

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;  
Boughton; Wereham

**July 2018**

## WELCOME



"If to be feelingly alive to the sufferings of my fellow-creatures is to be a fanatic, I am one of the most incurable fanatics ever permitted to be at large."

- William Wilberforce

He is remembered on July 29th, the day of his death in 1833.

- As always, 'Happy Reading'  
The Editorial Team

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

© Copyright Group4 News 2016

## GROUP 4 TEAM VILLAGE CONTACTS

**Barton Bendish:** Jill Mason  
Sandmere, Church Rd, Barton Bendish  
Tel: 01366 347 928  
[masons.sandmere@btinternet.com](mailto:masons.sandmere@btinternet.com)

**Beachamwell:** Eileen Powell  
20 All Saints Way, Beachamwell  
Tel: 01366 328 648  
[powells@beechamwell.plus.com](mailto:powells@beechamwell.plus.com)

**Boughton:** Pam Wakeling  
Robet, Mill Hill Road, Boughton  
Tel: 01366 500 429  
[p.wakeling621@btinternet.com](mailto:p.wakeling621@btinternet.com)

**Wereham:** Viv Scott  
Orchard House, Flegg Green, Wereham  
Tel: 01366 500346  
[vivienne.scott@googlemail.com](mailto:vivienne.scott@googlemail.com)

Please submit all information through your Village Contacts.

**Deadline for copy for the  
August 2018 edition:**

**11th July**

### ADVERTISING

Alan Pickering 16 Tinkers Way,  
Downham Market, PE38 9TQ

Tel: 07779 787499 or 01366 386125  
e:mail: [group4news@gmail.com](mailto:group4news@gmail.com)

If you use any of the advertisers in the magazine, please mention where you have seen their advertisement.

### WEBSITE

[www.group4news.co.uk](http://www.group4news.co.uk)

## ‘FROM THE RECTORY’



New Rectory  
High Street  
Fincham nr. King's Lynn  
Norfolk  
PE33 9AP  
01366 348079

***Dear All,***

Many of you are probably keen gardeners. So you know all about what it takes to produce a beautiful garden: tilling the soil, watering the ground, rain, sunshine, pulling out the weeds, and so on. But sometimes we forget about the most basic thing needed to produce a beautiful flower or vegetable in our garden, and that is the seed! There's no rose, no cucumber or tomato, no plant or growth of any kind, unless there was first the seed!

Jesus often uses the imagery of a being sown and producing growth because the imagery works so well. Likewise with the church, we try to take the growth of the church into our own hands, and we mess it up, time after time. We become frustrated when we see small numbers on a Sunday morning. But today Jesus is reassuring us that this is his church, the kingdom of God is growing, and it's growing his way. It's a mystery how faith in Jesus takes hold of a person and grows inside them. We can't predict where the seed of the word will spout, which souls will respond and grow, and which will become stony and hard and reject the word of life but those that receive the word and grow, grow surprisingly well. How's your garden?

God Bless,

Ken Waters

## BENEFICE NEWS

There will be a **Deanery Garden Service at Stow Hall on Sunday 15<sup>th</sup> July at 11am followed by refreshments**. The service this year will take the form of a Eucharist and will be led by the Bishop of Richborough (an assistant Bishop in the diocese of Ely). Please give this service maximum publicity in your magazines and news sheets. The idea is that it would be the only service in the deanery that day (with a few known exceptions) Thank you very much. Further details to follow,

William Burke

## CONGRATULATIONS to Wereham

I've just had lunch in their new Village Hall. We've been reading about it and the progress towards the realisation of their plans for several years and it's finally open and in use. The lunches for Open Gardens Day were served there and it's wonderful. It's so light and airy, with a fresh cream and green colour scheme. They must be very proud and pleased with the end result of all their hard work.

We look forward to seeing numerous events and clubs there over the next few years. Well done all those who have worked so hard.

***Pam Wakeling***



## Beachamwell

Parish Council Meetings

Monday 9th July 7.30pm

Beachamwell Village Hall

Enquiries: 01366 328648





*Greetings by  
Oscar*

Come and visit our pop-up 'Greetings Cafe' and browse our selection of greetings cards. We will be serving light lunches.



Wednesday 18<sup>th</sup> July 2018

at All Saints' Church, Boughton  
between 11:30 am and 2:00 pm.

All cards at the special price of £1.00 each.

*A Boughton Village Caravan Productions*

## Fundraiser

I am hosting an Afternoon Tea in aid of Breast Cancer Care, which aims to support people facing breast cancer. The event is taking place on Wednesday 18<sup>th</sup> July, from 2.00pm till 5.00pm, at Rosewood, Marham Rd, Fincham. For further details contact Sue on 01366 347305. This is such a worthy cause and I hope the event will be well supported. Who doesn't love a cup of tea, piece of cake, and a

## Swaffham Jazz Club

*Tuesday 3 July Lee Vasey, Guitar, and friends, with vocalist Stella Goodey*

*Tuesday 7 August Vocalist Melody Brooker and her Trio*

Swaffham Conservative Club London Street PE37 7DD

Starts 7.30 £7 entry, on the door.

Ring for Peace  
*Armistice 100*   
**BATTLE'S**  
**O V E R**  
  
A NATION'S TRIBUTE  
11TH NOVEMBER 2018  
100 YEARS OF REMEMBRANCE

### BE PART OF HISTORY

Church Bells will ring out & Big Ben will strike to mark the centenary of Armistice Day. Bell ringers will mark 100 years since the end of the First World War. COME AND LEARN TO RING FOR THIS SPECIAL OCCASION. See details below:

Contact Pam Wakeling  
01366 500429 Hullay



## COMMUNITY NOTICE BOARD

### MOBILE LIBRARY VISITS - Please note changed days/times

| DATE            | VILLAGE        | LOCATION          | TIME     |
|-----------------|----------------|-------------------|----------|
| Tuesday         | Beachamwell    | Post Office       | 10:05 am |
| 3rd July        | Drymere        | Telephone Box     | 10:40 am |
| 31st July       | Boughton       | Sycamore House    | 15:20 pm |
|                 |                | Mill Road         | 15:35 pm |
|                 | Barton Bendish | Hatherley Gardens | 9:40 pm  |
| Tuesday         | Wereham        | The Pond          | 9:30 am  |
| 2nd, 16th, 30th |                | Queen's Close     | 16:20 pm |

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - [www.norfolk.gov.uk/Leisure\\_and\\_culture/Libraries/Mobile\\_libraries](http://www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries)

### VILLAGE BUS SERVICES

| FROM           | ROUTE                              | OPERATOR                         | DESTINATION                        |
|----------------|------------------------------------|----------------------------------|------------------------------------|
| Barton Bendish | 31 (Saturday)                      | Lewis Coaches                    | Swaffham                           |
| Beachamwell    | 31 (Saturday)<br>18 (Tuesday)      | Lewis Coaches<br>Eagles Coaches  | Swaffham<br>King's Lynn & Swaffham |
| Boughton       | 18 (Tuesday)                       | Eagles Coaches                   | King's Lynn & Swaffham             |
| Wereham        | 28 (Mon to Sat)<br>40 (Mon to Sat) | Coach Services<br>Coach Services | King's Lynn<br>Thetford/Downham    |

Timetable requests:- (01603) 228888, Traveline (08706) 082608 ([www.traveline.org.uk](http://www.traveline.org.uk))

### FARMERS' MARKETS

|            |  |
|------------|--|
| Ely        | Second and Fourth Saturday 8:00-2:00pm |
| Fakenham   | Fourth Saturday 8.30am to 12:00pm      |
| RAF Marham | First Thursday 12.00pm to 5.00pm       |
| Swaffham   | Second Saturday                        |

For information:- [www.farmersmarkets.net](http://www.farmersmarkets.net) or your local Tourist Information Office

### VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

|                |              |              |
|----------------|--------------|--------------|
| Barton Bendish | Bill Tasker  | 01366 347432 |
| Beachamwell    | Leah Spencer | 01366 328536 |
| Boughton       | Pam Wakeling | 01366 500429 |
| Wereham        | Doreen Rolph | 01366 500218 |

## COUNTRYSIDE NOTES - DROVERS

Drove roads once crisscrossed Britain. With the advent of motor vehicles many became tarmacked roads but some still remain as footpaths, bridleways or green lanes. Barton Bendish has its own 'Green Drove' which forms part of the parish boundary with Beachamwell. So what were drove roads?

There has always been a need to move livestock from one area to another and from Roman times until the mid-19th century, when the first railways appeared, driving them across country was the only method. The men who undertook this were known as drovers. My husband David's father could remember driving sheep from Barton to lamb sales held at the Newton George pub, Castleacre. Across Britain there was a network of drover's roads taking the most direct route across country. They were wide, between 12 and 27 metres, so that they could accommodate the large herds or flocks which were being moved. Wide verges offered grazing and were known as 'long acres'. A distance of about 12 miles a day could be covered and droves could take weeks or even months to complete. Between May and October cattle were driven from numerous areas of the Scottish Highlands to gather at Crieff before setting off for England. In 1359 Scottish drovers were licensed to drive their stock through England. Many Scottish cattle were driven down to Norfolk to fatten on the lush grazing of the coastal and Broadland marshes. In 1745 Thomas Bell organised taking over 1,000 cattle south to the East Anglian markets when an outbreak of distemper wiped them out. The panicking drovers abandoned their charges leaving them dying in the lanes. He wrote *'We have over £1,000 charges to pay in this country and not a shilling to pay it with'*. Rail transport resulted in decreased demand for drovers which, by the end of the 19th century, had become almost non-existent. Many went off to Texas and became cowboys working the cattle trails; some even became ranchers themselves. One such local man was 'Teddy Blue' Abbott who was born at Cranwich Hall and became a 'cowpuncher'. His life story is brilliantly told in the book *'We Pointed Them North'*.



The drovers themselves were skilled and knowledgeable men but mostly illiterate. They were usually on foot and used dogs to guard and help drive the livestock. Sometimes, when they reached their destination, they would send their dogs back home on their own with a note attached to their collars. The dogs knew they would be fed if they stopped at certain inns and the inn keeper knew the drover would reimburse him for doing so.

It wasn't only cattle and sheep that were driven to grazing areas or markets. Even in those days East Anglia was a prime area for raising turkeys and geese. These too would be walked to Smithfield Market in London which 17th century author Daniel Defoe described as being the 'greatest market in the world'. It was said that 150,000 turkeys were driven there from East Anglia each year.

*Jill Mason*

\*\*\*\*\*

## **JULY RECIPE**

### **BISCUITS**

Cream together: 4 oz butter

6 oz caster sugar

Add: 1 egg

8 oz Self Raising flour

Mix until it forms a ball.

Make walnut sized balls from this mix and roll in golden granulated sugar.

Put on baking trays lined with foil and bake for 12 minutes at 350F until just going brown.

Leave to cool before taking them off the foil.

This makes lots, 50 –60 depending on the size of the balls, so if you're not going to eat them all at once, cut the mixture in half and freeze it, uncooked.

*Anne Carpenter*

## **SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT**

By the time you have received this edition we would have staged what would have been one of our major fundraising events for this year. It is a brand new concept, with a strong involvement of Swaffham and the surrounding Villages inhabitants. Preparations have gone extremely well and I know those volunteers are looking forward on the 17<sup>th</sup> June at the Rugby Club to welcome all those that are involved. Naturally a full report will be appearing in the next edition of G4N.

The Fundraising Committee is always seeking new members to bolster the existing team so that they can continue their vital work raising funds for the Charity. Granted they have their annual events they rely on, which are always well supported by the members of the public. So if you have a new venture we could utilise or would like to find out further information on any subject, then please contact us on Swaffham 01760 722937 and a member of the Support Team would be only too pleased to speak and offer advice to you.

The Support Team of the Charity would like to take this opportunity in thanking our wonderful supporters and volunteers who continually assist us with their financial and dedications ensuring we can continue to offer that much needed support to the patients we presently assist. Numbers who are in need of our help continue rise as the population figures increase, which places more pressure on our Staff. Please remember to donate whenever we are fundraising. Thank You.

