

The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham
October 2015

WELCOME

The familiar cycle of annual events is rapidly building up. We will have finished the Harvest Suppers and the Harvest Festival services by the time you read this. The first notices of Christmas wreath making have appeared, Christmas concerts are being advertised and we have many of the usual events as well. If you are interested in seeing what the area looked like years ago, look out for Fincham History group's next meeting. Remembrance Sunday approaches and will be celebrated at Fincham Church by all the eight churches in the group, many going on to lay their own wreaths at their village memorials. Plenty to do and take part in!

As always, 'Happy Reading'
The Editorial Team
Eileen and Pam

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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'FROM THE RECTORY'



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Norfolk
PE33 9AP

01366 348079

Dear All,

Technology is a wonderful thing but there are some days when I could do without it, and especially when I have sat through one of those interminable messages you get when you call a big company, and they put you through umpteen options before you finally speak to a human being. Can you imagine what it would be like if God decided to install automated answerphone system? Imagine praying and hearing this: "Thank you for calling My Father's House. Please select one of the following four options: Press 1 for requests. Press 2 for thanksgiving. Press 3 for complaints. For all other inquiries, press 4." What if God used the familiar excuse: "All the angels are helping other customers right now. Please stay on the line. Your call is valuable to us and will be answered as soon as possible." Can you imagine getting these kinds of responses as you call on God in prayer? "If you'd like to speak with Gabriel, press 1. For Michael, press 2. For any other angel, press 3." "If you'd like King David to sing a psalm for you, press 6." "To find out if your relative is here, enter his/her date of death and listen for the list that follows." "For reservations at My Father's House, simply press the letters J-O-H-N, followed by the numbers 3-1-6". "This office is closed for the weekend. Please call again on Monday."

Just be thankful that you cannot call God too often! You only need to call once, and God the Father hears you, and because of Jesus, you never get a busy signal. God takes each call and knows each caller personally. The Bible tells us so: Then you will call and the Lord will answer; you will cry for help, and He will say: "Here am I." (Isaiah 58:9 NIV)

BENEFICE NEWS

Birthday posies were given to Charlie Webster, Jill Strangward, Christine Perry. Coursages had been given to the committee members and the speaker, the Rev. Barbara Burton, who then spoke about her trip to India in February 2015.

The links between the Dioceses of Ely and Vellore, South India were the inspiration for the trip, undertaken mainly by teachers and priests from the Ely Diocese. St. Martin-at-Shouldham School had raised £4000 to build a school in Vellore, which is about a hundred miles west of Chennai (Madras) on the south eastern coast of India.

The school linked with Shouldham is small, with only one room and basic facilities, but it gives about 100 children basic education. Everywhere the group went on the two week trip, they were greeted by dancing children and garlanded (given shawls and 'garlands' as signs of greeting.) Pam Wakeling was garlanded by Barbara with a shawl and a sandalwood scented garland. Hospitality was key to all that happened, even if the families could ill afford to provide it.

The trip was hosted by the Diocese of Vellore and the visitors were accommodated in a hostel attached to the Hospital run by the church. The rooms had basic facilities, with a shower shared by frogs and lizards. It was better to be in a room near the top of the hill, as drainage went downhill when the toilets were flushed. All meals were based on chicken curry and the feeding hierarchy meant that men, male children, daughters and wives were fed in that order. There is welfare system, and families live outside on plastic sheets which protect them from the bodily wastes etc found on the ground.

'Priest' being a term associated with the predominantly Hindu culture, the Christian ministers are known as pastors. The fatalistic attitude of the Hindu religion, which believes that one's position in this life depends on how one acted in a previous life, means that it is the church which steps in to alleviate the circumstances of ordinary people where possible. Disabled children and adults are a burden and children are left in corners of rooms, but the church is trying to rescue and educate them, teaching basic trades. The HIV/Aids orphans, of which there are many are also cared for and enabled to live with surviving parents.

The Vellore Hospital is one of the largest missionary hospitals in India, about six or seven times the size of Addenbrooke's. There are 15-20000 outpatients every day. There is an excellent prosthetics department, with first rate limbs made from parts rescued from other items such as switches and watches at a hundredth of the price normally paid. The Christian Medical College is free where need is greatest, but rich patients are charged proportionately more. Normally patients are fed by family, but the CMC has its own kitchens.

Schooling is only available to those who can pay, but the Church of South India is trying to educate as many as possible. The Church's biggest campaign is currently to provide toilets, as normally provision is an 'Indian' toilet – of the hole in the ground type. Western toilets are sometimes found side by side in larger buildings but, instead of toilet paper, a showerhead is provided.

Chicken curry: all chickens are intensively farmed to standards that we would find shocking, but Hindu veneration for animals especially cows, is another feature of daily life, as is the noise from car horns and traffic with no sense of traffic management. Motorbikes are the most common form of transport, with entire families or large items being moved on them.

Men generally wear westernised clothing, but women have either the petticoat and short top, covered with the sari, or the shalwar kameez, which is a shirt-like garment topping a pair of baggy trousers and finished with a scarf. Wendy Bell

**thank
you**

To the members of
Beachamwell church,
whose turn it was to host
the annual group Harvest
Supper on September
18th. Numbers were down,

but the evening lived up to past events and was
thoroughly enjoyable. Good food and good company!

Well done!

