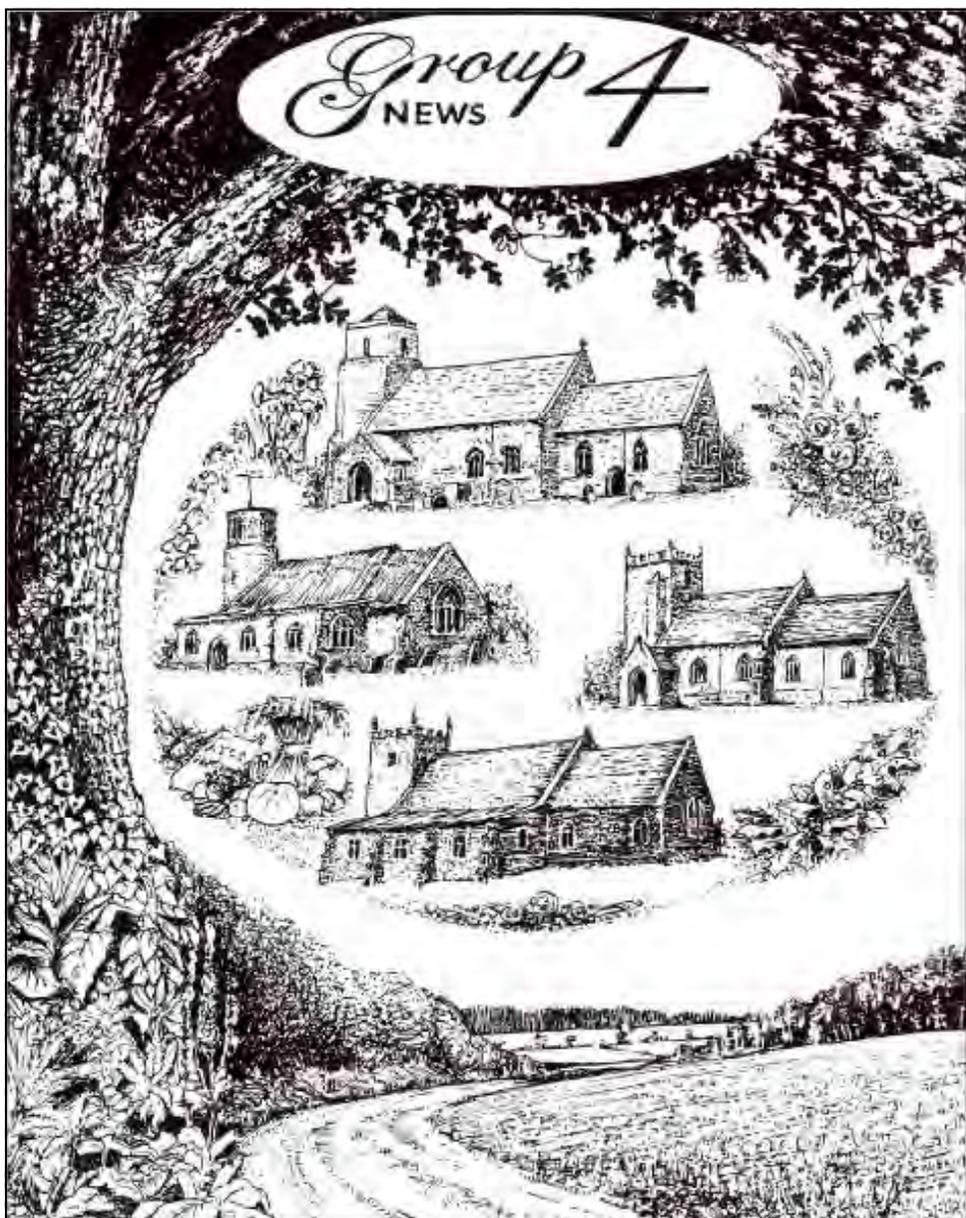


Group 4
NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

November 2019

Cover Illustration drawn by Mark Powell, Beachamwell ©

WELCOME



Hopefully you will enjoy this latest edition of G4N.

Once again, there are so many events taking place in the villages and surrounding area we are spoilt for choice.

If you are able to attend any of those advertised the organisers will be more than pleased and appreciate your support.

As always, 'Happy Reading '
The Editorial Team
Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

**Deadline for copy for the
December 2019 /January
2020 edition:**

11th November

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NOTES FROM THE RECTORY



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01366 727220
ken.waters@btinternet.com

I'm writing this looking out at the Mediterranean sea at 7.10am. It's 23C, bright sunshine and I have a nice cup of tea beside me. I know it's a rainy day in Norfolk and I'm trying very hard not to smile. Did we escape at the right time to have a sunshine holiday or what?

I know this is only a short note; but I am on holiday.

GOD SPOT.

November sees two very important services in the church calendar:

The first is All Souls. This is a service where we come together to remember our past loved ones. It's a lovely, gentle service where we can thank God for the times that were shared, maybe even complain to Him that it wasn't long enough, but also we can share our grief and memories with people in a similar situation.

The second is Remembrance Day. Again a service where we come together to remember about those who have gone. This time to thank them for their sacrifice and the freedom that they have given us.

Both services help to remind me that I don't say thank you enough. To God, to people, even to myself. I think this time of year serves as a good reminder to us all to stop, pause, and think about those we should thank and mostly to thank God for his love, patience and grace.

God Bless,

Ken Waters

Joke Spot: *Little Johnny said to his mate, "I have a good feeling about the job interview I had today." His friend asked him why, and he replied, "The manager said they were looking for somebody responsible and I told him that in my last job whenever there was a problem they always said I was responsible!"*

Growing old is inevitable, growing up is optional.

BENEFICE PAGE

The Pightle House
Eastmoor

Dear Friends,

I am most grateful to our editors for giving me space to say a word of thanks to everyone who contributed in so many ways to making the celebration of Harvest and 101 years of ordained ministry such a joyful occasion. Being ordained by the same bishop Brian and I are enjoying being together in what is described as "retirement ministry" fifty plus years later!

The service on September 22nd masterminded by Canon William Burke was a celebration of St. Matthew, Harvest and Ministry. There have been many cards and letters saying what a joyful occasion it was and how much the music and singing was enjoyed: it was a lovely reminder that small forces and enthusiasm can render traditional settings appropriate for the occasion - Thank you Tom and choir!

William has reminded me that there are occasions when a Mass followed by a banquet in church is what we should be striving for and this was surely achieved magnificently.



A very sincere thank you to Pippa and the wonderful team of helpers from Boughton. The almost invisible marquee gang got it just right for pre-prandials and protection from a short sharp shower at lunch time. Thank you Pam for general oversight and for organising the offertory in aid of Farm Africa;

which raised a wonderful £365!

It has been heart warming to hear from friends and fellow travellers who were with us and who go back a long way who enjoyed and remarked on the feeling of shared joy and friendship.

From Pippa, and Brian and me 'Thank You all'.

Robin Blackall



COUNTRYSIDE NOTES

For a century the BTO (British Trust for Ornithology) has been recording details of wild birds through attaching identifying rings to their legs. More recently some have been monitored with minute satellite trackers enabling their precise movements to be followed. An article in a recent NarVOS (Nar Valley Ornithological Society) Newsletter highlighted the BTO's recently published report of UK longevity records for wild birds.

Topping the list are five which inhabit our coasts. The record is held by a Manx Shearwater which lived until it was 51, followed by Razorbill at 42, Oystercatchers and a Fulmar at 41 and a Guillemot reached 40. Corvids are also long lived with records of a Rook being 23, a Magpie and a Crow 21 and a Jackdaw and a Raven 18. Even familiar garden birds can live surprisingly long with records of a starling reaching 18, a blackbird 15, a Great Tit 14 and a Blue Tit being over nine.

Whenever I research a subject somehow it leads to other things so I looked into pets and domestic animals. The oldest dog documented was Bluey an Australian cattle dog who lived until he was 30. The oldest cat was American Crème Puff who reached 38. Flopsy, a wild rabbit in Australia, lived until it was 19. The oldest Guinea Pig was Snowball at nearly 15 and England was home to Hammy the Hamster who lived for four and a half years. Also from this country was budgerigar Charlie who fell off his perch just short of his 22nd birthday. The oldest parrot officially recorded is Poncho, a macaw in the States, who is 92 and still going strong. Although there are no papers to verify her age Charlie, another macaw, became Winston Churchill's pet when he came to office. She acquired a reputation for being foul mouthed and imitated his rants against the Nazis!! She's believed to be 114 and is still alive.

The oldest goldfish recorded was English Tish aged 43 who was won as a prize at a funfair! Koi carp are noted for longevity and in Japan Hanoka was recorded as being 226. Scientists confirmed her age by her scales. Tortoises are another species. Jonathan lives on St Helena and has reached 187.