### **Allotments Available in FINCHAM**

**There are a few allotments still available in  
Marham Road, Fincham. The plots are  
approximately 150 sq yards and the rent is only  
£21 per annum. Please contact Parish Clerk Sarah  
Thorpe on 01945 430930 or Councillor Chris**



## DEANERY NEWS

### Fincham New Rectory July 2018

Last month I was asked by the diocese to take over as chair of the Diocesan Church Uses Committee. This is a committee that makes recommendations about church buildings in the diocese that are no longer viable and makes provisional plans, eg to pull down, to sell off, to convert to other uses. One of things that has struck in my years as parish priest is the fact that as I walk round villages, they are full of homes called The Old Post Office, The Old Police House, The Old School House, The Old Barley Mow (former inns etc), The Old Railway House and in virtually every village there is a home or shop called the Old Chapel. The buildings that predate and have outlasted them all, still used for their original purpose as providing a gathering place where Holy Communion has been celebrated, where people have celebrated their joys and their sorrows in weddings, baptisms and funerals, where the histories of the people are still recorded are of course the ancient parish churches of England. But for how much longer? How long before we have a block of apartments called St Martins Homes in Fincham as churches are converted to a “des res” or other uses. It is happening. It has already happened in many cities, even in Cambridge. If we are lucky these churches are converted to art galleries or some other public space. But that cannot go on for ever and such uses are much less viable in villages. The options are usually destruction (for safety reasons and to save on insurance) or selling as homes or possibly farm buildings. The options seem to be more limited in the rural areas. There is always a public meeting when decisions are to be made about the future of church buildings, but these are usually quite poorly attended and most concerns seem to be about burial rights in the churchyard!

The fact is that congregations in churches are ageing and a huge amount of admirable effort, expense and fund raising goes toward maintaining the building leaving little energy and resources for the Mission and Ministry of the church; priests are appointed to ever larger groupings of churches. It seems to me we have to think radically about how we do things in the countryside when it comes to church life. Firstly of course we have to try additional measures to engage people, hence Fresh Expressions and the like; secondly we have to have more professional administration in these ever larger groupings and it is widely

accepted that a group of parishes these days needs a Mission Administrator for all sorts of tasks. (Until the Great War they always had them, they were called Parish clerks paid by the rates but the churches lost them during the process of local government reorganization). But my concern today is the buildings. If we want them to survive as they are for another generation we are going to have to establish Village Trusts to look after, maintain and pay for them. It has worked elsewhere, where groups of people, who may well be non-church-goers set up legal Preservation Trusts with the task of maintaining the fabric of their ancient parish churches for community use while reserving the right for services etc to take place as required. It has to happen, We cannot expect a few elderly ladies and the odd elderly man and a hopelessly over stretched parish priest to continue as they are.

I am not alone in believing that the church buildings need to be cared for by trusts. Sir Simon Jenkins former chair of the National Trust, the former Chair of the V and A (Sir Roy Strong) all feel the same. In some places it has already happened. If we want our churches to survive in West Norfolk we need the help of the villages, their skills, time and talents to enable this to happen. Otherwise my workload as Chair of the Closed Churches Committee will become unmanageable. Do we really want to see ancient buildings called St Martins Flats, St Marys House, Holy Trinity Apartments and the stories these ancient buildings tell about our communities gone with the wind?

*William Burke*

**Calling all local Villages. ART GROUP/CLUB** Introductory Meeting

Thursday 9 August 2018 at 10-30am at West Dereham Village Hall. Tea, Coffee etc available at a small charge.

A practical group for beginners and all those interested in practising their art in a friendly and supportive group setting.

I am an amateur artist and would like to develop and practice my art more often than I do, especially during the winter months when I tend to hibernate indoors. To this end I had the idea of a winter time only group for three hours on every or every other Thursday morning at West Dereham Village Hall. There is a good space and free parking as well as easy access. If enough people are interested and willing to pay an annual subscription the costs of hall hire and possible demonstrations and tutorials would be covered.

## Beachamwell

### Creative Writing Group



Meets every  
second Monday  
Afternoon

2.30pm

Everyone with an interest in  
putting pen to paper welcome.

Enquiries: 01366 328895

## Beachamwell

### Wednesday Walkers

Explore the rights of way in and around  
Beachamwell with us

We meet at the Village Hall at 10.00 am  
**FIRST WEDNESDAY OF EACH MONTH**  
*Walks last between one and a half to two  
hours*

*All, including dogs on leads, are welcome*

Some paths may be rough underfoot,  
there may be stiles or fields may be  
ploughed: come at your own risk and  
please wear suitable clothing and shoes  
for the outdoors



## Beachamwell WI

**'Bollywood Evening'**  
*Saris, dance and food !*

Thursday July 5th

7:30pm

Beachamwell Village Hall

Visitors welcome

01366 327023 or 01366 328589

## Beachamwell

### Table nis

### Ten-



**Every Friday at  
3.00pm  
Village Hall**

Barton Bendish  
9th Annual

2018

# ART PHOTOGRAPHY CRAFT

## *Exhibition & Sale*

A call for all Artists, Photographers and Craftsman  
Interested in exhibiting your unique work  
in our Ninth Annual Exhibition and Sale

**Final Day for Submission: 1st September**

Exhibition & Sale Date: **15th -16th September**  
Barton Bendish Village Hall & St. Andrew's Church

Full details regarding timetables,  
entry forms and rules contact:

Email: [bartonbendishevents@gmail.com](mailto:bartonbendishevents@gmail.com)  
Mhari Blanchfield 01366 347849  
Linda Webster 01366 347563



**BARTON BENDISH**

**Art · Photography · Craft**

Exhibition Committee

Email: [bartonbendishevents@gmail.com](mailto:bartonbendishevents@gmail.com)

## Marham Village Pre-school



We are a small and friendly Pre-school and place a strong emphasis on

### *Play With A Purpose*

Opening Hours 8.30am til 3pm Daily Term Time

Places Available for children aged 2-4years

Contact us on 07950753877

or [marhamvillagepreschool@hotmail.com](mailto:marhamvillagepreschool@hotmail.com)

For more information visit our website

[www.marhamvillagepreschool.co.uk](http://www.marhamvillagepreschool.co.uk)



ESTABLISHED  
44 years



We hold a monthly Bingo and all proceeds made go to the pre-school.

Next Bingo 18th July 2018 doors

open 6.45pm eyes down 7.30pm

Refreshments Available

At Marham Bowls Club



## WEREHAM

### SHORT MAT BOWLS CLUB

Thursdays 7.00pm

at the Village Hall

Come and meet our friendly club,  
find out what's involved, try a new  
activity, help grow our club and  
have some fun!

For more info or for a chat contact

Phillip on 501330

## Beachamwell Afternoon Tea and a Chat.....

Wednesday  
July 18th  
2 - 4pm

Beachamwell

Village  
Hall



## WEREHAM'S POP-UP CAFÉ

will 'pop-up'

**TWICE EVERY MONTH**

(initially on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday)

from 10.30am till 1.00pm

The café will continue to serve  
a hot drink and a pastry or  
slice of home-made cake for just

**£1.50**

**PLUS**

a light lunch 'dish of the day'  
for an additional £2.50



# Wereham Village Hall

## 'Buy a Brick' Campaign

### Britain's First Passivhaus Village Hall



This is no ordinary 'Buy a Brick' campaign (largely because there are no bricks) but this is no ordinary village hall! It's your village hall to support you, your events and your activities.

We're so close – our community fundraising is going well but we've not yet reached our target of £20,000 so please support us by visiting our website <http://www.werehamvillagehall.co.uk> and follow the link on the home page to our dedicated 'MyDonate' donations page.

Your donations will buy:

- £10 three breeze blocks
- £100 timber cladding
- £250 internal fire door
- £500 Passivhaus certified window

For further details contact Trustee John Millard on [01366 500790](tel:01366500790)

## Thank you – Together, we'll do it!

## RINGING REMEMBERS



**1,400 bell ringers hailing from across the UK died during the First World War. You can honour their memory by becoming one of 1,400 new bell ringers for Ringing Remembers.**

**When the bells rang out on 11 November 1918 they announced the end of the most catastrophic war the world had yet seen. All new ringers will ring together across the country on 11 November 2018 as part of**

**the national commemorations to mark the centenary of the Armistice.**

By joining the project you will

- Be part of a unique nationwide project to honour the 1,400 bell ringers lost during the First World War
- Learn a new skill that is both a sport and an art, a mental exercise and good for focus and fitness
- Be part of a friendly and sociable community, both locally and nationally, and connect with an ancient British tradition

Have the opportunity to ring with others across the UK on 11 November, marking the centenary of the Armistice.

Ringing is open to adults and children alike, with the youngest learners normally around the age of 10.

Join the campaign today by contacting your local ringers for a taster session to begin your journey. If you have already started learning or are coming back to ringing, please complete the form so that we can count you as one of the 1,400 Ringing Remembers ringers. Please email [\*\*bells@big-ideas.org\*\*](mailto:bells@big-ideas.org) with any questions.

**Bell ringers lost their lives**

Many bell ringers joined the war effort, and many lost their lives. Just after the war, the Central Council of Church Bell Ringers (CCCBR) wrote to all bell towers to compile the Roll of Honour. At the time a thousand men were reported as lost. During the First World War Centenary the CCCBR has been reviewing this list and has discovered a further 400 bell ringers who died in service. Two bell towers—Edington in Wiltshire and Bamburgh in Northumberland —lost 6 ringers each during the war. In total 1,400 bell ringers lost their lives. A loss to them and their families. A loss to communities.

### **Bells rang out for the Armistice**

When the bells rang out on 11 November 1918 they announced the end of the most catastrophic war the world had yet seen. At that time, bells were at the heart of the community, marking events of great significance and as a means of communication long before modern technology connected us. At the end of the war, many people heard about the Armistice through bell ringing.

### **Bell ringing in Britain**

Bell ringing is a British tradition, and the British Isles are home to a distinctive style of bell ringing called 'change ringing' which produces a peal of bells, part of our national 'soundscape'. Most people don't realise that outside the British Isles change ringing towers are few and far between. While the British Isles has some 5,500 change ringing towers, the rest of the world put together has less than 150.

Bell ringing is woven into the fabric of our society, marking rites of passage in our lives including christenings, weddings and funerals. It often marks and forms part of important local occasions and national celebrations – recently this has included the Queen's Diamond Jubilee, the London Olympics and Paralympics and the Lumiere light festival in Durham. Bell ringers have regular competitions, and often come together to ring just for the joy of it.

Although bell towers are commonly in churches, you don't have to go to church to be a bell ringer. Bell ringers are a friendly, inclusive community with people of all faiths and none. With 5,500 bell towers in Britain, there's at least one near you!



### **How you can get involved in Ringing Remembers**

Join the project by speaking to a local ringer, who will point you in the right direction to find out more and become a bell ringer today in memory of the 1,400 who lost their lives. If you have already started learning or are coming back to

## FINCHAM MEMORIAL HALL DIARY

**Jazzercise** meets every **Monday from 7pm** (except Bank Holidays). Jazzercise is a pulse-pounding, beat-pumping fitness programme that gets you results... fast. It's a calorie-torching, hip swivelling dance party with a hot play list to distract you from the burn. Wear loose, comfortable clothing and aerobics trainers. Bring a drink. To get the most out of your class, you may like to bring a mat for floor work and a pair of hand held weights. First class is free. Come 10 minutes early to register for your first class. Costs £5 per class - (or only £18 per month by standing order only). Interested? Then call Hilary on 07909 282165 for more information.

**Keep Fit** meets every **Tuesday from 6.30pm – 7.30pm** and consists of gentle exercise, increasing to more energetic for those who are able, finishing with floor exercises, stretching and relaxation. It is suitable for all ages. Cost £4.00 per lesson. Interested? Then either just turn up with a towel and a bottle of water or contact Debbie on 01760 622108

The **W.I.** normally meets on the **second Wednesday of every month at 7.30pm**. The July meeting will take place on the 11<sup>th</sup>. Subscription is paid each January -£39.00 and there is just 15p towards teas and a raffle ticket - 50p - on the night. New Members are always welcome – either just turn up or contact Sue on 01366 347305.

**Fincham Local History Group** meets every two months on a Wednesday at 8pm. The next meeting in August date to be confirmed.

