

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere; Boughton; Wereham

March 2013

WELCOME



Another packed edition for you to peruse at your leisure.

Once again, there are so many events happening in the villages and surrounding area we are spoilt for choice.

If you are able to attend any of those advertised the organisers will be more than pleased and appreciate your support.

Happy Easter and as always, 'Happy Reading

The Editorial Team Eileen and Pam



Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

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'FROM THE RECTORY'



New Rectory High Street Fincham nr. King's Lynn Norfolk PE33 9AP 01366 348079

Dear All,

The view from my window is currently blocked by the curtains, as it is another dark February evening, with sleet falling outside. If it were daytime I would see a garden that is looking a little drab. But I also know that the snowdrops are out and the daffodils are starting to break through. The mornings bring tentative early birdsongs and the sun, when it breaks through, has some warmth to it. Spring is often seen as a time of new growth, new beginnings and new hope and Spring in the Church Year comprises the forty days of Lent and then the glorious festival of Easter. For Christians, Lent is a holy time and remembering Jesus' fast in the wilderness one often thinks of giving up something, but Lent should also be about "giving upwards" to God. In my previous parish the children worked with 'Gus' and 'Tom' every Lent - Gus reminded them about Giving Up Something, and Tom reminded them to Take On More. Let us be positive rather than negative this Lent and think about taking on something more - perhaps regularly visiting someone who is housebound, or raising some money for charity. And we should all, of course, put some time aside each day for God, as we prepare ourselves for Jesus' wonderful resurrection on Easter Day.

Yours in God's Service

Barbara

BENEFICE NEWS

Deanery Lent Courses

The theme is Heroes of the Old Testament. All at 7.30pm on Mondays

18th February	Whittington	'Rahab'
25th February	Denver	'Daniel'
4th March	Methwold	'Abigail'
11th March	Downham Market	'Moses'
18th March	Wimbotsham	'Abraham'

Benefice Lent Course

My course is called 'Finding a Voice' and is based on 'The King's Speech'. All sessions at the Rectory starting at 7pm. The first will be on Friday 15th February in order to see the film. Thereafter sessions are on Tuesdays: 19th February, 26th February, 5th March, 12th March, 19th March Each will last for no more than an hour, with refreshments afterwards. All welcome.

Barbara Burton

Help Needed Please!

On the 4th May 2013 the parishes of Barton Bendish, Beachamwell, Boughton, Fincham, Marham, Shouldham, Shouldham Thorpe and Wereham will be holding a Country Fayre at Fincham Memorial Village Hall and Field.

The money raised will go to support parish expenses.

We are needing gifts, toiletries, tinned food, alcohol, chocolate etc that you do not want. Please donate these as a raffle or tombola prize.

Please phone 01366 347487 and we will arrange collection.

Or alternatively they can be dropped into

1 Fuchsia Cottages or number 8, West Road, Shouldham Thorpe Norfolk PE33 0DP.

Sarah Addly



BENEFICE NEWS

SERVICES FOR HOLY WEEK

Palm Sunday 24th March

 Group service of Holy Communion with the Palm Sunday readings, starting at St Mary's, Barton Bendish at 10.30 am and proceeding to St Andrew's.
 Café church at Marham 10.30 am - 11.30 am

Tuesday 26th March

1) 10 am at Fincham - Stations of the Cross. Followed by hot cross buns!

Wednesday 27th March

 1) 10 am at Boughton Easter school service for the James Bradfield School.
 2) 7 pm Agape meal at 'Red Creek', Marham (contact Tony Higton 01760 338342)

Maundy Thursday 28th March

1) 6.30 pm Agape meal at Fincham (contact May Pinches 01366 347228)

Good Friday 29th March

- 1) 10.30 am Meditation at Marham
- 2) 2 pm Holy Hour service at Wereham

Saturday 30th March

1) Easter Vigil service 8.00 pm at Boughton with Holy Communion

Easter Sunday 31st March

9.30 am	Barton Bendish	Holy Communion
9.30 am	Shouldham Thorpe	Holy Communion
10.30 am	Marham	Holy Communion
10.45 am	Shouldham	Holy Communion by extension
11 00am	Fincham	Holy Communion
11 00am	Wereham	Holy Communion by extension
11 15 am	Beachamwell	Holy Communion

There will be no Thursday service on Maundy Thursday or 4th April.

BENEFICE NEWS CAMPANOLOGY

Fincham Bells

Over the last year Fincham bells have been ringing regularly again and people have said how good it is to hear them. They are a lovely six and should be kept in use for the enjoyment of Fincham village into the foreseeable future. However, we rely on ringers from outside the village with commitments to their own towers. It would be wonderful to start teaching some new recruits, interested in perpetuating an ancient English art which offers something of interest to a wide range of people. It encompasses music, mathematics, technical aspects, a hobby which can be practised all over the country at little cost and the company of others who are also interested.

If you want to learn more, contact Stewart Waterston (01366 347672) or come along to a practice. We meet on the 1st, 3rd and 5th Mondays at 7 pm. You don't have to be a churchgoer to be a bellringer as it is a fascinating hobby in its own right. *Pam Wakeling*

Shouldham Bells

No-one can fail to hear that All Saints' ringers have recently moved their practices to 3.15 - 4.30 pm on Thursday afternoons. This was because it was so cold in church on winter nights, as well as the bitter weather outside. It's still cold in the afternoons, but at least it's daylight! When the clocks go forward, we shall revert to practising again on Thursday evenings at 7pm.

Thursday, 7th February was our captain, Brian Hullah's 70th birthday and Anne Carpenter organized a short piece of 70 changes to mark the occasion, for

which she also provided a splendid lemon drizzle cake to go with the refreshment after the practice. Thank you, Anne

We are only a small group and are keen to attract new recruits to this ancient Art. If interested, please speak to Brian Hullah or any of our ringers. And, by the way, a well organized tower like ours does <u>not</u> have people swinging from the ceiling! **Ann Hullah**



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FROM THE SMALLHOLDING MARCH 2013

At the time of writing, in early February, there are signs already of new life, the stirring of growth. Time to panic that the tidying up and the preparation of the beds and poly-tunnels is far from complete. One compensation of snow is that it neatly covers up the awaiting jobs. Alas this year's snow fell while we were away and we returned to find the fruit cage a network of bent and twisted aluminium; the top netting was too small to let he snow through; another job!

I was grateful for the answer given by Monty Don to a questioner on television when asked what she should be doing, at this time of year, in her wet garden, "nothing!" he said. No doubt the soil will warm up by April but even now the aconites and snowdrops, and in a friend's garden a daffodil, are telling us that things are definitely on the move. A spring-like cackle from the orchard hens announcing an egg indicates that they are waking up too – we have certainly paid their winter rent!

I hate to think what we have spent on wild bird seed recently but the rewards for buying a higher grade 'no mess' mixture have been great. In addition to the regular tits and finches, a nuthatch, a few tree sparrows and a pair of sparrow hawks have been frequent visitors! And since then a siskin and a brambling.

During our absence in the middle of January the much valued winter brassicas were all but wiped out by what seems to have been a muntjac. Little by little when there is no frost we nibble away at the pruning, leaving the prunings on the ground to entice rabbits and possibly the muntjac too to have a go at them rather that the trees themselves.

Last year's apple crop continues to be a blessing and the eaters are keeping well. The cider made after the juicing day seems very promising and the red sentinel crab apples are still attracting fieldfares now that the golden hornet trees have been stripped.

With a March Easter the country lore that tells us to plant potatoes on Good Friday seems a reasonable option on this cold mid February day, and Easter feels a long time ahead.

Robin Blackall

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GARDENING TIPS NUMBER 33

Hopefully, we shall all be able to get started in the garden this month. I write hopefully as most of February still has to pass us by. I always have to write my articles some three to four weeks ahead of publication so it is somewhat difficult to be quite sure what conditions are going to be like in the intervening period between writing and reading! Whatever the weather we shall, as always, have to make the best of things and make a start as and when conditions become favourable.

I always like to prune my roses towards the end of the month. Pruning too early risks loosing the tender new shoots to a late frost. Having pruned, clear up the ground around the bushes removing any old weed and leaf refuse. This is particularly important if your bushes suffered from black spot during the past season. I have written previously on the subject of spraying relative to the removal of aphids and I shall not pursue this further today but it is important to spray your plants with a fungicide as soon as you have pruned and cleaned up around them. It is also very beneficial to give the plants a good feed at this time. Spread the fertilizer of your choice around the base of the plants and lightly hoe it into the soil. If there is no rain to wash it in within a few days then it is advisable to do so using a watering can fitted with a rose.

Autumn sown sweet pea plants need pruning down to four leaves, or if they have become drawn up through the warm autumn months, you can reduce to one pair of leaves. Having grown them dry through the winter months it is time to give them a little water now and again to bring new shoots into growth. Subject to conditions, it should be possible to put them out into their permanent growing positions towards the end of this month. Before doing so however, prepare the ground breaking up the soil into a fine tilth, adding an appropriate measure of blood, fish and bone into the top three inches (7.5 cms) of the soil. Place the canes, or whatever support system you use, in position before putting out the sweet pea plants.

When conditions are dryer and warmer scarify the lawn areas and sow seed into any bare patches. If conditions are dry then the sown areas will need to be kept moist. If conditions are nice and warm germination will not take too long, but please be careful not to run the mower over the new patches too soon or you could easily drag the new growth out of the ground - far better to cut such areas with a pair of shears for the first couple of months.

