

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere; Boughton; Wereham

# March 2018

# WELCOME

As you will see, this is the 200th edition of Group 4 News. lt's unbelievable that we have been doing this since October 1999. The first edition was a simple sheet of A4 folded into 4 pages, rather like the pew sheets of today. It wouldn't have been possible without the help of previous editors such as Sue Smith, Moira Saunders, Ann Berchem and others. . We must also remember the valiant work done by those who find the advertisers, collect their money and these days prepare the basic templates. Plus Kevin, who prepares the web page.

It can be a frustrating occupation, trying to fit all your news and articles into the available space, but it continues to be fun! As always, 'Happy Reading ' The Editorial Team Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

© Copyright Group4 News 2016

# **GROUP 4 TEAM** VILLAGE CONTACTS

Barton Bendish: Jill Mason Sandmere, Church Rd, Barton Bendish Tel: 01366 347 928 <u>masons.sandmere@.btinternet.com</u>

Beachamwell: Eileen Powell 20 All Saints Way, Beachamwell Tel: 01366 328 648 powells@beechamwell.plus.com

**Boughton:** Pam Wakeling Robet, Mill Hill Road, Boughton Tel: 01366 500 429 <u>p.wakeling621@btinternet.com</u>

Wereham: Viv Scott Orchard House, Flegg Green, Wereham Tel: 01366 500346 vivienne.scott@googlemail.com

Please submit all information through your Village Contacts.

# Deadline for copy for the April 2018 edition:

# 11th March

# ADVERTISING

Alan Pickering 16 Tinkers Way, Downham Market, PE38 9TQ

Tel: 07779 787499 or 01366 386125 e:mail: <u>group4news@gmail.com</u>

If you use any of the advertisers in the magazine, please mention where you have seen their advertisement. **WEBSITE** 

#### <u>www.group4news.co.uk</u> Kevin Fisher, Tel 01366 502224

# NOTES FROM THE RECTORY

# God Spot.

Here we are a quarter of the way through the year already (doesn't time fly when you are enjoying yourself).

Round about this time of year with the dark cold mornings I think the majority of us need something to get us started. To make the effort to peep from under the bedclothes and take that first step into the new day. I suppose in the majority of homes, with their central heating, it is not too bad, however in our house we don't have the heating on in the bedroom. My wife and I prefer a cold bedroom or so she tells me. This probably stems from when we were kids in the North East and central heating consisted of a fire in the living room and that was it, so bedrooms were cold. I love the start of a new day, even one where you are dragged from your dreams by an alarm clock at 7am. There is just something glorious about that opportunity for a fresh start, a new beginning, what has passed has happened and there's nothing you can do about it. You have the new day where you can make a difference. That is what happened to me when Jesus came back into my life – a new beginning. He gave me the opportunity to start again. I grabbed that chance and found such joy and beauty in things that I had just taken for granted - like waking up to a new morning. Now that is one of my simple pleasures.

God Bless,

# Ken Waters

PS. My wife has pointed out that music must be one of my pleasures as another bill has come in for music downloads on iTunes!

# **BENEFICE NEWS**

#### SERVICES FOR HOLY WEEK AND EASTER

**Palm Sunday March 25th** Group service and distribution of palm crosses at Barton Bendish: The four Barton Bendish parishes would be delighted to welcome our friends from Fincham, Shouldham, Shouldham Thorpe and Marham. Start at St Mary's at 10 am, if you wish, before proceeding to St Andrew's for a dramatized reading of the Passion and Holy Communion. There are also two Good Friday services:

11.00am Stoke Ferry with Carol Nicholas-Letch – starting at the cross in Stoke Ferry and ending at the chapel in the school. 1.00pm Methwold with Diane Mantle

**Easter Sunday April 1st** There will be a service of Holy Communion at Fincham, starting at 10 am. All readers would also be very welcome at the Easter Ceremonies service at Boughton on March 31st, starting at 8 pm. It incorporates the lighting of the candles and the first communion of Easter. Boughton doesn't have ringing bells like Fincham and Shouldham, but everyone who has a small handbell is invited to bring it along and make a joyful noise!

Other services for Holy Week are listed on the church services pages in the centre of the magazine, and further information can be obtained from churchwardens.

# RENAISSANCE MUSIC TREAT FOR EASTER - St Nicholas Chapel, King's Lynn

STILE ANTICO, three times Grammy Award Nominated vocal group are coming to Lynn to sing in a warm St Nicholas Chapel in Lynn on Sunday 18th March at 7.30 p.m.

Stile Antico are an internationally acclaimed vocal group of young singers who sing without a conductor, performing like chamber instrumentalists.

Hosted by King's Lynn Festival Chorus, they will perform music mainly by the great Spanish Renaissance composer, Tomas Luis de Victoria. As well as his Tenabrae Responsories, they will sing another of his motets and Guerrero's Maria Magdalene

Stile Antico will then join the FESTIVAL CHORUS in Victoria's Officium Defunctorum. A programme wholly appropriate for this season of Lent. Tickets at £25 are available from the Corn Exchange (tel. 01553 764864) or online www.kingslynncornexchange.co.u k

# 200th Edition of Group 4 News.

The cover of this edition tells us that G4N has achieved its 200th edition, with Mark's original Church drawings.

**Congratulations to all those who not only established G4 but have kept it going for nearly 20** years. Believe it or not that was before many of us had iPhones iPads or were competent with computers or electronic printing. I believe the first printer we used was a shared stencil and (rather messy) tubed ink job. All the previous editors and helpers are to be thanked and congratulated for keeping G4 in production for so long; in its current form for four incumbencies and four interregna. From the time that the rural ministry became multi beneficed the **parish magazine** had a particular role to play in keeping in touch.

Bishop Stephen Sykes, in his response to the **Faith in the Countryside Report** said that "The role of the Church is to create community"! G4 has contributed to this sense of community not only by being a portable noticeboard but also by encouraging us to think group. As our benefices have increased in size so we can become creatively a group within a larger group.

Some years ago **Beachamwell Horticultural Society** extended membership to its annual show to those who lived within the G4 catchment area. A further example is the co-operation between **Fincham Group News** and G4N is that they share the same editors.

Finance is always an issue when founding a **parish magazine**. We are most grateful to those who have had the confidence to buy advertising space, and to the finance officers who seek the ads and keep the books.. This not only funds the production but it also contributes to a community spirit by offering locally services by local people when many services have been no longer available in our villages. **Need a plumber, electrician, garden help or even a vet? Look in G4!!** 

One group of people who must not be overlooked are those who month in month out deliver your **G4N and your FGN**, in the case of G4N, without charge, so that it may go into every house within its catchment area. **Thank you!** This month's **200th edition** brings news of Lent and an early Easter as we move from winter to spring. **.Finally to Eileen and Pam, our long serving editors, congratulations and thank you!** *Robin Blackall* 

## Group4 News 🚃

# COUNTRYSIDE NOTES SWANS

On February 5th one tabloid's headlines read 'QUEEN'S SWANS KILLED BY BIRD FLU' Some strains of bird flu are highly contagious; it's always a concern when it's identified in wild birds. The disease is carried across countries by migratory birds.

We are all familiar with our resident orange billed Mute swan found on rivers and lakes. The male is known as a 'cob', the female a 'pen' and the young as cygnets. Mute swans normally live as solitary pairs and aggressively defend their territories so it is unusual to find them nesting as a colony but this happens at Abbotsbury Swannery on the Dorset coast. It is the only managed colony of nesting Mute swans in the world with an estimated 150 pairs. They are free flying and the Swannery is believed to have been set up by Benedictine monks in the eleventh century with records dating back to 1393. There are also estimated to be about 120 pairs of black swans breeding in the wild. Native to Australia, these were first brought to Britain as ornamentals in1791 and are most likely to be seen at Dawlish in Devon. Two other species migrate to Britain for the winter. Anyone who has been to Welney Wildfowl Centre and witnessed the swan feeds will probably have seen them. Whooper swans, which have black and yellow bills, arrive in autumn from Iceland and their cousins the Bewicks, very similar in appearance but smaller, come all the way from arctic Russia.

Reference to the swans being the property of the Queen is not quite accurate. They don't actually belong to her but she has the right to claim ownership of any found in her realm. A thousand years ago the taking of swans was the prerogative of the monarch. Classed as livestock, flocks of swans are still known as herds. The practice of swan 'Upping' dates back to the twelfth century when roasted swan featured on the menu of every medieval feast. These were actually cygnets which is a French term describing a swan young enough to be eaten, one that still has its brown juvenile plumage. The custom of 'Upping' on the river Thames continues to this day, this year beginning on July 16th at Sunbury and finishing at Abingdon on July 20th. The official Swan Markers wear Her Majesty's scarlet uniform and work from traditional Thames rowing skiffs. Accompanying them are 'Uppers' from the Vintners and Dyers Livery companies who also own swans on the Thames. The first documented evidence of this dates from 1509. The cygnets are caught, data is collected, their general health assessed and a careful check made for injuries which most likely occur through being attacked by dogs or snagged on fishing lines. Finally a ring is attached to one leg providing them with an identity number. These annual censuses have shown that swan numbers on the Thames are in decline and it is of great concern that this outbreak of bird flu may decimate the population. Jill Mason

# **COMMUNITY NOTICE BOARD**

## **MOBILE LIBRARY VISITS - Please note changed days/times**

DATE	VILLAGE	LOCATION	TIME
Tuesday	Beachamwell	Post Office	10:05 am
	Drymere	Telephone Box	10:40 am
13th March	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
Monday 12th and 26th March	Wereham	The Pond Queen's Close	9:30 am 16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure\_and\_culture/Libraries/Mobile\_libraries

# FARMERS' MARKETS

Ely Fakenham	Second and Fourth Saturday 8:00-2:00pm Fourth Saturday 8.30am to 12:00pm
RAF Marham	First Thursday 12.00pm to 5.00pm
Swaffham	Second Saturday

For information:- www.farmersmarkets.net or your local Tourist Information Office

## VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

# **BOUGHTON FEN – THEN AND NOW**

Many of you will be familiar with Boughton Fen – a Site of Special Scientific Interest and County Wildlife site, a popular spot for bird watching, and a pleasant place for a family stroll around the Wildlife Walk. Of course it hasn't always been like this.