Britain holds the record for horses with barge horse Billy surviving until he was 62, Badger and Shayne both reached 51 and Shetland cross pony Sugar Puff 56. Eeyore the donkey made 55 and America's Suzy 54. Irish cow Big Bertha almost made 49 and a Welsh sheep 29. Canadian Ernestine at 23 was the oldest pig and McGinty the oldest goat lived until she was twenty two and a half in England

If you pick up a dead bird with a leg ring on please report it to the BTO (website or removing the ring and posting it to the BTO, The Nunnery, Thetford IP24 2PU along with the location where it was found.) **Jill Mason (Barton Bendish)**

JUICING AT EASTMOOR 2019

This year has been a poor one for apples but through friends and contacts in the growing business, we had plenty to try our updated press on and much fun was had by all.



1. Washing the apples
2. Feeding the apples into the crusher
3. Transferring the pulp into the bag which is in the basket
4. Pressing the apples with the hydraulic jack
5. Redistributing the pulp before pressing again

Finally the juicers retire to a well earned lunch accompanied by apple juice and homemade cider and apple cake! *(For recipe see page 7)*

Pippa Blackall

RECIPE PAGE

APPLE CAKE

(See article on page 6)



Ingredients

450 gm cooking apples (I mix cookers and well flavoured sharpish eaters like russets) peeled cored and chopped. I don't always peel all the apples or indeed any of them! Depends on toughness of skins. I also pulse in processor in 2 loads to chop them.

- 150ml milk
- 175 gm soft brown sugar
- 350gm sr flour, (can be half sr whole meal)
- 1tsp mixed spice
- 1tsp cinnamon
- 1tsp ginger
- 175 gm butter
- 2 eggs, beaten
- 25 gm Demerara sugar

Method

1. Mix apples milk and sugar in a large bowl
2. Mix flour and spices and rub in the butter
3. Add apples etc and eggs, mix well
4. Place in buttered and lined 20cm square cake tin or equivalent
5. Sprinkle with Demerara sugar
6. Bake at 170degrees for about 1 1/2 hours till golden brown

Pippa Blackall





QUIZ PAGE

1. Which word meaning to take money illegally for your own use contains two Zs?
2. Gynophobia is a fear or hatred of what?
3. A Royal stag must have at least how many points to its antlers?
4. Why are embalmed bodies called mummies?
5. In 1956 Rose Heilbron became Britain's first what?
6. What is different about a Dutch auction?
7. Subtract the number of years in a tin wedding anniversary from a silver wedding anniversary.
8. Which Burns poem is also a hat?
9. What do the initials of Harry Potter author JK. Rowling stand for?
10. Buona sera is an Italian greeting. What does it mean?
11. Which member of the Royal Family celebrates their birthday on June 10th?
12. In which town in the North of England can you find a statue of Eric Morecombe on the promenade.
13. What is the difference between a meteor and a meteorite?
14. A mercer was a merchant dealing in what?
15. Name the long-nosed character who 'was here' leaning over a wall.
16. Name four breeds of dog containing the names of different animals.
17. Should a men's lacrosse team consist of ten or twelve players?
18. Rat's Tail is a variety of which plant?
19. Which film did the Beatles make for TV?
20. Which is better for you—thinly cut chipped potatoes or thick chips?

Answers: 1. Embezzle; 2. Women; 3. Twelve; 4. From the Arabic word 'mum', the wax with which they're embalmed; 5. Female Judge; 6. The price starts high and comes down until someone bids. The first bidder secures the item; 7. 15; 8. Tam O'Shanter; 9. Joanne Kathleen; 10. Good evening; 11. Prince Philip; 12. Morecombe; 13. A meteorite is the remains of a meteor which reached Earth; 14. Expensive textiles, cloth etc; 15. Mr. Chad, also known as Kilroy; 16. bulldog, otterhound, Old English sheppdog, foxhound, Irish wolfhound etc; 17. Ten players; 18. Cactus; 19. Magical Mystery Tour; 20. Thick chips;

THE MAGPIE CENTRE

Top Award for Magpie Centre



Teamwork by staff and volunteers at the Magpie Centre (home of West Norfolk Riding for the Disabled Association at Wallington Hall, South Runcton PE33 0EP) was recognized recently when the Centre was awarded a 5-star Licence, the highest accolade, by the Borough Council of Kings Lynn and West Norfolk.

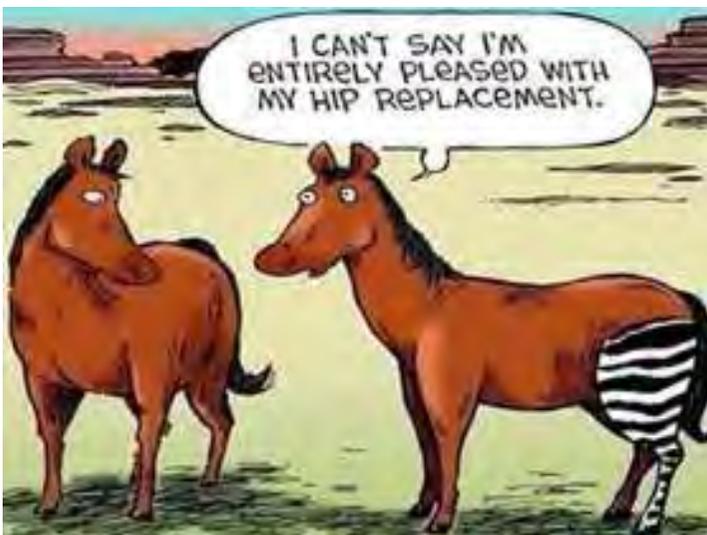
In the last year, the Council's requirements for the Licence, for activities involving animals and hiring out of horses, have been revised and upgraded, so gaining the 5-star level is a great achievement.

Said WNRDA Chairwoman Rosie O'Grady: 'This is a tribute to our loyal staff and volunteers, who have worked so hard for many months to ensure that the Centre came out on top.'

As well as supplying riding and carriage driving lessons to people of all ages and with a wide variety of physical and learning disabilities, the Magpie Centre is opening its doors to people living with dementia.

The venue is wheelchair-friendly, refreshments will be available, plus carers and family members are welcome. Warm clothing is advised. No dogs admitted except assistance dogs.

Caroline Dudley c.dudley@success-in-english.co.uk or 01553 828935.



SWAFFHAM & LITCHAM HOME HOSPICE

We have now finalised the details of our annual Christmas Draw. Tesco have very kindly given permission for us to sell tickets instore from 27th to 30th November inclusive. Tickets will also be on sale from our stall at the Rotary Club Christmas Fayre, Assembly Rooms, Swaffham on the 30th November and also from our office at 19 Brocks Road, Swaffham – just up the road from Tesco. There are 3 prizes: 1st - £250, 2nd - £150 and 3rd - £100. Winning tickets will be drawn at 5pm on the 7th December at Tesco.

A few weeks ago, the Phoenix Singers organised a concert at the Community



Centre, Swaffham raising £350 for us. The Phoenix Singers have supported our organisation for many years now and we are extremely grateful to them.

On October 2nd, a Fashion Show, organised by Linda Burton, was held at the Methodist Church in Swaffham, raising £1005 for us. Linda worked tirelessly to ensure that the event was the success it undoubtedly was – our grateful thanks to her.

Our frugal lunch at Stanleys, Lynn St, Swaffham on the 12th September raised £350 - an event enjoyed by all those who attended.

If you are interested in volunteering with us, then either call our Co-Ordinator, Wendy Martin on 01760 722937 or call in at our office at 19 Brocks Road, Swaffham. **Adrian Adcock (Treasurer)**

LILY HAS CHANGED!

From 1 July 2018, our Lily service expanded to include everyone over 18, not just those in later years.

Lily provides a comprehensive range of support in West Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities.

The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch asklily.org.uk

Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.

Lily has a strong focus on community development, by helping groups to arrange activities and encouraging volunteering and by providing community events, onsite information sessions and support for employers, schools and colleges.

If you, or anyone you know, would like to know how Lily can help, call 01553 616200 and choose option 6.



Tel: 01553 616200
www.asklily.org.uk

**Helping adults in
west Norfolk get
involved in their
community**



in good company
in association with



Norfolk County Council



through friends of
King's Lynn &
West Norfolk

2018-0-0

FREE HOME ASSESSMENTS ON OFFER

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life. The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes. Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

The assessors will also be able to advise whether any grant funding is available for any works required.

To book an appointment call the Careline Community Team on 01553 760671

**Every minute,
six people over
65 suffer a fall**

We're here to help.

