

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

March 2015

WELCOME



Another packed edition for you to peruse at your leisure.

Once again, there are so many events happening in the villages and surrounding area we are spoilt for choice.

If you are able to attend any of those advertised the organisers will be more than pleased and appreciate your support.

As always, 'Happy Reading'

The Editorial Team

Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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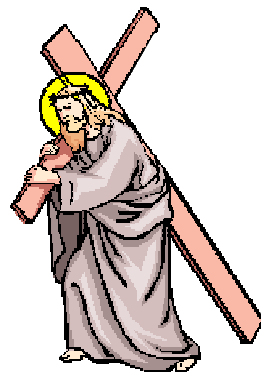
‘FROM THE RECTORY’



New Rectory
High Street
Fincham nr. King's Lynn
Norfolk
PE33 9AP
01366 348079

Dear All,

At some time during Lent I offer a service of Stations of the Cross. Walking the 14 Stations of the Cross has been a Christian devotional practice for centuries. It involves journeying with Jesus, from the point where he is condemned to death to his crucifixion. Various points of the story are illustrated by pictures or carvings set up around a church – some churches have the Stations permanently in place. Those attending literally travel around the church from Station to Station, recalling Jesus' journey to the cross in Jerusalem on Good Friday, with a Minister reflecting briefly on each Station and saying simple prayers. The Stations of the Cross are practised by Roman Catholics and Anglicans, and some other Christian denominations have learned the value of the practice, which is said to have begun with St. Francis of Assisi. The Stations of the Cross are also celebrated in Jerusalem each year by thousands of Christian pilgrims along the route which Jesus took, known as the Via Dolorosa. I was introduced this devotional exercise by seeing Stations of the Cross in the gardens at Walsingham Shrine many years ago. If you've never meditated on the Stations of the Cross, give it a try. It'll help you grow in Christ and I think you will find it a very moving experience.



Barbara

BENEFICE NEWS



*We shall be travelling through Lent together again
around various Churches in the
Deanery.*

*This year, however, there is no topic as each Church
will be covering Lent
in their own way.*

The dates are as follows, all starting at 7.30pm

25th February	Christ Church Whittington
4th March	Stow Bardolph
11 March	Methwold
18th March	Denver
25th March	Downham Market

Light refreshments will be served after each service

RECIPE PAGE

Moroccan Chicken and Lemon Soup

Ingredients

30 mls each sunflower and olive oil
600g chicken legs jointed and skinned (I use chicken thighs)
Two small onions roughly chopped (about 60g)
Two medium carrots roughly chopped
One leek cut into quarter inch slices
Three sticks celery cut in quarter or half inch slices
Two large cloves of garlic, crushed (I always double this)
30 ml honey
60 ml raisins
15 to 20ml medium curry powder
5 ml ground cumin
2 1/2 mls ground allspice
One litre chicken stock
50 g long grain rice
Salt and freshly ground black pepper
One large lemon thinly sliced and de-pipped

Garnish

150 ml Greek yoghurt
30 ml fresh coriander chopped

Method

Heat the oils with pinch of salt and brown the chicken pieces lightly on both sides. Remove the chicken. In the same saucepan cook the onion gently (covered) until soft, without colouring. Add the leeks, carrots, celery, garlic and cook for two minutes. Stir in the honey, curry powder, cumin and allspice and stir over the heat for one minute. Return the chicken pieces to the pan together with the rice and lemon slices and raisins. Stir to coat in the spices. Pour in the stock, stirring well and bring to the boil. Cover and simmer gently for 20 to 25 minutes. Remove chicken meat from the bones and return the meat to the pan. When ready to serve, garnish with the Greek yoghurt and chopped coriander leaves.

Pammie Walker

COUNTRYSIDE NOTES

The Latin name for a starling is '*Sturnus vulgaris*' and indeed their behaviour can



seem quite vulgar at times! Unrefined they may certainly appear crowding onto a bird table and grabbing at the food. They walk about with self assurance and their voices can hardly be described as melodious being a mix of chattering and twittering interspersed with clicking. Starlings also have an amazing and sometimes annoying ability to mimic sounds such as other bird's singing and day to day noises. Their nests are a mass of straw or dried grass stuffed untidily into cavities in walls, roofs

and rocks. Numbers are said to be declining but there seems no shortage locally and the population is boosted by winter immigrants from the Continent. Other than somewhere to sleep at night the numerous fields of pigs round about provide all they need. There are easy pickings in the paddocks where they find water, food either by scrounging what has been put out for the pigs or from insects attracted to them and worms in the enriched earth. In spring there is a plentiful supply of straw for nest building. Out of the breeding season starlings are very gregarious and sites where they gather to roost become covered in droppings making them unwelcome visitors in towns and cities.

Starlings are in fact the Jekyll and Hides of the bird world and well worth a closer look in more ways than one. From a distance they appear to be black but close up adults have the most beautiful plumage shining iridescent in the sunshine and in winter flecked with white. Just as the light begins to fade in winter they have a ritual of gathering together in large noisy groups in trees or on telephone lines. The decision is then suddenly made to fly to a local roosting sight which, in the middle of January, for our local starling population was the reed beds at Boughton Fen. Over a period of 25 minutes or so a 'murmuration' of 5,000, probably many more, gathered in the sky above. First only a hundred or two which soon became a thousand or two as they were joined by incoming groups. As the sun dipped behind the trees so began one of nature's spectacles. What an incredible sight they made dipping and swirling in synchronised flight over the Fen like wafted smoke, sometimes momentarily forming a thick cloud or a tornado-like funnel.

As they swept round it was like being able to actually see orchestral music with lulls and crescendos, peaks and troughs. I was left wondering which bird it was who gave the command to change direction. As darkness fell a few hundred at

COUNTRYSIDE NOTES

a time dropped into the reeds out of the mass. This went on for several minutes until all of a sudden the last few plunged down and suddenly the sky was empty. (See page 42 for Mark and Sue Pogmore's account of this happening Ed)



Can you help me? Presumably there was once a gibbet along Gibbet Lane at Boughton/Wereham. Does anyone have any information about it? **Jill Mason**

GARDENING TIPS

Whilst eagerly looking forward to March and our renewed activities in the garden; writing this article on 1st February looking out onto brilliant sunshine, I find it somewhat difficult to anticipate the conditions we shall have some four weeks ahead. I always try to look on the bright side in the hopeful anticipation that we shall have an early spring but I expect we shall experience the usual mixed bag! However, we cannot do anything about it so we must simply make our plans and work with the weather.

Subject to conditions being suitable, early in the month shallots and onion sets can be planted in the vegetable garden. Again, conditions being right, an early sowing of potatoes, peas and carrots could be planted about the third week in March, but as I have written before “don’t try to make haste too quickly” – March is a fickle month and can produce some really hard frosts.

Some damage to trees, shrubs, soft fruit bushes and canes is inevitable through the winter months. Cut away any affected growth as quickly as you can. Failure to do so will only bring problems later. Prune off the growing tips of raspberry canes and tie in any that have come adrift through the winter. When conditions allow lightly fork around these subjects removing any weeds and other debris and give them a dressing of sulphate of potash. If dry conditions persist, water in the potash dressing and finally apply a mulch around the plants.

When conditions are dry, it gives us the opportunity to start spring work on the lawns. Scarify and give the lawn a good brushing with a besom to remove any remaining debris before applying a spring feed. Then try and keep off the area to give the grass a chance to recover before it is trodden down again.

As time allows lightly fork over the flower beds removing any overwintering weeds and any other debris that could not be moved in February. This will allow the soil to dry out and warm up ready for subsequent plantings.

Towards the end of the month the time will come to prune the roses. Large flowered (H.T.) roses need to be hard pruned down to four or six inches (10 or 15 cm) above ground level to give the best flowers. Pruning to a higher level may give you more blooms at an earlier date but their quality will not be as good. Like many other things – it is a personal choice. Cluster flowered (floribunda) roses should not be cut so low. These roses were developed to provide a larger number of smaller flowers so pruning to about twelve inches (30cm) is more suitable. Pruning complete, again fork lightly around the bushes to remove any weeds and above all pick up any old leaves that have been affected by ‘black

GARDENING TIPS

spot'. I always spray the bushes at this stage with both an insecticide and a fungicide and finally apply a rose fertilizer around the base of the plant, again watering this in (with a rose on the can) if dry conditions persist.

Autumn sown sweet peas need to have their growing tips cut out down to four leaves early in the month. Slightly loosen the top of the soil round each plant and give the plants a light watering. A further watering a week or so later may well be necessary to promote the growth of side shoots. Towards the end of the month, subject to the conditions prevailing, it may be possible to set the plants out into their flowering positions. However, before doing so fork over the surface of the site and work in a handful or so of blood, fish and bone fertilizer. You need to achieve a good planting medium and put in any supports for the plants before the actual planting takes place.

Those of us who have a greenhouse can really make a start. Almost anything can be sown in the greenhouse in March. Timing is down to the seeds in question and the possible need for any heat in or after germination. Early in the month bring dahlia tubers out of store, check for any rot or other problems, treating as necessary and then set them up over a little heat to promote the growth of new shoots that can then be taken as cuttings later in the month. I use a simple wooden surround about three inches high (7cm) lined with black polythene placed on the staging, setting up the tubers in dampened peat (or substitute) with a small paraffin heater underneath. If your chrysanthemums are not producing new shoots you can try the same procedure with them. I did so last year with good results. When ready cut out the new shoots and set them up in three and a half inch pots (8cm) in a 50/50 mix of horticultural grit sand and J. A. Bowers sieved seed compost. If you don't have a propagator put the pots over the heated area instead of the old tubers. Until next time, enjoy your gardening whatever the weather!