COUNTRYSIDE NOTES OCTOBER 2015

ANAEROBIC DIGESTION PLANTS

Have you noticed how many fields of maize are suddenly being grown in our area? And have you noticed if you look straight ahead as you approach the roundabout on the A 1122 where it joins the A47 near Swaffham that some grey coloured domes have appeared. These are part of the new renewable energy facility under construction at Great Thorns Farm which is scheduled to supply enough power for 6,000 homes. At the end of last year I wrote about farming and you may remember I was wondering where the enormous clamp of maize that appeared in a field close to the A47 at West Bilney would end up. Now I probably have the answer.

Anaerobic digesters produce biogas from the natural fermentation of organic materials (plants) also known as feedstocks or biomass. Locally 55,000 tonnes will need to be sourced and farmers have been growing crops of rye and maize to be used for this purpose. The process works in a similar way to that which occurs in a cow's stomach. Methane and carbon dioxide is produced which is used to generate electricity, heat and natural gas. The remaining residue, estimated to be approximately 39,000 tonnes, is a valuable natural nutrient-rich organic fertilizer which farmers can put back on their land to improve soil quality. Biogas units are safe and operate with a sealed system meaning they are quiet and no smells are emitted. Sited on farms in arable areas ensures that transport costs and harmful vehicle emissions are kept to a minimum. Biogas production is said to be one of the most efficient methods of producing renewable energy and has the added bonus of a bi-product which helps minimise the use of chemical fertilizers.

Another large construction site has appeared at Necton close to some pylons carrying electricity overhead. This is where substations are being built to facilitate the connection of two 30 mile long underground cables which will link the 67 turbine Dudgeon Offshore Windfarm, now under construction 22 miles off Cromer on the North Norfolk coast, to the National Grid. These cables come ashore at Weybourne and the output from Dudgeon, scheduled to come into operation by the end of 2017, is expected to produce sufficient electricity to power 410,000 UK homes every year.

Swaffham must be leading the way in Britain for supplying green power. The first giant wind turbine, 220ft (67 metres) high, appeared in 1999 and was soon joined by another. More recently a further ten have been built nearby at North Pickenham. Last year a 61 acre solar farm with 130,000 panels opened at Narford and **NOW** we have yet another facility locally. It's claimed the two giant turbines supply power sufficient for 1,400 homes, the Pickenham ones 10,000, Narford solar farm 3,800 and the new anaerobic digester 3,800. This gives a total of 21,200 which is roughly six times the present number of households.

GARDENING TIPS

October, and another busy gardening month ahead of us. Will the weather be clement so that we can get all the jobs finished including those that perhaps we ought to have attended to in September, or will the clerk of the weather have other ideas! Only time will tell. I read the other day that one of the weather pundits suggested we were in for an Indian summer but I am personally a bit doubtful. It has been, and still is to some extent, a peculiar year weather-wise. Some butterflies went into a very early hibernation and a couple of weeks later changed their minds and came back into an active period but have now returned to their hibernated state. The bees I had in my wooden compost bin left much earlier than anticipated. On the other hand, lady birds that are usually looking for a safe place to winter at this time of the year still seem very active. Things are just not like they used to be! Nevertheless, we have to press on and do our gardening tasks as and when we can.

This month, the last really active period of the gardening season, is largely one of clearance, possible remodelling and as a consequence, more planting. I wrote last month of clearing old leaves and other rubbish from the vegetable garden, this month it is the turn of the perennial flower borders. Here there are two schools of thought. Some gardeners like to leave old flower heads that have gone to seed in place through the winter to give some interest, particularly in frosty conditions, to an otherwise rather bare border. Others, like me, clear away the old dead growth and put it to good use in the compost bin. Whatever your choice, if you don't clear away the dead leaf growth from around the crown of a plant you will encourage slugs, snails and other predatory insects to overwinter there. Then, in the spring, they will enjoy the succulent new shoots that would otherwise produce your blooms later in the year. The choice is yours!

It's not too late to plant more spring flowering bulbs, providing the job is done early in the month. If you took your cuttings early last month as suggested they should be ready to pot-on in the very near future. Again two schools of thought! Some well-known gardeners suggest leaving the cuttings in the pots in which they were rooted until February the following year. I can understand this to a degree, but only if you have a heated greenhouse whereby you can create the right conditions in what can otherwise only be described as a dark, and very often, cold month. Personally, I like to get them potted up as soon as possible to give the new plants the best opportunity to get established before winter takes hold. Some of the material you took for cuttings will invariably fail. This year the material I had was poor. Some was far too 'green' (young), other was badly shaped so difficult to use, so because of this I took more cuttings than usual expecting a substantial failure rate. I have no doubt some of you

have been in the same situation, so don't despair if some of your work fails to achieve the results you wanted – just pot-up the good stuff and discard the rest. I always pot-on into John Innes Number 2. And after an initial watering or two I tend to grow the cuttings on keeping them as dry as possible to discourage 'damping off' (botrytis). They will need water from time to time to keep them green and healthy, but be sparing.

This is the time of the year, if not already done, to check round your garden and property in general to ensure that there are no weaknesses in your fences or other wooden structures, particularly the fence posts. I am reminded of the old saying about 'a stitch in time'! Better get any such work done now than have to mess about with it in the dead of winter.

