

**The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;  
Boughton; Wereham**

**July 2020**

## WELCOME

Friday, July 3rd 7 to 8:15 pm  
Wissey valley virtual fete  
Please zoom in from the comfort of  
your own home to our virtual fete.  
It will be a social evening with  
entertainment including  
music ,singing poetry and amusing  
anecdotes.  
Please provide your own wine and  
cheese.  
We are looking for audience  
members and for volunteers who are  
willing to give us their party piece or  
provide ideas for making this a  
memorable evening.  
If you are interested please email Ian  
or Debbie Rye [ian\\_rye@msn.com](mailto:ian_rye@msn.com)  
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dwVWVjQT09](https://us02web.zoom.us/j/88105816282?pwd=V05GNIBneENVUm9mamp2a1dwVWVjQT09)

As always, 'Happy Reading '  
The Editorial Team  
Eileen and Pam

Thanks to all contributors and  
apologies to any whose work has not been  
shown in this issue.

We promise to include your articles  
wherever and whenever possible. Please  
do keep them coming.

Many thanks to the distributors, we  
couldn't do without you!!!

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Please submit all information through  
your Village Contacts.

**Deadline for copy for the  
August 2020 edition:**

**11th July**

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One more small step out of lockdown!

This week I hear we can open churches for folk to pop into for private prayer & perhaps we may start to think about worship in the open air? No details received yet.

At last I am told I can visit my sister in her care home after three months of not being able to see her, despite the fact that she has been in hospital following a stroke. Gown, gloves and mask but even so.....Halleluiah!!!



What a wonderful lift to my soul, being able to actually see family in the flesh and not on some computer screen. Hubby and I travelled 420 miles last week to meet with our two daughters who live at opposite ends from us and whilst it was a picnic in the garden, with no hugs, the joy of meeting them and three of our five grandchildren was overwhelming. The yearning we have to touch and see our families is all consuming. Our need to be in fellowship with others is pivotal to the human condition and oh how I miss meeting in church to worship and give thanks with my fellow Christians. Meeting in church via Zoom, on the internet, is no substitute for meeting together in God's own house but it is so much better than not meeting to worship at all.

So, let us remember in these initial days of release that not all folk have families. Not all folk are able to get out, even when lockdown ends completely and not all folk in the world have had the privilege to self isolate - even if they wanted or were instructed to do so. We have a lot to be grateful for in this country of ours. No, it is not perfect. No, we haven't always got it right but most peoples in this land are decent, hard working citizens, no matter what colour, creed or nation they are from and it is up to every single one of us to ensure that our children & grandchildren are given the chance to grow up in a safe, fair & sustainable environment.

We are the caretakers of this world, not the owners, and we need to cherish & look after it. God bless everyone - we are all getting nearer to meeting again.

*Carol*

[caroln153@hotmail.com](mailto:caroln153@hotmail.com)

01366 500704

Honey Trees  
Furlong Drove  
Stoke Ferry  
Norfolk PE33 9SX

## DEANERY UPDATE REPORT

Despite the Lockdown, much more has been happening in the life of the church than we possibly at first expected. Parishes have shown a good deal of creative resilience to over-come some of the restrictions on church life. Services on Sundays and during the week have either been streamed on Facebook, or engaged with on Zoom in all the benefices in the Deanery. Pastoral care has been exercised in so many ways in concern for neighbours and the vulnerable including regular telephone calls to check on people's well-being. The most difficult and saddest aspects of Lockdown have been the restrictions on funerals and the inability to give thanks and celebrate the lives of those who have died and restriction on how we support properly those who mourn. The inability to come together and share communion has also been very hard for many people. However, as the Lockdown restrictions are gradually lifted so we can tentatively resume some sort of communal church life.

Some churches can now be re-opened, with appropriate precautions, for private prayer. We are starting this slowly as we engage with the issues involved. To start only a few churches in each benefice will, open. In the villages these are likely to be Feltwell, Wretton, Fincham, Stow Bardolph, Watlington, Ten Mile Bank and Bexwell. It will be some time before all our churches are re-opened.

As we are allowed to meet in groups of six in a garden (keeping social distance still) we are also exploring the idea of garden masses/communions/eucharists (call them what you will). A priest could be invited to a particular garden (weather permitting) and up to five other people sitting 6ft apart would each put their own bread and wine on a table (dressed as an altar) and we could celebrate communion together. A group of us have tried this and it worked quite well. Benefices may work out a system of booking these services; they do not have to be on a Sunday, indeed they are more likely to be midweek.

The Long-term future is also up for consideration. You may all know that we have set up a Deanery Strategy Group (DSG), under the chairmanship of Dr Fraser Reich, (Churchwarden at Bexwell) with reps from every benefice, to look at a sustainable and effective pattern for mission and ministry to be implemented by 2025. The hope is that local people, both clergy and lay, represented by the DSG would come up with a plan that was acceptable and workable for which all could have some ownership.

The process will involve continuous and regular consultation with the parishes, with the chapters and with the Deanery Synod.

Keep safe and thank you for all you are doing and stay well in the Lord *William*

## News from St Martin at Shouldham Primary Academy

### Dates for the Diary

**7<sup>th</sup> September-** Autumn Term Starts

### Wider Reopening of Schools

On 1<sup>st</sup> June we welcomed back some of our Nursery, Reception, Year 1 and Year 6 children, alongside our Keyworker children at St Martins. The children are now organised into smaller 'bubbles' and are taking to social distancing very well. Classroom layouts and learning resources have all had to be adapted but the children still have wonderful smiles on their faces and are enjoying the learning tasks set by their teachers. Our teachers are also still providing home learning for the children who are yet to return and are regularly keeping in touch with families through Class Dojo and Zoom.

We have all had to make many changes to our daily lives during the current situation and in school we have even adapted to having our whole school worship via Zoom with Mrs Howe. It was lovely to see so many people altogether at once. Our Year 6 children would normally be looking forward to transition days at their new high school but this year, they are having to adapt to transition being conducted virtually. I think we will all come out of this pandemic very advanced in our technological skills.



# Stuffed Aubergines for 2 people

2 Aubergines cut in half lengthways and brushed with olive oil all over.  
Pesto  
Soft goats' cheese.

Put the Aubergines in a covered dish with 2 tablespoons water and microwave for about 10 minutes. Do a little longer if not soft. Transfer them to an ovenproof dish.  
Spread them with pesto, then blob the goats cheese on top.  
Place under a hot grill until just browning.  
Serve with new potatoes and a green veg. OR just with crusty bread

*Iris Delderfield*

13. 1973

14. Whips

15. Blue, yellow, black, green and red

16. Real Madrid (13)

17. 13

18. Red Rum

19. Crucible Theatre

20. Pineapple

21. USA

22. A turkey

23. 16

24. Augusta National
1. Almonds

2. Corona

3. Cuba

4. Rice

5. Indian Pale Ale

6. None, they are made from cheese

7. Spinach

8. Anchovy

9. Spencer Perceval - May 1812

10. 30 minutes

11. 650

12. Mike Pence

**Quiz time.....**

1. Which nuts are used in marzipan?
2. What is the most famous Mexican beer?
3. Which country is the origin of the cocktail Mojito?
4. What is Japanese sake made from?
5. What does IPA stand for?
6. Which meat is used in Glamorgan sausages?
7. What ingredient is included in food in a Florentine style?
8. Which fish is the main ingredient of Scotch Woodcock?
9. Who was the only British Prime Minister to be assassinated?
10. How long does Prime Minister's Questions last?
11. How many Members of Parliament (MPs) are there?
12. Who is Donald Trump's vice president?
13. In which year did Britain originally join the EEC, now known as the European Union?
14. What is the name given to the group of people who make sure MPs attend important votes?
15. What are the five colours of the Olympic rings?
16. In football, which team has won the Champions League (formerly the European Cup) the most?
17. How many players are there in a rugby league team?
18. Which horse is the only three-time winner of the Grand National?
19. Since 1977, where has snooker's World Championship taken place?
20. In tennis, what piece of fruit is found at the top of the men's Wimbledon trophy?
21. Who won the FIFA Women's World Cup in 2019?
22. In bowling, what is the term given for three consecutive strikes?
23. How many world titles has Phil Talyor won in darts?
24. In golf, where does the Masters take place?