GARDENING TIPS NUMBER 33

You should be able to plant onion seed and sets, shallots, a couple of rows of first early potatoes, parsnips, some early peas and a row of early carrots during March, but you will need to keep an eye on the weather forecast once the potatoes and carrots are above ground because they will need protection against any frosts. I would not plant beetroot, further crops of potatoes and carrots until well into April. I know it's very tempting to try to get ahead with all the work, but patience is definitely a virtue when planting early in the year.

In the greenhouse, however, work can proceed at quite a pace. Some seedlings from February sowings will be ready to prick out into standard or half size seed trays. Prick out tomato seedlings into 2 or $2^{1}/_{2}$ inch (5 to 7.5 cm) pots using 'lightened' John Innes No 1 compost. Keep them moist and warm but not too wet. As soon as you see roots emerging from the holes in the bottom of the pots move the plants on into $3^{1}/_{2}$ inch (9 cm) pots using straight J.I. No 1. Again keep them moist and warm. In due course pot on again into size 5 inch $(12^{1}/_{2} \text{ cm})$ pots using J.I. No2. These plants should be ready to go into their final growing positions by the middle of April by which time they could well have their first truss coming into bloom. This may seem a lot of trouble but that is the surest way of producing top class plants coming into an early fruiting season. Do not start feeding the plants until the first truss has set.

If you followed my suggestions in the February issue you should have dahlia and chrysanthemum shoots ready to be taken as cuttings by the middle of this month. Put 5 or 6 of them round the edge of a $3^{1}/_{2}$ pot filled with a 50/50 mixture of peat and grit sand, and pop them in to a propagator and they will root and be ready to pot up into $3^{1}/_{2}$ inch pots using lightened J.I. No 1 in about fourteen days. Dahlia cuttings do equally well in plastic or clay pots but I find chrysanthemums do best in clay pots.

Things will now start moving quite quickly in the flower garden. There is not a lot of urgent work at this time of the year but it is nice to fork over the beds to loosen the soil so that it can breath and dry and to clear any debris from the winter.

Do keep an eye open for any signs of aphids in the greenhouse.

Roy Coughtrey

COUNTRYSIDE NOTES

Tweed is a thick, durable, moisture-resistant woollen cloth most often associated with the countryside. Made from sheep's wool it originated in Scotland where it was worn by shepherds in the Borders a couple of centuries ago. The wool is spun then woven on a loom either in a plain weave, which has threads running vertically and horizontally, or as twill with diagonal parallel ribs. The weight of cloth can be varied by using different thicknesses of yarn. When Queen Victoria bought her Scottish estate at Balmoral in 1849 both she and Prince Albert became very enthusiastic about the fabric and designed a pattern for cloth to be made into a livery for the estate stalkers, gamekeepers and ghillies. They chose a soft grey colour flecked with red and white which would blend in well with the rocks and vegetation on the hills. This pattern is still used by the present Queen for her staff at the royal estates, not only Balmoral but also Sandringham and Windsor. By doing this Queen Victoria began a fashion among the landed gentry for creating individual patterned tweed for staff employed to provide sport on their estates; this in turn created work locally. Lord Lovat was one of the first to adopt the idea and lent his name to the dusky green-blue colour we know today. Even cloth that appears at first sight to be of a plain colour on closer inspection will actually be seen to include many different coloured yarns. Each three piece suit requires about five metres of cloth and the wool used today comes not only from Scotland and England but also from Australia and New Zealand. There is a mill in Hawick on the Scottish borders which still produces 180 estate tweeds as well as 120 house tweeds. Other than the need for imagination there really is no limit to designing new tweeds utilising check or herringbone patterns. Even some of the old established estates such as Holkham, Belvoir, Chatsworh, Buccleuch and Alnwick in Northumberland have recently redesigned the patterns of their exclusive tweeds. The colours usually chosen represent various aspects of the estate. Maybe from the family crest, the colour of the paintwork used for buildings belonging to the estate or more likely from the local landscape be it grassland or arable land, forest, heather or local stone. Some though have appeared to be a little eccentric in their choice.

Tweed not only provides camouflage and identification for the wearer but it is surprisingly wind proof and water resistant although at the end of a day out in bad weather the suit will weigh considerably more from the water it's absorbed. These days it's not only outdoor estate staff who wear tweed for by using modern fabric technology in the form of Lycra, Teflon and nylon filament tweed has developed a range of wider applications. From time to time it has even found its way onto the fashion catwalks. *Jill Mason*

RECIPE PAGE

Easter Biscuits

4oz margarine 4oz sugar 1 small egg 8oz plain flour 1tsp grated lemon rind 1/4 tsp cinnamon or mixed spice 2oz currants A little milk



- Cream margarine and sugar together, add beaten egg, flour and rest of ingredients and mix to a stiff dough.
- Roll out 1/4" thick and cut into 4" rounds. Brush with egg white and dredge with sugar (optional)
- Bake until golden brown in a moderate oven.

Simnel Cake

1 6" rich fruit cake - bought or made 1/2 lb marzipan - bought or made

- Cut off 1/3 marzipan and roll out into a round slightly less than the diameter of the cake.
- Cut the cake across the centre and place the marzipan between the two pieces.
- Using half the remaining marzipan, roll out into a round and cover the top of the cake.



- Using the other half of marzipan make 12 small balls—they represent the apostles. Place them evenly around the top edge of the cake. Brush these over with a little egg wash.
- Put into a hot oven until the balls are browned. When cool, pour glace icing into the centre and decorate with chicks, chocolate eggs etc.

Eileen Powell

COMMUNITY NOTICE BOARD PAGES 12 - 22

Thinking Fuel: Norfolk RCCs Oil Bulk Buying Scheme

This is a scheme that aims to get good value savings of around 11% on average against market price.

The scheme currently has about 1500 members.

If you are interested you can ring them on 01362 698216 or email office@norfolkrcc.org.uk *Gail Koopawitz*

Better Broadband for Norfolk

Norfolk County Council have signed a contract with BT to upgrade the county's broadband infrastructure and this should lead to some 80% of premises being able to access super fast connection speeds of 24Mb/s and above. The deployment also depends to some extent on demand in each area. If everyone registers interest in BT infinity (go to www.bt.com/infinity) and contacts NCC to request that our area is included in the upgrade then there is much more chance of improved services being introduced to our exchanges. This will mean much better service for home users as well as businesses (maybe attracting new ones).

Remember, it's the squeaky wheel that gets oiled!! Dave Eddy

Calling All Word Game and Crossword Fans!

Look out for the next Barton Bendish quiz sheet. There are 50 questions with answers all on a 'Drinks and Beverages' theme. This quiz will keep you entertained for hours and only costs £1! There is a prize of £15 for the winner. Names of correct entries (or those who have the highest number of correct answers) will be put 'into a hat' and the winner drawn in May.

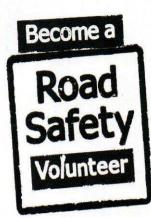
To get your sheet you can contact;

• Barton Bendish: Mhari Blanchfield (347849); Linda Webster (347563);

Jill Mason (347928); St Andrew's Church; The Berney Arms (347995)

- Beachamwell: Margaret Webster (328888)
- Boughton: Debbie Fisher (502224)
- Eastmoor: Ann Lewing (328350)
- Fincham: Post Office
- Wereham:Lynda Eddy (501308)

Quiz sheets are also available at Barton Bendish fund raising events



Help deliver road safety in your Parish

'Become a Road Safety Volunteer' is part of **Norfolk County Council's** latest road safety campaign to make Norfolk's roads even safer.

Norfolk County Council is looking for residents to come forward and become road safety volunteers in their community.

Whether teaching cycling and pedestrian safety to children, helping to promote the proper fitting of child car seats, or helping deliver workshops to younger drivers, the County Council is looking to encourage communities in Norfolk to take collective action to help make their roads safer by helping better educate fellow residents.

Volunteers would complement the valued Road Safety work that the council delivers right across Norfolk.

Existing volunteers are currently the stars of the council's advertising campaign to support the recruitment drive.

To become a Road Safety Volunteer please call **0344 800 8020** or visit **www.norfolk.gov.uk/mindroad**

HELP TO KEEP SNUG IN WEST NORFOLK SUMMARY 2013

There are four local streams of assistance to help householders this wintertime to keep warm in their home. To simplify the assistance, this is split into three different forms of help:

1. Warmer West Norfolk - heating system replacements/ upgrades/ provision

2. Warm and Well in Norfolk - low level insulation

3. Warm Homes with Care and Repair – Boiler servicing and repairs

Help is only available until 31st March 2013.

NOTE: Warm Front will not be taking any more new enquiries. It is now closed for any new customers. CERT (energy supplier) funding has also ceased.