Take time early this month to walk round your garden and look at it with a critical eye. Are all the plants in their best possible position? Do some items need replacing? If so, particularly in the case of perennials now is the ideal time to get the job done. It is also time to start looking through the new seed catalogues that will be available very shortly. This is really important if you have in mind ordering a specific new variety. These are often in short supply in their early years and tend to sell out very quickly, so get your order in as soon as possible so that you are not disappointed.

FUNDRAISING MUCKATHON

TREAT YOUR GARDEN IN SUPPORT OF THE BOUGHTON PLAYGROUND PROJECT!

CALLING ALL GARDENERS, WHY NOT TREAT YOUR ROSE BED OR VEG PATCH TO SOME NATURAL GOODNESS IN THE FORM OF WELL ROTTED FARMYARD MANURE.

BAGS DELIVERED TO YOUR DOOR FOR THE PRICE OF £2.50.

CALL ANDY BEESTON ON 01366 500731

OR EMAIL andy-beeston@hotmail.co.uk

PLACE YOUR ORDERS NOW FOR DELIVERY IN MID NOVEMBER



Ginger Cats alert!!

Val Acaster has lost her large dark ginger cat, Milo, in the Chapel Road area of Boughton. Everyone in the village will have seen the posters and photographs and we still hope someone will report that he is alive and well. He is neutered and chipped, with two teeth missing on the left side. He is not wearing a collar.

However, the latest twist to the story is that another ginger cat, lighter in colour, has been found in the vicinity of the derelict barns near the top of Oxborough Road last Friday. He is obviously domesticated and affectionate, seeming to recognise an 'o' sound on the end of his name, so Val is calling him Bono.. This cat is also neutered, but not chipped. Val is looking after him at the moment, as well as looking for Milo, but wants to reunite him with his own family.

If you can help in any way, phone Val on 01366500524

Nar Valley Ornithological Society (NarVOS)

Tuesday 27th October 2015, 7.30pm at the Barn Theatre, Sacred Heart Convent School, Swaffham. Access and parking from Sporle Road.

Please come along to this illustrated talk by **Allan Hale**, entitled:

Birding in Arizona and Southern California

Allan Hale is a founder member of NarVOS and an accomplished speaker. Allan spends much of his time monitoring breeding bird populations in West Norfolk and Breckland. However, he does like to travel abroad from time to time and you can be sure that he will entertain us with his memories of this American trip. A most enjoyable evening to look forward to.

Visitors most welcome. Admission £2 on the night if you are not a NarVOS member. For more information about this meeting or NarVOS call Ian Black on 01760 724092.

Please join us for

A Macmillan Coffee Morning

On Thursday October 8th

10am– 12 noon

At Barton Bendish Village Hall

PE 33 9GF

Raffle, Produce and Cake stall

In aid of Macmillan Cancer
Charity



CHRISTMAS WREATH WORKSHOP

Would you like to have a go at making your own

Christmas Wreath?

Then come along to Barton Bendish Village Hall on

**Thursday 19th Friday 20th or
Saturday 21st November 2015
at 7.00pm**

or Saturday 21st at 10am

The cost of this fun and informal workshop is £15 per person and includes festive refreshment. All basic materials are provided but you can bring your own ribbon or everlasting decoration to add if you would like to, no experience is necessary and you will go home with your own beautiful Christmas wreath.

Just bring a pair of secateurs and dress for mess!

For more information and to book a place please contact

FASHION SHOW BY ARTICHOKE

Wereham Village Hall

Friday 16th October

Show starts at 7.30pm

**£5 per ticket to include a glass of
wine/soft drink**

For tickets/enquiries contact Angela
on 01366 500115 or Diane on 01366
500798

Also Lucky Ticket Number and Raffle

*All proceeds to Wereham Village Hall,
Reg charity no. 1151366*

My sorrow, when she's here with me,
thinks these dark days of autumn rain
are beautiful as days can be; she
loves the bare, the withered tree; she
walks the sodden pasture lane.

[Robert Frost](#)

SUMMER VEGETABLE GRATIN

1 medium onion, sliced
1 tbsp olive oil
1 clove garlic, crushed
2 courgettes, sliced
1 red pepper, chopped into bite sized pieces
1 tbsp tomato puree
1 tin chopped tomatoes
salt and pepper
good handful fresh basil, torn
200g brie, cut into 1-2cm cubes

1. 1. Preheat the oven to 180oC / gas mark 4.
2. 2. Heat the oil in a saute pan and cook the onion over a medium heat for 5 minutes or so, until translucent.
3. 3. Add the garlic, courgettes and pepper, and continue to cook for 5 minutes, stirring occasionally.
4. 4. Add the tomato puree, and stir and cook for one minute, before adding the tinned tomatoes. Bring the boil and simmer for about 5 minutes, to concentrate the flavours.
5. 5. Stir through the torn basil leaves, season and tip into an oven-proof dish.

Scatter the cubed brie over the veg and bake in the oven for about 15 minutes – the brie should melt into the sauce – delish.

Serve warm from the oven with garlic bread.

