

Group 4

NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

May 2016

WELCOME

It won't be too difficult to find the main theme of this month's magazine. We hope you find it interesting reading.

It's coming into the season when events are organised in the villages. Please put a note in your diaries for the Open Gardens Days. A great deal of work goes into these occasions and the funds raised help to keep our village churches open and in good repair.

Every village offers a variety of opportunities to take part, do something new, learn a new skill - we are still looking for recruits to ring the local bells! It's an interest open to people of all ages. There are craft opportunities elsewhere, or simply a chance to sit and chat.,,

As always, 'Happy Reading'
The Editorial Team
Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

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11th May

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‘FROM THE RECTORY’



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Norfolk
PE33 9AP
01366 348079

Dear All,

I was reading an article the other day on ‘responsible shopping’. As I’m dashing around a supermarket I often simply forget to weigh up the real cost of the things I’m buying. Things like the air miles or road miles the goods have travelled, the amount of packaging that has been used, as well as the human cost of things that are not Fairtrade. The Fairtrade initiative supports about 20 million workers and their families around the world, ensuring they have a fair wage for the work they do. Like most things it started fairly small but in this country we now spend about £2 billion on Fairtrade products each year.

Recently I have heard comments that we should really be supporting our own local farmers rather than buying Fairtrade goods. Well I don’t know about you, but I haven’t seen bananas, pineapples, tea and coffee grown in this part of Norfolk, so I think there is a place for both initiatives. Let’s support our local farmers where we can, but for other goods let’s support Fairtrade whenever we can. In the current economic climate we are all counting the pennies but we also have to see the bigger picture and count the real cost. Psalm 24 tells us that “The earth is the Lord’s and everything in it.” It is a great privilege for us to be entrusted with it, but an awesome responsibility, too.

Barbara

BENEFICE NEWS

It's good news that Barbara is finally back and taking services again. This is a good moment to thank those who have taken services for us during her long absence and particularly Robin Blackall and Brian Redgers. Robin is an old friend, and I know Brian has made many friends in all the parishes he has helped. I've been very grateful for their willingness to fill in, sometimes at short notice.,. Pam



Champagne Afternoon Tea Party

Celebrating the Queens 90th Birthday

On Sat.11th June from 3pm – 5pm

FINCHAM VILLAGE HALL

£5.00 per person

Champagne Afternoon High Teas in celebration of the Queen's 90th Birthday

£5 per person all donations will go to the Church Funds and we hope that you will support this event. It has now been agreed that we hold this event on Saturday 11th June, the Queen's Official 90th Birthday, from 3pm to 5pm. It will be held at the **Fincham Memorial Hall**, (table set, plated sandwiches and cakes), plus further cakes on the tables and other refreshments. Anyone who would like to help me with this event please contact me (**Babs Porter**) on my Mobile no. **0794978402** **Tickets are now available for sale.**

News from Fincham.....

Women's Institute

Members enjoyed a birthday meal served at the Castle Hotel, Downham Market. A birthday posy was presented to Mrs W Bell and a belated posy presented to J Lock.

Mugs for achieving 30 competition points were presented to S Amies, J Fuller, C Perry, C Dungay and I Delderfield. Winner of the most points collected this year was I Delderfield.

Sue Batterham presented a plant, on behalf of the committee, to President, Mrs C Dungay.

The raffle was organised by R McClean – a pound from each member – with half the proceeds going to WI funds and half to the winner, A Turnball.

History Group

The History Group meeting was, as usual, well attended, with local residents eager to hear about, "The Inception, development, and Demise of Fincham Primary School."

Several members, including Rodney Underhill and Roger Farmer, used extracts from school logs, William Blyth's Diaries, materials found in the Poor Box two years ago, and reminiscences of past pupils, to tell of the highs and lows of the much missed local school.

The school was opened in 1848, largely due to the support of local vicar, William Blyth, who reported that running a school was not without its difficulties, the biggest headache being the quality of teaching. There were few qualified teachers around with some of the teaching carried out by older pupils. In the first 14 years of the school Blyth appointed 7 different headteachers, most of them being dismissed for violence towards the children, being unable to keep order or running up debts.

Jonothan Toye told of the years when his father was headmaster and members of the audience enjoyed looking at old photos, remembering names and faces from the past.

A most enjoyable evening.

From Shouldham.....

Diary – Flower Festival: This annual 3-day event will be held in All Saints' church over the Bank Holiday period, 27th - 29th August. The theme is yet to be decided in early May, but if anyone has ideas, or can spare an hour or two to help during the festival, Ann Hullah would be pleased to hear from them on 347814 or by email: annhullah@btinternet.com . There will be an Autumn Quiz during November, date to be confirmed.

COUNTRYSIDE NOTES

May 2016 UMBRELLAS recycled from Nov 2008

Until I retired I had always worked outdoors which meant whenever it was raining or snowing I got kitted up in waterproofs. In the early years this was inevitably waxed cotton clothing and wellingtons. Thankfully we now have comfortable light-weight breathable fabrics which don't go stiff or stink like a wet spaniel when they're wet as waxed cotton used to. For me umbrellas were things that town people poked me in the face with when I went shopping.

Umbrella came from the Latin word 'Umbra' meaning shade or shadow. Originally made from paper they've been about for thousands of years and were used as shade from the sun in Egypt, Assyria, Greece and China. The Chinese were the first to waterproof them using wax and lacquer and from the 16th century they became popular in wetter northern European countries. At first they were an accessory for women but in the 18th century writer and traveller James Hanway carried one publicly. It then became commonplace for men to use them and they were often referred to as a 'Hanway'. The first umbrella shop, James Smith and Sons, opened in New Oxford Street, London and apparently is still there. With summers like we've had recently it's no surprise they're still in business! Early umbrellas were made out of whalebone or wood covered with oiled canvas with fancy handles carved from hardwood. Samuel Fox created the first steel ribbed umbrella in 1852 but it was another century before the compact collapsible design appeared. Umbrellas are also put to good use by golfers and dedicated anglers who fish whatever the weather and can be seen huddling under them in the pouring rain. A century ago an umbrella was a very important item of equipment for shepherds on the South Downs. Spending every day out with their flocks they were often at the mercy of howling gales and driving rain on those exposed chalk grasslands along the Sussex coast. On a sunny summer's day the Downs are a wonderful place but one only has to look at the stunted trees trimmed and angled by exposure to southerly gales to visualise just how grim conditions must have been. The shepherd's umbrella was made from green material and the ribs from whalebone or cane. It was large (up to four feet across). This might sound cumbersome to carry around all day but with a cord attached between the handle and ferrule end and with one arm put through it was easily carried diagonally across the back. If a storm blew up the shepherd would hold it with one hand and push himself backwards into a thick bush. Sheltering beneath it he was well protected from the heaviest rain. However shepherds' umbrellas would be banned under today's health and safety rules. A severe gust would turn it inside out or snatch it out of his hand and wreck it. There are even accounts of shepherds being lifted off the ground if they chose not to let go!

Jill Mason

LOW FAT GINGER AND APRICOT LOAF

8 oz self-raising flower

8 tbsp. Sweetener

2 eggs (beaten)

8 oz dried chopped apricots

2 pieces chopped ginger

3 oz sultanas

1/2 pint cold tea

Heat oven to 180 Centigrade

Place flour and sweetener in a bowl.

Mix in eggs.

Add apricots , ginger, sultanas and tea.

Mix well.

Lightly grease 2 lb loaf tin, pour in mixture and bake for 30 minutes or until cooked.

Cool and slice.

Mmm.....!

Jenny Lock



FINCHAM BELLS were rung before the weekday communion on Thursday 21st April, to celebrate the 90th birthday of HM The Queen.

90 of Grandsire Doubles

1. Rob Thompson

2. Brian Redgers

3. Anne Carpenter ©

4. Pam Wakeling

5. Gary Bainbridge

6. John Porter

100 call changes including 90 of Queens (135246)

1. Brian Redgers

2. Pam Wakeling

3. Anne Carpenter ©

4. John Porter

5. Gary Bainbridge

6. Rob Thompson



21st April 2016

God Save the Queen

An environmental quiz.....

