

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere; Boughton; Wereham

June 2022

Cover Illustration drawn by Mark Powell, Beachamwell ©

WELCOME



Hopefully you are still taking care and staying safe

Once again we would like to thank Alan for dealing with the adverts, Kevin for the website, Andrew and Liz for collecting and delivering to the villages, Limetree Printers for their super efficiency and everyone who has helped with G4N in any way - we do appreciate your continued support.

Happy Reading Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Deadline for copy for the July '22 edition:

11th June

ADVERTISING

Alan Pickering 16 Tinkers Way, Downham Market, PE38 9TQ

Tel: 07779 787499 or 01366 386125 e:mail: group4news@gmail.com

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WEBSITE

www.group4news.co.uk Kevin Fisher, Tel 01366 502224

FROM THE RECTORY

Dear Friends,

When this this copy of G4 lands on the mat, millions of Christians in 170 countries will be in the middle of a mass united prayer movement called Thy Kingdom Come, in which we pray between Ascension day on May 26th and Pentecost on June 5th for more of the people around us to find faith in God.

Why, you may ask, would we want to do that?

Well, there is a great deal of darkness in the world and within ourselves that needs pushing back.

In the back stories of many of those people praying will be words like,

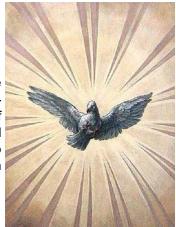
- "God made me whole"
- "Jesus freed me from my addiction"
- "finding God, I felt truly loved for the first time"
- "I was brought from despair to life"
- "my life was turned around"
- "I had everything but felt so empty inside"
- "It was my faith that got me through."

Those Christians, generally massively aware of their own failings, have found treasure beyond price which they want people around them to have too. And it is theirs for the asking, with no conditions attached.

As R S Thomas said in his poem 'The Kingdom' 'It's a long way off, but to get there
Takes no time and admission is free'

Pentecost Sunday, the great celebration of the birthday of the church, falls on the Jubilee Celebration weekend this year when there will be a lot of cake around (now there's a sign!) and special services in many of our churches. Peace and joy to you all, irrespective of all circumstances as we push back against the darkness.







Ukraine Refugee Support

This catastrophe has brought out the best in countless thousands of Europeans who are carrying out extraordinary acts of kindness and generosity and often extreme bravery over massive distances to help the people of Ukraine.

On a less epic scale but importantly, some refugee organisations such as Reset and the sanctuary foundation are working flat out to match potential hosts in this country with those who need hosts and hopefully some guests will arrive even in this rural corner of Norfolk.

It would be great to link up with any other people who are interested in this project; not necessarily to host, but who might be able to offer help to people trying to acclimatise to our local communities.

There will be plenty of paperwork to do with GPS, schools, bank accounts, and also helping hosts with introducing guests to life in our villages and local towns.

There is plenty of activity online of course and a look at some of the organisations who are at the heart of this huge effort such as Reset and the Sanctuary Foundation will produce useful information.

All the Best

Pippa

pippa.blackall@btinternet.com

FOOD FOR THOUGHT AS YOU WORK...

All things bright and beautiful, all creatures great and small, All things wise and wonderful, the Lord God made them all.

But what we never mention, though gardeners know it's true, Is when He made the goodies, He made the baddies too.

All things spray and swattable, disasters great and small, All things paraquatable, the Lord God made them all.

The greenfly on the roses, the maggots in the peas, Manure that fills our noses, He also gave us these.

The fungus on the gooseberries, the club root on the greens, The slugs that eat the lettuce and chew the aubergines.

The drought that kills the fuchsias, the frost that nips the buds, The rain that drowns the seedlings, the blight that hits the spuds.

The midges and mosquitoes, the nettles and the weeds, The pigeons in the green stuff, the sparrows on the seeds.

The fly that gets the carrots, the wasp that eats the plums, How black the gardener's outlook, though green may be his thumbs.

But still we gardeners labour, midst vegetables and flowers, And pray what hits our neighbours, will somehow bypass ours.

All things bright and beautiful, all creatures great and small, All things wise and wonderful, the Lord God made them all.

Plant three rows of Peas

Peas of mind, Peas of heart, Peas and quiet.

Plant five rows of Lettuce

Lettuce be kind, Lettuce us be patient, Lettuce us be faithful, Lettuce love one another, Lettuce pray.

Plant four rows of Squash

Squash gossip, Squash indifference, Squash selfishness, Squash prejudice.

Plant four rows of Thyme

Thyme for family, Thyme for friends, Thyme for each other, Thyme for ourselves.

Plant three rows of Turnips

Turnip for meetings, Turnip for appointments, Turnip to help a friend in need. Sow with care, water with patience and cultivate with love.

GIVE ME THE STRENGTH



TO WALK AWAY FROM STUPID
PEOPLE WITHOUT SLAPPING THEM

RECIPE PAGE

QUICK PORK CHOP SUEY

A light, quick meal that is ideal for hot days

3 British pork loin chops cut into bite sized pieces

Half a sweet white onion very roughly chopped and separated into bite sized pieces

- 6 8 medium chestnut mushrooms cut into bite sized pieces
- 1 red pepper cut into bite sized pieces
- 1 packet of bean sprouts

The zest and juice of a lemon

- 1 2 teaspoons of dark soy sauce
- 1 teaspoon of coconut oil

Heat up a large wok / sauté pan / large frying pan until it is close to smoking - keep the heat on high as this cooks really quickly

Add the coconut oil and the pork and brown on one side

Turn the pork and add the mushrooms, onion and pepper - cook until hot but still Crispy

Add the bean sprouts and the lemon zest and quickly stir through for no more than one minute

Add the soy sauce and stir through

Remove from the heat and squeeze on the lemon juice

Serve hot.

Geoff Siddons
1A Chestnut Walk
Beachamwell
Swaffham
PE37 8AZ

01366 328204 07597 912389



COUNTRYSIDE NOTES

The Wheelyboat Trust is a charitable organisation that enables wheelchair users, those with mobility issues and people of all ages who are otherwise disabled, along with their carers, to take part in water borne activities previously denied them. Their boats are based on various lakes, reservoirs, rivers, canals and some larger craft on inshore waters across the UK. More than 220 are stationed at various sites from South Uist in the Outer Hebrides to Cornwall.



Wheelyboats are designed to be used for pleasure boating, nature watching and fishing, additionally those with a top speed of 30mph can extend to power boating. Several designs of step free wheelchair accessible boats have been developed to suit different locations. They either take the form of mini landing crafts which work on a roll on/roll off principle or smaller ones which are designed for disabled people so they can fish either still waters or rivers. These are more of a conventional boat design which incorporates a hydraulic platform for easy access.

COUNTRYSIDE NOTES

I was invited recently to Blakeney for the launch of 'Poppy' one of the latest models - a top of the range Coulam V20 capable of negotiating inshore waters and the first to be powered by both electricity and petrol. £80,000 was raised through collaboration between the Royal British Legion's Blakeney, Cley and District branch, the Norfolk Charitable Trust and the Wheelyboat Trust to pay for her.

Poppy is the first Wheelyboat to be sited on the north Norfolk coast and will enable the disabled to view the wonderful scenery and wildlife, an experience previously impossible for them. Being out on the water in a boat offers a sense of freedom most of us take forgranted. The first Wheelyboat built was launched in 1985 and since then the charitable Trust has gone from strength to strength. The staff consists of two people, Andy Beadsley the Director and Paul Elgood who is Fundraising & Communications Manager. Andy is disabled himself and has been Director for the last 20 years. I have known him personally for 40 years and there could be no better person for the job. An accident when he was 17 left him paralysed from the chest down and confined to a wheelchair but he's let nothing stand in his way since. Unaccompanied, he drives himself all over the country and has even been known to deliver a boat on his own!