Boughton Fen is located at the eastern end of Oxborough Road (old Fen Road) and covers around 40 acres to the south of the 'T' junction and straddles either side of the road that leads to Eastmoor to the north and Oxborough to the south. These parcels of land were assigned Poors' Lands under the Act of 1801. An extract of which reads:

## Poors' Lands, Boughton, Norfolk

Three Commissioners were appointed under the Act passed in the year 1801 to enclose the common and waste lands of Boughton, and to divide and allot the same, estimated to be in extent 776 acres, 1 rood, 4 perches. On the 26th August, 1803, the Commissioners finished, and ordered their Deed of Award and plans to be placed for reference in the Chest of the Church of the Parish of Boughton. "And we, the said Commissioners, do hereby assign, set out, and allot, as by the said Act directed, unto the Lord or Lords of the Manor Boughton. Overhall and Netherhall, for the time being, the Rector, the Churchwardens, and Overseers of the Poor of the said Parish of Boughton for the time being; and to the Proprietors within the aforesaid Parish of estates of the yearly value of  $\pounds 25$ ; and to their respective successors for ever, in trust, as hereinafter mentioned, all that piece or parcel of land, containing by survey, 44 acres, 2 roods, 22 perches, part of the said common." Here the Boundaries are described in the Deed of the Award, and are those of the parcel of land now known as "Boughton Fen." Which said piece or parcel of land is the same piece mentioned and described in the Act, and directed to be allotted by us, in Trust, for the purpose of providing and supplying to the occupiers of each of the Commonable Messuages or Tenements now standing in the said Parish of Boughton, for the time being, and to the occupiers of each of the three following Cottages in Boughton, one belonging to Loom Brook in the occupation of Edward Whittrick and two belonging to , or in the occupation of, George Lewis and William Fincham, a quantity not exceeding nor not less than 4000 turves or flags, of the usual dimensions, for fixing in every year, and for the tenants and occupiers of all the commonable mesuages now standing in the Parish of Boughton, to use and

Group4 News

enjoy right of common pasture over the said allotment, with such kind and number of stock as is hereinafter mentioned. For each of the commonable messuages, that is to say, 2 cows or 3 head of young stock under 3 years old, or 1 cow with 2 calves under 1 year old, or 2 geldings or 2 mares, with or without foals not exceeding 8 months old. And we, the said Commissioner, direct that the said allottment may be stocked and fed from 12th May until 11th October in every year and that from 14th February until 12th May in every year, the allotment shall not be stocked or fed with any kind of beasts or cattle whatsover.

"And we, the said Commissioners, certify that the said new fences enclosing the parcel of land in trust, directed by us to be made, with ditches 4feet 6inches wide at the top and of the depth of feet, perpendicular, with a sufficient number of gates, with oak posts and proper gate irons therein, have been made, and that white thorn layers have been set in the banks of the fences, and good thorns or other wood have been set on the summits of such banks. And we, the said Commissioners, have computed the costs and charges under the said act to be £1947 18s. 6d., to be paid by the several persons to whom allotments have been made, save and except the several persons particularly exempted on account of allotments made to them in trust as aforesaid from the payment of any of the said charges of the Act."



It would seem that, contrary to the views of some, that the fen was also much wetter some of the time, than in recent vears:

Sue Pogmore

Group4 News 🚃

## Beachamwell

#### **Creative Writing Group**

Meets every second Monday afternoon 2.30pm

Everyone with an interest in putting pen to paper welcome. Enquiries: 01366 328895 or james@jamesknoxwhittet.plus.com



INSPIRING WOMEN Beachamwell WI

## 'An IllustratedTalk on Art Deco: Architecture to Earrings' Speaker Genista Davidson

Thursday March 1st 7:30pm Beachamwell Village Hall Visitors welcome 01366 327023 or 01366 328589

## Beachamwell

Talk by Elizabeth Talbot Auctioneer and Valuer Wednesday March 7th 7pm

Beachamwell Village Hall Tickets £12, including wine and refreshments, from 01366 328999 01366 328244 All proceeds to The Newly formed Friends of St. Mary's Church,

## Beachamwell Wednesday Walkers

Explore the rights of way in and around Beachamwell with us

We meet at the Village Hall at 10.00 am
FIRST WEDNESDAY OF EACH MONTH

Walks last between one and a half to two hours. All, including dogs on leads, are welcomeSome paths may be rough underfoot, there may be stiles or fields may be ploughed: come at your own risk and please wear suitable clothing and shoes for the outdoors

Further details please telephone 01366 328452 or 01366 328536

#### **Beachamwell Book Group**

Tuesday 6 March 7.30pm Beachamwell Village Hall

Book to be discussed over a glass of wine 'Moon on the Tides' Poetry Anthology

Annual subscription £12.50

New members welcome Enquiries: 01366 328536

# Beachamwell

Parish Council Meeting Monday 12th March 7.30pm Beachamwell Village Hall

Enquiries: 01366 328648

Group4 News

# Beachamwell & Fincham Family History Group

Tuesday 20 March 2pm

Using Family History Websites Leader Janet Lynsky Enquiries: 01366 328536

# Beachamwell Local History Group

Thursday 22<sup>nd</sup> March 7:30

Beachamwell Village Hall

"Miss Reeve's Battle against the Eviction of Villages for the Military Zone" Tickets £3 on the door

> Enquiries: 01366 328536 or 01366 327023

# Beachamwell

Beachamwell Village Hall AGM Wednesday 28 March 7.30pm Hear what we have achieved in the past year and what we have planned for next year

We welcome your ideas so please join us...

Enquiries: 01366 328536

# Beachamwell Afternoon Tea and a Chat.....

Wednesday **March 21st** 2 - 4pm

Beachamwell Village Hall



Enquiries 01366 347673

# Beachamwell Craft Group

Wednesday 28th March 2.00 - 4.00 Beachamwell Village Hall

Bring along your drawing, painting, knitting, sewing ... whatever art or craft project you are working on at the moment. Or start something completely new!!

£2.00 + Bring and Buy All welcome. Enquiries:01366 328536

Beachamwell Children's Crafts and Easter Egg Hunt



Friday 30th March 2 - 4pm Beachamwell Village Hall Crafts, decorated biscuits, Easter Bunny Competition Refreshments Free Entry / no need to book (children under 12 to be accompanied by an adult)

This is an event organised by St Mary's Church Enquiries: 01366 327030



# Forthcoming events at Downham Market Library – March

For further information about these events, or to book where necessary, please contact the library on 01366 383073

Downham Market Library is now on Facebook. 'Like' us to find out more about what's happening at the library! <u>www.facebook.com/</u><u>downhammarketlibrary</u>

**Volunteers needed!** Could you help inspire the next generation of computer coders? We want to run an after school **Coding Club at the Library**, using projects from the Code Club website. Could you help develop ideas for events held at the library as a **Library Friend** and promote the library and its services within the local community? Could you help with refreshments at our coffee mornings? Please contact Elena at the library on 01366 383073 if you'd like to find out more.

#### Regular events

**Baby bounce and rhyme** - Thursdays – 10-10.30 term time only Come along and enjoy some songs and rhymes

Knit and Natter – 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays in month. 1.30 – 3pm

**Brew and Banter** – Every Friday 10am – 12 noon. 50p suggested donation. Enjoy a chat over a tea or coffee.

**Job Help** – free help with using the Universal Jobsmatch website. Wednesday mornings or Friday mornings/afternoons. Booking essential.

**Active Minds** – Puzzles, board games and colouring. Every Thursday 1.30 – 3.30pm.

Let's Talk Together Come along and practise your English conversati on.Every Friday (during term time) No need to book just come along.1.30— 2.30pm

#### Special events

Men's Shed Open Meeting – Monday 12<sup>th</sup> March 2 – 3.30pm Open to all and all welcome. Come along and find out more about our new Men's Shed and join in! Refreshments available. For further information call 07450655538 Coding Club Taster! – Saturday 17<sup>th</sup> March 10.30am – 11.30amCome along for this Coding Club taster to try out some simple programming! This event is suitable for 8 - 11 year olds. Places are limited so booking is essential. For further information or to book call 01366 383073

Murder Mystery Event – Saturday 17<sup>th</sup> March 2.30pm – 3.30pm Following on from the success of Bannocks and Blood...here's another murder mystery afternoon, once again written by Ann Cleeves, but this time set in Northumberland. Tickets £5 per person (inc refreshments) Booking essential, call the library on 01366 383073

## The History of Castle Acre Priory - Monday 19th March 1.30 - 2.30pm

A talk by Julie Enefer and Jo Murfitt of English Heritage Tickets £3, refreshments included, payable on booking. Booking essential. For further information or to book contact the library on 01366 383073

#### Charles Darwin: A Life in Letters - Monday 26th March 1.30 - 2.30pm

A talk by Sally Stafford of the Darwin Correspondence Project Tickets £3, refreshments included, payable on booking. Booking essential. For further information or to book contact the library on 01366 383073

Elena Parkin Community Librarian

# Swaffham Jazz Club

Tuesday 13 March 7.30pm sees the first visit of *Nene Valley Jazz Group.* and on April 10th the return of *Swing That Thing* Swaffham Conservative Club, London Street, PE37 7DD. Entry £7. Geoff 01366 328730. Norman 01760 72238

#### Allotments Available in FINCHAM

There are a few allotments still available in Marham Road, Fincham. The plots are approximately 150 sq yards and the rent is only £21 per annum. Please contact Parish Clerk Sarah Thorpe on **01945 430930** or Councillor Chris Perry on **01366 347692** for more information.

# VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaff- ham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaff- ham
Wereham	28 (Mon to Sat) 40 (Mon to Sat)	Coach Services Coach Services	King's Lynn Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

# Marham Village Pre-school

We are a small and friendly Pre-school and place a strong emphasis on

#### Play With A Purpose

Opening Hours 8.30am til 3pm Daily Term Time

Places Available for children aged 2-4years

Contact us on 07950753877 or marhamvillagepreschool@hotmail.com For more information visit our website www.marhamvillagepreschool.co.uk



ESTABLISHED Ofste

We hold a monthly Bingo and all proceeds made go to the pre-school. Next Bingo 21st March 2018 doors open 6.45pm eyes down 7.30pm Refreshments Available All Matter box 0.45

# Strictly Ballroom and Latin Dance Class

#### Hilborough Village Hall Every Friday Evening 7.00 - 9.00pm

£10 per person includes tea, coffee and biscuits.

For everyone from 9 - 90 years old. Come along on your own or with a partner. Get to know your neighbours and make new friends whilst learning the fundamentals of all the dances you see on "Strictly" with an IDTA qualified, DBS checked professional dance teacher.

No need to pre-book, just turn up on the night, get fit and have fun

Enquiries: 01760 756561

# WEREHAM

SHORT MAT BOWLS CLUB

Thursdays 7.00pm

at the Village Hall

Come and meet our friendly club, find out what's involved, try a new activity, help grow our club and have some fun!

For more info or for a chat contact

Phillip on 501330

# WEREHAM'S POP-UP CAFÉ

will 'pop-up'

# **TWICE EVERY MONTH**

(initially on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesday) from 10.30am till 1.00pm

The café will continue to serve a hot drink and a pastry or slice of home-made cake for just

# £1.50

# PLUS

a light lunch 'dish of the day' for an additional £2.50

# Wereham Village Hall

# 'Buy a Brick' Campaign

# Britain's First Passivhaus Village Hall



This is no ordinary 'Buy a Brick' campaign (largely because there are no bricks) but this is no ordinary village hall! It's your village hall to support you, your events and your activities.

We're so close – our community fundraising is going well but we've not yet reached our target of £20,000 so please support us by visitingour website <u>http://www.werehamvillagehall.co.uk</u> and follow the link on the home page to our dedicated 'MyDonate' donations page.

Your donations will buy:

- •£10 three breeze blocks
- •£100 timber cladding
- •£250 internal fire door
- •£500 Passivhaus certified window

For further details contact Trustee John Millard on 01366 500790

# Thank you – Together, we'll do it!

# SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT

The Home Hospice Support Team, wish to convey their thanks to all those of you who continue to offer expertise to the Charity, in giving your time to the patients. Apart from the Team the remainder who offer their time are unpaid volunteers and it is to them that we must praise their commitment to our cause. The support of the public is vital for the Charity's existence and we ask you to continue when we organise events during the course of each year. We are seeking out our wonderful public to perhaps arrange a function in support of our Charity and the work we carry out. If you are interested, then please do contact the Main Office on Swaffham 01760 722937 for further information.