1. A photovoltaic module is more commonly known as what?
2. What word, derived loosely from 'two oxygens', refers to a highly toxic group of pollutant chemicals produced typically as by-products from manufacturing processes?
3. Sulphur/sulfur dioxide and (various) nitrogen oxides are the main contributory factors in what unhelpful environmental effect: Acid rain; Landfill run-off; Global warming; or Pesticides?
4. What structural modification of oxygen is an air pollutant in the lower atmosphere but beneficial in the upper atmosphere?
5. Used in various environmental terminology referring to organic life, what prefix derives from the original Greek meaning 'the course of human life'?
6. What is the climate change agreement aimed at stabilizing greenhouse gas levels in the atmosphere, named after the Japanese city in which participating nations agreed its framework in 1997?
7. Photopollution is a technical alternative word for what sort of pollution?
8. The UN Stockholm Convention signed in 2001 seeks to limit the production and use of what, abbreviated to POPs?
9. What colourless/colourless, odourless/odorless, poisonous polluting gas is chiefly emitted by small engines typically used in lawn-mowers and chainsaws, etc?
10. What highly toxic element was traditionally used in thermometers, posing a substantial safety and disposal risk?
11. The 1987 Montreal Protocol concerns specifically, and includes in its full title, substances that deplete what?
12. Carbon dioxide, methane, nitrous oxide, and sulphur/sulfur hexafluoride are widely referred to by what collective metaphorical term?
13. From the Greek root words for 'house' and 'study of' what term refers to the scientific study of the relationship between living things, and their natural environment?
13. Which three of these waste products are safe and helpful to compost (and by exception which are not): Dairy products, Egg shells, Sawdust, Lard, Fish bones, Tea-bags, Pet waste?

From a trivia site named 'businessballs'

Answers on page 15

Our environment.....

'We're busily wrecking the chances for future generations at a rapid rate of knots by not recognizing the damage we're doing to the natural environment, bearing in mind that this is the only planet that we know has any life on it.' *Prince Charles*

WILDLIFE, WILDFLOWERS AND OUR OWN LOCAL ENVIRONMENT

Many people take the view that this fenland part of Norfolk is flat and boring, and intensively farmed, without much in the way of wildlife or plants. However, a closer look often reveals much more than is first perceived.

Many farms now have adopted conservation headlands, which have shown a marked increase in bird species and other wildlife. The replanting of hedges, many of which were ripped out in the prairie farming approach of the 60's and 70's have furthered the diversity of animals and birds all over the country, and some species which were endangered, almost to the point of dying out, are recovering in numbers. Surely, no one can have missed the variety of raptors in the area, which were not present here ten years ago. Much of this has been achieved through Stewardship schemes, and a different attitude to the land. Our own Boughton Fen has benefited from a Higher Level Stewardship Scheme. Away from the main area of reed fen, some of this has been mown, to replicate the effect of grazing by livestock. Although the area may look as though it is all the same to some, a survey was carried out last year on an area of 3900 square metres, close to the reed bed, and this revealed 42 different types of flora in this area alone.

One of the best examples of plant species thriving in a natural environment is Hannah's Meadow, in Northumberland, now managed by Durham Wildlife Trust and made famous by the TV series *Too Long a Winter*. The meadows are considered to be some of the least improved and most species rich in upland Durham and as such have been designated as a Site of Special Scientific Interest. The grass sward is dominated by Meadow Fox-tail, Sweet vernal-grass and Crested Dog's-tail with an abundance of wild flowers, including Ragged-Robin, Wood Crane's-bill, Marsh-marigold, Yellow-rattle, Adders-tongue fern and Globe-flower. The pasture has a more acidic character with rushes and sedges dominating and this supports breeding birds such as Lapwing, Skylark, Redshank, Curlew and Meadow Pipit.

Locally, Norfolk Wildlife Trust is promoting a scheme called Norfolk County Wildlife Action which aims to encourage people to record the wildlife they see in churchyards and on County Wildlife Sites. This project is an opportunity for people to develop skills in wildlife recording, learn more about the wildlife associated with churchyards and some of Norfolk's County Wildlife Sites and to make a real difference to wildlife conservation through helping to survey and monitor these important wildlife sites. Nearly half of Norfolk's parish churches are registered under the scheme, which aims to help churches manage their churchyards to protect the plant species of particular interest while observing the main requirements of the church. The neighbouring church at Wretton is already a first year survey site, and it would be nice to think that something similar could be achieved in Boughton.

Sue Pogmore

If it is not possible to make changes on the wider stage there are some things we can do, such as choosing carefully the source of our domestic electricity and the use of fuel for travelling. But what of our local patch of Norfolk?

The Norfolk coast is renowned for its nature reserves which with others in the county are doing excellent conservation work. Mark and Sue have mentioned the good work on Boughton Fen and the opportunity to make the very best of the wildlife in our country churchyards; they are very often havens of wild flowers, birds, small mammals, including bats, and lichen. These places as well as our gardens and hedgerows can all become havens or at least vibrant corridors between larger patches of woodland or even reserves. Management is the answer, and can be as simple as changing the time of mowing until after the spring and summer flowers have seeded. There are many leaflets available and organisations who will be ready to help.

Where would we be without our fruit trees? It is of course unthinkable that we should lose our local fruit, and that includes strawberries, raspberries, currants and of course our apples, pears and plums; the blossom of the latter is showing triumphantly now. As the weather warms up the bees, both bumble and honey bees begin to work the blossom. Our fruit crops are dependant on the pollinating activity of bees and other insects. A friend lodges two hives in our orchard to assist in the pollination. The oilseed rape is in flower over the hedge and is susceptible to beetle damage. In the EU the use of neonicotinoids

is illegal, but recently The Minister for the Environment in the UK lifted the ban in some counties which is causing anxiety. Bees do not recognise hedges and fences as boundaries and are vulnerable! Back inside the garden fence we may be attracted to the wide range of proprietary products to deal with dandelions in our lawns, or slugs and snails in our vegetable patches or on our patios. There are several products which are ecologically safe, such as Grazers' slug repellents, but is it now too late for the song thrush which is, or used to be, one of our best loved songsters? Always read the small print and sometimes it is very small!

A week or so ago watching a news programme in which sixth form students were asked what really worried them about today's world one girl said with obvious feeling "Climate change!"

By facing environmental issues where we can we will be keeping faith with the rising generation.

Robin Blackall

From the Norfolk Wildlife Trust website.....

Churchyards

The biodiversity value of churchyards and long tradition of churchyard management make these ancient grassland sites of unique value and importance. Many churchyards are remnants of ancient meadows that were once used for hay or pasture, long before the church itself was built. So many of the old wildflower meadows have been cultivated, improved or developed since the Second World War that the churchyard is, in some parishes, now the only remaining area of 'unimproved', species-rich grassland.

Norfolk has the highest number of churches in the UK, and churchyards in the county play a vital role for a number of species, providing the main refuge for a suite of wildflowers and ferns, and for over 40 lichens. Other species frequently associated with churchyards include invertebrates such as butterflies, moths and bees; amphibians and reptiles including slow-worms, lizards, frogs, toads and snakes; a wide variety of birds; and small mammals such as voles, mice and hedgehogs. Bat roosts are also often found in church buildings, and churchyards can be an important source of insects for bats.

Norfolk Churchyard Conservation Scheme

The Norfolk Churchyard Conservation Scheme was established in 1981 and is run by the Norfolk Wildlife Trust in collaboration with the Diocese of Norwich.

Nearly half of Norfolk's parish churches are registered under the scheme, which aims to help churches manage their churchyards to protect the plant species of particular interest while observing the main requirements of the church. Advice and surveys are available on request, and the Scheme also publishes a range of management information sheets and an advice booklet which are free of charge.

From 2008, Norfolk Wildlife Trust has been working in partnership with the Norfolk Probation Service to provide free, practical help in churchyards. Through this scheme, the Trust hopes to increase the number of churchyards being actively managed to benefit wildlife, and is particularly keen to help churches where management in parts of the churchyard has lapsed, or where cutting and clearing of wildflower-rich areas is proving difficult because of a shortage of people to do the work. For further information, and to apply for the scheme, please download the form.