Kirstie Urquhart



Beachamwell WI

Thursday 1st October

7.30pm

Memorial Hall

'A Crafty Session'
with Mrs Sue Nulty

Visitors Welcome

Tickets £3.00

Enquiries:
Jenny Gabrielsen 01366 328297

Beachamwell Book Group

Tuesday 6th October

7.00 - 9.00pm

Beachamwell Memorial Hall

Book to be discussed at this meeting
'The Secret Scripture'
by Sebastian Barry

Annual subscription £15.00
New members welcome

Enquiries:
Leah Spencer 01366 328536

Beachamwell & Fincham Family History Group

Tuesday 20th October

2 - 4pm

Beachamwell Memorial Hall
'Family Occupations over time(2)'
£2 All welcome

Enquiries:
(01366) 347694 or 328536

Beachamwell Afternoon Tea and a Chat.....

Wednesday 21st October

2 - 4pm

Beachamwell Memorial Hall

Enquiries:
Sonia Williams 07802 155662

WEREHAM VILLAGE HALL QUIZ NIGHT

**Saturday 17th October at
7.30pm**

**£5 per ticket to include a hot
supper (bring your own
drinks and glasses)**

**Delicious autumn! My very soul is
wedded to it, and if I were a bird I
would fly about the earth seeking the
successive autumns.**

[George Eliot](#)

Beachamwell

NEW FOR AUTUMN ...

Art Classes at Beachamwell

Session 1 Drawing

Tutor – Ralph Sliwa

**Tuesday
27 October**

7.00-9.00pm

Beachamwell Memorial Hall

£5.00 including materials

Enquiries:

Leah Spencer 01366 328536

Beachamwell

Craft Group

Thursday 29th October

2 - 4.30pm

Beachamwell Memorial Hall

Bring along something you are already working on or start a new hobby in a friendly group of like minded people.

£2.00 + Bring and Buy

All welcome.

Enquiries:

Leah Spencer 01366 328536

Beachamwell

“Pop Up” Pub

Friday 30th October

7.00 -10.30

Beachamwell Memorial Hall

Enquiries

Susie Rix 01366 328249

A Beachamwell Memorial Committee Event



Beachamwell WI

Saturday November 29th

12.00 – 3.00pm

Beachamwell Memorial Hall

Christmas Fayre

You are very welcome to join us, buy Christmas goodies and enjoy festive refreshments.

Enquiries:

01366 327030

or

01366 328297



WEREHAM VILLAGE HALL QUIZ NIGHT

**Saturday 17th October at
7.30pm**

**£5 per ticket to include a hot
supper (bring your own
drinks and glasses)**

To enter your team, contact
Quizmaster John on 01366
500766

*All proceeds to Wereham
Village Hall, Reg charity no.*



'The Art of the Jazz Drummer' Colin Mason's Modern Jazz Quartet

**Sunday October 18th
3.00pm**

Swaffham Community Centre

£7.00 for members

£10 non-members

Accompanied children free

Tickets from

Green Parrot 01760 724704

Ceres Bookshop 01760 722504

Enquiries: 01366 328648

Boughton Scarecrow Week 24th-31st October

Let your imagination run wild and enter
the Boughton Scarecrow Competition
and make it the best yet!

We have an 'open' theme and invite all
scarecrows to enter the challenge

Display them in your front garden or
somewhere else around the village!

Complete your entry form **BEFORE**
24th October to ensure you are included in
the judging on 31st October, and join us
that afternoon from 1.30 pm at
All Saints' Village Centre for refreshments



Monday October 5th

1.00 — 3.30

5.00 — 7.00

**Swaffham Assembly
Rooms
Market Place
PE37 7AB**



BOUGHTON BISTRO QUIZ

**FRIDAY OCTOBER
30TH**

ALL SAINTS' CENTRE

BOUGHTON

7PM

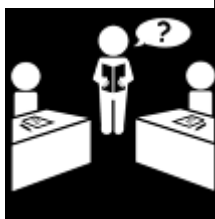
TABLES OF 4-6

£10 PER HEAD

CONTACT

**PAM
WAKELING**

**01366
500429**



Taste and Tipple



**Saturday 21st November,
7.30pm**

Boughton Church

Get tasting in support of the
Boughton Playground project!

Can a well-chosen wine make food
taste better? Come and find out...

Join Boughton's resident wine expert,
Giles for a taste sensation! Giles will
be guiding us through 6 wines from
Fizz to Port all paired with freshly
prepared light bites. Tickets are strictly
limited so don't delay.

Contact Carol on 01366 502012 or
email

boughtonplayground@gmail.com

Ticket price £12 per person

All reserved tickets must be paid for

FINCHAM HISTORY GROUP MEETING

Pictures and Postcards

A chance to view the extensive Stocking collection of local postcards of Fincham and district. Local History Group material and an update on the Fincham houses project

£1 entry and refreshments. October 7th 7.30pm Memorial Hall

Do you want to get fitter this autumn?

Why not join us in Beachamwell Memorial Hall for a range of activities to suit all ages and levels of fitness?



Remember: Life is like practising Tai Chi - to keep your balance you must keep moving ...

Tai Chi

Scientific studies show that Tai Chi improves and possibly prevents chronic conditions such as arthritis, heart disease and diabetes. In addition, it improves balance, immunity and reduces stress.

Wednesday afternoon classes with Barbara Smith 01760 723102

Yoga

Tuesday morning classes with Julia Wynne 01366 328617 or, to unwind after a stressful day at the office - **Thursday evening** classes with Jayne Winterbone 07544 974342

Pilates

Friday morning, 2 sessions with Electra May 07803 000921

General enquiries: Leah Spencer 01366 328536 leah@wissey.co.uk

RECYCLING PLASTIC IS FANTASTIC!