Until further information is available, enquiries about energy efficiency measures, consider the Government supported schemes - Green Deal and the Energy Commitment Obligation (ECO). Telephone the Energy Saving Advice Service – 0300 123 1234

The 3 different schemes being delivered by Housing Standards, Handy Persons and Care and Repair:

1. Warmer West Norfolk (DECC Funding)

HELP ON OFFER: Applications processed by Housing Standards 100% grant assistance available to help:

a) Replace inefficient and defective central heating boilers and/or, b) Upgrade inefficient heating systems, c)Provide central heating where none/ or partial exists **Conditions:**

• 1. Applicant to receive one of the following means tested benefits:

Pension Credit - the Guaranteed Credit or Savings Credit element

Income Support or income-based Jobseeker's Allowance

Employment and Support Allowance - the support or work related element of income-related

Child Tax Credit - and your income is £15,860 or less

Working Tax Credit - and your income is £15,860 or less

Council Tax Benefit (excluding single person discount)

2. Owner occupier, as sole/ main residence and the property must be in Council Tax Band A, B or C only.

3. An individual energy efficiency assessment of the home will be undertaken and independent advice given to the householders.

Contact

Tel. Housing Standards – 01553 616461 e-mail: amy.page@west-norfolk.gov.uk

• 2. Warm and Well in Norfolk (NHS funding)

HELP ON OFFER: Applications processed by the Handy Persons service 100% grant assistance available to help:

Hot water cylinder jacket; Pipe lagging; Draught excluders – inc. letter box and bottom; Radiator panels; Loft hatch draught excluders

Conditions:

1. Applicant to receive one of the following means tested benefits:

Pension Credit - the Guaranteed Credit or Savings Credit element

Income Support or income-based Jobseeker's Allowance

Employment and Support Allowance - the support or work related element of income-related

Child Tax Credit - and your income is £15,860 or less

Working Tax Credit - and your income is £15,860 or less

Council Tax Benefit (excluding single person discount)

2. Owner occupier, as sole/ main residence and property to be in any Council Tax Banding

Contact

Tel. Home Shield 0344 800 8020

Via website : www.norfolk.gov.uk/warmandwell

• 3. Warm Homes with Care and Repair (Foundations funding)

HELP ON OFFER: Applications processed by Care and Repair

Grant assistance available to help (£500 maximum):

Boiler, heating system and hot-water repairs (includes servicing if the boiler has not been serviced in the last two years).

Conditions:

1. Applicant to meet one or more of the following criteria:

In receipt of means tested benefit; In receipt of state pension only (with no other income); Being disabled; In fuel poverty

2. Owner occupier, as sole/ main residence and property to be in any Council Tax Banding

Contact

Tel. Care and Repair 01553 616677 e-mail: careandrepair@west-norfolk.gov.uk For Information about the details in this document, contact Tony Howell Tel. 01553 616469, e-mail: tony.howell@west-norfolk.gov.uk

FIT TOGETHER HEALTH WALKS – SWAFFHAM – MARCH TO APRIL 2013

- Fit Together 3.4 mile Health Walk. Wed 6th March at 9:30am. Meet at Buttercross car park (by the bandstand). If you are new please arrive 20 minutes early. Pick up the full programme at Swaffham library.
- Fit Together 3 mile Health Walk. Wed 13th March at 9:30am. Meet at the Beachamwell Memorial Hall. If you are new please arrive 20 minutes early. Pick up the full programme at Swaffham library.
- Fit Together 2.78 mile Health Walk. Wed 20th March at 9:30am. Meet at Necton village hall. If you are new please arrive 20 minutes early. Pick up the full programme at Swaffham library.
- Fit Together 2.7 mile Health Walk. Wed 27th March at 9:30am. Meet at the McDonalds overflow car park, Sporle, PE37 7TZ. If you are new please arrive 20 minutes early. Pick up the full programme at Swaffham library.
- Fit Together 2.5 mile Health Walk. Wed 3rd April at 9:30am. Meet at the Ashill Community Centre, Hale Rd, IP25 7BL. If you are new please arrive 20 minutes early. Pick up the full programme at Swaffham library.
- Fit Together 3.5 mile Health Walk. Wed 10th April at 9:30am. Meet at the ECO tech centre car park, PE37 7HT. If you are new please arrive 20 minutes early. Pick up the full programme at Swaffham library.
- Fit Together 3.5 mile Health Walk. Wed 17th April at 9:30am. Meet by the Blue Lion PH, North Pickenham, PE37 8JZ. If you are new please arrive 20 minutes early.



Pick up the full programme at Swaffham library.

INCINERATOR UPDATE

I first wrote to the Lynn News about my concerns over the prospect of a waste incinerator, 5 years ago, in February 2008. Exactly 10 years ago, I was preparing to leave for Kuwait as an RAF Auxiliary to help bring democracy to Iraq. During the hostilities, I was given the role of testing for the release of biological warfare agents. Fortunately, none were found, but I left the war with an appreciation of how small amounts of highly toxic substances, released into the atmosphere, can risk many, many lives. I also gained an understanding of what countries are prepared to do to secure vital resources, especially crude oil.

The incinerator campaign has brought these three themes back into my life... It is abundantly clear that society cannot continue to consume materials and create waste in such prodigious quantities without consequence. To burn precious resources and extract a token amount of energy, when alternative technologies to recycle them are available, is nothing short of criminal. The records show that King's Lynn suffers from poor air quality and poor respiratory health. It is foolish indeed to contemplate a waste incinerator just up-wind of the town, whatever the efforts are to clean the emissions. For West Norfolk, this debate was concluded 2 years ago, resulting in one of, if not, the most decisive poll in English electoral history. We owe it to ourselves and future generations to ensure that our voices are heard. With one big push from all of us, we can win this.

It is easy for you to help...**Attend the Inquiry as & when you can** - 4 days a week, Tuesdays to Fridays, starting 10am, at the Professional Development Centre, Kilham's Way, King's Lynn PE30 2HU - next to the fire station.

Henry Bellingham MP revealed last month that the Cory Wheelabrator bid cost £46 million more than its rival. Cllr Long has added that the final selection was a last minute switch... More can be found in the latest issue of the campaign's newsletter "The Burner."

The Borough Council has released an independent report confirming the viability of their alternative proposal, which could see 90% of our black bin waste recycled.

KLWIN Events at Fairgreen Farms, Hill Road, Middleton PE32 1RN.

Café & Crafts 9-1pm 23/2/2013 & Easter Fayre - 9-4pm 9/3/2013

Finally, a very special "thank you" to Mike Knights and the many others, who have spent countless days and nights voluntarily campaigning at considerable personal cost.

Michael de Whalley, KLWIN founder. 5 Chequers Road, Grimston.

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The Great British Fish and Chip Supper is all about getting together, having fun and raising money for the Spinal Injuries Association.

To request a fundraising pack: Call 0845 071 4350 Email fundraising@siafishandchips.co.uk Visit www.siafishandchips.co.uk

Registered Charity No 1054097

ja



"Hold a Fish and Chip Supper to help spinal cord injured people live full and independent lives."

Great British Fish and Chip Supper – Friday 17th May 2013

Want to do something different? Want to raise money where you live or work? Want to eat Fish and Chips, while raising money for charity? Hold a fish and chip supper on Friday 17th May 2013 whilst raising awareness of spinal cord injury and supporting SIA's information and support services.

You can hold a fish and chip supper in your own home, at work or hold a larger supper at your local community centre.

SIA will provide a fundraising pack containing hints and tips, recipes, invitations and donation envelopes. By inviting 7 friends and asking them to donate an additional £5.00 means you will raise at least £35.00 from your supper but we will also give you additional fundraising ideas to raise even more money for SIA.

Since 2009 we have raised over £20,000 and it has become our flagship community fundraising event. We want to raise £10,000 from this event in 2013 we can provide more support to spinal cord injured people.

The money raised from the suppers will help the Spinal Injuries Association offer support to individuals who become paralysed and their families, from the moment a spinal injury occurs and for the rest of their lives by providing services and publications which enable and encourage paralysed people to lead independent lives.

Every year in the UK over 1,000 people experience a spinal cord injury and there are an estimated 40,000 spinal cord injured people in the UK alone.

Community Fundraising Manager, Elizabeth Wright, says, "The Fish and Chip Supper is a wonderful opportunity for a great evening with friends and family. We are also encouraging people who work to hold a Fish and Chip Lunch in their work places to raise even more funds. You may be even a local community group wanting to run a fun evening with your group.

Be a part of something special and make a real difference to help spinal cord injured people gain access to the information and support they need to enable them to live full and independent lives."

For more information or request a fundraising pack contact Elizabeth Wright:-

- 0845 071 4350
- email fundraising@siafishandchips.co.uk
- visit www.siafishandchips.co.uk

Breckland Book Festival

March 2013

www.brecklandbookfestival.com

• Dereham 01362 693184

Friday 1st, Saturday 2nd and Sunday 3rd

• Attleborough 01953 452319

Thursday 7th, Friday 8th, Saturday 9th and Sunday 10th

• Watton 01953 881671

Friday 15th, Saturday 16th and Sunday 17th

• Thetford 01842 752048

Thursday 21st, Friday 22nd, Saturday 23rd and Sunday 24th

• Swaffham 01760 721513

Thursday 28th, Saturday 30th and Sunday 31st

Tickets, brochures and further information from Libraries

'The Cupboard'

A rescued Victorian school cupboard returns once more to the beginning of its life – **1893 Great Cressingham Victorian School** The Indian ink copper plate writing on the inside of its doors is once again relevant. The rabbit's skull and stuffed mole inside are back on the curriculum.