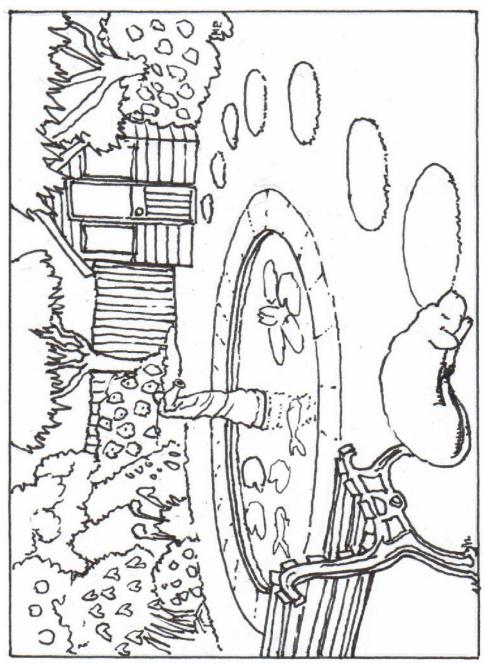
A large number of Wheelyboats are self-operated, all of those on fisheries for example, but a helmsman is provided for those like Blakeney's that are capable of powerboating. Operators set their own charges – some ask for a donation to help with the running costs while others operate on a more commercial footing and charge a set price.

In Norfolk they are available at Blackdyke Trout Fly Fishery, Hockwold, Sportsman's Staithe, Ormesby Broad, Fritton Lake and Country Park, Great Yarmouth and Norwich and District Pike Club, River Yare.

To book the new one at Blakeney tel 07785731804 or visit www.bcdrbl.com
For further details visit www.wheelyboats.org

Jill Mason (Barton Bendish)

CHILDREN'S PAGE



QUIZ PAGE

- 1. How many hairs are there on an average person's head?
- 2. Which is the USA's 'Mile High City'- Denver, Detroit, Nashville or Boston?
- 3. What is a trigamist?
- 4. What does poly in polyester and polyurethane mean?
- 5. In the game of shinty, what is a hail?
- 6. What's meant by the Latin phrase 'Semper Fidelis'?
- 7. During wartime, how were the Local Defence Volunteers better known?
- 8. "What would you do if I sang out of tune, would you stand up and walk out on me?" is the beginning of which well known song?
- 9. What's the difference between a dictionary and a thesaurus?
- 10. Who had hits with the songs [a] Daniel, [b] Alfie, [c] Ernie?
- 11. Is a farthingale a type of dance, a bird of prey, an old fashioned hooped skirt?
- 12. If the sun is at its zenith, where in the sky is it?
- 13. Which fruit grows on the opuntia cacti—prickly pear, kumquat or passion fruit?
- 14. What's a suspended sentence?
- 15. What do the Roman numerals MM stand for?
- 16. Who had the first number one hit- the Beatles or The Rolling Stones?
- 17. What was a Sopwith Camel?
- 18. Why do we say in the nick of time?
- 19. Fill in the blanks to make two words meaning calm SE___E
- 20. What word describes the act of wilfully giving false evidence in Court?

19. Serene & Sedate: 20. Perjury.

Answers: 1. Around 90,000 to 140,000: 2. Denver: 3. A person having three husbands or wives at once: 4. Many: 5. A goal: 6. Always faithful: 7. The Home Guard: 8. With a Little Help From My Friends: 9. A dictionary gives the meaning of words, a thesaurus gives alternative words of similar meaning: 10. [a] Elton John, [b] Cilla Black, [c] Benny Hill: 11. An old fashioned hooped skirt: 12. Directly above the observer's head: 13. Prickly pear: 14. The offender doesn't have to serve it unless they are in trouble again for the set period: 15. 2000: 16. The Beatles with 'From Me to You' in April 1963: 17. A fighter aircraft of the 1914-18 War. 18. Tally sticks were once marked with notches to keep sport scores and records of college and church attendance, payment of taxes etc:

MAGPIE CENTRE



Magpie Riders Fly High at Regional Competition

Disabled riders from throughout East Anglia gathered at the College of West Anglia's Milton campus on Sunday May 8 to contest the Riding for the Disabled Association (RDA) Regional Dressage competition.

Riders are grouped according to their level of disability, and of the West Norfolk Riding for

the Disabled team, based at the Magpie Centre, Wallington Hall, five of the six strong team placed first or second in their classes, and won through to the RDA National Championships, to be held at Hartpury College, near Gloucester, on July 15/17.

Seasoned competitors Michelle Alflatt and Aynsley Calvert, riding new mounts, Sully and Ava, respectively, both won their classes. Michelle piloted Sully to victory, with an excellent mark of 69.3%, while Aynsley won both his dressage class and the Countryside Challenge qualifier. This last is like a mounted obstacle course and, despite Ava stopping to peer at a cardboard hen, the pair achieved top marks.

Said Michelle: 'Sully was a very good girl, and I was delighted with my marks. I just hope we can consolidate this with a win at the Nationals.'

But competing at the Nationals doesn't come cheap, so, although the riders pay their own entry fees, plus travel and accommodation costs, West Norfolk RDA will need to foot the bill for horse transport and stabling, as well as staff transport and accommodation.

Watch this space to find out how you can help.

Entries are still open for the Charity Ride, scheduled for June 12, with routes of various lengths, around Wallington Hall estate. The shorter ride is even suitable for riders on lead rein, so, even if the ground remains hard, but you and your horse fancy a gentle saunter, off-road, in lovely surroundings, visit our website; www.rda-westnorfolk.org.uk for details of how to enter.

Looking further ahead, the Magpie Centre Craft Fair and Have A Go Dog Agility event, Saturday, June 25, has already attracted more than 40 stallholders! However, the more the merrier, as they say, so if you'd like to take a 3 metre wide pitch, at a cost of £10, just visit our website, as above, or call Jan on 07715 467866. The event runs 10.00 am to 4.00 pm, with set-up starting at 8.30 am. General admission is £2.00 for adults and free for under-16s. Well-behaved dogs on leads are welcome. Cost for Dog Agility is £2 per attempt. Bring your pooch and Have a Go!

Caroline Dudley c.dudley@success-in-english.co.uk or 01553 828935.



Reg Charity No. 1143390

Craft Fair & 'Have a Go' Dog Agility

Saturday 25th June

Refreshments served all day 10am-4pm

Magpie Centre

Wallington Hall, South Runcton, on the A10 PF330FP

Enquiries: 07715 467866

Well behaved dogs on lead welcome
Craft stalls are undercover in Indoor School
Free parking £2 entry Under 16's free
Dog Agility £2

THE WNAS' VISIT TO THE MARHAM HERITAGE CENTRE.



"I hope that was cleaned out before they brought it here!" "Why?"

"It's a Blue Danube, a nuclear bomb, didn't you know?"

Well, that's roughly how a conversation went between two members of the West Norfolk Aviation Society during an evening in May at Marham. My group was wending its way through a tour of the Heritage Centre, beginning at the First World War exhibits, moving through the WW2 artefacts and finally reaching the Cold War area.

Our guides had kindly given up their own time to explain to us what we were looking at. And very successful they were too. They described the aircraft which had flown from Marham airfield over a period in excess of a hundred years: the biplane fighters sparring with Zeppelins, the Mosquitos 25 years later and, the V Bombers and Tornados in more recent years.

But Bunny, formerly an RAF Armourer, and Ken, who used to fly as a Navigator, took particular care to recall the contributions made by other people involved: the aircrews of course, the engineers, the parachute packers, the armourers, the cooks and particularly the relatives of those who were in harm's way when on Active Service.

During the intermission Chris, our Chairman and also an ex armourer, produced refreshments: sandwiches and tea which he had previously made himself. Thank you, Sir!

Our sincerest thanks are due to those two chaps for a fascinating couple of hours which we would like to experience again (our memories are not as good as they were!); perhaps in a couple of years' time.

So, if you find yourself near Marham, check the museum's opening times on their website and spend an hour or two there. You will enjoy a very friendly welcome, a highly competent guide and, a lot to learn!