Making something like a fleece out of 26 plastic bottles seems like an implausible statement but it is now very much a reality. When once we were left with dirty plastic bottles, which take over 450 years to biodegrade in landfill, now we have recycling as an environmentally friendly solution.

This autumn, Breckland's Environmental Services Team is focusing on a different area every month and October's focus is plastic.

Plastic is a really big issue in today's society. There are islands of plastic floating around our oceans - one in the Pacific Ocean is estimated to be the same size of the state of Texas! We must all act to address the problem and do the right thing with our plastic waste rather than throwing it into landfill or littering our environment.

Cue recycling!

In Breckland we are now part of the lucky 50% of all UK households to have a kerbside collection of plastic pots, bottles, tubs and trays. Meaning we are paving the way for the rest of Britain by reducing our landfill.

Plastics are a very resource-intensive material to make, so it is especially important that we make every effort to recycle them as much as possible. It takes 75% less energy to make a plastic bottle from recycled plastic compared with using 'virgin' materials. This means a saving of 1.5 tonnes of carbon for every 1 tonne of plastic bottles recycled.

Don't forget, plastic recycling in Breckland doesn't stop at plastic bottles, as we can also recycle plastic food pots (like yoghurt pots), plastic food tubs (like margarine tubs) and plastic food trays (like ready meal trays) as well as fruit punnets.

We currently cannot recycle cling film/plastic-wrappers, polystyrene, plastic toys and other hard plastic objects, plant pots and plastic carrier bags/bin liners, but who knows what the future will bring?

Let's fill our recycling bins and encourage more people to recycle pots and pots of plastic. So don't bottle it today and make sure you recycle the right plastic!

If you have any questions about what can and cannot be recycled, look on the

The Charge of the Light

Brigade was a charge of British

light cavalry led by Lord Cardigan

against Russian forces during the

Battle of Balaclava on **25 October**

1854 in the Crimean War. Lord

Raglan, overall commander of the

British forces, had intended to send

the Light Brigade to pursue and harry

a retreating Russian artillery battery, a

task well-suited to light cavalry. Due to

miscommunication in the chain of command, the Light Brigade was instead sent

on a frontal assault against a different artillery battery, one well-prepared with

excellent fields of defensive fire.



Although the Light Brigade reached the battery under withering direct fire and scattered some of the gunners, the badly mauled brigade was forced to retreat immediately. Thus, the assault ended with very high British casualties and no decisive gains.

The events are best remembered as the subject of the poem "The Charge of the Light Brigade" by Alfred, Lord Tennyson. Published just six weeks after the event, its lines emphasize the valour of the cavalry in bravely carrying out their orders, regardless of the obvious outcome. Blame for the miscommunication has remained controversial, as the original order itself was vague.

The Light Brigade, as the name suggests, were the British light cavalry force. It mounted light, fast horses which were unarmoured. The men were armed with lances and sabres. Optimized for maximum mobility and speed, they were intended for reconnaissance and skirmishing. They were also ideal for cutting

THE KIDS' BIBLE

If you are even remotely familiar with Holy Scripture, you'll find this hilarious! It comes from a Roman Catholic elementary school test. Kids were asked questions about the Old and New Testaments....

1. In the first book of the bible, guinessis. God got tired of creating the world so he took the sabbath off.
2. Adam and Eve were created from an apple tree. Noah's wife was Joan of ark. Noah built and ark and the animals came on in pears.
3. Lots wife was a pillar of salt during the day but a ball of fire during the night.
4. Samson slayed the philistines with the axe of the apostles.
5. Moses led the Jews to the Red Sea where they made unleavened bread which is bread without any ingredients.
6. The Egyptians were all drowned in the dessert. After wards, Moses went up to mount cyanide to get the ten commandments.
7. The seventh commandment is thou shalt not admit adultery.
8. Moses died before he ever reached Canada. Then Joshua led the Hebrews in the battle of geritol.
9. The greatest miricle in the bible is when Joshua told his son to stand still and he obeyed him.
10. David was a Hebrew king who was skilled at playing the liar. He fought the finkelsteins, a race of people who lived in biblical times.
11. Solomon, one of Davids sons, had 300 wives and 700 porcupines.
12. When Mary heard she was the mother of Jesus, she sang the magna carta.
13. Jesus was born because Mary had an immaculate contraption.
14. St. John the blacksmith dumped water on his head.
15. Jesus enunciated the golden rule, which says to do unto others before they do one to you. He also explained a man doth not live by sweat alone.
16. It was a miricle when Jesus rose from the dead and managed to get the tombstone off the entrance.
17. The people who followed the lord were called the 12 decibels.
18. The epistels were the wives of the apostles.
19. One of the oppossums was St. Matthew who was also a taximan.
20. St. Paul cavorted to christianity, he preached holy acrimony which is another name for marriage.

This was first printed in the edition for October 2012.

Wereham

Pop-Up Café



**1st Tuesday
every month
10.30 to 12.00**

Fresh coffee/tea, home-made cakes, sit and read papers or have a natter....



Just £1.00.

**Contact Doreen
on 01366**



All proceeds go to Village Hall.



SPECIAL EVENT PLANNED?