Exhibition

March 2nd – 5th - 11am - 4pm. Free entry A rare opportunity to see inside 'Norfolk's hidden Jewel' – Sally North's award winning Victorian school and museum of childhood. A short Victorian Lesson will be given to visitors in the course of each day, using slates and copy sheets with dip pens. At playtime Hoops, Spinning Tops and Skipping ropes will be available For many visitors this represents a nostalgic trip

back through time to their own schooldays. Tea, coffee and cakes.

Collection 'Save the Children'. www.victorianschool.com 01328 838230 north@victorianschool.com



'Hearth, Heath and Howe' Magic and Witchcraft in the Breckland A talk by Imogen Ashwin



talk by Imogen Ashwin Friday 15th March 7.00 pm Swaffham Community Centre Campingland

From the earliest human occupation to the present day, the mysterious and distinctive region known as The Brecks has seen 'magical' activity. This presentation will explore the recorded evidence for magical charms, tools and beliefs and folk-magical traditions of healing and protection. We will also travel far back in time to consider the possible roots of these traditions, including a look at archaeological artefacts from the prehistoric flint mines at Grimes Graves and from the Anglo-Saxon settlement at West Stow.

Members £4.00, non-members £7.00, (includes refreshments).

Further information from: <u>www.brecsoc.org.uk</u> or email: info@brecsoc.org.uk



NATIONAL TRUST Oxburgh Hall Tel: 01366 328258

March

Wednesday 20 March 9.30am – 2.30pm Willow Weaving Workshop

Come and learn how to make your own wigwam plant support for next season, using willow, dogwood, hazel and other foliage. Please bring apron, thin gloves and secateurs. Coffee on arrival. £25 (includes all materials) Limited numbers - booking essential.

Thursday 21 March 10am – 12noon Volunteer Recruitment Day

Come and find out more about volunteering opportunities at this magnificent moated property. A variety of roles available to suit all interests – meeter and greeter, room steward, garden volunteer, garden steward, catering, learning, raffle ticket seller, office work and more. Free drop-in event. Call 01366 328258 for further information.

Saturday 30, Sunday 31 March & Monday 1 April 11am - 4pm Easter Trail

Solve the Easter trail and receive a chocolate prize. Sponsored by Cadbury.

Normal admission plus £1.50 entry fee for trail.



'Sea Shanties & Folk Music'

The Sheringham Shantymen www.shantymen.com

Sunday March 24th 3.00pm Swaffham Assembly Rooms

£7.00 for members £10 non-members Accompanied children free

Tickets from Green Parrot 01760 724704 Ceres Bookshop 01760 722504 Enquiries Eileen Powell 01366 328648

Nar Valley Ornithological Society (NarVOS)

'From Lundy to Spitsbergen'

Illustrated talk by Richard Campey Tuesday 26th March 7.30pm The Barn Theatre, Sacred Heart Convent School, Swaffham.

[Access and parking from Sporle Road] Richard Campey, a good friend of NarVOS, lives locally. He runs 'One Stop Nature' at Burnham Deepdale. Visitors most welcome.

Admission £2 on the night if you are not a NarVOS member.

Enquiries: Ian Black 01760 724092



'Modern Jazz Quartet with Vocalist' Ivan Garford with Joe Ringer

Sunday April 28th 3.00pm Swaffham Assembly Rooms

£7.00 for members £10 non-members Accompanied children free

Tickets from Green Parrot 01760 724704 Ceres Bookshop 01760 722504 Enquiries Eileen Powell 01366 328648

Swaffham Chamber Music Festival

'The Maggini Quartet'

Friday May 24th 7.30pm Barn Theatre, Sacred Heart Convent, Swaffham Saturday May 25th 7.30pm

Swaffham Assembly Rooms Sunday May 26th 12.noon Oxburgh Chapel, Oxborough

Further Information www.maggini.net Eileen Powell 01366 328648

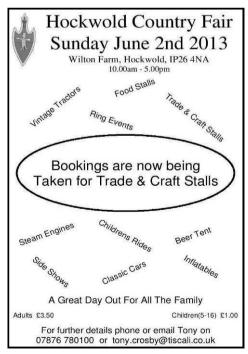
An Exhibition of Paintings

By The All Saints' Painters

> All Saints' Church Stoke Ferry Norfolk PE33 9SF

Saturday 18th May to Sunday 2nd June

Open from 10-5 daily





VILLAGE NOTICE BOARD PAGES 23 - 29

Beachamwell Coffee Morning

Saturday March 2nd

10 12 noon

4 All Saints Way

Tickets £1 (Lucky Ticket Prize) Homemade Cakes, Books, Raffle

> Enquiries: Marie Rich 01366 328320

All proceeds to St. Mary's Church

Barton Bendish

Come and Join us at St Andrew's

Breakfast Church

In the Village Hall Sunday March 3rd 9.30am

Enjoy a full cooked breakfast, a chance to enjoy the fellowship of others and get your Sunday off to a very good start!!

Everyone very welcome, especially children and those not comfortable with a formal service.

For more details contact Linda Webster 01366 347563 or Mhari Blanchfield 01366 347849

Beachamwell Book Group Tuesday March 5th

7.00 - 9.00pm Beachamwell Memorial Hall

Book to be discussed at this meeting

'Crow Country' by Mark Cocker

£2.00 + Bring & Buy Bookstall

All welcome

Enquiries: Leah Spencer 01366 328536

Beachamwell

Wednesday Walkers

Wednesday March 6th

Meet at 10.30am outside Beachamwell Memorial Hall [Dogs to be kept on leads please]

Walk will be approximately 2 hours

Enquiries: Philip Spencer 01366 328536

the WI

Beachamwell WI Thursday March 7th

7.30pm Beachamwell Memorial Hall

'Seven Ages of Women Through Humorous Poetry'

Irma Fowler, Lesley Mardle and Leah Spencer,

Enquiries: Jenny Gabrielsen 01366 328297

Wereham

Spring Clean Sale

Saturday March 9th 1.00.pm Village Hall

Enquiries: Angela Goddon 01366 500115

Barton Bendish

Afternoon Tea With Entertainment Mother's Day Weekend Saturday 9th March 3pm Village Hall

Children bring your mother, mothers bring your family and friends to a fabulous afternoon tea. Relax and enjoy sandwiches and scones, cakes and biscuits. Catch up with old friends and enjoy the entertainment. What better way to celebrate £4 per person, tables may be booked in advance to avoid disappointment, For more details and to book your seats please contact Linda Webster 01366 347563 or Mhari Blanchfield 01366 347849

Beachamwell

Parish Council Meeting

Monday March 11th 7.30

Memorial Hall Enquiries: Eileen Powell 01366 328648

Fincham

Coffee Morning Wednesday March 13th

10.00 - 12pm St Martin's Fincham Enquiries May Pinches 01366 347228

Beachamwell

Scrabble

Wednesday March 13th 2 - 4pm

Orchard House, The Street Beachamwell

Enquiries: Sonia Williams 01366 328774

Barton Bendish Film



Proudly Presents:

'Quartet'

Underwritten by David Mason Images davidmasonimages.com

> Friday March 15th 7.30pm Village Hall

Tickets £4 in advance £5 on the door Festive refreshments included Raffle

Box Office: 01366 347849 email: cinemabarton@gmail.com www.bartonbendishfilmclub@btck.co.uk

Boughton 'Wild Breckland'

An Illustrated Talk by David Mason

Saturday March 16th 7.30pm

All Saints Village Centre

Tickets £5 including light refreshments.

Enquiries: Sue Pogmore 01366 500461 Debbie Fisher 01366 502224

'A Boughton Village Caravan Production'

Barton Bendish

Parish Council Meeting Wednesday March 20th 7.30 Village Hall

Enquiries: Ian Berchem 01366 347 759

Fincham

History Society Wednesday March 20th 7.30 Fincham Memorial Hall 'A Look at the effects of the Parliamentary Acts on Fincham' Enquiries Janet Lynskey 01366 347694 Beachamwell Afternoon Tea and a Chat

> Wednesday March 20th 2 - 4pm

Beachamwell

Memorial Hall

Enquiries Graham & Sonia Williams 01366 328774

Barton Bendish

Come and Join us at St Andrew's Breakfast Church In the Village Hall PALM Sunday 24th March This will take place after the procession from St Mary's and the Service in St Andrew's Enjoy a full cooked breakfast. A chance to enjoy the fellowship of others and get your Sunday off to a very good start!! Everyone very welcome, especially children.

For more details contact Linda Webster 01366 347563 or Mhari Blanchfield 01366 347849

Beachamwell Craft Group

Thursday March 28th

2 – 4.30pm Beachamwell Memorial Hall

Bring along something you are already working on or start a new hobby in a friendly group of like minded people.

> £1.00 + Bring & Buy All welcome.

Enquiries: Leah Spencer 01366 328536

Barton Bendish

Family Coffee Morning Village Hall Easter Saturday March 30th 10am - Midday

Children's and Adult's Competitions For Easter Bonnet or Boy's/Man's Easter Hat

Easter Egg, Tombola Produce stall, Cakes, Raffle etc Any Donations very welcome

Please come along and join in the fun

In Aid of the Village Hall

Enquiries: Jill Mason: 01366 347928



Beachamwell WI Thursday April 4th

7.30pm Beachamwell Memorial Hall

'How the WI came to Sandringham'

Maureen Rispin

Enquiries: Jenny Gabrielsen 01366 328297

Barton Bendish

Come and Join us at St Andrew's

Breakfast Church

In the Village Hall Sunday April 7th 9.30am

Enjoy a full cooked breakfast, a chance to enjoy the fellowship of others and get your Sunday off to a very good start!!