Answers on opposite page

## **COUNTRYSIDE NOTES JULY 2020**

### **NATURE FIGHTS BACK**

Mother Nature has certainly been flexing her muscles in the last few months. She doesn't want us to forget who is really in charge. It almost seems as if she wishes to punish the human race for our abuse of the planet. As farmers across the world know that, to a certain extent, technology and modern machinery can compensate her actions, but they can't control them. She's certainly been reminding us of that lately. She'd already been taunting us with climate change and denied us winter weather sufficiently cold enough to kill off some of the nasties. Instead, she assailed us with incessant rainfall making life a misery for man, flooding thousands of homes and acres of land. I wrote about this in the G4April issue. At the time I commented that the weather needed to change dramatically for farmers to get onto their waterlogged land and sow their crops. Soon after I submitted the article Coronavirus restrictions were imposed and immediately Mother Nature turned the tap off and the heater on, serving up unseasonably hot temperatures with virtually no rain for the following ten weeks. The weather went from one extreme to the other but lockdown denied us the freedom to go and do whatever we pleased in the phenomenal spring sunshine. There have always been plagues and pestilence as Mother Nature was reminding us. Even though life on Earth has advanced so far it doesn't make us exempt. A few irresponsible people succumbed to her temptation and were enticed onto beaches in perilous numbers. The incredible weather continued until restrictions were eased. Then, as if to coincide with this, Mother Nature suddenly lowered the temperature and turned on the tap again. The parched land and the plants attempting to grow in it were desperate for rain but she delivered a cruel twist with the coldness, a death blow to young chicks. With modern technology it's ironic that man can enter space but only if the weather permits the rocket he's in to take off! It puts in perspective who actually controls what we're able to do. The jet stream is a meandering current of high-speed winds which forms between two air masses of very different temperatures, five to nine miles above the Earth. Experts blame this for influencing our weather. But what manipulates the jet stream?

What message did it send when coronavirus restrictions were eased and the priority for some was to head straight for McDonalds? Also, when thousands of protesters gathered shoulder to shoulder ostensibly to demonstrate against something, appalling as it was, that didn't even happen in our country. They were playing a game of Russian roulette with their health and ours.



Is it possible that Mother Nature has been teaching us a lesson? Is she re-establishing her authority? We humans are reluctant to acknowledge that there is a greater force than us. We are puppets and she pulls the strings. We need to respect her for the power she has over us.

*Jill Mason*

### **Footpaths in the Fincham area which you may not know**

There are a number of footpaths around the village that many people have taken advantage of in recent months, some of these paths have been in existence for a very long time and were part of ancient droves (nature reserve) and pilgrim routes. The historic name for Boughton Road is Walsingham Lane. The cross base in the churchyard is thought to have been an ancient way marker for pilgrims walking between the different religious buildings en-route to Walsingham, it was moved to its present position in the early 20th century from its position in a field south of Swan Lane and is marked in some early maps. A similar way marker can be found on the Pilgrims Way near Weeting, which is on part of the ancient Icknield Way that goes from Dorset to the Norfolk coast. Other longer paths that can still be walked locally are Fincham Drove between Chalk Lane in Marham (by the small war memorial) up to Swaffham to the north of the A1122 and Shouldham Lane/Drove that takes you between Beachamwell and Swaffham to the south of the A1122. We also have the Nar Valley Way that follows the river Nar which can be picked up at Pentney Abbey after a pleasant walk through Shouldham Warren.

## **MARHAM NEWS**

### **Marham Handbell Group .**

During lockdown we've been keeping ourselves amused by writing limericks ! In Shouldham , on VE Day , photographs were taken around the village and I displayed the following limerick :

### **From Bells to Bards .**

We ring handbells in Marham each week ,  
Until lockdown forbade us to meet ,  
We don't want to get bored ,  
So write limericks galore ,  
We're now Bards with Bells on our feet !

## LOCAL HISTORY

### Snippets from William Blyth's Diary

Janet Lynskey. Fincham Local History Society

William Blyth was rector of St Martin's, Fincham, from 1846 to his death in 1886 and was also the Rural Dean of the Fincham Deanery which covered the old Clackclose Hundred. He was responsible for many of the improvements in the village, building the school, expanding the churchyard and making additions and improvements to the church itself. He also involved himself in many of the village activities.



In 2015 we finally established where William Blyth is buried. There is a commemorative brass plate and window in the south aisle in the church but the exact site of his grave was unknown. After some excellent detective work by Stewart Waterston one of William Blyth's descendants (Ken Blyth) was found to have a plan of the position of the graves and subsequently a new grave was consecrated in December 2015.

We were then told by Ken Blyth that he still had William Blyth's diaries. The diaries have some interesting observations of his life in Fincham and district and has been an invaluable resource for the Local History Society. Our June meeting was to have been based on excerpts from the diary but as we were unable to go ahead with this meeting I thought it would be interesting to share some of the entries with the Parish Magazine (with kind permission of Ken Blyth)

Given our current situation an appropriate place to start would seem to be the diphtheria epidemic of 1863.

Diphtheria was an acute and highly contagious bacterial disease causing inflammation of the mucous membranes, formation of a false membrane in the throat which hinders breathing and swallowing, and potentially fatal heart and

nerve damage by a bacterial toxin in the blood. It is now rare in developed countries owing to immunisation. (OED)

28th March 1863

*A fatal disease prevalent in the village and neighbourhood viz putrid sore throat. Buried 8 children this month*

21st April 1863*Dear Ellen (his eldest daughter aged 23) after 2 or 3 days indisposition, is seriously ill with a throat affection.*

22nd April 1863*This morning taken much worse and after struggling for breath the whole day gradually sank and died at 2.30am Thursday. A dear good child who will be an irreplaceable loss both to ourselves and the parish generally.*

30th August 1863

*Sermon was preached with reference to the prevalent sickness/diphtheria by which there have already been 23 deaths.*

12th September 1863

*5 funerals this week. Diphtheria has become a decided scourge amongst us. May it please God soon to take it away.*

16th September 1863

*Buried another (the 4th) of Mr Lemmon's children.*

23rd September 1863

*Harvest thanksgiving service. Owing to the prevalence of diphtheria the children of Barton Bendish and Beachamwell were not allowed to come but 12 adults came from Barton and none from Beachamwell.*

William Blyth has written in the Parish Register

4th September 1863

*This book was finished under melancholy circumstances. A fatal epidemic, diphtheria in its various forms has prevailed for about 12 months in the parish and still continues its unsparing ravages. Hereby the number of deaths, according to the annual averages, are already exactly double, no less than 23 or 24 having occurred from this disease alone.*

2nd March 1864

*Also 14 more in the new book.*

NB

The majority of the deaths were of children but it's difficult to tell from the register alone which deaths can be attributed to diphtheria without seeing the death certificates. The population of Fincham in 1861 was 886.