**NEW Range cooker and
spacious larder fridge/
freezer available when you
hire**

WEREHAM VILLAGE HALL

Contact Do-
reen on
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OIL or PASTEL PORTRAITS

Turn That Favourite

Photograph into an

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Dogs, Cats, Horses, People

For Details/Colour Brochure

Vulcan Portraits

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www.vulcanportraits.co.uk

(also makes a great Gift)

GARDENER REQUIRED

I'm looking for an experienced gardener. Good knowledge of horticulture and gardening practice, including composting, managing herbaceous borders and general garden maintenance. Location is a charming cottage garden in Shingham.

Good rates for the right person.

3-4 hours per week.

Please contact Paul on 07798 915739 or

Free magazine inspires families to get active this summer

Together with Active Norfolk, NCC Public Health has launched a free magazine which aims to inspire families in Norfolk get more active this summer.

Packed with ideas for cheap, fun activities and days out, **Get into Summer** aims to support cash-strapped families struggling to keep kids entertained during the summer holidays.

From free outdoor gyms and guided cycle rides, to park theatre and pond dipping, the magazine features activities to suit all ages, abilities and budgets.

Pick up your copy to find out more about a FREE six-week programme of family activities, starting this summer, with courses like Family Dance at The Garage, Norwich; Cycle Confidence on the Great Yarmouth seafront; and Swimming at St James, King's Lynn.

There's also a chance to win Halfords bikes for a family of four and a glamping holiday in West Norfolk courtesy of West Lexham, as well as money-saving vouchers to help you cut the cost of keeping your family active.

Launched in the Eastern Daily Press and some of Archant's weekly titles on June 26, copies of the free magazine are also available at Norfolk libraries and children's centres.

Part of a joint campaign by Norfolk County Council Public Health and Active Norfolk, **Get into Summer** is being launched in response to the falling levels of activity in Norfolk among adults and children and the impact of this on their health and wellbeing – now and in the future.

You can find out more and view the magazine online at www.norfolk.gov.uk/getinto

Wereham Weekly Cash



Wereham Village Hall
Wednesdays
Doors open 6.45 pm
Eyes down 7.30 pm
Raffle and Refreshments
with complimentary biscuits



Enquiries: Doreen Rolph
01366 500218

All proceeds go to Village Hall
Registered Charity Number 1151336 Wereham Village Hall



YOUR ad could be here!

Contact Alan Pickering

5 Old Town Close, Downham Market
PE38 9HJ Tel: 01366 386125 or 07779
787499

e:mail: group4news@gmail.com

COMMUNITY NOTICE BOARD

Could you help a young person with a disability to think about their Future?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.



FODDERSTON FARM



New DIY Livery Facilities

Facilities include 5 acres of grazing, security fencing, indoor and outdoor stabling, secure tack, food & blanket storage (with heater), hay barn storage etc

Contact Dawn on 07999 694429 or Email

fodderstone@hotmail.co.uk

Or

Email fodderstone@hotmail.co.uk

A little of your time could make a big difference..

Age UK Norfolk is a local charity, helping local people. Each year we provide support to thousands of older people in Norfolk and have been doing so for 68 years. Our free Information, Advice and Advocacy services offer support to older people and carers on a wide range of issues that impact upon their lives, such as benefits and entitlements, money matters, housing and care options, social opportunities, practical support after bereavement and much more! These services would not exist without our volunteers and **we are currently in urgent need of new volunteers!** We are looking volunteer advisers and advocates and have vacancies that need filling throughout Norfolk. **No experience necessary** – our volunteers are fully trained and supported in their roles. **Could you help?**

Volunteering for Age UK Norfolk is an opportunity to learn new skills, meet new people and work within a friendly, professional organisation and have the satisfaction of knowing that you are making a real difference to people's lives. However you would like to get involved, we have lots of opportunities to suit you! Call our volunteer recruitment line on 01603 785241 or check out our

Downham Market Town Council

15 Paradise Road, Downham Market, Norfolk PE38 9HS

Tel: (01366) 387770

Town Clerk: Mrs J M Markwell



Saturday 24th October – 10.00am – 2.00pm

Community Fayre – Town Hall

Thursday 29th October – 7.00pm for 7.30pm

Cinema at the Town Hall

A Royal Night Out (12A)

Sunday 8th November - 2.00pm -Town Hall Car Park

Remembrance Day Parade and Wreath Laying

Wednesday 11th November –11.00am – Town Square

Pause and Remember

Thursday 26th November – 2.00pm for 2.30pm and 7.00pm for 7.30pm

Cinema at the Town Hall

Woman in Gold (12a)

Saturday and Sunday 28th and 29th November – 10.00am – 6.00pm

Craft Fair in the Town Hall

Sunday 29th November – Town Square and Town Hall Car Park

Christmas Lights switch-on

Stalls, Amusements, Fun Run, Bands, Lights switch-on and much more

Thursday 17th December- 2.00pm for 2.30pm and 7.00pm for 7.30pm

Cinema at the Town Hall

Cinderella (U)

For more information please contact Nikki on 01366 387770 or at

nikki@downhammarkettc.co.uk

BARTON BENDISH NEWS

FREDA RUMBALL

Freda has recently moved into Valentine Barker Court in Swaffham having lived in Barton Bendish for the most part of her life. Many generations of Rumballs have lived in the village before her. Freda has played the church organ at Barton for about 67 years and has always helped at village events latterly as chief raffle ticket seller and I shall personally miss her help. *Jill*

NOTE FROM FREDA

"I would like to thank all the kind people in Barton Bendish and Eastmoor for their very generous gift and card of good wishes. Also to thank everyone who has sent cards and their good wishes. I appreciate them all. I know I have done the right thing in moving here. It is very comfortable and I have met some very nice people". *Freda*

BEACHAMWELL HORTICULTURAL SHOW

Once again Barton Bendish made sure that Beachamwell gardeners didn't have things all their own way. David was very surprised that his vegetables accumulated enough points to win the trophy for third place overall and pleased that once again he achieved first prize for growing the longest runner bean. Maureen Buck also more than pulled her weight in representing Barton with one first, four seconds and a third in different classes.