In the meantime, if you are interested in other subjects aeronautical, do peruse our website to see what we have to offer on the evening of the first Tuesday of each month in the Bowls Club at Mundford.

www.westnorfolkaviationsociety.org.uk

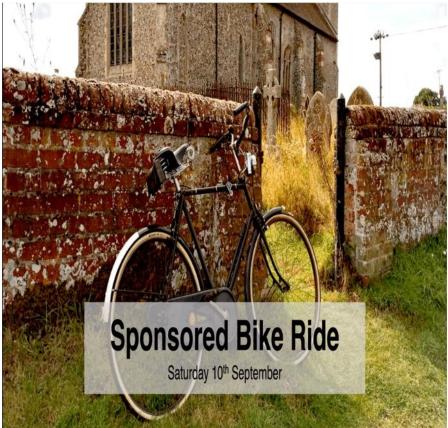
David Allen

DATE FOR YOUR DIARY

We would like to thank everyone who was involved in last year's Norfok Churches Trust Bike Ride. It turned out to be another fantastic year, with the event raising a staggering £130,156 for Norfolk Churches. 711 gallant people took to their bikes, laced up their walking or running shoes, braved the sea and used transport that included boats, horses, tandems, mobility scooters, cars and buses. We are pretty sure it must have been the biggest charity fund raising event in Norfolk last year? The event has now raised more that £4 million for Norfolk Churches since its inception in 1983!

We want to stress that it is a really good way for people to have some fun exploring Norfolk's magnificent churches, taking some exercise and raising money for your local church and the Norfolk Churches Trust. A new Norfolk Churches Trust website has gone live which will make the whole process of registering easier and finding out how to take part.

https://norfolkchurchestrust.org.uk/bike-ride/



Every minute, six people over 65 suffer a fal/

We're here to help.

To find out more, call us on 01553 616200 or visit www.careline-cs.org.uk



Careline COMMUNEY SERVICE



Care & Repair





1570 97 394N



Tel: 01553 616200 www.asklily.org.uk

Helping adults in west Norfolk get involved in their community







makes

Lily Has Changed!

From 1 July 2018, our Lily service expanded to include everyone over 18, not just those in later years.

Lily provides a comprehensive range of support in West Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities.

The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch asklily.org.uk

Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.

Lily has a strong focus on community development, by helping groups to arrange activities and encouraging volunteering, and by providing community events, onsite information sessions, and support for employers, schools, and colleges.

If you, or anyone you know, would like to know how Lily can help, call 01553 616200 and choose option 6.

Free Home Assessments on Offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

To book an appointment call the Careline Community Team on 01553 760671

COULD YOU HELP A YOUNG PERSON WITH A DISABILITY TO THINK ABOUT THEIR FUTURE?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact:

Vicki Howling, the project co-ordinator for an informal chat.

Telephone 01366 386972 or 07926 044845

Email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.



CSV, 237 Pentonville Road, London, N1 9NJ

Find out more at www.csv.org.uk

Like CSV UK' on Facebook: www.facebook.com/CSVUK
Follow @CSV_UK' on Twitter: www.twitter.com/@CSV UK





The ideal start
for your child's
educational
journey.

Contact us to find out more on

01366 34,7260 or office@stmartin.norfolk.sch.



d hours
igible 3
year olds.

Experienced, well qualified staff in a primary setting. 15 and 30
funded hours
for eligible 3
and 4 year olds.





available Martin Shouldh Primary Ao

Barton Bendish Community Library and Second Hand Bookshop



Open every day 10am – 4pm St Andrew's Church PE33 9GF

Everyone, including people from surrounding villages, welcome to borrow or buy books

Beachamwell

Creative Writing Group



Meets every second Monday Afternoon

2.30pm

Everyone with an interest in putting pen to paper welcome.

Enquiries: 01366 328895 or james@jamesknoxwhittet.plus.com

Beachamwell Wednesday Walkers

Not sure where the footpaths are? Come, walk and explore with us.

We meet at the Village Hall 10.00 a.m.

First Wednesday of the month.

Walks are free, lasting between one-and-a-half and two hours.

All are welcome (dogs too but they must be kept on leads at all times)

Further details from 01366 328452.

Wereham

ZUMBA

Every Wednesday and Friday mornings 9.30am to 10.30am Strength, Stretch, and relax Friday's 11:00am to 12:00pm Seated Fitness 12:15pm to 1:15pm contact Domonique 07769 341680

Cash Bingo Every Wednesday Doors open at 6.30 Eyes down at 7.30

Café open before and during the break

Weekly prize money and jackpot Call Diane on 01366 500798

Wereham

CAR BOOT AND CAFE

Car Boot Sale will be on Sunday 24th April from 8.00am to 1pm

Cafe open from 8am for hot breakfast rolls, snacks, and drinks.

£5.00 a pitch to book indoor/ outdoor pitch, call, or text Phillip on 07759 033492

SHORT MAT BOWLS

Every Thursday 2pm until 4pm for further details contact Phillip on 01366 501330

Wereham

YOGA with Amy

Mondays 9.30am to 10.30am contact norfolkyoga@yahoo.co.uk

DODGEBALL

Every Thursday 4.30- 5.30 age 5 upwards contact ICS Coaching 07765601690

PILATES

Every Tuesday 9:30 to 10:30 contact Christine 07796 102677

POP UP CAFÉ

1st Tuesday of Month 10:45/13:00 Contact Doreen 01366 500218

Wereham Hilgay Silver Band Concert

'The Best of British' Music'

Friday 3rd June 3.30 - 5.30

Village Duck Pond

Wereham Big Fun Day

Saturday 4th June
12 noon until it's
done.....
Village Hall and
Playing Field

Lots of events to enjoy and take part in.
Enquiries Village Hall Committee



FINCHAM CHORUS

present



For Her Majesty's Platinum Jubilee A musical celebration of Her

reign
Saturday 4th June 7.30
Fincham Memorial Hall
Entrance £5 (including
refreshments) Pay on entry
Proceeds to Fincham Memorial
Hall improvements

Beachamwell Book Group

Tuesday 7th June 7.30 Beachamwell Village Hall

Book to be discussed over a glass of wine

'The Chalk Pit

Elly Griffiths

New members welcome Enquiries: 01366 328960

Boughton

OPEN GARDENS

June 12th
12 noon - 5.00
Lunches in the church space
Teas
Meet the Alpacas
Plants and garden related
items for sale
Tombola

In aid of All Saints' Church Registered Charity Number 245456



Enquiries: 01366 500 429

Beachamwell

Afternoon Tea and a Chat.....'

Wednesday
June 15th

2 - 4pm

Memorial Hall



Enquiries: 01366 328108

Beachamwell Pop Up Pub



Friday 17th June 7.30pm Last orders 10.45

Beachamwell Memorial Hall

Enquiries: 01366 328892

Wereham

OPEN GARDENS June 19th 12 noon - 5.00

Maps bought at the Church £5 per person. Accompanied children free.

Lunches and Teas in the Village hall All proceeds towards the upkeep of our beautiful Grade 2 listed Church of St Margaret.

Enquiries: 01366 500233



Barton Bendish

OPEN GARDENS

June 26th 11.00 – 5.00

Morning Coffee, Ploughman's Lunches and afternoon Teas In the Village hall Tickets £5 - children free

In aid of St Andrew's Church
PE33 9GF

See page ? For more details Enquiries: 01366 347 549



Barton Bendish



Pop Up Café

July 20th 12 noon - 4.00 Village Hall

Drop by for lunch or afternoon tea and have a chat with friends! Everyone welcome -no need to book

bartonbendishevents@gmail.com

VOLUNTARY NORFOLK

VOLUNTARY NORFOLK

SUPPORTING VOLUNTEERS AND COMMUNITIES FOR OVER 50 YEARS

50

Voluntary Norfolk is looking for volunteers to support the NHS and vulnerable people needing extra help in the community. We have a wide variety of volunteer opportunities and are happy to work with you to find the volunteering role that is right for you, fits your interests, skills, location and availability.

Current volunteer vacancies, include supporting carers and the people they care for; volunteer drivers to assist patients in accessing key healthcare appointments; meet and greet, admin support and stock room roles in community hospitals and GP surgeries; marshals and administration roles at Covid vaccination centres; volunteers to help people with a newly diagnosed long term condition achieve health goals and improve their quality of life; volunteers to help clients use smart phones and computers to connect with family and friends and, of course, telephone befrienders to reduce isolation and loneliness.

All our volunteers are friendly, approachable, have a sympathetic manner, good communication skills, and are determined to help and support others living in Norfolk.