The OED says that in the past diphtheria was correctly pronounced with an f sound representing ph (as in telephone) but in recent years the pronunciation has shifted and today the most common pronunciation on standard English is with the p sound.

On a lighter note - a hint for CGM maybe.

5th January 1858

*A flock of sheep for 2 days in the churchyard to eat down the long grass previous to repairing the graves.*

**The Halls of Shouldham** — Until the late 19<sup>th</sup> century there were several large residences called “halls” in Shouldham. One of the oldest, **Frogs Hall**, has disappeared but lay a little to the south of the village. In the early Victorian era it was owned by the Allens and one of the later occupants was Mrs. Fanny Allen – almost certainly related to the family, below.

The second Hall was **Melrose Hall**, close to the present site on the right-hand side at the start of Norwich Road. Its origins can be traced to the 17<sup>th</sup> cent., but by the 1800s it was owned by the Catton family. Robert Catton, who is commemorated in a stained glass window in the church, renovated the old building, adding a new wing, stables, coach houses and other structures. In the later Victorian period, Melrose Hall was owned by the Etheridges – Bertha Etheridge's memory being marked by the fine East window in church - and thereafter by the Green family and then the Blackburns. Subsequently, the Cunningtons lived there and Mr. R. Bowen also used it. Much of it was duly pulled down before the renovation and current occupancy by Geoffrey Hipperson's family.

The third Hall is **Shouldham Hall**, now Victoria Hall Care Home. It (and the long wall which now encloses the bungalows of Halffields) was originally built in 1833 for the Allen family, Eastgate Street being diverted to make room for a most imposing property. Thomas Allen, the first owner, was an influential person in this area, being both a magistrate and Deputy Lieutenant of Norfolk. (The marble statue of Faith in our chancel is his memorial). Some servants' quarters were thought to date from the 1600s and featured in a BBC TV programme in 1975.

In its original form, this Shouldham Hall must have been a very impressive building. Excluding all the corridors and hallways, it consisted of at least twenty-five rooms, eleven of which were bedrooms. There was a fine staircase with mahogany handrails and pine treads; a white marble Adams' fireplace was in situ; and another 16 mantelpieces in grey or white marble were located throughout the building, many in the bedrooms. There was pine flooring to the bedrooms and oak parquet flooring downstairs.

On 30<sup>th</sup> July 1930, many of the fittings were auctioned, prior to extensive demolition and reconstruction into the building seen today. The sale details give an idea of what was sold:- 50 mahogany or pine doors; 1,100 sq. ft. of parquet flooring; 6,000 sq. ft. of pine flooring, and 1,300 sq. ft. of tessellated flooring. When rebuilt, the Hall had 8 Bedrooms, 2 Drawing Rooms, Dining Room, 2 Kitchens, 3 Cellars and a 3-bay Stable and Outbuilding.

Before 1914 the Allens were gone, but the Hall was occupied by Army personnel during WW1. From 1920-1930 it was owned by Mr. Hilton of Lynn; and after rebuilding by Mr. Bond, Sq. Ldr. Lister and lastly by Mr. Richardson. Later, additions were then made to convert the Hall into the care home it is today.

**Brian Hullah**

# The police will never...



**Contact you to ask for your PIN or bank details**



**Ask to withdraw cash to hand over to them for safe-keeping**



**Ask you transfer money out of your account for fraud reasons**



**Send someone to your home to collect cash, PINs, or cards**

 **Action Fraud**  
the national reporting centre for fraud and cybercrime

Please find public transport information links below. This is to assist with finding the latest information about what public transport services are operating in your area. It may also help when advising your constituents or parishioners. These links provide the best source of information as operators have been changing services at relatively short notice as they react to government guidance and the latest situation. In addition, if a member of the public in Norfolk is having trouble accessing essential services or supplies please call 0344 800 8020.

### **Broadland**

First - <https://www.firstgroup.com/norfolk-suffolk/news-and-service-updates/coronavirus-covid19-service-information>

Konectbus - <https://www.konectbus.co.uk/coronavirus/>

National Express - <https://www.nationalexpress.com/en/help/live-service-updates>

Our Bus - <https://www.ourhire.co.uk/our-bus>

Sanders Coaches - <https://sanderscoaches.com/alerts>

### **Breckland**

Coach Services - <https://www.coachservicesltd.com/2020/03/update-limited-timetable-from-30th-march-until-further-notice/>

First - <https://www.firstgroup.com/norfolk-suffolk/news-and-service-updates/coronavirus-covid19-service-information>

Konectbus - <https://www.konectbus.co.uk/coronavirus/>

National Express - <https://www.nationalexpress.com/en/help/live-service-updates>

West Norfolk Community Transport - <https://www.gtt-online.co.uk/news/2020/03/coronavirus-update/>

### **Great Yarmouth**

Border Bus - <https://www.border-bus.co.uk/coronavirus-info/>

First - <https://www.firstgroup.com/norfolk-suffolk/news-and-service-updates/coronavirus-covid19-service-information>

Mega Bus - <https://uk.megabus.com/service-alerts>

National Express - <https://www.nationalexpress.com/en/help/live-service-updates>

Sanders Coaches - <https://sanderscoaches.com/alerts>

### **King's Lynn & West Norfolk**

Coach Services - <https://www.coachservicesltd.com/category/news/>

Lynx - <https://www.lynxbus.co.uk/news/covid-19-timetables-monday-30th-march-until-further-notice/>

Mega Bus - <https://uk.megabus.com/service-alerts>

National Express - <https://www.nationalexpress.com/en/help/live-service-updates>

Stagecoach - <https://www.stagecoachbus.com/regional-service-updates/east-midlands/the-fens>

West Norfolk Community Transport - <https://www.gtt-online.co.uk/news/2020/03/coronavirus-update/>

### **North Norfolk**

Our Bus - <https://www.ourhire.co.uk/our-bus>

Lynx - <https://www.lynxbus.co.uk/news/covid-19-timetables-monday-30th-march-until-further-notice/>

Sanders Coaches - <https://sanderscoaches.com/alerts>

### **Norwich**

Border Bus - <https://www.border-bus.co.uk/coronavirus-info/>

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Mega Bus - <https://uk.megabus.com/service-alerts>

National Express - <https://www.nationalexpress.com/en/help/live-service-updates>

Norwich Park & Ride - <https://www.norwichparkandride.co.uk/updates/>

Our Bus - <https://www.ourhire.co.uk/our-bus>

Simonds Coaches - <https://www.simonds.co.uk/latest-news>

Sanders Coaches - <https://sanderscoaches.com/alerts>

### **South Norfolk**

Border Bus - <https://www.border-bus.co.uk/coronavirus-info/>

First - <https://www.firstgroup.com/norfolk-suffolk/news-and-service-updates/coronavirus-covid19-service-information>

Konectbus - <https://www.konectbus.co.uk/coronavirus/>

Our Bus - <https://www.ourhire.co.uk/our-bus>

Simonds Coaches - <https://www.simonds.co.uk/latest-news>

West Norfolk Community Transport - <https://www.gtt-online.co.uk/news/2020/03/coronavirus-update/>

**In the light of the Covid 19 situation, please check all this information carefully before making arrangements.**

### **Lily has changed!**

From 1 July 2018, our Lily service expanded to include everyone over 18, not just those in later years.