**Fincham Flower Club** meets from **2 -4 pm** on **alternate Thursdays**. The July meetings will be on **5<sup>th</sup> & 19<sup>th</sup>**

**Fincham Chorus** meets every **Thursday from 7.00pm – 9.00pm** and is for anyone who loves singing (especially bass and tenor). They sing all kinds of music (except modern pop!). Subs are £100 per year and can be paid half-yearly or quarterly if wished. Interested? Then just turn up – no need for an audition.

**Quiz Night** is the **first Friday of each month** starting at **7.30pm**. This is a really fun evening with several teams of 4 – 6 people and lots of laughter. There is a cash raffle each month. Bring your friends and make up your own table or come along by yourself and join one of the existing teams. Also feel free to bring your



Spanish



Wednesday

25<sup>th</sup> July

With Live Flamenco

Guitar & Dancers

from 7.00pm

Paella and Tapas

Menu

15-19 Tower street, Kings Lynn, PE30 1EJ 01553 775248 Face-



Answers to quiz on page 70

1.Australia 2.Ham 3.Sri Lanka 4.ZIP code (which stands for Zone Improvement Plan) 5.Marie Antoinette 6.Whooping cough 7.Greek (Ancient Greek) 8.In her shoes (a fictional character in the film From Russia With Love that has poison-tipped shoes) 9. The South Down 10."darling buds of May 11.Rachel (Rachel Meghan Markle and the character is Rachel Zane) 12.35 years of age 13. Geneva (Switzerland) 14.Jethro Tull 15.Lake Michigan 16.Colonel Bogey 17.Toblerone chocolate bars 18.'Retribution weapon' or 'retaliatory weapon'. 19.Spaghetti Junction 20.We The People

## Wereham Weekly Cash



**Wereham Village Hall  
Wednesdays**

**Doors open 6.45 pm**

**Eyes down 7.30 pm**

**Raffle and Refreshments  
with complimentary biscuits**



**Enquiries: Doreen Rolph  
01366 500218**

All proceeds go to Village Hall  
Registered Charity Number 1151336 Wereham Village Hall

## SPECIAL EVENT PLANNED?



**NEW Range cooker  
and spacious larder  
fridge/freezer  
available when you  
hire**

**WEREHAM VILLAGE HALL!**

Contact Doreen on  
500218 for Book-  
ings



## Wereham

Indoor/outdoor  
car boot sales and cafe.

**The last Sunday of every month  
excluding December.**

**9am until 1pm**

**Cafe serving bacon rolls,  
sausage in a roll or egg in  
a roll, with plenty of tea and  
coffee.**

**A warm and friendly welcome  
is given to everyone.**

**Please contact Philip on  
[07759033492](tel:07759033492) or [01366501330](tel:01366501330)**

**e-mail**

**[rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com).**

**The dates for the rest of the**

### Free magazine inspires families to get active this summer

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among adults and children and the impact of this on their health and wellbeing – now and in the future.

You can find out more and view the magazine online at [www.norfolk.gov.uk/getinto](http://www.norfolk.gov.uk/getinto)

### Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

Success is no accident.  
It is hard work,  
perseverance, learning,  
studying, sacrifice and  
most of all, love of what  
you are doing or  
learning to do.

Pele

# **ELEVENTH ANNUAL BOUGHTON JAZZ PICNIC**

**FEATURING**

**ORIGINAL DIXIELAND  
Barry Tyler's  
JAZZ BAND**

**SATURDAY JULY 21**

**RECTORY HOUSE BOUGHTON**

**WEST NORFOLK PE33 9AH.**

**FROM 12.30-3.30 PM**

Come early, bring chairs and picnic,  
& relax on the lawn to some  
live traditional jazz.

Real ale on sale, jive floor, ample parking.

**ADMISSION £8 ON THE GATE,  
KIDS GO FREE.**

**ANY QUERIES TO PAUL ON  
01366 500315 OR  
PAULCOULTEN@BTINTERNET.COM**

## MAGPIE RIDERS FLY HIGH AT REGIONAL COMPETITION

On Saturday May 19, while millions were glued to their TV's watching the wedding of Prince Harry to Meghan Markle, three riders from the Magpie Centre, home of West Norfolk Riding for the Disabled Association, trounced the competition at Regional level to secure places in the RDA National Dressage and Countryside Challenge Championships, to be held at Hartpury, Glos on July 14/15.

In RDA competition, riders are grouped according to their level of disability. Michelle Alflatt, riding Jupiter, finished 2<sup>nd</sup> in her Grade 1 Championship test, while Olivia Pulsford-Harris won her dressage class and also qualified for the final of Countryside Challenge, which is a form of mounted obstacle course.

Aynsley Calvert, riding his own horse, Ruby, won his Dressage I/D Walk and Trot dressage class, to qualify, and then went on to gain the highest overall mark of the day, with a stunning 95% in the Countryside Challenge.

Said Aynsley: "Ruby was fantastic. She didn't spook at anything, and did everything I asked of her. I just hope we can repeat that performance at the Nationals," he added.

Moving on to upcoming events, the Magpie Centre Open Day, scheduled for June 24 has had to be postponed until Sunday September 23.

However, we shall look forward to seeing you all at the Craft and Country Fair, Sunday August 19, 10 am to 5 pm at Wallington Hall, South Runcton, PE33 0EP. There are still a few pitches available for the Craft Fair, while trade stands and entries to the vintage vehicle parades, cars, motorbikes, lorries and tractors, are warmly welcomed. For exhibitor, catering unit and trade stand details call 01553 672756.

ENDS

If you have any queries or need more information, please email me: [c.dudley@success-in-english.co.uk](mailto:c.dudley@success-in-english.co.uk) or call 01553 828935.

## COMMUNITY NOTICE BOARD

### **Could you help a young person with a disability to think about their Future?**

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email [vhowling@csv.org.uk](mailto:vhowling@csv.org.uk)

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.



# MASSIVE FUEL BILLS?



## INEFFICIENT OIL FIRED & LPG BOILER? STORAGE HEATERS NEED HOME INSULATION?

On any of these Governments benefits?

- Child Tax Credit
- Working Tax Credit
- Universal Tax Credit,
- Pension Guarantee Credit
- Income Support
- Income Based Job Seekers Allowance
- Income related Employment and Support Allowance

## PRIVATE HOME OWNER OR TENANT?

**GOLDEN GLOBE** will do all the hard work for you using government grants funded by all the big energy companies under the watchful eye of OFGEM.

- Confirm your benefits with DWP
- Book your free survey for you
- Install your new fuel efficient oil boiler



Look forward to **A Warmer Winter, Lower your fuel bills.** A home with added warmth and an **Energy Efficient New Boiler** with an **OFTEC Certificate**

**Call Golden Globe today on 020 7096 5097  
and book your appointment free of charge**



## Swaffham Museum 2018

Although our doors did not open to the public until February 12, we had a flurry of interest in late January following the broadcasting of an episode of **Antiques Road Trip** which featured Swaffham Museum. Raj Bisram came to explore the connection between Swaffham and Howard Carter who discovered the tomb of Tutankhamun in 1922. This episode is available to view on YouTube. We have one large room dedicated to Egyptology and Howard Carter.

One of our new displays '**From Beginning to End**' is also very exciting as we celebrate the Swaffham Railway. This opened in 1847 and closed under the Beeching cuts in 1968. Some of you may remember catching the train to the coast for a day out, or using it to travel to work or school. Whatever your memories, you will enjoy our displays of photographs and memorabilia, and the model rolling stock.

We have also delved into our store rooms and have a room of art work. All are by local artists and include a number by Ben Ripper. There is also a digital display of some of the museum's photographs of old(er) Swaffham.

**Also new to the museum** this year is the 16<sup>th</sup> century Communion Chalice, with its 19<sup>th</sup> century paten, from the ancient church at Houghton-on-the-Hill near North Pickenham. The church itself has a latest date of 1090 and its remarkable wall paintings system of the same date is world renowned.

The Houghton display includes a Roman ring found in the hedgerow by the church and a mourning ring to Robert Say. Reverend Say was vicar at Swaffham and then Rector at Houghton-on-the-Hill in the 18<sup>th</sup> century. The ring was found on Campingland and subsequently sold on Ebay. Luck, or otherwise, brought it back home. The museum tells the story.

There are children's activities, take home information sheets and family museum trails as well as a Museum Shop which also houses the Tourist Information Centre.

Opening times are Monday to Friday 10am to 4pm and Saturdays 10am to 1pm

*A museum should not just be a place for fancy paintings but should be a place where we can communicate our lives through our everyday objects.*

**W**illiam Wilberforce ( 24 August 1759 – 29 July 1833) was one of Britain's great social reformers involved in campaigns against slavery, the promotion of education, Christianity, strict morality and animal welfare. Wilberforce saw his life's mission to end slavery and is remembered for his active participation in getting Parliament to outlaw the slave trade. He died in 1833, just three days after Parliament passed the Slavery Abolition Act 1833, which effectively banned slavery in the British Empire.

"If to be feelingly alive to the sufferings of my fellow-creatures is to be a fanatic, I am one of the most incurable fanatics ever permitted to be at large."

William Wilberforce

### **Early Life William Wilberforce**

William Wilberforce was born in Hull, to a wealthy family. At a young age, he moved to London where he lived with some nonconformist relatives. These puritan ideals appealed to the young William, and he became closely attached to his London relatives. However, at the age of 12, his mother brought him back to Hull. His mother was keen to see William brought up in the traditional Anglican Church tradition and was not keen on her son having a nonconformist upbringing.

At the age of 18, William went to St John's College, Cambridge University. As a student he lived a carefree life, his early religious intensity had diminished, and he was an active participant in the social life of University. However, he distanced himself from some of the social and drinking excesses his student colleagues participated in. William was not the best student (he had come into an inheritance and so felt little need to work very hard) However, he was well liked; he was an excellent conversationalist with a pleasing voice and renowned singing voice. It was at Cambridge that he became friends with William Pitt the younger. William Pitt, a future Prime Minister, would remain a good friend and mostly a loyal supporter of William in later life. (except during the war with France, when they fell out on politics)

As his time at University was drawing to a close, William decided to run for parliament. Spending £8,000 he was able to win the seat in his native Hull, entering parliament at the age of 21. He decided to be an independent, although he would lean towards the reform element of the Tory party.

After four years in Parliament, William travelled to Europe with his sister and Mother. It was during their European vacation that the religious urge came back to William. A key factor was reading the evangelical book, *Rise and Progress of*

*Religion in the Soul* together. This encouraged him to lead a religious life, such as getting up early to read the Bible; he lost interest in card games and drinking. He became a committed Christian for the remainder of his life, and his religion profoundly influenced his outlook on life. On returning to England, he spoke with John Newton, one of the leading Anglican churchmen of his day. This further encouraged him to lead a religious life, but also he was encouraged to stay in politics and work for social reform.

### **William Wilberforce and the Anti-Slavery Movement**

It was shortly after this 'conversion' period in 1786 that Wilberforce was invited to take an active role in the abolitionist movement. The leading figures in the anti-slavery campaign (such as Thomas Clarkson) wished Wilberforce to be their figurehead for passing legislation through parliament. Although Wilberforce was in complete sympathy with their aims, initially he was sceptical of his own abilities. However, after deliberation, he decided to take the campaign on.

*"If to be feelingly alive to the sufferings of my fellow-creatures is to be a fanatic, I am one of the most incurable fanatics ever permitted to be at large."*

– William Wilberforce

Following successful public campaigns by the Committee for the Abolition of the Slave Trade in raising awareness of the conditions of slaves, William Wilberforce was encouraged to try and pass a bill in the year of 1789.

In 1789 Wilberforce spoke in the House of Commons arguing that slavery was a matter of great injustice and contrary to principles of human dignity. He spoke passionately on the subject.

*"I mean not to accuse any one, but to take the shame upon myself, in common, indeed, with the whole parliament of Great Britain, for having suffered this horrid trade to be carried on under their authority. We are all guilty—we ought all to plead guilty, and not to exculpate ourselves by throwing the blame on others.."*

Although there was considerable support within Parliament, the anti-abolitionists were well organised, and they managed to out-vote the bill by 163 votes to 88.

After spending a year raising awareness of the issue, Wilberforce tried the next year again. However, the anti-abolitionists were again well organised and were able to slip in a delaying tactic – putting off abolition indefinitely.