To find out more, call us on 01553 616200
or visit www.careline-cs.org.uk



Careline
COMMUNITY SERVICES



Care &
Repair

WELSH CYMRU
King's Lynn &
West Norfolk



COULD YOU HELP A YOUNG PERSON WITH A DISABILITY TO THINK ABOUT THEIR FUTURE?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact:

Vicki Howling, the project co-ordinator for an informal chat.

Telephone 01366 386972 or 07926 044845

Email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.



CSV, 237 Pentonville Road, London, N1 9NJ

Find out more at www.csv.org.uk

Like CSV UK' on Facebook: www.facebook.com/CSVUK

Follow @CSV_UK' on Twitter: www.twitter.com/@CSV_UK

THE SILVER LINE: DAME ESTHER RANTZEN



Recently I met Dame Esther Rantzen at my employer's Pensions Conference. During her conference address she was raising the profile of her current initiative: 'The Silver Line', a remarkable helpline Dame Esther Rantzen has designed and is involved with, to reach out to older members of our communities who are feeling isolated or increasingly lonely.

The Silver Line involves senior members of our community committing an hour each week to speak to others about issues important to them. Individuals contact 'The Silver Line' and staff at the helpline link them up with someone who would appreciate their phone call. This then develops into a regular contact.

Benefits include having interesting conversations and helping others, whilst possibly sitting on your sofa with a cup of tea and a phone in your hand! Additionally, making social links are positive to our own well-being.

Additional benefits include:

- Silver Circles - a call between a group of older people on a shared topic
- Silver Line Connects – a service which connects members with national and local services

As I am sure you can imagine, Dame Esther Rantzen was a very interesting speaker and held the attention of our pension members with ease, dropping in interesting memories from her years in the public eye and her positive work with Childline.

Whilst she was speaking, I thought that this might be of interest and maybe help to some of the Group 4 readers.

So, the contact details are as follows: The Silver Line www.thesilverline.org.uk
0800 4 708090 facebook.com/thesilverlineuk Twitter @TheSilverLineUK

Neil Lewins (Beachamwell)

How smart is your right foot?

This will boggle your mind and you will keep trying over and over again to see if you can outsmart your foot but you can't. It's pre-programmed in your brain!

- 1) While sitting where you are at your desk in front of your computer lift your right foot off the floor and make clockwise circles.
- 2) Now, while doing this, draw the number '6' in the air with your right hand.
Your foot will change direction.

MASSIVE FUEL BILLS?



INEFFICIENT OIL FIRED & LPG BOILER? STORAGE HEATERS NEED HOME INSULATION?

On any of these Governments benefits?

- Child Tax Credit
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- Income Based Job Seekers Allowance
- Income related Employment and Support Allowance

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and book your appointment free of charge



WEST NORFOLK AVIATION SOCIETY



It was nearly three years ago when WNAS member, Bob Kirkham, was first asked to give a talk about his own exploits serving with her Majesty's Royal Air Force. He seemed a little reticent when first approached but became more amenable with the passage of time. Following a few brushes with death defying health issues, on Tuesday 1st October he launched into his maiden speech with a vengeance and fairly rose to the occasion. Like most airmen, from an early age, he had an obsession with the prospect of learning to fly and to becoming a pilot. At first he was an air cadet but, by his own admission, felt his academic prowess was running short of the mark to gain acceptance into the esteemed ranks of the RAF but, by sheer determination and a few lucky breaks, he nevertheless succeeded with his endeavours and eventually became one of a few non-commissioned flying officers whilst still in his early twenties. He became competent and familiar with many aircraft types from chipmunks, through Jet Provosts and eventually to the Canberra, like the one in our heading; more than that - he's the pilot. As an aside, Bob said that he had visited the Flixton Aviation Museum just recently and had become reacquainted with one of his 'old flames'; except on this occasion it was only half a Canberra. Bob brought along, for support, his wife who was able to provide the odd prompt. She was also remarkably tolerant of his confessions and references to the revelry and bawdy antics he and his colleagues had pursued; even to the allusions of 'other old flames'. Bob's performance was so much appreciated by his fellow members that there was no hesitation about inviting him again next month to give another instalment of his fascinating career. **Nigel Tooth**



REMEMBRANCE DAY

Sunday 10 NOVEMBER 2019

To be held at High Ash, starting at 1030hrs,

in front of the CROMWELL cruiser tank Desert Rats Memorial IP26 5BZ

The service is to commemorate all servicemen and women who have paid the ultimate sacrifice over the centuries in defence of our nation. This year's event will involve support from across the civilian and military communities: Veteran Organisations, volunteers, and Monty's Rolls mobile food café.

The Desert Rats Museum will be open to the public for only the second time.

The Association will have a large tent in the event of inclement weather.

There will be Association merchandise and an information stand.

The Ride for Respect (Scooter and Bike clubs) will be there in force.

Limited chairs so bring your own if needed.



For more information please visit the website www.desertrats.org.uk/assoc/

NOVEMBER 16TH



SHOW US YOUR KNICKERS AT SWAFFHAM MARKET

We're having a collection for Smalls for All – a fantastic charity that collects and distributes underwear to women and children in Africa and the UK who need our support.

Underwear is a luxury some people can't afford. Giving pants and bras may seem like a small thing but it can make a huge difference eg. Not having underwear can mean girls miss days off school each month.



Let's all say Pants To Poverty! Can You Help?

If you want to show us your support, pop to the shop and pick up some new pants – or raid your bra drawer. Here's what we need:

- **NEW** ladies' pants size 8-14
- **NEW** children's pants age 3-15
- **NEW** or **gently worn** bras

If you aren't able to show us your knickers on November 16th please contact Liz Stephen (lizstephen487@gmail.com) at Swaffham Rotary and we will arrange a pick up.

www.smallsforall.org
Registered charity no. SC041689
www.swaffhamrotary.org.uk
Registered charity no. 1061027



SMALLS
FOR ALL

ONE LINERS WILL NEVER STOP.....

1. If women ruled the world there would be no wars. Just a bunch of jealous countries not talking to each other.
2. Old people at weddings always poke me and say "you're next". So I started doing the same thing to them at funerals.
3. Light travels faster than sound. This is why some people appear bright until you hear them speak.
4. Whatever you do always give 100%: unless you're donating blood.
5. I changed all my passwords to "incorrect", so that whenever I forget it will tell me, "your password is incorrect."
6. Chocolate comes from cocoa which is a tree, that makes it a plant, therefore, chocolate is salad.
7. I always try to cheer myself up by singing when I get sad. Most of the time, it turns out that my voice is worse than my problems.
8. Whose cruel idea was it for the word "Lisp" to have an "S" in it?
9. Never let a fool kiss you, or a kiss fool you.
10. Always borrow money from a pessimist. They won't expect it back.
11. Scientists say the universe is made up of protons, neutrons and electrons. They forgot to mention morons.
12. If I die in my sleep, at least I can actually say that I died doing what I loved.
13. Behind every girl's selfie are approximately 43 nearly identical photos that just didn't cut it.
14. Never give up on your dreams. Keep sleeping.
15. Do bankruptcy lawyers really expect to be paid?
16. I'm going to stand outside. So if anyone asks, I am outstanding.
17. If only God can judge us, then Santa has some explaining to do.
18. Who says nothing is impossible? I've been doing nothing for years.
19. I wish you would eat some makeup so that you're pretty on the inside too!
20. Today I saw something through a store window that was truly stunning, beautiful and sexy. I wanted to get it for you, but then I realized it's my own reflection!
21. I'm not clumsy! The floor just hates me, the table and chairs are bullies and the walls get in my way.
22. Some people walk into our lives and leave footprints on our hearts. Others walk into our lives and we want to leave footprints on their face!
23. Change is inevitable, except from a vending machine.
24. The shinbone is a device for finding furniture in a dark room.