Despite it not being an easy year for gardening there was a magnificent display of flowers, fruit and vegetables as well as craft work. Congratulations to Beachamwell for continuing to stage the traditional village event of holding a Horticultural Show

MACMILLAN COFFEE MORNING Thursday 8th October

Our annual Macmillan Coffee Morning will this year will be held on Thursday October 8th. As usual there will be a raffle, cake and produce stalls as well as books. You are assured of a warm welcome so please come along and show your support for this very worthy cause.

Donations of cakes and produce will be very much appreciated.

Jill 01366 347928

SPONSORSHIP WANTED

NARVOS (Nar Valley Ornithological Society) is a very active group catering for

all levels of interest in watching and learning about birds. Their meetings in Swaffham are advertised in our G4 magazine. Stewart South is the editor of their monthly newsletter and is taking part in the Dublin Marathon on October 26th. He sent me this note:

"I am trying to raise money for the Kidney Transplant Unit at Addenbrooke's Hospital in Cambridge. Both our sons have had kidney failure and both, fortunately, have had kidney transplants – at Addenbrooke's. I donated a kidney to Joel in 1999 and Oliver had a kidney transplant in 2002 from an anonymous donor. This is why, while I still feel fit enough, I have decided at the age of 67 to run the marathon distance of 26 miles and 385 yards in Dublin on October 26th in an attempt to raise £2,000 to help the Addenbrooke's transplant unit and anyone who needs its services.

If you would like to support me please phone me on 01553 841267 or email stewart.ali@btinternet.com or go on line to www.act4addenbrookes.org.uk/supporter/StewartsMarathon Stewart

CALENDARS

David is selling wildlife wall calendars for £5 each in aid of Macmillan Cancer Support. He has had them printed using his own pictures and after covering the cost will be donating £2 from each sale to the charity. The calendars come complete with envelopes and will be on sale at our Macmillan Coffee Morning on October 8th, other village events or through contacting David Mason on 07884411619 or email masons@sandmere66.fsnet.co.uk

QUIZ SHEET

A new quiz sheet is available now from the usual people and at all Barton Bendish Events. The theme this time is 'All Creatures Great and Small'

WREATH MAKING WORKSHOP

The very popular wreath making workshops have been arranged for the evenings of 19th, 20th and 21st November and once again there will be a morning session this time on the 21st. To book please contact Linda 01366 347563 or Mhari 01366 347849

PARSH COUNCIL NEWS

"Do you have a request for the Parish Council Project Subcommittee to consider? Previous projects include the Village Centre Signpost and Landscaping the War Memorial. Sometimes we are able to access funds to help with our projects. In particular, are there any ideas for the newly acquired Eastmoor phone box?

Please contact Val McAlister 347570, or Maureen Buck 347703, with your ideas."

Barton Bendish Ordinary Parish Council Meeting

Held on 2nd September 2015

The meeting was chaired by Cllr P A J Carter, 5 parishioners attended.

The Parish Council was pleased to co-opt Lissa Kinsey and William Tasker as the two new Parish Councillors, to fill the vacancies that had arisen following the Parish Council elections in May 2015. Cllr Carter welcomed them to the Parish Council.

The Parish Council had been consulted by Norfolk County Council on the proposed 30mph speed limit for the village. It was agreed to suggest that the area for the speed limit should be extended to cover part of Boughton Long Road.

Feedback was provided on the open evening hosted by RAF Marham in June 2015. It had included a briefing on the changes needed before the arrival of the new F35 aircraft in 2018. There is to be considerable construction, and Barton Bendish is likely to be affected by the increased traffic. The traffic routes are currently being discussed and decisions being made. A visit from the Wing Commander in charge of the F35 programme, to brief villagers on what is going to happen, was offered and the Parish Council is hoping to arrange this for their next meeting in November 2015.

The Parish Council agreed to contact RAF Marham following complaints of persistent overflying of Barton Bendish by aircraft from the base. Records had been kept of the details and the Parish Council will be asking RAF Marham to investigate this issue as they have previously offered assurance that this does not happen.

The next meeting of Barton Bendish Parish Council will take place on Wednesday 11th November, 2015. This will be an Ordinary Parish Council Meeting starting at 7.00 pm in the Village Hall.