After 22 years of service with the Home Hospice Alan Collison has retired. He



has helped so many patients and their families over the vears with care and Commitment. He was given a sendoff on Januarv 31st with many of his friends and colleagues who met to wish him well. He received many cards and gifts and a special memory book. Alan said "I was verv surprised and

delighted with the leaving do". The care and preparation and the generosity of everyone was overwhelming. The kind thoughts and words shown in cards, gifts and "the book" will stay with me for a very long time. Thanks for everything and I shall miss you all. I am looking forward to spending more time with family and perusing my many hobbies. Thanks again to one and all". Wendy Martin, Home Hospice Co-ordinator said "on behalf of everyone connected with the Home Hospice, I would like to wish Alan a long happy and healthy retirement and a huge thank you to him". The photo shows Alan with Mavis White, Vice Chair of the Management Committee, and Annette Hardy, Volunteer Representative.

# SWAFFHAM & LITCHAM HOME HOSPICE SUPPORT

For those Quizzers who have yet to book a table for the Quiz Night at the Conservative Club you have but a few days left to get your names down; March  $2^{nd}$ , 7.30 start costing £5.00 per head with a maximum of six per table. Contact: Adrian on Swaffham 01760 724304.

Information regarding the Home Hospice's major event in June, **Relay Together** on Sunday, 17<sup>th</sup> June 2018 12.00 miday — 5.30pm with the **WALK** 1.30 — 4.30pm; being held at the Swaffham Rugby Club, North Pickenham Rd. This event involves sponsored teams of families and friends, old and young, walking in relays round a marked track, supporting loved ones recovering from treatment, survivors of Cancer or in remembrance of loved ones.

Lots of activities: Stalls, refreshments, BBQ, music and a large Raffle.

**Enter a Team, Join Us** for a special **Community day** in support of: Swaffham & Litcham Home Hospice Support Ltd. For further details contact Swaffham 01760 722937 or <u>secretaryhomehospice@btinterent.com</u>

We are still looking for further volunteers to assist us, especially drivers who would drive patients to and back from the hospitals they attend. They would receive a mileage allowance and those presently carrying out this task really enjoy their time with the patients. For further information please ring the Main Office 01760 722937.

## 'Women and Words'

The Swaffham based writing group, Iceni Rural Writers, is celebrating International Women's Day by hosting an evening's readings of poetry and prose. Joining them will be award winning local poet Heidi Williamson, who will read works from her collections 'Electric Shadow' and 'The Print Museum'. Organiser Leah Spencer said: "This will be a great opportunity for the writers in our group to share their work with a wider audience." There will also be an open mic slot for other local writers; if you would like to read please contact 01366 328536.

*Women and Words* takes place on Thursday 8 March at 7.30pm in the Pedlar Suite of the George Hotel Swaffham. Tickets are £5.00 from Ceres Bookshop Swaffham or by telephoning 01366 328536 or on the door.

Iceni Rural Writers would like to thank Swaffham Town Council for supporting this event.



Come and visit

our pop-up 'Greetings

Cafe' and

browse our

selection of greetings cards. We will be serving a light lunch of homemade soup and a roll.

Wednesday 21\* March 2018 at All Saints' Church, Boughton between 11:30 am and 1:30 pm. A Boughton Village Caravan production

10 times RHS Chelsea Flower Show Gold Medallists

Presentation by

Peter Skeggs-Gooch of Thorncroft Clematis 'A Complete Guide to Clematis'

Wednesday March 28th at 7.30pm Barton Bendish Village Hall (PE33 9GF) Admission £4 includingrefreshments Please book in advance Contact Maureen Tasker 01366 347432

# K.J.Catering Services

Contact Steve Bartram on

# 01366 727797 or 07542 923909 kjcatering@btconnect.com

www.catererssuffolkandnorfolk.com

Outside Catering And Hog Roast & Bar-B-Q Specialists

# K.J.Bar Services

Fully Licensed for all occasions

K.J Catering is a family business based on quality food and service Anyone who has ever had refreshments at Fincham will have enjoyed this tea bread made by Lesley Sproule.

# Lesley's Sticky Tea Bread

(from a very old BE Ro book)

1/4 pt milk ( 125mg

3oz/75g granulated sugar

3oz/75g mixed dried fruit

3 tablespoons golden syrup

6oz/150g self raising flour

1tsp mixed spice

Heat oven to 180c/350F

Mix milk and sugar together until sugar is dissolved. Stir in fruit and syrup. Sift in spice and flour. Mix well.

Well grease a 1lb tin. Bake for 45 minutes to an hour. (This book was written before fan ovens, so you may need to adjust this to suit your own oven.) You can also reduce the sugar and syrup content if you so wish.

For a sugar glaze to brush on top:

2 tablespoons of milk

2 tablespoons of water

2 tablespoons of sugar.

Heat all in saucepan until sugar dissolves, then boil for 2 minutes. Use while hot.

Lesley Sproule

Group4 News 💼

# WEREHAM'S POP-UP CAFÉ

will 'pop-up'

# TWICE EVERY MONTH

(initially on the 1<sup>st</sup> and 3<sup>st</sup> Tuesday) from 10.30am till 1.00pm

The cafe will continue to serve a hot drink and a pastry or slice of home-made cake for just

# £1.50

# PLU5

a light lunch 'dish of the day' for an additional £2.50

# SPECIAL EVENT PLANNED?



NEW Range cooker and spacious larder fridge/freezer available when you hire

WEREHAM VILLAGE HALL!

Contact Doreen on 500218 for Bookings



# Wereham Weekly Cash



Wereham Village Hall Wednesdays Doors open 6.45 pm Eyes down 7.30 pm Rattle and Refreshments





Enquiries: Doreen Rolph 01366 500218

All proceeds go to Village Hall Registered Charity Number 1151336 Wereham Village H



# Wereham Indoor/outdoor car boot sales and cafe.

The last Sunday of every month excluding December. 9am until 1pm Cafe serving bacon rolls, sausage in a roll or egg in a roll, with plenty of tea and coffee. A warm and friendly welcome is given to everyone. Please contact Philip on 7

Swaffham R



Swaffham Hom Involving sponsorwalking in relays in from treatment,

Lots of Activitie Enter a Team. J Sw

07759033492 or 01366501330

#### Free magazine inspires families to get active this summer

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among

# ime in Swaffham



may be affecting their day-to-day life. The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures

view the magazine online at www.norfolk.gov.uk/getinto

#### Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services. The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia. or who are simply older and less mobile, to identify concerns in their property which



SWAFFHAM WEA

a chance to learn about Swaffham WEA and details of future courses

# Friday 16th March

10am

### Swaffham Community Centre

Further details: 01366 328536

Free entry – All welcome

# COMMUNITY NOTICE BOARD

#### Swaffham Museum

Swaffham Museum reopened in February after a busy six weeks. Behind the scenes work included **two new exhibitions**, **a new activity** for adults and children 'Do you know how to use a 1930's typewriter?', **additional dressing-up options** and **a new museum trail**.

The first new exhibition 'Philo's diary' has extracts from a diary written in 1850 by James Philo (1810-1877) who worked as a boot and shoemaker from his home at 8 London Street – approximately where Blaine's shop is today. He revisited the diary in 1873 and he describes the changes in Swaffham over the 19<sup>th</sup> Century. Besides his own personal sentiments, there are references to Education, Emigration, Local Government, Unions and Entertainment in Swaffham.

Our second exhibition is a display of paintings from our store. This is mostly paintings from the Carter family – Samuel John (father to Howard Carter), and Harry Carter who is well respected for his village signs. There are some copies of Harry's original designs. There are also some works from the graphic designer, Max Mueller. Max was a graphic artist and printer in Liepzig before becoming an unwilling conscript in the German army during WW11. He surrendered to the American army and eventually came to live as a prisoner of war in the camp at Cockley Cley. After his release he remained within the locality working for a funeral director before setting up his own printing press.

## 30<sup>th</sup> Anniversary of Swaffham Museum

This year is the 30<sup>th</sup> Anniversary of the Opening of Swaffham Museum. It was opened on March 14 by Dick Joice, well known and respected presenter of regional television and of the 'Bygones' programme. The Museum started with two rooms in the Town Hall, and there were over 1000 artefacts which had been collected during the previous 10 years. Mrs Merle Boddy was a prime mover in the establishment of the Museum. We will celebrate our 30 years in September on one of the Heritage Open Days.

Open Mon – Sat 10am to 4pm. More information on our website (www.swaffhammuseum.co.uk)

Veronica Hutchby – Publicity Officer

# MAGPIE CENTRE NEWS ROUNDUP

At last – spring is on the way. Even if the mud and sleet are still with us, little by little the evenings are drawing out.

Time to take up a new interest? The Magpie Centre, home of West Norfolk Riding for the Disabled Association, is in need of a Trustee Treasurer. This voluntary post might suit a retired book keeper or accountant, who feels able to give a few hours a week to a very worthwhile cause.

Although a good knowledge of accounts is required, experience with horses, or of people with disabilities, is not essential. For an informal chat, call WNRDA Chairwoman Rosie O'Grady on 01366 500104.

As we went to press, tickets, at £10 each, for the Quiz and Hog Roast supper (with vegetarian option), scheduled for 7.00 for 7.30 pm 3 March at Stowbridge Village Hall, PE34 3PE were selling well, but to make a last-minute booking, call 01553 828935.

And now a quick reminder to those booking speakers for local groups: the Magpie Centre can supply speakers on the topic of riding as therapy for people with disabilities, the development of the Riding for the Disabled movement, plus the history and work of the Magpie Centre. We do not charge a fee, but a donation to Magpie Centre funds is always welcomed. To book a speaker, call 01553 810202.





23

# COMMUNITY NOTICE BOARD

# Could you help a young person with a disability to think about their Future?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

Group4 News

# MASSIVE FUEL BILLS?

# INEFFICIENT OIL FIRED & LPG BOILER? STORAGE HEATERS NEED HOME INSULATION?

#### On any of these Governments benefits?

- Child Tax Credit
- Working Tax Credit
- Universal Tax Credit,
- Pension Guarantee Credit
- Income Support
- Income Based Job Seekers Allowance
- Income related Employment and
  - Support Allowance

# PRIVATE HOME OWNER OR TENANT?

**GOLDEN GLOBE** will do all the hard work for you using government grants funded by all the big energy companies under the watchful eye of OFGEM.

- Confirm your benefits with DWP
- Book your free survey for you
- Install your new fuel efficient oil boiler

Look forward to A Warmer Winter, Lower your fuel bills. A home with added warmth and an Energy Efficient New Boiler with an OFTEC Certificate

# Call Golden Globe today on 020 7096 5097 and book your appointment free of charge



# BARTON BENDISH NEWS

#### Thought for the Day Breakfast (January 13<sup>th</sup>)

In a welcome addition to Messy Church, the Barton community assembled for breakfast in the Village Hall to share fellowship and a thoughtful start to Saturday. It is to be hoped that this highly successful event will become a regular occurrence, especially since it seems that breaking bread together counts as a church service – a very well attended one too! A number of people, who travelled from outside the village, observed that Barton events are always good fun and very popular. Let's hope this message is heard loud and clear by the National Lottery Grants People.

Andrew

### Burns Supper

Once again a strong Scottish aura pervaded Barton Bendish Village Hall on the night of January 27th. There was a full house to share in the programme assembled in honour of the Bard of Ayrshire, the Ploughman poet Rabbie Burns and to feast on the traditional supper of haggis, neeps and tatties followed by cheese and biscuits and afterwards Joan's special shortbread.

