continue. Thanks to Sandy and Frank, who make Breakfast church possible and to Paul, who keeps us solvent.

Pam Wakeling

The Crib Service

On Christmas Eve we went to Boughton with friends. We went to a crib service to celebrate the birth of Jesus. Inside the Church there were candles lit and they made the Church look special. It had a donkey just like the stable in Bethlehem. The donkey is called Bubbles. We sang Christmas carols. My favourite carol is 'Away in a Manger'. After the service, we looked into the sky to find Santa but we couldn't! So we came home and got our stockings ready.

Ciara McNulty aged 7 from Gooderstone

BOUGHTON VILLAGE NEWS

Just to report that $\pounds 66.50$ has been sent to Crisis at Christmas. With Gift Aid our total donation is $\pounds 83.12$ **Paul Coulten**

All Saints' Christmas Conundrum

May Pinches won the £20 cash prize of our Christmas quiz. Answers:-

Sleigh Bells, Mince Pies, Tinsel, Queens Speech, Yule Log, Elves, Christmas Tree, Wrapping Paper, Boxing Day, Bauble, Cranberry Sauce, Selection Box, Carol Singers, St. Nicholas, Turkey, Holly, Three Wise Men, Poinsettia, Reindeer, Joseph & Mary, Chestnuts, Mulled Wine, Pantomime, Mistletoe, Christmas Pudding, Bethlehem, Snowman, Baby Jesus, Stocking, Angels, Presents, Christmas Cracker, Shepherds, Robin, Advent Calendar, Nine Lessons & Carols, Brussels Sprouts, Star in the East, Brandy Butter, Fairy Lights. Well done May. *Boughton PCC*

All Saints' Christmas Raffle

Our Christmas Raffle raised £186 for church funds. This would not have been possible without the generous donations of prizes for which we are grateful. The lucky winners were:

1st Prize Hamper – Rosemary Wilkinson

2nd Prize Christmas Cake – Hugh Jenkins

3rd Prize Port – Susan George

4th Prize Bendicks Mints – David Cooper

5th Prize Family Circle Biscuits – Sarah Francis

6th Prize Wine – Mary Hunter

Many thanks for your support. Boughton PCC

Bottle at The WACA

We are writing this very quietly. The bottle is sulking, and like many of us our bottle does enjoy a good sulk. He certainly could sulk for Britain.

Sandy and I were looking forward to a relaxing day at sea on our recent holiday, and had just finished breakfast when the Captain summoned us to the bridge. We were notified that a signal had been received from London. "Message from the ECB. Stop.

Bottle needed in Western Australia. Stop.

England two down in Ashes test series. Stop.

Please permit us to send bottle to Perth. stop

Ashes hanging in the balance. Stop.

We will collect from Boughton stop. "

We replied "Of course, you must contact Tim, he will arrange collection". stop.

BOUGHTON VILLAGE NEWS

You will have gathered by now that we were on an older ship of the line, with signals using Morse code.

So that was it. Bottle put on a Qantas long haul Jumbo to Aus. Economy seat!! Not even Business class – Cheapskates.

Well, the rest is uncomfortable history. We were trounced (again). And lost the Ashes. The bottle was really looking forward to the next game at MCG and enjoying the sights of Melbourne.

But he was unceremoniously put on the next flight home. Arriving back in Boughton jet lagged and very, very grumpy. "Well thank you so much ECB " We do expect the bottle to come out of the sulk shortly and start to enjoy 2018.

He does send the very best New Year wishes to all his readers.

Frank Reid and Tim Scrivener

Boughton Fen Report for Parish Council Meeting 09.01.2018

During November and December, working parties continued with clearing debris and brambles from the walk along with clearing all the overhanging reed from the boardwalk.

Further evaluation of the large trees on lower and middle fen has taken place, and on the advice of an arboriculturist, one of the large willow trees, which had become quite dangerous, has been taken down. The other two will remain in place, having had some careful trimming work done by our specialist contractor.

The installation of the new outfall has been delayed by new regulations requiring us to obtain an installation permit from the Environment Agency, which we now have in place.