Lily provides a comprehensive range of support in west Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities.

The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch [asklily.org.uk](mailto:asklily.org.uk)

Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.

Lily has a strong focus on community development, by helping groups to arrange activities and encouraging volunteering, and by providing community events, onsite information sessions, and support for employers, schools, and colleges.

## KING'S ARMS, SHOULDHAM

Only a few months ago we were in a bustling pub planning a year of events and activities and looking forward to a busy summer, welcoming new and old customers to the King's Arms. Who would have thought that a pandemic would be just around the corner?

Overnight we went from an active village pub, with an ever-present background noise of cars, farm machinery, planes, laughter of children in the school playground opposite and chatter from people in the street, to next to nothing, only birdsong and the sound of busy bees collecting pollen. Hearing birds in the countryside is obviously normal, but what has been slightly more unusual is that I could hear at least six different calling individually. The pandemic has given nature the opportunity to be louder (or at least, we can hear it better) and I do love it, even though we are missing customers, our team, our friends and family enormously. The pub is geared to leisure time, socialising, communities and about bringing people together, the very essence of it is around people interacting and that's what has been the most challenging in the first few months of lockdown, the lack of social contact and interaction. We have by no means sat on our backsides doing nothing, there has been an endless stream of tasks and maintenance around the pub and beer garden and out in the community. In April we launched our beer delivery service to raise money for two great local charities Norfolk and Waveney Mind and West Norfolk Riding for the Disabled, with all profits from sales going to them.

So here we are, four months down the line, doing the final jobs around the pub ahead of welcoming you back in early July. The pub will be a little different for a while but please bear with us whilst we all adjust to 'the new normal'.

We plan to reopen for takeaways on 3

July and open the pub on 4

July, using outside space with weather protection. Our food offer will be a limited menu to begin with. We will be posting full details on our website ahead of opening to please do take a look there for what to expect.



Life may have paused for a while, but we will all leave this with something in common and I hope, a shared sense of an even stronger community. *Abbie Panks*



## SPECIAL EVENT PLANNED



### Think Wereham Village Hall

Beautiful facilities:  
full catering kitchen, 3 separate rooms available for hire (main hall, community room and meeting room).  
Visit [www.werehamvillagehall.co.uk](http://www.werehamvillagehall.co.uk)  
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hours brisk  
walking...



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BRING  
COMFY  
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### Fitness walking group for all ages!

Mama's, Papa's, Nanna's, Grandad's,  
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Mondays @ 10.30am

Starting location will vary weekly from surrounding  
villages (Wereham, Wretton, Boughton, Stoke Ferry,  
Oxborough, Barton Bendish)

For information please contact Charlotte on  
07873355671 or follow Fit Mamas & Co on  
facebook!!

## Wereham

### Mobile Post Office

Please note that Mobile Post  
office will park near the Village  
Pond on the following days/  
mes

**Monday 14.00-14.15**

**Tuesday 12.25-12.55**

**Wednesday 12.25-12.55**

**Thursday 14.00-14.15**

## COMMUNITY UPDATE

King's Lynn Police September Update

At the beginning of September, we received a number of reports of suspicious activity in the area of the village pond. We have been working closely with the local community to ensure that the area is secure and that any potential threats are identified and dealt with as quickly as possible.

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## COMMUNITY NOTICE BOARD

### Could you help a young person with a disability to think about their Future?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email [vhowling@csv.org.uk](mailto:vhowling@csv.org.uk)

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

# MASSIVE FUEL BILLS?



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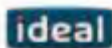
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### Free magazine inspires families to get active this summer

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among adults and children and the impact of this on their health and wellbeing – now and in the future.

You can find out more and view the magazine online at [www.norfolk.gov.uk/getinto](http://www.norfolk.gov.uk/getinto)

# **BARTON BENDISH and EASTMOOR NEWS**

## **A Tribute to the NHS**

On the evening of the last Sunday in May I became aware of a shadow in my left eye and wondered whether the retina had been affected. I promptly rang 111, a much maligned service, and spoke to a very helpful administrator lady who asked a series of routine questions and then passed me over to a medical person. She asked more questions relevant to how I considered my eye condition to be and then advised me to go directly (not to Jail by-passing Go!) but to A&E at the Queen Elizabeth Hospital (QEH) in King's Lynn, where I would be expected. Maureen very kindly immediately drove me there where, indeed, I was expected.

The previous day, while preparing the hole for a geranium pot at my wife's grave at St Mary's Churchyard, I managed to lose my balance and fell forward, hitting my head on the ground. The doctor who saw me, after a short wait in A&E, at first thought that the problem with my eye could be connected to this fall. I knew that this was not the case, however, as I had been aware of passing shadows in my left eye for two or three days beforehand. He insisted, nevertheless, on a full head scan and general health assessment (blood pressure etc) before I was allowed to go home with an appointment for the Eye Clinic the next day.

On the Monday afternoon I had several eye examinations, carried out by a very attractive (behind the mask) Swedish ophthalmologist and answered various questions which all culminated in my being booked for an injection into my left eye on the Wednesday. Apparently I have Age-related (a word I dislike!) Macular Degeneration which sounds dreadful! On Wednesday afternoon I reported to the Eye Clinic and the entire little operation, carried out by an Indian surgeon, was over in a practically painless five minutes (the Swedish lady was temporarily not wearing a mask hence the reference above to being attractive!). I very much appreciated the presence of a second nurse who held my hand throughout. Three more monthly injections are to follow. The outcome is uncertain but this process should at least result in stabilisation with no further deterioration in my left eye.

I have written this little note as a tribute to the NHS, their efficiency and thoroughness, the efficacy of the 111 service and the speed with which my problem was addressed. It may also serve to calm the fears of others in a similar situation. I must also say thank you to Maureen for ferrying me backwards and forwards to the QEH.

Ian Berchem

## **Passing the Time During Lockdown**

Strangely when I look back over the past ten weeks having to stay at home has not been a problem, Barton Aid have provided a fantastic backup service, from grocery shopping, prescription pickup to organising fresh and fried fish deliveries, plus all the fruit and veg available for collection from St Andrews. They all deserve a BIG THANKYOU.

I have also had time to observe the birds in the garden more closely, the two tit boxes have been hives of activity since early March, the Great Tits fledged several weeks before the Blue Tits, and the babies finally left on the 1st of June after much persuasion from their parents. Now they are helping in the garden by feeding off the greenfly on the roses. I also have a resident Pheasant, he brought his wife along then disappeared for a while, he has returned alone leaving the "missis" to cope with the babies [no change there then]. The House Martins flew in on their usual date of 19th/20th April and have restored the nest from last year and are zooming in and out. Two French Partridges visit every day and have decided Hosta leaves are a great delicacy. The Blackbirds are on their second brood and the hedge badly needs attention but not before all the Hedge Sparrow nests are empty.