Kilt clad Andrew Stephen proved to be an authoritative MC and the evening followed the usual format of entertainment for such a celebration. It began with Rev Ken Waters saying the Selkirk Grace followed by the Haggis being piped in with the aid of a CD player. Mhari then addressed the haggis in her native tongue which, for us mere Sassanachs, Linda kindly interpreted. When we had finished the meal Alan Reid, now a native of Kent, recalled many aspects of the Bard's life in his speech The Immortal Memory rounded off with audience participation in a rendition of 'My Love is Like a Red, Red Rose'.

Chris Parsons filled us in with some of the lesser known facts about Burns before ending with a 'Toast to the Lassies'. Next the choir regaled us with three traditional songs before Joc Keshet-Price responded to the Laddies in a way that would make all the women of today who are campaigning for equality with men proud. In fact I think she even managed to tip the scales in their favour. Ian Berchem once again impressed us all by reciting 'Tam o' Shanter' from memory leaving us wondering how he does it when many of us have difficulty even remembering the words of a limerick!!!!

More songs followed from the choir before our MC expressed the appreciation of us all by thanking everyone who had worked so hard to make the evening such a success. The loudest round of applause was deservedly reserved for Joan, who spent the entire evening very much out of sight in the kitchen either washing or drying up. If it wasn't for all those people, who helped in one way or another, Barton would never be able to hold such events.

The evening was brought to a close in time honoured tradition with a hearty

rendition of Auld Lang Syne.

Thanks to everyone on behalf of all the guests for another great evening. Jill

Events at Barton Bendish are always a pleasure and yet I'm still always surprised by the popularity of whatever activity is put on for our pleasure. And pleasure was the dominating feeling, as laughter, song and the sense of a community at play made three and a half hours pass in the twinkling of an eye. Barton is only a little village and yet it is full of talent. We can also count on the enthusiastic contributions of many who live in neighbouring villages.

For me, the most interesting comments concerned how Burns would be seen in today's climate of legislating for human weaknesses and abuses. Joc's 'Reply to the Laddies', which was hilarious, made the point that it is safer to be a woman making jokes, following centuries of men having it all their own way. Freedom of thought and speech is alive in Barton!

The choir impressed as they always do and the redoubtable lan recited Tam O'Shanter from memory! Indeed he spoke so well that those of us less well acquainted with Scottish dialect were able to follow the events within this venerable poem.

Linda Webster provided a handy translation of Mhari Blanchfield's 'Address to the Haggis' as Scottish culture, poetry, passion and debauchery and heritage were celebrated in style. Long may this glorious tradition continue!

#### Andrew

#### Snowdrop Walk (February 11<sup>th</sup>)

Another very popular event in the village combined the delights of a snowdrop walk with a walk in the footsteps of Mary Caney. Expertly led by David Mason, the intrepid walkers braved an icy wind, of the kind known well to East Anglians. It sets off from the Urals and there is nothing in between. Readers of Jill Mason's novel enjoyed seeing a number of locations which Mary Caney would have been familiar with. It was odd to think, whilst standing in St Mary's Church, that the same (seventeenth century) box pews would have been there for her baptism and for one of her marriages. The Barracks, and a number of cottages, are no more, but the Blacksmith's Shop, The Old Rectory, Avenue House and a number of other places, known to Mary Caney, remain.

David has done more than anyone to chronicle the changing times of Barton and as, finally, we stood by Mary's grave, I thought of the young Michael Horn jumping out of his bedroom window in the old Post Office, eager to join the boys for a night out. He too loved Barton and was steeped in its history. It is so important that it should be preserved for all time.

The other element of the walk was to view a staggering abundance of snowdrops. We are grateful to Luca, Anthony and to Neil and Sally (at Score

Group4 News

House) for access to those views. Anthony provided us with a very informed view of snowdrops and some fascinating insights into the development of the Hall gardens.

Thirty-five people, plus a two-year-old and sundry vocal dogs, came on the walk which they very much enjoyed, despite the conditions. We were pleased to get back to the warmth of the Village Hall, complete with tea and superb cake. The village has changed a great deal even in the last fifty years – and will continue to do so. Thanks to the Masons who have vividly documented Barton's past, and those responsible for looking after our landscape, and who do it so well, we can guarantee that it will always be a pleasure to live here. Andrew

#### 'A Complete Guide to Clematis' March 28th

Peter Skeggs-Gooch from Thorncroft Clematis, who are ten times gold medallists at the RHS Chelsea Flower Show, has agreed to come and talk to us about growing and caring for clematis. It has been arranged for Wednesday March 28th at 7.30pm in the Village Hall and will offer a golden opportunity to find out all you want to know about growing clematis.

Admission is £4 which includes refreshments and booking is essential.

Please contact Maureen Tasker Tel 01366 347432

### Easter Coffee Morning Saturday 31st March 10am – 12noon

We are holding our annual Easter Coffee Morning on Saturday March 31st from 10am – 12noon in the Village Hall with the emphasis being on the whole family. There will be an Easter Egg tombola as well as the chance to win a delicious cake by entering the competition to guess how many eggs are decorating it. There will also be book, cake and produce stalls as well the usual raffle and one or two things for the kids to do.

Put your Easter Bonnet on display if you have the time to create one.

This is an event held annually to raise funds towards the costs involved with the day to day running of our Village Hall. Money is needed to pay for insurances, water rates, electricity etc. As you all know they don't come cheap!!

Needless to say donations of cakes, Easter eggs, raffle prizes etc would be very much appreciated.

Jill Mason 01366 347928 email masons.sandmere@btinternet.com

### Village Projects

We continue to receive suggestions of how we might commemorate a hundred years since the end of WW1, including suggestions about how we might decorate the village accordingly; maybe using signs, projections and red flowers, including poppies. Messy Church has offered help with creating poppies from wool or felt, for example. There is a wonderful display, of banners, hand sown hearts and poppies, in Ely Cathedral which is already inspiring some of us. Of course, we would also appreciate any suggestions you might have about the

development of the Village Hall. Andrew

## Anglia Water

Many of us have been under siege from giant tankers which have done a good job of wrecking the environment of Hatherley Gardens. I am told that the crisis is nearly over because the faulty well at Beechamwell is being relined. The tanker firm have apparently lost their contract with Anglia Water, whose lack of communication with villagers has been deplorable. *Andrew* 

# Barton Bendish Ordinary Parish Council Meeting held on 10th January 2018

Cllr Chapman was in the Chair. Six parishioners were in attendance.

The Parish Council made a decision on the Precept for 2018/19 and agreed to set the figure at £4705, which included a Council Tax Support grant of £60. This would represent another year of no increase for parishioners.

The Parish Council was very pleased to hear of the planned renovations and improvements to the Village Hall and agreed to provide a letter of support for the project to raise funds to carry out this work.

The project committee advised on proposed events to commemorate the centenary of the end of WW1 in November 2018, which includes production of a book giving stories of the fallen and stories from residents with relatives who took part in the war. There is also a plan to plant poppies throughout the parish.

An application has been made to the Norfolk County Council Parish Partnership Scheme to cover 50% of the cost of a trod (informal footpath) for the bend on Boughton Long Road. A decision should be received in March 2018.

The owners of the chicken shed on Fincham Road had already been contacted about the dead tree, which is close to the highway and partially come down during storms over the Christmas period. We will be chasing up action from them to remove this tree.

The next meeting will take place on Wednesday 14th March, 2018. This will be the Annual Parish Meeting followed by an Ordinary Parish Council Meeting starting at 7.30pm in the Village Hall. *Miss Sarah Thorpe, Parish Clerk* 

Telephone number: 01945 430930 Email:

bartonbendishparishcouncil@aol.co.uk

Further information is available on the Parish Council website at bartonbendishparishcouncil.norfolkparishes.gov.uk

FORTHCOMING EVENTS

WEDNESDAY MARCH 28th Talk 'A Complete Guide to Clematis' 7.30pm Village Hall

EASTER SATURDAY MARCH 31st Coffee Morning 10am – 12noon Village Hall

SUNDAY JUNE 24th Gardens Open

WEEKEND SEPTEMBER 15th and 16th Art, Photography and Craft Exhibition

## Mobile Post Office

Monday and Thursday 12.55 – 13.15 Tuesday and Wednesday 11.10 – 11.40

#### Magazines

Spare copies of G4N and Swaffham Newsletter can be found in St Mary's Church and Beachamwell Village Hall

#### Parish Council



Good news! Beachamwell Parish Council has been able to acquire and fit a Public Access Defibrillator with thanks from the Norfolk Community Foundation. The Parish Council were requested from members of the community if one could be made available, especially with all the various activities now happening within the village for all age groups.

We are able to do this and now you are all able to update or expand your First Aid knowledge with the training on how and when to use a Defibrillator. If you would like to come along to a session to be arranged at the Village Hall please do let us know. There are limited spaces available to residents on first come first served basis, but we do not want stop someone from outside the Parish taking part, this project is to increase awareness of the challenge and having the confidence to know what you can do in an emergency where ever you may be. Please get in touch with any of the Parish Councillors or Eileen to take part.

### Cllr Karen Bridge

The next Parish Council Meeting will be held on March 12<sup>th</sup> at 7.30pm. If you have any items for the agenda please give them to me in writing at least a week beforehand.

As always, if you have a query or a problem, you can consult the Councillors at any time – they are more than willing to listen and help if they can.

The Parish Council website is beachamwell-pc.norfolkparishes.gov.uk

### Eileen Powell (Parish Clerk)

### St Mary's Church

The winter sunlight, after weeks of rain, made the wet grass in the churchyard glisten on the second Holy Communion of the year and the rooks performed their usual harsh voiced accompaniment to the music of the church bells. The

Rev. Ken Waters spoke of the most beautiful and mysterious words in the New Testament, the verse which opens the Gospel according to St. John: In the beginning was the Word, and the Word was with God, and the Word was God. We were reminded that John is the only one of the Gospel writers not to give an account of the birth of Christ with its rather romantic descriptions of a manger and swaddling clothes and shepherds watching their flocks by night. John is much more concerned with exploring the mystical and philosophical nature of Christ's birth. In a lecture in Westminster Abbey to mark the five hundredth anniversary of the King James Bible, the former Archbishop of Canterbury, Rowan Williams said that what he loved most about the King James version was that the reader was made aware through the sometimes convoluted language of the translators that the Gospel writers were struggling to express truths that lie beyond human language. We sense this struggle more with St. John than with the other three Gospel writers. Language is so often used literally nowadays to convey facts, or to distort facts, that many people have lost the feeling for the poetry of the Bible. Anyone who attended this service of Communion in this beautiful and ancient church would have gone away with a renewed sense of the mystery which human language can only begin to express and know that, in the words of Hamlet, the rest is silence.

#### James Knox Whittet

Notes from the Vestry: As the pancakes have been long gone and the period



of Lent stretches the length of this month, you might be missing the things you've given up! If it is chocolate – the wait for that first Easter egg might seem a long one!

You may wish to join us for one of the two monthly services – though the church will be without any flowers during this period, there is still that magical atmosphere of the ancient building that invites reflective thoughts. On 4<sup>th</sup> of March there will be a 'Holy Communion Service' with Ken Waters and on the 18<sup>th</sup> March we'll hold a 'Service of the Word' with Ray Burman; both services start at 11 am.