*'Our Café is open 10am-3pm weekdays, when you can browse the pre-loved book stall and enjoy our free Wi-Fi!'
Activities and Community Groups, extend a warm welcome to all new visitors*

MONDAY

- **Hatha Yoga** – (£8 per class) Monday 9.30 - 11am. Become more aware of how we conduct ourselves, physically, emotionally, mentally & spiritually. Call Gail 07938978980
- **Breast Feeding Mums Meet** - third Monday every month – 2.00 - 3:30pm
- **Boxercise** – (first session free then £5 per class or £15 per month) 6.30 – 7.30pm. To book call Maria 07885 609655 or email maria.tennant@aol.co.uk
- **Legs, bums and Tums** – (first session free then £5 per class or £15 per month) 7.30 – 8.30pm. To book call Maria 07885 609655 or email maria.tennant@aol.co.uk
- **Friends of Wereham Village Hall (FoWVH)**, fundraising events group, 7.30pm. Monthly meet to discuss new ideas and organise events. Call Doreen 01366 500218 or email doreeniroph@talktalk.net

TUESDAY

- **Pilates** - (£5 per class) 9.30am - 10.30am. £5 Increase flexibility, joint mobility and circulation. Call Christine 07796 102677
- **Pop Up Café** - 1st & 3rd Tuesday of every month 10.45am – 1pm. Selection of hot drinks and a slice of homemade cake £1.50. Light lunch £2.50. See Facebook or call Doreen 500218 for latest menu.
- **Craft Group** - (£1.50 per session) 2nd Tuesday of every month, 10.30am – 12.30pm. Meet for a social, drink, cake and try different crafts. Call Rosemary 01366 501330
- **Mini Tennis** – (£3 per session) 4 – 5pm (Reception -Yr 3) 5- 6pm (Yr 4 – Yr 6) £3 per child. Call Craig on 07497 430005
- **Restore and More Yoga** - (£9 per session/10 sessions £80) 7.00 - 8.15pm, Vinyasa Flow. Call Gemma 07943 848431

WEDNESDAY

- **Zumba** - (£6 per class) 9.30 - 10.30am. A fun dance-fitness programme. Call Domonique 07769 341680
- **Pom fitness** – (£3 Adult, £2 children) 4.15 – 5pm. Children and adults. Call Christine 07796 102677
- **Cash Bingo** - doors open 6.30pm, eyes down 7.30pm. Café open before & during the break. Weekly prize money + jackpot. Call Diane 01366 500798.

THURSDAY

- **Line dancing** - (£5 per session) 9.30 - 11am, beginners welcome. Call Ron 01406 350732
- **Short Mat Bowls** – (£2 per session) 7 - 9pm. £2 per player, spectators free, includes tea/coffee and biscuits. New players welcomed. Call Philip 01366 501330
- **Youth Club** (Term Time) 4.45pm - 6.45pm. Age 10+, free. Call Swann Project 01366 386259.
- **Drama Group 'Wissey Players'** (£2 per session) every other Thursday 7.30 - 9pm. Call Keith 01366 500976

FRIDAY

- **Wereham Tots** – (£2 per session up to 2 children, 50p per additional child). Term Time. Parents & toddler group 10am - 12pm. Call Angela 01366 500115.
- **Tai Chi** – (£3 per session) 12.30 - 1.30pm. Helps with breathing and relaxation. Call Pete 07845 937707
- **Cinema Night, 'Red Joan' Cert 12** (£5 per Adult, £3 per child) Friday 1st November. Bar open from 7.00pm. Loyalty card, 5 for the price of 4. Book www.werehamvillagehall.co.uk/events or call the office 07497 430005.
- **Cinema Night 'Rocketman'** (£5 per Adult) Friday 22nd November. Bar open from 7.00pm. Loyalty card, 5 for the price of 4. Book www.werehamvillagehall.co.uk/events or call the office 07497 430005.
- **Mobile Library** – 1st and 29th November at 12.45pm. Call in for a cuppa while you wait.

SATURDAY

- **Mini Kickers** – (£3 per session) 9 – 10:30am (2 sessions) £2.50 per child 3 – 6 years call Craig on 07497 430005
- **Dance Night – (£5 per ticket)** 9th November 7.30 - 11.00pm. Bar, raffle and lots of different dancing & singing. Tickets available at www.werehamvillagehall.co.uk/events
- **Christmas Bazaar** – 30th November 12pm - 4pm. Call Doreen for information on 01366 500218

SUNDAY

- **Car Boot and Café** – 24th November (£5 a pitch) 8.30am - 1pm, Café open 8am for hot breakfast rolls, snacks & drinks. To book indoor/outdoor call/txt Phillip 07759033492.
- **Pre Christmas Fayre** – 2nd November 10am to 4pm. Call Rosemary for information 01366 501330.

For more information on activities, cinema listings or to book, go to <https://www.werehamvillagehall.co.uk/whats-on> or pop in weekdays 10am–3pm to speak to Angie, Lyn or Sara or call us on 07497 430005, www.facebook.com/werehamvillagehall

Card payments now taken in house



Barton Bendish

Macmillan Coffee Morning



Thursday October 31st
10am – 12noon

Village Hall

Raffle, Produce and Cake Stalls
In aid of Macmillan Cancer Support
Charity

Enquiries: 07884411619 or
jill.events@btinternet.com

Beachamwell



Annual General Meeting
of The Friends of
St Mary's
Friday November 1st
7.00
Village Hall

WEREHAM VILLAGE HALL PRE CHRISTMAS CRAFT FAIR

Saturday 2nd November
10am - 4pm

Come and browse around the variety of craft
stalls

WATCH DEMONSTRATIONS — CHANCES TO TRY A NEW SKILL

Refreshments and Freshly Made,
Filled Bread Rolls with a choice of
fillings available in the Village Hall
Cafe.



For more information contact : Rosemary

01366 501330 or mobile 07749240606



Proceeds to Wretham Village Hall C of C Charity Registration No 1138472

FIT MAMAS & CO

Approx. 1
hour brisk
walking...



PLEASE
BRING
COMFY
FOOTWEAR
& A SMILE!

Fitness walking group for all
ages!

Mama's, Papa's, Nanna's, Grandad's,
Children & Pushchairs all welcome!

Mondays @ 10.30am!

Starting local with easy walks from surrounding
villages (Wretham, Wighton, Boughton, Scaja Ferry,
Osborneham, Barton Bendish)

For information please contact Christine on
07878359677 or follow Fit Mamas & Co on
(facebook)

Beachamwell Wednesday Walkers

Explore the rights of way in and around Beachamwell with us.

We meet at the Village Hall at 10.00
First Wednesday of each month

Walks last between one and a half to two hours

All, including dogs on leads, are welcome

Some paths may be rough underfoot, there may be stiles or fields may be ploughed: come at your own risk and please wear suitable clothing and shoes for the outdoors

Further details please telephone
01366 328960

Swaffham Jazz Club

Swaffham Conservative Club,
23 London St. PE37 7DD

Tuesday 5 Nov at 7.30

The Art of The Trio:
Phil Brooke guitar,
Simon Brown piano
Ivars Galenieks bass

Tuesday 10 Dec at 7.30

The Colin Mason Trio with
Eileanora vocals and
keyboard.
Entry £8

Enquiries
01366 328730 or 01760 722384

Beachamwell Book Group

**Tuesday 5th November
7.30**

Beachamwell Village Hall

Book to be discussed over a glass of wine

‘The Running Hare’

John Lewis-Stempel

Annual Subscription £20.00

New members welcome

Enquiries: 01366 327023

Barton Bendish



**Soup
and
Chat**

**Village Hall
6.30**

**Wednesday November 6th
Wednesday December 4th
Wednesday January 15th**

Enquiries:
01366 347 849 or 01366 347 563



HAVE FUN!
GET FIT!
WHY NOT JOIN

METHWOLD BADMINTON CLUB

THIS FRIENDLY BADMINTON CLUB MEETS EVERY THURSDAY EVENING AT ST. GEORGE'S HALL IN THE CENTRE OF METHWOLD FROM 7PM ONWARDS.

WHY NOT COME ALONG, MEET NEW FRIENDS AND ENJOY AN ACTIVE EVENING PLAYING BADMINTON.

WANT MORE DETAILS?
PHONE 01366 383342

HOPE TO SEE YOU!



Beachamwell Table Tennis



**Every Friday at
3.00pm
Village Hall**

Enquiries: 01366 328895
or
james@jamesknoxwhittet.plus.com



Beachamwell WI

Thursday 7th November

7.30pm

**Beachamwell Village
Hall**

**'Craft Show and Tell'
and
Annual Meeting**

Visitors very welcome
Enquiries 01366 328589

Beachamwell Pop Up Pub & Fish and Chips



**Friday 8th November
7.00 - onwards**

Beachamwell Village Hall

Enquiries: 01366 328892
cathyagfriend@yahoo.com

Barton Bendish Film Club

Proudly Presents

'Yesterday'

Starring Hamish Patel, Lily James,
Ed Sheeran and Kate McKinnon

Saturday 9th November

Doors open 6.30 for 7.00 screening

Barton Bendish Village Hall

Tickets £5

Free post screening refreshments
included

To reserve your seat please contact

Box Office: 01366 347849

email: cinemabarton@gmail.com

www.bartonbendishfilmclub.btck.co.uk/

Wereham

Dance Night

All types of Dancing

With Ron & Marion plus 1950's
singer, Sandra

Saturday 9th November

7.30 - 11.00

Wereham Village Hall

Cash Bar and Raffle

Bring your own nibbles

Admission £5.00 but accompa-
nied children under 11 go free

Tickets: werehamvillagehall.co.uk/events
or Village Hall Office Mon - Fri 10 - 3

Registered Charity 1168472

Beachamwell

Creative Writing Group



Meets every
second Monday
Afternoon

2.30pm

Everyone with an interest in
putting pen to paper welcome.