It will be installed as soon as conditions permit after the heavy December rains.

Contractor scrub clearance will be continuing during January and February, and we should be able to have a further reed cut in February.

Working parties will continue through the winter on 21st January, 4th and 18th February, along with additional days to remove the reed later in February.

The working party held on Sunday 7th January was very successful with eleven volunteers working away in glorious sunshine. This was an excellent turnout given that some of the regulars had other commitments.

Mark Pogmore

Poppy Appeal 2017

The British Legion Poppy Appeal house-to-house collection in Boughton raised £214.54. Many thanks for your generosity.

Angela Faherty

Parish Council

Next Meeting Date_Tuesday 13 March 2018 (Ordinary Parish Council Meeting) Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk You will also find minutes of all meetings here too.

We have another Defibrillator Awareness Training Session on Tuesday 20 February 2018from 6.30 - 8.00 pm in the Wereham Village Hall. This is a funded session by Lottery Awards for All as part of the Community Defibrillator installation in the red telephone box on the Wereham Pond in 2017. It is for anyone to attend of all ages, and the training is for those who wish to have better awareness of how to use it in an emergency. The defibrillator itself is possible to use with no training as it has a screen that relays instructions to you. In the event of an emergency it would be the emergency services 999 that you would call and if necessary they would advise you to collect the machine. There are key fobs with the access code available on request from the Parish Clerk if you wish by email.

Please could all residents report any dog fouling and if necessary take photographic evidence of anyone not collecting their dog mess, and report to the Borough Council's team. There was an unfortunate event early December on the Wereham Village Pond Green near the path of large dog mess left there ignorantly and a child stepped into it covering both shoes and covering clothes. We will all agree that this is just not acceptable and it has been going on for far too long all over the village. For a resident of Wereham to not collect their dogs mess after and to do it in a central place in the village where children go to school is without due care and is just not acceptable. Wereham do not want this blighting the village any longer and the Clerk will be stopping any dog walker in the village to check they have the necessary dog bags for the foreseeable future. The Parish Council has supplied and pays for three dog bins and for them to be emptied across the village but unless certain dog owners take their responsibility they are in vain. They are located at the end of Lamas Lane (Flegg Green end); along Cavenham Road towards the public footpath field end; and on the playing field near the village hall entrance.

https://www.west-norfolk.gov.uk/info/20094/animals_and_pests/157/dog_issues

Speeding Through the Village - Should you see anyone travelling at excessive speed through residential roads in the Village, please report to the police by calling 101 and if possible log the registration plates as well as the date and time. The Parish Council will not tolerate this sort of behaviour for concern of the safety of the villagers most of which are elderly or have young children

Plants Request - The Parish Council are interested in hearing from anyone who has pond plants they could donate to eventually set in the village pond, depending on a species check. Please contact the clerk by email were-hampc@gmail.com

All are welcome to attend meetings in 2018, if there are topics or ideas that you wish to share or be discussed with the Parish Council at any time during 2018, please email me on werehampc@gmail.com.or Phone/Text: 0779 500 6811

Helen Richardson (Wereham Parish Clerk and FRP)

Christmas at St Margaret's Church

Congratulations to all the children who took part in the Wereham nativity and carol service.

We were treated to a news report from the BBC (Bethlehem broadcasting company) of the birth of Jesus with shepherds , innkeepers and our royal correspondent being interviewed by our expert reporters.

Many thanks to all who came and to all who took part.





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Messy Church Carol Singing Around The Village

Many thanks to our carol singers, Alistair, Hannah, Maddie, Nikki, Gerard, Rachel, Debbie and Ian and expert accordion player, Rachel who gave a lot of pleasure to some of the Wereham residents in their trip around the village carol singing.

Many thanks for the generosity of all those who made a donation.

Over £116 was raised for the church.

Message from Santa

Thank you to all the children who came to see me at Wereham village Hall.

Thanks also to the elves who helped with all the presents.

I hope you liked all the presents I left for you on Christmas Day.