Everyone very welcome, especially children and those not comfortable with a formal service.

For more details contact Linda Webster 01366 347563 or Mhari Blanchfield 01366 347849

WEREHAM VILLAGE HALL AGM

Tuesday April 9th 6.00pm In the Village Hall All Welcome



Barton Bendish

Quiz

Saturday April 20th

7.30pm Barton Bendish Village Hall

Teams of up to 6 people £3.50 per person

Coffee and tea will be available but please bring your own food and drink

To book your table please contact Linda Webster 01366 347564 Janice Parsons 01366 347983

Beachamwell Table Top Sale

Sunday April 21st 10am - 4pm Beachamwell Memorial Hall

Beachamwell Bric-a-brac Team, who are organising this event, invite you and your friends to come to this popular event.

Beachamwell Coffee Morning and Plant Sale

Saturday April 27th

10am - 12 noon Orchard House The Street Beachamwell

All money raised will contribute towards the cost of flower arrangements at the Joint Flower Festival with Barton Bendish in July

> Enquiries Sonia Williams 01366 328774

DIARY DATES

1. **April 2nd** Tuesday Beachamwell Book Group Memorial Hall 7-9 *Leah Spencer 01366 328536*

2. **April 3rd** Beachamwell Wednesday Walkers Memorial Hall 10.30 *Sue Pennell 01366 328452*

3. **April 17th** Wednesday Beachamwell 'Tea & a Chat' Memorial Hall 2 - 4 *Sonia Williams 01366 328774*

4. **April 25th** Thursday Beachamwell Craft Group Memorial Hall 7-9 *Leah Spencer 01366 328536*

5. **May 1st** Beachamwell Wednesday Walkers Memorial Hall 10.30 *Sue Pennell 01366 328452*

6. **May 4th** Saturday The 8 Parish Country Fayre Fincham Memorial Hall TBA *Sarah Addly 01366 347487*

7. **May 5th** Sunday Beachamwell Half Marathon 9am *Brain and Carole Wilson 01366 328628*

8. **May 11th** Saturday Spring Quiz Shouldham 7pm Brian and Ann Hullah 01366 347814

9. **June 2nd Sunday** Barton Bendish Open Gardens *Maureen Tasker 01366 347432*

10. June 9th Sunday Boughton Open Gardens Pam Wakeling 01366 500429

11. June 16th Sunday Wereham Open Gardens Lizzie Baddock 01366 500233

12. June 23rd Sunday Beachamwell Open Gardens Alan Butler 01366 328817

13. June 29th Saturday Barton Bendish Big lunch Pot Luck Picnic

Val McAlister 01366 347570 and Maureen Buck 01366 347703

14 July 14th Sunday Barton Bendish Jazz Picnic 12 - 3

Mhari Blanchfield 01366 347849 and Linda Webster 01366 347563,

15. July 20th Saturday Boughton Jazz Picnic 12 - 3.30

Paul Coulten 01366 500315

16. **July 20th** Saturday Fincham Quiz Memorial Hall 7 for 7.30 *Babs Porter 01760 444 116*

17. July 27th & 28th Saturday & Sunday Joint Flower Festival Barton Bendish and Beachamwell. *Church Wardens - page 38 for telephone numbers*

18. August 18th Sunday Beachamwell Horticultural Show

Carol Wilson 01366 328628

19. August 25th Sunday Beachamwell Fun Day

Matt Brown 01366 328002

Burns Night

Unfortunately due to a family bereavement it was not possible to go ahead with the planned Burn's Night

Afternoon Tea - Mother's Day Weekend

In quintessentially English tradition afternoon tea will be served in the Village Hall on Saturday 9th March at 3pm. Tickets £4 per person – why not book a table and bring the family?

Mhari Blanchfield 01366 347849 or Linda Webster 01366 347563

Barton Bendish Film Club

Presents 'Quartet' at the Village Hall on Friday 15th March 7:30pm

"Dustin Hoffman directs a stellar cast in this bittersweet tale of ageing opera singers forced to face their mortality. Moving, amusing and truthful, the film is a modest, not unduly sentimental work that touches in a light but far from slight way on subjects that will eventually be faced by all of us". Starring Andrew Sachs, Billy Connolly, Maggie Smith, Michael Gambon, Pauline Collins, Sheridan Smith, Tom Courtenay. Running time 90 minutes. Kindly underwritten by David Mason.

Tickets £4 in advance £5 on the door

Box office: 01366 347849 email:cinemabarton@gmail.com or see our website at: <u>http://bartonbendishfilmclub.btck.co.uk</u> for details.

Wild Breckland

If you missed the opportunity at Beachamwell to see David Mason's illustrated talk 'Wild Breckland' he is doing another presentation at Boughton Community Centre, All Saints, on Saturday March 16th at 7.30pm.

Breakfast on Palm Sunday

There will be an extra Church Breakfast in the Village Hall on Palm Sunday (March 24th) following the procession from St Mary's church and service in St Andrew's.



Easter Coffee Morning

We'll be holding our usual family Easter Coffee Morning on Saturday March 30th in aid of the Village Hall. There will be competitions for the best Easter hats, an Easter egg tombola, cake stall, raffle and a few things for the kids to do etc. Donations of cakes, Easter eggs, raffle prizes and produce would be very much appreciated. So please everyone get busy making hats (the more the merrier) and then bring the family along to join in the fun as well as supporting the Village Hall at the same time. We're looking forward to seeing you.

Jill Mason and Co. 01366 347928

Open Gardens

I know our gardens are only just beginning to wake up from their winter sleep but in three months time it will be Barton's Open Gardens Sunday (June 2nd). Please bear this in mind and give it some thought. If you haven't opened yours before it would be very nice, particularly for our regular visitors, to have something fresh to look at. It doesn't need to be either grand or perfect.

As usual there will be a plant stall so rather than discard unwanted plants perhaps you could put them to one side and save them for this.

Maureen Tasker

Flower Festival

This year it is Barton's turn to host the joint Flower Festival held with Beachamwell. It will be held over the weekend of July 28/28th July and the subject is 'Book Titles'.

Mhari Blanchfield and Linda Webster

Swaffham Community Hospital

Lissa Kinsey is no longer able to carry out the annual fund raising collection in Barton Bendish organised by the League of Friends on behalf of the Swaffham Community Hospital. Many people have discovered that this marvellous little hospital, which was facing closure not so long ago, has for various reasons saved them arduous (and costly) visits to the QEH at Lynn.

Is there anyone who would be kind enough to take over this once a year task? If so and you would like to have details of what is involved, please telephone *David Gulliver on 01760 722924*

Parish Council

Issue of New Refuse Bins

Barton Bendish parishioners will receive their new 240 ltr black bins on Thursday, 7th March, 2013. Those who have advised the Borough Council that they do not wish to have their existing 140 ltr black bins replaced should display on these bins the "Please Keep Me" tags provided by the Borough Council.

Parishioners who have asked not to be issued with a 7 ltr food waste bin and kitchen caddy should not, I am told, receive them. If anyone who has informed the Borough Council of their wish not to have these items does in fact receive them, please advise the Parish Clerk (01366-347759) who will then take the matter up with the Borough Council.

Parish Council Meeting 16th January, 2013

The meeting was attended by six Parish Councillors, one County Councillor, the Parish Clerk and two members of the public.

The Council is continuing to pursue its objection to the "Welcome to the Brecks" sign which is within Parish boundaries.

The Council was briefed by County Cllr R. Rockcliffe on the viability of the proposed Borough Council alternative re-cycling scheme. The Parish Council has decided not to support it.

The precept has been held at £4,600 for the third successive year.

The next meeting will be the Annual Parish Meeting which will be held on Wednesday, 20th March, 2013 starting at 7.00 pm in the Village Hall. It will be followed by an Ordinary Parish Council Meeting.

All parishioners are encouraged to attend.

Lt Col I.R.Berchem, Parish Clerk

New Quiz Sheet

The new Quiz sheet with a 'Drinks and Beverages' theme is now available. See advert for details page 12.

Pot Luck Picnic

After the success of last years 'Big Lunch' on the Jubilee weekend, we are planning to hold another Pot Luck picnic this summer. The Provisional Date is Saturday 29th June. Maybe this year the weather will be better and we will be able to hold some of the outside games and competitions that had to be cancelled last year. If you are interested in attending could you please tell us so that we know if it is worth holding another picnic. Nearer the time we will need to have some idea of what dishes people will be bringing.

Valerie McAlister 01366 347570 and Maureen Buck 01366 347703

Forthcoming Events

- 1 Saturday March 9th Afternoon Tea 3-5pm Village Hall
- 2 Friday March 15th Film 'Quartet' at 7.30pm
- 3 Saturday March 16th 'Wild Breckland' at 7.30pm All Saints, Boughton
- 4 Saturday March 30th Easter Family Coffee Morning 10 12 Village Hall
- 5 Sunday June 2nd Gardens Open
- 6 Saturday June 29th 'Big Lunch Pot Luck Picnic'
- 7 Sunday July 14th (tbc) Jazz Festival Barton Bendish Hall
- 8 Saturday/Sunday July 27/28th Joint Flower Festival with St. Mary's Beachamwell to be held in St Andrew's Church Barton Bendish
- 9 Saturday/Sunday 28/29th September Art and Craft Exhibition
- 10 Thursday/Friday 21/22nd November Wreath Making (also possibly a daytime workshop)
- 11 Saturday 14th December Evening of Entertainment 7pm

See adverts pages 23 - 29

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St. Mary's

Firstly I would like to thank everybody for their good wishes during my recent illness and rather long stay in hospital. The cards, telephone calls and emails we received were all so greatly appreciated. I am really pleased to be back in Beachamwell now and getting back to normal

Church Daily Opening

The church is now open every day and we hope this will encourage visitors to go inside. Unfortunately this means that, for the time being, all the brass has to be locked away to keep it safe. A wooden cross has been hand-made for us and will be placed on the altar and blessed in the near future.