This year's Good Friday (30<sup>th</sup> March) will be marked by a

children's 'Crafts and Easter Egg Hunt' event. Please bring your youngsters along to the Village Hall from 2pm. We shall be getting involved in some crafts, enjoying some refreshments, making a visit to our church and follow the trail of the elusive Easter Bunny.

Please make a note in your diary that this year's Beachamwell Open Gardens will be held on Sunday 3<sup>rd</sup> June. We are very grateful to all those who provide their support for this event, especially those who will be opening their gardens (and doing some back-breaking work beforehand), volunteers who will be preparing lunches and teas, numerous bakers of cakes and all those who will be giving their time and helping on the day. This is the only annual fund-raising event run by our Parochial Church Council and the proceeds are used to keep our church insured and the bills paid.

#### Vesna Hudson (Churchwarden)

Advance notice: There will be a community service 'We Will Remember Them'



in St. Mary's Church on 11<sup>th</sup> November 2018 at 10.45. This is a service to commemorate the end of World War 1 and will be followed by refreshments in the village hall.

The service will include traditional readings; readings collected about the men who went to war from Beachamwell, Shingham and Drymere; World War 1 poetry; music of the day and hopefully a Member of the Armed Forces to play The Last Post.

#### Ann Knox Whittet

#### The Friends of St Mary's Church



**Half Marathon:** We hope you are all thinking about training and joining in this on May 6th. All money raised is for the St Mary's Church thatched roof appeal. See you there!

#### Carole and Brian Wilson

**"An Auctioneers Tales**" talk by Elizabeth Talbot will be taking place on March 7<sup>th</sup>. All tickets have been sold – which is brilliant. More details in the April Edition of G4N.

Please do get in touch with me if you

have any ideas or wish to help in any way with fundraising for The Friends of St Mary's.

Caroline Sanderson carolinesanderson@btconnect.com 01366 328244

#### Beachamwell Village Hall (Charity registration number 303900)



**Pop up Pub Friday 9 February:** A big thank you to everybody who braved the cold and wet to join us in the village hall for another convivial evening. Regardless of the weather, a warm atmosphere and noisy neighbourly chat filled the room. The next Pop up Pub will be on Friday 13 April join us and show us that you are not superstitious! **Beachamwell Fete and Country Fair 2018:** We already have several stall holders lined

up for this event and will be looking for village support in collecting books, bric-abrac, old crockery to smash, raffle prizes, tombola prizes etc. nearer the time... when you are spring cleaning keep us in mind. The 2018 Fete and Country Fair will be discussed at the AGM – have you any new ideas we could try?

**AGM:** This will be held in the hall on Wednesday 28 March at 7.30pm and we hope as many people as possible will come along and join us. The village hall is in use nearly every weekday, every week of the year. There are also many weekend parties held in the hall. It is a great asset to village life but constantly needs money for upkeep and improvement. New committee members and new ideas are always welcome – think about it!

# Beachamwell Village Hall Committee

Contact: Leah Spencer 01366 328536 or leah@wissey.co.uk

#### Wednesday Walkers



As long as you are well wrapped up, a walk along snow dusted footpaths and bridleways can be very enjoyable. At least this is what we found on our Feb walk as we covered about 4 miles in a bracing northerly wind.

Our path took us to Shingham via Stambles Plantation, where we saw for ourselves the recent storm damage. One of the oldest oak trees has now completely fallen and we are grateful to John Rix for clearing the footpath so quickly

We then crossed to the Warren, skirted the back of Larchwood and turned right along the Cockley Cley road before heading back along footpaths to Shingham and home.

Our March walk will take us along forest drives. Meet at the village hall 10am Wednesday 7 March.

Leah Spencer 01366 328536)

#### WI



On a very cold night in February, Beachamwell WI enjoyed some muchneeded sunshine. thanks to а wonderful slideshow bv local photographer, David Mason, featuring his travels from Arizona to Alaska. The landscapes were truly "awesome" as the Americans say, but there were also some exquisite photos of flowers and plants, and pictures from many close up encounters with birds and mammals. including bears. David was a most

interesting and knowledgeable narrator and all the members very much enjoyed this trip "out West".

The count is in for our choice of resolution for 2018, debated at our January meeting and there was a clear majority in favour of a WI campaign for better mental health provision. Our votes will go forward to help the national organisation make its choice.

At the meeting on March Ist the theme is an arty one, with an illustrated talk by Genista Davidson on "Art Deco: Architecture to Earrings". As always, visitors or prospective new members are very welcome to come along.

Enquiries: 01366 327023 or 01366 328589

#### Maggie Mackenzie

#### **Beachamwell Local History Group**

After our quiet year in 2017, we now have several exciting events scheduled for 2018. The first is on Thursday,  $22^{nd}$  March. This will be a dramatized account of the eviction of local villages to make way for the military zone in the 1940s. "Miss Lucinda Reeves", one of the villagers affected, will be here in person in the village hall to tell the story of the "battle" to prevent the eviction and its consequences. A fascinating story, told in an interesting new way. Tickets will be £3 on the door.

The planned talk by Mary Ann Prior on "Constance Villiers-Stuart and India", postponed from February will now take place on Thursday, May 24<sup>th</sup>.

Later in the year, on Sunday 23<sup>rd</sup> September, there will be special open day on "Beachamwell's Churches". This will comprise exhibitions in St Mary's Church and the village hall, plus guided walks to the remains of St John's and All Saints' and also to St Botolph's at Shingham, which we hope to be opened up for the visitors. The open day will focus on the History of the Churches (and the Methodist Chapel) and illuminate their role in village life, past and present. To help with our preparations, the Local History Group would really like to hear from individuals who have memories, artefacts or pictures of the life of the churches and parishioners. Perhaps you were married here and have photos? If so, the BLHG would love to hear from you! Please get in touch too, if you are interested in getting involved in this project.

Enquiries to Philip Spencer 01366 328536. Maggie Mackenzie

#### Women and Words

The Swaffham based writing group, Iceni Rural Writers, is celebrating International Women's Day by hosting an evening's readings of poetry and prose. Joining them will be award winning local poet Heidi Williamson, who will read works from her collections 'Electric Shadow' and 'The Print Museum'. Organiser Leah Spencer said: "This will be a great opportunity for the writers in our group to share their work with a wider audience." There will also be an open mic slot for other local writers; if you would like to read please contact 01366 328536.

*Women and Words* takes place on Thursday 8 March at 7.30pm in the Pedlar Suite of the George Hotel Swaffham. Tickets are £5.00 from Ceres Bookshop Swaffham or by telephoning 01366 328536 or on the door.

Iceni Rural Writers would like to thank Swaffham Town Council for supporting this event. *Leah Spencer* 

## Group4 News

# CHURCH SERVICES IN MARCH (Priory/Northern group)

Sunday 4th March	<b>Second Sunday of Lent</b>		
10.00 am Fincham	Family Communion		
10.00 am Shouldham	Morning Prayer		
10.30 am Marham	Café Church (Methodist Chapel)		
10.30 am Stow Bardolph	Holy Communion		
11.00 am Tottenhill	Holy Communion		
Sunday 11th March9.30 amShouldham Tho10.30 amStow Bridge11.00 amRuncton Holme6.00 pmFincham	Holy Communion		
Sunday 18th March	Fourth Sunday of Lent		
10.00 am Shouldham	Holy Communion		
10.30 am Marham	United Worship (MC)		
10.30 am Nordelph	Holy Communion in the Village Hall		
11.00 am Wormegay	Holy Communion		
Sunday 25th March9.30 amFincham10.30 amMarham10.30 amWimbotsham11.15 amWatlington	Palm Sunday Holy Communion ( BCP said) Holy Communion (Holy Trinity) Holy Communion Palm Sunday with Bishop of Ely		
Thursday 29th March	Maundy Thursday		
11.00 am Runcton Holme	Holy Communion		
Friday 30th March	<b>Good Friday</b>		
2.30 pm Tottenhill Good	d Friday meditation (lay led)		
THURSDAY SERVICES at 10am			

<u>_22nd</u>			
Barton Bendish	Bill Tasker	01366 347432	
Beachamwell	Lean Spencer	01366 328536	
	the Churchwar	den in vour narish	
Boughton	"Pam Wakeling" an	den in yours parts 129	
-			
Wereham	Doreen Rolph	01366 500218	
	•	36	

# CHURCH SERVICES IN MARCH (Wissey Valley/Southern Group)

#### Sunday 4th March

9.30 am Methwold 9.30 am Wretton 11.00 am Beachamwell

#### 6.00 pm Wereham

#### Sunday 11th March

9.30 am Methwold

9.30 am West Dereham

10.00 am Boughton

11.00 am Barton Bendish

#### Sunday 18th March

9.30 am Methwold

9.30 am West Dereham

9.30 am Wretton

11.00.am Wereham

11.00 am Beachamwell

Sunday 25th March

Second Sunday of Lent

Service of the Word Service of the Word Holy Communion Evensong

#### Third Sunday of Lent

Service of the Word

Holy Communion

Breakfast Church

Holy Communion

#### Fourth Sunday of Lent

Joint service with Methodists

service of the Word

Service of the Word

Holy Communion

Service of the Word

#### Palm Sunday

10. 00 am meet at St Mary's Barton Bendish for group service of Holy Communion and Dramatised Reading of the Passion narrative at St Andrew's.

9.30 am	Methwold	Holy Communion
9.30 am	West Dereham	Service of the Word
9.30 am	Wretton	Service of the Word
10. 00 am	Whittingon	All Age service
Thursday	29th March	Maundy Thursday
Friday 30th March		Good Friday (see benefice news)

## **BOUGHTON VILLAGE NEWS**

**All Saints' Church** First, a polite request: if you are attending an event at the church, whatever it is, please be considerate of the people who live in Church Lane, and park 'politely'. It's not a very wide road and the bungalows have tight turns to get into their drives. If you park right up to them, it makes it difficult. The same applies on other roads. Particularly in the dark, it's hard to see if anyone is parked right up to the edge of the drive and an accident can happen so easily.

**Open Gardens:** the weather is beginning to look more hopeful, and many of us will be looking to go out into the garden to tidy up and plan changes. Even if it's to reduce the amount of work as we get older! Open Gardens Day this year will be on Sunday 10<sup>th</sup> June and it would be lovely to have several emails volunteering to open gardens, and not need to chase them up. If you haven't opened in the past, it's good fun meeting people. The money raised goes towards keeping the church open, even more important as it's also the village centre. If you don't want to open your garden, but would like to join in and help, please contact me ( 500429), Angela or Sandy.

**Easter services:** We have our own traditions, so Holy Week will start with the group service at Barton Bendish on Palm Sunday. If you can, meet in the lovely little church of St Mary at 10am to begin the service, before going to St Andrew's, either on foot or by car, to listen to a dramatized reading of the Passion and join with others in Holy Communion. On Easter Saturday, the day before Easter Sunday, Boughton will again have the Easter celebrations. This involves the lighting of the fire and candles, readings, bells, choir and the sharing of the first communion of Easter. Please come along and join us in this celebration. It's solemn, but joyful, and everyone enjoys it.

#### Greetings by Oscar Pop-Up Cafe

The homemade soup served at our January pop-up was much appreciated as the temperature had dropped somewhat. Hoping that it will not be as cold in March for our next pop-up on the  $21^{st}$  from 11:30 am, again serving a light lunch of homemade soup by popular request! All greetings cards at the special price of £1.00 each.