For over three weeks I have been 'mum' to a racing /homing pigeon; he's very fussy and requires his food and drink well away from "those common pigeons". If the back door is open he comes in for a chat, perhaps he's from the Royal loft. I have had to call a beekeeper to collect three separate swarms of bees from the beech hedge, he tells me they have been living in a disused chimney at Holly House. It was during May so they were each worth a load of hay. Talking of stinging insects I was pruning a flowering currant in the garden at Holly house when I was attacked by some very angry wasps, they have built a nest at the back of the bush, so hard to see. I exploded from the shrubbery suffering from three stings. So all in all it's not been a hardship to enjoy the fabulous weather in our fabulous village, however there is a tiny one - the lack of a hairdresser!!  
Maureen Buck

### **Lockdown Thoughts from Barton Bendish**

As I write we are entering the 11<sup>th</sup> week of Covid 19 lockdown, or at least the formal version of it as promoted by the Government. Many of us started self-isolating and cancelling events a few weeks before that and I thought I might share a few thoughts.

I think everyone can agree that we are lucky in our rural parishes to have so much space in which we can still enjoy the great outdoors without having to worry too much about the need for social distancing. Most of us have a garden and are also surrounded by quiet country lanes which are ideal for exercise and a fresh view.

I don't know if it's a coincidence, or merely heightened observation, (we all now have time to stop and stare), but it seems that the wildlife has adapted to our new normal quicker and more effectively than us humans. On my regular



permitted exercise I have been fortunate enough to have seen grass snakes, a red squirrel, little owls and barn owls and a whole host of other creatures, all of whom seem more emboldened, perhaps by the reduction in traffic, possibly by our improving air quality. The Red Kites have been particularly active in the skies, as has the plaintive cry of the occasional Buzzard.

Homo Sapiens does also seem more prevalent though, either in the cycling form, of which the increase seems significant, but also perambulatory, often with canine accompaniment. When encountered, people seem happier to exchange a cheerful greeting, even stopping for a socially distanced chat where permissible. I have often needed to carefully target the space precisely 2M between opposing conversationalists as I ride between them. I think the shared experience of lockdown coupled with the human need for social interaction has contributed to this phenomenon, but it is reminiscent perhaps of times gone by when we weren't all running around on the economic treadmill.

All of this leads to speculation about what things will be like in the future. Some countries, and many commentators, are now openly discussing whether GDP is the right criteria for setting major policy direction, and whether there are other matters which might also come to the fore. Whatever happens it is certain that this moment has the potential to disrupt what we have all hitherto considered as normal.

Stay Safe

Chris Parsons

## **Alterations and Extension to Barton Bendish Village Hall**

### **Monthly Report**

Whilst the Coronavirus regulations continue to affect progress, the contractor has nevertheless managed to achieve a significant amount of work during the last month. The weather has been kind with no significant inclement weather. Demolition of the west wall has now been completed below the significant steel beams, as well as demolition of the western kitchen wall. The foundations and floor slab for the extension are all now excavated and concreted and work has started on the superstructure of the extension. The front wall is being constructed using reclaimed chalk blocks from the demolition with a galetted bed joint all to match the original work. The contractors are taking a lot of care and making a really good job of this.

The programme remains uncertain due to the ongoing Coronavirus restrictions and we are taking things day by day. We won't hit the original contract completion date of 21<sup>st</sup> August because of these difficulties, but everyone is working together to get done what we can.

Chris Parsons FCIOB  
Contract Administrator

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## Mobile Post Office

Monday and Thursday 13.00 – 13.15: Tuesday and Wednesday 11.10 – 11.30

## Beachamwell Parish Council



Norfolk County Council have advised that they will be closing part of the A1122 Swaffham Road, 24 hours a day for a 3 week period from Saturday 11<sup>th</sup> July 2020. The closure will affect a strip to the east of White Road. A plan showing the proposed diversion routes for traffic is available on the Parish Council website under “News.” These measures are essential to safely carry out necessary maintenance work to the highway and are programmed in an attempt to minimise disruption.

Signs will be installed at the entrance to the A1122, from the A10 in Downham Market and A47 in Swaffham, to advise vehicles that the road ahead is closed and they will be directed to follow the diversion route 1, which is marked green on the map and is along the A47 and A10. It is expected that only local traffic will need to follow diversion route 2, which is marked blue on the map and is via local roads.

Vehicular access to properties within the closure will be maintained from one direction at all times and special signs, indicating businesses remain open, will be erected where required. Consultation letters will be sent out to the businesses affected by the closures.

Emergency services and bus companies will also be made aware of the closure, so that arrangements can be made for their vehicles.

The last Parish Council meeting was cancelled due to the Coronavirus outbreak but we will resume Ordinary Parish Council meetings as soon as possible. The next scheduled meeting is planned for Wednesday 15<sup>th</sup> July at 7.30pm in Beachamwell Village Hall commencing at 7.30pm. If we are unable to hold a meeting in the Hall it will be held virtually.

The Councillors and Clerk will continue to manage the day to day running of the Parish Council during this period and you can still get in touch with us in the usual way if you have any matters to bring to our attention.

**Date for the next meeting which starts at 7.30pm is:  
Wednesday 15<sup>th</sup> July for an Ordinary Parish Council Meeting**

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## Clerk to the Council:

Miss Sarah Thorpe

01945 430930

[beachamwellparishcouncil@gmail.com](mailto:beachamwellparishcouncil@gmail.com)

## Councillors:

Cllr. Tom Sanderson (Chairman)

01366 328244 / 07803 963804 [tomsanderson@btconnect.com](mailto:tomsanderson@btconnect.com)

Cllr. Diana Lambert (Vice Chairman)

01366 328227

Cllr. Richard James

01366 328968

[rj1james@gmail.com](mailto:rj1james@gmail.com)

Cllr. Pat O'Donnell

01366 328385

## **Many Thanks Re Planning Beachamwell**

Good News. Planning has been **REFUSED** by Breckland District Council for the Building of 5 Houses on the field next to the Old School and South of The Street. We would like to thank The Parish Council for all their help, the Villagers who signed the Petition and wrote numerous letters to Breckland opposing the Planning, Eileen Powell for support and a special thank you to Verena Hartley who tirelessly walked Beachamwell getting names on the Petition. Your help has been greatly appreciated. ***Ivan and Mary Riches***



### CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

### Church openings for private prayer in our area

#### Fincham

We were very pleased to hear the news that churches could open for private prayer and immediately assumed that Fincham church would be open daily, subject to visitors taking the relevant precautions in relation to hand washing.

However, once we received the official guidance, it became clear that the church could be opened for 'supervised' visits where helpers were to be on-hand to clean after every visit. Given the age profile of the congregation, the PCC have reluctantly decided that 'supervised' opening is not practical even for limited hours in the day. We have agreed that the church will be opened on request to the churchwarden and anyone wishing to enter the church is welcome to do so.