Following the outbreak of war with France in 1793, the mood swung against the cause for abolishing the slave trade. Any calls for its abolition were often

accused of being seditious. The country became very conservative due to the threat of invasion; in the climate of fear, there was little interest in the emancipation of slaves.

However, in the early part of the nineteenth century, the climate once again became favourable, and following the death of William Pitt, in 1806, Wilberforce tried once more. However, they first tried a clever trick of making it illegal for slave owners to participate in the trading slaves with the French colonies. It was a bill not designed to make the slave trade illegal; it was hoped to just undermine their business, therefore weakening the position of the ship owners. It was suggested by a maritime lawyer, James Stephen. The bill made it illegal for ships to aid the French slave trade; it was passed and effectively ended 75% of the slave trade.

### **Slave Trade Act 1807**

In 1807, both the Lords and the Commons finally passed the Slave Trade Act; Wilberforce was able to command an unexpectedly large margin of 283 votes to 16.

### **Slavery Abolition Act**

This act only made illegal the trade of slaves. Many slaves in the British Empire were still not free. Therefore, in the remaining period of his life, William Wilberforce campaigned for the rights of slaves in Africa and other parts of the world. Just a few days before his death, Wilberforce heard the news that on 26 July 1833, the Slavery Abolition Act had effectively passed after its third reading – the act outlawed slavery in most parts of the British Empire. India would be freed from slavery a decade later.

### **Other Social Campaigns of William Wilberforce**

Although he is best associated with the slave trade, William Wilberforce also campaigned for other social issues such as prison reform, education, missionary work in India and matters of public health. However, he did not support trades unions, nor did he



“

A private  
faith that  
does not  
act in the  
face of  
oppression  
is no faith  
at all.

William Wilberforce

## **BARTON BENDISH & EASTMOOR VILLAGE NEWS**

### **The Village Hall**

Thirteen years ago the Village Hall was in a terrible state. It was disgustingly dirty and neglected. There were no proper tables or chairs, no crockery, nothing except grime and cobwebs! It was also in debt. There was no money in the kitty to pay the long overdue water rate bill!

Those of you who have lived in Barton long enough might recall the 'Use or Lose It' crisis meeting which was held on 2nd March 2006. As is usual for Barton the number of people attending the public meeting was disappointingly small but the enthusiasm shown by those who did shone through. Since that day a small group of people have worked tirelessly to ensure the Village Hall is kept on an even keel. There was no forming committees and looking into the lengthy process of obtaining grants. If we'd gone down that route we wouldn't still have a Village Hall because immediate action was required. Instead people straight away rolled up their sleeves, bent their backs and got on with making the Hall look presentable once again. Not only was a lot of physical work undertaken to revitalise the Hall but also to raise funds to guarantee it would never again be in such a precarious predicament. Some supporters even put their hands in their own pockets to pay for items to improve the Hall. Over the years, because of their dedication to the cause, the Hall is now well equipped and has a healthy bank balance, but it has been a hard slog especially in the early years.

That evening back in March 2006 really was a pivotal point in village history.

At the core of the band of supporters were Bill and Maureen Tasker who volunteered their services as caretaker and treasurer. They took the Village Hall to their hearts and have conscientiously cared for it ever since. The difficulty now arising is that health problems are catching up with Bill and he is finding it very frustrating that he's unable to maintain the previous high standard he set himself. With this in mind the trustees are looking for someone who would be willing to act as an 'apprentice' with a view to learning the ropes and taking over as caretaker at some time in the future. All old buildings are quirky and Bill has worked with the old lady long enough to understand how to get the best out of her. It is knowledge that needs to be passed on. Because of Bill and Maureen's commitment the day to day running of the Hall is now comparatively straightforward but there is more to caretaking than simply sweeping the floor

and putting chairs away! If you would be generous enough to spare a little of your time to caring for this vital part of community life in Barton please get in touch with me. It would be a great comfort to know that there was someone who could be called upon when needed.

Jill

Chair Barton Bendish Village Hall Trustees

Email [masons.sandmere@btinternet](mailto:masons.sandmere@btinternet) or phone 347928.

### **Barton Bendish Village Hall Consultation Meeting June 1<sup>st</sup>**

Organisers of the Village Hall Consultation Meeting were delighted to see over fifty parishioners, representing about a third of the population, come through the doors between 4 and 8pm. This consultation is a vital part of the process towards ensuring the Hall's survival as a much loved, and much used, community asset for decades to come. Detailed drawings of two alternative schemes, designed by local resident Chris Parsons, were on view along with a back projection showing the building viewed from all angles. A checklist of the desired improvements, including a bigger kitchen, proper provision for disabled people and the elderly, better insulation, damp protection, heating and lighting was also provided in addition to the time scale envisaged for getting planning permission, applying for funding and building.

The project has already received letters of support from Albanwise, Abricot, the Parish Council, the PCC and the Film Club. Many of the stakeholders were present at the meeting. Particularly welcome, were Sarah Thorpe, Clerk to the Parish Council and Liz Truss, our MP, who promised to write to the relevant funding bodies and was very enthusiastic about the scheme. For such a small village, Barton Bendish has a very active community. It is not unusual for events at the Village Hall to sell out. Hopefully, in the future, no one will have to be disappointed, as a roomier, more comfortable venue will offer an ever greater range of activities.

54 written responses have so far been received and analysis of these, and those yet to come, is ongoing. What is remarkable, perhaps, is that 100% of respondents agree that the Hall needs refurbishing, improving and extending.

We now have a website for the project and, for those who missed the consultation, all the relevant information is on it and the response form is available to download. The address is: [www.bbvillagehall.btck.co.uk](http://www.bbvillagehall.btck.co.uk) and all responses are welcome.

Your opinions matter!

Andrew Stephen  
Chair of Village Hall Management Committee

**Barton Bendish Hall Gardens Open for the NGS Sunday 3<sup>rd</sup> June**

Following monsoon conditions the previous day, Barton heaved a sigh of relief when it woke to a slightly misty but dry start, which promised prolonged warm and dry conditions in the afternoon. And so it proved to be. It is always a real pleasure to see these gardens at their best, and opening at this stage in June gave us all the opportunity to see the roses at their spectacular best and garden vistas acknowledging a formal and manicured past, whilst also recognising its coexistence with the countryside.

Many people to whom I spoke came from far and wide and all were thrilled by the beauty of the gardens and of their location within an idyllic English village with its thatched church, farms, cottages and splendid pub not far away.

It was lovely to see the Hall courtyard full of people sitting at benches enjoying teas, ice creams, luxurious cakes and each other's company. Although the gardens will be open again on the 24<sup>th</sup>, as part of the Barton Bendish Open Gardens day, this first event, staged in cooperation with the National Gardens Scheme, is one which cries out to be held every year!

Over 500 tickets were sold, and a considerable amount raised for a number of worthy charities supported by the NGS. A tremendous success in any sense.

Andrew S Barton Bendish Hall NGS Open Gardens on June 3<sup>rd</sup> was a great success. As a result we are sending £2028 to the NGS and making donations of £725 each to St Andrews and the Village Hall which was raised from the sale of teas, ice cream and plants.

On behalf of the Barton Bendish Hall Gardening Team  
Stephen

**Music in St Andrew's church August 12th 2pm – 4pm**

A 'drop in' afternoon of music in St Andrew's church is planned for Sunday August 12th between 2 and 4pm

**Art, Craft and Photographic Exhibition. Weekend September 15th/16th**

The weekend is drawing closer!! If you're interested in entering anything in this year's Exhibition please contact Mhari ( 01366 347849) or Linda (01366 347563) for details and entry forms or email [bartonbendishevents@gmail.com](mailto:bartonbendishevents@gmail.com). They would also love to hear from you if you would like to come along and



# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## Mobile Post Office

Monday and Thursday 12.55 – 13.15

Tuesday and Wednesday 11.10 – 11.40

## Magazines

Spare copies of G4N and Swaffham Newsletter can be found in St Mary's Church and Beachamwell Village Hall



## Parish Council

The Royal Air Force Marham is holding a families day on Thursday 26<sup>th</sup> July 2018 for the RAF Marham personnel and their families to attend. Tickets have previously been available for members of the community from the surrounding areas from RAF Marham Community Support; however this year due to heightened security

and a limited number of tickets, we would like Parish Councils to nominate deserving members of their communities to attend RAF Marham Families day." If you would like the Parish Council to consider you at the forthcoming Parish Council Meeting please let me know asap.

The next Parish Council meeting will take place on July 9<sup>th</sup> at 7.30pm.

If you have any items for the agenda please give them to me in writing at least a week beforehand.

As always, if you have a query or a problem, you can consult the Councillors at any time – they are more than willing to listen and help if they can.

The Parish Council website is [beachamwell-pc.norfolkparishes.gov.uk](http://beachamwell-pc.norfolkparishes.gov.uk)

**Eileen Powell (Parish Clerk)**

## Beachamwell WI

June is always the month when WI members enjoyed a celebration meal out. This time, we went to Strattons; the food was delicious and the company convivial. Ann entertained us with some selected poems and a good time was had by all.

In July, Beachamwell WI goes to Bollywood. We will dress up in saris, learn some dance moves and eat Indian food. Visitors who are happy to join in the fun are very welcome to come along. The more the merrier! In August, we have a traditional knife sharpening demonstration. No one can say that our programme is not varied!

**Maggie Mackenzie 01366 327023**

## BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS



### **St. Mary's Church**

After a cloudy morning on Sunday, 3<sup>rd</sup> June, it was extraordinary that the sun came out just in time for Beachamwell Open Gardens. It's rare in this country for the sun to shine just when you wish it to do so. It was good to see the village crowded with people who came in some cases from long distances to see the wonderfully varied gardens, each one reflecting the personality of those who have created it. It was very much a community effort with not only those who spent hours preparing their gardens days and weeks beforehand but the many people who handed out the tickets; put up the marquee; made the many lunches and the countless other tasks so necessary to make the event a success. The amount raised for the upkeep of St. Mary's was an impressive £2,322.00.

I made a mistake in stating that the event in the church to mark the hundredth anniversary of the ending of the First World War would take place in September of this year, this will of course take place on the 11<sup>th</sup> of November.

In September, there will be a wide ranging exhibition to celebrate Beachamwell's five churches: St. Mary's, St. Botolph's in Shingham, the two ruined churches, All Saints and St. John's and the former Methodist Chapel. It's highly unusual

# BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

## St Mary's Church



### Open Gardens

The 3rd of June dawned fair but not too warm, however by 12 o'clock the sun was shining.

The car park was full to capacity and 249 visitors had flocked to our small village to view the fifteen gardens that had kindly been opened to raise money for our beautiful village church.

Lunches were served in the village hall and tea and cake at the Rectory, where The

Swaffham Shanty Crew played all afternoon to the delight of the visitors.

The gardeners of the village had worked hard to do us proud despite the setbacks of the inclement weather earlier in the year. What a sight the gardens were after long spells of rain everything was lush and flourishing.

On behalf of the Parochial Church Council I would like to say a huge thank you to everyone who baked cakes, made sausage rolls or helped on the day and in particular to all who opened their gardens and helped us raise £2,322.00.

**Patricia Clarke (Treasurer)**

### Cake Stall

Many thanks to all the kind people who donated cakes for the stall on Open Garden Day. We really had a splendid show thanks to all your hard work.

**Gill Sanderson**

### Wednesday Walkers

June found the Wednesday Walkers on the 'scenic circuit' towards Langwade and Folly Barn. The tracks on this ramble give great views across the summer fields towards Shingham in the distance and a stroll down a lane shaded by the crooked pines of Breckland.

For two of our number, this route was new to them. They were surprised at just how different the southern end of our parish is – so quiet and peaceful and quite different in atmosphere to other walks in our programme.

In July we shall explore beyond the parish of Beachamwell and walk some of the rights of way near Eastmoor and Barton Bendish, ending with a pub lunch! Do come and join us. We shall leave Beachamwell Village Hall at 10.00 a.m. on Wednesday, 4<sup>th</sup> July.