Enquiries: 01366 328895

or

james@jamesknoxwhittet.plus.com

Barton Bendish Bonfire

**Friday November 15th
6.30pm - 9.30pm**

Barton Bendish Hall

Entry £6 adult/Free for accompanied
and supervised children

Includes hotdog or vegetarian
alternative and glass of wine

Enquiries

01366 347849 or 01366 347563

Proceeds to St Andrew's Church
and Village Hall Barton Bendish



Boughton

Greetings by Oscar

Come and visit our pop-up 'Greetings Cafe' and browse our selection of greetings cards.

There will also be a sprinkling of Christmas

We will be serving a light lunch of soup and roll.

Wednesday 20th November 2019
at All Saints' Church, Boughton
between 11:30 am and 2:00 pm.

A Boughton Village caravan Production

Beachamwell Afternoon Tea and a Chat.....'

Wednesday
November 20th
2 - 4pm

Village Hall



Enquiries:
01366
347673

Barton Bendish



Christmas Wreath Workshop

21st, 22nd November at 7.30pm

23rd November at 10 am & 2.30pm

Cost £15.00 per person - includes festive refreshment.

All basic materials are provided but you can bring your own ribbon or everlasting decoration to add if you would like to.

No experience is necessary.

Just bring a pair of secateurs and dress for mess!

Places limited/RSVP required

Enquiries and Bookings
01366 347 849 or 01366 347 563

Beachamwell WI Christmas Fayre



Saturday 23rd November
11.30 – 2.00pm

Beachamwell Village Hall
crafts, gifts, festive foods

Pop up café
Come for lunch

Enquiries: 01366 327 023



Dreamcast Productions

Present

'A De-lovely Afternoon of Vintage 1930's Song'

**Sunday November 24th
3.00 pm**

Swaffham Assembly Rooms

Tickets £12.00

(£9 members / under 18's free)
from

Ceres Bookshop 01760 722504

Green Parrot 01760 724704

Available on the door

Enquiries: 01366 328648

Nar Valley Ornithological Society (NarVOS)

Tuesday 26th November at 7.30pm

The Barn Theatre
Sacred Heart Convent School, Swaffham.
Access and parking from Sporle Road.

Please come along to this illustrated talk
by Chris Knights, entitled:

Farmland Birds

Chris Knights is one of those people who
you could say needs no introduction.
Chris is a true countryman whose birding
knowledge has come from close
observation gained from his life as a
farmer, successful wildlife film maker and
award-winning photographer.
Chris's talks are always a joy.

Visitors most welcome. Admission £2 on
the night if you are not a NarVOS
member. For more information about this
meeting or NarVOS call 01760 724092.

Wereham



Messy Church

**Wednesday November 27th
4pm - 5.15pm**

St Margaret's Church

Messy church is a family friendly church
service which involves a craft activity, a
short service where children read, play
instruments, sing songs and then eat
together. Food is provided.

There is no charge.

Everyone is welcome.

Enquiries 07863049677 if you have any
questions or just turn up and join in.

Donations to the church are welcomed

Barton Bendish



Breakfast Church

**Saturday November 30th
St Andrew's day**

9.30am

In the warmth of Barton
Bendish Village Hall

All Welcome

To book your breakfast call
01366 347849 or 01366 347563

Barton Bendish



Christmas Fair

**Saturday November 30th
2.0 - 5.0pm
Village Hall**

Come and shop for
Christmas Cards, Fabric Boxes
and Textiles, Tree Decorations,
Mosaics
Christmas Gifts,
Locally Produced Foods and
Crafts

Refreshments available
Enquiries: 01366 347790

Barton Bendish

Christingle Service By Candlelight



**Sunday 8th December
3pm
St Andrews Church**

Come and join us at this special
Christmas service for all ages.
Everyone is very welcome.
Refreshments will be served after the
service
Please dress warmly, our historic
church can be chilly!

Enquiries:
01366 347849 or 01366 347563

Beachamwell

Pop Up Pub



**Friday 13th December
7.00 - onwards**

Beachamwell Village Hall
Enquiries: 01366 328892

Wereham



Guide Dogs For The Blind Tea Party

**Saturday December 14th
10.00am until 12.00pm
Wereham Village Hall**

Gift Stalls, Games and Cakes.
A donation of cakes will always be
most welcome, thank you.
Your support in raising funds for blind
and visually impaired
members of our community will be
greatly appreciated

Enquiries: 01366 501484

Barton Bendish

St Andrew's invites you to join in our Christmas Celebrations and Carols at a Victorian Evening of Christmas Entertainment, Music and Carols



Saturday 14th December 6pm

Victorian dress is optional for the audience

We are always looking for new people to come and join us, everyone very welcome

Refreshments will be served

Entrance is free but to avoid disappointment you can book your seat
01366 347849 or 01366 347563

Beachamwell

Pop Up Pub With Food



Friday 31st December
Details to follow

Beachamwell Village Hall

Enquiries:01366 328892

Beachamwell



Quiz

Saturday

18th January

7.30

Beachamwell Village Hall

Bring your own refreshments

There will be a Raffle

All proceeds to The Friends of
St. Mary's Church,
Beachamwell

Enquiries: 01366 328648 / 729

Barton Bendish



**Traditional Burns
Supper**

Saturday 25th January

Enquiries:

01366 347849 or 01366 347563

Beachamwell



**Traditional Burns
Supper**

Saturday 1st February

Enquiries:01366 328892

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Art, Photography and Craft Exhibition and Sale

This event, in terms of raising funds for the Church and the Village Hall, is the most important in the Barton Bendish year. Like the Open Gardens event, it brings people together and attracts visitors from far afield who have either been before or who have heard about it from others. One lady, who lives in America, times her annual visit to the UK around this event! Exhibitors and crafters in particular talk about what a wonderful atmosphere is generated by the hosts and the visitors. The standard of Art exhibited this year was higher than ever and a total of £2,600 was raised after costs had been deducted. A fabulous effort for such a tiny place – and typical of a village which is the envy of West Norfolk.

Finally, a competition to identify artists in alphabetical order using images – “If Auerback painted Anemones” – was won by Alexis Brand of Stoke Ferry with the excellent score of 43/52. Alexis is a big supporter of the Arts and Crafts event and was the first occupant of Witsend. It’s a small world here.

Harvest Brunch

Churches have difficulty finding congregations and persuading them to join services. In Barton Bendish we believe it is important for churches to support their community in getting together. One particularly powerful thing that happens in the village is the Breakfast Church or Brunch in this case.

At a time when communities are fractured and the elderly more likely to suffer from loneliness and isolation, these services help to meet a real need. Breaking bread with your neighbours is a fine way of getting to know them. When the Village Hall project is completed, there may well be much more of this kind of thing. Once again this event was a lovely way to start the day.

Celtic Service

Another service which deserves to catch on is the Celtic Service, held in Barton twice yearly. Many people find the dark and silence uncomfortable but it is difficult to experience any kind of spiritual awareness without them. Life is frenetic, noisy and chaotic for us all. Being in a candle lit church in silence or listening to haunting songs performed, without accompaniment, by our wonderful village choir, is close to magical. We all need a bit of inner healing

Andrew Stephen

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Annual Parish Council Meeting held on 23rd September 2019

The Chairman, Cllr Will Chapman, presided over the meeting and three members of the public were in attendance.

The Parish Council had continued to chase up Highways regarding the widening of the other side of the road opposite the trod (informal footpath), and the additional "slow" sign to be painted on the road surface on Boughton Long Road. It was also agreed that the condition of the trod was poor and needed attention to remove weeds, mole hills and brambles.

Borough Councillor Colin Sampson informed the Parish Council that he was awaiting confirmation of the appointment of a Dog Warden by the Borough Council of King's Lynn and West Norfolk.

RAF Marham had asked the Parish Council to nominate 15 residents to attend their Senior Citizens Christmas Lunch on Monday 2nd December. Priority will be given to residents who have not attended previously so if you have not been before and would like to go please contact the Clerk, on the details below by 8th November. (See extra notice below...)

The RAF Benevolent Fund is running a new 2 year project aimed at supporting RAF veterans who face loneliness and isolation. Detailed information about this scheme was published in the September edition of G4N.

The next meeting will take place on Wednesday 13th November 2019. This will be an Ordinary Parish Council Meeting starting at 7.30 pm in the Village Hall.