Churchyards can be vulnerable to inappropriate management for a number of different reasons:

- a perceived conflict between managing in a wildlife-friendly manner, and maintaining a neat and tidy appearance
- a shortage of labour or funding, or a lack of understanding, to carry out suitable management
- architectural renovations, leading to damage to or loss of important stonework habitat health and safety issues eg repositioning of headstones, felling of 'dangerous' veteran trees
- inappropriate siting and selection of new churchyard trees and shrubs
- inappropriate use of herbicides
- reseedling



THE BRECKLAND SOCIETY:

SECRETARY REQUIRED

The Breckland Society was set up in 2003 to promote interest and research into the natural, built and social heritage of the East Anglian Brecks. It holds events throughout the year and also runs local history projects.

A part-time Secretary is required to assist in the administration of the Breckland Society's work. This will involve working closely with the Chairman of the Society and other members of the Committee, handling membership (new joiners, renewals, etc.), organising Society events (advertising to members, booking venues, liaising with speakers, ensuring equipment is available, etc.) and assisting with the quarterly Newsletter and website updates, as well as circulating papers and taking the minutes at approximately four Committee meetings each year and the Society's Annual General Meeting.

General administrative experience is essential, especially the compilation and maintenance of membership and distribution lists (requiring full working knowledge of Microsoft Excel and Word).

1. Six
2. Passion-Fruit
3. Coconut
4. West Sussex
5. Snake
6. Claude Monet
7. B5
8. Guys And Dolls
9. Irwell
10. Weasel
11. Joseph Heller
12. Alaska
13. Big Toe
14. 1509
15. 1956
16. Louis Xv (Fifteenth)
17. Uganda (supposedly coined by Winston Churchill..
18. Benedictine (Dom = Deo Optimo Maximo = To God, Most Good, Most Great.)
19. 19. Ibiza
20. 20. Martina Navratilova (1982-87, Also 1978, 79, 90)

Answers to quiz on page 71

Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it's the only thing that ever has.

Margaret Mead

Answers to questions on page 9

- 1) **Solar panel**
- 2) **Dioxins** (also interestingly in the USA, and no doubt elsewhere globally, produced mostly by 'backyard burning')
- 3) **Acid rain**
- 4) **Ozone**
- 5) **Bio** (from Greek, bios)
- 6) **Kyoto Protocol Light** (specifically **artificial light** - i.e., pollution of the natural light or darkness in the sky or environment, externally and potentially internally, by artificial light)
- 7) **Persistent Organic Pollutants** (or more loosely and notably, **pesticides**, for example DDT, extending to related chemicals such as herbicides)
- 8) **Carbon monoxide**
- 9) **Mercury**
- 10) **The Ozone Layer**
- 11) **Greenhouse Gases**
- 12) **Ecology**
- 13) **Egg shells, Sawdust, Tea-bags** (so Dairy products, Lard, Fish bones, and Pet waste are not - this according to the US Environmental Protection Agency)

If you cut down a forest, it doesn't matter how many sawmills you have if there are no more trees.

Susan George

We won't have a society if we destroy the environment.

Margaret Mead

BEACHAMWELL OPEN GARDENS

**Sunday June 5th
12-5 pm**

£4

**Teas, entertainment, music
in the
Old Rectory Garden**

Ploughman's lunches in the village
hall

In aid of St Mary's Church

BOUGHTON OPEN GARDENS

Sunday 12th June

In aid of All Saints' Church

**Village gardens open from 12-5
pm**

Entry £4 per person

**Lunches from 12 in the church
with teas available later in the
afternoon.**

**Plants for sale at the 'plant
emporium'**

**Family activity organised by the
friends of Boughton playground
Well behaved dogs on leads
welcome**

WEREHAM OPEN GARDENS

Sunday 19 June

**Lunches from 12 noon
Afternoon teas later in the day
in
Wereham Village Hall
Gardens open from 1.00 pm**

**Plant Stall
Raffle**

**All proceeds for Saint Margaret's
Church**

BARTON BENDISH OPEN GARDENS

Sunday June 26th

11am to 5pm

Admission adults £4 children free

**Numerous gardens open including the
gardens at
Barton Bendish Hall. Historic St Mary's
Church also open**

**Ploughman's Lunches available from
noon in the Village Hall Delicious Af-
ternoon Teas**

**Display of Classic Cars , Raffle , Plant
Stall, Cake Stall and Children's Trail**

Proceeds to St Andrew's Church

UNUSUAL PLACE NAMES

A few months ago I had occasion to attend a meeting at a house in Brothercross Way Downham Market. For once, and despite the slight drizzle on the day, I decided it would do me good to walk from my home in Old Town Close rather than take the car but, unsure of the distance, I gave myself too much time so rather than arrive too early I enjoyed a pleasant stroll around some of the lesser known, to me, parts of the Clackclose Estate.

During the course of the meeting, and being new to Downham Market, I asked if anyone knew the derivation of the names "Brothercross" and "Guilt Cross", as I had not come across them before. No one was able to answer the question and there followed a discussion about other unusual names. Thieves Bridge Road in Watlington was mentioned as was Paradise Road in Downham and Gibbet Lane in Wereham/Boughton, a road I have driven along many times.

I had heard that Paradise Road was so named as it once was the site of the Town Gaol and that prisoners sentenced to death were taken along the road to the Gallows at Canon Square and were thus "as near to paradise" as they were ever likely to be. Gibbet Lane implies that there was once a gallows there but I have been unable to find any proof of that. Thieves Bridge Road implies that there was once a bridge used by thieves although it was mentioned that the word "thieves" was a term applied to young sheep so it was possible that it was place where they crossed a stream. However after the meeting I decided to do some research and the following is the result.

Thieves' Bridge Road Watlington

Right on the Watlington/Tottenham parish boundary, on Watlington Road at TF636103, is a barely-noticeable bridge over a small stream. Tales tell that once, long ago, men stole the bells from Tottenham church just over a mile away. As they were too heavy to carry away in one go, the robbers hid the bells under this bridge for safe-keeping - but, they were of course found, and the thieves later apprehended and hanged. After this event, the name of Thieves' Bridge stuck, and indeed a road, a wood and a nearby farm are now so named after the bridge. As it happens, one of the bells of St. Botolph's was indeed stolen in 1642, and it only has one now, so it seems the legend may have a kernel of truth. *Source: Arthur Randell (ed. Enid Porter): 'Sixty Years a Fenman' (R & K P, 1966). P.78.*

Of course this doesn't mean that the reference to sheep is incorrect but I haven't been able to find anything to substantiate it – maybe someone else has the answer! (continued on page 47)

Beachamwell Book Group

Tuesday 3rd May

7.30 - 8.45pm (note new time)

Beachamwell Memorial Hall

Book to be discussed over a glass of wine

'Threads'

by Julia Blackburn

Annual subscription £15.00

New members welcome

Enquiries: 01366 328536

Beachamwell Wednesday Walkers

**Explore the rights of way in and
around Beachamwell with us**

We meet at the Village Hall at 10.00 am

FIRST WEDNESDAY OF EACH MONTH

*Walks last between one and a half to two
hours*

All, including dogs on leads, are welcome

Some paths may be rough underfoot,
there may be stiles or fields may be
ploughed: come at your own risk and
please wear suitable clothing and shoes
for the outdoors

Further details please telephone
01366 328452 or 01366 328536



Beachamwell WI

Thursday 5th May

7.30pm

Barton Bendish Village Hall

'A Shepherd's Year'

Mr Philip Shipp

Visitors Welcome

Tickets £3.50

Enquiries: 01366 328325

Beachamwell Parish Council AGM and Ordinary Meeting

Monday 9th May

7.30

Beachamwell Memorial Hall

Enquiries: 01366 328648

Beachamwell Half Marathon Sunday 1st May

Set off 9.00

Beachamwell Memorial Hall

Enquiries: 01366 328628

Beachamwell

“Pop Up” Pub

Friday 13th May

7.00 - 10.30

Beachamwell Memorial Hall



No fish & chips this time!

Enquiries: 01366 328536

A Beachamwell Memorial Committee
Event

Beachamwell

Creative Writing with James Knox Whittet

“everyone has their own story to tell”

Monday

May 16th and 23rd

7.30 - 9.30pm

Beachamwell Memorial
Hall

£4 All welcome but please book

Enquiries: 01366 328895 or
01366 328536



Beachamwell WI

‘Craft Evening 2016’

Tuesday 17th May

7.30 - 9.30

Beachamwell Memorial Hall

Learn, improve and share a wide
range of yarn and fabric crafts
Non-WI members and beginners
very welcome

£3 inc refreshments

Enquiries: 01366 328589

Beachamwell Afternoon Tea and a Chat.....