Cathyn O'Brien 01366 347279 Churchwarden St. Martin's Church

#### Wretton

After discussing the opening of our churches in the benefice with the various churchwardens, the only one that fits the bill as per guidelines, where the churchwardens are willing, is All Saints Wretton. It has two entrances for an in and out together with enough space to accommodate a one way system with plenty of room at the back for chairs to be 2 meters apart in all directions.

Consequently, All Saints will be open for prayer this coming Monday 22nd June from 10am until 4pm.

This is only a start and I would hope to be able to open for private prayer more frequently when we have a team of cleaners to go in after the church closes every day it is open. This is one of the Dioceses requirements.

A poster will be displayed outside All Saints Wretton advertising when the church will be open and reminding people to sanitize their hands on entering and leaving and to keep 2 meters apart. Pews will be taped off and the tower will not be open. There will also be signs for a one way system although I do not expect a great number of folk will visit- but you never know.

Would you please arrange for a poster to be displayed outside your own churches advertising where the nearest church is open for private prayer.

## CHURCH SERVICES IN LOCKDOWN

**Wissey Valley Benefice** has an online service every Sunday at 09.30am. The first Sunday of the month will be Holy Communion Other Sundays will be Services of the Word.

[https://us02web.zoom.us/j/82822775006?  
pwd=eU12TDN0VTJpZFVocld4WlpvZEM4dz09](https://us02web.zoom.us/j/82822775006?pwd=eU12TDN0VTJpZFVocld4WlpvZEM4dz09)

[Janet.tanton@gmail.com](mailto:Janet.tanton@gmail.com) 01366500031

### **Deanery services**

[https://us02web.zoom.us/j/3119595155?  
pwd=dy9nNzRJby91OVprZG9nSzIMSEIPZz09](https://us02web.zoom.us/j/3119595155?pwd=dy9nNzRJby91OVprZG9nSzIMSEIPZz09)

Password Wanda123

**Please find above the link for the regular Thursday Communion at 10am. The plan is that this is the permanent link for all the Thursday 10 am Communion services and also all the 11 am Sunday Communions. Any new regular services can be added as needed.** This system means you can from now on just join the services from this link which we suggest you leave in your inbox or save somewhere on your device. Just remember the times and hit the link a few minutes before the scheduled start time! Any queries, please email me or phone 01366 328663. (Pippa Blackall) Also please share this and advertise these services which have been a great resource for those who have found them. Zoom really is not difficult and there is help for anyone who needs it to access the App. No computers, laptops or iPads etc have been harmed in the process!

There is also the 8pm Sunday service at **Bexwell** as a recurring Zoom meeting ***which means the same link can be used each time up to and including July 12th.*** [https://us02web.zoom.us/j/88587728714?  
pwd=QU1pSUo0ajRaWGRVYmx6OWNLeWdZQT09](https://us02web.zoom.us/j/88587728714?pwd=QU1pSUo0ajRaWGRVYmx6OWNLeWdZQT09) (Both are links to the same recurring event) Meeting ID: 885 8772 8714 Password: 493178

**WNPG** are directing all churches to the Church of England's Virtual Sunday Service at [https://www.churchofengland.org/more/media-centre/church-online/  
virtual-services/virtual-services](https://www.churchofengland.org/more/media-centre/church-online/virtual-services/virtual-services) There is also a regular Sunday service at [https://www.facebook.com/pages/category/Religious-Organization/West-Norfolk  
-Priory-Group-Church-of-England-100422234980502/](https://www.facebook.com/pages/category/Religious-Organization/West-Norfolk-Priory-Group-Church-of-England-100422234980502/)

**VILLAGE BUS SERVICES**

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	See notice below		
Beachamwell	Tuesday 10.00	Dial a Bus from your door	Swaffham
	Friday 10.00		Downham Market
	Saturday 10.00	Swaffham Flyer Service bus from The Church	Swaffham
Boughton	Tuesday 10.00	Dial a Bus from your door	Downham Market
Wereham	Tuesday, Thursday and Friday 10.00	Dial a Bus from your door	Downham Market
	Wednesday 10.00	Dial a Bus from your door	King's Lynn

Traveline 0871 200 22 33 or ([www.traveline.info](http://www.traveline.info)) Calls cost 12p per minute

Anyone with a health appointment can ring WNCS anytime Monday to Friday in office hours, for a lift with volunteer drivers, on 01553 776971/01760 720906 . The cost will be advised, usually 45p per mile

Well Being Community Car for all Villages call 01553 776971



## WEST NORFOLK SWAFFHAM COMMUNITY TRANSPORT

*We currently provide a dial-a-bus service for Barton Bendish residents*

Every Friday into Downham Market from the following areas:  
Barton Bendish, Foulton, Oxborough, Drymere, Gooderstone and Cockley Cley

*Start time approximately 10.15am Return time approximately 1.30pm*

Cost 5.00 or 3.00 for Members with a Concessionary Pass

Please call the Swaffham Dial-A-Bus weekdays during office hours on  
**017 0 72090** for further information/bookings

## Boughton church news

There has been some movement in the lockdown for churches, but at the moment All Saints' will remain closed. We will see how things work out for those churches which are opening for private prayer before reviewing the situation again. All Saints', Wretton and St Martin at Tours, Fincham, will be the nearest churches open. Arrangements will depend on the church concerned, so please check. We will look at how this goes before reconsidering the opening of Boughton church.

Last weekend should have been our Open Gardens Day, and a few people have sent me photos of their gardens to gather together for a virtual showing of gardens. I'm hoping this can be done in the next week or so and I will circulate it. Still not too late to send me a photo.

It's been interesting walking the dog round the village over the last three months. I normally take my dog out of the village, so that she can run free and off lead, but that wasn't possible for a while. I've met new people from the other end of the village, got to recognise their dogs and seen a totally different landscape. It's fascinating to see the variety of wild flowers, the variety of driving styles and greetings. Some cars barely slow down, all appear to have tinted windows so that I don't know if it's friend or stranger. Some cyclists suddenly whizz past on silent bikes with no acknowledgments and some shout a friendly 'hallo' as they pass. I normally walk in the middle of Oxborough Road, with the dog on a long lead, on the optimistic assumption that if I'm in the middle of the road they might slow down! So far, so good.

## Latest news from Boughton Fen

There is no guessing what the weather will have in store for us! Following the welcome (if heavy) rain that filled the fen, the new outfall was opened up during January to drop the water levels, ready for the reed cutting at the end of February. This was followed by colossal quantities of rain, which topped up middle fen faster than the outfall could let it out. It was probably fortuitous that the outfall was open, otherwise it is quite possible that the fen would have started to flood the road.

It soon became clear that reed cutting was going to be impossible as the levels continued to rise into early March. However, not many people realise that with a Countryside Stewardship agreement, it is not sufficient to just decide not to do it. Permission has to be sought from the Rural Payments Agency and a lengthy form filled in to justify our actions (or inaction as the case may be). Fortunately, our Natural England officer understood the position, and advised the RPA that it would be impossible for us to carry out the cut with doing damage to the fen,

and endangering the reed cutter.

It seems incredible that we had to go through all this red tape when large parts of the country were suffering from terrible flooding. I expect the people managing sites in those places had to fill in the same forms, even though their pieces of land were under several feet of water for weeks.