For further details, please contact:

## CHURCH SERVICES IN JULY (Wissey Valley/Southern Group)

### **Sunday 1st July      The Fifth Sunday after Trinity**

|         |                          |                     |
|---------|--------------------------|---------------------|
| 9.30am  | Methwold                 | Service of the Word |
| 9.30am  | Wretton with Stoke Ferry | Holy Communion      |
| 11.00am | Beachamwell              | Service of the Word |
| 11.00am | West Dereham             | Family Service      |

### **Saturday 7th July**

|         |                |                  |
|---------|----------------|------------------|
| 9.30 am | Barton Bendish | Breakfast Church |
|---------|----------------|------------------|

### **Sunday 8th July      The Sixth Sunday after Trinity**

|         |              |                     |
|---------|--------------|---------------------|
| 9.30am  | Methwold     | Service of the Word |
| 9.30am  | West Dereham | Holy Communion      |
| 9.30am  | Whittington  | Service of the Word |
| 10.00am | Boughton     | Breakfast Church    |

### **Sunday 15th July      The Seventh Sunday after Trinit**

|          |  |
|----------|--|
| 11.00 am | Deanery Open Air Service at Stow Hall, Stow Bardolph |
|----------|--|

### **Sunday 22nd July      The Eighth Sunday after Trinity**

|          |                |                     |
|----------|----------------|---------------------|
| 9.30am   | Methwold       | Service of the Word |
| 9.30am   | West Dereham   | Service of the Word |
| 10.00 am | Whittington    | All Age Service     |
| 11.00 am | Boughton       | Holy Communion      |
| 6.00 pm  | Barton Bendish | Evensong            |

### **Sunday 29th July      The Ninth Sunday after Trinity**

|          |          |                             |
|----------|----------|-----------------------------|
| 10.00 am | Methwold | Together@Ten Holy Communion |
|----------|----------|-----------------------------|

### **MIDWEEK SERVICES**

Holy Communion 10.00am **Boughton** Thursdays 12th and 26th

### **Holy AGE, COMMUNITY and PARISH HALLOWEEN BOOKINGS**

|   |              |              |
|---|--------------|--------------|
| Compline 5.30pm Bill Taverne <b>Whittington</b> Thursday 19th |              |              |
| Barton Bendish  |              |              |
| Beachamwell   | Leah Spencer | 01366 328536 |
| Boughton  | Pam Wakeling | 01366 500429 |
| Wereham   | Doreen Rolph | 01366 500218 |

## **CHURCH SERVICES IN JULY**

### **(Priory/Northern group)**

#### **Sunday 1st July      The Fifth Sunday after Trinity**

|          |               |                   |
|----------|---------------|-------------------|
| 10.00 am | Fincham       | Family Communion  |
| 10.00 am | Shouldham     | Morning Prayer    |
| 10.30 am | Marham        | Methodist Chapel) |
| 10.30 am | Stow Bardolph | Holy Communion    |
| 11.00 am | Watlington    | Patronal Festival |

#### **Sunday 8th July      The Sixth Sunday after Trinity**

|          |                  |                                |
|----------|------------------|--------------------------------|
| 9.30 am  | Shouldham Thorpe | Holy Communion                 |
| 10.30 am | Stow Bridge      | Holy Communion                 |
| 10.30 am | Marham           | Morning Worship (Holy Trinity) |
| 11.00 am | Tottenham        | Holy Communion                 |
| 6.00 pm  | Fincham          | Evensong                       |

#### **Sunday 15th July      The Seventh Sunday after Trinity**

|          |         |  |
|----------|---------|--|
| 11.00 am | Deanery | Open Air Service at Stow Hall, Stow Bardolph |
|----------|---------|--|

#### **Sunday 22nd July      The Eighth Sunday after Trinity**

|          |            |                               |
|----------|------------|-------------------------------|
| 9.30 am  | Fincham    | Holy Communion (said BCP)     |
| 10.30 am | Marham     | Holy Communion (Holy Trinity) |
| 10.30 am | Wimbotsham | Holy Communion                |
| 11.00 am | Watlington | Holy Communion                |

#### **Sunday 29th July      The Ninth Sunday after Trinity**

|          |               |                   |
|----------|---------------|-------------------|
| 11.00 am | Runcton Holme | Patronal Festival |
|----------|---------------|-------------------|

#### **THURSDAY SERVICES** at 10am

**HOLY COMMUNION Fincham** 5th and 19th

#### **BAPTISMS AND WEDDINGS**

Please contact the Churchwarden in your parish.

#### **CHURCHWARDENS**

|                |                   |              |
|----------------|-------------------|--------------|
| Barton Bendish | Mhari Blanchfield | 01366 347849 |
|                | Linda Webster     | 01366 347563 |
| Beachamwell    | Vesna Hudson      | 01366 327030 |

## BOUGHTON VILLAGE NEWS

### DEFIBRILLATOR FOR BOUGHTON

Hello I'm Sarah and I live next to the village phone box. Recently I attended a first aid course and learnt all about the benefits of having a local defibrillator.

As a result I've been inspired to set up a project to equip the phone box with a defibrillator for the benefit of everyone in the village. I have the support of a national charity which is very informative as regards the legal processes that are necessary to accompany such a project.

Please watch this space for updates and ways to find out more about this project.

Sarah Francis

### Greetings by Oscar Pop-Up Cafe

Light lunches will be served at our next pop-up on Wednesday 18<sup>th</sup> July 2018 at All Saints' Church, Boughton between 11:30 am and 2:00 pm. We have restocked our cards which still remain at the special price of £1.00 each. Pop along for a card or two, a chat or some lunch or all of the aforementioned, you will be most welcome.

### *The Boughton Village Caravan*

#### **All Saints' Church**

We had a very interesting talk about Oxburgh Hall on May 16<sup>th</sup>, given by Roger Farmer, who is a conservation volunteer at the Hall. He told us first about the history of the building and the loss of the Great Hall. They have no pictures of the GH, but some idea of what it would have been like from other houses. The estate is enlarging its landholdings and currently doing much needed renovation. There were interesting photos of parts of the building visitors normally wouldn't see and a promise of an update in the future. There are plans in place to start the renovation of the roof, which is not in good condition. No one wants a repeat of the potentially disastrous collapse of a dormer window, so planning ahead is needed. There was



quite a good attendance for the talk, in spite of the fact that Roger had given his talk in several local venues. I've now heard him three times and each was interesting, with new details.

Frank and Sandy organised a goodbye get together in the church for John and Juliana Hawley and their boys. They are a lovely American family who lived in the village for several years – indeed Graham was born here. They always came to Breakfast Church and charmed everyone with their friendliness. They are an USAF family and moving back to Washington State. It was lovely that we had time to chat and Sandy and her team provided refreshments as usual. John had wanted to climb the church tower and we finally managed to fit that in just before they left. It's not normally open, of course, but the older boys and their dad made it all the way up. Graham and Juliana climbed to the chamber which houses the three bells. Well done!

Open Gardens Day was a success. I'm always worried that no one will turn up,



but they do, whatever the weather. Thanks to all the people who open their gardens, but particularly for those who do all the work behind the scenes: Sandy Reid and Deb Fisher for the lunches and teas, Angela and

Andrew Faherty for the organisation not only of their Plant Emporium, but also of the mechanics of the day, and Tim and Sue Scrivener, who are always involved in helping at village events. We raised just over £1684, which was very respectable and will go a long way towards paying our Diocesan share and paying for one- eighth of a priest.

*We were saddened to hear of the death of Pam Watkinson, one of the first Parish Councillors when Boughton elected its first Parish Council. Our thoughts are with Fred and the family and friends.*



Boughton Parish Council's next meeting will be on Tuesday 10th July at 7pm.

## **WEREHAM CHURCH FESTIVAL**



**SUNDAY 15 JULY**

**11am - 2.30pm**

Can you please help us to keep our lovely church open, vibrant and available to all? Our annual Church Festival is our major fundraiser but is also a great day out for the whole family.

**We would welcome:**

**Raffle Prizes, Donations, Wine, Chocolates etc. Items for the Tombola Stall and the Hoopla Stall, Cakes, Preserves, Garden Produce.**

**Collection Points:**

**Doreen 500218 - Claire 502179 - and Tom 500052**

## **WEREHAM VILLAGE NEWS**

Wereham Parish Council

Next Meeting Date

Tuesday 10 July 2018

Ordinary Parish Council Meeting to follow after approximately 7.00 pm

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at [werehampc@gmail.com](mailto:werehampc@gmail.com).

The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the

website [www.werehamparishcouncil.co.uk](http://www.werehamparishcouncil.co.uk)

here too.

Helen Richardson

Parish Clerk and RFO

07795006811

Wereham Tots meet Fridays (term time only) in the village hall 10.00am to 12



noon. Do join us for a coffee and chat whilst the little ones are playing and making new friends. Wonderful selection of toys and crafts, music and singing sessions. Healthy snacks served.

£2.00 per session up to two children, 50p for extra child.

Wereham Craft Group.

Our craft fair held on the 10th June was an outstanding success; we were in the new village hall and the first group to be able to use it. Lovely comments from all stallholders and visitors. The day made a grand total of £591.85. The craft group continue to meet on the second Tuesday of the month at 10.30am and we will now be meeting in the new hall. We look forward to new members joining us at any time and maybe with a different craft from sewing or knitting. See you soon. Rosemary. Contact details. 01366 501330 or 07749240606.

email : [rosemary.pease@btinternet.com](mailto:rosemary.pease@btinternet.com)

Wereham Open Gardens.

A cool, breezy and cloudy start to Sunday did not bode well for our Open Gardens, but how wrong can you be? Over 120 people from near and far visited our twelve gardens and, as always, their comments about the gardens, the gardeners and the village itself were all very complimentary.

Once again lunches and teas were given top marks and to prepare and serve them in the new village hall was a real bonus.

Ronnie was so busy on the plant stall that she only had time to eat half a banana!

The total for the day will be a little over £1550 which is excellent and will certainly help with the ever-increasing running costs of our church.

To those who opened their gardens and all those involved in publicity, printing, catering, baking, selling tickets, the raffle, tombola and donating plants, my sincerest thanks. You make it happen.

As some of you will know, this particular Open Gardens has a special significance for me and I know there is a certain lady looking down who is so pleased and proud of us all. *Greg Baddock.*

Wereham Cemetery Memorial Safety - The Parish Council are trying to trace relatives or those responsible for memorials. The Wereham Parish Council have recently reviewed its responsibilities for health and safety within the Wereham Cemetery and commissioned a report with a registered qualified inspector of all memorials. The inspector advised the Parish Council of 17 memorials in the cemetery that they classify as 'dangerous' to public safety and therefore in order to remedy they recommend fitting what is called a 'naam bar' for the current memorial to remain in use, these 17 are memorials that we would like to hear from people about. Please contact the Clerk if you are responsible for a memorial in the cemetery. Other options that could be considered other than this, would be for the creation of a new memorial, or arrange for it to be laid

If we're destroying our trees and destroying our environment and hurting animals and hurting one another and all that stuff, there's got to be a very powerful energy to fight that. I think we need more love in the world. We need more kindness, more compassion, more joy, more laughter. I definitely want to contribute to that.



All abilities welcome

Stretching, postures and breathing help to improve mobility and strength.

Please wear loose clothing and bring a warm rug and/or yoga mat (there will be a few mats available for loan/buy).

British Wheel of  
Yoga Tutor,  
Ann Lewing  
Contact number:  
01366 328350

**STOKE  
FERRY  
VILLAGE  
HALL**

**Mondays**  
**7.00pm—8.30pm**  
Please arrive no  
later than 6.55pm

£5.00 per session  
(pay as you go)  
Under 18 yrs old must  
be accompanied by an  
adult

## K.J.Catering Services

Contact Steve Bartram on

**01366 727797**  
**or 07542 923909**

[kjcatering@btconnect.com](mailto:kjcatering@btconnect.com)

[www.catererssuffolkandnorfolk.com](http://www.catererssuffolkandnorfolk.com)

**Outside Catering  
And  
Hog Roast &  
Bar-B-Q  
Specialists**

## K.J.Bar Services

**Fully Licensed  
for all occasions**

K.J Catering is a  
family business based on  
quality food and service

# Little Oaks

## Preschool

### & Holiday Club

Ofsted Registered EY246821

**A Warm, friendly welcome is waiting for you.**

Accompanied sample sessions for you and your child the first Wednesday of every month 9:30-11:00

Term time age 2-5  
Holiday clubs for  
age 2-8  
year olds

Open 50  
weeks of  
the year

15hrs a week  
funded places  
from the  
age of 2

A Variety of hot  
and healthy  
meals  
provided

Places available  
for special  
educational  
needs

**Contact Debbie - 01366 502150**

47 Wretton Road, Stoke Ferry, Kings Lynn, Norfolk, PE33 9QJ

[www.little-oaks-preschool.lk.org](http://www.little-oaks-preschool.lk.org)

## Herb Plants



A good selection of culinary herbs for sale, with some medicinal and ornamental varieties too.