Wednesday 18th May

2 - 4pm

Beachamwell Memorial Hall

Enquiries: 01366 347673

How wonderful it is that no one
need wait a single moment
before starting to improve the
world.

Anne Frank

Wereham

Pop-Up Café



**1st Tuesday
every month
10.30 to 12.00**

Fresh coffee/tea, home-made cakes, sit and read papers or have a natter....



Just £1.00.



All proceeds go to Village Hall.

Wereham Weekly Cash



**Wereham Village Hall
Wednesdays**

Doors open 6.45 pm

Eyes down 7.30 pm

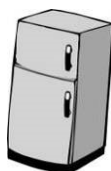
**Raffle and Refreshments
with complimentary biscuits**



**Enquiries: Doreen Rolph
01366 500218**

All proceeds go to Village Hall.
Registered Charity Number 1151336 Wereham Village Hall

SPECIAL EVENT PLANNED?



**NEW Range cooker
and spacious larder
fridge/freezer
available when you
hire**

WEREHAM VILLAGE HALL!

Contact Doreen on
500218 for Book-
ings



Ladybirds, Shouldham

Every third Tuesday of each month. Why not come along and see what we do. We have lots of fun and good, interesting and different events. It would be lovely to meet you. Example of what is coming up :

Ladybirds: Tuesday 17 May: Our local Beekeeper: Pete Davis is coming along to have a chat with the Ladybirds about his insight into life with the bees. Pete is also bringing along some lovely fresh honey he has collected : which is for purchase. For further information please contact Sandra on 01366 347789 or Lorna on 01760 337089.

Free magazine inspires families to get active this summer

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among adults and children and the impact of this on their health and wellbeing – now and in the future.

You can find out more and view the magazine online at www.norfolk.gov.uk/getinto

Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

Beachamwell

Craft Group

Thursday 26th May

2 - 4.30pm

Beachamwell Memorial Hall

Bring along something you are already working on or start a new hobby in a friendly group of like minded people.

£2.00 + Bring and Buy

All welcome.

Enquiries:01366 328536



'A Mélange of Music, Chat and Anecdotes' with Richard Winch
AGM will be included in this event

Sunday May 15th

3.00 pm

Swaffham Assembly Rooms

Free for members

£10.00 non-members

Accompanied children free

Tickets from

Green Parrot 01760 724704

Ceres Bookshop 01760 722504

Enquiries: 01366 328648

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www.little-oaks-preschool.lk.org

COMMUNITY NOTICE BOARD

Could you help a young person with a disability to think about their Future?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

SWAFFHAM & LITCHAM HOME HOSPICE

Since the last report, the Home Hospice has purchased a new Recliner Chair for patients and two Feather Sail Advertising Banners that we require for future outside and inside events. This was made possible from the donation we received from Jarrold.

Sunday March 13th saw Frank Rowbury jumping from the skies in memory of his late wife Sue at Chatteris Airfield, which happened to be her birthday. Proceeds from Frank's jump amounted to a fantastic total £1,350.00 which he personally presented to the Home Hospice.

On 2nd April the Hunstanton Concert Band held a concert in the Assembly Rooms of Swaffham for the Charity, it was evening of excellence for the lovers of concert music and was enjoyed by all those who attended. The Charity made a total of £500.00 and we would like to thank all those who came along.

Another presentation took place on Saturday 2nd April at Narborough with a cheque for £1,000.00 presented to Debbie Hanwell, Home Hospice Co-ordinator from a Bingo evening that was recently staged.

In addition to the already notified events that have been previously listed we are awaiting a date for a proposed Cheese and Wine evening at Beachamwell later in the year.

Another popular event is being staged again at Houghton Barns, South Pickenham, "The Concert and Garden Opening" on Saturday 21st May at 7.30pm. Tickets are available at the Home Hospice office at £17.50 inclusive of light refreshments. All proceeds are to the Home Hospice.

Tickets are now beginning to sell for the Beauty Evening on the 24th June in the Pedlar Suite, George Hotel. Priced at £10.00 including a drink on arrival, they are available at Ceres Bookshop, Jill's the Hairdressers, the Home Hospice office or myself on 01760 722924. Arranged by Jarrold, I am told these events are very popular within the store in Norwich and command an audience of some 200 ladies. We have maximum room for 120, so do not be disappointed and get your tickets.

We are always looking for members of the public to stage events for the Charity and if you require further information then please contact us on 01760 722937

For further information regarding the Charity why not login to:

www.swaffhamandlitchamhomehospice.co.uk the website is continually updated with the latest information.

David Gulliver – Fundraising Chairman

ST MARY'S, BARTON BENDISH



THE LEATHER SHOP

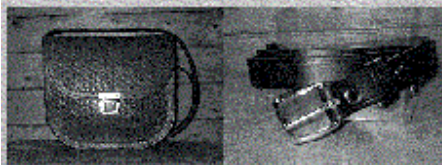
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purses and much more

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BARTON BENDISH NEWS

Coffee Morning

Our Coffee Morning on Easter Saturday was a great success and raised £253 for the Village Hall. I really do find it enjoyable seeing people meet up for a coffee, cake and a 'mardle' (that means a chat in English) and there was plenty of that going on. I can't thank people enough for the support they give, for the donations of Easter eggs, raffle prizes, cakes and produce. As usual Joan made a magnificent cake decorated with eggs which was won by Pat Eves when she guessed the number on it as being 171.

Also a huge thank you to everyone who came along and spent their money - without them it would all be a waste of time and energy.

I'm also very grateful to everyone who helped on the day to make it such a success. *Jill*

Easter Chicks

A very big thank you to Joan in Barton Bendish, Joyce in Fincham and Vesna in Beachamwell for furiously knitting all the cute chicks that have been on sale at The Berney Arms over Easter. There were also some bunnies and a few giant chicks all of which helped raise much needed funds for St Andrews church. Very many thanks ladies. *Mhari & Linda*

Barton Bendish Film Club Presents

***The Theory of Everything* Saturday May 7th at 7:30pm in Barton Bendish Village Hall.**

In the 1960s, Cambridge University student and future physicist Stephen Hawking (Eddie Redmayne) falls in love with fellow collegian Jane Wilde (Felicity Jones). At 21, Hawking learns that he has motor neuron disease. Despite this -- and with Jane at his side -- he begins an ambitious study of time, of which he has very little left, according to his doctor.

Bookings and tickets from <http://www.bartonbendishfilmclub.btck.co.uk/> or 01366 347849

Tickets £4.00 to include refreshments.

Gardens Open June 26th

This year our 'Gardens Open Day' will be held on the last Sunday in June between 11am and 5pm. Ploughman's lunches will be served from noon in the Village Hall followed by afternoon tea at 2pm. There will be the usual cake and plant stalls as well as a raffle. There will also be some classic cars on display and if you have, or know anybody who has, a car that you'd like to put on show

please contact Linda on 01366 347563 or Maureen on 347432.

All proceeds from the day go to St Andrew's church.

This is a main fund raiser for the church and attracts many visitors from away into the village. It is always good to have some fresh gardens for them to look at so if you feel you would like to add yours to the list of regulars please do. They don't have to be spectacular, fancy or large. What visitors seem most to enjoy is seeing what other people have done with their gardens, discussing them, asking advice on solving problems and generally looking for ideas.

If you are able to help in any way on the day please let me know. Donations of raffle prizes, plants and produce as well as cakes for the stalls would be much appreciated.

For further details please contact Maureen Tasker 01366 347432

Quiz sheets

Quiz sheets are still available. Please note that entries need to be returned to Linda before May 28th

Forthcoming Events

Saturday MAY 7th Film The Theory of Everything at 7.30 pm

Sunday JUNE 26th Gardens Open 11am – 5pm

Fincham's Norman font



The Norman font (fig. 2) is one of the many superb Norman fonts to be found in Norfolk. It is 2ft. 7ins square standing on 5 circular pillars which are much slimmer than usual. Each side has 3 typical ornamental strips top and bottom.