Roy Coughtrey



FROM THE SMALLHOLDING

In the first few days of the New Year we did our best to give the fruit trees a



good start to the year by Wassailing again. Mark's muzzle loader with its trail of sparks gave the scene a degree of 19th Century authenticity



and the mulled cider helped to keep the cold out. Now for the pruning, this is a job we enjoy thinking about but reluctant to get at it for fear of harming the trees and thus reducing their productivity. The seasonal fact of winter helps to see what needs doing. With no leaves the outline and structure of trees can be more clearly seen and perhaps better understood. From my study window I can enjoy the 'slant and twist' of the trees in Birch Wood as well as the undulating pattern of the uppermost twigs, So it is that by standing by an apple or pear tree at this time of year it can be seen whether some branches are crossing in to the centre and so likely to cause unwanted shading. Leaving too much young top growth on trees of the root stock we use makes picking difficult; our days of ladder work are over.

Much of the Holding looks a bit of a mess calling for a pre-spring tidy up, in fact we have made some progress with the preparation of beds for sowing in March and April. There is a winter compensation for not tidying up too soon; blackbirds and fieldfares relished unreached apples and ornamental crab apples and a pair of bullfinches enjoyed picking over remnants of autumn fruiting raspberries - I remove the top netting on the cage to avoid the frame being damaged by snow. It is salutary to reflect that not long ago bullfinches were persecuted and now, if not rare, they are probably uncommon. Bullfinches with their bright pink breasts, black caps and white rumps are a gorgeous winter sight! Especially when viewed against a background of frost or snow. They are welcome to thin out

FROM THE SMALLHOLDING

excessive buds on my trees - within reason of course!



Lengthening Days

It is surprising how soon into a new year that increasing day-length is noticeable; and with that a welcome improvement in the quality of light. Driving back from Foulden about midday the early mist had cleared and the individual trees responded in their own way to the light, it was almost as if I was looking at that landscape for the first time, marvellous. You can see how plants and birds respond to this quality light and with the help of the new light we can discern points of growth and the brightening of colour. My doctor tells me how important daylight is to health and wellbeing. It certainly helps to lift one's spirit.

With that thought the 40 days of Lent will increase in their brightness and we can look forward to Spring colour in the Smallholding and in our gardens to herald an early Easter

Robin Blackall

February 2015



Volunteer role and network

*Supporting local people and communities to **benefit from growing their own food at home and on communal land.***



We look for volunteers with at least **two years food growing experience** and a **passion to encourage** others to have a go. Organic growing techniques are part your training, so you don't need to be an expert.



We ask for about a half a day a month. That's **30 hours** or more volunteering a year at time and place to suit. You may already be doing quite a bit towards this!

Meet new people and share your growing knowledge



Support **three local households** that would like to start growing food or grow more. Offer regular advice and encouragement for individuals, families or groups for a 12 month growing season.



Promote food growing to your community through events, talks, articles, schools, communal spaces, and your innovations to bring people together.

Next induction training weekend – 28 and 29 March 2015

Locally hosted course. Develop the confidence to find and mentor new food growers.

Please get in touch with me, county co-ordinator, Gabbie Joyce

0758 4583803 | gjoyce@gardenorganic.org.uk

norfolk.mastergardeners.org.uk



NorfolkMasterGardeners



GardenOrganicUK

Join your local network sharing activities, successes and challenges

Breckland Council and charity Garden Organic have joined together to promote a revival in local food growing skills across the towns and villages of the district.

More and more people want to grow their own for a healthy diet and lifestyle, learn skills, save money, access green space, environment-friendly organic gardening, and contribute to national food security.

People like **YOU** stand for election!
Local elections are being held on 7 May 2015



Monday 2 March 2015

Breckland Council

Anglia Room, Elizabeth House

Walpole Loke, Dereham, Norfolk NR19 1EE

**Come along and find out more about local
government and standing for election.**

Refreshments from 6pm

Event commences 6.30pm



To book your place or for further information,
email: leanne.neave@breckland.gov.uk
or telephone: **01362 656225**
Breckland Council Democratic Services

COULD YOU HELP A YOUNG PERSON WITH A DISABILITY TO THINK ABOUT THEIR FUTURE?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact:

Vicki Howling, the project co-ordinator for an informal chat.

Telephone 01366 386972 or 07926 044845

Email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.



CSV, 237 Pentonville Road, London, N1 9NJ

Find out more at www.csv.org.uk

Like CSV UK' on Facebook: www.facebook.com/CSVUK

Follow @CSV_UK' on Twitter: www.twitter.com/@CSV_UK



“Hold a Fish and Chip Supper to help spinal cord injured people rebuild lives after injury”

**Great British Fish and Chip
Supper
Friday 15th May 2015**

Want to eat Fish and Chips, while raising money for charity? Hold a fish and chip supper on Friday 15th May 2015 whilst raising awareness of spinal cord injury and supporting SIA's vital services.

You can hold a fish and chip supper in your own home, at work or hold a larger supper at your local community centre.

SIA will provide a fundraising pack containing hints and tips, recipes, invitations and donation envelopes. By inviting 8 friends and asking them to donate an additional £5.00 means you will raise at least £40.00 from your supper but we will also give you additional fundraising ideas to raise even more money for SIA.

In 2015 we want to make the batter matter and raise £40,000 from everyone holding suppers. Last year we raised £20,000 from the suppers.

The money raised from the suppers will help the Spinal Injuries Association offer support to individuals who become paralysed and their families, from the moment a spinal injury occurs and for the rest of their lives by providing services and publications which enable and encourage paralysed people to rebuild lives after spinal cord injury.

Every year in the UK over 1,000 people experience a spinal cord injury and there are an estimated 40,000 spinal cord injured people in the UK alone.

Community Fundraising Manager, Elizabeth Wright, says, “The Fish and Chip Supper is a wonderful opportunity for a great evening with friends and family. We are also encouraging people who work to hold a Fish and Chip Lunch in their work places to raise even more funds. You may be even a local community group wanting to run a fun evening with your group.

For more information or to request a fundraising pack call Elizabeth Wright on:- Telephone 08450714350, or email fundraising@siafishandchips.co.uk or visit www.siafishandchips.co.uk





Easter Holiday Club



Open Monday through to Friday each week
throughout the school holidays.

excluding Good Friday and Easter Monday

On Wednesday's each week
we will be having a **SPECIAL** day with fun activities

Wed 1st April Easter crafts and activities

Wed 8th April Gardening activities

Catering for ages 2 to 8, even if they do not attend
Stoke Ferry school



£3.50 per hour, lunch provided for £1.90

Call Little Oaks **01366 502150** or pop in to pick up a booking form
but hurry as places are on a first come first serve basis



Downham Market Town Council

Dates for your Diary



Friday, 6th & Saturday, 7th March 2015 10:00am - 5:00pm
Downham Market Town Hall Spring Craft Fair

Friday, 20th March 2015 9:00am
Downham Market St Winnold Parade

Thursday, 26th March 2015 2:30pm & 7:30pm
Downham Market Town Hall Cinema Showing - "Magic in the Moonlight" (12a)

Thursday, 9th April 2015 6:30pm for 7:00pm
Downham Market Town Hall Annual Town meeting

Thursday, 23rd April 2015 10:00am to 3:00pm
Downham Market Town Square St George's Day fun

Thursday, 30th April 2015 7:30pm
Downham Market Town Hall Cinema Showing - "The Imitation Game" (12a)

For any more information on the above events please contact
Nikki on 01366 387770 nikki@downhammarkettc.co.uk

WHAT'S ON AT DOWNHAM MARKET LIBRARY MARCH

For further information about these events, or to book your place where necessary, contact the library on 01366 383073. All children must be accompanied by an adult.

1. Fix it Friday – West Norfolk Befriending Information Stand: Friday 6th. 10 – 12. Come along and find out about their services and volunteering opportunities.
2. The Wissey Writers: Friday 6th. 2 – 3pm. Come along and listen to them reading some of their works. Refreshments provided (donations welcome).
3. Keeping up with the Children – English: Starts Monday 9th. 1.15 – 2.45. Free seven week course to help parents support their children's learning at home. Free crèche. Booking essential.
4. Enlightenment - Is it any fun? Tuesday 10th. 1.30pm – 2.30pm. A talk on the benefits of meditation with Sally Dearman-Cummings, ex RAF pilot and BBC weather presenter. £1 payable on arrival includes refreshments.
5. Dementia Friends Session: Wednesday 18th, 10.30 – 11.30. Get to know some facts about dementia and become a Dementia Friend. Booking essential.
6. Start of the Great Big Community Read! Monday 23rd. Come along and get your copy of *The Garden of Evening Mists* by Tan Twan Eng. Community Read coffee morning on Friday 24th April 10 - 11.30
7. Make an Easter Box: Tuesday 24th. 1 – 3. Booking essential. £1 payable on arrival includes refreshments.

Regular events

Family Fun! Every Saturday between 10 - 12.30. Games, puzzles, colouring!

Scrabble Club: Tuesdays 3rd and 17th. 1 – 3. No need to book but places on first come basis.