If you would like to have a conversation about the volunteering opportunities available at Voluntary Norfolk, please get in touch.

- 1. Email us at volunteering@voluntarynorfolk.org.uk providing your preferred contact information
- 2. phone 07385 378740 and speak to a volunteer coordinator or leave us a message,
- 3. fill in the volunteer registration form for the relevant service you are interested in via this link: https://www.voluntarynorfolk.org.uk/home-2/register-to-volunteer-2/

We look forward to hearing from you and thank you for your help.

Nar Valley Ornithological Society (NarVOS)

Wednesday 29th June at 7.30 Indoor meeting at the Assembly Rooms, 1 Market Place, Swaffham, PE37 7AB.

More info at www.narvos.org.uk

Our June meeting is always more of a Social Evening.

There will be a short introductory talk by John Fuller entitled

"Amarelo, Verde and Azul- The Colours of Brazil" showing the colourful birds and wildlife of the Pantanal, the largest wetland in the world.

This month refreshments will be free of charge. Please come along, relax and circulate. You can also view a variety of natural history interests, books, artwork, etc., brought along by members. This is a good chance to chat to friends and learn more about NarVOS events.

Visitors most welcome. Admission £4 on the night; free to NarVOS members.

Enquiries: 01760 724092. or go to www.narvos.org.uk



Open Monday - Friday 10 - 4

Saturday 10 -1

Howard Carter and his Discovery of Tutankhamun Tomb

(upgraded this year)

Local History Archaeology

Admission charge £3 Adults / £1 Child over 5 / Family of 4 £7

Town Hall 4 London Street, Swaffham PE37 7DQ Tel: 01760 721230

www.swaffhammuseum.co.uk_for updated information

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Green Shoots

"It does not matter how slowly you go as long as you do not stop." Confucius Since the long virtual shutdown of the Covid years (will they come to be called that?) It's been clear that we all need to get used to living with each other again. It is clear that a surprising number of people will never again fancy journeys to work on public transport, sharing an office, meeting for a night in the pub or being a member of a club. We have to hope that, in time, these attitudes will change and some green shoots of recovery can already be seen.

Our first pop up café was a massive success and our second one on May 4th was never going to match the popularity of the first. Novelty is a powerful attraction. Nonetheless, something like fifty people attended this time, which was excellent. A cheque for £120 was sent to Leeway, the charity selected to benefit from this event. These cafes are a marvellous opportunity to speak to people who we don't see very often. I know, having spoken to a lot of people that many of them really appreciate the opportunity to spend time with others . I'm already looking forward to the next one in July.

Numbers for the Barton Bendish Breakfast Club, which meets at the Bedingfeld on the first Friday of each month, have settled to around a dozen, some of whom are regulars. For a flat cost of £12 breakfasters are well fed and guaranteed lively conversation, a good start to any weekend. The next one will be on the 2nd of June and will be closely followed by our Platinum Jubilee celebration on the 4th. Obviously, Open Gardens and the Arts and Crafts weekend are the highlights of Barton's year but the myriad of smaller ones are essential to the quality of our communal life.

Social media has made it much easier to publicise local events and I was delighted to see a post on the Friends of Barton Bendish Facebook group that the Bone Mill at Narborough was open to visitors on the 7th and 8th of May. One of my favourite walks takes me along the Nar and I have often wanted a close look at it. The huge wheel was turning, refreshments were available and dedicated volunteers were on hand to tell us about the years of hard work which have gone into making the mill the attraction it is. Well worth a visit.

I still have hopes of arranging a regular drop in session at the Village Hall but I would need more volunteers than I currently have to make it feasible. It's important to have a rota of people to help so that it doesn't become too much of a burden. If you might be interested in lending a hand, let me know. As the politicians never tire of saying, "We're in this together."

Andrew Stephen

Look to the Sky June 2nd

Part of the Queen's Platinum Jubilee celebrations includes a fly past on Thursday June 2nd and the planes involved will be in the vicinity of Marham between noon and 1.30pm providing local villages with their own exclusive aerial display.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Weather permitting there will be a rehearsal May 24th (otherwise 26th or 27th) between approx 11.25am and 1.0pm so there is a chance of seeing them twice!!

Celebrating the Queen's Platinum Jubilee - June 4th

Barton will be celebrating the Queen's Platinum Jubilee on Saturday June 4th in two ways. A short service of celebration will take place in St Andrew's Church at 5pm. This will be followed afterwards at 6pm with a 'bring and share' picnic for all the village at the Village Hall. Tea/coffee and soft drinks will be provided but please bring your own booze.

Everyone is welcome and there is no charge but Linda and Mhari would appreciate being notified of numbers and what in the way of food will be contributed.

National Garden Scheme - Barton Bendish Hall - Sunday June 5th

The Walled Garden at Barton Bendish Hall is opening again this year on Sunday the 5th of June. This will be the second time the garden has been opened under this NGS and we are looking for volunteers who might be able to help with parking and refreshments. The garden is to be open from 11am until 5pm and if you can help for 2 hours or more please let me know. Mhari – 01366 347849

Barton Bendish Village Hall Trust – Annual AGM Weds 15th June 2022, 7:30 pm, Barton Bendish Village Hall.

The Hall is run by a registered charitable trust who will be holding their Annual General meeting in the Village Hall. This meeting is open to all parishioners of Barton Bendish and Eastmoor and all are welcome. Come and find out more about the hall, offer comment, or seek answers to any questions you may have. We would love to see you.

Chris Parsons

Trustee (Secretary), Barton Bendish Village Hall Trust

Village Open Gardens - Sunday June 26th - Open Gardens Approaches.

Barton Needs You! A timely reminder that this ever popular event returns on June 26th, from 11am to 5pm. Among a host of attractions, historic St Mary's Church will be open, as well as the very impressive gardens of Barton Bendish Hall. The Village Hall will be providing Morning Coffees, Ploughman's Lunches (from noon) and Afternoon Teas (from 2.30pm). In addition, there will be a Pimms tent, an exhibition of classic cars, a children's trail, a raffle, a plant stall and a cake stall. Visit the Community Library and Second Hand Bookshop in St Andrew's Church. Admission is £5 and is free to children. Tickets are available at St Andrew's, which will benefit from the proceeds of the day.

Anyone who would like to exhibit their vintage car should contact Janice on 01366 347983.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

We are keen for as many volunteers as possible to agree to open their gardens and stress once more that the gesture is one which reflects hospitality. Our visitors don't expect to see show gardens but they are interested to see what goes on in our lovely village. Anyone willing to open their gardens should contact Liz, Mhari or Linda of the PCC. We would appreciate any donations of cakes or plants to sell. We also need volunteers on the day to help in the Village Hall or to sell tickets and raffle tickets. If you only have an hour to spare, we would appreciate it. As you can see, there is a lot going on.

Open Gardens is for all of us. Do join in!

Contact Mhari - 01366 347849 or Linda - 347563 or Liz - 347549

Update from Barton Bendish Parish Council

Community Infrastructure Levy funds. The Parish Council is now considering some of the options which have already been put forward, but we are still looking for more suggestions from residents on how we can spend the Community Infrastructure Levy payment from the Borough Council of £2356.65. There are limitations on how this money can be used as it must be on a project or projects which is for the benefit of the community. If you can think of something that you feel we should consider, please get in touch with the Clerk. Flexibus+

The Swaffham flexibus+ has now launched and is working well. You can travel on this service 7am to 7pm, Monday to Saturday.

You can use the flexibus+ app to:

Book your journey on the Swaffham flexibus+

Pay for your journey

Get real-time updates - so you can see exactly when the bus will arrive at your stop

If you are not able to use the flexibus+ app, you can contact 01760 305022 (6am to 7pm, Monday to Saturday) to request a journey.

You can book from 2 weeks in advance of your journey up to 5 minutes before you want to be picked up

The flexibus+ is a Norfolk County Council service delivered in partnership with Vectare Ltd and Via. Further information will be available in due course, including on the NCC website and with Vectare, the service operator.

The date of the next meeting will be on Wednesday 13 July 2022 at 7.30pm in Barton Bendish Village Hall. All meetings are open to the public to attend.