The carvings are most interesting:-

S side: Mary, Joseph, and manger with heads of cattle and star.

E side: Three Magi bringing gifts, wearing crowns.

N side: Adam and Eve with serpent in tree of knowledge (repaired).

W side: Baptism of Jesus with St. John the Baptist and a Bishop.

Volunteers Home Needed! Start

Support and friendship
for families

**Do you remember those early years?.....
Sleepless nights, tantrums & teething.**

If you have parenting experience Home-Start Swaffham & District would love to hear from you. We have families waiting for support and all we ask is for a couple of hours a week commitment. We offer a prep course accredited through the Open College Network which takes place one day a week for 10 weeks. Term time 10am-2pm.

So, if you think you can make a difference to a family needing a little help call us today to find out more.

Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

Home-Start Swaffham & District
The Community Centre, Campinglands,
Swaffham, PE37 7RB
Tel: 01760 721271

Email: admin@homestartswaffham.org.uk

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Parish Council



The Annual Parish Meeting and next Parish Council Meeting will take place on Monday May 9th in the Memorial Hall at 7.30. Everyone is welcome to attend. If you have any items for the agenda please give them to the Parish Clerk in writing at least a week beforehand.

beachamwell-pc.norfolkparishes.gov.uk

Beachamwell Parish Councillors

Breckland District Councillors Report

It has been a year now since I was elected as your Breckland District councillor and I would like to thank you all again for the vote of confidence.



Breckland
COUNCIL

From day one I have helped Nar Valley residents with their concerns and problems, which include helping a hard working mother and daughter who were going to be made homeless secure a permanent flat within 2 weeks, an elderly couple were

left without heating by their landlords well before my election, after a lot of work I secured them a new heating system and a free set up tank of heating fuel. I have been involved in contacting many outside agencies that residents had problems with, a positive outcome was achieved.

I have secured grants for local organisations, helped with planning applications for residents with great success and had the one or two disappointing results in not quite getting the full results we wanted but that comes with battling against powerful developers.

I supported the Flagship development of 32 new homes in Narborough and secured 11 properties for local people or with local connections under the choice based lettings system. This will take the local connection with the private owners and sitting tenants up to local people occupying 20 homes out of the 32. I have really enjoyed my first year as your Breckland District Councillor and I look forward to working for you all in the coming years. All my contact details are on the Breckland District Council website,

Thank you for reading, have a good summer.

Peter Wilkinson

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

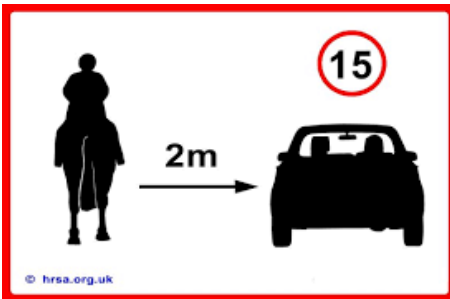
Mobile Post Office

The new times are:

Monday and Thursday 12.45 – 13.05

Tuesday and Wednesday 11.25 – 11.55

Road Safety



I have now had a couple of near misses with village residents while out on my horses, I am sure they don't want a dent in their car and I don't want the death of a valuable horse.

There is a national campaign going on at the moment that is also trying to bring awareness

<http://www.bhs.org.uk/our-charity/press-centre/news/jan-to-jun-2016/riding-and->

[road-safety-campaign](#)

Carol Wilson says that also applies to cyclists

Rachel Bond-Green

St Mary's Church

At the start of the Easter school holidays we marked the Good Friday by a morning of children's craft activities, followed by a short service in our church.



The children and their parents/grandparents and other adult helpers produced a vast array of coloured-in pictures, magnificent crosses, decorated biscuits and most importantly – a beautiful Easter Garden which was displayed at our church. There was an Easter Egg Hunt in the churchyard and the little hands soon managed to locate all of the hidden chocolate eggs!

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Good time was had by all, though the follow-on sugar rush might have made it a challenging afternoon for the parents! Many thanks to all who helped make this a special day, especially Gillian Mann who masterminded it all and Katie who provided music for the service.

The first week in May brings us the 'Rogation Day'. Traditionally 'Rogationtide' is when prayer is offered for God's blessing on the first fruits of the earth and sea and on human labour. In the past it was customary for the parishes to go 'Beating the Bounds' when the school children, accompanied by the parson would walk the boundaries of their parish.

Those taking part in the Half-Marathon would have done something similar, whilst helping raise funds.

Ascension Day follows on the 5th of May. This is observed on the 40th day of Easter and it commemorates Jesus Christ's ascension into heaven, according to the New Testament of the Bible. Ascension Day is one of the earliest Christian festivals dating back to the year 68 CE. According to the New Testament in the Bible, Jesus Christ met several times with his disciples during the 40 days after his resurrection to instruct them on how to carry out his teachings. It is believed that on the 40th day he took them to the Mount of Olives, where they watched as he ascended to heaven.

Ascension Day marks the end of the Easter season and occurs ten days before Pentecost, also known as Whit Sunday, on 15th May. Pentecost is commemorating the descent of the Holy Spirit on Jesus Christ's disciples, according to the Christian Bible. Many Christians recognize Pentecost as the birth of the Christian church as it was on the 50th day after Easter when the apostles prayed together and the Holy Spirit descended on them.

The symbols of Pentecost are those of the Holy Spirit and include flames, fire, wind, and a dove.

Trinity Sunday will be celebrated on 22nd May – based on the concept of the trinity that the Father, Son and Holy Spirit are one God. It is dedicated to the Christian belief in the Trinity – Father, Son and Holy Spirit.

'Corpus Christi' – Day of Thanksgiving for Holy Communion is celebrated on 26th May. This is a Latin rite affirming the belief in the body and blood of Jesus Christ and the Real Presence in the Eucharist.

Corpus Christi is a festival that has been celebrated by many Christians,

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

particularly the Catholic Church, in honour of the Eucharist since 1246. The name "Corpus Christi" is a Latin phrase that refers to the body of Christ. This event commemorates the Last Supper on the day before Jesus' crucifixion, as described in the Bible.

We hope you will come to participate in our church services in May and also support our forthcoming Open Garden event in June.

Many thanks to our dedicated team of volunteers for the beautiful floral displays which decorated our church on Easter Sunday.

Vesna Hudson (Churchwarden) (Photograph Eileen Powell)

Flower Rota for May

1st Susie Rix [*Bank Holiday Weekend*]; 8th Gill Sanderson; 15th Sonia Williams; 22nd Carole Wilson; 29th Karen Butler & Jeanne Flynnne [*Bank Holiday Weekend*]

Beachamwell Memorial Hall (Charity registration number 303900)

The AGM took place on Wednesday 30 March and was attended by six members of the committee and four members of the public. After reports from the chair, secretary, treasurer and two other members of the committee, the committee was re-elected en bloc: Peter Garner (chair), Susie Rix (secretary), Judith Blatchford (treasurer), Tim Hudson, Leah Spencer and Mike Walker. There was one vacancy and this was filled by Colin Friend, who volunteered to join the team.

Over the past financial year the committee has organised a number of social and fund raising events, including the very successful Barn Dance, the regular Pop Up Pubs and, new for 2015/16, a number of Pop Up Restaurants.

We have also continued to make improvements to the hall and are currently working towards improving access for people with disabilities. The plans for this project were discussed at the AGM and will be the main focus for the committee during the coming financial year.

The committee was thanked for their hard work by all present.

Plans for the future include the Fete and Country Fair which will take place on Saturday 3 September. Please let us know if you would like to get involved.

Beachamwell Memorial Hall Committee

Contact: Leah Spencer (leah@wissey.co.uk or 01366 328536)

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

WI

Twenty two members attended the April Meeting and five were visitors who had come to listen to Mrs Vanessa Scott, our Speaker for the evening, talk to us about Norfolk's



Own Cook Book "Everything Stops for Tea" The following is an extract from the preface of the book and explains all:

"This excellent book is the result of much hard work and the amazing generosity of two remarkable women from the food industry in Norfolk. Vanessa Scott and Mary Kemp. They have donated

countless hours and a huge amount of work, at no cost, contacting contributors and ensuring that top professionals are involved with the design, editing and photography. They have trialled the recipes, cooked for the photo shoots, publicised the Cookbook and prepared for its launch. Incredibly busy people in their own right, they undertook this project to raise funds for Marie Curie. Ness and Mary you are very special people indeed and this book is a tribute to you both"

The book has been a sell out as 5,000 books were published at a cost of £20 per book, the price of one hours Marie Curie nursing care, resulting in £100,000 being presented to Marie Curie who are funding a special nursing post in Norfolk with the money.