Further information is available on the Parish Council website at bartonbendishparishcouncil.norfolkparishes.gov.uk

Miss Sarah Thorpe, Parish Clerk

01945 430930, bartonbendishparishcouncil@aol.co.uk

IMPORTANT NOTICE RAF Marham Christmas Lunch 2019

I am assisting in collecting a list of nominees to attend the next Senior Citizens' Christmas Lunch at RAF Marham on Monday 2nd December. If you are a senior citizen who would be interested in attending and have not attended since 2016 please contact me before 8th November on 01366 347351 or 07796382467 email legstretcher@live.co.uk. Alternatively contact the Parish Council Clerk (details shown above). The Parish Council can nominate 15 residents to attend, so if there is insufficient space for everyone to attend this year your name will be carried forward to next year. Thank you.

Cllr Paul Swallow

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Village Hall Update

I was delighted to receive the following statement from the Village hall Trustees:
“The Trustees are pleased to have so far managed to secure over £150k towards the Village Hall Improvement Project. Further grant applications are outstanding which would bring the total to the required £275k if all are approved. As a consequence of the current secured funds, the Trustees have taken the necessary steps to prepare and seek tenders for the improvements, with a view to starting work in March 2020 with an anticipated completion during August 2020. This means that the hall will be unavailable for bookings during that time. Meanwhile the trust is still short of the full funds and further fundraising, support and donations would be very welcome. Once full grant allocations are known, it is intended to hold a further drop in session at the hall outlining the proposals in detail. This will probably be in early 2020.” (Chris Parsons)

There were those who doubted that our project would ever happen at all. Certainly we live in times when funding is much more limited and more difficult to obtain. The focus now, quite rightly, is on tackling rural isolation and meeting the needs of the elderly and of all community groups. We have all been determined to do what we can to meet these needs by improving and extending our Village Hall. I hope the village will support all our fundraising efforts and ultimately be very pleased with a much improved community facility.

Andrew Stephen (Chair of the Village Hall Management Committee)

Voices from the Vestry

Remembrance Service – November 10th 10.30am: There will be an act of remembrance at St Andrew’s Church. A wreath will be laid at the village war memorial during the service. The names of those from the village who gave their lives will be read out accompanied by a little information about each one. Should there be someone whom you wish to be remembered at this time and have their names read out, please contact either Churchwarden and we will include them.

Breakfast Church for St Andrew’s Day - November 30th 9.30am

This is another welcome opportunity to break bread with friends and neighbours whilst providing us all with a thoughtful start to the day. Contact Linda or Mhari to book your place.

Details of the Wreath making workshops and the Christingle Service can be found with the notices.

We are grateful for any help with or publicity for our events.

Liz Stephen (PCC Secretary)

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St. Mary's Church

Update on The Friends of St Mary's



By the time you read this we will have had our AGM and looking forward to another year of activities and efforts to maintain the church. I would like to thank everyone on the committee who have helped throughout the last year - Pat Clarke, Brenda East, Mark Lusby, David Levitt, Debbie Roberts and Vesna Hudson, together with all those in the village who have worked very hard at the various fund raising events

which we have had during the last year. If we can keep up all these efforts we will be able to keep the building in good repair despite the challenges!

We have carefully analysed the quotes we have had for the replacement of part of the thatched roof and have selected a thatcher to do the work. It will be done towards the end of 2020 and in the meantime we can now apply for grants to match the funds we are holding. We have now raised £11,074.33 together with some limited funds which may be available from the PCC. We will confirm the specific target project figure as soon as we get a detailed specification but it will be in the region of £23,000 to £25,000.

We are also continuing to investigate the best way of maintaining the Church in the future, either as a Festival Church or held under some other kind of Trust. It is a complex area and we will keep everyone informed of what we recommend as soon as possible.

As you may know, the church has had to close temporarily because of water damage to the ceiling but we are hopeful we can hold a carols service at Christmas - date to be confirmed. We are producing some lovely Christmas cards of the Church with thanks to Alan Hale for the use of his lovely photograph. They will be available to buy at various events around the village and are a great way to remind friends and family of the unique beauty of St Mary's.

Peggy Ray (Chair Friends of St Mary's)

Services at St Mary's Church

Following a meeting of the church wardens, it was decided that due to Health and Safety Issues we will be unable hold the planned Remembrance Service on the 10th of November or the Midnight Mass on 24th December. We are hoping

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

to hold the Carol Service on 20th but will have a safety inspection before hand - further details will be in November G4News.

Church Roof Repairs

As you will no doubt be aware, all of the lead from the south aisle roof was stolen earlier in the year. We have been in contact with the council as, of course, we need Planning consent. We also needed a faculty and a Bat report! These are now well underway and the architects, surveyors and Insurers have given us the go ahead, once we receive the written planning consent and the Bat report, both of which are expected in early November. There is evidence of Bats in the Bell Tower but not enough to stop us continuing with the roof replacement. We have all the quotes, but the lead times are six to eight weeks and we can't instruct the builders until we have the Faculty. We hope to have a start date for early in the new year and will confirm this as soon as we can.

Patricia Clarke (Treasurer, St Mary's Beachamwell)

Flower and Brass Cleaning Rota

This will be put on hold for the time being.

Village Hall

Another successful pop up pub on October 11th. Thank you to Geoff for the very tasty sausage and cheese rolls!

Dates for your diary

Pop up pub and fish and chips Friday 8th November. To book please contact cathyagfriend@yahoo.com

Pop up pub Friday 13th December.

Pop up pub Tuesday 31st December with food! Details to follow.

Burns Night Saturday 1st February 2020. Details to follow.

The committee is working hard to get these events organised. Do you fancy anything else eg whist, bridge, board games evenings, line dancing? Let any of the committee members know and we can try and get something organised.

There have been no fund raising events in this financial year but the Burns Evening will hopefully add some money to the funds. It is hoped that we will be able to have a good raffle on the night too.

The new chairs have not been forgotten but sorting out changes to the bank account has, and still is, an administrative nightmare which is the reason for the delay. But soon, very soon (fingers crossed!!).

Cathy Friend

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Dog Mess in Beachamwell

This message was sent to the Parish Council page on Facebook, it follows:

'My husband and I have recently moved to Beachamwell. I'm not sure if it's you or someone else I report this to. I'm not one to normally complain but I'm a dog owner and I am aware that if your dog goes to the toilet you pick up and place it in the bin and there are few bins here!

I came out this morning to find someone had let their dog go and leave it right in front of my house on the grass walk way. I am not happy it's not fair. I and many pick up and few feel it's ok for this especially when it's outside someone home - that's disgusting.

If a clear notice could be placed in Beachamwell and maybe a feed on Facebook to make it clear that people need to respect people's homes and keep the place clean as it's a lovely village'.

Anon



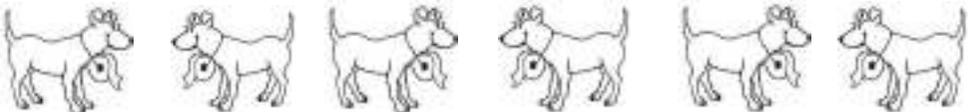
I was asked to put the above message into G4N. The October issue was already printed so it had to wait until November hence sending the email which some of you will have received.....

I'm afraid it is still the same old problem which has been going on for years.... some people will just not pick up after their animal.

We have six dog bins in this village so the Parish Council has done their bit over the years.

We have had many reminders in G4N over the years.

Please, whoever is guilty, just give a thought to the people who you are upsetting..... **Eileen Powell**



BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Mobile Post Office

Monday and Thursday 13.00 – 13.15

Tuesday and Wednesday 11.10 – 11.30

Beachamwell WI

On 3rd October, Beachamwell WI welcomed Tracy Ward, who had kindly agreed to come at short notice when our planned speaker could not make it. Tracy described how a craft course she had attended had kindled an enthusiasm for mosaic making, a hobby which is now evolving into a business. Her enthusiasm was infectious as she showed us how she set about designing and executing a new piece. She showed us some of the tools she used and a few members had a go themselves. A really interesting evening.

Our November meeting is always our Annual Meeting, but before the business meeting this year we will be having a “Show and Tell” session to share some of our favourite craft pieces. Visitors are welcome to join us for the first half of the evening.

This year, we will be holding our Christmas Fair on November 23rd, from 11.30 to 2pm in the village hall. There will be refreshments (mulled wine, soup, filled rolls, sausage rolls and cakes), so why not come and join us for lunch? As usual, there will be unique hand crafted items and our “Good as new” stall. Bargains galore!

Maggie Mackenzie

Parish Council

The next meeting of Beachamwell Parish Council will take place on Tuesday 19th November 2019 from 7.30pm in the Village Hall. Residents are welcome to attend.