Look forward to seeing you.

**Greetings by Oscar**  $\sim$  **'In a Box'** Some of you have expressed a wish to look at our greetings cards, as work/family commitments do not allow for a visit to our bi-monthly pop-up cafe at All Saints' Church. With this in mind we are happy to put together a selection of cards and deliver them to your home to enable you to look through them at your leisure with absolutely no commitment to buy. All cards are £1.00 each, some of which are high street names and we have numerous offers throughout the year.If you are interested in browsing an 'Oscar Box' in the comfort of your own home then please contact Angela on 501335. *The Boughton Village Caravan* 

### WEREHAM VILLAGE NEWS

#### <u>Wereham Parish Council</u>Next Meeting DateTuesday 13 March 2018 (Ordinary Parish Council Meeting)

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk You will also find minutes of all meetings here too.The Parish Council are interested in hearing from anyone who has pond plants they could donate to eventually set in the village pond, depending on a species check. Please contact the clerk by email werehampc@gmail.com

Please could all residents report any dog fouling and if necessary take photographic evidence of anyone not collecting their dog mess, and report to the Borough Council's team. There was an unfortunate event early December on the Wereham Village Pond Green near the path of large dog mess left there ignorantly and a child stepped into it covering both shoes and covering clothes. We will all agree that this is just not acceptable and it has been going on for far too long all over the village. For a resident of Wereham to not collect their dogs mess after and to do it in a central place in the village where children go to school is without due care and is just not acceptable. Wereham do not want this blighting the village any longer and the Clerk will be stopping any dog walker in the village to check they have the necessary dog bags for the foreseeable future. The Parish Council has supplied and pays for three dog bins and for them to be emptied across the village but unless certain dog owners take their responsibility they are in vain. They are located at the end of Lamas Lane (Flegg Green end); along Cavenham Road towards the public footpath field end; and on the playing field near the village hall entrance. https://www.westnorfolk.gov.uk/info/20094/animals and pests/157/dog issuesAll are welcome to attend meetings in 2018, if there are topics or ideas that you wish to share or be discussed with the Parish Council at any time during 2018, please email me on Helen RichardsonWereham Parish Clerk and werehampc@gmail.com. Finance Responsible PersonEmail werehampc@gmail.com or Phone/ Text: 0779 500 6811

#### February Update from the Wereham Village Hall Committee

Well, 2018 has got off to a steady start. The new build is coming on a pace despite the miserable winter weather doing its best to make life difficult. The first car boot was held at the end of January and the pop up café is back up and

running on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays of the month – do come along and join us for a chat and delicious, freshly prepared homemade lunches and cakes. Our **Easter Bingo** is scheduled for 28th March, doors open 6.30, eyes down 7.30. We would be very grateful for any donations of prizes/raffle prizes - contact Angela on 10366 500115, Diane on 10366 500798 or Doreen on 01366 500218. In addition, we are planning a "Beetle drive" in the not too distant future – lots of family fun – watch this space for more details.

#### Update from the New Build Project Team

The exterior shell is now almost complete and the scaffolding has all gone, whilst internally electrical wiring, mechanical services and plastering are all well advanced. As soon as the plaster and floor screeds are sufficiently dry the windows will be fitted and the external timber cladding installed.

Overall, the project remains on course for completion by mid-April. We have recently received notification of successful grant applications from the Borough Council and Love Norfolk, which is fantastic news. However, we still need to continue fundraising and have applied for a number of other grants over recent weeks. Don't forget that it is still not too late to donate to the buy-a-brick campaign. We are still more than £3000 short of the £10,000 target we pledged to the lottery as our community fundraising so any further donations are still desperately needed. Just follow the link from our website to our MyDonate page.For more regular updates and photos, follow us on our Facebook page.

#### Victoria, John E, John M & Rachel

#### Wereham Village Hall Bonus Ball Club

The lucky winners of £60 each in February were John Carter and Margaret Pickston – congratulations to you both! We currently have an opportunity for new members to join the Bonus Ball Club, with the following numbers recently becoming available: 5, 31, and 44. Each number costs £2 per month with the chance of winning £60 each month. When membership is, full the Village Hall Charity also receives £48 each month. The Bonus Ball winning number is based on the National Lotto Draw on the first Saturday of each month. For more details and if you wish to join, email helenar82@outlook.com .*Helen Richardson, Secretary*.

#### Events list

**Bingo -** Wereham Village Hall "Cash Prize" Bingo every Wednesday, doors open 6.45, eyes down 7.30pm. Teas/coffees available with complimentary biscuits. For enquiries contact Angela (01366\_500115) or Diane (01366500798).

**Pop up Café** – first and third Tuesday of the month, 10.30-1pm. Join us for a slice of homemade cake, a hot drink, a natter and a read of the daily papers all for just £1.50. Light lunches also available – look out for our monthly specials! Cake donations/queries to Doreen on 01366 500218. Next dates areTuesday  $6^{th}$  and Tuesday  $20^{th}$  March.

**Car boot and Café** – last Sunday of the month, 9am-1pm (café opens at 8am). Next dates are Sunday 25<sup>th</sup> March and Sunday 29<sup>th</sup> April. Café serving bacon butties, hot dogs and hot drinks. £5 per pitch. Contact Philip on 07759033492/01366 501330 e-mail rosemary.pease@btinternet.com.

**For all the pictures and feedback** from our events, log onto www.facebook.com/werehamvillagehall. By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

**SPEEDING IN THE VILLAGE**. Some villagers may recall that almost 2 years' ago a group of near neighbours did form an official Neighbourhood Speed Watch Team under the guidance of Norfolk Police Road Safety Division. This initiative was mildly successful but was unfortunately fairly short lived due to many factors not least the lack of support throughout the village with some residents actually objecting to our efforts. True the scheme does depend on a firm commitment from at least 6 determined people who would be prepared to give up a minimum of one hour a week & undergo an initial training session to familiarise themselves with all legal requirements & use of the approved radar gun & equipment all supplied by the Police. If anybody is interested I would be happy to have a preliminary chat. In the meantime a few Flegg Green residents are now displaying 30mph signs on their dustbins. They seem to have some effect so the more the merrier! Tony Mears Phone 01366 500909.

#### Wereham Craft Group.

This year we have decided to make things for charity giving as well as raising funds for our village hall. Some of the girls are knitting squares to be made into blankets which we will then give to The Salvation Army for their night shelters and needy families. We are also still making items for our own craft stall to raise money for our village hall. We gave a number of knitted items to the Salvation Army just before Christmas and they were extremely grateful, we will also be doing the shoe box Christmas boxes again this year so if anyone is interested in doing one please get in touch and we will give you all the info. Not long now until we move into our fabulous new village hall when we hope to see more crafters amongst you or anyone who would like to have a go at a new craft. If there is anyone out there who would like to come and give us a talk / demo of their particular craft then I would love to hear from you. Next month I have been asked by some of the girls to do a demo on making Tote bags, so I will be doing that. Please contact 01366 501330 me on or email rosemary pease@btinternet.com. (contd on next page)

#### Wereham News continued from previous page

#### Short Mat Bowls.

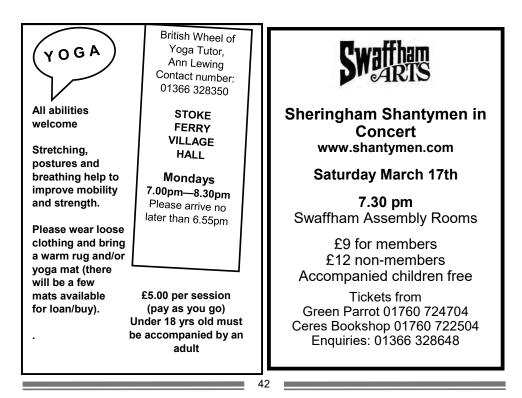
Short mat bowls every Tuesday afternoon 2pm until 4pm. Everyone welcome. For details contact Philip on 01355 501330 or email rosemary.pease@btinternet.com.

#### Car Boot and Cafe.

The car boot sales continue to thrive on the last Sunday of every month. The cafe is always open for bacon rolls etc. To book a table please contact Philip on 01366 501330 or e-mail rosemary.pease@btinternet.com.

#### KING'S LYNN HOSPITALS LEAGUE OF FRIENDS

I have received a letter from the League confirming that the collection I made in Wereham amounted to £151.77.Thanks to everyone who donated. *Doreen Rolph* 





# Preschool



Ofsted Registered EY246821

# A Warm, friendly welcome is

# waiting for you.

Accompanied sample sessions for you and your child the first Wednesday of every month 9:30-11:00





#### Church Road, Barton Bendish



Traditional village Inn offering luxury accommodation and restaurant with AA Rosette.

Real ales, good food and a warm welcome.

Open 7 days a week, Monday to Saturday 12 noon to 11pm, Sunday's 12 noon to 10pm.

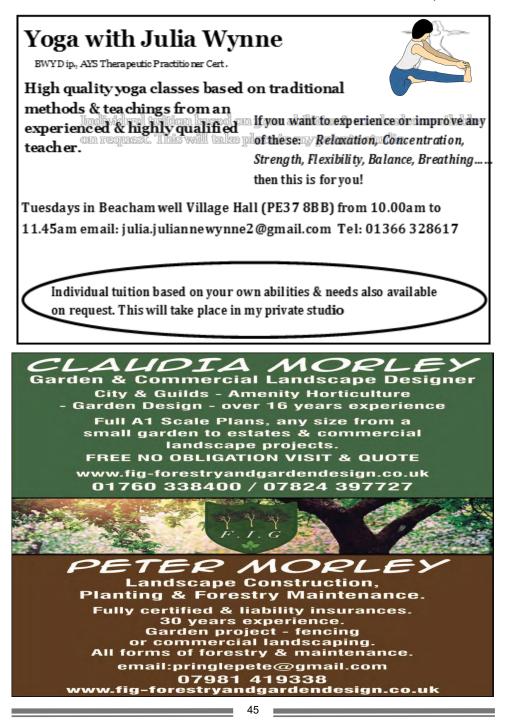
Locally sourced, home cooked food served every day.

Enjoy our extensive gardens & unique Children's Play Church Tower, traditional deck chairs & large multi-coloured bean bags.

Free WiFi available in the pub, gardens and rooms.

Check out the website for details of all the menus and the diary of events <u>www.theberneyarms.co.uk</u> or call 01366 347995.

The team will be happy to help with any enquiries.



### Premier Holiday accommodation in Wereham overlooking the pond 4\* very comfortable, well equipped 4 bedroomed house Sleeps 10, 2 bathrooms Ideal if you have family or friends visiting Good discounts available for

Group 4 News readers! For more details please Tel Debbie or Ian Rye on 01366502083, 02476 742077 or 07863 049677 or see website www.wix.com/ryeholidays/theoldschoolhouse



#### Are you at work all day?

Do you need someone to pop in and feed your pet, let it out and keep them company for an hour?

Does your puppy need socialising and some basic training? Maybe you're an older person who needs help exercising and caring for your dog?

Contact Jen at Wretton on 07799 733 463

Pet Sitting - Dog Walking - Home Visits

Livestock Care - Puppy Socialising - Pet Care

30 years experience working with animals

Reasonable Pricing - please ask

www.facebook.com/JensPetCareWretton



HOLIDAY COTTAGE

Sleeps 6—8 Perfect for visiting friends & relatives. Rural location on our farm in Beachamwell.