Open Gardens Day

Our annual Open Gardens' Day will be held on Sunday 23rd June this year with music, refreshments and much, much more so I do hope you will make a note in your diary. More details next month.

Festival of Flowers

Details of the plans for the Flower Festival to be held jointly with Barton Bendish on Saturday 27th and Sunday 28th July in Barton Bendish this year (next year in Beachamwell) will be circulated shortly. The theme for 2013 will be "A Book Title".

Apart from flower-arrangers we will again need a Rota of people to help with Refreshments, the Raffle, and the stalls and to "steward" the church for both days.

As we did last year both villages are planning fund-raising events to raise money to help pay for the flowers. With the money raised we will offer an equal sum to everyone who is making an arrangement to help defray its cost. In order to raise these funds in Beachamwell we are holding a Coffee Morning and Plant Sale on Saturday 27th April here at Orchard House, The Street, Beachamwell. Please make a note of the date in your diary and if you have some spare seedlings or plants we will be very pleased to have them for the Plant Stall. We are hoping for much better weather this year for our Coffee Morning. Last year, as I remember, we had a very heavy rainstorm throughout the morning and were very grateful to everyone who braved the storm to join us!

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Dates for your Diary

- The next Scrabble Afternoon will be Wednesday 13th March from 2 p.m. –
 4 p.m. at Orchard House, The Street, Beachamwell.
- The next Afternoon Tea in Beachamwell Memorial Hall will be on Wednesday 20th March from 2 p.m. 4 p.m.

If you would like any information about either of the above events please contact me on 01366 328774 or williamsoldies@gmail.com

Graham Williams (Churchwarden)

St. Mary's Flower & Brass Cleaning Rota

3rd Sarah Richardson [Lent Brass only]
10th Mary Riches [Lent Brass only]
17th Sonia Sandell [Lent Brass only]
24th Gill Sanderson [Lent Brass only][Palm Sunday]
31st Several People [Easter Sunday]
If anyone is interested in joining the Flower Rota please contact me and I will explain what is involved.

Eileen Powell

Mobile Post Office

Monday, Tuesday, Wednesday, Thursday and Friday: 11.15 - 12.00

Parish Council

The next meeting will be held in the Memorial Hall on Monday March 11th at 7.30. Everyone is welcome

Eileen Powell (Parish Clerk)

Table Top Sale

This will take place on Sunday April 21st from 10am – 4pm in the Memorial Hall. Please come and bring your friends

Beachamwell Bric-a-brac Team

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

WI

After the business part of the February meeting was completed, the speaker, Mr



Steve de Roeck and his wife were introduced. We were expecting a talk on 'Travels in South America and China', however, we were given instead a fascinating presentation on Africa.

Mr de Roeck is a professional pilot and specialises in aviation and travel, photography and photo journalism.

His photographs were stunning and his informative talk was littered

with humorous comments.

Margaret Brooks was unfortunately unable to be there but she sent in a beautiful flower arrangement for the table.

Sadly Margaret Webster was unable to join us – we wish her well.

Maggie Mackenzie, who is new to Beachamwell has become our latest member, we too wish her well.

All in all it was a most enjoyable evening. *Eileen Powell*



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Wednesday Walkers

Our latest walk on 6th February took us to Shingham and on to the deserted village of Caldecote, where geologists have discovered there was once a lake. Sue Pennell's knowledge of local history, geology, flora and fauna really adds to the enjoyment of our walks. The weather was mixed but did not spoil our

morning. As one regular walker said, "If you had told me 6 months ago that I would be out enjoying a walk in this weather (sleet), I'd have said you were mad!"

Our next walk is 10.30am Wednesday 6th March and will take us up Long Drove for a glimpse of Devil's Dyke before we head home. It will take approximately 2 hours.

Leah Spencer





Sue Pennell Photographs

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

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DATE	VILLAGE	LOCATION	TIME		
Thursday	Beachamwell	Post Office	10:05 am		
14th Mar	Drymere	Telephone Box	10:40 am		
11th Apr	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm		
	Barton Bendish	Hatherley Gardens	9:40 pm		
Thursday		The Pond	9:30 am		
14th and 28th Mar 11thand 25th April	Wereham	Queen's Close	16:20 pm		

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION			
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham [please check]			
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham			
Deachaniweii	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham			
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham			
Wereham	28 (Mon to Sat) 40 (Mon to Sat)	Coach Services Coach Services	King's Lynn Thetford/Downham			

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham Swaffham Watton	Third Friday 9:00am to 2:00pm First and Third Sunday Sadly no longer trading

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE AND PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Caroline Sanderson	01366 328244
Boughton	Pam Wakeling	01366 500 429
Wereham	Doreen Rolph	01366 500218

CHURCH SERVICES

March	2013
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Date	Time	Location	Service
3rd March	09.30 am	Barton Bendish	Sandwich Service
	09.45 am	Shouldham	Morning Prayer
	10.30 am	Marham	United Morning Service (HT)
	11.00 am	Beachamwell	Holy Communion
	6.00 pm	Wereham	Evensong
10th March	n 09.30 am	Shouldham Thorpe	Holy Communion
	10.00 am	Boughton	Breakfast Church
	10.30 am	Marham	United Morning Service (MC)
	06.00 pm	Fincham	Evensong
17th March	n 09.45 am	Shouldham	Holy Communion
	10.30 am	Marham	Holy Communion
	11.00 am	Beachamwell	Family Service
	11.00 am	Wereham	Holy Communion

24th March is Palm Sunday with Easter Sunday on 31st March. Services for these Sundays and for Holy Week are to be found on page 5

Thursday Communions

March 7th Fincham March 14th Boughton March 21st Fincham

Churchwardens

Barton Bendish	Mhari Blanchfield	01366 347849			
	Linda Webster	01366 347563			
Beachamwell	John Sanderson	01366 328818			
	Graham Williams	01366 328774			
Boughton	Pam Wakeling	01366 500429			
Wereham	Sheila Smith	01366 858165			

Baptisms and Weddings

Please contact the Revd. Barbara Burton (01366 348079) or the Churchwarden in your parish.

Boughton Fen Report to Parish Council Meeting 15.02.2013

In my last report, I mentioned that we had won awards from the CRPE. Ten of us attended the award ceremony at the Assembly House in Norwich where we collected both awards. The certificates are on display here, in the church.

All of our new interpretation signs have been erected; one on each fen and one in the playground.

Dave Horkan and I attended a seminar about the Wissey Pilot Catchment Project, which is one of sixteen pilot schemes in England and Wales to encourage various interested parties to work together and enhance the usage and enjoyment of the river. A few days later, the steering group met here in Boughton Church and followed their meeting with a walk around the fen.

The roadside trees and bushes have received a long overdue haircut. To stop branches potentially damaging passing vehicles and blocking visibility - it is our responsibility to maintain our greenery. Thanks go to W R Chapman and Son for carrying out the work for us without charge.

Our contractor, Lee Roberts is continuing with our scrub control programme with some work on middle fen.

The first winter working party on Sunday 2nd February - lot of work was carried out cutting back areas of scrub on Highland Fen and keeping the paths clear. Obviously, the high water levels have restricted work this winter. We are hoping to construct a new piece of boardwalk at the entrance to Highland Fen to bridge the area that floods during heavy rain, which has been quite often this winter.

Work proposed by the Environment Agency and Natural England to assist with retaining water in the fen has been postponed until the autumn, due to the very wet conditions.

The Health Walks Fit Together Group are visiting us again on April 11th at 10.30am. If you fancy a morning walk with a group of people come along. Details can be found on <u>www.activenorfolk.org/fittogether</u>.

Some younger people are becoming involved, with Josh Reardon from Boughton carrying out the community element for his bronze Duke of Edinburgh award with us on the fen. His young muscle power at the recent working party kept us going. The Wereham cub group are also intending to spend time there carrying out work towards their conservation badges.

Spring is just around the corner, so we look forward to seeing the first summer visitors along with butterflies, blossom and other things that make Boughton Fen special. *Mark Pogmore*

Parish Council Newsletter

Although both the PC Meetings, held four times a year, which are open to the public and the minutes of those meetings are posted on the G4N website, your PC recognises that many parishioners are unable to either attend the meetings or have access to the minutes on line.

In order to ensure that you are kept more abreast of the activities of the Council we shall be issuing a quarterly newsletter to summarise what the PC are doing. This newsletter will appear in the printed edition of the G4 News, on-line and by e-mail to those who are on the distribution list. For those of you who receive this via the G4 News, but not by e-mail, why not drop a line to <u>councilor.agate@tiscali.co.uk</u> and we will add you to the distribution for future issues.

