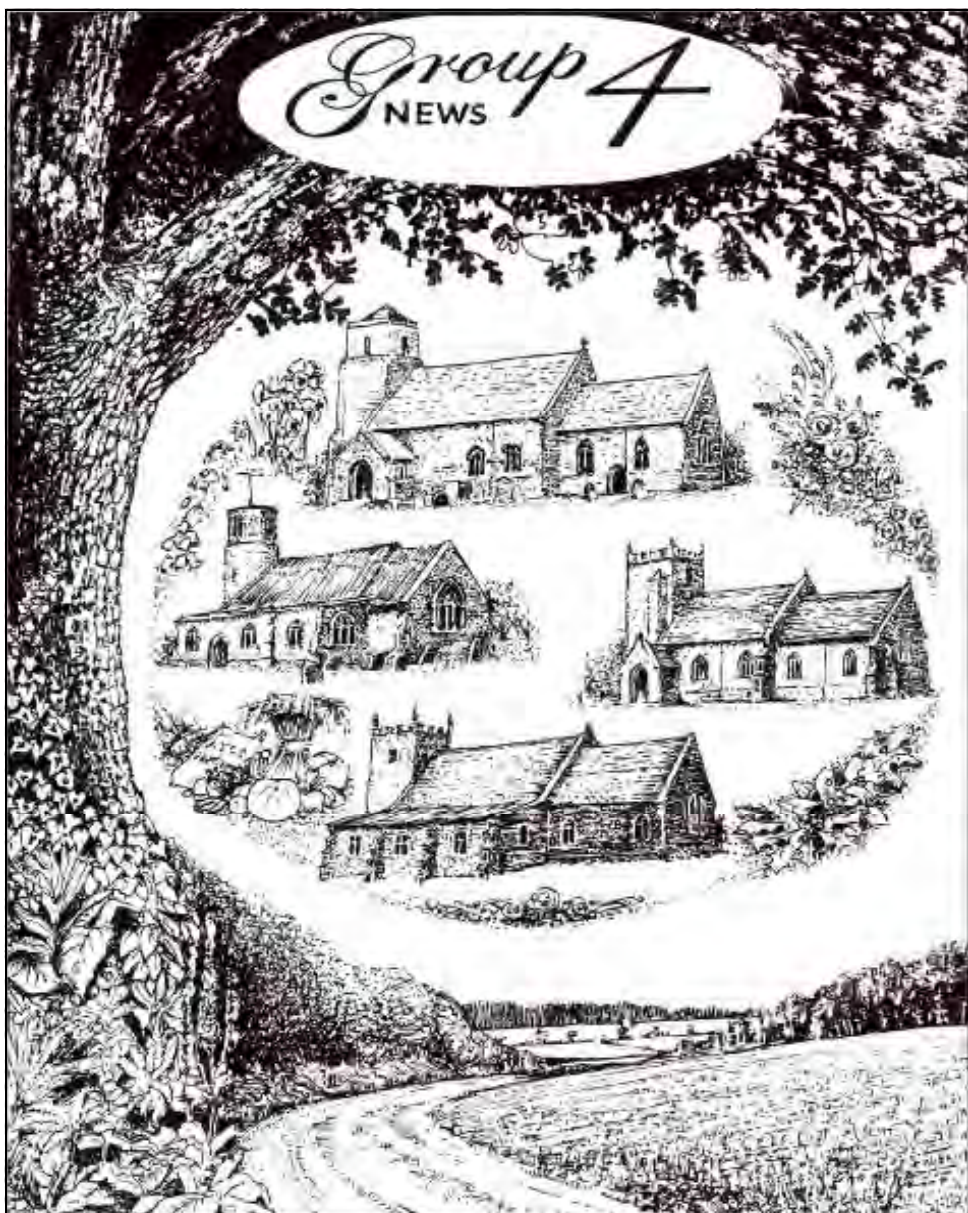


Group 4
NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

March 2019

Cover Illustration drawn by Mark Powell, Beachamwell ©

WELCOME



Hopefully you will enjoy this latest edition of G4N.

Once again, there are so many events taking place in the villages and surrounding area we are spoilt for choice.

If you are able to attend any of those advertised the organisers will be more than pleased and appreciate your support.

‘Happy Reading’

Eileen and Pam
The Editorial Team

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

**Deadline for copy for the
April 2019 edition:**

11th March

ADVERTISING

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‘FROM THE RECTORY’



Rev'd Ken Waters
01366 727220
ken.waters@btinternet.com

I've had the privilege of sitting through two very talented peoples sermons. Both sermons had me enthralled and gave me a lot to think about. Not only on the content of the sermon but also how they had been delivered. One was given by memory with an occasional glance at their notes and the other was given without any notes at all. They were more like testimonies rather than a straight sermon on the particular readings of the day. They had a faint hint of a connection to the readings but that was all. This got me thinking even more (not necessarily a good thing), should I throw away my notes and just 'go with the flow'? But then I've seen this done at a very evangelical church and it looked very impressive until I noticed that the preacher kept looking at the lectern. Being me, after the service, when the preacher was engaged with some of his admirers, I sneaked a look at the lectern and there in all its glory was a second copy of the notes he had so dramatically threw away at the start of his sermon. I decided for me, that notes are a good thing, mainly because I have a tendency to go blank and forget what I was about to say; which is not a good thing in public speaking. In the end I think it's not how you do it, but what you are saying that counts. I check the eyes and the breathing of the congregation to see if my sermon is any good; eyes open is good, but eyes closed and steady breathing means someone is enjoying a good nap and I'll have to do better next time. The big exception to this is Wendy because she has had to listen to my sermon two or three times during the week so could be excused for nodding off occasionally. Mind you, Wendy can even fall asleep during a session in the gym – so my sermon might not be that bad after all! Why not come and try one for yourself?

God Bless,

Ken Waters

'FROM THE RECTORY'

Joke Spot: Little Johnnie was watching his Vicar, who was in the rectory garden building a wooden trellis for his wife's prize winning roses to climb as they grew. The Vicar had out all the power tools, the saw, the drill and the hammer. As he was working, he saw Little Johnny intently watching him as he worked. The Vicar was pleased that the young boy would want to learn from his craftsmanship, and so trying to be friendly he said to Little Johnny, "I see you watching me there. Are you interested in how to build things out of wood?" "No" Little Johnny replied, "I'm just waiting to hear what a Vicar says when he hits his thumb with a hammer."

On a different note: If anyone wishes to make a complaint against the church or the PCC they should in the first instance contact the Vicar. 01366-727220 or ken.waters@btinternet.com.

Growing old is inevitable, growing up is optional.



Peaceful Protest Gathering
SHOULDHAM WARREN, NORFOLK PE33 0DF
SUNDAY 17TH MARCH FROM 10.00 – 13.00

For Information see Facebook: CATSS – Campaign Against
Two Silica Sites – Shouldham and Marham
Email: norfolkcatss@gmail.com

QUIZ PAGE

1. How many bones are there in the human face - 4, 14, 24 or 34?
2. What was John Lennon's middle name?
3. Boris Spassky is a famous name in which sport?
4. When a surgeon performs a myectomy what is removed?
5. Which member of the Royal Family's Christian names include Elizabeth, Alice, Louise?
6. Which boy's name appears in most nursery rhymes?
- 7 According to the proverb, what can't you do if you don't speculate?
8. Zemmiphobia, equinophobia and bufonophobia are phobias relating to what?
9. Which is the longest book in the Bible - Joshua, Proverbs, Leviticus or Psalms?
10. MacKechnies Stores features in which popular TV drama?
11. Where did the catchphrase 'Are you sitting comfortably' originate?
12. 'Pure & Simple' was the number one debut single of which pop band?
13. How many bathrooms are there in Buckingham Palace - 28, 48, 78 or 108?
14. Ceilidh is the Gaelic word for what - dance, dream, entertainment or visit?
15. In Star Trek what is Captain James T. Kirk's middle name?
16. Which 1960's singer named his daughter Tulip after the song that made him famous?
17. Solve the following clues to flowers a) vulpine attire b) partygoer without partner c) Remembrance Day flower d) fragrant Prince.
18. Which district was designated as Britain's first National Park?
19. What is the 49th state of America?
20. What is the ideo locator on an outdoor map?
21. How did denim get it's name?
22. What are Rocky and Bull winkle in the children's cartoon?
23. How many US states have a land border with Mexico?
24. Why is it called plaster of Paris?
25. Which actor's name means 'cool breeze over the mountain's' in Hawaiian?

Answers: (1) 14; (2) Winston; (3) Chess; (4) Part of a muscle; (5) The Princess Royal; (6) Jack; (7) Accumulate; (8) Animals - the great mole rat, horses and toads; (9) Psalms; (10) Monarch of the Glen; (11) In the Radio programme 'Listen with Mother'; (12) Hear'Say; (13) 78; (14) Visit; (15) Tibertus; (16) Tiny Tim [the song was 'Tiptoe through the Tulips']; (17) a - foxglove, b - wallflower, c - poppy, d - sweet william; (18) The Peak District in 1951; (19) Alaska - admitted in 1959; (20) The 'you are here' arrow; (21) It is derived from serge-de-Nimes, a fabric made in Nimes, France; (22) A squirrel and a moose; (23) Four - Arizona, New Mexico, California and Texas; (24) It was mined at gypsum quarries in Montmartre, Paris; (25) Keanu Reeves

COUNTRYSIDE NOTES

Three Hare Motif

Last November my publishers asked David and me what amendments we wished to make to our book 'The Hare' (published 2005) as they are intending to bring out a new edition in April. In the intervening 14 years David has amassed a large number of new pictures as any holidays we have are normally planned around opportunities to photograph hares. The last break we had was catching up with friends and relations in the south and we started off by visiting my ninety year old uncle who lives in Okehampton on the edge of Dartmoor. Once upon a time there were probably a lot of hares round there but now a-days the best place to look for them is in the churches, which may seem odd. I will explain.