Helen Carrier, Parish Clerk

Telephone number: 01945 430930

Email: bartonbendishparishcouncil@aol.co.uk

Further information is available on the Parish Council website at bartonbendishparishcouncil.norfolkparishes.gov.uk

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Forthcoming Events

July

Wednesday 20th Pop Up Café 12-4pm

September 17th & 18th

Art & Craft Exhibition 10-5pm

November

Remembrance Service 10.45am

Sunday 13th 24th, 25th & 26th Wreath Making Workshops

December Saturday 17th Victorian Evening 6pm

Pre internet chat room using An old version of windows...



Tribute to Tom Sanderson



Tom was born in Beachamwell and grew up here. After studying at Harper Adams Agricultural College, he then managed Essex Showground followed by a shooting school in West Wycombe before returning to St John's Farm. He and Caroline married in 1999, living at Boughton 'til 2002 and then at St

He and Caroline married in 1999, living at Boughton 'til 2002 and then at St John's Farm.

Tom had a no nonsense approach. He gave a lot of his time and energy to Beachamwell village, serving on the Parish council with tact, firmness and above all a great sense of humour, and together with Caroline organized many village activities – barn dances , pop up pub, bonfire night parties to name a few. His enthusiasm could get any party started and he included everyone in the fun. Tom showed kindness and generosity to many, often in less visible ways.

We would like to thank everyone who has sent cards and have given practical support to us as a family during this sad time.

Jane Hardy and Deborah Kennedy (Tom's Sisters)

MAX

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

Monday and Thursday 13.00 – 13.15: Tuesday and Wednesday 11.10 – 11.30

Parish Council

Due to the tragic circumstances of Tom's death, we have had to elect a new



Chairman. At the 16th May Meeting, Richard James was duly elected and took over the meeting. He paid tribute to Tom's firm but fair handling of meetings, expert local knowledge and practical help when it was needed. We then had a minutes silence to remember our friend Tom.

The meeting proceeded with Diana Lambert being elected as Vice Chair, Pat O'Donnell is the other member of the Council at present.

A member of the public has expressed an interest in joining and will probably be co-opted at the next meeting. The council currently has several vacancies for councillors. If you are interested in becoming a councillor please send a letter to the parish council clerk outlining why you feel you are suitable for the role. The council can then consider filling a vacancy at the next meeting by means of co-option. If you would like more information then please do get in touch with the clerk. The role of a parish councillor is a voluntary role, although expenses may be claimed at the approval of the council. As a councillor you will be representing the interests of residents and you should adhere to the councils adopted code of conduct. As a councillor you will be expected to attend six meetings a year, usually held on the second Monday of every other month at 7.30pm at the Memorial Hall. Training is available to all councillors, however you will be working as part of a

friendly, experienced team, so full support will be given. Date for the next Parish Council meeting is Monday 11th July. It will be held in Beachamwell Memorial Hall, starting at 7.30pm.

Mrs Claire Prentice (Clerk to the Council): 07591 220390

beachamwellparishcouncil@gmail.com

Councillors:

Cllr. Richard James (Chair) 01366 328968 rjj1james@gmail.com

Cllr. Diana Lambert (Vice Chair) 01366 328227

Cllr. Pat O'Donnell 01366 328385

Snap Meetings [Swaffham Safer Neighbourhood Team]

Forthcoming dates are 5th July and 11th October at 7.00 in Swaffham Town Hall.

PC Button and PC Johnson (Beat Managers)

St. Mary's Church

Friends of St Mary's Church Thank you to everyone who completed the



questionnaire about the future vision for St Mary's. We had 93 replies most of which confirmed a wish to have the building restored but with an interesting range of suggestions and ideas. The analysis of the results will take place at the village meeting on the 27 May which will have taken place by the time you read this. It was pleasing to see so

many residents wished to attend and take part in the discussions. A report of that meeting will be in the next G4N but if you wish to have the analysis sent to you by email please e-mail me on pegnblue@gmail.com and I can send it to you. The results of the questionnaire and the outcome of the village meeting will inform the PCC in terms of the details of the restoration.

Another big thank you to Eileen, Peggy E, John, Colin, Mark, Olwyn and the



Village Hall Committee for all the help and for the use of the hall for the very successful concert which took place on the 6th May to raise funds for the church. The Maggini Quartet generously gave their time and talents to perform what sounded like a wonderful evening of music. They also generously donated their own donations towards the FOSM

fund. The concert raised an amazing £1662 and the Quartet have said they would love to come back in the future.

The actual work to stabilise and secure the building itself pending the beginning of the restoration work is progressing even though not much progress is obvious on the ground. Before long there will be a tin roof over the top of the walls pending future work. We will try and keep you all informed.

Thank you all for your support.

Peggy Ray (Chair Friends of St Mary's)

Parochial Church Council

It has been four long months since we lost our church in the devastating fire and the preliminary investigations and specifications for phase one of the contract (clearing and structural stabilisation works) are nearing the end.

Preparation of the tender documents by the appointed project management company has been a slow and complicated process, involving consultation and

approval of several professional bodies and the involvement of various specialists in order to ensure full compliance with the prescribed procedures, which apply to such old buildings of special interest.

The new PCC has recently held a meeting with the project manager and we've been informed that the first phase of works is likely to commence by the early summer, with the intention to have the temporary roof covering over the whole extent of the remains before the winter sets in. It was explained to us that, due to the specialist nature of this type of clearance and debris recovery, the progress is usually very slow as every attempt is made to carefully examine the remains and try to preserve and restore any valuable artefacts, memorials and parts of the built in features.

Once the first phase of works draws close to completion we will be asked to specify what are our final proposals for the re-building of the church. The outcomes from the recent questionnaire and the public consultation meeting discussions will help inform the PCC of the local residents' wishes for the future of our church and the overall scope of the redevelopment. The final proposal will be also influenced by any funding limitations that might be applied by our insurers, so any proposed modernisation / improvements within the new building, apart from those stipulated by the current building regulations, might require further fund-raising activities within our community, with the help of 'Friends of St Mary's'.

In the meantime, we will continue to hold our monthly 'Church on the Green' services on the first Saturday, starting at 11 am. We hope you can come along and join us in our prayers for the safe future of our special little church.

Vesna Hudson (on behalf of PCC)

Beachamwell Wednesday Walkers



Wednesday, 2nd March, saw the 'Walkers' set off from the Memorial Hall on a dank, grey and drizzly morning. It was ten brave souls who trudged across the fields by the ruins of St. John's to the Green Drove and on to the footpaths of Barton Bendish. Although the mud and puddles were something to behold and to negotiate, we remembered that this was only the third walk in poor weather since we began exploring in 2012.

The wildlife did its best to cheer: snowdrops en masse, excellent views of brown hares,

yellowhammers and a red kite, AND the hawthorn was coming into leaf. The far most point of the walk was St Mary's Glebe, a couple of barns on land once farmed for the rector of St Mary's in Barton Bendish as tithes. We returned home via Murgot's Lane having walked just under four and a half miles. Hopefully, next month on Wednesday, 6th April, the sun will shine on us as we explore public rights of way towards Eastmoor. (There will be stiles.) You are all very welcome join us. The Wednesday Walkers leave the Memorial Hall at 10.00 am and hope to be back by noon.

Sue Pennell

Forthcoming events to which you are welcome to join in Beachamwell Book Group

Tuesday, June 7th at 7.30 in the Memorial Hall.

Book we will be discussing is 'The Chalk Pit by Elly Griffiths.

Enquiries: 01366 328960

Tea and Chat

Remember, on the 3rd Wednesday of each month, Gaye Patterson very kindly organises a thoroughly enjoyable 'Tea and Cakes'. Everyone is welcome so if you haven't yet managed to get there do try to do so – you won't regret it. It is a lovely way to catch up and meet with people

Pop up Pubs

3rd Friday of the month - All start at 7.30pm with last orders at 10.45pm

Memorial Hall



Trustees

Chair: Peter Garner Vice Chair: Colin Friend Secretary: Ann Whittet-

Friend

Knox

Bookings Secretary:

Cathy 07818453323 Allan Butler

Anan Butter

Committee Mark Lusby Tim Hudson Graham Hood

Jackie Hood

Memorial Hall

Hot of the press. Wi-Fi is coming to the Hall and should be up and running by the end of May. At last! Work is continuing on the website and the committee is very grateful to Justin Seals for his support with this.