Rhymetimes: For pre school children and their parents/carers. Thursdays 10.30 - 11 (term time only)

Knit & Knatter: 1st & 3rd Wednesday of each month (term time only). 1.30 - 3. 4th & 18th

Computer Help: Need a bit of help getting online or stuck on how to use your tablet? Want to start tracing your family history? The library offers one to one help with all these things - just ring to book an appointment with one of our volunteers.

Elena Parkin, Community Librarian, Norfolk County Council, Downham Market Library. Email: elena.parkin@norfolk.gov.uk



HINTS ON ENGLISH PRONUNCIATION FOR FOREIGNERS

I take it you already know of tough and bough and cough and dough?
 Others may stumble but not you on hiccough, thorough, laugh and through?
 Well done! And now you wish perhaps to learn of these familiar traps?
 Beware of heard, a dreadful word, that looks like beard and sounds like bird.
 And dead: it's said like bed, not bead, for goodness sake don't call it deed!
 Watch out for meat and great and threat, they rhyme with suite and straight and debt.

A moth is not a moth in mother nor both in bother, broth in brother.
 And here is not a match for there, nor dear and fear for bear and pear.
 And then there's does and rose and lose – just look them up and goose and choose.

And cork and work and card and ward and font and front and word and sword.
 And do and go and thwart and cart.... Come, come, I've hardly made a start!
 A dreadful language? Man alive, I'd mastered it when I was five!

Wereham

Pop-Up Café



**1st Tuesday
every month
10.30 to 12.00**

Fresh coffee/tea, home-made cakes, sit and read papers or have a natter....



Just £1.00.



All proceeds go to Village Hall.

Beachamwell Book Group

Tuesday March 3rd

7.00 - 9.00pm

Beachamwell Memorial Hall

Book to be discussed at this meeting

'Waterland'

Graham Swift

Annual subscription £15.00

New members welcome

Enquiries:

Leah Spencer 01366 328536

Wereham Weekly Cash



Wereham Village Hall

Wednesdays

Doors open 6.45 pm

Eyes down 7.30 pm

**Raffle and Refreshments
with complimentary biscuits**



**Enquiries: Roger Collins
01366 500088**

All proceeds go to Village Hall
Registered Charity Number 115136 Wereham Village Hall



Beachamwell WI

Thursday March 5th

7.30pm

Memorial Hall

**'Aromatherapy and Therapeutic
Massage'**

Mrs Laura Cowlard

Visitors £3.00

Enquiries:

Jenny Gabrielsen 01366 328297

Barton Bendish Coffee Morning

Saturday March 7th
10am – 12.00
Village Hall

IN AID OF THE ROYAL BRITISH LEGION

Raffle
Cakes
Books

Enquiries:
Freda Rumball 01366 347324

Wereham Quiz

Saturday March 7th
7.30
Village Hall

Tickets £5 to include a hot
supper
Bring your own drinking glasses

For further details and to book
a table contact John on
01366 500 766

Beachamwell

Parish Council Meeting
Monday March 9th
7.30
Beachamwell Memorial Hall

Enquiries:
Eileen Powell 01366 328648

Beachamwell Local History Group

Tuesday March 10th
7:30
Beachamwell Memorial Hall

All welcome

Enquiries:
Mike Walker 01366 328242
Maggie Mackenzie 01366 327023

Beachamwell

Scrabble
Wednesday March 11th
2.00 - 4.00
Orchard House, Beachamwell

Enquiries:
Sonia Williams 01366 328774

Beachamwell

"Pop Up" Pub

Friday 13th March

6.30 pm onwards

Beachamwell Memorial Hall



Bring your friends

Licensed Bar with selection of beers,
wines and bar snacks

Enquiries

Susie Davis 01366 328249

*A Beachamwell Memorial Committee
Event*

Beachamwell WI

Craft Taster Evening

Learn a new craft or share your skills
with others

**Tuesday March 17th
Patchwork and Quilting**

7.30 - 9.30

Beachamwell Memorial Hall

All ages welcome

You don't need to be a WI member or
female!

£3 (includes equipment and materials)

Enquiries or to book a place:

Helen Ranger 01366 328589

Maggie Mackenzie 01366 327023

Beachamwell Afternoon Tea and a Chat.....

Wednesday

March 18th

2 - 4pm

**Beachamwell
Memorial Hall**

Enquiries

Sonia Williams

01366 328774

Beachamwell & Fincham

Family History Group

Tuesday March 17th

2.00 - 4.00

£2.00 All Welcome

Beachamwell Memorial Hall

Enquiries

Leah Spencer 01366 328536

Beachamwell

BMH AGM

Wednesday March 25th

7.30

Beachamwell Memorial Hall

Enquiries

Susie Davis 01366 328249

Beachamwell Craft Group

Thursday March 26th

2 – 4.30pm

Beachamwell Memorial Hall

Bring along something you are already working on or start a new hobby in a friendly group of like minded people.

£2.00 + Bring & Buy

All welcome.

Enquiries:

Leah Spencer 01366 328536



Wereham Messy Church

**Thursday 26th March
4.00pm-5.45pm**

Starts in the church followed by activities and a free meal in the Village Hall

It will again be informal, fun and enjoyable. It will include stories, singing, activities and FOOD. Don't miss it. We are looking forward to seeing you there.

Please also put these dates in your diary

Thursday June 11th 4.00pm -5.45pm

Thursday Sept. 24th 4.00pm-5.45pm

Thursday 26th Nov. 4.00pm-5.45pm

Enquiries:

Debbie or Ian Rye telephone 502083
or call in at The Old Chapel by the pond.

Wereham Spring Sale Saturday March 28th

1pm onwards

Wereham Village Hall

Come find a bargain!

Refreshments will be available during the Sale. Also there will be a home-bake cake stall, together with a Tombola Stall.

30p entrance fee, children free

Enquiries:

Angela 01366 500115

Dianne 01366 500798.

Beachamwell STOP PRESS ... Tai Chi

coming to Beachamwell

If you find yoga and pilates a little too strenuous, you might be interested in Tai Chi. This gentle exercise has many health benefits, including improving balance, posture and mobility.

Sessions will be held in the village hall on Tuesday afternoons with times, dates, cost etc advertised in the April edition.

Enquiries:

Leah Spencer 01366 328536



Beachamwell WI Open Meeting

Thursday April 2nd

7.30pm

Memorial Hall

**'Magic and Witchcraft in the
Brecklands'**

Mrs Imogen Ashwin

Visitors £3.00

Enquiries:

Jenny Gabrielsen 01366 328297

Barton Bendish

Family Coffee Morning

Easter Saturday April 4th

10am-Midday

Village Hall

Exhibition of Easter Hats

**A small gift will be given to every child
who exhibits a hat.**

Easter Egg Tombola,

Produce stall, Cakes, Raffle etc

Any Donations very welcome

**PLEASE COME ALONG AND JOIN
IN THE FUN**

In Aid of the Village Hall

Enquiries:

Jill Mason 01366 347928

Barton Bendish Quiz Night

Saturday April 18th

7.30

Village Hall

Tickets £4 per head

Teams up to 6

Bring your own food

Enquiries:

Janice Parsons 01366 347983

Linda Webster 01366 347563

Proceeds to St. Andrew's Church

Beachamwell WI

Craft Taster Evening

**Learn a new craft or share your skills
with others**

Tuesday April 21st

Knitting

7.30 - 9.30

Beachamwell Memorial Hall

All ages welcome

**You don't need to be a WI member or
female!**

£3 (includes equipment and materials)

Enquiries or to book a place:

Helen Ranger 01366 328589

Maggie Mackenzie 01366 327023



Sheringham Shanty Men

'Sea Shanties and Folk Music'

www.shantymen.com

Sunday March 29th 3.00pm

Swafttham Assembly Rooms

£7.00 for members

£10.00 non-members

Tickets from

Green Parrot 01760 724704

Ceres Bookshop 01760 722504

Enquiries:

Eileen Powell 01366 328648

Nar Valley Ornithological Society (NarVOS)

Tuesday 31st March 7.30pm

The Barn Theatre

Sacred Heart Convent School, Swafttham.

Access and parking from Sporle Road.

An illustrated talk by David Lindo

Urban Birding

We are delighted to welcome David Lindo of TV fame to NarVOS for the biggest event in our calendar, namely this talk from the Urban Birder. David describes himself as: "A broadcaster, writer, naturalist, photographer, public speaker, tour leader and oh, I have been known to do the odd bit of birding!" We hope you can join us for what promises to be a fabulous evening.

Visitors most welcome. Admission £2 on the night if you are not a NarVOS member

Enquiries: Ian Black 01760 724092



Oxburgh Hall - What's On 2015

Oxborough, King's Lynn, Norfolk
PE33 9PS

Telephone 01366 328258 Email
oxburghhall@nationaltrust.org.uk

To avoid disappointment, please book events in advance on 01366 327242, unless otherwise stated. A small booking fee applies to bookable events.

MARCH

Willow Weaving Workshops

Monday 23 & Tuesday 24 March,
9.30am - 2.30pm

Join our Outdoors Team and learn the ancient craft of willow weaving. Make your own 'obelisk' plant support to take home with you and learn to use materials using willow, dogwood, hazel and other foliage to create other things.

Please bring apron, thin gloves, secateurs and warm clothing (workshop takes place in a marquee).

£32.50 - includes tea/coffee on arrival and a 20% tearoom discount voucher.
Limited numbers - booking essential.