The Three Hares motif is a circular design of what looks to be three hares with only one ear each, but giving the impression of having two. It has actually been around for centuries although no-one knows for certain its origins. As they are often found at sacred sites they are thought to have a religious connection. There are innumerable seventh century 'Three Hare' or 'Three Rabbit' symbols in China dating back as early as 581AD. These have been found painted on the ceilings of Buddhist cave temples. The symbol also appears on fabric, coins, tiles and other objects; a copper coin found in Iran was dated 1281. It is thought the hare design may have originated in Persia and from there been spread, by way of what is known as the silk route, through its use on precious textiles such as silk which were traded around the world.

COUNTRYSIDE NOTES

In the UK it appears mainly in the West Country where it also became known locally as the 'Tinnners' Rabbits because it was adopted by the tin miners as their logo. In Devon these motifs are found as medieval wooden roof bosses where cross members of the roof intersect. 17 churches in Devon, particularly around Dartmoor, contain a total of 29 of these bosses. In addition they appear in Somerset, Cornwall and Wales. Examples of the motif can also be found in Selby Abbey, North Yorkshire (roof boss), Chester Cathedral (medieval floor tile) and another tile dates back to c1235 at Long Crendon, Buckinghamshire. It also appears on gravestones, in coats of arms and in the church at Long Melford, Suffolk there is a small medieval glass motif window above the north door, presumably representing the Trinity. The Three Hares symbol is also common in other countries such as France, Germany, Switzerland, the Czech Republic, Southern Russia and modern China. The church in Chagford on Dartmoor has two 'Three Hare' roof bosses and the symbol appears in many places throughout the town. A guide titled 'The Three Hares Trail' lists where the symbols can be discovered in Dartmoor and Mid Devon. *Jill Mason*

**Volunteers
Needed!**

**Home
START**
support and training
for families

**Do you remember those early years?.....
Sleepless nights, tantrums & teething.**

If you have parenting experience Home-Start Swaffham & District would love to hear from you. We have families waiting for support and all we ask is for a couple of hours a week commitment. We offer a prep course accredited through the Open College Network which takes place one day a week for 10 weeks. Term time 10am-2pm.

So, if you think you can make a difference to a family needing a little help call us today to find out more.

Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

Home-Start Swaffham & District
The Community Centre, Campinglands,
Swaffham, PE37 7RB
Tel: 01760 721271
Email: admin@homestartswaffham.org.uk

Stoke Ferry Post Office

Branch Temporary Closure

On Friday March 1st at
17.30 due to resignation of
the Postmaster and the
withdrawal of the prem-
ises for Post Office use.

CHILDREN'S PAGE

British Birds Word Search

Words may go vertically and horizontally in either direction

C F H Y U R F D R I B K C A L B
P H P N M V G C O E R D X D C L
U H A T G C V D B I O M M B V U
T Y Q F W E Q Z I X V H U I O E
U J B N F M T V N V B N F G S T
T Y F V V I D F V G H J K W K I
T F D G E T N W W C V B A M X T
L K L J H E G C F G G L G H J K
T R U I R G F D H E L E R G H J
O J T W F G H J E O R T Y U I G
R T Y U H J K L W H J K B N M N
A S D A M H C N I F D L O G T I
T Y U I A Y U I L S D F V B N L
C F G H G H J K L R T Q R V D R
G T Y U P G H J I Y D E R T I A
P O O N I G H T I N G A L E T T
W R O G E V N H T K N B V M N S

Blackbird
Chaffinch
Magpie
Robin
Swallow

Blue Tit
Goldfinch
Nightingale
Starling
Wren

RECIPE PAGE

GORDON'S VICTORIA SANDWICH CAKE

Ingredients

200g caster sugar
200g softened butter
4 eggs beaten
200g self raising flour
1tsp baking powder
2tbsp milk

For the Drizzle

2tsp of caster sugar
30ml lemon juice

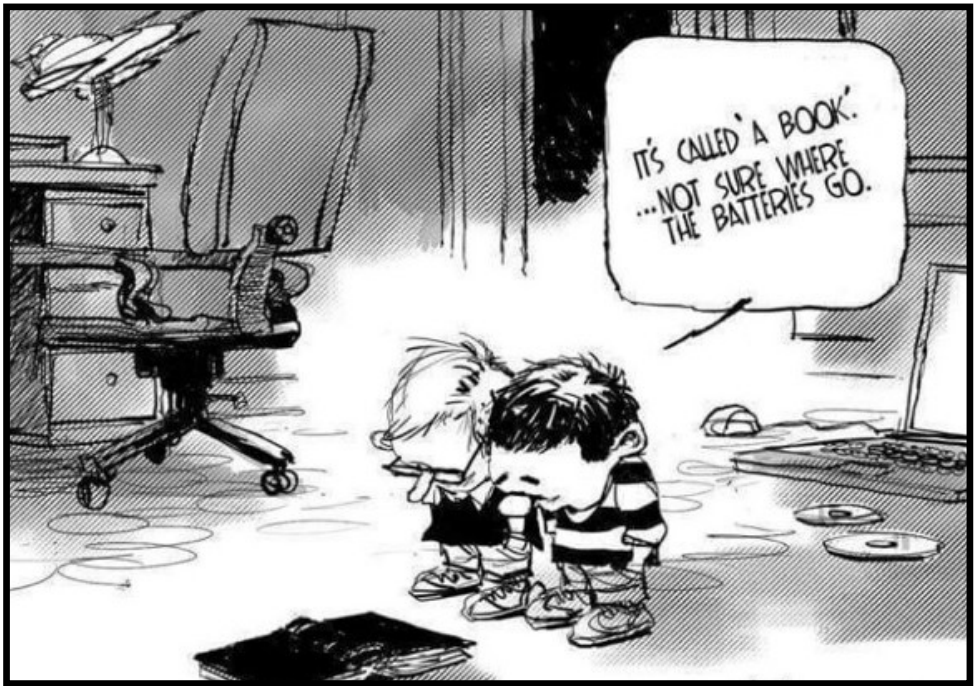
For the filling

100g butter, softened
140g icing sugar, sifted
Drop vanilla extract (optional)
2tbsp of lemon curd
icing sugar to decorate.

Method

1. Heat oven Gas 5, 190c/fan or 170c
Grease sandwich tins and line the bottom of the tins.
2. Cream together butter and sugar.
3. Beat together the eggs and gradually add to the butter and sugar.
4. Add the flour/baking powder and mix together.
5. Divide in to tins and cook for 20 mins approximately.
6. When golden and springs back remove from oven and cool.
7. Add the sugar and lemon juice warm until sugar dissolved and drizzle over cake.
8. Cream together the icing sugar butter and vanilla for the filling then spread over the middle of the cake.
9. Spread over the lemon curd and put the cake together!!! ENJOY.....G. Hale x





FIND OUT WHAT MEN REALLY MEAN WHEN THEY SAY...

I'm Going Fishing means: I'm going to drink myself dangerously stupid and stand by a stream with a stick in my hand while the fish swim by in complete safety.

It's a Guy Thing means: There is no rational thought pattern connected with it and you have no chance at all of making it logical.

Can I Help With Dinner? means: Why isn't it already on the table?

Uh Huh, Sure, Honey, or Yes Dear... means: Absolutely nothing. It's a conditioned response.

It Would Take Too Long To Explain means: I have no idea how it works.

Take a Break Honey, You're Working Too Hard means: I can't hear the game over the vacuum cleaner.

That's Interesting Dear means: Are you still talking?

You Know How Bad My Memory Is means: I remember the theme song to 'F Troop', the address of the first girl I ever kissed and the vehicle identification numbers of every car I've ever owned but I forgot your birthday.

Oh, Don't Fuss, I Just Cut Myself, It's No Big Deal means: I have actually severed a limb but will bleed to death before I admit that I'm hurt.

I've Got My Reasons For What I'm Doing means: I sure hope I think of some pretty soon.

I Can't Find It means: It didn't fall into my outstretched hands so I'm completely clueless.

What Did I Do This Time? means: What did you catch me at?

I Heard You. means: I haven't the foggiest clue what you just said and am hoping desperately that I can fake it well enough so that you don't spend the next three days yelling at me.

You Know I Could Never Love Anyone Else means: I am used to the way you yell at me and realize it could be worse.

You Look Terrific means: Please don't try on one more outfit, I'm starving.

I'm Not Lost, I Know Exactly Where We Are means: No one will ever see us alive again.

We Share The Housework means: I make the messes, she cleans them up.

That Idiot Did Not Leave Us Much Room means: You could have got a truck and trailer sideways through that gap.

Beachamwell Village Hall

have kindly been donated a dinner service to sell to help raise funds for the Hall.

Details are as follows:-



**Crown Ducal
Burgundy/Gold
Style 6107 – 1915/1974**



- 6 Dinner Plates 25,5 cm
- 6 Salad Plates 23 cm
- 6 Side Plates 20.5 cm
- 4 Soup Bowls
- 3 Meat Platters – 36 cms, 32 cms, 30 cms
- 2 Vegetable Tureens

All the pieces are in good condition except for some crazing on one of the meat platters and inside one of the Tureens.

If you are interested in looking at the dinner service and making an offer please telephone 01366 328999.



A snooker table is looking for a new home.
Are you interested?
Phone 01366 328291 for more information



Good friends make bad days a little more bearable.

happinessinyourlife.com

SUPERMARKET ORDERING BY TELEPHONE

If you do not have a computer but need food and essentials delivered to your home, there is one supermarket that can help. Sainsbury's provide a telephone ordering service.

Here's what to do:

1. Have your shopping list, address, postcode, telephone number and bank card ready.
2. Ring **0800 328 1700** and you will be connected to Sainsbury's internet shopping service.
3. A recorded message will give you 3 options to press. Press 1 on your phone and you will be connected to a person.
4. Tell them you want to place a telephone order and they will talk you through the ordering process.
5. Have your bank card ready to make the payment. (There's a standard delivery rate depending on how many items you order - similar price as internet delivery.)

I hope this is helpful. If you know anybody, who you think would benefit from this information, please pass it on to them.

Leah Spencer, Beachamwell

The Rushing of Time! (a true story!)

A teacher, young and fresh of face, was keen to cheery up her space
But had a class of struggling gloom within her Mathematics room.
She'd work into the dead of night to plan her lessons cheery bright
And every day she'd test the mood for hints her students thought them "good".