Volunteers are very much wanted (and needed) for the Fete on Sunday September 4th particularly to run the following:-

- Name the Rose
- Bowl for a Pig
- Hook a Duck

We also need bar staff. We have a "manager" but ideally would like a team of 4 and even better 6.

If you are interested in helping with any of the above in particular, or just to help generally, please contact 07818453323.

If you would like a stall please use the above number and a booking form can be supplied.

Raffle and tombola prizes are needed too. These can be dropped off at 15 All Saints Way at anytime. Please attach your name to the bag. Many thanks in advance.

The Fete is held biannually and is the main fund raiser for the Memorial Hall. It is a fun day. The dog show is always popular and this year we are hoping to bring back the Clay Pigeon Shoot and introduce a Dog Scurry. Hopefully there is something to suit all tastes and have a bit of fun too whilst raising money.



The Big Lunch to celebrate the Platinum Jubilee takes place on Sunday 5th June from 12 midday. The Hall is ready - are you? Burgers and sausages will be available for £1 each. Please bring your own chairs and rugs. Thanks to Peter Wilkinson's (our District Councillor) encouragement to apply, the Hall was lucky enough to receive a grant for this lunch, so please come along. There will be a pop up pub so no

need to worry about liquid refreshment!!

Pop up pubs continue on the 3rd Friday of each month. 7pm start.

Any queries please contact Cathy Friend 07818453323 or 01366 328892

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS

DATE	VILLAGE	LOCATION	TIME
Tues 14 June	Barton Bendish	Hatherley Gardens	11:10 am
Tues 14 June	Beachamwell	Old Post Office	09:45 am
Tues 21 June	Drymere	Telephone Kiosk	09:45 am
Tues 14 June	Boughton	Mill Road	10:45 am
Friday 10 June	Wereham	Queen's Close	12.25 am
		Village Hall	12:45 am

For services to all 'Group 4' villages ring Mobile Library Information on 01362 693184 (Barton, Beachamwell, Boughton & Drymere) or 01366 383073 (Wereham) or look at the website - https://www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-library-routes-and-timetables

MARKETS - Farmers' and Indoor

Ely (Farmers')	Second and Fourth Saturday each month 8.00am to		
	2.00pm		
Fakenham (Farmers')	Fourth Saturday each month 8.30am to 12.00pm		
Kings Lynn (Farmers')	Second and Fourth Saturday each month		
Swaffham (Indoor)	Every Friday 9.00am to 1.00pm		
Wisbech (Farmers')	Alternate Fridays 8.30am to 2.00pm		

For information:- www.farmersmarkets.net or your local Tourist Information Office. Check to see if they are actually taking place.

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Mary Simons	01366 347 790	
Beachamwell	Cathy Friend	01366 328892	
Boughton	Pam Wakeling	01366 500429	
Wereham	Angie, Lyn or Sara	07497 430005.	weekdays 10 - 3
	www.werehamvillage	hall.co.uk/ hallhire	Anytime

CHURCHWARDENS AND CONTACTS

WISSEY VALLEY GROUP

Barton Bendish:	Mhari Blanchfield	01366 347 849
	Linda Webster	01366 347 563
Beachamwell	Peter Berendt	01366 328 779
	Vesna Hudson	07854 261 273
Boughton:	Pam Wakeling	01366 500 429
Methwold	Alan Burbridge	01366 727 002
West Dereham	Graeme Pressley	01366 501 179
Wereham:	Sheila Smith	01366 858 165
Whittington	Susan Smith	07849 157 080
Wretton	Anita Horgan	01366 500 785
Whittington & Wretton	Elaine Taylor	01366 500 948

PRIORY GROUP

Fincham	Cathy O'Brien	01366 347279
Marham	Philip Fay	01760 444199
	Glenda Jayes	01760 339688
Shouldham	Brian & Ann Hullah	01366 347814
Shouldham Thorpe	Gordon Reid	01366 347253



ONLINE SERVICES IN JUNE

Online Zoom services (Service of the Word) are due to take place every Sunday at 6.30pm

Link - https://bit.ly/WisseyValleySunday Services

Latest details may be found on the Wissey Valley Facebook group at: https://www.facebook.com/groups/205146954071877/

JUNE CHURCH SERVICES PRIORY GROUP

Sunday	, 5 June	Pentecost
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09:30	Runcton Holme	Holy Communion
10:00	Shouldham	Morning Prayer
11:00	Watlington	Morning Prayer
11:00	Marham	Holy Communion
18:00	Fincham	Jubilee Evensong
18:00	Online & Phone	Evening Prayer

Sunday, 12 June Trinity

09:30	Shouldham Thorpe	Holy Communion
09.50	Shouldhain Thorpe	•
11:00	Fincham	Morning Prayer
11:00	Stowbridge	Holy Communion
11:00	Watlington	Holy Communion
18:00	Online & Phone	Evening Prayer

Sunday, 19 June Trinity

09:30	Wormegay	Holy Communion
11:00	Marham	Holy Communion
11:00	Shouldham	Holy Communion
11:00	Watlington	Holy Communion
18:00	Online	Evening Prayer

Sunday, 26 June

Juliuay, 20 c	Julie	
09:30	Fincham	Holy Communion - BCP
11.00	Tottenhill	Holy Communion
11:00	Watlington	Morning Prayer
11:00	Wimbotsham	Holy Communion - @ Stow Bardolph
18:00	Online & Phone	Evening Prayer

Midweek Services

Watlington

Wednesdays 10:00 Morning Prayer (BC)

Thursday, 2 June

10:00 Runcton Holme (Holy Communion)

Thursday, 9 June

JUNE CHURCH SERVICES WISSEY VALLEY GROUP

Sunday 5 June Pentecost

9.30	Whittington	Benefice Pentecost Service -Ian Mack
9.30	Methwold	Jubilee Service – Burman
11.00	Wereham	Jubilee Service – Pippa Blackall
11.00	Stoke Ferry	Jubilee Service – Tony Mills
4.00	Wretton	Jubilee Service – Ian Mack

Sunday June 12th Trinity Sunday

9.30 am	Whittington	Service of the Word – Tony Mills
9.30 am	West Dereham	Holy Communion – TBA
9,30 am	Methwold	Service of the Word – Diane Mantle

Third Sunday June 19th Trinity 1

9.30 am Methwold

		, -
9.30 am	West Dereham	Service of the Word – Michael Poole
9.30 am	Wretton	Holy Communion -lan Mack

Holy Communion - Burman

Fourth Sunday June 26th Trinity 2

9.30 am	Methwold	Morning Worship – Tony Mills
9.30 am	West Dereham	Morning Worship – Janet Tanton
9.30 am	Whittington	Holy Communion – Ian Mack
11.00 am	Boughton	Holy Communion – Ian Mack

Every Sunday 6.30 pm online service

Midweek Services

Saturday 4 th June 2-3	West Dereham	Church Cre8
Tuesdays 5.30	Methwold	Evening Prayer
Wednesdays 9.00	Wretton with Stoke Ferry	Morning Prayer
Thursdays 8.30	Methwold	Morning Prayer
Thursdays 9.00	Wretton with Stoke Ferry	HC



West Norfolk Community Transport provides door to door transport for the local community allowing access to the market towns for medical appointments, shopping or visiting friends.

Village	Day	Destination	Price	With Concessionary Pass	Office
Barton Bendish	Tuesday	Swaffham	£5.50	£4.00	Swaffham
Beachamwell	Tuesday	Swaffham	£5.50	£4.00	Swaffham
Boughton	Tuesday	Downham Market	£5.50		Kings Lynn
Drymere	Tuesday	Swaffham	£4.50	£3.00	Swaffham
Wereham	Tuesday	Downham Market	£4.50		Kings Lynn

You need to be a member and you must pre-book your seat.