Beachamwell WI

*We welcome women of all ages to our
friendly local group for talks,
workshops, social activities and visits.*

Our schedule for 2015 includes:

Theatre and cinema trips
Yoga and aromatherapy
Meeting local food producers
Family history
Wildlife and nature
Cafe and restaurant visits
Historic houses
Craft workshops and demonstrations
Discussion of national issues in women's lives
Drama and poetry
Scenic walks

Why not join us?

Our monthly meeting is held on the
1st Thursday of each month at 7.30 pm
in the Beachamwell Memorial Hall.

*For more information or to join us
for a meeting, contact*

Maggie Mackenzie 01366 327023

Helen Ranger 01366 328589

theWI
INSPIRING WOMEN

FUNNY CHURCH NOTICES

All these notices have actually appeared in church bulletins or announced in church services. You may have seen some of them before but.....

Announcement in the church bulletin for a National Prayer and Fasting conference: 'The cost for attending the Fasting and Prayer conference includes meals.'

The vicar is on vacation. Massages can be given to the church secretary.

The sermon this morning: 'Jesus Walks on the Water'. The sermon tonight: 'Searching for Jesus.'

Wednesday, the Ladies Liturgy Society will meet. Mrs Jones will sing 'Put Me In My Little Bed' accompanied by the Organist.

Eight new choir robes are currently needed, due to the addition of several new members and to the deterioration of some of the older ones.

The ladies of the church have cast off clothing of every kind. They may be seen in the basement on Friday afternoon.

The pastor would appreciate it if the ladies of the congregation would lend him their girdles for the pancake breakfast next Sunday morning.

The concert held in Fellowship Hall was a great success. Special thanks are due to the minister's daughter, who laboured the whole evening at the piano, which as usual fell upon her.

On a church bulletin board during a minister's illness: 'GOD IS GOOD. Dr Hargreaves is better.'

Miss Charlene Mason sang 'I will not pass this way again,' giving obvious pleasure to the congregation.

Don't let worry kill you off – let the Church help.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Burns Night

Once again Mhari and Linda came up trumps with organising a Burn's Supper. When we entered the village hall it was decked out with so many Scottish flags and bunting it made us wonder if we were about to be addressed by someone from the SNP! But no, the traditional proceedings of Burn's Night were followed starting with Grace being said then the addressing of the haggis by Mhari which was kindly interpreted by Linda so that us Sassenachs could better understand what was being said. It was duly served along with mashed potatoes and 'neeps' followed by cheese and biscuits accompanied by a 'wee dram' then coffee and shortbread. A toast to the Immortal Memory was made by Joc Keshet-Price, another to the Lassies by Frank Reid and one to the Laddies by Rev. Barbara Burton then Ian Berchem recited Tam O'Shanter. All this was interspersed with everyone joining Tom Golden on the keyboard and Sandy Reid in singing some of Burns most famous songs. A very enjoyable evening ended with a rousing rendition of 'Auld Lang Syne'.

A lot of organising goes into a holding an evening like this and the 'behind the scenes' crew did a magnificent job. We had glimpses of Fran, Janine, Lee, Zach, James and Emily as they served the meal and cleared away while rumour has it that Joan was chained to the kitchen sink all evening! A big thank you must go to everyone involved for their hard work.

The Chapman Family

On the evening of February 7th the Chapman family revived the old tradition begun by Bill and Daisy many years ago of hosting a dinner for the senior citizens of Barton. What a brilliant evening it turned out to be!

Just before 7pm various guests appeared from all directions some carrying bowls of steaming vegetables and desserts wrapped in towels and cloths. These complemented the delicious turkey, beef and wine brought along by the family. Generous portions of everything were followed with fruit crumble, cheese and biscuits, coffee and mints. Then it was time to exercise our lungs by joining Tom Golden on the keyboard in a rousing medley of familiar old songs.

The generosity of the Chapman family who supplied all the ingredients for the meal, as well as the drink, and the ladies who were working away so hard in the kitchen serving food and washing up made for a super evening. I'm sure everyone who was there will join me in saying a **BIG** thank you to one and all.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Royal British Legion Coffee Morning - Saturday March 7th

As there were so many events being held in November and December Freda decided to postpone her annual Coffee Morning in aid of this charity and is now holding it on Saturday March 7th from 10am to 12 noon in the Village Hall. There will be a cake and produce stall as well a raffle and books will also be on offer. Any donations will be gratefully received.

Please come along and show your support for this worthy cause.

Easter Coffee Morning - Saturday April 4th

We are holding our annual coffee morning to raise funds for the Village Hall. There will be the usual Easter Egg tombola, stalls, raffle and a few things for the children to do. There will also be one of Joan's superb cakes decorated with eggs to win if you can guess the correct number of eggs she's used.

This year however instead of having competitions for the best hats in different classes we will hold an exhibition of them with a small gift being given to each child who enters. Adults who enter will be entitled to a free slice of cake.

As usual donations of Easter Eggs, raffle prizes, cakes and produce would be greatly appreciated.

Do please come along to support your village hall and enjoy a cup of coffee, piece of cake and a chat.

Looking forward to seeing you.

Jill

Quiz Night Saturday - April 18th

Our annual Quiz Night is being held in the Village Hall at 7.30pm. To book a table please contact - Linda and Tim 347563 or Janice and Chris 347983

Potluck Picnic

We are planning another Potluck Picnic this summer if enough people are interested. The date will likely be a Saturday or Sunday in June after Open Gardens (7th June). Please let us know if you would be interested in coming, and (if so) your preferred date. Please call Val McAlister on 01366 347570 or Maureen Buck on 01366 347703.

Thanks Val

Gardens Open Sunday June 7th

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Calling All Word Game and Crossword Fans!

The new Barton Bendish quiz sheet is now available. There are 50 questions with answers all on a CHEESE and WINE theme. This quiz will keep you entertained for hours and only costs £1! There is a prize of £15 for the winner. Names of correct entries (or those who have the highest number of correct answers) will be put 'into a hat' and the winner drawn on May 22nd.

To get your sheet you can contact;

Mhari Blanchfield	01366 347849 (Barton Bendish)
Linda Webster	01366 347563 (Barton Bendish)
Jill Mason	01366 347928 (Barton Bendish)
St Andrew's Church	(Barton Bendish)
Ann Lewing	01366 328350 (Eastmoor)
Margaret Webster	01366 328888 (Beachamwell)
Sonia Williams	01366 328774 (Beachamwell)
Debbie Fisher	01366 502224 (Boughton)
Lynda Eddy	01366 501308 (Wereham)
The Berney Arms	01366 347995 (Barton Bendish)

More people are needed to sell the Quiz sheets so please contact Mhari or Linda if you feel you would be able to help

Quiz sheets are also available at Barton Bendish fund raising events. Proceeds in aid of St Andrew's Church

Easter Chicks and Bunnies

Look out for this year's most sought after Easter gifts!!! Once again we are selling knitted Easter bunnies and chicks (and a couple of new lines too) stuffed with Cadburys crème eggs, in aid of St Andrew's church fund. They can be purchased at the Berney Arms, at Barton Bendish fundraising events and from Linda or Mhari.

If you enjoy knitting and would be willing to join our knitters (wool and patterns can be provided), or you have oddments of wool you would be happy to donate, please contact **Mhari (347849) or Linda (347563)**



BARTON BENDISH & EASTMOOR VILLAGE NEWS

Barton Bendish Ordinary Parish Council Meeting held on 14th January 2015

The meeting was chaired by Cllr J R Bostock, 3 parishioners attended.

The meeting was attended by Mr Andrew Wallace, Highways Engineer, at the request of the Parish Council, to discuss the issue of speeding vehicles in the parish. It was agreed that Mr Wallace would arrange for Highways to do an assessment of the village to include consideration of implementing a speed restriction. This would probably not be completed until 2016 and as an interim measure installation of additional signage to encourage motorists to reduce their speed may be available.

A decision was made to set up a Parish Council website. This will be part of the Norfolk Parishes website managed by Norfolk County Council and is a free service for the Parish Council. Further information will follow when this is available.

The Parish Council made a decision on the Precept for 2015/16 and agreed to set the figure at £4680, which includes a Council Tax Support grant of £150. This would represent another year of no increase for parishioners.

Information was received from West Norfolk Community Transport who operates a dial-a-bus service which covers Barton Bendish every Friday into Downham Market. It starts at 10.30am and returns at 1.30pm. The cost is £5.00 return or £3.00 for concessionary pass. For membership forms or further information contact their office on 01760 720906 during daytime hours on weekdays.

Parish Council elections will be taking place on Thursday 7 May 2015. If you are interested in becoming a Parish Councillor or would like further information please contact the Clerk on the details below.

The Police have the power to prosecute farmers or hauliers who leave mud on the road and don't clear up. You can report incidents via the non-emergency number **101**. Other Highways issues can be report directly to Norfolk County Council on **0344 800 8020** (24hr service) or via email on highways@norfolk.gov.uk

The next meeting will take place on Wednesday 11th March, 2015. This will be the Annual Parish Meeting followed by an Ordinary Parish Council Meeting starting at 7.00 pm in the Village Hall.