One day some chat fell on her ear, rewarding her of praise so dear
One said "How quick these lessons go, but how they do I just don't know"
The other said.....

" Her fast run lessons 're clear to me, her clock is run by battery
It's there above her radiator, a better place there is none greater!
When batteries are running down, it never causes me to frown
I put them somewhere warm you see, it changes up the speed for me
So of fast lessons it's no shock, Miss warms the batteries in her clock!"

Chris Lawrence, Shouldham

MASSIVE FUEL BILLS?



INEFFICIENT OIL FIRED & LPG BOILER? STORAGE HEATERS NEED HOME INSULATION?

On any of these Governments benefits?

- Child Tax Credit
- Working Tax Credit
- Universal Tax Credit
- Pension Guarantee Credit
- Income Support
- Income Based Job Seekers Allowance
- Income related Employment and Support Allowance

PRIVATE HOME OWNER OR TENANT?

GOLDEN GLOBE will do all the hard work for you using government grants funded by all the big energy companies under the watchful eye of OFGEM.

- Confirm your benefits with DWP
- Book your free survey for you
- Install your new fuel efficient oil boiler



Look forward to **A Warmer Winter, Lower your fuel bills.** A home with added warmth and an **Energy Efficient New Boiler** with an **OFTEC Certificate**

Call Golden Globe today on 020 7096 5097
and book your appointment free of charge



FREE HOME ASSESSMENTS ON OFFER

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life. The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes. Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

To book an appointment call the Careline Community Team on 01553 760671

**Every minute,
six people over
65 suffer a fall**

We're here to help.

To find out more, call us on 01553 616200
or visit www.careline-cs.org.uk



Careline
COMMUNITY SERVICES



Care &
Repair

WELSH COUNCIL
King's Lynn &
West Norfolk



COULD YOU HELP A YOUNG PERSON WITH A DISABILITY TO THINK ABOUT THEIR FUTURE?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact:

Vicki Howling, the project co-ordinator for an informal chat.

Telephone 01366 386972 or 07926 044845

Email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.



CSV, 237 Pentonville Road, London, N1 9NJ

Find out more at www.csv.org.uk

Like CSV UK' on Facebook: www.facebook.com/CSVUK

Follow @CSV_UK' on Twitter: www.twitter.com/@CSV_UK

LILY HAS CHANGED!

From 1 July 2018, our Lily service expanded to include everyone over 18, not just those in later years.

Lily provides a comprehensive range of support in West Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities.

The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch asklily.org.uk

Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.

Lily has a strong focus on community development, by helping groups to arrange activities and encouraging volunteering and by providing community events, onsite information sessions and support for employers, schools and colleges.

If you, or anyone you know, would like to know how Lily can help, call 01553 616200 and choose option 6.



Tel: 01553 616200
www.asklily.org.uk

**Helping adults in
west Norfolk get
involved in their
community**



**in
good
company**

in association with

Norfolk County Council

through support of
King's Lynn &
West Norfolk



2018-0-0

DOWNHAM MARKET LIBRARY

Events March 2019

2 March: Downham Market Library Giant DVD, CD and Game Sale –
10am till 12noon

5 March: Botley Robot Coding 4.30pm till 6pm – get hands-on with a real robot. can you code fast enough to stop him destroying a city? Children aged 6-9 – no coding experience required. Children will learn two different ways to control the Botley robot, get creative building a city and work as a team to complete a challenge. booking essential as places limited

5 March: Chair Yoga - 2 pm till 3pm booking essential £3 per session

6 March: Diamond Art Club - 10am till 12 noon –week 1. £12 for the six weeks to include everything you need to get crafting - booking essential

8 March: Wellbeing Helpdesk 10am till 1pm, curious about Mental Health? Come talk to Josh from the wellbeing team.

9 March: Code Club come along a learn to code or improve your existing skills – for children of all ages – under 8s must have an adult to work with them – FREE but booking essential as places are limited

12 March: Mini Movers – 10.30am till 11.30am booking essential FREE

12 March: Chair Yoga 2 pm till 3pm booking essential £3 per session

13 March: Diamond Art Club - 10am till 12 noon – week 2

19 March: Chair Yoga 2 pm till 3pm booking essential £3 per session

20 March: Diamond Art Club - 10am till 12 noon – week 3

26 March: Mini Movers – 10.30am till 11.30am booking essential FREE

26 March: Chair Yoga 2 pm till 3pm booking essential £3 per session

27 March: Diamond Art Club - 10am till 12 noon – week 4

Regular Events:

Community Job Club every Monday 9:30am till 1pm drop in for CV support, job. Applications, Interview Techniques and more.

Just a Cuppa – Every Friday 10am till 12noon 50p suggested donation. Enjoy a chat over a tea, coffee and a biscuit.

Active Minds – Puzzles, board games and colouring. Every Thursday 1.30pm till 3.30pm.

Tech Help - Every Monday morning two 30 min booked sessions from 10.30am and one drop in from 11.30am

Baby bounce and rhyme - Thursdays – 10:00 till 10:30 term time only. Come along and enjoy some songs and rhymes.

DOWNHAM MARKET LIBRARY

Stay and Chat - Thursdays after bounce and rhyme – enjoy a cuppa and chat while the little ones play.

Knit and Natter – 1st and 3rd Wednesdays in month. 1.30pm – 3pm [except during school summer holidays]

Mini Movers – Fortnightly. Let's get active with the music from the Sticky Kids. Mini Movers is for preschool age to encourage movement to music and song whilst developing numeracy and literacy skills. For further information and to book, talk to a member of staff or call 01366 383073. Booking Essential

Need help with your computer or tablet?

1 to 1 sessions with our Computer buddies are available Tuesday's, and Thursday's – Booking essential

NEW

Hardy Perennials Gardening group - let your green fingers get to work turning some of library grounds into a vegetable garden plus enjoy a cuppa, biscuit and gardening chat in the library. Ask in branch for more details

For further information about events or to book where necessary please call 01366 383073

Volunteers needed!

Could you support our new Lego club, encouraging creative play with Lego?

Could you help develop ideas for events held at the library as a **Library Friend** and promote the library and its services within the local community?

Please contact Fran at the library on 01366 383073 if you'd like to find out more



AGGRAVATING PUNS

1. The meaning of opaque is unclear.
2. I wasn't going to get a brain transplant but then I changed my mind.
3. Have you ever tried to eat a clock? It's very time consuming.
4. A man tried to assault me with milk, cream and butter. How dairy!
5. I'm reading a book about anti-gravity. I can't put it down.
6. It's a lengthy article about ancient Japanese sword fighters but I can Sumurais it for you.
7. It's not that the man couldn't juggle, he just didn't have the balls to do it.
8. So what if I don't know the meaning of the word 'apocalypse'? It's not the end of the world.
9. Police were called to the day-care centre. A 3-year old was resisting a rest.
10. The other day I held the door open for a clown. I thought it was a nice jester.
11. Need an ark to save two of every animal? I Noah guy.
12. Alternative facts are aversion of the truth.
13. I used to have a fear of hurdles but I got over it.
14. Atheism is a non-prophet organization.
15. Did you know they won't be making yardsticks any longer?
16. I used to be allergic to soap but I'm clean now

SWAFFHAM & LITCHAM HOME HOSPICE

On the 22nd March, we are holding a Quiz at Swaffham Conservative Club. The quiz starts at 7.30pm, costs £5 per head and teams of up to 6 people are needed.

Early booking is recommended as we are limited to the number of teams that can be accommodated. To book a place for your team, please contact Adrian Adcock on 01760 724304 or 07741418781 or alternatively the Home Hospice Office on 01760 722937.

Our annual street collection is booked for the 11th May and further events are in the course of being finalised. Further details will follow in the next issue.

By the time you read this report, we will have been involved with the Snowdrop walk at Lexham Hall, this having taken place on the 17th February. Our thanks to Mr & Mrs Foster at Lexham Hall for giving us this fundraising opportunity.

If anybody is interested in volunteering with the Home Hospice then please ring Wendy Martin, our co-ordinator, on 01760 722937.

AGGRAVATING PUNS

17. The patron saint of poverty is St. Nickeless.
18. What did the man say when the bridge fell on him? The suspension is killing me.
19. Do you have weight loss mantras? Fat chants!
20. My tailor is happy to make a new pair of pants for me. Or sew it seams.
21. What is a thesaurus's favourite dessert? Synonym buns.
22. A relief map shows where the restrooms are.
23. There was a big paddle sale at the boat store. It was quite an oar deal
24. How do they figure out the price of hammers? Per pound.

WEST NORFOLK AVIATION SOCIETY

The scheduled meeting of the WNAS (www.westnorfolkaviationsociety.org.uk) was convened as usual at the Mundford Bowls Club on Tuesday 5th of February. There was no guest speaker on this occasion but some 30 members gathered at the event with the expectation of participating in a DIY forum designed to provide, and/or, impart information on aeronautical matters. All the interrogative pronouns were out in force: what, where, when and who, seemed to be the order of the evening but for some, the whys and the hows were in short supply. A director might have been useful; someone to delegate whether a shy-one or a showman should take the floor. However, without the anecdotal prowess of those who had the courage to speak and, the participation by our hosts, Len and Val, the evening would have been a far less jolly affair.

An additional attraction to the evening's entertainment was Dennis' Display: Once discarded wartime rubbish is now regarded as treasure and it was exhibited here with pride; recoveries included sections of heavy duty communication cables, and a cast iron pot containing HV transformer and circuitry for the ignition of the FIDO petrol burners. These dual purpose devices could provide runway lighting with fog dispersal properties. Are there signs of the emergence of an aviation museum on the horizon?

Next month, we look forward to a visit to the workshop of WNAS member Roger B, an unassuming gentleman whose apparent shyness overshadows his technical ability; he builds large scale WW1 fighter planes for his personal transport. ***Nigel Tooth, Press Secretary, WNAS 01842878232***

MAGPIE CENTRE

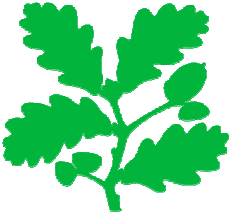
First social event of the year for the Magpie Centre, home of West Norfolk Riding for the Disabled Association, is a Quiz with Hog Roast supper (plus vegetarian option), to be held on Saturday April 27.