Vanessa is an excellent speaker, passionate about local produce and we enjoyed her talk very much.

The title of her book Everything Stops for Tea fitted in very nicely with our

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

refreshment break as we were celebrating a Member's Diamond Wedding, Betty and Ian Phillpot had celebrate their Anniversary during the week and we enjoyed delicious cake that her daughter had organised for us. Thank you Betty and many congratulations to you both.

Irene, President, reminded us that next meeting will be held at Barton Bendish, due to our hall being used for voting, speaker will be Mr. Philip Shipp "A Shepherd's Year"

Thought for the day "Life is not measured by the number of breaths you take but by the moments that take your breath away"

Carole Wilson (Photograph Eileen Powell)

Open Gardens Day

Donations required for the raffle stall at Open Gardens. Any and all contributions to 2 Church Walk. Thankyou in anticipation

Pat O'Donnell

I will be having my usual cake stall on Sunday June 5th.as part of Open Gardens Day and would be very grateful for donations of homemade cakes, sweets or preserves. Thankyou in anticipation

Gill Sanderson

Horticultural Show

We are sure most of you are trying to get the garden straight after the Winter, finishing raking and pruning jobs. Brian Wilson has been busy getting their allotment ready for planting. He purchased some good spring cabbage plants from the market and they look as if they have taken well. The plants have had to be protected with wire covering otherwise the pigeons, pheasants and muntjack will peck them.

Don't forget if you don't grow vegetables you can always enter a houseplant but you must have owned it for at least 3 months i.e. by 21 May. Examples are cactus, succulent, foliage plant, flowering plant and/or an orchid. Good luck!

For families the scarecrow theme this year is "The Olympics". We look forward to seeing some magnificent entries. Schedules will be available in June and delivered with G4N.

The Committee

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Wednesday Walkers

Eight walkers set out from the Memorial Hall for the group's April walk. Our aim was to include the re-instated path across Toot Hill. The first field on Toot Hill, had a wide path across it, good for walkers, the copse we navigated, to then be confronted with the field that leads to the Lodge. This field does not have a path made across it, just a vague line which we endeavoured to follow. Potatoes have been planted in the field and walking across was like walking on the old 'Ridge and Furrow' fields. We hope that the rest of the path will be re-instated



but are grateful for what has already been done.

The weather was variable, fine, then drizzle followed by rain and lastly sunshine. During the walk we saw a hare, three yellowhammers and saw and heard skylarks. Wild cherries were in blossom and the wild plums were about to burst their buds. In all we walked four and a half miles, sounds a long way, but the time passes quickly as we all enjoy each other's company and chat as we go along.

Why not come and join us on May 4th? We meet at 10am outside the Memorial hall and we look forward to meeting new walkers.

Pat Stringer (Photograph Simon Smith)

COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
Thursday 10th May	Beachamwell	Post Office	10:05 am
	Drymere	Telephone Box	10:40 am
	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
	Wereham	The Pond	9:30 am
9th and 23rd May	Wereham	Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	First Thursday 12.00pm to 5.00pm
Swaffham	First and Third Sunday

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Beachamwell	Bill Tasker	01366 347432
Barton Bendish	Brian Spencer	01366 322432
Boughton	Pam Wakeling	01366 500429
Beachamwell	Leah Spencer	01366 328536
Wereham	Pam Wakeling	01366 500429
Wereham	Doreen Rolph	01366 500218

CHURCH SERVICES IN MAY

Sunday 1st May

9.30 am	Shouldham	Morning Prayer
10.30 am -11.30 am	Marham	Cafe Church (<i>In The Methodist Chapel</i>)
11.00 am	Beachamwell	No service
6.00 pm	Wereham	Evensong

Sunday 8th May

9.30 am	Shouldham Thorpe	Holy Communion
10.00 am	Boughton	Breakfast Church
10.30 am	Marham	Morning Prayer HT
11.00 am	Barton Bendish	Family Communion
6.00pm	Fincham	Evensong

Sunday 15th May

9.30 am	Shouldham	Holy Communion
10.30 am	Marham	United Morning Worship (MC)
11.00 am	Beachamwell	Family Service
11.00am	Wereham	Morning Prayer

Sunday 22nd May

9.30 am	Fincham	Holy Communion BCP said
10.30 am	Marham	Holy Communion HT
11.00 am	Boughton	Holy Communion
6.00 pm	Barton Bendish	Evensong

Sunday 29th May

10.00 am	Wereham 'Together@Ten' Group Service for both groups		
10.30 am	Marham	United worship	Holy Trinity

Thursday services at 10 am Holy Communion followed by refreshments.

Fincham: 5th (Ascension Day) Boughton: 12th Fincham 19th and 26th

CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Graham Williams	01366 328774
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

BAPTISMS AND WEDDINGS

Please contact the Revd. Barbara Burton or the Churchwarden in your parish.

BOUGHTON VILLAGE NEWS

News from All Saints' Church

The Easter services in the benefice are beginning to seem distant, but they were very important in the life of the church. Here in Boughton, we had what is now our traditional service of the vigil and the first communion of Easter. Our plans were slightly affected by the weather as the Holy Saturday weather was appalling. Instead of taking the congregation out to witness the lighting of the Paschal Candle in the open from the fire, ably provided by Peter Agate and friends, we had to be satisfied with a light at the door of the church, from which Robin lit the Candle. While this was going on, Sandy and I rushed to put on the new linen, change the altar frontal to a celebratory white and bring out the flowers which are not allowed in Lent. Time for celebration! We had friends from several other parishes, the choir, Tom on the organ and, of course, the ringing of bells during the service. It was, as usual, a wonderful start to the Easter celebrations. A larger congregation was able to join in fellowship and thanksgiving. Thanks to Robin for officiating as usual.

Breakfast church continues to reach out to a large group of people, not all of whom are regular churchgoers. Last Sunday we were pleased to welcome Barbara back after her long sick leave. We had two couples who are planning to marry in the church this year. We don't have many weddings, but they always seem to come in pairs!

Open Gardens Day is looking more hopeful, as more people agree to open their gardens. There are still one or two people who normally open but haven't yet replied to my email! Sandy will be doing lunches and teas as usual, so I'm sure she will welcome offers of cakes for teas. We are doing something unusual this year, as the playground fundraisers are producing a family activity as part of the day. Watch out for more information. If you haven't opened your garden before, please consider it. We need some new gardens and some younger people.

Our Annual Parish Church Meeting won't take place until 20th April, so I'm not likely to be able to include it. Thanks to all the people who give their time and effort to keep things going and to Andy Beeston, who puts out the chairs, keeps the building tidy, and makes sure the heating is on when we want it. The church is now open at weekends, so feel free to come and spend some time there. *Pam*

The Boughton Cricket Club committee has been so busy over the last few months and here are a few highlights...

Fundraising Most importantly, we have won a big grant to build our pavilion (great news), but we still have to raise another £13,000 in the next 8 months to get it done (bad news). But this means there'll be a whole host of fun events, activities and sponsored challenges in the coming months (good news!). Club Captain Ben Wilkinson has even decided that he's going to walk a substantial part of Norfolk's footpaths (about 55 miles) over a couple of days in September to raise money for the club (bad news (if you're in his shoes)). On the plus side, you can come and throw tomatoes and water bottles at him if you want. To date Steve and Chloe (Short) ran the Liverpool Half Marathon in March along with Steve's nephew Jonathan, from Canada (see picture) and Jason Gillson organised a live music night at Watlington Sports and Social Club- both events between them have raised nearly £2000 towards our target. We look forward to many more of these events and challenges, both large and small in the future to help us get to our goal.

Seriously, though, any help that you can give us with organising fundraising or sponsorship ideas would be so gratefully received. Just drop Ben and/or Steve a quick email or phone call and we'd be happy to help you with your ideas. Unless we raise the rest of the money in the next months, Sport England will ask for the money back, so we really really need your help.