Large sizes available, (one and two litre pots).

*Grown on using organic compost.*

Available daily in the summer, (weather and circumstances permitting),  
9 am to 5.30 pm, from stall outside:

The Forge, The Street, Gooderstone, PE33 9BP

Telephone: 07802 480612



**07552  
450522**

[anglialandscapesltd@outlook.com](mailto:anglialandscapesltd@outlook.com)

Turf Suppliers

Domestic/Commercial Mowing & Hedge Cutting

Hedgerow and Tree Planting

Driveways and Patios

Fencing

01366 500803

## Yoga with Julia Wynne

BWYDip., AYS Therapeutic Practitioner Cert.



**High quality yoga classes based on traditional methods & teachings from an experienced & highly qualified teacher.**

If you want to experience or improve any of these: *Relaxation, Concentration, Strength, Flexibility, Balance, Breathing....* then this is for you!

Tuesdays in Beachamwell Village Hall (PE37 8BB) from 10.00am to 11.45am email: [julia.juliannewynne2@gmail.com](mailto:julia.juliannewynne2@gmail.com) Tel: 01366 328617

Individual tuition based on your own abilities & needs also available on request. This will take place in my private studio

## CLAUDIA MORLEY

**Garden & Commercial Landscape Designer**

City & Guilds - Amenity Horticulture  
- Garden Design - over 16 years experience

Full A1 Scale Plans, any size from a small garden to estates & commercial landscape projects.

**FREE NO OBLIGATION VISIT & QUOTE**

[www.fig-forestryandgardendesign.co.uk](http://www.fig-forestryandgardendesign.co.uk)

**01760 338400 / 07824 397727**



## PETER MORLEY

**Landscape Construction,  
Planting & Forestry Maintenance.**

Fully certified & liability insurances.  
30 years experience.

Garden project - fencing  
or commercial landscaping.

All forms of forestry & maintenance.

email: [pringlepete@gmail.com](mailto:pringlepete@gmail.com)

**07981 419338**

[www.fig-forestryandgardendesign.co.uk](http://www.fig-forestryandgardendesign.co.uk)

**Premier  
Holiday accommodation  
in Wereham  
overlooking the pond  
4\* very comfortable, well  
equipped 4 bedroomed house  
Sleeps 10, 2 bathrooms**

Ideal if you have family or friends visiting

Good discounts available for  
Group 4 News readers!

For more details please Tel Debbie or Ian  
Rye on 01366502083, 02476 742077 or  
07863 049677 or see website  
[www.wix.com/ryeholidays/theoldschoolhouse](http://www.wix.com/ryeholidays/theoldschoolhouse)



**HOLIDAY COTTAGE**

**Sleeps 6—8**

Perfect for visiting friends & relatives.  
Rural location on our farm in Beachamwell.

**Contact:**

Tom & Caroline Sanderson.  
St. John's Farm, Beachamwell, Swaffham, Norfolk  
PE37 8BE  
Tel: 01366 328244  
Fax: 01366 328716

**Jen's Pet Care**



**Are you at work all day?**

Do you need someone to pop in and feed your pet, let it out and keep them company for an hour?

Does your puppy need socialising and some basic training? Maybe you're an older person who needs help exercising and caring for your dog?

**Contact Jen at Wretton on 07799 733 463**

Pet Sitting - Dog Walking - Home Visits

Livestock Care - Puppy Socialising - Pet Care

**30 years experience working with animals**

**Reasonable Pricing - please ask**

[www.facebook.com/JensPetCareWretton](http://www.facebook.com/JensPetCareWretton)

**Volunteers Home  
Needed! Start**

Support and friendship  
for families

**Do you remember those early years?.....  
Sleepless nights, tantrums & teething.**

If you have parenting experience Home-Start Swaffham & District would love to hear from you. We have families waiting for support and all we ask is for a couple of hours a week commitment. We offer a prep course accredited through the Open College Network which takes place one day a week for 10 weeks. Term time 10am-2pm.

So, if you think you can make a difference to a family needing a little help call us today to find out more.

Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

**Home-Start Swaffham & District**  
The Community Centre, Campinglands,  
Swaffham, PE37 7RB  
Tel: 01760 721271  
Email: [admin@homestartswaffham.org.uk](mailto:admin@homestartswaffham.org.uk)





## Oxburgh Hall Events

**Unless otherwise indicated, please call 08442 491895 to book tickets.**

**Saturday 7<sup>th</sup> July, 2pm – 4pm**

### **Meadows and Minibeasts**

Celebrate National Meadows Day with the Outdoors Team at Oxburgh Hall by enjoying a ramble through a meadow. Enjoy mini-beast hunting and discover the wildlife that lives amongst the grasses and flowers growing there. The day will also focus on counting and recording how many different types of insects there are for the Hall's records. **£5.00 per child** (must be accompanied by an adult who goes free, as do siblings under the age of 3.)

**Booking essential on 0344 249 1895 – numbers limited.**

**Thursday 19<sup>th</sup> July 2018, 7:30pm – 10pm. ( Doors open at 6:30pm)**

### **Summer Outdoor Theatre – The Tempest**

Prepare to be enchanted this summer! The Lord Chamberlain's Men presents The Tempest, Shakespeare's powerful story of revenge and true love set on a mystical island. Filled with drama and comedy, The Tempest is not to be missed. A perfect play for the outdoors in the enchanting surroundings of Oxburgh Hall.. The Lord Chamberlain's Men are the modern incarnation of Shakespeare's original company of the same name. Performing with an all-male cast, they present authentic, excellent and magical productions of Shakespeare's finest plays, bringing them to life for the whole family. Please bring your own rugs or low backed seating and come prepared for the weather. All tickets are non-refundable. Picnics welcome and the Tea Room will be serving drinks and light snacks. **Adult £15, child £10, under 5s go free. Booking Essential on 0344 2491895**

**Saturday 21<sup>st</sup> July 2018, 10.30am to 4pm**

### **Scything Day**

Have a go at scything, the traditional way to cut grass made famous by the recent TV programme, Poldark. It's a great way to keep fit! Our expert scythers will be cutting the meadow in our orchard. Richard from Emorsgate Seeds will be on hand to explain why this ancient art is important and how you can create a wildflower meadow from scratch. **Free of charge, but normal admission prices apply.**

**31<sup>st</sup> July, 10.30am – 3.30pm**

### **Tudor Tuesday**

Be transported back to 15th century England when Oxburgh was built by dressing up as the Lord or Lady of the Manor. Even become a Yeoman with shield and sword or a daughter of the house with



## EXCLUSIVE OFFER FOR PARISH COUNCIL MAGAZINE READERS.

Enjoy £500 towards selected new MINIs\* ordered and registered by 30 September 2018.  
Simply show this advert to a Sales Executive when you place your order with us.

To find out more, please call 01553 692244  
or visit [www.listerskingslynnmini.co.uk](http://www.listerskingslynnmini.co.uk)

Listers King's Lynn  
Hardwick Road, King's Lynn, Norfolk PE30 4NA

MINI FINANCIAL SERVICES.



Official Fuel Economy Figures for the MINI Range: Urban 26.6-72.4mpg (10.6-3.9 l/100km). Extra Urban 46.3-91.1 mpg (6.1-3.1 l/100km). Combined 36.7-83.1 mpg (7.7-3.4 l/100km). CO<sub>2</sub> Emissions 179-89 g/km. Figures may vary depending on driving style and conditions.

Listers Group Limited is a credit broker and not a lender.

\*Offer only valid at Listers King's Lynn on selected new MINIs, ordered between 1 July and 30 September 2018 and registered by 31 December 2018. Offer valid for one purchase only and entitles the holder to £500 towards the value of the car. No cash alternative. Listers Group Limited, Orville House, Stratford-upon-Avon Business and Technology Park, Bunbury Road, Stratford-upon-Avon CV37 7GZ is authorised and regulated by the Financial Conduct Authority.





# FOREST & FEN CHIMNEY SWEEP



**Experienced, Qualified Professional**

**07749 257770 or 01366 727537**

**forestfensweep@aol.com**

**All appliances swept. Fully insured & certificates issued.**

## **FREELANCE GROOM**

All stable and yard duties undertaken

Longterm, shortterm and holiday cover

Trustworthy, experienced, caring and reliable

British Grooms Association member and

Intermediate Certificate

BHS Stage 1 and RRS

NVQ Horse and Yard Safety

Equine Health (Moreton Morrell College)

References available

Contact Holly

on 07731 395142 or

Email: hollyweb92@gmail.com

## **University Student**

Hardworking and reliable , currently studying Conservation and Wildlife seeking outdoor work during the summer vacation (June until Sept)).

Has NPTC Certificates (C531 Chain-saw, Brushcutter and Strimmer).

Full driving license held and has own transport.

Contact Tom Hilder 07487 731684

thilder33@googlemail.com

Fancy Volunteering?

## Doggie Style Grooming



# 07 800 800 995

**No Cages...No Mess... No Stress!**

**Fully Equipped Mobile Salon  
Covering a 15 Mile Radius Of  
Swaffham**

**Qualified & Insured**

Please Note: I require space to park and easy access to an electrical point within 25 meters of the parking area. This is essential to carry out the full grooming process.

## **JET ACCOUNTANCY & BOOKKEEPING SERVICES**

**Professional and qualified service offering:**

- ◆ Accounts
- ◆ Bookkeeping
- ◆ Self Assessment
- ◆ VAT Returns
- ◆ Payroll
- ◆ CIS Returns

**Tel: Louise Scott (MAAT)**

**07806 792211**

***info@jetaccountancy.co.uk***

### THE LEATHER SHOP

QUALITY AT A FAIR PRICE  
43A HIGH ST DOWNHAM MARKET PE38 9HF  
(NEXT TO THE OLD CINEMA)



JOHN AND CAROLE LOOK FORWARD TO WELCOMING YOU TO OUR SHOP.

Please feel free to come and browse through our selection of  
high-quality bags, purses, wallets and much more...

Belts and other items can be handmade to your specification.



Shop: 01366 386178 Mobile: 07798 826733

Email: [edwardsleathercraft@gmail.com](mailto:edwardsleathercraft@gmail.com) Website: [edwardsleathercraft.co.uk](http://edwardsleathercraft.co.uk)

New Address Unit 1, Harlequin House, le Strange Terrace Hunstanton PE36 5AJ



# DAVID THOMPSON MASTER CHIMNEY SWEEP

**All chimneys, flues & appliances swept**

**Brush and vacuum used**

**CCTV Chimney surveys**

**Bird/rain guards, vent caps  
and cowls supplied and fitted**

**NVQ qualified chimney engineer**

**Certificates Issued**

**01328 851081**

**[www.the-sweep.co.uk](http://www.the-sweep.co.uk)**

**D. Thompson Chimneys Ltd**

## PRESSED FOR TIME

Go let off some steam... and let me iron out one of life's little chores

### Domestic Ironing

75p for first 10 items thereafter 50p per item.  
Local delivery and collection available minimum  
order £10.

### Holiday Let laundry and ironing

Please phone for information and pricing.

Call Sarah Today

01366 501317  
07970 768781

SL Ironing Services  
12 Buckleford Drive  
Stoke Newington



Since you cannot do  
good to all, you are to  
pay special attention to  
those who, by the  
accidents of time, or  
place, or  
circumstances, are  
brought into closer  
connection with you.

**Saint Augustine**

Frustrated by technology?  
Confused by the experts?  
Problems with your: Computer; Tablet;  
Mobile Phone; Broadband; WiFi; Printer;  
Digital Camera; Television?