Venue is Stowbridge Village Hall, Downham Road, Stowbridge PE34 3PE. Doors open at 7.00 pm for 7.30 pm start and our licensed bar serves wine, beer, cider and soft drinks. Teams are usually from 4 to 8 but singles and couples are welcome to compete individually or to come and make up tables on the night.

Tickets, at £11 each, include the hog roast, salads and desserts, not to mention the quiz itself. Pre-booking is essential and is now open, so call 01553 828935 or email c.dudley@success-in-english.co.uk to secure your places.

All proceeds go to the Magpie Centre, based at Wallington Hall, South Runcton, which gives more than 100 riding and carriage driving lessons a week to people of all ages and with a wide range of physical and learning disabilities.

Caroline Dudley



**National
Trust**

Oxburgh Hall

**Saturday and Sunday until 10th March,
11.30am and 2pm
Snowdrop Walks**

Walks on Saturdays and Sundays and every day during half term (18th to 22nd February).

You can either join one of our garden stewards for a walk, taking in the beauty of the snowdrops and aconites carpeting the ground beneath the trees or you can take yourself on a stroll to view them through the gardens and woodlands. Please be aware that the weather conditions may impact on the number of snowdrops that there are.

The walk with a garden steward is free of charge but the standard charge applies for entry to the gardens and estate. No need to book, just turn up.

**Sunday 31st March,
11:30-11:50 and other times
Women of Oxburgh - Talks**

Visit us this Mother's day weekend and find out more about the women of Oxburgh Hall. Talks last approximately 20 minutes and will take place in the Saloon or courtyard depending on the weather.

This event is free, but normal admission charges apply for the venue. No need to book, just turn up.

Downham Market Lions Club

'Flukes in Concert'
(Fenland Ukuleles)
Saturday March 9th
7.30

Downham Market
Conservative Club

Tickets £10, includes a glass of
wine and canapés, from
any DM Lion or DM
Conservative Club.

Proceeds to Heather Bellamy
Appeal to fight Acute
Myeloid Leukemia

Swaffham Jazz Club

Tuesday 12th March
7.30pm

'The Art of the Trio'
Phil Brooke (Guitar)
Simon Brown (Piano)
Ivars Galenieks (Bass)

Tuesday 9th April
7.30pm

Lee Vasey and Friends

Swaffham Conservative Club
LONDON Street. PE37 7DD
£8 on the door

Enquiries:
Geoff 01366 328730 or
Norman 01760 722844

Nar Valley Ornithological Society (NarVOS)

Tuesday 26th March at 7.30pm

The Barn Theatre
Sacred Heart Convent School, Swaffham.
Access and parking from Sporle Road.

Please come along to this illustrated talk by
Ieuan Evans entitled:

'The Wonders of Migration'

Ieuan Evans will talk to NarVOS about the
incredible journeys that birds make and will
help to unravel the mysteries of bird migration.
Ieuan is a director of the British Trust for
Ornithology and will doubtless have the latest
information at his fingertips.

Ieuan's talk is likely to feature such iconic
species as swifts, nightjars, cuckoos,
nightingales and more...

Admission £2 on the night for non-member
and visitors are most welcome.
Enquiries: 01760 724092



Barry Tyler's Original Dixieland Jazz Band

Saturday March 30th
7.30

Swaffham Assembly Rooms

£9.00 for members

£12 non-members

Accompanied children free

Tickets from

Green Parrot 01760 724704 and
Ceres Bookshop 01760 722504

Enquiries: 01366 328648



'Women and Words'

Popular local entertainers, Three's Company and the Swaffham based women's writing group, Icen Rural Writers, will be celebrating International Women's Day. For over a century now people have joined together on this day to mark the social, economic, cultural and political achievements of women.

Three's Company have entertained many local groups with their readings and on this occasion will present an anthology of poems by women writers from around the world. Members of Icen Rural Writers will read pieces of their own work and there will also be an open mic slot for other local writers male and female. If you would like to read please contact 01366 328536. Organiser Leah Spencer said: "Icen Rural Writers held a similar event last year and it was very successful. It is a great opportunity for our group to share work with a wider audience."

**The event takes place on Friday 8 March
7.30pm**

The Pedlar Suite of the George Hotel Swaffham.

Tickets are £5.00 from Ceres Bookshop Swaffham or by telephoning 01366 328536 or on the door.

6th April 2019
7.30 hrs. for 19:00 hrs.

1940's Desert Rats

D-Day Dinner & Dance

On 6th April 2019
18:30 hrs. for 19:00 hrs.
£44.00 per person,
exclusive booking charges

Period or Smart Dress

Tickets include: 3-course meal with tea/coffee,
1940's Swingtime Sweetheart Singers,
Piper, DJ - Andy vs
Carnages at 00:30 hrs.

To be held at: Lynford Hall Hotel,
Mouthorpe, Thetford, Norfolk IP26 5NY

Visit the Website for details:
<http://www.desertrats.org.uk/dance>

contact Debbie Wells Tel: 01366 347218
email: desert.rats.events@gmail.com



Beachamwell

Creative Writing Group



Meets every
second Monday
Afternoon

2.30pm

Everyone with an interest in
putting pen to paper welcome.

Enquiries: 01366 328895
or
james@jamesknoxwhittet.plus.com

Wereham's

Pop-Up Cafe

will 'pop up'

Twice Every Month

1st and 3rd Tuesdays
10.30 am till 1.00pm

The café will continue to serve a hot
drink and a pastry or a slice of
home-made cake for just

£1.50

PLUS

A light lunch 'dish of the day'
For an additional £2.50

Look out for our monthly specials
Enquiries: 01366 500218

Beachamwell Wednesday Walkers

Explore the rights of way in and
around Beachamwell with us.

We meet at the Village Hall at 10.00
First Wednesday of each month

*Walks last between one and a half to two
hours*

*All, including dogs on leads, are wel-
come*

Some paths may be rough un-
derfoot, there may be stiles or fields
may be ploughed: come at your own
risk and please wear suitable cloth-
ing and shoes for the outdoors

Further details please telephone
01366 328452 or 01366 328536

Wereham Weekly Cash Bingo



Village Hall

Wednesdays

Doors Open 6.45pm

Eyes Down 7.30

Raffle and refreshments with
complimentary biscuits

Enquiries: 01366 500798

All proceeds go to the Village Hall
Registered Charity Number 1168472
Wereham Village Hall

Wereham

Short Mat Bowls Club



Thursday
2.00 - 4.00

Village Hall

£2.00 per player. Free refreshments will be available

Come and meet our friendly club, find out what's involved, try a new activity, help grow our club and have some fun!

For more information or a chat contact 01366 501330

Beachamwell

Table Tennis



Every Friday at
3.00pm
Village Hall

Enquiries: 01366 328895
or
james@jamesknoxwhittet.plus.com

Wereham

Indoor / Outdoor Car Boot Sales and Café

The last Sunday of every month
apart from December

9am until 1pm

Cafe serving bacon rolls, sausage in a roll or egg in a roll, with plenty of tea and coffee.

A warm and friendly welcome is given to everyone.

Please contact
07759033492 or 01366501330
e-mail
rosemary.pease@btinternet.com.

Beachamwell

Book Group

Tuesday 5th March
7.30

Beachamwell Village Hall

Book to be discussed over a glass of wine

'Dominion'
C J Sansom

Annual Subscription £20.00

New members welcome

Enquiries: 01366 327023



Beachamwell WI

Thursday 7th March

7.30pm

Village Hall

'Britain's Island Gardens'

Talk by local writer

Jackie Bennett

Visitors very welcome

Enquiries 01366 328536



Fincham & District WI

Wednesday 13th March

7.30pm

Fincham Memorial Hall

Talk by Hazel Gillingham

about Octavia Hill

(Founder of the National
Trust)

Beachamwell

**Afternoon Tea and
a Chat.....**

Wednesday

March 20th

2 - 4pm

Village Hall



Enquiries:

01366

347673

Wereham

Village Hall Cinema

Proudly Presents:

'King of Thieves'

Friday 22nd March

7.00pm for 7.45

Wereham Village Hall

Tickets £5

For tickets/film info go to
[www.werehamvillagehall.co.uk/
events](http://www.werehamvillagehall.co.uk/events)

Enquiries: 07497 430005

Wereham



Messy Church

**Wednesday April 3rd
4pm - 5.15pm**

St Margaret's Church

Messy church is a family friendly church service which involves a craft activity, a short service where children read, play instruments, sing songs and then eating together.

There is no charge but donations to the church are welcomed.
Everyone is welcome.

Please phone 07863049677 if you have any questions or just turn up and join in.

Barton Bendish Quiz



**Saturday April 6th
7.00 for 7.30**

Barton Bendish Village Hall

£4.00 per person

Teams up to 6 people.

Tea or coffee will be served but please bring your own food and drink.

To book your table please contact
01366 347563 or 01366 347983

Proceeds to St Andrews Church

Barton Bendish Film Club

Proudly Presents:

'The Guernsey Literary & Potato Peel Pie Society'

Saturday 13th April

6.30 for 7.00pm

Barton Bendish Village Hall

Tickets £5

Raffle and refreshments

Box Office: 01366 347849

email: cinemabarton@gmail.com

www.bartonbendishfilmclub.btck.co.uk/

Barton Bendish

**'A Molecular Approach to
Alzheimer's - Preventing
the Disease of the Future'**

Talk by Alex Epstein who is a Rotary International Global scholar studying at the MRC Laboratory of Molecular Biology and Cambridge University.

April 17th at 6.30pm

Village Hall

Soup and crusty bread will be served

Booking is essential

ken.waters@btinternet.com 01366 727220 or

rayburman@me.com 01842 828891

Organised by St Andrew's Church,
Barton Bendish

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Burns Supper

Once again Mhari, Linda and their team of helpers pulled out all the stops to bring a touch of Scotland to Barton. A full evening of Rabbie Burns style entertainment complemented the haggis, neeps and tatties supper, rounded off with a cheese board and coffee, plus of course the obligatory tots of whisky. It all combined to make a wonderful evening.