Hot on the heels of this came the lockdown, coupled with about two months of the driest and sunniest weather that we have seen in years. Consequently there has been a much higher footfall on the fen than we have ever seen, as people have time on their hands and are looking for somewhere to walk and enjoy nature. As the lockdown has started to ease, visitors have come from further afield, and I was surprised, early one morning, to meet a birding author and his wife that Mark and I had met on trips to Scotland, where he had been the guest speaker at our hotel. They live in North Norfolk, and had decided to travel inland to avoid the crowds of tourists and second homers, all week-ending in their homes despite the legislation. They were astonished at the variety of habitat and bird species present in such a small area, and amazed at the condition of the site when I explained that it was managed by a team of volunteers with the services of just two specialist contractors.

Our volunteers should be pleased to hear that a lot of compliments have been made about the fen, which is currently teeming with wildlife. On the bird front, the marsh harriers have been omnipresent, with red kites and buzzards around much of the time.

There have been cuckoos, hobbies, owls and kingfishers, as well as a multitude of warblers and other smaller birds. As a bonus, a bittern has frequently been heard booming on the adjacent piece of land on the far side of Stringside Drain. For anyone who does not know what this sounds like, it is very similar to the noise made when you blow across the top of a glass milk bottle, but much, much louder.

The sunshine has brought out the dragonflies and damselflies. I have heard from an expert that one day he saw the following: Common and Azure banded Demoiselles; Blue and Large Red Damselflies; Hairy Dragonflies; Four-spotted Chasers, Broad-bodied Chasers, Emperor Dragonfly and Scarce Chasers

Even with my limited knowledge, I was able to identify three of these one morning. They are an enchanting site to be enjoyed by those with the patience to watch them.

We are very fortunate to have such a lovely habitat on our doorstep, particularly during these difficult times, and as ever, I would like to express my thanks to the volunteers who work so hard to keep it like this. It is a place of



peace and quiet - an escape from the current worries of everyday life.

*Sue Pogmore* 07 06 20

From Neil Matthew, Chair, Boughton Parish Council

The next ordinary meeting of Boughton Parish Council will be held on Tuesday 7th July at 7pm. As was the case in May, this meeting is planned be held electronically. If you wish to attend, please contact the Clerk on 01366 683017 or [boughtonpc@gmail.com](mailto:boughtonpc@gmail.com).

May I re-iterate my plea from earlier this year that residents not light garden bonfires during times where children are playing, or washing may be hanging up, or people are simply enjoying their gardens. Smoke drifting across the village is a nuisance and may be reported to the Borough Council as such. Please dispose of garden waste at the recycling centre once it re-opens, or if you must burn it, please do so later in the day.

Regards

Neil Matthew

#### Answers to bird quiz in June edition

- |                   |                    |
|-------------------|--------------------|
| 1. Rook           | 25. Waxwing        |
| 2. Spoonbill      | 26. Peregrine      |
| 3. Kittiwake      | 27. Merlin         |
| 4. Blackcap       | 28. Hobby          |
| 5. Little tern    | 29. Nightingale    |
| 6. Yellow hammer  | 30. Bittern        |
| 7. Swallow        | 31. Redpoll        |
| 8. Pied Wagtail   | 32. Sandpiper      |
| 9. Ring ouzel     | 33. Dipper         |
| 10. Kingfisher    | 34. Cuckoo         |
| 11. Oystercatcher | 35. Wren           |
| 12. Knot          | 36. Stonechat      |
| 13. Red wing      | 37. Partridge      |
| 14. Shelduck      | 38. Puffin         |
| 15. Gannet        | 39. Swift          |
| 16. Razorbill     | 40. Nightjar       |
| 17. Snipe         | 41. Fieldfare      |
| 18. Moorhen       | 42. Sparrow        |
| 19. Skylark       | 43. Chaffinch      |
| 20. Reed bunting  | 44. Crow           |
| 21. Crossbill     | 45. Barnacle Goose |
| 22. Nuthatch      | 46. Storm Petrel   |
| 23. Woodcock      | 47. Goldcrest      |
| 24. Robin         | 48. Osprey         |
|                   | 49. Redshank       |

**MOBILE POST OFFICE** will park near the village pond on the following days/times, **depending on current restrictions.**

Monday and Thursday 14.00 – 14.15

Tuesday and Wednesday 12.25 -12.55

Obviously there is doubt over when things can get back to 'normal' which means the Church Festival in July is still on hold at the moment. When things change there will be notices on the Village Notice Boards and the Wereham Village Group, and Wereham Village Hall Facebook pages. Hopefully it will not be too long.

### **Wereham Craft Group.**

We have a craft fair booked for 7<sup>th</sup> November 2020 and we will give more details nearer the time when hopefully life will have returned to something approaching normal. For details please contact Rosemary on [01366 501330](tel:01366501330), or [07749240606](tel:07749240606) e mail [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).

### **Car Boot and Cafe and Short Mat Bowls.**

We will let you all know as soon as these two things are up and running again. For details please contact Philip on [01366 501330](tel:01366501330) or [07759033492](tel:07759033492). E mail [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com)

### **Wereham Village Hall closure**

In light of the current guidelines from both the government and the NHS and the rapidly evolving situation, Wereham Village Hall will remain closed until further notice. We apologise for the disruption but want to say a huge thank you to all of our staff, volunteers and customers for their support and understanding. We pride ourselves on being an integral part of Wereham and the surrounding communities and want to ensure that we continue to support each other and develop ways of caring for every part of our community. Our team have been working tirelessly to make contact with all event and activity organisers and customers. We will be updating information regularly. Please keep checking our website and facebook pages for the latest updates. We value your continued support and look forward to reopening our doors and to welcoming you back as soon as we possibly can.

The Wereham Village Hall Management Committee

## **Wereham Parish Council**

**Next Meeting Date - Tuesday 14 July 2020 at 7.00 pm via Zoom held Virtually**

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at [werehampc@gmail.com](mailto:werehampc@gmail.com). The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, and notified via the Wereham Parish Council Facebook Page and on the website [www.werehamparishcouncil.co.uk](http://www.werehamparishcouncil.co.uk). You will also find minutes of all meetings here too. Please contact the Clerk should you wish to attend virtually once the agenda is public for joining instructions. Interested in being a Parish Councillor? Please contact the Clerk for further information.

## **Coronavirus – Covid-19 - Stay Alert, Control the Virus, Save Lives (As at 07.02.20)**

If there are volunteers that could help other residents in the village with essential shopping please contact the Parish Clerk who will add you to a register that is being kept. If there are residents that need help with essential shopping or doctors prescriptions with no family or friends network please also get in touch with the Parish Clerk who will be able to discuss options available for helping you.

For the latest Government Advice view the following websites:

The HSE have now created a dedicated Coronavirus page for businesses here: <https://www.hse.gov.uk/news/coronavirus.htm>

This should be used in conjunction with the NHS information here:

<https://www.nhs.uk/conditions/coronavirus-covid-19/>

**Dog Walkers** There continues to be instances of dog waste not being removed from outside people's properties and pathways in the village by dog walkers. There are five dog bins available at the playing field; off Cavenham Road, Lamas Lane; End of the Row/Wretton Row and on Church Road. So this is plenty of points to deposit their waste plus the option to take it home. Please respect the village and clean up after your dog.