Over the past quarter we have continued to maintain the village in good order, as well as keeping the green mowed, contributed to the upkeep of the churchyard and replaced or maintained the various signage and street furniture around The Green and outside the playground. Late last year we had a working party around the pond, tidying growth and trimming low hanging branches.

Planning in the village has been quiet recently with no applications of note to report.

Recently the Fen Sub-Committee has secured two awards for their work on Boughton Fen, which, with the help of Natural England, is the envy of many other Fens under stewardship in the county. You may have noticed a new information board in the playground recently. This is one of several, the others being dotted around the fen, which gives information about the fen, the pathways and some of the wildlife you might expect to see on your walks. We heartily recommend a walk around the fen, using the footpath markers and boardwalks to keep your feet out of water, and enjoy nature as it is intended.

But what is this costing you may ask? Well most of the work on the fen is supported via grants due to the hard work of the Fen Committee, as well as volunteers carrying out work parties during out-of-season times during the year. The remainder of the Council's activities are supported by the Village precept of £1300 via your Council Tax. We are proud to record that for the third year running that the precept has been held at zero increase. This due to the hard work of the Council managing parish funds and also by the many, many hours of voluntary work put in by both councillors and parishioners alike. The Council would like to thank all those who have helped with our activities. **Boughton Parish Council**

Continued on page 44

Boughton History

Boughton Having seen the Historv Pages on our local website www.group4news.co.uk, Paul Rix, one time Parishoner, returned to Boughton and recalled his childhood memories of village life in the 1950's. The following notes are what he left with Frank Reid and Kevin Fisher and we hope it stimulates interest to villagers past and present. If anyone else has any memories, photographs or information of any kind that they would like to share please contact Kevin on 01366 502224

Memories of Childhood in Boughton (circa mid 1950's) - Part 2

We, along with the rest of the village, didn't have electricity, I did my homework by the light of a Tilley lamp! Drinking water came from a shared tap on the end of Claude Chapman's outhouse [1, Manor Cottage] at the end of the lane. Water for washing was collected from the pond if your water butt was low. Most people had to collect it in buckets. Dad being Dad had a demountable tank on a set of wheels!

This was in the days of 'coppers' to boil the washing and heat the bath water. The trick was to place the tin bath as near as possible to the open fire box under the 'copper'. Too close and you could burn yourself, too far away and you'd freeze. I can still remember the draught under the back door when the wind was in the north! It defeated all efforts to stop it.

Then came the luxury of light at the flick of a switch and clean water at the turn of the tap, no more torch lit trips to the outside loo, sitting there watching the shadows of spiders cast by the flickering candle light.

For Dad, it meant no more Friday evening cycle trips to Ernie English's Garage in the Hight Street at Stoke Ferry with the 'accumulators' to get them charged so we could listen to the 'wireless'. He used to take four in a rack, ours, Grans, Uncle 'Hub' his brother, and Claude Chapman's.

Mentioning Uncle 'Hub', he was the head 'pigman' on the farm. He and Dad designed and built what was for then a large modern piggery, the 'secret' was the narrow passage up the middle with feeders either side. Along the outside walls was a wider passage, accessed by gates from the main pens, these gates just happened to be exactly the same width as the passage. The advent of tractors meant to 'muck out' all the pigman had to do was close off all of the

gates and reverse a tailor made bucket through the passage. At the end was a pit, with a trailer backed into it so all the 'muck', in reality more like slurry, went straight into the trailer. All this was fine, very efficient. A job which used to take an hours hard work now achieved in minutes with the help of a Ford 'Dexta'.

Fine, until you came to empty the trailer which was a standard petit 2 ton tipper, I'll leave you to imagine what happened when you opened the tailgate to tip it out! Hub was pretty quick on his feet, but not that quick! I can remember him complaining to Dad about it, 'can't you do something about it?' The solution he found was to cut the back off a new trailer and replace it with a fixed sloping back, problem solved! One of Roger Robinson's sons was a Director of Weeks Trailers, he saw this 'wondrous invention', patented it and the rest is history.

Back to our early years. A favourite pass time was to sit on the railings of The Chapel wall collecting car numbers. As there were only about six or seven in the village, a new one was a real prize!

If we had a couple of hours to spare then our usual 'hideaway' was the 'newt pit', opposite the end of the church yard, we used to sneak in through Mr Kellingrays overgrown garden at the bottom of Ted Smith's plot. If we went through Ted's garden there was the danger that Winnie might see us, as we weren't really allowed to go to the 'newt pit. I suppose it was quite dangerous, it was very deep under the tree trunk we used to sit on and none of us could swim! Our 'spot' was an eye shaped hole formed where two trunks had grown together, split, then grown together again. We would put a tiny tail of a brandling worm on our bent pin hooks tied to a piece of black cotton and lower it into the depths. Our usual prize was a stickle back, our 'keep net' was the obligatory jam jar.

Sometimes a 'monster' would loom out of the shadows and grab our worm, the ultimate prize was a male great crested newt!

As we grew, we got rods of one sort or another and began fishing the big pond which was much safer as the water was shallow and the bottom hard. Our quarry being the bright rudd which were abundant. In time many of the small ponds, like the 'newt pit' were stocked by us with these jewels, so we had our secret little hideaways. I remember being very sad when one very hot summer the fish in the 'newt pit' died, among them a huge eel.

It wasn't long after this I started fishing for eels in the big pond. I actually caught

a few weighing around 2 pounds, absolute monsters to us kiddies. Of course the others had to try! A certain David Cooper (alias Golly) got a bite off one, dropped his rod and ran away! Leaving me to land it! Nicky Reeve, a shepherd, from Eastmoor, who worked a lot for Roger Robinson came along and bought it off Golly for 2 shillings (10 pence) as I recall!!

We, by we I mean Golly and I, often used to go to the back of the White Horse and buy a bottle of Manns Brown which we would share on a hot afternoon fishing, keeping it cool between the reeds. My fishing/bird nesting mate Golly was one of the most accident prone kids I've ever come across, if he wasn't falling out of trees, it was fish hooks in his fingers, or breaking an arm or leg! He always seemed festooned in bandages or was sporting a plaster or stitches.

Even at about five or six years old some of us used to go on long bike rides, the usual route being down Fen Road [now Oxborough Road], across Eastmoor to Barton Bendish and back to Boughton. We would rarely meet a car, there was so little danger then, the worst risk was falling off and getting gravel rash. We all took a sandwich and a drink in a glass bottle, no plastic then! Carried in our parents old gas mask bags! You could tell which farm our Dads worked on by the colour of our bikes, tractors came with a tin of paint in those days to keep them smart, blue for Ford, green for John Deere, orange for Alice Chalmers, grey, later red, for 'Fergies'.

Other early memories like going to Richard's [Clarke] at the Post Office to watch television a couple of times a week, flicker black and white, well shades of grey. Bill and Ben, The Wooden Tops, did we really like Andy Pandy? Then there were such heroes as Roy Rogers, The Cisco Kid and Hopalong Cassidy and the Lone Ranger, no Derby winner could have caught them up! A little later there was the game changing 'Crackerjack' with Eamonn Andrews and Double or Drop, why would kiddies want a cabbage? Then we got a tele of our own, 'About Anglia' with Dick Joyce, anyone remember 'Byegones'? Oh! And Michael Hunt with his bow ties and weather forecasts. No more homework by the light of a Tilly Lamp. To be continued...... **Paul Rix**

Parish Council

At the Council meeting on 15th February 2013 we are very pleased that Andy Beeston and Tom Roberts have joined Boughton Parish Council by way of co-option. *Frank Reid*

All Saints' Church

The Annual Parochial Church meeting will be on Monday 22nd April at 6 pm in the church. The meeting is open to all, although only those on the electoral roll may vote. The statutory six-year revision of the electoral roll must take place before then

The APCM will be followed immediately by the AGM of the Boughton Community Centre Development Committee.

The newly restored window will have been reinstated by the time this magazine is printed. Many thanks to all who have helped raise funds, particularly a donation from the BVC. It's good to see the community helping to keep up what is now our village hall as well as our church. It was good to see visitors from Denver and St Germans at the Breakfast Church on Sunday 10th as more churches want to follow this pattern. Many thanks to Sandy and her team of helpers for arranging and producing such a friendly and enjoyable 'alternative' service. We had an interesting talk from Barbara, following the question she had been asked at Shouldham School ' How do you know Jesus exists?' She told us about the historical evidence, but the question of faith is for us to discover for ourselves.

There will be a service for Easter on the night of Saturday March 31st. This is the Easter vigil which we have held before and will include the first communion of Easter. It will start at 8 pm, with fire, choir, candles and refreshments to follow! Do come along and join us.

I've already mentioned Open Gardens Day on the second Sunday in June. Please consider opening your garden. It doesn't have to be perfect, but people love to come along and see and to chat about plants and gardens in general. If you can't open yours, then think about helping either with lunches or teas, or by donating plants and other items for sale.

Pam Wakeling

Dog Fouling

Over the past few months dog fouling within our lovely village has become a serious problem.

Not cleaning up after your dog demonstrates a lack of respect for fellow villagers, so please bag it and dispose of it responsibly.......*Name withheld*



Bingo

Every Wednesday evening at the Village Hall, starts 7.30 pm. Cash prizes.

Race Night

The George and Dragon on Saturday 16th March - all welcome - starts 8.00 pm.