Thank you for all the mince pies and carrots for Rudolph and the other reindeer. Remember to be good and help out at home

See you next year. Santa

Wereham Family Service

Sunday 2nd February 11am. Please come along and join in our first family service of the year, Candlemass. We are trying out a new format of services this year including guarterly family services. It will be a less formal, family friendly service with children involved in leading parts of the service. If you enjoyed the carol service and nativity this could be for you. All welcome.

Downham Market Academy

Car Boot and cafe dates are Sunday 25 February and 25th March. We open to stall holders from 8am, Buyers 9am / 12 noon. Cars £6.00, cars with trailers/ van £ 7.00. Fundraising for the academy, no caterers. Contact Chris 07825769355 / 01366501111

Wereham Messy Church

Thursday February 8th 4-5.45pm. Starts 4 pm in Wereham church with family friendly service. Children involved in reading from Children's Bible and leading prayers. We then go to the village hall for activities and a shared meal.

All welcome. No cost. Donations invited for the church

Wereham Craft Group

for Christmas After а short break again January we met on 9th. We meet in the village hall from 10.30am until about 12.30pm. Tea and

coffee is on offer during the morning. We are a very friendly little group and would welcome anyone who would like to join us. Our main purpose is to make craft items to sell on our craft stall to help raise money for the village hall. We all work at our own pace in our own homes when we have a spare bit of time so there is no pressure on any one. We have a large quantity of fabric, ribbons, lace, buttons etc which can be used to make items for sale. If you are interested please contact me Rosemary, on 01366 501330or 07749240606, e-mail rosemary.pease@btinternet.com.

Short Mat Bowls

As with the craft group we had a short break over Christmas and met again on Jan 9th, 2pm until 4pm. We meet every Tuesday afternoon in Wereham Village Hall. We are a small friendly group who play for our enjoyment so we are not overly experienced but just enjoy ourselves. Spectators are very welcome to come along as well and tea and coffee are on offer during the afternoon. For details please contact Philip on 01366 501330 or 07759033492 e-mail rosemary.pease@btinternet.com.

Wereham Car boot and Cafe.

The car boot sales started again on January 28th and will be on the last Sunday of every month until the end of November 2018.

The cafe is open selling bacon rolls, sausage in a roll or egg in a roll, with plenty of tea and coffee all morning. Do come along and have breakfast with us and see the progress on our wonderful new village hall. You will be very welcome. Having had breakfast you can then wander round and find yourself a bargain. We look forward to seeing you. For details please contact Philip on 01366 501330 or 07759033492

e-mail rosemary.pease@btinternet.com.

January Update from Wereham Village Hall Committee

What a lovely end to 2017 with a range of festive events and activities held, for the last time, in the old village hall. The Christmas bazaar, bingo, quiz and carols in the hall were all very well attended and really helped to get the village into the Christmas spirit. In addition we managed to raise almost £2000 which is a fantastic achievement!

Thank you to everyone involved – fundraising through 2017 has exceeded our target by more than \pounds 2000 and we really could not have done it without you.

Tesco Bags of Help Scheme

We have been shortlisted as one of the three charities to be supported by the Tesco Bags of Help scheme. You can use your blue tokens to support us in the Downham Market branch of Tesco during January and February 2018. If we receive the most tokens, we will be awarded a much needed grant of £4000 towards the new hall so please help us.

To vote, you will need to make a purchase within store of any value. You will receive one token per transaction and it's not necessary to purchase a carrier bag in order to receive a token. They don't always give the tokens out automatically so please do ask. I've noticed that they always give me extras when I take the children along so maybe drag your children/grandchildren/ nieces/nephews along with you too!! Thank you for your support!

Update from the New Build Project Team

Some pretty miserable weather means that progress has been a little slower over recent weeks though we did see completion of the beautiful front wall and the roof put in place prior to the Christmas shut down. The contractors were back on site on 2^{nd} January and we are looking forward to completion in April. Don't forget that it is still not too late to donate to the buy-a-brick campaign. We are still £3700 short of the £10,000 target we pledged to the lottery as our community fundraising so any further donations are still desperately needed. Just follow the link from our website to our MyDonate page.