Rev Ken acted as Master of Ceremonies in his usual entertaining style and Mhari and Linda began the evening by addressing the haggis which, in due course, appeared on plates in front of us. Delicious it was too! Chris Parsons described the difficulties encountered in actually obtaining the haggis with 'First catch Your Haggis'. Then we all joined in song before Andrew Stephen presented 'The Immortal Memory', the choir followed with songs with a distinctly Scottish theme, Ray Burman toasted the Lassies and in return Mary Simon toasted the Laddies. More singing followed and the evening came to an end with a rousing rendition of 'Auld Lang Syne'.

Thanks to all those involved in any way to make the evening so enjoyable.

Och aye – it wis a gye braw nicht!! *Jill Mason*

Village Hall Update

Applications for funding are being sent in as they are completed and our campaign is gathering pace. The Village Hall Committee have been working very hard to establish sources of grant and Chris Parsons, in particular, has been able to provide expert advice about the kind of information and approaches required to be successful with bids.

£17,500 has already been pledged and Liz Truss MP is helping us to access a government fund to help us with our likely VAT cost of approximately £40,000. She, and other V/Hall stakeholders, have been actively supportive of our efforts. Recent and very successful events have shown just what an asset a larger, better lit, more accessible Village Hall would be. In addition, a larger, better equipped kitchen would transform the kinds of events it would be possible to hold there for the benefit of all the community.

The Gardeners' Question Time fundraising event will definitely go ahead on April 24th and we would ask you to support it.

Could I ask you again to support the West Norfolk Wins Lottery? It raises income for the Village Hall and could easily win cash for you.

Thank you for your continued support.

Andrew Stephen (Chair of Barton Bendish V/Hall Management Committee)

BARTON BENDISH & EASTMOOR VILLAGE NEWS

The Barton Bendish Breakfast Club

Is delighted to announce its return to the Berney Arms having been on tour for the last year. We meet at 10am on the first Friday of each calendar month and can highly recommend it.

It has been good to see locals enjoying the opportunity of a drink or two and being so warmly welcomed by staff. Barton Bendish will benefit enormously from the PCC, the Village Hall and the Berney Arms acting in unison.

Andrew Stephen

Breakfast Church

January and February weather make St Andrew's a difficult place to enjoy Worship or Fellowship, even if you bring a blanket! That being so, it was something of a relief that services were transferred to the Village Hall where Breakfast Church provided an opportunity to break bread with friends and neighbours as well as providing us all with a thoughtful start to the day. Both breakfasts were very well attended – and lovely occasions too. The breakfast themselves were exceptional, including fresh coffee and top quality bacon rolls.

It would take a good size Lottery win to get St Andrew's fit for purpose in modern terms but, as long as there is a congregation which cares enough, it will always be trying to raise the money. How good it would be to see it with effective heating, water on tap and an operational kitchen. However, what the PCC achieves with what is available is nothing short of miraculous. What emerges from the tiny kitchen in the Village Hall is a wonder and the effort and organisation involved is a credit to them all and a real service to our community.

Andrew Stephen



BARTON BENDISH & EASTMOOR VILLAGE NEWS

Church Service with a Difference

In response to requests to do something different, we are holding an evening service in the Celtic tradition on 6pm Sunday 24th March and we invite everyone in our community to join us.

People who have no connection with any religious community often find a Celtic service to be very peaceful and a place for reflection. You don't have to be "religious" to attend. Those with faith, without faith and who are searching are all very welcome.

Celtic services date back to AD563 when Saint Columba established a Christian mission on the Isle of Iona off the coast of Scotland. History and legend tell us that he arrived on Iona with 12 monks, having sailed from their homeland in a small coracle boat made of willow boughs and animal skins.

A Celtic service is a candle-lit service of simple worship with an emphasis on the natural world. It aims to provide a meditative worship experience, with an atmosphere of stillness and calm, containing music, readings, poems, reflections and periods of silence.

When you arrive you will notice plenty of candles lighting the church. During the service you will be invited to light a votive candle yourself, perhaps for a special concern or worry you may have in your own life; for someone who has died recently; for someone you deeply care about; for people who touch your life in a particular way; or for any other reason.

The Celtic service is a very different service to those we usually hold at St Andrew's. Why not try it for yourself?

We hope you will join us and share the experience. After the service light refreshments will be available at the back of church.

Voices from the Vestry

1. The new Electoral Roll has to be prepared and updated between March 8th – 18th. We hope all those eligible for inclusion will let us know their details. The Annual Parochial Church Meeting will be held on April 3rd at 7.30pm in the Church.
2. Church repairs being done during the next few weeks include work to the roof, guttering and downpipes.
3. As a result of pastoral reorganisation we are now in the Wissey Valley Benefice.

Further details from Linda (347563) or Mhari (347849).

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Barton Bendish Ordinary Parish Council Meeting held on 9th January 2019

Cllr Chapman was in the Chair. Seven parishioners were in attendance.

The Parish Council made a decision on the Precept for 2019/20 and agreed to set the figure at £4744, which included a Council Tax Support grant of £30. This would represent another year of no increase for parishioners.

The Project Committee advised that the event to commemorate the centenary of the end of WW1 on 11th November 2018 had been well attended and received positive feedback. The event had included the launch of a booklet giving stories of the fallen and stories from residents with relatives who took part in the war.

The PC now has two new Councillors; Mr Andrew Stephen from Hatherley Gardens was co-opted to fill the vacancy at the meeting in January and Mr Paul Swallow from Chapel Lane had been co-opted at the November PC meeting.

Cllr Richardson reported on the Police Engagement meeting which he had attended. Rural crime is still a problem in the area and priority is being given to Hare Coursing. The Beat Manager for our area is PC Ryan Williams who can be contacted via 101 Ext: 5205 or on email at WilliamsR1@norfolk.pnn.police.uk and our Police Engagement Officer is PC Lee Anderton who can be contacted via 101 Ext: 5055 or on email at Andertonl@norfolk.pnn.police.uk

Parish Council elections will be taking place on Thursday 2nd May 2019. If you are interested in becoming a Parish Councillor or would like further information please contact the Clerk on the details below.

The next meeting will take place on Wednesday 13th March, 2019 at 7.30. This will be the Annual Parish Meeting followed by an Ordinary P C Meeting.

Miss Sarah Thorpe, Parish Clerk

01945 43093, bartonbendishparishcouncil@aol.co.uk

bartonbendishparishcouncil.norfolkparishes.gov.uk

Forthcoming Events

Sunday March 24 th	Church Service with a Difference 6pm St Andrew's
Saturday April 6 th	Quiz Night 7.30pm Village Hall
Saturday April 13 th	Film 7.00 pm Village Hall
Wednesday April 17 th	Talk about Alzheimers 6.30pm Village Hall
Saturday April 20 th	Easter Coffee Morning 10am - noon Village Hall
Wednesday April 24 th	Gardeners' Question Time Village Hall
Sunday June 2 nd	Barton Bendish Open Gardens
Saturday June 22 nd	Car Boot/Table Top Sale

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Important Notice - Barton Bendish Poor's Charity

The trustees for the Charity are considering making grants for winter fuel to senior citizens, who are in receipt of state pension, and widows/widowers. All applicants must have resided in the parish for a minimum of 2 years. One grant will be issued per household. Payments have not been issued since 2015 and due to the new Data Protection Regulations, we are unable to use any details of residents who were eligible to receive payments in the past. This means that payments will not be issued to any resident unless they contact us.

Residents who believe they are eligible to receive a grant should contact the Clerk on the details below, to confirm their eligibility and complete a form which will authorise the Charity to hold their personal information.

The deadline for contacting us is Friday 5th April 2019 as the Trustees will be considering making the grants at their next meeting on 10th April 2019.

Miss Sarah Thorpe, Clerk to the Trustees.

88 Smeeth Road, Marshland St James, Wisbech, Cambs. PE14 8JF

Telephone number: 01945 430930 Email: bbpoorscharity@gmail.com

Life in Barton in the 1950's

The Farm: Almost 100% of the inhabitants relied on a living from the Farm which at that time was owned by the Gotobed Family. This provided not only a living but housing as well, most of the cottages being "tied" which meant the house went with the job. The Farm was more varied then, there being animals including pigs, cattle and sheep, as well as arable crops such as cereals, sugar beet, potatoes and mangolds, the latter providing animal fodder. Pigs were fattened for market, the dairy herd meant milking twice a day, beef was produced and sent to the abattoir and the sheep gave two fold - wool and mutton, sadly the flock was sold during the fifties and not replaced.

William Gotobed was very hands on and could be seen out and about every day although he very much relied on his foreman Gerald Richardson as well as a shepherd, pigmen and cowmen, all experts in their field, plus mechanics to keep the machinery running and "hedgers" and "dykers" to keep everywhere tidy. A couple of gamekeepers were employed to provide game for winter shoots and to control vermin. In all there would have been approx. sixty employees some of them cycling in from surrounding villages. There were also two independent farmers, Tom Harding at Church Farm had a fair sized dairy herd which provided everyone with milk and butter which was collected daily from the front door, he also grew cereals and sugar beet. William Rumball who lived in what is now Holly House, kept a few cows for the same purpose. ***Maureen Buck***

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

Monday and Thursday 12.55 – 13.15

Tuesday and Wednesday 11.10 – 11.40

Parish Council



Following the information in last month's G4N re Elections, details for anyone interested are on the Breckland Council website (follow link to 'Council and Elections') and noting that the deadline for nominations is 3rd April

The next Parish Council meeting will take place on March **18th** at 7.30pm.

If you have any items for the agenda please give them to me in writing at least a week beforehand.

As always, if you have a query or a problem, you can consult the Councillors at any time – they are more than willing to listen and help if they can.

Vacancy

Beachamwell Parish Council

Parish Clerk and Responsible Finance Officer (Part-time)

The post is home based and the hours can be worked flexibly, except for attendance at council meetings.