#### Contact:

Tom & Caroline Sanderson. St. John's Farm, Beachamwell, Swaffham, Norfolk PE37 8BE Tel: 01366 328244 Fax: 01366 328716

# Volunteers Home Needed! Start

#### Do you remember those early years?..... Sleepless nights, tantrums & teething.

If you have parenting experience Home-Start Swaffham & District would love to hear from you. We have families waiting for support and all we ask is for a couple of hours a week commitment. We offer a prep course accredited through the Open College Network which takes place one day a week for 10 weeks. Term time 10am-2pm.

So, if you think you can make a difference to a family needing a little help call us today to find out more.

Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

Home-Start Swaffham & District The Community Centre, Campinglands, Swaffham, PE37 7RB Tel: 01760 721271 Email: admin@homestartswaffham.org.uk

#### X National Trust Oxburgh Hall Events

Unless otherwise indicated, please call 08442 491895 to book tickets.

Saturday 31<sup>st</sup> March, Sunday 1<sup>st</sup> & Monday 2<sup>nd</sup> April 10.30am – 4.30pm (last trail sold at 3.30pm) Cadbury Easter Hunt

Easter is that time of year when the natural world around us springs back to life. Experience all that nature has to offer, exploring the grounds following the Easter hunt, and claim your Cadbury chocolate prize. There will be outdoor activities and garden games to enjoy too.

#### £2.50 per hunt, plus normal admission to grounds applies.

Wednesday 4th April and Wednesday 11<sup>th</sup> April, 11.30am and 1.30pm Go Wild in the Woods – Drop-in Activities

### Nar Valley Ornithological Society (NarVOS)

Tuesday 27<sup>th</sup> March 2018, 7.30pm at the Barn Theatre, Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

Please come along to this illustrated talk by **David Tipling**, entitled:

# A Bird Photographer's Diary – the stories behind the pictures

Holt-based David Tipling is one of the world's most widely published wildlife photographers, renowned for his artistic images of birds. His many accolades include the coveted European Nature Photographer of the Year Award. You may have seen David's photography on TV, in books and in the Eastern Daily Press. We are delighted to welcome David to NarVOS for what must be a photographic treat.

Visitors most welcome. Admission £2 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call lan Black on 01760 724092.



# EXCLUSIVE OFFER FOR PARISH COUNCIL MAGAZINE READERS.

Enjoy E500 rowards selected new MINIs\* ordered and registered by 31 March 2018, Simply show this advert to a Sales Executive when you place your order with us.

To find out more, please call 01553 692244 or visit www.listerskingslynnmini.co.uk

Listers King's Lynn Hardwick Road, King's Lynn, Norfolk PE30 4NA

MINI FINANCIAL SERVICES.



Official Fuel Economy Figures for the MINI Range: Urban 26:6-72,4mpg (10:6-3.9 l/100km). Extra Urban 46:3-91,1 mpg (6:1-3.1 l/100km). Combined 367-83.1 mpg (7:7-3.4l/100km). CO<sub>2</sub> Emissions 179-89 g/km. Figures may vary depending on driving style and conditions.

Listers Group Limited is a credit broker and not a lender.

\*Office only valid so Linners Kingfol you on solvernal new MINIs, ordered between 1 January and 31 March 2010 of registered by 35 March 2010. Offer valid for one parelase: only and senida the Inder to E000 unceder the value of the car. No card shormarive, Linner, Linning (Aduatio Boans, Stanford agen Aven Business and Technology Facil, Bankerg Kund, Stranford Spon Aven STATI'S is substrained and registered by the Franceski Conduc Analyris.









# **Experienced**, Qualified Professional

# 07749 257770 or 01366 727537

forestfensweep@aol.com

All appliances swept. Fully insured & certificates issued.

#### FREELANCE GROOM

All stable and yard duties undertaken

Longterm, shortterm and holiday cover

Trust worthy, experienced, caring and reliable

British Grooms Association member and

Intermediate Certificate

BHS Stage 1 and RRS

NVQ Horse and Yard Safety

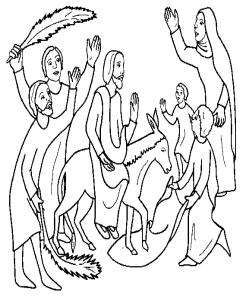
Equine Health (Moreton Morrell College)

References available

Contact Holly

on 07731 395142 or

Email: hollyweb92@gmail.com



# Doggie Style Grooming



No Cages...No Mess... No Stress!

#### Fully Equipped Mobile Salon Covering a 15 Mile Radius Of Swaffham

Qualified & Insured

Please Note: I require space to park and easy access to an electrical point within 25 meters of the parking area. This is essential to carry out the full grooming process.

### JET ACCOUNTANCY & BOOKKEEPING SERVICES Professional and qualified

service offering:

- Accounts
- Bookkeeping
- Self Assessment
- VAT Returns
- Payroll
- CIS Returns

### Tel: Louise Scott (MAAT) 07806 792211

info@jetaccountancy.co.uk









DAVID THOMPSON MASTER CHIMNEY SWEEP

All chimneys, flues & appliances swept Brush and vacuum used CCTV Chimney surveys Bird/rain guards,vent caps and cowls supplied and fitted NVQ qualified chimney engineer Certificates Issued 01328 851081 www.the-sweep.co.uk

D. Thompson Chimneys Ltd

#### PRESSED FOR TIME

Go let off some steam... and let me iron out one of life's little chores

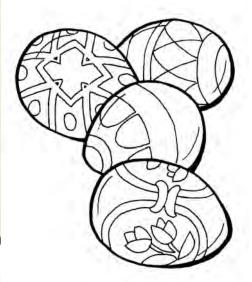
**Domestic Ironing** 75p for first 10 items thereafter 50p per item. Local delivery and collection available minimum order  $\pounds 10$ .

Holiday Let laundry and ironing Please phone for information and pricing.

Call Sarah Today

01366 501317 07870 768781

SL Ironing Services 12 Buckenham Drive Stoke Ferry



Frustrated by technology? Confused by the experts? Problems with your: Computer; Tablet; Mobile Phone; Broadband; WiFi; Printer; Digital Camera; Television?

I can help!

# ade

Ade Jordan Friendly Technology Solutions

Based in Wereham, West Norfolk

Fault finding; Repairs; Installations; Configuration; Training

### Tel: 07980 140000

email: help@adejordan.com www.adejordan.com

No call out charge. No fix, No fee



۲

<complex-block><text>

۲

# Cognitive Behavior Therapy, Counselling, and EMDR Do You Suffer From:

\*Anxiety \*Depression \*PTSD \*OCD \*Phobias \*Relationship Difficulties \*Self Esteem Problems \*Problems At Work \*Lack of Direction \*Addictions

Then Cognitive Behaviour Therapy or EMDR my help and both are recognised as successful treatments by the NHS For More Information or an appointment, contact:

Rebecca Judge RNMH. BSc. MSt. MSc. MAREBT. BABCP EMDR & Psychotherapistion: Tel: 07530 928070 Email: enquiries@cbtnorfolk.co.uk

### www.cbtnorfolk.co.uk





Methiwold Niersery School Bund Pré-School Expenses to youset the weicoming streaghese of our numery when exceptoral case, tornely surraundegu and wondeful large garties are eccent to none. Our highly qualified experienced staff will ensure that each child's individual needs are neel and provide them with the opportunity to make new trends: develop in confidence, and become interpretent whild; Learwing: throwigh plays! Open all year Monday to Friday 7am to 6pm from age 3 months to 6 years Breatient, After School and Huiday Clubs up to the age of 6 578 hours of Free Child Care' for all children resting in North/Suffolk over the age of 3 and 4 years. Child Care Vauchers Accepted Visit our subside to view "the Treatlic" and learn more about out

www.methwoldnurseryschool.co.uk.

39 Stole Road, Methodid Theford (P264PE Tel (91366 726419



## Maths Tutor

(to GCSE level)

- unravel problems
- · boost confidence
- · improve numeracy

A Cambridge graduate offers one-to-one tuition in your home (one-off or ongoing) £20 per hour

For details, or to arrange a £5 INTRODUCTORY SESSION contact Katherine Shaw 07773 – 433180

### JET ACCOUNTANCY & BOOKKEEPING SERVICES Professional and qualified service offering:

- Accounts
- Bookkeeping
- Self Assessment
- VAT Returns
- Payroll
- CIS Returns

## Tel: Louise Scott (MAAT) 07806 792211

#### info@jetaccountancy.co.uk



# **NO MEAN FEET**

### FOOT CARE IN THE COMFORT OF YOUR OWN HOME

YOUR LOCAL CARE SPECIALIST

✓ NAIL CUTTING







# *for the best feet in the street* **CALL STEVE ON 07837 506 906**

**STEVE JONES MBE,** SACDip FHP(Adv), Dip C Tec, Dip Bmec, Dip RM Fellow of The Alliance of Private Sector Practitioners Member, Accredited Register of Foot Health Practitioners

# **NO MEAN FEET**

### CARE IN THE COMFORT OF YOUR OWN HOME

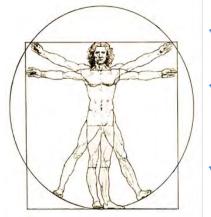
# YOUR LOCAL CARE SPECIALIST





✓ REMEDIAL MASSAGE

✓ THERAPEUTIC MASSAGE



✓ SPORTS INJURY

✓ BIO MECHANICAL
 & GAIT ANALYSIS

✓ THERAPY FOR PAIN IN LOWER BACK,LEG JOINTS & MUSCLES

# ✓LYMPHATIC DRAINAGE CALL STEVE ON 07837 506 906

**STEVE JONES MBE**, SACDip FHP(Adv), Dip C Tec, Dip Bmec, Dip RM Fellow of The Alliance of Private Sector Practitioners Member, Accredited Register of Foot Health Practitioners



# Family Funeral Directors **R. H. BOND** STOKE FERRY

Formerly G.P. Riches & Son Still family owned and now run by the 5th Generation Est. 1872

# *Offering a Complete Funeral Service* 24 hours a day, to all areas

Salisbury House Lynn Rd Stoke Ferry PE33 9SW Tel: 01366 500241 Mobile: 07861 671325

> Help and understanding when you need it most

# WJA TILING

The Complete Wall and Floor Service

Ceramics, Porcelain, Mosaic and Natural Stone Under floor heating and Karndean

> No job too big or small All Work Guaranteed 15 years experience

For a free quote, measure up or advice Phone Will on: 07884 446257

### PAUL FARRAR GENERAL PLUMBING SERVICES

ALL ASPECTS OF PLUMBING UNDERTAKEN. INCLUDING MAINTENANCE AND REPAIRS

AT COMPETITIVE PRICES

PHONE 01366 328072 OR 07725 300624

### **GOT DIRTY WINDOWS? G.COSTIN** WINDOW CLEANING

Windows, doors, frames & sills cleaned as standard.

Gutters. fascias. conservatories & Reach & Wash Pure Water System.

Reliable & friendly service.

Other cleaning services now available.