For more regular updates and photos, follow us on our Facebook page.

Victoria, John E, John M & Rachel

Wereham Village Hall Bonus Ball Club

The lucky winners of £60 each in December were Janet Winter and Gwen Watson, and for January were Darren Edwards and John Voutt – congratulations to you all! *Helen Richardson, Secretary.*

Wereham Church Festival 2018

Following a very successful Church Festival last year, it's time to make plans for July 15th 2018!

On behalf of Wereham PCC, I should like to invite all stall-holders, helpers, logistics experts and anyone who is interested to come to a planning meeting in the church on Tuesday February 6th at 7.00pm.

You will all be most welcome !

Many thanks , Tom Golden

Wereham Village Hall

'Buy a Brick' Campaign

Britain's First Passivhaus Village Hall



This is no ordinary 'Buy a Brick' campaign (largely because there are no bricks) but this is no ordinary village hall! It's your village hall to support you, your events and your activities.

We're so close – our community fundraising is going well but we've not yet reached our target of £20,000 so please support us by visitingour website <u>http://www.werehamvillagehall.co.uk</u> and follow the link on the home page to our dedicated 'MyDonate' donations page.

Your donations will buy:

- •£10 three breeze blocks
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For further details contact Trustee John Millard on 01366 500790

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Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

Home-Start Swaffham & District The Community Centre, Campinglands, Swaffham, PE37 7RB Tel: 01760 721271 Email: admin@homestartswaffham.org.uk



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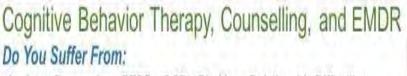
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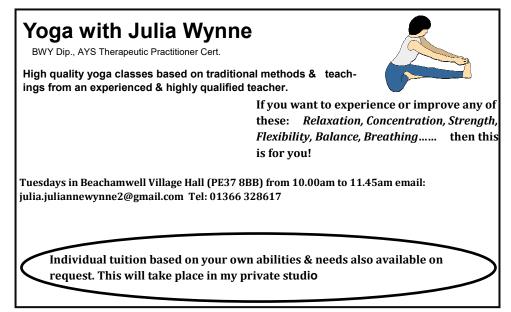
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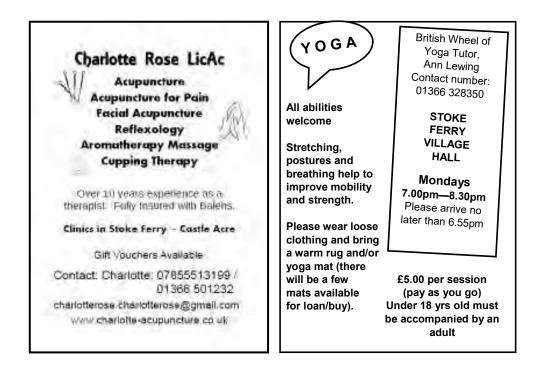
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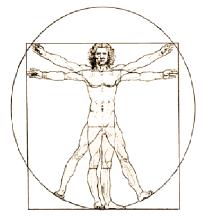
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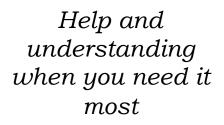
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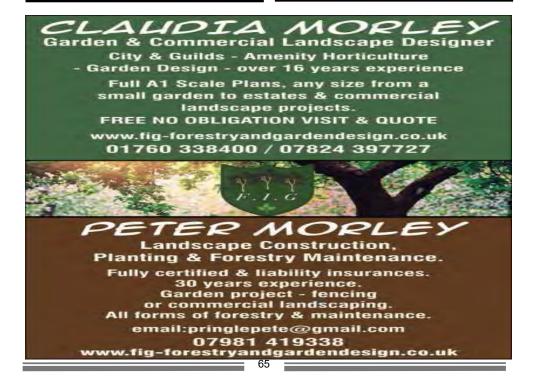


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