**Wereham Cemetery – Memorials Next of Kin** Please could any members of the public known to be the next of kin for memorials within the Wereham Cemetery please contact the Parish Clerk to agree to share their contact details. We need to ensure that our contact database for the purposes of contacting next of kin, where we need to discuss memorials is as up to date as possible. Memorials that have been laid down for safety reasons can be reinstated by commissioning a stone mason to install what is called a NAAM bar.

**Highways – Paths and Roads – Defects** Please report anything that you see verges, trees, pot holes, main holes, drains to Norfolk County Council Highways via their defects page of their website. You need to set up a login, and once on the site you can easily report issues and upload pictures of the issue. They will then arrange inspection. You are also able to track the report. Should a report not be resolved as you wish please then contact the Parish Council. The Parish Council will report issues that it finds, but if residents do this also we can increase the repairs that we notice need doing. <https://apps.norfolk.gov.uk/HighwaysDefect/>

Helen Richardson

Wereham Parish Clerk and Finance Responsible Person

Email [werehampc@gmail.com](mailto:werehampc@gmail.com) or Phone/Text: 0779 500 6811

### Wereham Village Hall

As the Government Lockdown begins to ease and we await further Government guidance for social venues such as Village Halls and Community Centres, we are starting work on our strategy for re-opening. We want to work together with our users who will be thinking about starting up their activities again at the Hall. To this end we are beginning a consultation exercise by asking our users by e-mail to help us formulate our reopening plans. In this way, we will be able to operate in a way which is both workable and safe for all our users and visitors.

With the main hall being 180 square metres (18m by 10m), by applying the current 2 metre social distancing, currently the potential capacity is 45 people.

When the government relaxes the social distancing, capacity will increase accordingly.

If you are a regular hirer at the Village Hall, we are requesting your input on re-starting your sessions at the Hall. Your comments will be greatly welcomed.

We'll keep any input confidential and only use it for the purposes of implementing the best reopening strategy.

We are working on a risk assessment to facilitate opening the Hall and are very interested in your views regarding the following questions:

1. Are you hoping to restart/start your activities at the Hall once we are allowed to open?
2. What factors might influence your decision?
3. What risks can you identify for your activity?
4. What measures would you anticipate putting in place yourself to mitigate these?
5. What measures would you like to see the Hall put in place to assist your return?
6. Is there anything else you would like to add?

Please reply to: [villagehallwereham@gmail.com](mailto:villagehallwereham@gmail.com)

Thank you for taking the time to help us reopen the Hall and we look forward to welcoming you all back!

In the meantime, please accept our very best wishes in these testing times and take care!

With best regards,

Wereham Village Hall Trustees.

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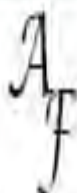
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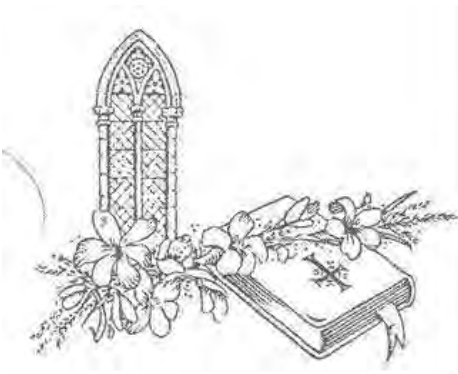
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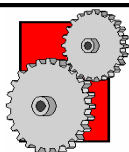
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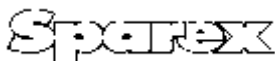
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E-mail: [peter@pgms.co.uk](mailto:peter@pgms.co.uk)

**SEPT 19<sup>TH</sup>**

**SHOW US YOUR  
KNICKERS AT  
SWAFFHAM  
MARKET**

We're having another collection for **Smalls for All** - a fantastic charity that collects and distributes underwear to women and children in Africa and the UK who need our support.

Children are a happy little people and a little bit of underwear goes a long way. (We make a huge difference eg. not having to wear old raggedy pants every day is a relief each season)

**Let's all say  
Pants To Poverty!  
Can You Help?**

If you wish to show us your support, pop for this shop and put up some nice pants! (or more when first timer). Here's what we need:

- New ladies pants/size 10-12
- Old ladies pants size 10-12
- Children's pants/size 10-12

If you can't make it on **SEPT 19<sup>TH</sup>** please contact Liz Stephen ([lizstephen@swaffhamrotary.co.uk](mailto:lizstephen@swaffhamrotary.co.uk)) at SWAFFHAM ROTARY CLUB and we will arrange a pick up.

**Rotary**  

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Plumbing and heating  
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Telephone: 01366 659828 Mobile: 07726 584502

Email: [geoff@norfolkshandyman.co.uk](mailto:geoff@norfolkshandyman.co.uk)

Web site: [www.norfolkshandyman.co.uk](http://www.norfolkshandyman.co.uk)



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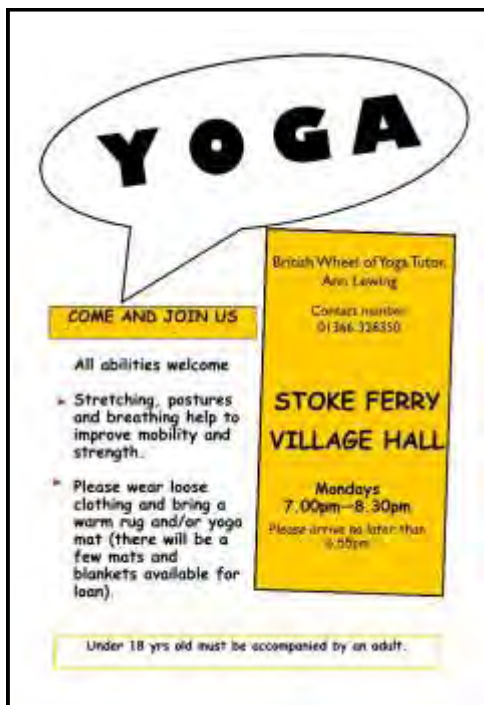
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USING THE WATERFED POLE SYSTEM

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A poster for a yoga class. At the top, the word "YOGA" is written in large, bold, black letters inside a speech bubble. Below this, on the left, is a yellow box with the text "COME AND JOIN US". To the right of this box is a yellow rectangular box containing the following text: "British Wheel of Yoga Tutor, Ann Lawing", "Contact number: 01366 328350", "STOKE FERRY VILLAGE HALL", "Mondays 7.00pm-8.30pm", and "Please arrive no later than 6.55pm". Below the "COME AND JOIN US" box, there is a list of bullet points: "All abilities welcome", "Stretching, postures and breathing help to improve mobility and strength.", and "Please wear loose clothing and bring a warm rug and/or yoga mat (there will be a few mats and blankets available for loan)". At the bottom of the poster, there is a yellow box with the text "Under 18 yrs old must be accompanied by an adult."

## K.J.Catering Services

Contact Steve Bartram on

**013 727797**

**or 07542 923909**

[kjcatering@btconnect.com](mailto:kjcatering@btconnect.com)

[www.catererssuffolkandnorfolk.com](http://www.catererssuffolkandnorfolk.com)

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