Nets Hugh Jenkins has very kindly said he will organise the nets this season. The plan is as follows:

- * Pre-Season Indoor Net Session; **Downham Sports Centre - Sun 1st May 10am -12pm**. There will be up to an £8 fee per head dependent on numbers, so the more the merrier (and cheaper)!
- * Weekly Net sessions; **Boughton CC Ground - Tuesdays 6.30 - 8.30pm, commencing 8th May.**

In case you need to contact Hugh, his number is 07730 871042.



Fixtures Steve is currently finalising four T20 matches to be played mid-week. In the meantime, Ben has put together a list of weekend fixtures, to which I hope to add one or two more games. These are as follows:

8th May – Gooderstone (A)

15th May – Castle Rising (A)

5th June - East Rudham (A)

12th June – Castle Rising (H)

25th June – Barrow CC (H)

3rd July – East Rudham (H)

17th July – Jesus Cambridge (A)

24th July – Gooderstone (H)

7th August Gooderstone 6ers (A)

Please note that, due to our insurance, you can only be picked to play when you have paid your membership, so if you can find the time to get it done quickly, you can play more matches!

I think that's about all for now. I hope you are looking forward to another successful season - and to BCC growing as it has done over the last few years.

Over and out (not a cricketing prediction, obviously)

Steve Short

Daffodils....ducklings....must be spring - what's happening around the playground?....

The daffodils some of the village children planted last year are out and so is the sun (sometimes) so we are seeing more families coming to enjoy feeding the Boughton ducks and playing in the park, which is lovely...simple pleasures!

Our annual health and safety park inspection is due soon too so the playground fund team have been discussing what family friendly events we could look to put on this coming summer to attract more families and get their input into ideas for the park's refurbishment. Community input is critical for any grant application.

To this end the playground team will be in attendance at this year's **Boughton Open Gardens on Sunday 12th June** to hand out some family friendly activity sheets that children/grandchildren can complete as they enjoy visiting the gardens - how many ladybirds will you spot?!

So families please come along and join in the fun. The playground team will also be canvassing your ideas for the playground and of course there will some treats to say thank-you!!

Our other favourite ideas are:

- pond dipping
- Boughton fen walk with child friendly activity pack

- Willow weaving workshop

We need to get dates confirmed for these events but outdoor activities are always better when warmer and dryer so we are looking to the summer...so...watch this space! If you have any ideas about activities you'd like to see running in support of the playground then we'd be very happy to hear from you, email the group on boughtonplayground@gmail.com

We also wanted to say a **big thank you** to our local Masons who have very kindly donated £200 towards our fund-raising. Whilst we are hoping we can secure grant(s) for a large part of the park's refurbishment having the support of local community minded groups is invaluable also.

If you are involved with or know of any other local groups or companies who support local community projects, again, we'd love to hear from you - boughtonplayground@gmail.com

Enjoy the Spring and we look forward to seeing you at Open Gardens on the 12th June or one of our other upcoming Summer events...Angela, Jenny, Andy and Caro

Continued on page 46l

WEREHAM VILLAGE NEWS

WEREHAM CRAFTY FOLK

Wereham Craft Group would like to welcome new crafters. At the moment we are all knitters and sewers but would welcome other types of crafters. We have a good selection of wool and fabrics which have been donated. We would also welcome clean cotton items and jeans for up-cycling. The whole reason for the group is to sell our items and raisemoney for the village hall. We meet once a month for coffee and a chat to discuss what we are all doing, but work in our ownhomes at our own pace. If you think you would like to join ourhappy little group please contact me. We are holding a **Food and Craft Fair with Art**

Exhibition on sat July 2nd. 10am until 4pm in Wereham Village Hall, if any crafters in the G4 area would like to book a table to display and sell their items please contact, Rosemary on 01366 501330 or e-mail

rosemary.pease@btinternet.com

April Update from Wereham Village Hall Committee

It's been a busy time for the Friends of Wereham Village Hall who have run a

number of very well attended events since our last update. The Easter Family Prize Bingo was popular as ever, raising a fantastic £427.50 and the Quiz Night was also very successful with 42 quizzers attending. The music rounds proved particularly popular and it sounds like Quizmaster John may have plans to build upon this for the October Quiz Night! The night raised £256.08. A huge thank you to everyone involved with both of these events. Future events include another Yard Sale on Sunday 8th May (contact Jacqueline on 01366 500880 for more details), a party for the Queens 90th birthday on 12th June and an Art & Craft Fayre on Saturday 2nd July (contact Rosemary on 01366 501330).

If you would like to get involved with the Friends of Wereham Village Hall Group, we are always looking for new volunteers and, now really is the time that we need as much help as possible. There are jobs for everyone so contact Doreen on 01366 500218.

And finally, we've had quite a positive response from people collecting the EDP Community Chest Vouchers and so we will be trying to save enough during April to put in a grant application in early May. If you have saved any vouchers during April, please could you let us have them as soon as possible. We will put a collection box in the Village Hall or if you contact Rachel on 01366 502252 or gerard_rachel@btinternet.com I can collect from you. Thank you for your help.

Update from the New Build Project Team

On Friday 8th April, we received the fantastic news that the new Village Hall has been granted planning permission!

This is a huge milestone for us and means that we can include all of the detail in our Stage 3 lottery application. As I write, the submission is not far from being complete. Our Business Plan and Capital Project Delivery Plan have both been reviewed by staff at the lottery who were largely very happy with our plans, and we are now in the process of making the final edits.

By the time you read this update, the application will have been submitted. Please keep your fingers and toes crossed for a positive outcome. We anticipate hearing the response during September and in the mean time there is still much to be done including preparation of other grant applications and lots more fundraising.

Thank you from all of us on the Project Team and Management Committee for your continued support – together we will get a new hall for all!

Victoria, John E, John M & Rachel.

Wereham Village Hall Bonus Ball Club

The lucky winners of £60 each in March were Doreen Rolph and Heather

Butler – congratulations to you both!

If you are interested in joining, we currently have three numbers available (6, 16 and 45). Each number costs £2 per month with £60 going to the winner and £58 towards the Wereham Village Hall Charity each month. The winning number is drawn from the televised national lotto on the first Saturday of each month. Please contact me on 07795006811. Many thanks, Helen Richardson, Secretary.

Events list

Bingo - Wereham Village Hall. "Cash Prize" Bingo every Wednesday, doors open 6.45pm, eyes down 7.30pm. Teas/coffees available with complimentary biscuits. For enquiries contact Doreen on 01366 500218.

Pop up Café – first Tuesday of the month, 10.30-12.00 noon. Next dates Tuesday 3rd May and Tuesday 7th June. Join us for a slice of homemade cake, a hot drink, a natter and a read of the daily papers – all for just £1. Cake donations/queries to Doreen on 01366 500218.

Yard Sale – Sunday 8th May. Contact Jacqueline on 01366 500880

Indoor/Outdoor Car Boot – last Sunday of the month, 9am-1pm (café opens at 8am). Next dates Sunday 29th May and Sunday 26th June. Café serving bacon butties, hot dogs and hot drinks. £5 pitch or, if you have earned time credits, there are two pitches/tables available at a cost of 4 time credits each. To book call Colin on 07961130251/01366 502281.

Queen's Birthday Party – Saturday 11th June. More details next month.

Art & Craft Fayre – Saturday 2nd July. Contact Rosemary on 01366 501330. More details next month.

For all the pictures and feedback from our events, log onto www.facebook.com/werehamvillagehall. By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

If you have any queries with regards to the plans for funding a new village hall, or anything we're doing, please contact Victoria Gray, Chair, Wereham Village Hall Committee

Home: 501277 Mobile: 07725513583

Email: darren.gray@tesco.net or via www.facebook.com/werehamvillagehall

Wereham Parish Council

Up Coming Meetings:

Tuesday 10th May 7pm, Wereham Village Hall

Annual Wereham Parish Meeting—this meeting is an opportunity for Parishioners to have their say on items of concern and present on items of interest in the Parish.

Followed by

The Annual Meeting of Wereham Parish Council (to start immediately after the above) – at this meeting the Chairman is elected for the coming year. Normal business will then proceed.