For information on the Parish Council please see our website or contact the Parish Clerk:

Miss Sarah Thorpe MAAT PSLCC

Clerk to Beachamwell Parish Council

88 Smeeth Road

Marshland St James

Wisbech

Cambs

PE14 8JF

Telephone 01945 430930



COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS

DATE	VILLAGE	LOCATION	TIME
Tuesday 5 November	Barton Bendish	Hatherley Gardens	11:10 am
Tuesday 5 November	Beachamwell	Old Post Office	09:45 am
Tuesday 12 November	Drymere	Telephone Kiosk	09:45 am
Tuesday 5 November	Boughton	Mill Road	10:45 am
Friday 1 November	Wereham	Queen's Close	12.25 am
Friday 29 November		Village Hall	12:45 am

For services to all 'Group 4' villages ring Mobile Library Information on 01362 693184 (Barton, Beachamwell, Boughton & Drymere) or 01366 383073 (Wereham) or look at the website - <https://www.norfolk.gov.uk/libraries-local-history-and-archives/libraries/your-local-library/mobile-library-routes-and-timetables>

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Traveline 0871 200 22 33 or (www.traveline.info) Call cost 12p per minute

MARKETS - Farmers' and Indoor

Ely (Farmers')	Second and Fourth Saturday 8.00am to 2.00pm
Fakenham (Farmers')	Fourth Saturday 8.30am to 12.00pm
Wisbech (Farmers')	Alternate Fridays 8.30am to 2.00pm
Swaffham (Indoor)	Every Friday 9.00am to 1.00pm

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Andrew Stephen	01366 347549	07748015464
Beachamwell	Cathy Friend	01366 328892	
Boughton	Pam Wakeling	01366 500429	
Wereham	Angie, Lyn or Sara	07497 430005.	weekdays 10 - 3
	www.werehamvillage	hall.co.uk/hallhire	Anytime

CHURCH SERVICES (WISSEY VALLEY/SOUTHERN GROUP)

St Mary's Church, Beachamwell - No Services until further notice

Please contact Rev Ken Waters 01366 727220 if required

Saturday 2nd November

4.00 pm Wretton with Stoke Ferry All Souls Service

Sunday 3rd November Fourth Sunday before Advent

9.30 am Wretton with Stoke Ferry Service of the Word

11.00 am West Dereham Family Service

3.00 pm Methwold All Souls Service

6.00 pm Wereham Evensong

Sunday 10th November Third Sunday before Advent

9.30 am West Dereham Holy communion

10.00 am Methwold Remembrance Service

10.30 am Barton Bendish Remembrance Service

10.45 am Wereham Remembrance Service

10.45 am Whittington Remembrance Service

Sunday 17th November Second Sunday before Advent

9.30 am Methwold Joint Methodist Service

9.30 am West Dereham Service of the word

9.30 am Whittington Holy Communion

Sunday 24th November Christ the King

9.30 am Methwold Service of the Word

9.30 am West Dereham Service of the Word

9.30 am Wretton with Stoke Ferry All Age Service

11.00 am Boughton Holy Communion

11.00 am Wereham Morning Prayer

Saturday 30th November

9.30 am Barton Bendish Breakfast Church in the Village Hall

Midweek Services

Holy Communion 10am: Boughton Thurs 14th & 28th. Whittington Wed 20th

Compline 5.30pm Wretton with Stoke Ferry Thursday 21st

Baptisms and Weddings - Please contact the Churchwarden

Barton Bendish: Mhari Blanchfield 01366 347 849

Linda Webster 01366 347 563

Boughton: Pam Wakeling 01366 500 429

Wereham: Sheila Smith 01366 858 165

CHURCH SERVICES (PRIORY/NORTHERN GROUP)

Sunday 3rd November

9.30 am	Runcton Holme
10.00 am	Shouldham
11.00 am	Marham
11.00 am	Stow Bardolph

Fourth Sunday before Advent

Holy Communion
Morning Prayer
Holy Communion
Holy Communion

Sunday 10th November

9.30 am	Shouldham Thorpe
10.30 am	Marham
10.45 am	Fincham
10.50 am	Watlington
11.00 am	Stowbridge

Third Sunday before Advent

Remembrance with Communion
United Methodist Worship
Remembrance Service
Remembrance Service
Holy Communion

Sunday 17th November

9.30 am	Wormegay
10.30 am	Marham
11.00 am	Shouldham
11.00 am	Nordelph

Second Sunday before Advent

Holy Communion
Service of the Word
Holy Communion
Holy Communion in the Village Hall

Sunday 24th November

9.30 am	Fincham
10.30 am	Marham
11.00 am	Stow Bardolph*
11.00 am	Tottenhill

Christ the King

Holy Communion (BCP)
United Methodist Worship
Wimbotsham Holy Communion
Morning Service (lay-led)

**For the foreseeable future, services for Wimbotsham will take place at Stow Bardolph Church.*

Thursday Services

Holy Communion 10am: Fincham 7th and 21st. Runcton Home (BCP) 7th.

Baptisms and Weddings - Please contact Mrs. Louise Vigus

Church Office, 27/29 Bridge Street, Downham Market, PE38 9DW

07596 707469 louise.vigus@westnorfolkpriorygroup.co.uk

Churchwardens

Fincham	Cathy O'Brien	01366 347 279
Marham	Philip Fay	01760 444 199
	Glenda Jayes	01760 339 688
Shouldham	Brian and Ann Hullah	01366 347 814
Shouldham Thorpe	Gordon Reid	01366 347 253

BOUGHTON VILLAGE NEWS

Boughton Cricket Club

The first Sunday in September saw the conclusion of a successful season for Boughton Cricket Club with a six-a-side knockout match for club members and willing local volunteers, in memory of loyal club supporter and player Mark



Pogmore, who lost his courageous battle with the big C this year. Some exciting cricket drew the largest spectator support of the season and all enjoyed bbq food and drinks in clement weather. After Hugh Jenkins received the winners' trophy on behalf of his team, the afternoon ended with a raffle, which, together with donations from members, gifted prizes, BBQ sales and match fees, raised over £750 for club funds. This will go to preparing the over winter wicket pitch for 2020, when the club will spend another year in Division 3 West, to which it was promoted from last year. The actual results in the Norfolk Cricket League are played 18, won 9, lost 5, cancelled or abandoned due to weather 3, walkover (no opposition team) 1, leaving the club second in the League. Sadly the club is bidding farewell to pivotal member, both in front of the stumps and behind, Ashley "Ash" Legge who is departing for the Antipodes, whilst an original ten year member, Steve "Basher" Kornmuller is returning to his native USA, where he intends to teach cricket to the locals. **Paul Coulten**

BOUGHTON VILLAGE NEWS

All Saints' Church

A fairly quiet week or so in Boughton after the excitements of September. Rain, rain and more rain seems to be the order of the day. We've been lucky that the winds have been fairly mild, so no major problems with the church roof.

Thank you to all who work to keep the church going. We always need help in one way or another, moving furniture being one important and regular feature. If you are able to help in this way, or in any other, please speak to someone.

Did you know that we have three bells, originally hung for change ringing, in Boughton church? The wheels are mostly gone, but the bells are still there, silent for ever now. Getting them out would be difficult, although not impossible, which might enable them to ring again in another place. A very experienced member of the Ely Diocesan Association of Change Ringers, Tom Ridgman, inspected them recently and spotted some infestation and rot on the frame, and suggested work to hold them more securely in place. Andrew is going to deal with the infestation and rot, for which many thanks, and Tom will supervise the other work at a later date. As a keen ringer myself, it's sad to see the bells sit silently in the tower, but other local towers offer opportunities for ringing and welcome keen learners.

Dates for your diary: the traditional Boughton Carol service of Nine Lessons and Carols will be on Wednesday 18th December. Look out for more details next month, but mark the date in your diary now. ***Pam Wakeling***

Rainfall during September and October 2019

Once again, September was a month of two parts. Gardeners will have noticed that most of the month was dry and warm and the ground was like concrete. Suddenly it was not! On 21st September only 8.1mm of rain had fallen but by the end of the month it was 71.8. It rained on 6 of the 9 days, and most of those showed significant amounts but the ground soaked it up like a sponge.

Having started, it is now reluctant to stop, so with the beet season underway, we can expect plenty of mud. 25.4mm came down between Saturday night on 5th October and during the day on 6th. I understand that in Methwold and Northwold (hardly very far away) the figures were at least 10mm higher.

Earlier in the month we had a couple of days with 7 to 8 mm each and several other days have seen 1 or 2mm, often as the result of short but very heavy showers.

This means that in the three weeks between 21st September and 11th October, we have amassed 108.8mm. Bet everyone's water butts are full now!!

Sue Pogmore

BOUGHTON VILLAGE NEWS

Parish Council

As I write this, the beet harvest in Boughton had not yet started. The activities have been delayed by the weather and we now expect to see truck movements on Wretton Road, Mill Hill Road and Gibbet Lane starting from 21st October until the middle of November. If this changes, we will update the website (<https://boughtonparishcouncil.norfolkparishes.gov.uk/>) and the "All About Boughton" Facebook (@boughtonpc) page.