# Call Gavin 07796 606607

gcostinwindowcleaning@yahoo.co.uk

**BRYAN CATER** 



# **Chimney Sweep**

**Guild of Master Sweeps certified** 

**Clean and Reliable** Certificates Issued **Fully Insured** Fire Parts Supplied and Fitted

### Call Gavin on 01366 728342

The Poplars, Thetford Rd Northwold, Thetford, Norfolk **200 years ago.....** Emily Brontë was born on 30 July 1818 in the village of Thornton Market Street on the outskirts of Bradford, in the West Riding of Yorkshire, in Northern England, to Maria Branwell and an Irish father, Patrick Brontë. She was the younger sister of Charlotte Brontë and the fifth of six children. In 1820, shortly after the birth of Emily's younger sister Anne, the family moved eight miles away to Haworth, where Patrick was employed as perpetual curate; here the children developed their literary talents.[4After the death of their mother on 15 September 1821 from cancer, when Emily was three years old,[5] the older sisters Maria, Elizabeth and Charlotte were sent to the Clergy Daughters' School at Cowan Bridge, where they encountered abuse and privations later described by Charlotte in Jane Eyre. At the age of six on 25 November 1824, Emily joined her sisters at school for a brief period.[6] When a typhoid epidemic swept the school, Maria and Elizabeth caught it. Maria, who may actually have had tuberculosis, was sent home, where she died. Emily was subsequently removed from the school, in June 1825, along with Charlotte and Elizabeth. Elizabeth died soon after their return home.[7]

The three remaining sisters and their brother Patrick Branwell were thereafter educated at home by their father and aunt Elizabeth Branwell, their mother's sister. A shy girl, Emily was very close to her siblings and was known as a great animal lover, being especially noted for befriending the stray dogs she found wandering around the countrysideThe authors were printed as being Ellis and Acton Bell; Emily's real name did not appear until 1850, when it was printed on the title page of an edited commercial edition.[56]

Wuthering Heights's violence and passion led the Victorian public and many early reviewers to think that it had written by a man.[57] Even though the novel received mixed reviews when it first came out, and was often condemned for its portrayal of amoral passion, the book subsequently became an English literary classic.[60] Emily Brontë never knew the extent of fame she achieved with her only novel, as she died a year after its publication, aged 30.

Emily's health was probably weakened by the harsh local climate and by unsanitary conditions at home,[62] the source of water being contaminated by runoff from the church's graveyard.[c] Branwell died suddenly, on Sunday, September 24, 1848. At his funeral service, a week later, Emily caught a severe cold which quickly developed into inflammation of the lungs and led to tuberculosis.[63][d] Though her condition worsened steadily, she rejected medical help and all offered remedies, saying that she would have "no poisoning doctor" near her.[65] On the morning of 19 December 1848, Charlotte was fearful for her sister. At noon, Emily was worse; she could only whisper in gasps. With her last audible words she said to Charlotte, "If you will send for a doctor, I will see him now"[67] but it was too late.

She was interred in the Church of St Michael and All Angels family capsule in Haworth.

# RAY GRIBBLE

# Antique Restoration & Traditional Upholstery

All aspects of antique furniture restoration, including French polishing, cabinet repairs and traditional upholstery

# Traditional Upholstered Furniture

Footstools, Sofas and Chairs made to commission

### Picture Framing & Mirrors

www.raygribble.co.uk

Contact ray@raygribble.co.uk or phone 01366 500387

Vine House, Church Road, Wereham

#### D W SAVAGE "CARPENTER/BUILDER" 25 Years Experience For all your building requirements

#### **EXTENSIONS**

Kitchens, Bathrooms supplied and Fitted or just labour Conservatory, fascias, guttering Laminate or Oak flooring Patios, Decking etc. Car Ports All roof systems Renovations

> Ask for Darryl Telephone 01366 501152 Mobile 07884 373315

## Richard Pooley Cabinet Maker

The Complete Kitchen Design & Installation Service

All Aspects of Carpentry & Joinery

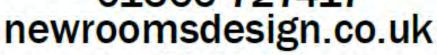
Bespoke Furniture

#### Wall & Floor Tiling

Tel: 01366 728791 - 07920 117784 Email: richypooley@gmail.com

# newrooms kitchens bedrooms bathrooms **KITCHENS** BEDROOMS BATHROOMS FLOORING

Our showroom is located on the Brandon Road, Methwold, IP26 4RH 01366 727417





facebook

Follow us on







# Jake Stansfield Itd

# Plumbing & Heating

All aspects of Plumbing & Heating to the highest standard.

Gas Safe registered.

Contact 07780463787 or

01366 500469

jakestansfield@live.com



# Paul Braybrooke Oil Fired Boiler Engineer Boiler Servicing Breakdown Service

Commissions Tank Replacements Phone 01353 777788 07946 735691

### **Taylors Solid Fuels** Family run since 1946

**Regular fortnightly Solid** Fuel deliveries in your area. Competitive prices and a full range of products.

## "Don't Shiver We Deliver"

Quality top soils and aggregates. Bulk bags and Tipper loads from1-20 tonnes

Tel: 01842890568 or see us on www.taylorssolidfuels.co.uk







# Garden Services John Adcock

For conifer, shrub and hedge trimming

Garden Maintenance and winter 'tidy ups'

Grass Cutting for large or small lawns

New fencing erected

Power Washing Tel: 01760 337058 or 07909 785801

#### ADE HARDY GARDENING SERVICES For all your gardening needs



Garden Clearances Mowing and Strimming Hedge Cutting Tree Work Fencing Winter tidy ups General

Garden Maintenance

To discuss your requirements call Ade on 07798 785663

No job too large or too small to be considered

# Turn To Ted

Friendly, Hardworking, Handyman, Gardener, DIY

£15 per hour, 1hour min

No job too Small or Large

Telephone

07967 796992



Pruning Topping Felling Clearing

All aspects of tree and hedge



work undertaken Over 30 years experience



Qualified - Insured

#### Call 01366 347656 or 07867 764307 For your free quote

LOCAL MAN - LOCAL RATES

# D.J.B. LANDSCAPING

:Driveways : Paving : Fencing : : Garden Clearance : : Hedge Maintenance : : Grass Cutting / strimming : : Building Repairs / Maintenance : : Concreting :

All jobs considered

**David Bennett** 

Mobile 07795 833440

Fakenham 01328 700859



#### THE SOUTH PICKENHAM ESTATE CO LTD

#### FIREWOOD

Barn slored seasoned splithard and softwood Seasoned logs, ask ourdriver to moisture check your logs on delivery

Free delivery in the Swaffham area All of our firewood is from well managed woodland and is fully sustainable  $1.5m^3$  or  $3.0m^3$  loads

We can deliver 50% hardwood and 50% softwood on one bad in separate sections if required



Contact The Eatate Office Tel 01760 756376 or 07776 178665 Trailer shown holds 3 cubic meters



P.G.M.S. Fabrication of a

variety of metals Mechanical engineering



#### Peter Garner Mechanical Services

Shingham Lane, Beachamwell, Swaffham, Norfolk. PE37 8AY. Tel: 01366 328823 E-mail: pgms@lineone.net



#### R D VOUTT & SON

### PLASTERING

All aspects of plastering & floor screeding.

Contact Bob on 01366 328 545 mobile 07799514635 rdvoutt@yahoo.co.uk

# **Peckhams Plumbing**

John Peckham Friendly local Plumbing and heating engineer

All Work Undertaken Big Or Small

Fully Qualified and Insured

No Estimates Just 1 Price



No Call Out Fees



✓ Full Heating Systems
 ✓ Heating system updates
 ✓ Radiator changes
 ✓ Oil Tank changes
 ✓ Oil Tank changes
 ✓ Fully Fitted Bathrooms
 ✓ Leaks And Repairs
 ✓ Tilling
 ✓ Boiler replacements & repairs
 ✓ Boiler Services

# Tel: 07534892411



Answers to quiz on page 70

- 1. Rome 2. Amazons
- 3. Nine
- 4. Neptune
- 5. Eurydice
- 6. Olympus
- 7. Jason
- 8. Sharazad (Shéhérazade)
- Swiss
- 10. Perseus
- 11. Helen
- 12. They hid inside a wooden horse.
- 13. Cyclops
   14. By a single hair
   15. They acquire the 'gift of the gab'
   16. Ra
   17. Icarus
   18. Diana
- 19. Theseus
- 20. Hermes

#### MYTHS QUIZ

- Which city was said to have been founded by Romulus and Remus ?
- 2. 2. Name the race of warrior women, famed for their exploits in the Trojan war and ruled by a queen ?
- 3. 3. The Muses were the goddesses of poetry and song. How many Muses were there ?
- 4. 4. Poseidon was the Greek god of the sea. What did the Romans call him ?
- 5. 5. Orpheus went down to Hades to rescue his wife. What was her name ?
- 6. 6. Where did the Greek Gods live ?
- 7. 7. Who led the Argonauts in search of the golden fleece ?
- 8. 8. Which Arabian princess saved her life by telling stories for 1001 nights ?
- 9. 9. What nationality was the legendary hero William Tell, who shot an apple from his son's head ?
- 10. 10. Which hero killed the Gorgon, Medusa?
- 11. 11. The beauty of a woman, the daughter of Zeus, led to a war between Greece and Troy, so her face was said to have 'launched a thousand ships'. What was her name ?
- 12. 12. The Greek forces besieged Troy for 10 years before they devised a plan to smuggle soldiers into the city. How was this accomplished ?
- 13. 13. What was the name of the one-eyed giant of Greek mythology ?
- 14. 14. How was the sword of Damocles suspended ?
- 15. 15. What happens to those who kiss the Blarney Stone in Ireland ?
- 16. 16. Who was the ancient Egyptian god of the sun?
- 17. 17. Which character in Greek mythology died when he flew to close to the sun and melted his wings ?
- 18. 18. The Greeks called the goddess of the hunt Artemis. What was the Roman name for this goddess ?
- 19. 19. Which hero did Ariadne, the daughter of the great King Minos, help to escape from the Labyrinth ?
- 20. 20. In ancient Greek mythology, who was the famous winged male messenger who served all gods ? (answers on page 69)

# Traditional Values ...



Life has changed so much since this photograph was taken...

But the traditional values of honesty, integrity and service associated with the time are an essential part of our business.

So if you are thinking of buying, selling, letting or renting and seek the reassurance of an Agent practicing these traditional values, yet with a modern approach, please call us on 01366 388991



19a High Street, Downham Market, Norfolk, PE38 9DA info@ashtonroberts.co.uk www.ashtonroberts.co.uk



Saint John's Way Saint John's Business Estate Downham Market Norfolk PE38 0QQ

Easy access, ample on-site parking, dedicated sterile operating theatre, dedicated dental suite, separate dog and cat wards, isolation ward, all staff and facilities on one site, x-ray suite, inhouse laboratory, ultrasound facilities, Pet Passport, export services and 24 hour nursing cover.

Many practices now use other veterinary surgeries for their out of hours work. This means that you will have to travel to an unfamiliar practice which is likely to be much further away. Despite being only a two vet. practice we continue to do all of our own on call cover. The phones are diverted directly to the vet on call as we know that clients appreciate a familiar voice at the end of the phone, 24 hours a day, who knows their pets and, if treatment is necessary, then they prefer to travel to their own practice to be seen. This is part of our Professional and Personal service that our existing clients are accustomed to and we warmly welcome new clients who wish to register with us.

Our surgery times are listed below. Please note that appointments are now necessary for all evening surgeries.

Open surgeries: Monday to Friday, 9-10am, Saturday 10-11.30am

All other consultations will be by appointment only so please ring in advance info@crossingsvets.co.uk

01366 382219

www.crossingsvets.co.uk