Agenda items must be received before the end of April for both meetings. Please send to the Parish Clerk at werehampc@gmail.com or to Clavering House, Stoke Road, Wereham PE33 9AT

The Agendas for the meetings are always published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook page and on our new website
www.werehamparishcouncil.co.uk

Concert in St Margaret's Church with Colin Mason's Jazz Band.

Do you enjoy listening to good jazz? And isn't it even better when you can see it performed live? If this is what you enjoy please come and join us on Sunday evening 1st May in St Margaret's Church at 7 p.m. where Colin Mason and his Jazz Band will be playing all your favourite pieces. This promises to be a really enjoyable evening. Wine and soft drinks will be served in the interval. We hope to see you there.

Tickets are £5 available at the door or in advance from Pam Walker (telephone 01366 500 408) All proceeds are to St Margaret's Church we hope you will come along and support us.

WEREHAM WANDERERS

We are a social group, made up from all different age groups, and capabilities, who like to walk. We meet up once a week (limited due to weather). We will be organising more walks when the better weather is upon us, and perhaps more than once a week and further afield. If you would like to join us please email or phone me for more information. Angela 500115 or cgoddon@btinternet.com.



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Continued from page 41 Boughton Open Gardens 2016

This event will take place on June 12th, the second Sunday of the month. Please consider opening your garden in aid of the church. This is the main fundraiser for the church and usually raises a large proportion of the money we have to pay Ely; it also helps keep the church warm, both for services and when it is functioning as a community hall. Your garden does not have to be perfect – just friendly and inviting to a range of visitors who share a liking for gardens.

As usual, we will have the Garden Emporium selling plants and garden related items and a Tombola stall both of which require donations, so if you find anything suitable during your spring clean of 2016 then Angela Faherty will be willing to take them off your hands! Please drop items off at Tapestry Cottage or give Angela a call on 501335 and she will gladly collect.

If you are splitting plants this spring, then consider putting a piece aside and labelling it for sale on the day. You may be raising seedlings as well, so any spares could find a forever home with our visitors.

Pam Wakeling 500429

Brothercross Way and Guiltcross Way Downham Market

My initial investigations revealed Guiltcross was, like Clackclose itself, the name of an old Norfolk Hundred (A hundred was a traditional division of an English county and was applied to an area that could raise one hundred fighting men for the Crown.) and there I was stuck until I happened to bump into Councillor John Fox, Mayor of Downham Market, who mentioned that Guiltcross and several other names on the estate were also named after old "Hundreds". Armed with that information I went further and discovered that **Gallow** Drive, **Grimshoe** Road and **Launditch** Crescent were indeed Hundreds. So there you have it, my first learning experience in Downham Market, it may not be all that exciting but it was an interesting insight into the area. If you know of a name that is puzzling you why not share that knowledge with the Downham Market Heritage Society, the chances are that someone will know the answer and you may find out some other interesting things about where you live along the way. For me I will try and find out where the name Gibbet Lane came from.

Alan Pickering

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Friday 13 May, 7.45pm - 10pm

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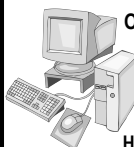
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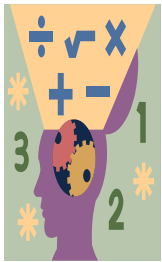
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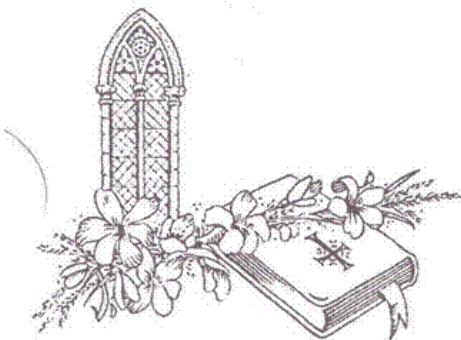
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1. The Pacific Ocean
2. Iron and nickel
3. The centre of the earth
4. Magma
5. Lava
6. Australia
7. Geologist
8. Triassic, Jurassic and Cretaceous
9. False 5000 m
10. Mariana Trench
11. Diamond
12. The Sahara Desert in Africa
13. Red
14. Mount Everest
15. Hang from the ceiling
16. Waterfall
17. Seismologist
18. The ozone layer
19. 32% iron and 30% oxygen
20. Oxygen 21%

L



St John's Church Beachamwell

Answers to the quiz on page 70



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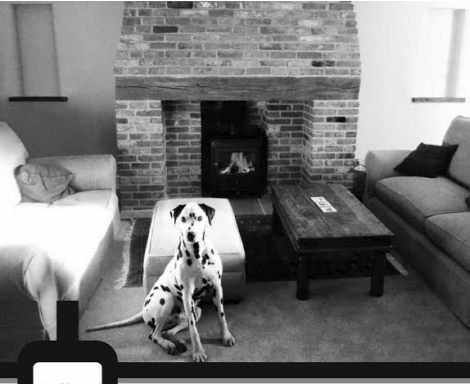
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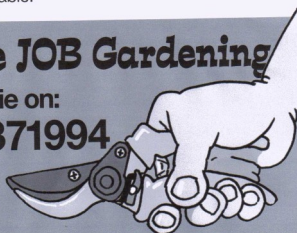
We can also redesign your garden and provide plans, rotovate new or old beds, and organise construction. Whatever your gardening needs, We can help. References available.

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ACADEMY STUDENTS COMPETE AT THE ROTARY YOUNG WRITER COMPETITION

Students at The Nicholas Hamond Academy entered the Young Writers Competition held by the Swaffham Rotary Club recently. The budding authors each were required to produce a piece of work with the subject 'Our World is Beautiful' in the form of a poem or short story and were judged on writing skills and ability to show imagination and creativity. Lorna Pepperill (year 9) was the overall winner and will go forward to represent the Academy at the regional competition shortly.



The photograph shows from left to right:-

*Lorna Pepperill (winner), Lorna Hammond,
Paige Mitchell, Sebastian Bond, Neve
Gabrielle, Melissa Hoskins.*



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CHILDREN'S PAGE

1. What is the name of the largest ocean on earth?
2. What are the two main metals in the earth's core?
3. Which is hotter, the center of the earth or surface of the sun?
4. What do you call molten rock before it has erupted?
5. What do you call it after it has erupted?
6. The Great Barrier Reef is found off the coast of which country?
7. What do you call a person who studies rocks?
8. Name the three time periods of the dinosaurs.
9. True or false? The Grand Canyon is around 10000 feet (3000 meters) deep.
10. What is the name of the deepest location in the world's oceans?
11. Over a long period of time while under extreme heat and pressure, graphite turns into which precious mineral?
12. Outside of Antarctica, what is the largest desert in the world?
13. The gemstone ruby is typically what color?
14. What is the name of the highest mountain on earth?
15. Do stalactites rise from the floor or hang from the ceiling of limestone caves?
16. 'Cascade', 'horsetail', 'plunge' and 'tiered' are types of what?
17. Someone who studies earthquakes is known as a what?
18. What is the name of the layer of earth's atmosphere that absorbs the majority of the potentially damaging ultraviolet light from the sun?
19. The mass of the earth is made up mostly of which two elements?
20. What is the second most common gas found in the air we breathe?

Answers on page 61

PUZZLE PAGE

1. How many feet are there in a fathom?
2. Granadilla is another name for which fruit?
3. Nariyal is the Indian term for which nut?
4. In which county of the UK is Bramber Castle?
5. What type of creature is a dugite?
6. Who painted The Water Lily Pool?
7. Which vitamin is also known as pantothenic acid?
8. The song Luck be a Lady features in which musical?
9. In the city of Manchester (England) the Irk and Medlock join which river?
10. What type of animal is a Kolinsky?
11. Who wrote the book Catch-22?
12. Kodiak Island is in which US state?
13. In the human body what is the hallux?
14. In which year did Henry VIII become King of England?
15. In which year were premium bonds first issued in Britain?
16. Madame de Pompadour was the mistress of which French King?
17. Which country is known as the Pearl of Africa?
18. What liqueur bearing the letters D.O.M. on the bottle label was developed at Fecamp, France, in the 16th century?
19. What is the third major Balearic Island with Majorca and Minorca?
20. Who won six consecutive Wimbledon singles titles in the 1980s?

Answers on page 14



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