Duties include:

Arranging and attending meetings (6 meetings per year with occasional extra meetings)

Preparing agendas and writing minutes

Managing the Council's finances

Dealing with correspondence and enquiries from the public

Managing the Parish Council website

Please contact Cllr Tom Sanderson (Chair) for further information and details on how to apply. Telephone: 01366 328244

Eileen Powell (Parish Clerk)

St. Mary's Church



At a special meeting of the PCC on the 14th of January, it was decided that the church cannot continue in its present form and therefore cannot continue to hold regular services. If the church is not to be permanently closed, it must become a Festival church in which services are held

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

only at Christmas and Easter and to mark other special events in the church year such as the Harvest Festival and Remembrance Day. It is also possible to have wedding and funeral services in a Festival church.

The concept of the Festival church was first put forward by the Church of England in early 2016 in order to address the problem of drastically declining congregations, particularly in rural areas. Of the approximately nine thousand rural churches in England, about a quarter of them now have a regular congregation of less than ten people. Therefore, within the next ten years, hundreds of rural communities will have to make the same decision as Beachamwell and either go down the road of the Festival church or simply close and hope that somehow or other, their ancient building can be preserved. There is of course a limit as to how many historic buildings can be maintained as there is not a limitless supply of money available. The idea of the Festival church is a promising one but in practice, it involves many difficulties.

If the difficulties of St. Mary's becoming a Festival church prove to be insurmountable, the only hope is that the building can be preserved in the long term with the help of some historical churches trust. As with the idea of the Festival church, there would be many difficulties to be overcome if the building is not to become Beachamwell's third ruined church, along with St. John's and All Saints.

Whether the church can survive as a place of occasional worship or whether it is simply a case of attempting to preserving the building is up to the community to decide. A community meeting to decide the fate of St. Mary's will be held in the church on the 7th of March. The number of people who bother to attend this meeting will indicate how much people in this community want the church to survive in any form. **James Knox Whittet**

YOUR VILLAGE CHURCH NEEDS YOU

The future of St Mary's, Beachamwell

Public Meeting in the church at 7.00pm 7th March 2019

The congregation numbers at our Sunday services have been in steady decline over recent years. The Statistics Data Return for the year 2018 shows an average attendance figure of just 7.25 people. This number includes the priest and the organist present at the service, so the actual average number of members of the congregation is only 5.25. This, being the average number taken over the 20 Sunday services held in 2018, means that many of the

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

services were only 2 or 3 people.

Alongside the drop in attendance, this has meant that the income from voluntary donations, collections and fund-raising from the Parochial Church Council (PCC) has also steadily declined. Over the last few years the income raised was in the region of just 40% of the annual running costs (insurance, electricity and our parish share to Ely Diocese). The Friends of St Mary's have made great efforts in fundraising for the maintenance of the building but that doesn't cover the annual running costs, which are vital to keep the building going.

The combination of the above two factors has presented the PCC with a very difficult situation and the "status quo" can not be maintained for much longer, especially as the financial reserves are running low.

In order to fully consider the best way forward for the preservation of the future of your church building, we would like to present to the village community the options available for the future.

Read what a church expert thinks about your church:

<http://www.norfolkchurches.co.uk/beachamwellmary/beachamwellmary.htm>

Rev Ken Waters

Flower and Brass Cleaning Rota for March

3rd Karen Butler and Jeanne Flynne; 10th Jenny Gabrielsen [*Lent - Brass only*]

17th Heidi Hale [*Lent - Brass only*]; 24th Vesna Hudson [*Lent - Brass only*]

31st Bridget James [*Lent - Brass only*] [*Mothering Sunday*]

The Friends of St Mary's



'Friends' Winter Lunch was held in the village hall on Wednesday 6th February. This fund-raising event was very well supported by members of the local community as well as the 'Wednesday Walkers', who came in after their monthly walk to replenish the lost calories.

We are also very grateful to those local residents who could not make it to the lunch but gave us generous donations and to Maggie for supplying her famous sausage rolls (which are always the first to sell out). They helped us raise £163 towards the church thatched roof repairs.

Another lunch event is planned to take place in the Spring. **Vesna Hudson.**

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Notice of Annual Parochial Church Meeting (APCM)

To be held on Thursday 14th March
at St Mary's Church
starting at 7pm

For the presentation of the annual reports
and the election and appointment of parochial representatives
of the laity to the parochial Church Council and the Deanery Synod

Beachamwell Village Hall Needs YOU!



The Village Hall is a registered charity run by a small friendly committee of volunteers, who meet once a month. Over the years many local residents have served on the committee, using their skills and enthusiasms to maintain and develop the building, making it the major community asset we all enjoy today.

The Village Hall is now well used by many groups, which meet on a regular basis and it is also available to hire for private functions

and celebrations. Those of you who have visited the Village Hall recently will have seen the new toilet facilities and the pathway to the main door. The current committee carried out these improvements to make the hall more inclusive and to provide comfortable facilities for people of all ages and abilities. Perhaps you already have ideas for what could be done next?

From April we will have vacancies on the committee and we would be delighted if you would join us. This is an opportunity for you to make sure the current high standards are maintained and also influence the future of the building, which is at the heart of our community.

The next Village Hall AGM will take place on **THURSDAY 28TH MARCH 2019 AT 7.30 PM** in the Village Hall. If you have an interest in the village hall's future whether as a new committee member, a regular user or a willing volunteer to help at our fundraising events, **please** do come along, hear what we have to say and enjoy a glass of wine and an exchange of ideas.

Village Hall Committee

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Wednesday Walkers

After a cold end to January, everybody who came along to the February walk was well wrapped up – only to find that the sun came out and we were perhaps a little over-dressed! We walked up Chestnut Walk and were delighted to see the daffodils planted in 2017 and 2018 starting to poke through the grass. At the entrance to Beachamwell Hall we turned right and went up the track to the Lodge, passing Brick Kiln Plantation on the way. The name is an obvious clue to the purpose of the ruins hidden in the trees. It was lovely to see that the footpath across to Toot Hill had been clearly marked by a tractor. Thank you to Heygates for this. We did not walk the path on this occasion, but look forward to doing so soon. Instead we carried on to the boundary of Larchwood and turned right past some very engaging piglets. We didn't return directly to the village but headed over footpaths to Shingham and through Stambles Plantation back to the Village Hall, where the Friends of St Mary's were serving a Pop up Lunch. This was a delicious and much appreciated end to a 4½ mile walk.

Leah Spencer

Beachamwell WI



In February, Beachamwell WI welcomed Penelope Watkins who gave us a most enjoyable talk on “Know your shape, enjoy your assets”. She started with an overview of fashion trends in the 20th century and brought along examples of the underwear which underpinned the changing shapes; that got us reminiscing about those strange pink corsets our mothers used to wear! Penelope went on to give some useful advice about how to buy clothes with a better fit and some excellent tips about flattering styles. Her talk was both informative and entertaining.

On March 7th, our speaker will be local writer, Jackie Bennett, talking about gardens featured in her latest book – “Britain’s Island Gardens”. Visitors, even if you are not thinking of joining our WI, are most welcome to join us at a charge of £3.50. We meet on the first Thursday of each month at 7.30 in Beachamwell Village Hall. The group is friendly and informal. Prospective new members are always welcome to come along to one meeting and look us over, free of charge. Just turn up on the night or contact Leah (01366 328536) or Helen (01366 328589).

Maggie Mackenzie

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell Local History Group

This group held its Annual General Meeting in January. This was an opportunity to look back on 2018, when we organised a couple of talks, Mary Ann Prior on Lady Constance Villiers Stuart and Jill Mason on the life of the real Mary Caney of Barton Bendish, plus a very successful exhibition about our local churches. We also began to make plans for our next projects. This year our focus will be on Beachamwell School, which was at the heart of village life, until it closed in the 1990s. To get us started, on Tuesday, 21st May there will be a talk by Rosemary Steer on Victorian village schools. The group is also planning trips to the archives in Norwich and to Great Cressingham school. If you were a pupil at Beachamwell school or worked there, we would be very pleased to hear from you. Perhaps you have memories or photographs that you would be willing to share.

Also, would you like to contribute to an archive of photographs for future generations? In the "Mason collection", we have some wonderful photographs of villagers outside their homes. It would be really good to have some up to date versions for historians of the future, and so create a "portrait of a village". We may be in touch with you soon.

Looking ahead to 2020, we hope to start a new project on "Farming Past and Present" with a view to staging another exhibition. More about that soon.

We are always happy to welcome new members. You do not have to be an expert at historical research. The history group has an excellent website which showcases some of the things we have found out and gives news of future events. Look us up at www.beachamwell.org.uk.

Maggie Mackenzie (01366 327023)

Afternoon Tea and Chat

A record forty people attended 'Tea and Cake' in February. It was a very enjoyable afternoon with lots of laughter, chat and consumption of delicious cakes and tea.....

The highlight of the afternoon was the very generous donation of cake and truffles by Ivan and Gordon. They wanted to say thank you to Sonia and the other ladies who supply the cakes each month by making some goodies themselves..... A truly generous gesture which was appreciated by everyone present. Well done boys.

Eileen Powell

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS



Just wanted to say a huge thank you .to you all at tea and cake for the kindness and encouragement shown to Gordon. He was so happy that people enjoyed his cake and this has given a great boost to his confidence.

Ivan was also happy that his truffles went but wished he had made more.

So not only from the boys but a thanks from me as you are all helping to make Gordon's life in Beachamwell very special.

Rachel Bond-Green and Steven Green

Gordon has kindly shared his recipe with G4N readers—it can be found on page 9 of this magazine.

Thank you Gordon — it was a truly delicious cake.