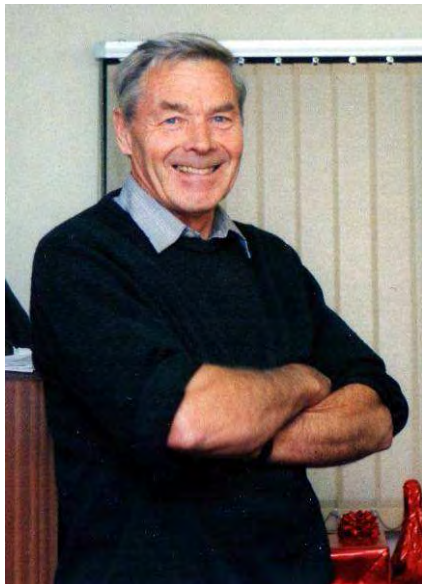
Miss Sarah Thorpe, Parish Clerk, Telephone number: 01945 430930

Email: bartonbendishparishcouncil@aol.co.uk

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Richard Emmett - A First Class Farmer 1932-2014

Many tributes have been paid to Richard Emmett, who was better known as Dick. He had been Managing Farm Director for I.R.Yates Ltd at Lower Farm, Narborough for more than twenty years, and died peacefully, after a long illness, on Christmas Eve, aged 82.



He was born into a family of market gardeners who grew vegetables, which they took in the early morning hours every day to sell at Covent Garden. At thirteen, Dick obtained a scholarship for Maidenhead Technical College. Where, alongside the usual school subjects, he studied agriculture and for the first time began to enjoy learning. At just sixteen, he went as an exchange student to work on a farm in Denmark for a year. He had read that Denmark's agriculture was progressive and, despite having been occupied during the war, was

recovering faster than the UK. It was very hard work. His first job was being in charge of a pair of horses for ploughing, drilling and harvesting. He also milked dairy cows by hand and remembered well the bitter winter cold and how his hands ached.

His first job as a farm manager came when he was twenty three, on a mixed arable and dairy farm in Sussex. He then managed farms in Norfolk and Essex before arriving at Lower Farm in Narborough. He had found the place where his passion for farming flourished. At the start Dick found Lower Farm to be in a poor state. Over the years he transformed it into a highly productive, efficient and much admired enterprise.

On his retirement from farming in 1994, he moved with his wife Beryl, to live in The Old Rectory, Shingham, where they had many happy years. Dick was able to concentrate on his passion for gardening and the new challenge of mastering the game of golf! **Kim Emmett-Ropero** (Condolences to the family. Ed)

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Wyn Brancham née Barrett 1916 - 2015



It was with great sadness we heard about Wyn's death.

A truly lovely lady who was greatly missed when she left Beachamwell in 1998 and moved to Swaffham to be near to Tricia her daughter.

Wyn was born here, attended the village school until she was 14, got married in St Mary's and had her funeral service there.

The first house the Barrett family lived in was in the Meadow but it



was pulled down many years ago. She lived with her parents at 28 The Street until she married Paddy. They lived in a house behind the school but when that was pulled down moved to 46 The Green. They later moved to 8 Chestnut Walk. Paddy died just after their Golden Wedding and Wyn remained there until her final move to Swaffham. She has two daughters, Patricia and Sandra and six grandchildren. Her nephew, Michael Brancham and her niece, Cynthia Barrett still live in the village.

On leaving school she was nanny to Patricia Villiers Stuart and the son of one of the Headmistresses. She also worked as a stewardess at RAF Marham in the Sergeants Mess.

She was very active in village life. A member of the PCC, a stalwart of the Church Flower Rota, raised lots of money for St Mary's with her famous Coffee Mornings and was very proud to meet Prince Charles when he came to open 'The Church Trails'. She was an avid tennis player, loved a game of dominoes and cards, delighted in her garden and was a very good gardener. One of the founder members of the WI she was with us until her move from the village.

She loved Beachamwell, was very welcoming to new residents, always had a smile and a kind word for everyone. It was a pleasure to know her.

Condolences to the family **Eileen Powell**

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St Mary's Church

Porch Roof Restoration: Work is now well underway on the roof of the porch and we hope it will be finished in early March. The church will remain closed until the work is completed and the Service on Sunday 1st March will be held in Beachamwell Memorial Hall at 11 am.

Open Gardens Day: This year our Open Gardens' Day will be Sunday 28th June and every offer of help will be greatly appreciated. Please contact John Sanderson (01366 328818) or Dick Wainer (01366 328706) if you can support the event in any way. There are so many ways to help from opening your garden to helping put up marquees, erecting signs, baking cakes, helping with ploughman's lunches or afternoon teas, delivering leaflets and in many many other ways. We really would like to hear from you.



Beachamwell Half-Marathon: This year the annual event, organised by Carole and Brian Wilson, will take place on Sunday 3rd May. Please support it by taking part, sponsoring a participant or coming to support the runners, walkers and cyclists when they set off from the Memorial Hall at 9 a.m.

Carole and Brian Wilson would very much like some more volunteers to act as marshals along the route. It is essential that there are enough marshals so if you are able to spare an hour or two during the morning of 3rd May they will be very pleased to hear from you on 01366 328628.

Copper and Lead Thefts: The Diocese of Ely and our insurance company have once again brought to our attention the fact that the theft of copper, lead and other metals from church roofs, guttering and lightning conductors is becoming increasingly widespread due to the rising price of these materials. As St Mary's is now open during daylight hours the brass and metal crosses and other items have sadly had to be removed for safe-keeping but the church is still vulnerable to theft. There have recently been quite a number of thefts in Norfolk with one church losing most of its roof so if you have any concerns please let either myself, John Sanderson or another member of the PCC know or contact the police as soon as possible.

Dates for your Diary: These can be found on pages ?

Graham Williams (Churchwarden) 01366 328774 or williamsodies@gmail.com

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

WI



Once again we had a thoroughly enjoyable evening. There was a fascinating presentation from Sue Pennell. Her knowledge of butterflies and moths is quite incredible and the photographs were stunning. Thank you for all

your hard work Sue, it was very much appreciated.

Please look at pages 20 and 24 for details of our next meetings. I would also draw your attention to pages 22, 24 and 26 which you should find interesting.

Thought for the month is 'Never ignore a person who loves you, cares for you and misses you because one day you might wake up and realize you lost the moon while counting the stars...'

Eileen Powell

Beachamwell Memorial Hall (Charity registration number 303900)

It was lovely to see so many people at our January Pop Up Pub, a great way to start 2015. The next 'pub' will be on Friday 13 March.

The AGM of the village hall will be held in the hall at 7.30pm on Wednesday 25 March. Come along to the meeting and see what we have bought for the hall this year and hear what we have planned for next year!

The hall is a great asset to the village because it has been developed and maintained by successive groups of people, who have worked enthusiastically to

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

get things done. If you would like to join (or re-join!) the committee you will be very welcome. **Beachamwell Memorial Hall Committee**

Contact: Susie Rix, secretary (suedavis@afiweb.net)

Annual Horticultural Show News

It may still be a little early (and cold) to do much in the garden, but while you are looking through seed catalogues and planning what to grow, don't forget the Beachamwell Annual Show, organised by the Horticultural Society. This will take place on Sunday 16 August and there will be catagories for vegetables, salad produce, fruit, flowers and produce. New this year will be a bottle of non-alcoholic fruit drink, a Victoria sponge and a hand made cushion cover. There will also be another Family Scarecrow Competition, with the theme A Film Character.

Please put the date in your diary and look out for further updates!

Leah Spencer

Wednesday Walkers in February



Oh dear, there was a little snow here and there and ice on untreated roads but did the Wednesday Walkers falter? No! Just a change of route to stay off these slippery roads and then a dozen or more walkers and one well-behaved dog (on a lead, of course) set off. And it was not so bad really. Once striding out we warmed up enough to enjoy the views from the Warren Belt and to admire the host of snowdrops at Shingham.

We were delighted to welcome new Wednesday Walkers to our midst and we hope they will come again. Why don't you too join us – at your own risk, of course – on the first Wednesday each month at the Village Hall at 10.00 a.m. to explore our many rights of way?

Sue Pennell

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

The opening hours are as follows:-

Monday and Thursday: 11.30 - 12.00

Tuesday, Wednesday and Friday: 11.15 – 12.00

Parish Council

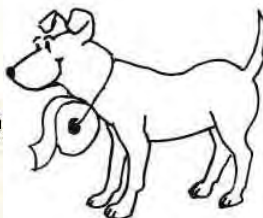


After much discussion the Bottle Bank has had to be removed as a new site could not be found. Please do **NOT** leave any bottles at the old site. Pete Garner and Pat Clarke have had to remove those which were left there – unbelievable that people did not take their bottles home when there was nothing to put them into.....!

Talking of thoughtlessness, people are still allowing their dogs to foul the verges. Complaints have been received about the state

of the verges in The Street actually beside the dog bin!!!. Also in Shingham beside the Church and down the lane.

Please think of the environment and the



inconvenience it causes your neighbours.

Forthcoming Elections

Make sure that you look at page 13. Further details re the elections will be issued in due course so please look at the Parish Council notice board.

The next Parish Council meeting will take place on Monday March 9th in the Memorial Hall at 7.30. Everyone is welcome to attend. If you have any items for the agenda please give them to me in writing at least a week before the meeting. As always, if you have a query or a problem, you can consult any of the Councillors at any time – they are more than willing to listen and help if they can.