An extraordinary meeting of the Parish Council was held on 8th October to discuss and agree a couple of policies relating to the council's relationship to the media and the work that volunteers do. It was made clear that the Parish Council and its Fen Committee rely heavily on volunteers to get our work done. Tasks such as maintaining the pond, the playground, footpaths and the Fen. Without them we would need to employ contractors at no small expense and be forced to raise the council tax precept. I should like to record my thanks to everyone that does, or has, helped out and would encourage all of you to get in touch if you are able to give a small amount of your time to help maintain our village and its environment.

We are currently looking at the best ways of managing the village pond and I will have more to say on this subject in future editions. For now, suffice it to say that the pond is an extraordinary amenity and we want it to stay that way. However, we need to be mindful of the balance of encroaching reeds and irises, the quantity of wildlife using the pond, and the water level and quality. Then there are the pros, cons, costs and potential negative consequences of possible maintenance methods (chemical v. manual v. mechanical) to consider. We are consulting with experts at the Environment Agency and Downham Market Internal Drainage Board for advice on the best way to proceed.

At our next regular meeting on 5th November (7pm in the church, all welcome) we will be discussing a proposal to install a portable vehicle-actuated speed limit sign in the village. This would be placed, in rotation, at three locations to deter speeding vehicles. It would be that same type that we have all seen in neighbouring villages.

Finally, as winter approaches, you might like to consider a flu vaccination. Our local surgery is offering jabs as are pharmacies and supermarkets. Not only will the shot prevent you from misery, but if enough of us are immunised, we will not spread the disease to those who are not able to tolerate the vaccine.

Neil Matthew (Chair, Boughton Parish Council)

chair.boughtonpc@gmail.com

BOUGHTON VILLAGE NEWS

Autumn Garden Jumble

Thank you so much to all who supported this event, your donations of plants and garden related equipment raised £105 for church funds.

Andrew & Angela Faherty on behalf of Boughton PCC

Samaritan's Purse 2019

I hope that you have been filling your Samaritan's Purse shoebox with wonderful things for a child to treasure and enjoy. A gentle reminder that all shoeboxes to be dropped off at Tapestry Cottage, Chapel Road before Friday 8th November 2019

Poppy Appeal 2019

Advance notification that I will be conducting a house to house collection in Boughton on behalf of British Legion. Please phone me if you do not wish me to knock.

Angela Faherty 01366 501335

Greetings by Oscar Pop-Up Cafe

As the cold weather is now upon us we will be serving soup at our next pop-up on Wednesday 20th November at All Saints' Church, Boughton between 11:30 am and 2:00 pm. All cards at the special price of £1.00 each and there will be a light sprinkling of Christmas. Look forward to seeing you.

The Boughton Village Caravan

Boughton Fen Working Parties

Now the Autumn has started, Boughton Fen Committee will be holding a number of working parties throughout the winter.

If you fancy a bit of fresh air and exercise, and the chance to meet new people, this may be for you. Usually, these are held on Saturday or Sunday mornings, although we also have occasional mid-week sessions as well.

If you would like to find out more, please contact me on 01366 500461 or sue@pogmore.myzen.co.uk ***Sue Pogmore***

Sue Johnston

Family, friends, neighbours and colleagues celebrated the life of Sue at a wonderful service taken by Rev Ken Waters on the 18th October. In spite of the tragic circumstances, the sense of love and peace was overwhelming. I had only known her a short time but found her to be a superb person - so warm, friendly and kind. She will be missed by many, many people. RIP

Eileen Powell

WEREHAM VILLAGE NEWS

Wereham Parish Council

Next date 12th November, 7.00pm in Village Hall. Agenda items must be received by the Parish Clerk before the end of the month prior to each meeting. Items received after this time will not be discussed. The Agendas for meetings are always published on the Village Notice Board 3 clear days before the meeting, on the Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk. Minutes are also published here.

Wereham Cemetery – Memorials Next of Kin: Could any members of the public known to be the next of kin for memorials within the Cemetery please contact the Parish Clerk to agree to share their contact details. We need to ensure that our contact database is as up to date as possible.

Norfolk County Council – Tree Communication: We are in the process of carrying out inspections of roadside trees and we may be surveying in your parish on smaller, rural roads known as class 4A2. The primary focus of the inspections is to identify ash trees that are in decline due to ash dieback disease (ADB) and assess whether they are now posing a risk to highway users. We may also pick up other trees that are in a dead or dangerous condition. For further information on ADB please visit our webpage: www.norfolk.gov.uk/ashdieback. This summer, our approach is to remind landowners that ‘their trees are their responsibility’ and to raise awareness of ash dieback disease. If trees are found in poor condition but not considered imminently dangerous we are fixing notices to the trunks of trees and marking the trees with yellow paint to inform the owner that they may need to take action.

We may contact you in future if we find any particular areas of concern or have a query regarding ownership of an individual tree or tree group.

Should you need any further information or have any queries concerning the above, please visit our webpage or contact us at ashdieback@norfolk.gov.uk

The Parish Council would like to reiterate the advice of the Norfolk County Council and ask that residents with trees within their property boundary, and particularly any which overhang the highway, that they are inspected regularly and any works identified acted upon. There are in particular a number of very large trees along the A134 within private property, which will require inspection. Also, if you have bushes on your property that border a public footpath, please ensure that you keep these trimmed back through the year to avoid causing an obstacle for pedestrians, whilst adhering to rules around this work needing to be done outside of the bird nesting season.

Helen Richardson Wereham Parish Clerk and Finance Responsible Person
Email werehampc@gmail.com or Phone/Text: 0779 500 6811

WEREHAM VILLAGE NEWS

Village Hall Activities

All activities are listed in the Community Section of this magazine. Pages 20/27
Any further details are featured in the website www.werehamvillagehall.co.uk
and on the Facebook page Wereham Village Hall.

Macmillan Coffee Morning.

Thank you to everyone who baked cakes (you all deserve to be on 'bake off), donated raffle prizes and money donations, to Stina who donated all of her 'sales' from her wonderful art work to our cause. To the 'George & Dragon' for their continued support and generosity and lastly to all who attended and supported us on the day. We raised a fantastic amount to date of over £1000 !!!!!

Well done to all. Great result. Great team effort. **Angela.**

Village Cinema Nights

'Red Joan' Cert 12 (£5 per Adult, £3 per child) Friday 1st November.

'Rocketman' (£5 per Adult) Friday 22nd November.

Bar open from 7.00pm. Loyalty card, 5 for the price of 4.

Book www.werehamvillagehall.co.uk/events or call the office 07497 430005.

Mobile Post Office will park near the village pond on the following days/times.

Monday and Thursday 14.00 – 14.15: Tuesday and Wednesday 12.25 -12.55

Car Boot and Cafe.

November 24th is the last car boot for this year, so time to have a good clear out and make yourself a bit of money for Christmas.

Enquiries: 01366501330, or 07759033492, rosemary.pease@btinternet.com.

Drainage of the Fens

I must confess that before last night's talk, I hadn't given much thought to this topic. Yes, I thought that the landscape around our villages and beyond was beautiful and some of it was strange and mysterious with its drains, dykes and pumping stations in the middle of nowhere but like many of us I took it for granted.

Andrew Newton's talk last night to Wereham Heritage Group and guests illustrated how much goes in to maintaining and managing this precious landscape to protect it for farming and wildlife. We were also informed just how fragile the landscape is.

W H G has organised several opportunities for "Mardling about memories" and we have amassed a large archive of historic photos. The group was also responsible for two entertainments commemorating the beginning and the end of World War 1.

Look out for details of events commemorating the anniversary of V E. Day planned for May 10th 2020.

Our thanks to Andrew Newton for his thought provoking talk.

Debbie Rye

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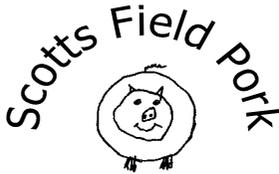
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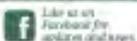
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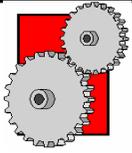
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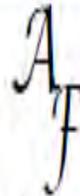
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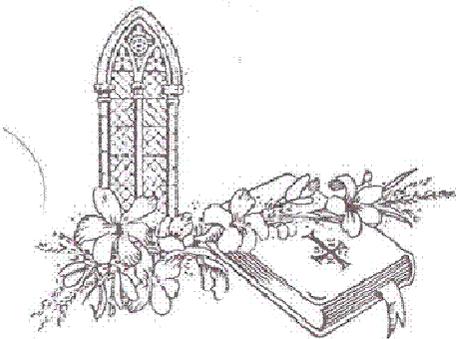
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