CHURCH SERVICES (WISSEY VALLEY/SOUTHERN GROUP)

Sunday 3rd March The Sunday next before Lent

9.30 am	Methwold	Holy Communion
9.30 am	Wretton with Stoke Ferry	Service of the Word
11.00am	Beachamwell	Holy Communion
11.00am	West Dereham	Family Service
6.00 pm	Wereham	Evensong

Wednesday 6th March Ash Wednesday

7.30 pm	Methwold	Imposition of Ashes
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Sunday 10th March The First Sunday of Lent

11.00 am	Methwold	Benefice Service with Bishop Stephen
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Sunday 17th March The Second Sunday of Lent

9.30am	Methwold	Service of the Word
9.30am	Whittington	Service of the Word
9.30am	West Dereham	Service of the Word
11.00am	Beachamwell	Service of the Word
11.00am	Wereham	Holy Communion

Sunday 24th March The Third Sunday of Lent

9.30am	West Dereham	Service of the Word
9.30 am	Methwold	Service of the Word
11.00 am	Boughton	Holy Communion
4.00 pm	Wretton with Stoke Ferry	Ordination of Carol Nicholas- Letch
6.00 pm	Barton Bendish	Celtic Service

Sunday 31st March Mothering Sunday

10.00 am	Whittington Group	Mothering Sunday Service
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Midweek Services

Holy Communion 10.00am	Boughton Thursdays 14th and 28th
Holy Communion 10.00am	Whittington Tuesday 19th
Compline 5.30pm	Wretton with Stoke Ferry Thursday 21st

Baptisms and Weddings (Please contact the Churchwarden in your Parish)

Barton Bendish:	Mhari Blanchfield 01366 347849/Linda Webster 01366 347563
Beachamwell:	Vesna Hudson 07854 261273
Boughton:	Pam Wakeling 01366 500429
Wereham:	Sheila Smith 01366 858165

CHURCH SERVICES (PRIORY/NORTHERN GROUP)

Sunday 3rd March The Sunday next before Lent

10.00 am	Fincham	Eucharist
10.00 am	Shouldham	Morning Prayer
10.30 am	Marham	United Worship (Methodist Chapel)
10.30 am	Stow Bardolph	Holy Communion
11.00 am	Runcton Holme	Holy Communion

Wednesday 6th March Ash Wednesday

7.30 pm	Stow Bardolph	Holy Communion
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Sunday 10th March The First Sunday of Lent

9.30 am	Shouldham Thorpe	Holy Communion
10.30 am	Stow Bridge	Holy Communion
10.20 am	Marham	Morning Worship (Holy Trinity)
11.00 am	Tottenhill	Holy Communion
6.00 pm	Fincham	Evensong

Sunday 17th March The Second Sunday of Lent

10.00 am	Shouldham	Holy Communion
10.30 am	Marham	United Worship (Methodist Chapel)
10.30 am	Nordelph	Holy Communion
11.00 am	Runcton Holme	Morning Prayer

Sunday 24th March The Third Sunday of Lent

9.30 am	Fincham	Holy Communion (said BCP)
10.30 am	Marham	Holy Communion (Holy Trinity)
10.30 am	Wimbotsham	Holy Communion
11.00 am	Wormegay	Holy Communion

Sunday 31st March Mothering Sunday

10.30 am	Stow Bardolph	Holy Communion
11.00 am	Watlington	Holy Communion

Thursday Services at 10am

Morning Prayer (lay led) **Runcton Holme** 7th.

Holy Communion **Fincham** 7th and 21st.

Baptisms and Weddings (Please contact Mrs. Louise Vigus 07596 707469

louise.vigus@westnorfolkpriorygroup.co.uk)

Fincham	Cathy O'Brien	01366 347279
Marham	Philip Fay	01760 444199
Shouldham	Brian & Ann Hullah	01366 347814
Shouldham Thorpe	Gary Eggleton	01366 347829/Gordon Reid 01366 47253

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Tuesday 12 March	Barton Bendish	Hatherley Gardens	09:55 am
	Beachamwell	Old Post Office	10:15 am
	Drymere	Telephone Kiosk	10:40 am
	Boughton	Mill Road	14:20 pm
Monday 11 & 25 March	Wereham	Church Road Queen's Close	09.30 am 16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Traveline 0871 200 22 33 or (www.traveline.info) Call cost 12p per minute

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Maureen Tasker	01366 347432
Beachamwell	Leah Spencer	01366 328536
Boughton	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

MARKETS - Farmers' and Indoor

Ely (Farmers')	Second and Fourth Saturday 8:00-2:00pm
Fakenham (Farmers')	Fourth Saturday 8.30am to 12:00pm
Wisbech (Farmers')	Alternate Fridays
Swaffham (Indoor)	Every Friday 9.00am to 1.00pm
King's Lynn (Farmers)	Closed until April 2019

For information:- www.farmersmarkets.net or your local Tourist Information Office

BOUGHTON VILLAGE NEWS

Church News

By the time this is published, we hope the planning permission for the new oil tank will be through. It may seem strange that a new oil tank at the church required full planning permission, but this was the case. As soon as the permission is received, we will get a date for installation and hope to have oil the day after. The contractor reckoned a fortnight after we give him the go-ahead. No one will deliver oil until we have a new tank, so the last weeks of February could be rather cold in the church. We don't have multiple power points as they do in Fincham, so there is no real alternative source of heating. We hope that everyone will wrap up warmly and continue to support the church. There will always be a warm welcome!

Open Gardens Day this year will be on June 9th, which is also on the day we used to call Whit Sunday. Please consider entering your garden into this village event – size is irrelevant and no one has a perfect garden. It's an important day for the church, as it raises most of the money we need to pay to the Diocese. This church also acts as our village hall space, so even if you aren't a churchgoer, it needs your support. We have to pay approximately £2000 every year to Ely, before we consider insurance, oil, repairs etc. Replacing the oil tank will use a significant amount

Pam Wakeling



BOUGHTON VILLAGE NEWS

Bill Miller

Bill left his body to medical science in the hope that it could aid research into ME, which had debilitated him in different ways until he died. Therefore, there wasn't a coffin or a burial at his memorial service in Boughton church, just his Royal Navy Veteran's baseball cap, well known to all who knew him. More than eighty people attended the memorial service, a testament to how highly he was regarded by everyone.

He was born in Ten Mile Bank in 1927, attending the village school there until he went to work for the council in Downham Market and then on to join the Navy in 1945. He served mostly in the far east - Raffles being a long way from Ten Mile Bank. In 1947 his family moved to Boughton to start farming, and soon after that he met a young lady on the bus and she was to become his wife, Joan. They had 61 years of very happy marriage and his total love and commitment to Joan after her severe stroke in 1999 was something which could not be understated. He suffered from ME from his early 50s, and she helped to pull him through when he was mentally struggling. It was her idea that he should take up the piano, which he had learned as a small boy. He became quite a good player, continuing until he left Boughton.

He had two major heart procedures at Papworth and became the President of Downham Market District Friends of Papworth Hospital. He was also a member of Downham Market Royal Naval Association and a lifelong supporter of Norwich City Football Club.,

Bill lived in Boughton from 1947 until he went into residential care in 2016 and he loved the village. He arranged the restoration of the War Memorial, involving police forensics to interpret the worn out lettering and enable it to be successfully restored. He was always involved with the village school sports days and many of us today can remember attending Village Hog Roasts in what was the old Horse Yard at the farm house.

Bill went into the Royal British Legion Residential Care Home in Ripon in 2016 and took part in many of the activities, keeping up with old friends, including Nancy Miller, his sister – in- law, another former resident of Boughton. He was happy there and regarded it as his home.

His son David, giving the eulogy this article is based upon , ended by saying 'If there is one thing in my life I can be totally certain of it is that Dad will now be where he wants to be – with Mum.'

RIP Bill

BOUGHTON VILLAGE NEWS

Starling Murmuration at Boughton Fen

For several weeks either side of Christmas starlings have been gathering at dusk to roost either in the fen or on various pieces of land adjacent to it. The early murmurations were small but nonetheless impressive. Between Christmas and New Year the numbers built up to a stunning display worthy of Autumnwatch and Countryfile.

The birds start to collect – small flocks flying in from all directions, slowly building and joining together to form an ever increasing black cloud. This shape changes, moves, lightens and darkens as it spreads over a large distance, sometimes separating into two or three groups, then regrouping to make the most dramatic shapes, twisting and turning whilst all the time little flocks of ten to twenty more keep tagging on.

The mystery is – which one says ‘turn now chaps’?

As the shape grows and becomes more dense, the noise suddenly becomes apparent.

At times it is more like a roar, as the entire flock swoop overhead, turn and come back again. The whole area is spattered with white (Note – wear a hat and don't clean the car just before you go).

The whole effect is spell binding. Then eventually the birds descend into the reedbeds to roost. It happens in seconds – like black ink pouring from an invisible jug on skyhooks. Then quiet and stillness replace all that life and activity.

Some local experts have estimated the numbers and it appears that there could well be about 50,000 birds. Why travel when we have this to watch on our doorstep?

Mark Pogmore



WEREHAM VILLAGE NEWS

Wereham Parish Council

Next Meeting Tuesday 14 March 2019 at 7.00 pm in the Village Hall

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk. You will also find minutes of all meetings here too.

Wereham Parish Council – Parish Council Elections – 2 May 2019

Want to Get Involved and make a difference in Wereham?

The 2019 Elections are fast approaching. Now is your chance to stand as a candidate for Wereham Parish Council. Parish Councillors need no specific qualifications experience, just a passion for doing the best for your local community. Don't feel you can't do it - there is always help, training and guidance available. Help to make a difference!.

To request a nomination pack and get further guidance / questions please contact the Parish Clerk. Nomination packs must be returned in person to the Borough Council of Kings Lynn and West Norfolk, Kings Court address to the election's team for verification between 18 March – 3 April 4 pm to qualify.

Date and Timetable of the Elections

The normal 4 yearly round of parish council elections is being held on 2 May. The local elections begin with the publication of the Notice of Election on Monday, 26 March by the Borough Council.

Interested candidates will need to complete a nomination pack and return it by hand to the Borough Council of King's Lynn and West Norfolk for verification by the Elections Team. The nomination period is during normal office hours on each working day from **Monday 18 March** until **4pm on Wednesday 3 April**. Informal checking of nomination papers by the Borough Council of King's Lynn and West Norfolk (BCKLWN) is available the week commencing Monday 18 March. The deadline for withdrawals of candidature is also **4pm on Wednesday 3 April**.

The Nomination Process

Below is a link to the Borough Council Website where nomination packs will be available to download and print soon. Alternatively, please contact the Clerk if you require paper copies.

https://www.west-norfolk.gov.uk/info/20090/elections_and_voting

WEREHAM VILLAGE NEWS

Nominations should be submitted to the BCKLWN (not the Parish Council) in good time, to allow for any unintended errors to be corrected to avoid disqualification.