Eileen Powell (Parish Clerk)

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday March 17th	Barton Bendish	Hatherley Gardens	9.55 am
	Beachamwell	Old Post Office	10:15 am
	Drymere	Telephone Kiosk	10:40 am
	Boughton	Mill Road	14:20 pm
Monday March 2nd, 16th, 30th	Wereham	The Pit	9:30 am
		Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	Third Friday 9:00am to 2:00pm
Swaffham	First and Third Sunday

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

CHURCH SERVICES

March 2015

Date	Time	Location	Service
1 st March	11.00 am	Beachamwell	Holy Communion
	10.30-11.30	Marham	Café church
	NB 9.30 am	Shouldham	Morning Prayer
	6.00 pm	Wereham	Evensong
8 th March	11.00 am	Barton Bendish	Family Communion
	10.00 am	Boughton	Breakfast Church
	6.00 pm	Fincham	Evensong
	10.30 am	Marham	Morning Prayer
	9.30 am	Shouldham Thorpe	Holy Communion
15 th March			
Mothering Sunday	11.00 am	Beachamwell	Morning Prayer
	10.30 am	Marham	United Morning Prayer
	NB 9.30 am	Shouldham	Holy Communion
	11.00 am	Wereham	Morning Prayer
22 nd March	6.00 pm	Barton Bendish	Evensong
	11.00 am	Boughton	Holy Communion
	9.30 am	Fincham	Holy Communion (said)
	10.30 am	Marham	Holy Communion
	29 th March 10.00 am	Barton Bendish	Procession from St
Palm Sunday			Mary's to St Andrew's, before dramatized reading and a service of Holy Communion.
	6. 00 pm	Fincham	Choral programme for Easter with choir

NB Shouldham – please note change of time and alteration to services.

Thursday Communions

Short service of Holy Communion followed by coffee (or tea!) 5th, 19th, 26th, at Fincham 12th at Boughton

Churchwardens

Barton Bendish	Mhari Blanchfield 01366 347849. Linda Webster 01366 347563
Beachamwell	John Sanderson 01366 328818. Graham Williams 01366 328774
Boughton	Pam Wakeling 01366 500429
Wereham	Sheila Smith 01366 858165

Baptisms and Weddings

Please contact the Revd. Barbara Burton or the Churchwarden in your parish.

BOUGHTON VILLAGE NEWS

Poppy Appeal 2014

The door to door collection raised £174.67. Thank you to all concerned.

Angela Faherty

Boughton Parish Council

Boughton – Speeding

In the September issue of G4N your Parish Council set out proposals for village gateways to help reduce vehicles speeding through Boughton. The responses were very positive. As a result the Parish Council agreed to arrange for gateways to be installed at both ends of the village (that is at the Mill Hill Road end and at the Stoke Road end. The gateways have now been built and Norfolk County Council will install them to ensure they meet all relevant highway requirements.

Hopefully by the time you read this they will have been installed. Many thanks to all who responded to the consultation and to those who helped in the various aspects of the project – a particular thanks to Andy Beeston who used his excellent skills to build the gateways.

Fingers crossed that gateways help reduce speeding through the village or we shall have to seek out further measures.

Tom Roberts

Boughton Open Gardens 2015

This event will take place on June 14th, the second Sunday of the month. Please consider opening your garden in aid of the church. Various people have moved from the village, so we need new volunteers. This is the main fundraiser for the church and usually raises a large proportion of the money we have to pay Ely; it also helps keep the church warm, both for services and when it is functioning as a community hall. Your garden doesn't have to be perfect – just friendly and inviting to a range of visitors who share a liking for gardens.

As usual, we will have the Garden Emporium and a Tombola stall both of which require donations, so if you find anything suitable during your spring clean of 2015 then Angela Faherty will be willing to take them off your hands! Please drop items off at Tapestry Cottage or give Angela a call on 501335 and she will gladly collect.

BOUGHTON VILLAGE NEWS

If you are splitting plants this spring, then consider putting a piece aside and labelling it for sale on the day. You may be raising seedlings as well, so any spares could find a forever home with our visitors.

Pam Wakeling 500429

Boughton Challenge 2015 is.....

The best Photograph of Boughton Village.

Categories:-

- ◆ Autumn, Winter, Spring or Summer.

Photos depicting the history of Boughton will be an added category of interest.

- ◆ Recognition for each category and then an overall winner - Adult and Junior.

Adult and Junior entries. (16 or under age group) Junior entry free.

If any youngster does not have a camera, or does not wish to take a photograph, we will accept a painting, drawing or story that depicts our village.

Donations gratefully accepted for adult entry. Proceeds to Boughton Village

There will be the usual punishments dished out for any entry that does not comply with the rules of the Challenge. As you know Geoff and I do not publish the rules, we think them up as we go along.

We do hope to recruit the usual celebrity panel of judges - Eddie, Nigel, Colin, Sue and Barbara.

We will begin our Sunday morning surveillance visits in the New Year. That will be when we feel your wine or beer stock is suitably replenished following Christmas and New Year celebrations.

The presentation day will be Saturday 8th August starting at 3pm followed by a Hog Roast.

Frank and Geoff



BOUGHTON VILLAGE NEWS

Coastal Walk: This year's walk started at the Lord Nelson, Burnham Thorpe (Nelson's birthplace). Mark and I arrived early to the sight of many cyclists decanting their bikes from vehicles up and down the road and a sign on the pub saying 'Closed for private party'. Worrying, to say the least.

Fortunately, it turned out that the cyclists and us were the 'Private Party'. The restaurant was set aside for us and a very large number of people celebrating a well known local cycle fanatic's 50th birthday were in the function room.

The rest of our number fought their way into the car park, through the bikes, their families etc, and seventeen of us set off in glorious sunshine down over the marshes to the coast path. The views were lovely, and we had a break for refreshments on the picturesque harbour side at Burnham Overy Staithe. We continued through Burnham Overy Mill onto a broad drove which was now bearing the sign 'Beware of the Bull'. Sue Sheard was all for walking right behind him, as he seemed so calm, peaceful and handsome. However, discretion was the better part of valour, so we all gave him a wider berth and admired him from a few yards away.

The route then took us through another herd of cows but these were busy at their feed racks and gave us no cause for concern. We headed steadily back to Burnham Thorpe Church, and round to the pub, where a variety of dishes were ordered and enjoyed by all. **Sue Pogmore**

Starling Roost – 1st February: Starlings have been roosting over Boughton Fen, to a greater or lesser extent, over most of the winter. However, nothing could have prepared us for the sight and sound when, after a long wet day indoors, we decided to get a breath of air late in the afternoon, having seen a flock of starlings shoot over the top of the house, heading fenwards.

The numbers were phenomenal - the main group got bigger and bigger (see page 7). At one point they stretched out in a long line and neither end was visible. The shapes and density changed continually for around three quarters of an hour, and much of the time were right overhead. Fortunately, the cloud lifted and the sky cleared and even though it was getting dark, the visibility improved dramatically. We have never seen numbers like this before and were fortunate that Carl was also watching the spectacle. His more experienced estimate was a minimum of 20,000, but with the constantly changing shapes, even that was a guess. Then suddenly, just as our feet had lost feeling in the cold, there was a roar like thunder, and they were all down at once, into the reeds only yards away, and out of sight. **Mark & Sue Pogmore**

WEREHAM VILLAGE NEWS

Wereham Messy Church



Many thanks to all who support Wereham Messy church. We now go into our second year thanks to the hard work of many people including Tom Golden, Doreen Rolph, Diane Woolston, Lizzie Baddock, Stina Berger, Pammie Walker, Nicci Loake and Vicar Barbara Burton and to the generous donations to the Messy church Carol singers and a grant from the mission fund at Ely Cathedral. Thanks also to Kinnerton chocolate in Fakenham and TMM butchers in Downham for their support.

The January service about the creation was attended by 22 people despite the snow and the flu epidemic, which incidentally laid the vicar low. The children created a lovely collage of the 7 days of the Creation which is on display in the church.

The sausage and mash and jelly

and ice cream was a real feast!

Messy Church services this year will be:-

Thursday	March 26 th	4.00pm - 5.45pm	Messy Easter
Thursday	July 2 nd	5.45pm	Story of Joshua
Thursday	September 17 th	4.00pm - 5.45	Messy Harvest
Thursday	November 26 th	4.00pm - 5.45	Messy Advent.

All are very welcome to attend. More Helpers would also be greatly welcome. Please contact Debbie or Ian Rye at The Old Chapel Tel: 01366502083

Many thanks, Debbie and Ian

WEREHAM VILLAGE NEWS

Message from Father Christmas: Thank you to all the children and their parents who came to see me at Wereham Christmas Bazaar. Thanks also to the elves who prepared my lovely grotto and wrapped all the presents. Thanks especially to Faye who gave me my first Christmas card of 2014, a lovely hand painted card. Thanks also to Sammy for my hug and to Henry who blew some special bubbles for me with his new bubble blower. I hope you liked the Christmas presents I left for you on Christmas morning. Thank you to those of you who left a drink and some reindeer food for my reindeer and a drink and a mince pie for me. Be good in 2015. See you next Christmas!

Wereham Neighbourhood Watch: The Annual General Meeting will be held on Tuesday 17th March at 7.30pm in Wereham Village Hall. All welcome.

St. Margaret's Festival: Stallholders, organizers and any interested members of the public are invited to a meeting in St. Margaret's Church, Wereham on Monday 11th May at 7. 00pm. We need to make arrangements for the annual St. Margaret's Festival to be held on **Sunday 19th July.**

Wereham Tots: 1985 was the year that Wereham Mothers and Tots was formed in the Village Hall – 30 years ago!!!

Once upon a time a big red bus arrived in the village, parked near the pond, laden with toys, crafts, messy play. It was called the 'play bus', place where children could socialise, mums, dads, carers could meet. It became very popular but was only available once a month. This led to 'Mums' wanting something more than once a month. A coffee morning was organised at my house to raise funds to start a Tot's Group in the Village Hall. We raised £130, this was a great start to buy a few toys to begin our journey. The original slide is still with us today.