I can help!

ade

Ade Jordan  
Friendly Technology Solutions

Based in Wereham, West Norfolk

Fault finding; Repairs; Installations;  
Configuration; Training

Tel: 07980 140000

email: [help@adejordan.com](mailto:help@adejordan.com)  
[www.adejordan.com](http://www.adejordan.com)

No call out charge. No fix, No fee

# Every minute, six people over 65 suffer a fall/

**We're here to help.**

To find out more, call us on 01553 616200  
or visit [www.careline-cs.org.uk](http://www.careline-cs.org.uk)



**Careline**  
COMMUNITY SERVICE



**Care &  
Repair**

Borough Council of  
King's Lynn &  
West Norfolk







1170-97-304N

## Living Independently in Later Years Information for Older People Living in West Norfolk

# ASK LILY



-  Telephone information line
-  Online directory
-  LILY Advisor home visits
-  Community locations

Available online at  
[www.asklily.org.uk](http://www.asklily.org.uk)  
or by calling 01553 616200



Borough Council of  
King's Lynn &  
West Norfolk



2049-3-1

# Cognitive Behavior Therapy, Counselling, and EMDR

## Do You Suffer From:

- Anxiety •Depression •PTSD •OCD •Phobias •Relationship Difficulties
- Self Esteem Problems •Problems At Work •Lack of Direction •Addictions



Then Cognitive Behaviour Therapy or EMDR my help and both are recognised as successful treatments by the NHS  
For More Information or an appointment, contact:

Rebecca Judge RNMH, BSc, MSt, MSc, MAREBT, BABCP

EMDR & Psychotherapist on:

Tel: 07530 928070 Email: [enquiries@cbtnorfolk.co.uk](mailto:enquiries@cbtnorfolk.co.uk)

[www.cbtnorfolk.co.uk](http://www.cbtnorfolk.co.uk)

## Charlotte Rose LicAc



**Acupuncture**

**Acupuncture for Pain**

**Facial Acupuncture**

**Reflexology**

**Aromatherapy Massage**



**Cupping Therapy**



Over 10 years experience as a therapist. Fully Insured with Balens.

**Clinics in Stoke Ferry + Castle Acre**

Gift Vouchers Available

Contact: Charlotte: 07855513199 /  
01366 501232

[charlotterose.charlotterose@gmail.com](mailto:charlotterose.charlotterose@gmail.com)

[www.charlotte-acupuncture.co.uk](http://www.charlotte-acupuncture.co.uk)

Swaffham Vets 130x190 Advert\_Layout 1 30/03/2016 15:22:54 Page 1



**Swaffham  
Veterinary Centre**

3 TOWER MEADOWS, SWAFFHAM PE37 7LT

The team at Swaffham are pleased to offer:

- Appointments to suit you
- Cutting edge diagnostics
- Full operating facilities
- Emergency out of hours care at the premises
- Nurse preventative health clinics
- Accessible parking

**OPENING HOURS:**  
Mon-Fri 8.30am - 6.30pm  
Sat 9.00am - 12pm

We provide our own out of hours service where you will be seen by one of our vets at the practice in Swaffham. Please phone the normal practice number in an emergency.

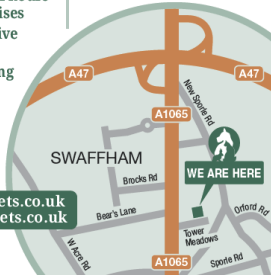
Please contact us by phone or email for more information:

Phone:  
**01760 722054**

[www.swaffhamvets.co.uk](http://www.swaffhamvets.co.uk)  
[info@swaffhamvets.co.uk](mailto:info@swaffhamvets.co.uk)



Like us on Facebook for updates and news





## Methwold Nursery School and Pre-School

Experience for yourself the welcoming atmosphere of our nursery where exceptional care, homely surroundings and wonderful large garden are second to none. Our highly qualified experienced staff will ensure that each child's individual needs are met and provide them with the opportunity to make new friends, develop in confidence and become independent whilst *learning through play!*

Open all year Monday to Friday 7am to 6pm  
from age 3 months to 6 years

Breakfast, After School and Holiday Clubs up to the age of 6  
570 hours of Free Child Care\* for all children residing in Norfolk/Suffolk  
over the age of 3 and 4 years. Child Care Vouchers Accepted

Visit our website to view 'The Tavels' and learn more about us!  
[www.methwoldnurseryschool.co.uk](http://www.methwoldnurseryschool.co.uk)

39 Stoke Road, Methwold, Thetford IP26 4PE Tel: 01366 728419  
\*Subject to Local Authority Terms and Conditions

## JET ACCOUNTANCY & BOOKKEEPING SERVICES

Professional and qualified  
service offering:

- ◆ Accounts
- ◆ Bookkeeping
- ◆ Self Assessment
- ◆ VAT Returns
- ◆ Payroll
- ◆ CIS Returns

**Tel: Louise Scott (MAAT)**  
**07806 792211**

**[info@jetaccountancy.co.uk](mailto:info@jetaccountancy.co.uk)**



## Maths Tutor (Year 6 to GCSE)

- unravel problems
- boost confidence
- improve numeracy

A Cambridge graduate offers  
one-to-one tuition in your home  
(one-off or ongoing)  
£30 per hour

For details, or to arrange a  
**£10 INTRODUCTORY SESSION**  
contact Katherine Shaw  
**07773 - 433180**

What does love look like?  
It has the hands to help  
others. It has the feet to  
hasten to the poor and  
needy. It has eyes to see  
misery and want. It has  
the ears to hear the sighs  
and sorrows of men. That  
is what love looks like.

Saint Augustine



# NO MEAN FEET

**FOOT CARE IN THE COMFORT OF YOUR OWN HOME**

**YOUR LOCAL CARE SPECIALIST**



- ✓ NAIL CUTTING
- ✓ CORNS
- ✓ CALLUS
- ✓ DRY SKIN
- ✓ INFECTION
- ✓ VERRUCAE
- ✓ CRACKED HEELS



***for the best feet in the street***

**CALL STEVE ON 07837 506 906**

**STEVE JONES MBE, SACDip FHP(Adv) , Dip C Tec, Dip Bmec, Dip RM**  
**Fellow of The Alliance of Private Sector Practitioners**  
**Member, Accredited Register of Foot Health Practitioners**



# NO MEAN FEET

**CARE IN THE COMFORT OF YOUR OWN HOME**

## YOUR LOCAL CARE SPECIALIST



✓ REMEDIAL MASSAGE

✓ THERAPEUTIC MASSAGE

✓ SPORTS INJURY

✓ BIO MECHANICAL  
& GAIT ANALYSIS

✓ THERAPY FOR PAIN IN LOWER  
BACK, LEG JOINTS & MUSCLES

✓ LYMPHATIC DRAINAGE

**CALL STEVE ON 07837 506 906**

**STEVE JONES MBE, SACDip FHP(Adv), Dip C Tec, Dip Bmec, Dip RM**  
**Fellow of The Alliance of Private Sector Practitioners**  
**Member, Accredited Register of Foot Health Practitioners**



# A.J. COGGLES

Family Funeral Directors



**Family Owned & Managed ~ Established 1851**

*A complete caring and personal service offered by a local family business  
providing advice and guidance at your time of need when you need it most*

**24HR Personal Family Caring Service**

**Individually Tailored Funerals At A Competitive Price**

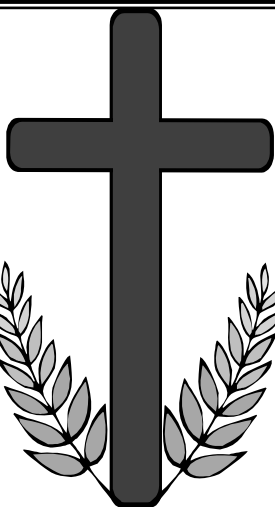
**5<sup>TH</sup> Generation Independent Family Service**

**Distance No Object**



**69 Street, Downham Market**

**(01**



# PR Bowers & Son

## Funeral Directors (Est 1921)

**Anmer Cottage Methwold Road Northwold IP26 5LN**

**01366 727432**

**07796 780270**

**Private Chapels of Rest ~ 24 Hour Service  
Upholding Traditional Family Values Of  
Dignity & Respect For Your Loved Ones**



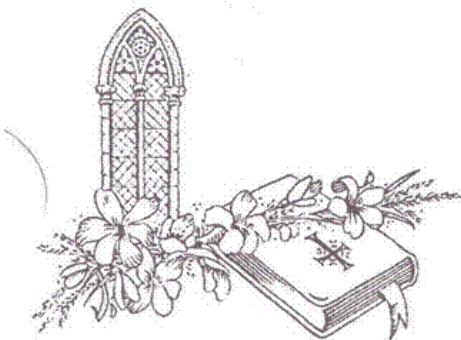
**Privileged To Serve Families In The Area For 3 Generations**

# ***Family Funeral Directors*** ***R. H. BOND*** ***STOKE FERRY***

*Formerly G.P. Riches & Son*  
*Still family owned and now run by the*  
*5th Generation*  
*Est. 1872*

*Offering a Complete Funeral Service*  
*24 hours a day, to all areas*

Salisbury House  
Lynn Rd  
Stoke Ferry  
PE33 9SW  
Tel: 01366 500241  
Mobile: 07861 671325



*Help and*  
*understanding*  
*when you need it*  
*most*

## **WJA TILING**

**The Complete Wall and Floor Service**

Ceramics, Porcelain, Mosaic  
and Natural Stone  
Under floor heating and Karndean

No job too big or small  
All Work Guaranteed  
15 years experience

For a free quote, measure up  
or advice  
Phone Will on: 07884 446257

## **PAUL FARRAR**

**GENERAL PLUMBING  
SERVICES**

ALL ASPECTS OF  
PLUMBING UNDERTAKEN,  
INCLUDING  
MAINTENANCE AND  
REPAIRS

AT COMPETITIVE PRICES

**PHONE 01366 328072  
OR 07725 300624**

## **GOT DIRTY WINDOWS?**

**G.COSTIN  
WINDOW CLEANING**

Windows, doors, frames &  
sills cleaned as standard.

Gutters, fascias,  
conservatories & Reach &  
Wash

Pure Water System.

Reliable & friendly service.

Other cleaning services now available.

**Call Gavin 07796 606607**

gcostinwindowcleaning@yahoo.co.uk

**BRYAN CATER**



# **Chimney**

# **Sweep**

**Guild of Master Sweeps certified**

**Clean and Reliable**

**Certificates Issued**

**Fully Insured**

**Fire Parts Supplied and Fitted**



**Call Gavin on**

## RETIRED ELECTRICIAN

Available for small works  
Phone John on 01366 501327  
or 07889187820



**WARNE  
ELECTRICAL**

If you don't  
like  
something,  
change it. If  
you can't  
change it,  
change your  
attitude.

## M I DENT HEATING SERVICES LTD

OIL AND GAS HEATING ENGINEER

SERVICING, MAINTENANCE, BREAKDOWNS, LANDLORD CERTIFICATES,

### Why have your boiler serviced?

The importance of **having your boiler serviced**. Having a reliable and dependable **boiler** to provide hot water and heat is a daily essential. ... An annual **boiler service** can prevent potential problems, avoid unwanted disruption, ensure maximum central heating efficiency and keep energy costs to a minimum.



Call on

**01366 387595**

**01366 383661**

**07957357480**

Check us out on

*checkatrade.com*

## RAY GRIBBLE

### Antique Restoration & Traditional Upholstery

All aspects of antique furniture restoration, including French polishing, cabinet repairs and traditional upholstery

### Traditional Upholstered Furniture

Footstools, Sofas and Chairs  
made to commission

### Picture Framing & Mirrors

[www.raygribble.co.uk](http://www.raygribble.co.uk)

Contact  
[ray@raygribble.co.uk](mailto:ray@raygribble.co.uk)  
or phone  
01366 500387

Vine House, Church Road, Wereham

## D W SAVAGE

### "CARPENTER/BUILDER"

**25 Years Experience**

For all your building requirements

### EXTENSIONS

*Kitchens, Bathrooms supplied and*

*Fitted or just labour*

*Conservatory, fascias, guttering*

*Laminate or Oak flooring*

*Patios, Decking etc.*

*Car Ports*

*All roof systems*

*Renovations*

**Ask for Darryl**

**Telephone 01366 501152**

## Richard Pooley

### Cabinet Maker

The Complete  
Kitchen Design &  
Installation Service

All Aspects of  
Carpentry & Joinery

Bespoke Furniture

Wall & Floor Tiling

Tel: 01366 728791 - 07920 117784

Email: [richypooley@gmail.com](mailto:richypooley@gmail.com)

# **newrooms**

kitchens bedrooms bathrooms

## **KITCHENS**

## **BEDROOMS**

## **BATHROOMS**

## **FLOORING**

Our showroom is located on the  
Brandon Road, Methwold, IP26 4RH

**01366 727417**

**newroomsdesign.co.uk**

Follow us on



facebook.



twitter



Instagram



Pinterest

# Jake Stansfield Ltd

## Plumbing & Heating

All aspects of Plumbing & Heating to the highest standard.