Completion of Nomination Paper

The top of the nomination paper should be completed with the name of Wereham Parish and the date of election, 2nd May 2019 (there are no wards within the parish). The nomination paper must state the candidate's full names, the home address in full including house name and/or number and the post code. There is also a form to be completed should a candidate not wish for their address to be publicised. If the candidate commonly uses a different surname or forename this may be included. The description, if any, must not exceed six words in length, and need not refer to rank, profession or calling so long as, with the candidate's other particulars, it is sufficient to identify them e.g. retired school teacher.

A nomination paper may not include a description of a candidate which is likely to lead voters to associate the candidate with a registered political party unless that description is authorised by a certificate issued by or on behalf of the registered nominating officer of the party, and received by the last time for the delivery of nomination papers. (It is very rare for Parish Council candidates to stand with a party description, but they may do so subject to the above).

Every candidate requires a proposer and seconder. These must be people registered on 1 March 2019 in the electoral area for which the candidate is standing and can, if the candidate wishes, include a spouse or partner. The "electoral area" is Wereham Parish. The nomination paper must give the electoral number of the proposer and seconder. This number can be requested from the Parish Clerk. A person may not propose or second more nomination papers than there are vacancies to be filled in the electoral area. Thus, for example, if the ward has seven councillors, a person may not support more than seven nomination papers. If they do, the sixth nomination paper would be invalid. Wereham Parish Council has 7 Councillor vacancies to be filled.

A person under the age of 18 may propose or second a candidate if (but only if) he/she is shown in the register as being of voting age on the day fixed for the poll.

Consent to nomination

Anyone completing a nomination paper is also required to complete a consent to nomination. Candidates should complete as many of the relevant qualifications as apply. The consent to nomination must include the candidate's date of birth. It must not be signed and dated more than one month prior to the last date for

WEREHAM VILLAGE NEWS

receipt of nomination papers (i.e. not before **4 March**). The consent must be signed in the presence of a witness (who may be any person, including a spouse or partner) and delivered to the Returning Officer at BCKLWN during the nomination period, between 18 March and 3 April 4 pm.

If the candidate has been authorised by a political party to use a description in their nomination, they can also request that one of the party's official emblems is used on the ballot paper next to their name. That request must be made in writing by the close of nominations.

Nomination papers can be inspected at the Returning Officer's office at the BCKLWN, Kings Court, King's Lynn, Norfolk, PE30 1EX by any person during normal office hours *after* the close of nominations at **4pm on Wednesday 3 April until** the day before polling day, **Wednesday, 1 May**.

Qualifications to be a Councillor

A person is qualified to be elected and to be a councillor if they are a British, Commonwealth or European Union citizen or a citizen of the Republic of Ireland, and on the day of their nomination they are 18 or over. In addition, the person must meet at least one of the following criteria:-

- (1) be registered as a local government elector for the area, and give their electoral number, or
- (2) have during the whole of the twelve months before the day on which they are nominated occupied as owner or tenant any land or premises in the parish, or
- (3) during the whole of the twelve months before the day on which they are nominated have their principal or only place of work in the area of the parish, or
- (4) during the whole of the twelve months before the day on which they are nominated have resided in the parish or within 4.8 kilometres (3 miles) of it.

Disqualifications to be a Councillor

Certain people are disqualified from standing. If any prospective candidate doubts their eligibility please see Part 1 of the Electoral Commission's Guidance for Candidates and Agents.

Withdrawal

Anyone wishing to withdraw their candidacy has until **4pm on Thursday 3 April** to do so. They must do so by submitting a notice of withdrawal, signed by them and witnessed by one other person. Once the period for withdrawals has closed, the need for a contest will then be considered. If there are more candidates than there are seats available a contest will take place. Otherwise the candidates will be elected unopposed.

Helen Richardson, werehampc@gmail.com or Phone/Text: [0779 500 6811](tel:07795006811)

WEREHAM VILLAGE NEWS

Wereham Messy Church

St. Margaret's Church, Wereham, Wednesday 3rd April, 4.00pm – 5.25pm

Messy church is a family friendly church service which involves a craft activity, a short service where children read, play instruments, sing songs and then eating together.

There is no charge. Everyone is welcome.

Please tel Debbie or Ian Rye on 07863049677 if you have any questions or just turn up and join in. Donations to the church are welcomed

Wereham Village hall Cinema

Friday 22nd March Doors open 7.00pm with the main feature starting at 7.45pm This month **'Kings of Thieves'**. True story of the Hatton Garden Heist. Cert: 15. Please note the age rating of this film. The bar will be open from 7pm with a selection of alcoholic and soft drinks. Tickets prices: Adults £5. Wereham Village Hall CIO, Registered Number [1168472Funding](#) for the cinema project was provided through WREN's FCC Community Action Fund

WEREHAM OPEN GARDENS SUNDAY 16TH JUNE February, it's blowing half a gale and the rain is pelting sideways. Time for gardening? No. Time to begin thinking about Open Gardens? Yes.

For St. Margaret's Church, Open Gardens in June and the Church Festival in July are the two main sources of income which keep the church going. There is a dedicated group of gardeners and helpers who take part every year and without them Open Gardens couldn't continue, but it is also great to welcome new gardens to add extra variety to the event.

So, if you would consider opening your garden or helping with the organisation I would be very pleased to hear from you. As a reward you meet a lot of friendly visitors who are genuinely interested in your garden—that's where they get their ideas from!—and you will be helping to raise vital funds for our beautiful village church of St. Margaret.

Thanks. Greg Baddock. [01366 500233](#)

Wissey Valley Players is an exciting new drama group that has recently been set up for residents of Wereham and all of the surrounding villages. It is already proving to be very popular, but we are keen to attract new members from across the local community.

The group meet every Thursday evening from 7.30pm to 9pm at Wereham Village Hall. The group is open to all ages, and is a great way to meet new people and enjoy play reading in a relaxed and fun way.

WEREHAM VILLAGE NEWS

We are currently working on two comedies by Alan Ayckbourn and some new pieces written by members of the group.

We are not only looking for people who enjoy acting and singing, but also those who would like to try their hand at directing, stage management or set design.

Can you help to make sets and costumes or props? Or perhaps you have skills in lighting and sound which would be invaluable to us.

Why not come along to one of our meetings to find out more and join in.

For more information please contact Keith or Chris Murray on 01366 500796, email stagestruck_37@hotmail.com

Craft Group

Second Tuesday of every month in the village hall at 10.30am until about 12.30. Alongside our fund raising efforts for the village hall we have been knitting blankets for the Linus Project, these are then given to terminally ill babies and children up to the age of 18. I believe the QEH are running a similar scheme so I will look into that and tell you more about that next month, if anyone is interested in doing that but not necessarily coming to a group meeting, we would happily accept any items and pass them on to the correct person. Our two craft fairs for 2019 are on June 1st and November 2nd. Crafters out there please contact me if you are interested in booking a table for either event.

Contact 01366 501330 or 07749240606. rosemary.pease@btinternet.com.

Short Mat Bowls

Just to let you all know that as from April 4th we are going back to playing on a Thursday evening 7pm until 9pm. New members always welcome, no experience needed, we are a very happy social little group. For details please contact 01366 501330 or 07759 033492. rosemary.pease@btinternet.com.

Car Boot and Café

Last Sunday of every month apart from December, cafe is always open selling bacon rolls etc. A warm and friendly atmosphere amongst stall holders and customers. Children's playground outside. Jan 50/50 raffle winner was Wendy. contact 01366 501330 or 07759033492. rosemary.pease@btinternet.com.

Pop Up Cafe

10.30am to 1.00pm on the 5th and 19th March, delicious cakes and a hot drink £1.50 and home cooked light lunches – check our Facebook page or website for more info. Cake donations/queries to Doreen on 01366 500218.

Bingo

Wednesdays, doors open 6.45pm, eyes down 7.30pm. Raffle and refreshments with complimentary biscuits. Enquiries to Doreen 01366 500218.



'We're open for hot drinks 10am-3pm weekdays, when you can browse our pre-loved book stall and enjoy our free Wi-Fi!'

For more information on activities go to <https://www.werehamvillagehall.co.uk/whats-on/> or you pop into the Village Hall office weekdays between 10.00am – 3.00pm to speak to Jo, Lyn or Sara or



All proceeds to Wereham Village Hall CIO, Charity Registration: 1168472

Wereham Neighbourhood Watch AGM

Telephone 01366 501108

PLEASE NOTE THE CHANGE OF DATE

The AGM will be held on Monday 18th March at 7.30 in the village hall. All members are invited to attend together with anyone interested in joining.

Tom Golden

Delivery Persons Required

Delivery persons required for Group 4News covering Stoke Road and The Row, once a month.



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For more information visit our website



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We hold a monthly Bingo and all
proceeds made go to the pre-school.

Next Bingo 20th June 2018
doors open 6.45pm eyes down 7.30pm
Refreshments Available



At Marham Bowls Club

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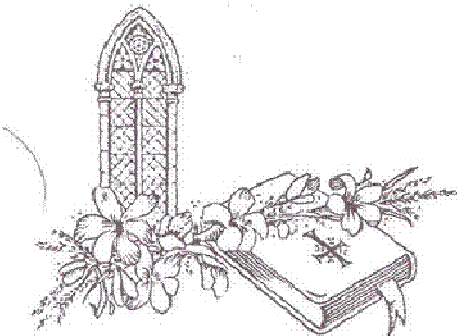
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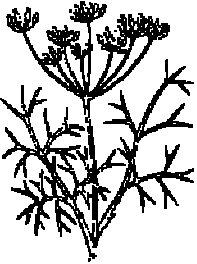
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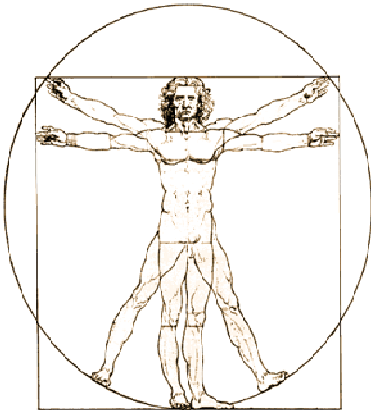
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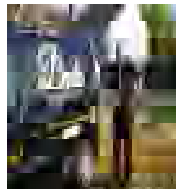
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