For more information please call

Kings Lynn - 01553 776971

Swaffham - 01760 720906

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	See notice below		
	Tuesday 10.00	Dial a Bus from	Swaffham
	Friday 10.00	your door	Downham Market
Beachamwell	Saturday 10.00	Swaffham Flyer Service bus from The Church	Swaffham
Boughton	Tuesday 10.00	Dial a Bus from your door	Downham Market
	Tuesday,	Dial a Bus from	Downham Market
	Thursday and	your door	
Wereham	Friday 10.00	Dial a Rus from	King's Lypp
	Wednesday	Dial a Bus from	King's Lynn
	10.00	your door	

Traveline 0871 200 22 33 or (www.traveline.info) Calls cost 12p per minute Anyone with a health appointment can ring WNCS anytime Monday to Friday in office hours, for a lift with volunteer drivers, on 01553 776971/01760 720906. The cost will be advised, usually 45p per mile Well Being Community Car for all Villages call 01553 776971



WEST NORFOLK/SWAFFHAM COMMUNITY TRANSPORT

We currently provide a dial-a-bus service for Barton Bendish residents:

Every Friday into Downham Marketfrom the following areas: Barton Bendish, Foulden, Oxborough, Drymere, Gooderstone and Cockley Cley

Start time approximately 10.15am: Return time approximately 1.30pm

Cost £5.00 or £3.00 for Members with a Concessionary Pass

Please call the Swaffham Dial-A-Bus weekdays during office hours on **01760 720906** for further information/bookings

BOUGHTON VILLAGE NEWS

On Tuesday 3rd May the Annual Parish Meeting was held - a meeting specifically for residents (it's not a council meeting). Sadly not a single resident attended. This is a pity as it is an opportunity for residents to have their say and the council uses the outcome to guide its policy for the coming year. The minutes of the meeting containing reports from the Chair and Fen Committee will be made available on the council website.

Also on 3rd May, the annual meeting of the parish council was held. We received our annual audit results and ratified our annual return. The RFO/Clerk reported that the income and expenditure had closely followed the budget and ear-marked reserves for future planned expenditure were on target. Councillor roles and responsibilities remain the same and I will be continuing as Chair for another year.

At the Parish Council meeting it was resolved not to further pursue the installation of dog waste bins at this time. We are still awaiting highways to add a "SLOW" marking the corner of Stoke Road. We are actively opposing a planning application for a holiday site neighbouring Boughton Fen having concerns about the potential effects on our Site of Special Scientific Interest

On Thursday 2nd June at 2pm we will be dedicating the Boughton Queen's Platinum Jubilee Tree on The Green and unveiling a commemorative plaque. Residents are welcome to join.

Neil Matthew, chair.boughtonpc@gmail.co

boughtonparishcouncil.norfolkparishes.gov.uk@boughtonpc

Boughton Fen

The past year has been successful in several ways.

We have had a number of new volunteers offering their time – several of whom had discovered the fen during the Covid restrictions, and wanted to help, as well as a new resident in the village with a keen interest in bird watching. It has been a pleasure to welcome new helpers to our working parties, all of whom have been happy to muck in with whatever tasks came to hand.

In addition to this, two canoeists contacted me to enquire if they could assist with a water born litter pick. They had done this on other watercourses elsewhere, and had all the necessary documentation to launch their canoe. They kindly came at the beginning of April and collected three bags of rubbish and other larger debris from the river banks.

Harrier numbers are high, with sightings of up to ten at a time, and evidence of nesting was established, whilst ringing tawny owl chicks. Our bird of prey ringer was able to ring three chicks and, after a suitable time period, was able to arrange to have the growing birds wing-tagged. This is not an opportunity that presents itself very often, so was something of an achievement for the bird recorders.

Working parties have all gone well, with most of the work required being carried out by volunteers. Due to the scale of the work required to repair the boardwalk,

BOUGHTON VILLAGE NEWS

we are currently making enquiries for having at least some of this done by a contractor.

Our reed/grass cutter has successfully kept the path mown, and completed the late summer cut as required by Natural England. This cutting has to be done sequentially across the non-reed areas, and records kept as to their locations every year. He has also managed quite a decent reed cut for the first time in three years. Unfortunately, the quality of the reed was so poor that he could not bale it as he usually does, enabling us to burn it. It shattered into brash, so he collected up most of it with another machine, leaving a large area covered in only the fine debris, ready to be raked up by hand at a working party.

We were invited to enter the CPRE Norfolk awards, so made the appropriate submission.

We were rewarded with a visit from one of the judges, and in September, received a highly commended award at the presentation evening in Dereham.

The knowledgeable birders who frequent the site seem to be recording an ever increasing list of rare and endangered species on the fen, most recently turtle dove. It is important that the habitat is maintained in its present condition to support this wildlife.

I would like to take this opportunity to thank my hardworking committee, without whom this would not be possible, as well as the volunteers, both old and new.

Sue Pogmore

Boughton Book Brocante

When this was first suggested, I can't have been the only person to look up the meaning of Brocante – which is a French word for a second-hand market.

The request for unwanted books seemed to bring only a slow response at first, but as time went by, the donations expanded exponentially. In the end, Andrew estimated that we had over a thousand, of all shapes, sizes and topics. It would seem that local people have a huge appetite for murder – the crime novel section was definitely the biggest.

The idea was not only to raise some more funds for Boughton's church organ repair, but also to give the opportunity for people to come out and socialise over coffee and cake.

Having set out the books, classified by subject matter, along with some plants, cards and a few other things, we were rewarded by a steady stream of visitors, both locals and holiday makers. Many of the local people stayed for long periods of time, enjoying each other's company as well as the delicious cakes that had been donated. Many purchases were made, raising £375.12 in total.

Thanks go to Angela, for having the idea in the first place, and Andrew for collecting and transporting the books down to the church, as well as all those who donated books, plants, baked cakes and a new resident, Liz, for helping us in the church throughout the day.

Sue Pogmore on behalf of Boughton PCC

BOUGHTON VILLAGE NEWS

Update on Boughton Church Organ Appeal

Including the figure stated above and a few more donations towards the organ pipes we now stand at £2,127.62. Our grateful thanks to you all.

Pam, Pippa, Carol, Sue, Andrew and Angela [Boughton PCC]

All Saints' Church

The Annual Parish Meeting took place at the end of April, too late for the May edition of G4N. Pam Wakeling was re-elected as Churchwarden, with Angela Faherty as Treasurer. Other members of the PCC are Andrew Faherty, Sue Pogmore and Carol Luckett (PCC Secretary). Thanks to all for undertaking this service to the church and to the community. We are grateful to Angela for her fundraising efforts, both for the church finances generally and for the organ repairs. The Book Brocante was a lot of work, but appeared to be well supported on the day. Thanks to all who donated books as well. Breakfast Church has started again and numbers are gradually creeping up. Many thanks to Pippa and Carol for all their hard work. The next one will be in July, as Open Gardens is going ahead on the second Sunday in June, and help is needed for various jobs on the day and beforehand.

Food for thought - Speed indicator report for April/May taken from the village FB page

SAM 2 Report for Week All: 2022-04-01 to 2022-05-09

SAM 2 Located at Mill Hill Road – West Facing – Mind the Ducks

Number of vehicles: 9561 over 36 days Average speed of all vehicles: 24.1mph Maximum speed recorded: 45mph Maximum speed of 45mph seen at:

Sun 24/04/2022, 17:55:00

Percentage of vehicles over the limit on all days: 8% (778 of 9561) over 36 days Percentage of vehicles over the limit on weekdays: 8% (633 of 7621) over 26 days

Percentage of vehicles over the limit on weekends: 7% (145 of 1940) over 10 days

Peak Hour: 15:00-16:00, with 859 vehicles across 36 days

Average speed of "speeder" vehicles: 32mph

Average speed of "speeder" vehicles in the Peak Hour: 33mph Average vehicles per day: 266 (293 on weekdays, 194 at weekends)

Pam Wakeling [Church Warden]

WEREHAM BASED JUBILEE LITERARY SOCIETY POETRY COMPETITION

To mark the Platinum Jubilee of Her Majesty The Queen, the Wereham based Jubilee Literary Society (JLS) will be launching an annual series of national competitions for Poetry and Short Stories, as part of Wereham's year-long Jubilee celebrations.