Wereham on Facebook

To find out what's going on in the village and look at local and event pictures log into Facebook we are Wereham Village Group

First Aid

I have several people interested in another 'First Aid' evening for parents and carers. Hopefully this will be during early March. Please ring for details.

Angela 01366 500115

Wereham Tots

Friday mornings from 10.00am to 12.00 noon. All welcome.

Angela 01366 500115

Wereham Open Gardens Sunday June 16th

Hopefully when you read this the worst of the winter will be over and Spring will be springing!

If you are thinking of opening your garden this year for a first time I would be pleased to chat to you about it. We are not looking for 'show gardens'. Our visitors enjoy wandering around the gardens, getting ideas, looking at the plants and chatting with the owners. Finally, ending the afternoon with a cup of tea and a cake on hopefully, a sunny Sunday summer afternoon. This will be our 11th which is tremendous and was our best yet!

We also serve salad lunches and afternoon teas. If you feel you would like to help with either of these by baking a cake, helping to prepare and serve or in any other way please contact me.

I am grateful for any help that you may wish to offer either on the day or before the event. Looking forward to hearing from you!!

Lizzie Baddock 01366 500233

The Wereham Neighbourhood Watch

Annual General Meeting will be held on the 19th March at 7.30pm in Wereham Village Hall.

Every one is welcome so do please come.

Thanks Rosemary

Village Hall Committee - Fantastic New Kitchen Appliances

The new range cooker (funded by Love Norfolk) and the new larder fridge (funded by Freebridge) have been delivered and had their 1st use at the Christmas Carols event, easily catering for 50 people! Many thanks to Adam Richardson and Karl Butcher for changing the kitchen units to accommodate the new appliances and to Chris James for changing the electrics at short notice. These appliances allow us and you to cater for larger numbers of people - ideal for family do's or large parties.

For hall bookings, please contact Doreen on 500218

A big thank you to Daphne and the Bowling Club for cleaning out the tea Urn at Christmas - a job much appreciated.

Ink Cartridges - Please keep your old ink cartridges. To help with our maintenance costs a "Friend of Wereham Village Hall" Pauline is organising a cartridge collection box for the village hall. Details to follow in the next G4.

New Table and Chairs - Big thank-you to Louise who applied for a Grant Application for new tables and chairs in the hall last year....Tadahh...we have been approved and fingers crossed in mid March we should see brand new tables and upholstered chairs in the hall. With that in mind, we have old tables and chairs to sell so if anyone interested please contact Victoria on 501277.

Spring Clean Sale

In Wereham Village Hall. Saturday 9th March from 1.00pm onwards. Clothes, bric-a-brac, toys and much, much more. Come along and find some bargains. Refreshments available. Donations can be collected by arrangement with Angela or Dianne. Thanks for all your support.

Contact Angela 500115 or Dianne 500798

Village Hall AGM

We have pencilled in the AGM for the Village Hall to take place on April 9th at 6pm. More details to follow. All residents are encouraged to attend to find out what we've achieved in the last 12 months and what we are doing to progress with the new Village hall.

New Trustees

We would like to welcome on board Graeme Key and Rachel Barron onto the Committee and becoming new "TRUSTEES".

If anyone would like to join us in becoming "Friends of Wereham Village Hall" or to find out more about this exciting journey please feel free to contact myself, Jacqueline 500880 or Victoria 501277

Update from New Build Team -

To progress our Trusteeship, we have invited a solicitor to our next meeting 26th February. Following this meet, we expect to replace the trust deed and become Trustees.

We have taken training courses at the NRCC to understand what funders expect in the applications and how to get it. We have also taken a course in Governance to ensure we know what we're doing when we become trustees and register as a charity.

We are in the process of booking visits to other village halls that have been successful in funding to gather evidence for you to decide what kind of village hall you'd like (evidence required to support the lottery application) we're visiting brick builds, wooden builds and eco builds. More details to follow.

Colin Venes from the recently successful Lottery win at Thornham, has offered to visit us. He'll be telling us how they won their £500k bid for a new village hall. We'll be booking him in after our next meet.

We look forward to giving you our next update on this exciting journey!

Helen Richardson and Victoria Gray - New Build Team, Wereham Village Hall Management Committee

Wereham Village Clock

You may have spotted that the church clock stopped running after the power cuts we experienced on February 6th. This is because the clock was converted from manual rewind to auto rewind during the extensive refurbishment which was completed in 2009.

The auto rewind, however, requires mains electricity and if a power cut occurs, lasting for more than four hours, the pendulum will stop and then requires a hand start to recover.

I carry out minor (first aid) repairs to the church clock and will normally have it back in use within 24 hours of the power being returned to the village.

Phil Norris

Delivery of G4N

We're unable to continue delivering of the booklets for much longer. I'm happy to handle the next two issues (end of February and March) but need someone to take over in April. Volunteers please contact me.

Regards, Chris Ward 01366 500005

(Thank you Chris and Chandra for doing a sterling job. I do hope that someone will come forward - it would be a shame if Wereham were to miss out on receipt of the monthly copy of the magazine. Ed)

Parish Council Meetings

The last meeting was held on Tuesday 15th January. If you would like a copy of the Minutes please contact:-

Mrs N E Clifford-Everett (Parish Clerk),

33 Lynn Road,

Southery,

Downham Market PE38 0HU.

01366 377799

The next Parish Council Meeting is on Tuesday, 12th March at 7.30 - all welcome.

Please note that dogs are no longer allowed on Wereham Village Playing Field.

Wereham Parish Council

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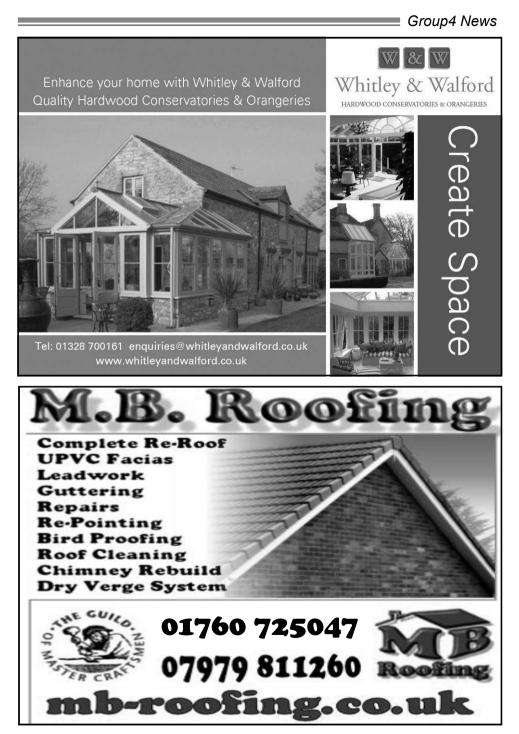
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CHILDREN'S PAGE

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Words may go vertically and horizontally in either direction

R	D	G	I	J	Ν	Е	М	Y	т	н	J	L	М	V	С
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EASTER BUNNY HOT CROSS BUNS JESUS CHRIST PALM SUNDAY SIMNEL CAKE GOOD FRIDAY CHOCOLATE EGGS MAUNDY THURSDAY DAFFODILS PARADE CRUCIFIXION RESURRECTION

QUIZ PAGE

- 1. Which county in Scotland is known as 'Big Tree Country'?
- 2. Make a connection between the actresses Lois Maxwell and Samantha Bond.
- 3. What is unusual about the way camels chew?
- 4. Is the earth round or oval?
- 5. Which 'Soap' is set in Chester?
- 6. Which is higher, Nelson's Column or the Scott Monument (Edinburgh)?
- 7. Which teeth are nearer the front of your mouth molars or premolars?
- 8. Which tree doesn't produce winged seeds beech, ash or sycamore?
- 9. What type of lettuce is also a slang word?
- 10. Which two creatures feature on the front of a British passport?
- 11.Why do we say something imminent is 'in the offing'?
- 12. What is an inglenook in an old cottage?
- 13. Do fish have eyelids?

14. The following answers begin with London - (a) saxifrage umbrosa (b) Clash Album (c) giant wheel (d) Red transport

15. Netherland Dwarf, Polish, Dutch and Harlequin are all breeds of what?

16. When you deceive someone you 'pull the wool over their eyes'. How did this originate?

- 17. What was the last battle fought on Scottish soil?
- 18. What percentage of the Earth's land surface is permanently covered in ice and snow 6%,10%,16% or 20%?
- 19. Are guinea pigs nocturnal?
- 20. What is a Lipizzaner?

Answers: 1. Perthshire because there are so many magnificent specimens in the area: 2. Both have played Miss Moneypenny in Bond Films: 3. Their mouths move in a figure of eight: 4. Oval - it is slightly flat at the Poles: 5. Hollyoaks: 6. The Scott Monument is 200' whilst Nelson's Column is 185'; 7. Premolars: 8. Beech: 9. Cos: 10. Lion and unicorn: 11. The offing was the most distant part of the sea visible from land, so when a ship returned from a voyage it was seen that 'in the offing': 12. A warm fireside corner or recess: 13. No, the water constantly washes and lubricates their eyes: 14. Pride, Calling, Eye and Bus: 15. Rabbit: 16. From the days when elaborate wigs were worn. Pulling someone's wig or wool down over their face temporarily blinded them: 17. Culloden: 18. Around 10.73%: 19. No: 20. A breed of horse.



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