Many people have through the years taken on the role of successfully running the Group, bringing in new and fresh ideas.

Now in 2015 we have a thriving, happy, friendly group (including '4 sets of twins'!!) who come from surrounding areas to visit us on Fridays.

Thank you to the many people, past and present, who have helped and supported us through the years, and hopefully it will continue with your support, with the possibilities of 'new surroundings' be it the new Village Hall - hopefully sooner, rather than later (fingers' crossed)

Angela and Team

WEREHAM VILLAGE NEWS

Spring Sale Saturday March 28th – 1.00pm Onwards

Have you any items for us to sell at our 'Spring Clean Sale'? If you are about to have a 'clear out' we would be grateful for any books, toys, bric-a-brac, linens, clothes (clean please) new or nearly new. There's always an unwanted Christmas gift. Sorry **no furniture**.

Items can be left under the porch at the Village Hall, handed in on Friday mornings 10.00am to 12.00 noon, or collected by contacting Angela 500115 or Dianne 500798.

Refreshments will be available during the Sale. Also there will be a home-bake cake stall, together with a Tombola Stall.

Only 30p entrance fee – Children free.

Come find a bargain!

Wereham Open Gardens:

Looking out at the few brave snowdrops peeping out of the frozen garden the bright, warm days of June seem a long way off but.....I am already thinking of Open Gardens this year. For our 13th year we hope to run over 2 days – Saturday and Sunday 20th and 21st June. If you would be willing to consider opening your garden on one or both of the days I would be very pleased to hear from you. Open Gardens is a major fundraising event for St Margaret's Church and our friendly visitors are always interested in the gardens and seeing new ideas. The gardens don't have to be show gardens and it is not a competition. It would be great to add a few new gardens to the map! So why not give it a try? I would also welcome help with serving teas and lunches on either day or any other help you feel you could give either on the day or before. Cakes and bakes are always especially welcome for the teas. And Ronnie green fingers runs her plant stall with any donations of cuttings, plants, and things horticultural are gratefully received! Hope to hear from you!

Lizzie Baddock 01366 500233

Wereham Parish Council: The next meeting will be Tuesday 10th March at 7.30pm, Wereham Village Hall. Full minutes of the meeting held on 13th January 2015 can be requested from the Clerk as below.

Once again a reminder for all to use the dog waste bins and clear up after their pets. There are three dog waste bins in Wereham, one on the playing field by the Village Hall, the second at the Flegg Green end of Lammas Meadow Lane

WEREHAM VILLAGE NEWS

and the third along Cavenham Road, please pass by one of these and use it to dispose of any dog waste responsibly at all times.

When visiting the Village Hall by car please avoid parking on the playing field where possible. The grass gets churned up and damaged in bad weather, please look after the field to avoid the need for costly repairs.

The remaining Wereham Parish Council meetings scheduled for 2015 are:

Tuesday 12th May 7:00pm Annual Parish Meeting and
7:30pm Annual Parish Council Meeting

Tuesday 14th July 7:30pm Ordinary Meeting

Tuesday 8th September 7:30pm Ordinary Meeting

Tuesday 10th November 7:30pm Ordinary Meeting

All will be held at Wereham Village Hall.

The Agendas for the meetings are always published on the Wereham Village Notice Board three clear days before the meeting and also on the Wereham Parish Council Facebook page. If you have any items that you wish to be discussed by the Parish Council please always ensure that these are with the Clerk, Mrs N.Cooper at werehampc@gmail.com or Clavering House, Stoke Road, Wereham PE33 9AT or 01366 500527 **by the end of the month before the meeting** to ensure that they are included on the agenda.

ALSO – ELECTION TIME IS NEARLY UPON US! – KEEP AN EYE OUT ON THE VILLAGE NOTICE BOARD OR CONTACT THE CLERK FOR FURTHER INFORMATION IF YOU WOULD LIKE TO MAKE A DIFFERENCE TO WEREHAM AND BECOME A PARISH COUNCILLOR.

February Update from Wereham Village Hall Committee

Whilst our 2015 regular events have all been up and running for a couple of months now, March sees the start of a new year of fundraising projects and events. Both the Quiz (Saturday 7th March) and Spring Sale (Saturday 28th March) are popular events every year so please do come along and show your support.

Update from the New Build Project Team

By the time you read this, I'm hoping that our first funding application to the Lottery will have been submitted! Our self-imposed deadline has been set for the 27th February. The Lottery will take up to 6 weeks to respond to the Stage 1 application. If you would like live updates on our progress, click the 'follow'

WEREHAM VILLAGE NEWS

button on our facebook page www.facebook.com/werehamvillagehall. While we're waiting for the Lottery to respond, our focus has turned to other funders to support the shortfall between the project costs and Lottery funding. Please keep all your fingers and toes crossed for our Stage 1 application and we'll confirm via our Facebook page as soon as we get a response.

Victoria, Helen, Rachel and John

Wereham Village Hall Bonus Ball Club

The lucky winners in February were Victoria Gray and Sandra Howell – congratulations to you both!

To those who have recently left the bonus ball club, thank you for your support. The funds we raise through this are a vital way to keep the village hall going until we can fund a new one. We now have the following numbers available: 1, 7, 13 and 33 so please do get in touch with Helen Richardson ASAP if you would like to become a member of the bonus ball club.

There are 49 numbers and for those taken and contributed to each month, prize money of up to £96 is split 50/50 between the winning bonus ball number holder and the village hall. Each bonus ball costs just £2 per month and you could win up to £48 in any month. The bonus ball is drawn on the first Saturday of each month on the National Lottery Lotto. For more information please call Helen Richardson, Secretary of Wereham Village Hall Committee on 07795006811 or via email helenar82@outlook.com

Helen Richardson, Secretary

Ink Cartridges - collection boxes for ink cartridges are on the piano in the hall, open 10-12 Fridays. Or alternatively, leave them in a bag at the door of the village hall.

Events list

Bingo - every Wednesday, doors open 6.45pm, eyes down 7.30pm. Cash prizes, raffle and refreshments with complimentary biscuits. Enquiries to Roger on 500088.

Pop up Café – first Tuesday of the month, 10.30-12. Next dates are Tuesday 3rd March and Tuesday 7th April. Join Jacqueline and friends for a slice of homemade cake and a hot drink for just £1. Join us for a natter and a read of the daily papers. Cake donations/queries to Jacqueline 500880.

WEREHAM VILLAGE NEWS

Indoor/Outdoor Car Boot – last Sunday of the month, 9am-1pm. Next dates Sunday 29th March and Sunday 26th April. Café with bacon rolls, bric-a-brac and book stall. £5 pitch or, if you have earned time credits, there are two tables available at a cost of 4 time credits each.

To book call Nikki/Chris on 01366 501111.

Quiz Night – Saturday 7th March, 7.30 in the Village Hall. Tickets cost £5 to include a hot supper; bring your own drinks and glasses. For more details or to buy tickets contact -

Quiz Master John on 01366 500766

Spring Sale – Saturday 28th March, 1pm in the Village Hall. Lots of stalls and games as well as the usual cakes and refreshments. Entrance 30p. For further details, or if you would like to help/donate, contact -

Angela on 01366 500115 or Diane on 01366 500798.

Family Easter Prize Bingo – Wednesday 1st April, doors open 6.45pm. Prizes for all ages – all welcome!

For all the pictures and feedback from our events, log onto

www.facebook.com/werehamvillagehall. By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

If you have any queries with regards to the plans for funding a new village hall, or anything we're doing, please contact -

Victoria Gray, Chair, Wereham Village Hall Committee,

Home: 01366 501277 Mobile: 07725513583

Email: darren.gray@tesco.net or via

www.facebook.com/werehamvillagehall

Please use new email address for all Wereham News –

vivienne.scott@googlemail.com

as my previous address is no longer accessible

Viv Scott



FACTS YOU MAY NOT KNOW

1. It takes glass one million years to decompose, which means it never wears out and can be recycled an infinite amount of times!
2. Gold is the only metal that doesn't rust even if it's buried in the ground for thousands of years.
3. Your tongue is the only muscle in your body that is attached at only one end.
4. If you stop getting thirsty, you need to drink more water. When a human body is dehydrated, its thirst mechanism shuts off.
5. Zero is the only number that cannot be represented by Roman numerals
6. Kites were used in the American Civil War to deliver letters and newspapers.
7. Drinking water after eating reduces the acid in your mouth by 61%.
8. The roar that we hear when we place a seashell next to our ear is not the ocean but rather the sound of blood surging through the veins in the ear.
9. Airports at higher altitudes require a longer airstrip due to lower air density
10. The University of Alaska spans four time zones.
11. The tooth is the only part of the human body that cannot heal itself.
12. In ancient Greece, tossing an apple to a girl was a traditional proposal of marriage. Catching it meant she accepted.
13. Intelligent people have more zinc and copper in their hair.
14. A comet's tail always points away from the sun.
15. The military salute is a motion that evolved from medieval times, when knights in armour raised their visors to reveal their identity.
16. If you get into the bottom of a well or a tall chimney and look up, you can see stars, even in the middle of the day.
17. In ancient times strangers shook hands to show that they were unarmed.
18. Strawberries are the only fruits whose seeds grow on the outside.
19. The moon moves about two inches away from the Earth each year.
20. Due to earth's gravity it is impossible for mountains to be higher than 15,000 meters
21. Soldiers do not march in step when going across bridges because they could set up a vibration which could be sufficient to knock the bridge down
22. Everything weighs one percent less at the equator
23. The letter J does not appear anywhere on the periodic table of the elements.
24. Everything weighs one percent less at the equator