The JLS is a philanthropic society, formed by a community that is passionate about prose and poetry. It is the aim of the society to stimulate interest in both poetry and short stories and to identify and encourage new talent and nurture existing writers. *All profits will be donated to charity.*

We are honoured to have an outstanding panel of experienced judges:

Professor Tiffany Atkinson (Poet and Critic, Head of Creative Writing-

Poetry at the University of East Anglia)

Salma Begum (Poetry Editor at Picador, working with Poet

Laureate Carol Ann Duffy and other award

winners)

Susie Fowler-Watt (Journalist and TV presenter for the BBC and

long standing Columnist for Norfolk magazine)

(Acclaimed Performer, Novelist, Scriptwriter,

Librettist and Musical Composer)

Bishop Dagmar Winter (New Testament Scholar and Author)

The new JLS website will be launched at the end of May (www.jubilee-litsoc.org) and the first competition, for poetry, will be launched on 2nd June 2022. There will be no geographical or cultural boundaries, but all entries must be submitted in English. Entrants will need to be aged 16yrs and above.

If you are a poet or budding poet, or if you are an English Teacher whose pupils might like to enter the competition, please look out for the new website at the end of May, where you will find all the information you will need to enter. As a sneak preview we can let it be known that the theme of the inaugural poetry competition will be - **Reflections: Life in the New Elizabethan Age.** The poem

may be no longer than 30 lines long and the

closing date will be 16th July 2022.

As well as cash prizes, the winning poem will be published in Norfolk magazine. Céline Nicholls



Kit Hesketh-Harvey



Wereham Jubilee Weekend Celebrations Hilgay Silver Band Concert



Wereham village is delighted to announce that, as part of the village 70th Jubilee celebrations in honour of Her Majesty The Queen, the Hilgay Silver Band will be performing a concert of 'The Best of British' music - from pop-chart hits to Bond movie themes, on Friday 3rd June by Wereham village duck pond. The

concert will take place from 3.30 - 5.30pm.

There will be some seating provided, but please feel free to bring your deckchairs and picnic rugs and think of it as a 'Party in the Park" occasion. St Margaret's church will be offering light refreshments to enhance what promises to be a lovely afternoon. There will also be a Jubilee themed exhibition in the church that will be well worth a visit. Should the weather be unkind, the performance will be in the church. *Celine Nicholls*

More good news! St Margaret's Church, Wereham, is delighted to have been

Borough Council of King's Lynn & West Norfolk supported by Norfolk Community Foundation through the Borough Council of King's Lynn & West Norfolk Queen's Platinum Jubilee Fund, with a full £200 grant towards the village Jubilee

celebration weekend. The grant will be spread across a number of initiatives that will be taking place over the extended holiday weekend and we would like to welcome both local residents and residents of neighbouring villages to come and join in the fun! **John Nicholls**

Wereham Big Jubilee Street Party - Sunday 5th June

The day will commence with a special church service at 11am at St Margaret's, to mark The Queen's 70 years of service to the United Kingdom and the Commonwealth.

This will be followed by the Big Jubilee Lunch from 1pm onwards. Tables will be set-up on the area between the church and the pond, weather permitting, and in the Village Hall if it is raining (it may be June, but it is still England!). Choose your own menu by bringing your own picnics and table decorations, as well as your garden chairs, patriotic spirits and sense of fun!

There will be both live and recorded music from the 1950's to the 2020's during the lunch (thank you Tom and Cliff) and a fabulous Jazz Band from 2pm onwards. Seating is limited so please bring your own chairs if you can, and perhaps your own garden tables if they are easily transportable, as we are expecting a good turn-out! *Céline Nicholls*

As part of their celebrations for the Queen's Platinum Jubilee, the trustees of Wereham Village Hall have shared the baking of a deliciously rich traditional fruit cake, which will be suitably iced to reflect this wonderful event in our history.

The official cutting of the cake will take place during the Big Fun Day on Saturday, June 4th, and the trustees were keen to find someone special to perform the ceremonial slicing of this culinary creation. We are delighted to announce that Charles and Ivy Humphries, former residents of Wereham, have accepted our invitation to come back to the village and carry out this honourable task for us.

Mr and Mrs Humphries both worked for the Royal Family in London - Mr Humphries having held various roles working for Prince Charles (including working as his chauffeur) and Mrs Humphries was a receptionist for the Duchy of Cornwall. They lived in the Royal Mews for 15 years and are extremely proud to have served the Royal Family - the trustees felt that Charles and Ivy were the perfect couple to ask to do this and are proud to have them on board.

Karen Everitt (Community Engagement and Venue Manager)



Car Boot and Cafe

The 29th of May car boot is on June 5^{th} due to the hall being booked out for a wedding. We then revert to the last Sunday in the month for the rest of the year. The cafe will be open as usual with all your favourite goodies. For further details please contact Philip on. 01366 501330, 07759033492, rosemary.pease@btinternet.com.

Short Mat Bowls

We play every Thursday afternoon 2pm until 4pm. The cost is 2.50 per session. We also run a 50/50 raffle. We stop for a short tea break halfway through the afternoon. All newcomers are very welcome, there is no need to be a resident of Wereham to join us. All equipment is supplied so just turn up at the village hall. For details, please contact Philip on 01366 501330, 07759033492, rosemary.pease@btinternet.com.

Craft Group

We meet on the second Tuesday of every month 10.30am until 12.30, in the village hall. I have been keeping the girls busy with a little bit of hand sewing, in April we made sewing needle books in felt and in March we made felt hearts with Lavender in them. As I write these notes, we have a lady coming on the 10th May to teach us Sashiko Japanese embroidery. Our craft fair is on 18th June 10am until 4pm, we look forward to seeing you all. The cafe will be open all day. We still have a couple of spaces if there are any crafters out there who would like to book a table. For further details please contact Rosemary on 01366501330, 07749240606, rosemary.pease@btinternet.com.

What a Bargain - Twelve gardens for a fiver! Wereham Open Gardens

Sunday 19th June, 12.00 to 5.00pm. Maps bought at the Church £5 per person. Accompanied children free.

Take a stroll round our lovely village and call in at 12 interesting gardens of different shapes, sizes and development. Some are very much works in progress.

Have a break with a delicious lunch or afternoon tea in the Village Hall.

All proceeds towards the upkeep of our beautiful Grade 2 listed Church of St Margaret.

Yes, 12 gardens for a fiver. What a bargain! Don't miss it!

Greg Baddock

Wereham Parish Council

Next Meeting Date (Ordinary) – Mon 11 July 2022 at 6.30 pm (To be held in the Wereham Village Hall – Main Hall).

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com . The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, and notified via the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk You will also find minutes of all meetings here too.

Highways – Paths and Roads – Defects Please report anything that you see verges, trees, potholes, main holes, drains to Norfolk County Council Highways via their defects page of their website. You need to set up a login, and once on the site you can easily report issues and upload pictures of the issue. They will then arrange inspection. You are also able to track the report. The Parish Council will report issues that it finds, but if residents do this also, we can increase the repairs that we need doing. https://apps.norfolk.gov.uk/ HighwaysDefect/

Helen Richardson

Wereham Parish Clerk and Finance Responsible Person Email werehampc@gmail.com or Phone/Text: 0779 500 6811

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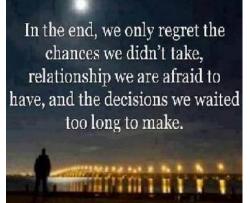
Friends to cherish and life to lead.

Dust if you must but the world's out there With the sun in your eyes, the wind in your hair, A flutter of snow, a shower of rain.
This day will not come around again.

Dust if you must but bear in mind, Old age will come and it's not kind. And when you go and go you must, You, yourself, will make more dust.

Dust if you must but listen to this, It's caring not cleaning that brings upon bliss. Remember, a house becomes a home when you can write "I love you" on the furniture.







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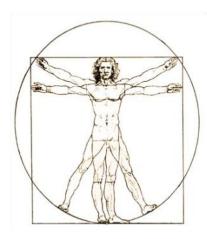
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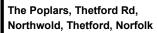
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