Gas Safe registered.

Contact 07780463787 or

01366 500469

jakestansfield@live.com



# Paul Braybrooke

## *Oil Fired Boiler Engineer*

### Boiler Servicing Breakdown Service



Commissions  
Tank Replacements

Phone 01353 777788  
07946 735691



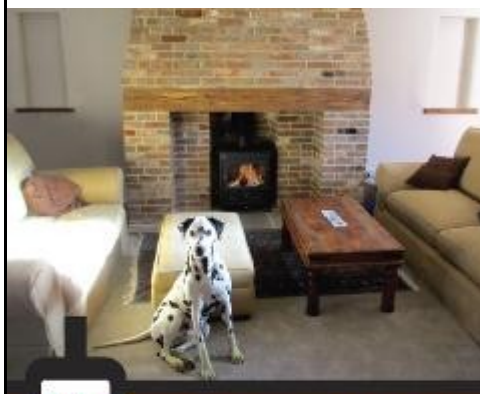
## **Taylor's Solid Fuels Family run since 1946**

Regular fortnightly Solid Fuel deliveries in your area. Competitive prices and a full range of products.

***"Don't Shiver We Deliver"***

Quality top soils and aggregates. Bulk bags and Tipper loads from 1-20 tonnes

Tel: 01842890568 or see us  
on  
[www.taylorssolidfuels.co.uk](http://www.taylorssolidfuels.co.uk)



**SUPPLY & INSTALLATION  
OF WOODBURNERS**

Norfolk's agent for Aga, Hunter & Parkray Stoves

**AGA**  
CAST IRON STOVES

**Hunter**

**PARKRAY**

**01328 700161**

[www.norfolkwoodburners.co.uk](http://www.norfolkwoodburners.co.uk)

## **M.B. Roofing**

**Complete Re-Roof  
UPVC Facias  
Leadwork  
Guttering  
Repairs  
Re-Pointing  
Bird Proofing  
Roof Cleaning  
Chimney Rebuild  
Dry Verge System**



**01760 725047**

**07979 811260**



**[mb-roofing.co.uk](http://mb-roofing.co.uk)**

## **RETIRED ELECTRICIAN**

**Available for small works  
Phone John on 01366 501327  
or 07889187820**



**WARNE  
ELECTRICAL**



## **Garden Services John Adcock**

For conifer, shrub  
and hedge trimming

Garden Maintenance  
and winter 'tidy ups'

Grass Cutting for large or small lawns

New fencing erected

Power Washing

Tel: 01760 337058 or 07909 785801

## **ADE HARDY GARDENING SERVICES**

**For all your gardening needs**



**Garden Clearances  
Mowing and Strimming  
Hedge Cutting  
Tree Work  
Fencing  
Winter tidy ups  
General Garden Maintenance**



**To discuss your requirements  
call Ade on 07798 785663**

**No job too large or too small to be  
considered**

## **Turn To Ted**

**Friendly, Hardworking,  
Handyman, Gardener,  
DIY**

**£15 per hour, 1 hour min**

**No job too Small or Large**

**Telephone**

**07967 796992**

## Tim's Tree Services



Pruning  
Topping  
Felling  
Clearing

All aspects of tree and hedge  
work undertaken



Over 30 years  
experience



Qualified - Insured

**Call 01366 347656  
or 07867 764307**

**For your free quote  
LOCAL MAN - LOCAL RATES**

## D.J.B. LANDSCAPING

: Driveways : Paving : Fencing :  
: Garden Clearance :  
: Hedge Maintenance :  
: Grass Cutting / strimming :  
: Building Repairs / Maintenance :  
: Concreting :

*All jobs considered*

**David Bennett**

Mobile 07795 833440

Fakenham 01328 700859



## Geoff Dixon

*The professional alternative to doing it yourself*

**Geoff Dixon Carpentry, Joinery and Handyman Services, Beachamwell**

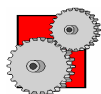
Over 45 years experience in this industry. I have experience and am happy to carry out jobs such as; fascia and guttering repairs or cleaning; external fence panelling repairs, replacement/ treatments; gates made; doors and locks repairing and replacing; refitting and refurbishment of kitchen cupboards; shelving; and general maintenance jobs around the house.

No job is too small, if there's something you'd like doing that I haven't listed,  
Please get in touch and ask.

**☎ Telephone: 01366 328330 ■ Mobile: 07726 584502**

**✉ Email: [geoff@norfolkshandyman.co.uk](mailto:geoff@norfolkshandyman.co.uk)**

**🌐 Web site: [www.norfolkshandyman.co.uk](http://www.norfolkshandyman.co.uk)**



# P.G.M.S.

**Fabrication of a  
variety of metals  
Mechanical engineering**

**Sparex** *Agricultural  
spares & accessories*

**Peter Garner  
Mechanical Services**

Shingham Lane, Beachamwell,  
Swaffham, Norfolk. PE37 8AY.

Tel: 01366 328823

E-mail: [pgms@lineone.net](mailto:pgms@lineone.net)



**R D VOUTT & SON**

**PLASTERING**

All aspects of plastering & floor screeding.

Contact Bob on **01366 328 545**

mobile **07799514635**

**[rdvoutt@yahoo.co.uk](mailto:rdvoutt@yahoo.co.uk)**

## Peckhams Plumbing

**John Peckham Friendly local  
Plumbing and heating  
engineer**



**All Work  
Undertaken  
Big Or Small**

**Fully Qualified  
and  
Insured**

**No Estimates  
Just 1 Price**



**No Call  
Out Fees**

- ✓ Full Heating Systems
- ✓ Heating system updates
- ✓ Radiator changes
- ✓ Oil Tank changes
- ✓ Fully Fitted Bathrooms
- ✓ Leaks And Repairs
- ✓ Tiling
- ✓ Boiler replacements & repairs
- ✓ Boiler Services

**Tel: 07534892411**

## **WEREHAM NEWS CONTINUED FROM PAGE 41**

**Dog Fouling** - We will all agree that this is just not acceptable for dog owners to not collect and dispose of their dog's mess, and it has been going on for far too long all over the village where this has not happened. Latest that the Clerk had noticed was dog fouling about 10 steps from the bin at the end of Lammas Lane! The Row in particular is an area where dog owners at times do not pick up their dog mess, sometimes outside residents front gardens. This is not acceptable and if you are someone that does this please refrain from doing so. The Clerk has noticed that walkers particular who let their dogs off on leads almost certainly do not know where their dogs are going and need to keep their dogs on a lead if they cannot collect their dogs fouling. The boundary of Wereham extends past the houses, and this includes the country walk roads and pathways which are there to be enjoyed by all. For a resident of Wereham to not collect their dogs mess in the village or in the surrounding countryside is without due care and is just not acceptable. Wereham Parish Council and the majority of residents do not want this blighting the village any longer and the Clerk will be stopping any dog walker in the village to check they have the necessary dog bags for the foreseeable future. The Parish Council has supplied and pays for three dog bins and for them to be emptied across the village but unless certain dog owners take their responsibility they are in vain. This has been increased to four with one now installed at the Wretton Road sign at the bottom of The Row, and soon another on Church Road/Back Lane Junction. The other three are located at the end of Lamas Lane (Flegg Green end); along Cavenham Road towards the public footpath field end; and on the playing field near the village hall entrance. [https://www.west-norfolk.gov.uk/info/20094/animals\\_and\\_pests/157/dog\\_issues](https://www.west-norfolk.gov.uk/info/20094/animals_and_pests/157/dog_issues)

All are welcome to attend meetings in 2018, if there are topics or ideas that you wish to share or be discussed with the Parish Council at any time during 2018, please email me on [werehampc@gmail.com](mailto:werehampc@gmail.com).

Regards

All are welcome to attend meetings in 2018, if there are topics or ideas that you wish to share or be discussed with the Parish Council at any time during 2018, please email me on [werehampc@gmail.com](mailto:werehampc@gmail.com).

Regards

Helen Richardson  
Wereham Parish Clerk and Finance Responsible Person

1. The Stuart Highway, often referred to simply as "The Track", is a major road in which country?
2. What word can mean a bad actor or an amateur radio operator?
3. Which modern day country was known at the beginning of British colonial rule as Ceylon?
4. What is the American equivalent of the British post code?
5. Who was the last Queen of France?
6. What is the more common name for the highly contagious bacterial disease known as pertussis?
7. The Rosetta Stone bears three inscriptions, the top and middle texts are in Ancient Egyptian (using hieroglyphics) and Demotic script, in which language is the bottom text?
8. Where did Rosa Klebb hide her poisoned weapons?
9. Which range of chalk hills extend across the south-eastern coastal counties of England, from Hampshire in the west to Beachy Head, East Sussex, in the east?
10. Complete the line from Shakespeare's Sonnet 18: " Shall I compare thee to a summer's day, rough winds do shake the ...."? (Hint: Four words are needed)
11. The Duchess of Sussex and the character played by her in the American legal drama series *Suits*, both share which same first name?
12. In the United States, a person must be over what age to be eligible to be President or Vice President?
13. Which European city hosts the highest number of international organizations in the world?
14. Which 1970s pop group took their name from the English agriculturalist who invented the seed drill?
15. Can you name the largest lake in the world that is entirely within one country?
16. The title of which K.J. Alford military march gets its name from a golfing term?
17. In 2016, two peaks were removed and larger gaps were introduced to reduce the weight while retaining the same package size of what?
18. The 'V' in the second world war V-2 rockets stood for the German word Vergeltungswaffe, what does this mean in English?
19. The Gravelly Hill Interchange is better known throughout the UK by what nickname
20. What are the three first words of the United States Constitution?

Answers on page 20

# Traditional Values ...



Life has changed so much since this photograph was taken...

But the traditional values of honesty, integrity and service associated with the time are an essential part of our business.

So if you are thinking of buying, selling, letting or renting and seek the reassurance of an Agent practicing these traditional values, yet with a modern approach, please call us on 01366 388991

**Ashton Roberts**

Letting Agents • Estate Agents

19a High Street, Downham Market, Norfolk, PE38 9DA  
info@ashtonroberts.co.uk www.ashtonroberts.co.uk

---



**Saint John's Way  
Saint John's Business Estate  
Downham Market  
Norfolk  
PE38 0QQ**

**Easy access, ample on-site parking, dedicated sterile operating theatre, dedicated dental suite, separate dog and cat wards, isolation ward, all staff and facilities on one site, x-ray suite, in-house laboratory, ultrasound facilities, Pet Passport, export services and 24 hour nursing cover.**

**Many practices now use other veterinary surgeries for their out of hours work. This means that you will have to travel to an unfamiliar practice which is likely to be much further away. Despite being only a two vet. practice we continue to do all of our own on call cover. The phones are diverted directly to the vet on call as we know that clients appreciate a familiar voice at the end of the phone, 24 hours a day, who knows their pets and, if treatment is necessary, then they prefer to travel to their own practice to be seen. This is part of our Professional and Personal service that our existing clients are accustomed to and we warmly welcome new clients who wish to register with us.**

**Our surgery times are listed below. Please note that appointments are now necessary for all evening surgeries.**

**Open surgeries: Monday to Friday , 9-10am, Saturday 10-11.30am**

**All other consultations will be by appointment only  
so please ring in advance**

**[info@crossingsvets.co.uk](mailto:info@crossingsvets.co.uk)**

**01366 382219**

**[www.crossingsvets.co.uk](http://www.crossingsvets.co.uk)**