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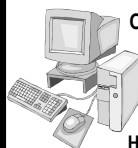
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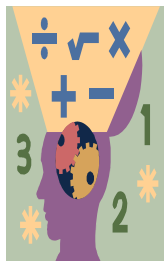
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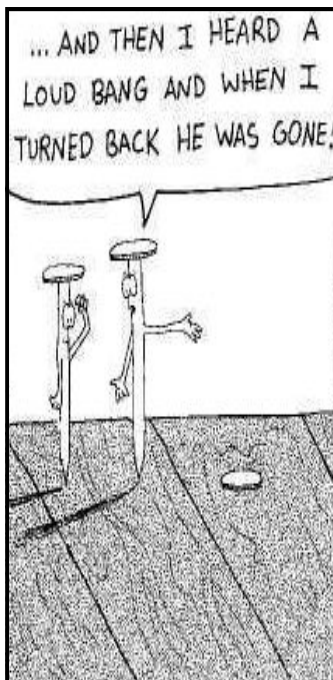
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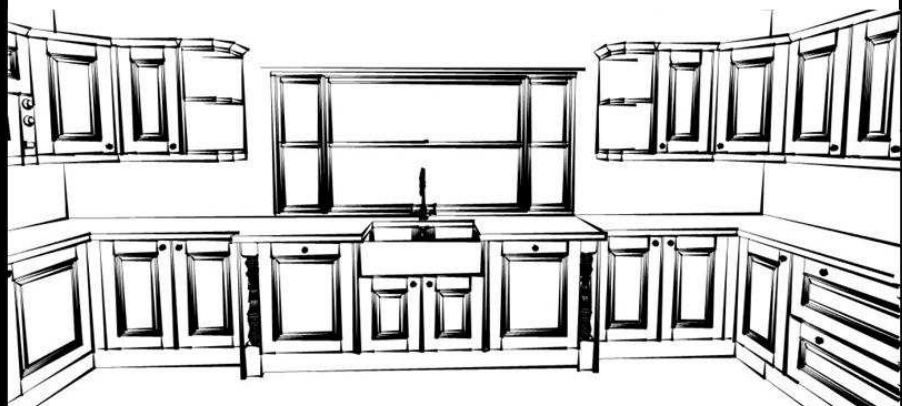
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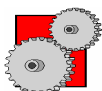
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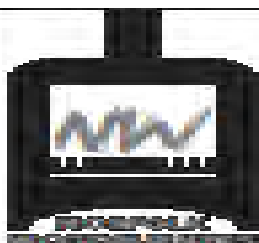


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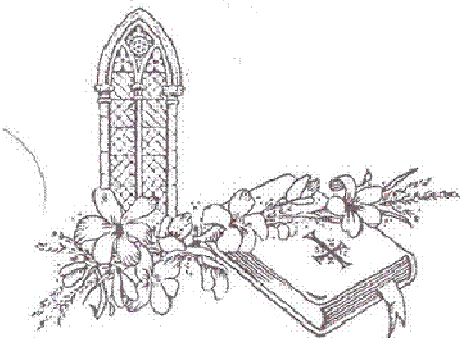
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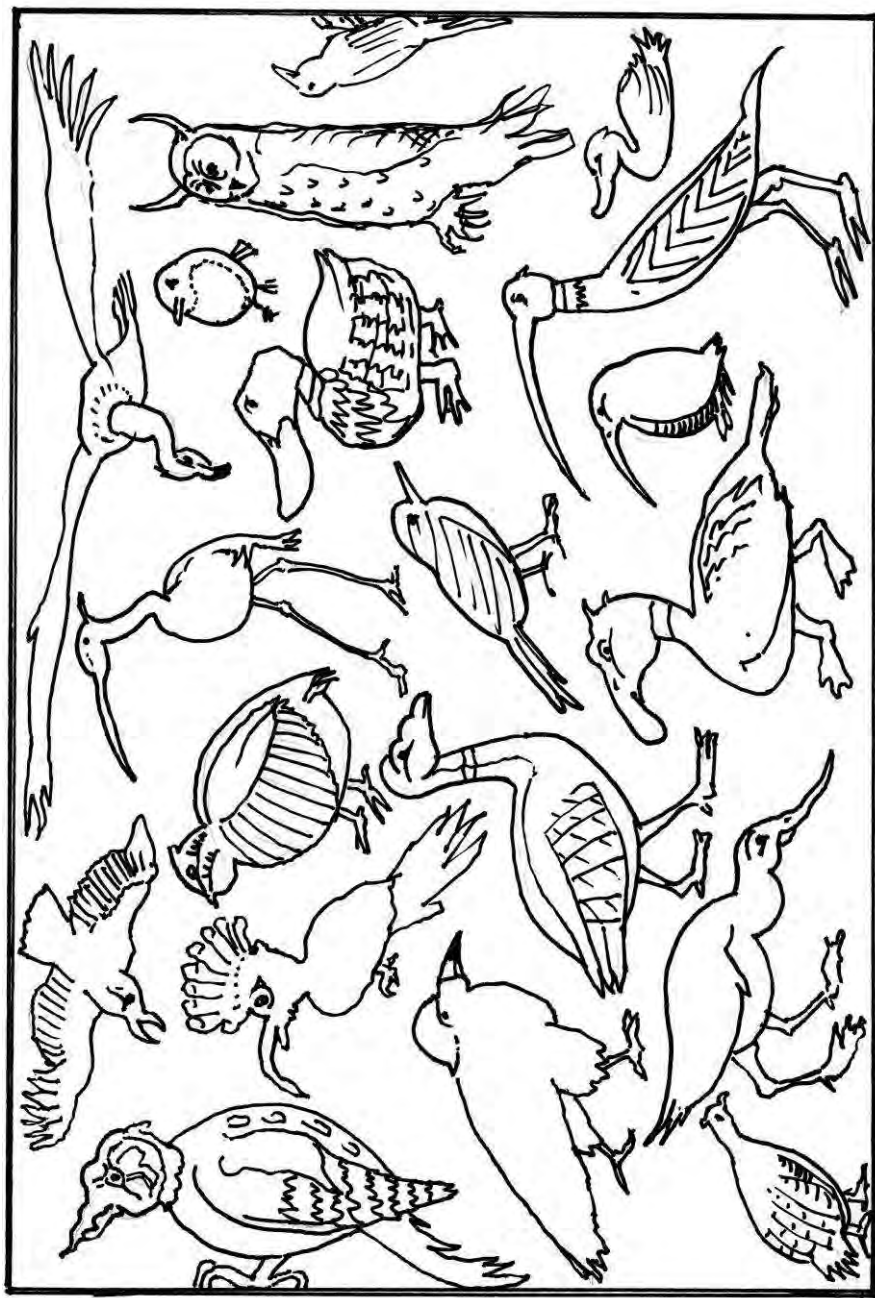
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CHILDREN'S PAGE



QUIZ PAGE

1. What is of interest to a haematologist?
2. Who is the patron saint of music?
3. Mr Block and Mr Quayle gave their names to what?
4. Who was the British PM between Sir Winston Churchill and Harold Macmillan?
5. Which novel features a group of little people called Lilliputians?
6. Who played James Bond in the Sixties spoof movie 'Casino Royale'?
7. Why do trees blossom?
8. What are the distinguishing features of a pilot shirt?
9. Name the minstrel in the Robin Hood stories
10. Who wears a watch upside down?
11. Why was Al Capone sent to prison?
12. What is a cavy?
13. Is a French Sauterne wine white or red?
14. What is the difference between a pullet and a hen?
15. When we rouse someone from their sleep why do we say "show a leg"?
16. Why do we say "it's raining cats and dogs"?
17. What do you call the shortest distance between two points?
18. What comes first - thunder or lightening?
19. What is the most commonly used expression in the world?
20. How many dots are there in the Braille alphabet - 6, 12, 18 or 24?
21. Which of senses is used least every day?
22. Why do we use the expression "to pass the buck"?
23. What is the first programme ever broadcast on Channel 4 & still running today?
24. If you landed in Rhoose Airport would you be in Canada, Nigeria or Wales?

Answers: 1. Blood. 2. St. Cecilia. 3. They are the founders of the DIY Store B&Q. 4. Sir Anthony Eden. 5. Gulliver's Travels. 6. David Niven. 7. The blossom bear the seed from which the new trees grow. 8. Shoulder epaulettes and breast pockets. 9. Alan - a -1 Dale. 10. A nurse. 11. For federal income tax evasion. 12. Another name for a guinea pig. 13. It's a sweet white wine. 14. A pullet is a young hen, usually less than a year old. 15. Married sailor's wives sleeping over were asked to "show a leg" from under the covers to prove they weren't sailors who hadn't turned in for duty. 16. Strays often drowned in poorly drained streets of old, which led people to use the expression. Also from superstitions of witches with cats riding in storms and cats and dogs attending Odin the storm god. 17. A straight line. 18. Lightening. 19. OK. 20. There are only variations of six dots. 21. Taste. 22. The buck was a knife used by poker players and passed around to indicate whose turn it was to play. 23. Countdown. 24. Wales, it's Cardiff Airport.



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