Miss Sarah Thorpe, Parish Clerk

Telephone number: 01945 430930

Email: bartonbendishparishcouncil@aol.co.uk

FORTHCOMING EVENTS

THURSDAY 8th OCTOBER 10-12 MACMILLAN COFFEE MORNING

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St. Mary's Church

Flower and Brass Cleaning for October

4th Gill Sanderson; 11th Sonia Williams; 18th Carole Wilson; 25th Karen Butler and Jeanne Flynne

Horticultural Show

What a brilliant Horticultural Show we had this year and the success has to be due to the excellent support we received. It's a lot of hard work preparing for the Show, admin before the Show and preparation the day before making sure the Hall looked good, and of course receiving and displaying the goods, BUT so well worth it when 41 people turned up with their veggies, fruit, plants, flowers and craft work. Over 200 entries were booked in and at the end of the day 34 people got at least one certificate each. Entries came from Barton Bendish, Eastmoor, Drymere and outside the village but from people who attend classes in the village. Special thanks to our expert Judges, Roger Gore-Rowe and Vanessa and Les Scott. They were amazed at the many items to judge and also the excellent quality of the produce and craft items.

It was a real pleasure to welcome back to the village the Seales Family. Their



parents Ken and Hazel were founder members of the Horticultural Show and in fact "The Best in Show" trophy was presented by the Committee in Hazel's memory. This was won this year by Pat O'Donnel for her beautiful flowering plant.



The Children and Family section this year was to create a Scarecrow on a broomstick and the theme was a Film Character. The results were excellent and very professional and they looked great propped up outside the Memorial Hall for all to see.

1st The Bond Green Family with Harry Plant Potter

2nd The James Family

3rd The Garrod Family

Hopefully more families will join in next year and make it a

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Special thanks to Vesna Hudson, Maggie McKenzie, Di Lambert, Verena Hartley, Betty and Ian Phillpot for their help and support on the day and of course to Leah who is just amazing!!

..... and the winners were:

Brian Wilson who took most of the Awards this year and very well done to him and his very green fingers. He won the Overall Cup with the most points of 71 also the Vegetable Cup and the Gransden Vase for Flowers and Plants. He also won the Biggest Onion Competition with a weight of 787g. Ivan was a close second, his onion weighed in at 699g. Mike and Janet Walker got the Booby Prize and you will have to ask them the weight of their onion. If you are interested in joining in the fun part of the Show and would like to grow an onion yourself let me know and I will include you on my list. I order them from Robinsons, the Giant Vegetable Seed Company, they arrive early May, I deliver and the idea is you just make them grow using your own recipe. Its amazing the different sizes that arrive on Show day.

Runner up Shield was won by Di Lambert with 51 points, Di also won the Fruit Plate.

3rd Prize Goblet was won by David and Jill Mason from Barton Bendish with 17 points.

Children's Shield was won by Ivan Bond Green for his brilliant Scarecrow.

Carole Wilson (Photographs Philip Spencer)

(Thanks also to Carole for all the work she did. Eileen Powell)

Wednesday Walkers



The September walk was twice as long as usual, seven long miles! It took the W.W's, human and canine, three hours to walk from Swaffham down Shouldham Lane – see photograph, along forest rides and the across the warren back to Beachamwell.

Was it worth the tired legs? Oh yes! The sun shone, it was hot enough to picnic, no one fell in the puddles, and we discovered rare Breckland plants - photograph on the following

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS



Smooth Rupturewort, tiny and rare as hens' teeth). Yet, despite the brightness of the day, we noticed the approach of Autumn with leaves and bracken turning yellow and brown, and multitudes of ripe blackberries just perfect for picking (so we did!).

In October we shall explore yet more the Beachamwell Warren. The walk will be about three-and-a-half miles, starting at Beachamwell Memorial Hall at 10.00 a.m. and lasting for one-and-a-half to two hours. Do come

and walk with us. For further details telephone 01366 328452.

Sue Pennell and Spencer Leah

Beachamwell Memorial Hall (Charity registration number 303900)

We are delighted that the swings have now been replaced. We are still waiting for 2 steps to be replaced on the small tower but that should happen soon.

The play area is an enormous asset to the village and children and parents enjoy this facility largely because of the hard work, enthusiasm and commitment of Caroline Sanderson, who worked with a small group of villagers to obtain funding for the project and who oversaw the installation on behalf of the Memorial Hall Committee. Caroline has worked very hard for the Memorial Hall for a number of years and we are sorry that she has decided to leave the committee but would like to take this opportunity to thank her for all her hard work and for the fun she has brought to village events e.g. the Lamb Nationals at the Fete and the wonderful Barn Dances.

We are very pleased to welcome Tim Hudson, who has been co-opted onto the committee. If you would like to get involved there is still one vacancy to be filled and we would love you to join the team.

Beachamwell Memorial Hall Committee

Contact: Susie Rix, secretary (suedavis@afiweb.net)

Mobile Post Office

The opening hours are as follows:-

Monday and Thursday: 11.30 - 12.00

Tuesday, Wednesday and Friday: 11.15 – 12.00

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

WI

It was the Members' Meeting and they organised a most interesting evening. The talk was 'Correct Recycling' and given by Breckland Waste Engagement Officers, Emma Lewins (who lives in Beachamwell) and Katie Ogilvie. There were several visitors, including friends of Ann Lewins from Hampshire, our District Councillor and his wife and Emma's Mum and Grandmother.

Val Sidey arranged a quiz, super refreshments were provided and there was plenty of socialising.

All in all it was an excellent evening, so once again, many thanks to the

members for organising it and for the lovely lavender bags they gave to the committee as a thank you for work they have done throughout the year!

Leah Spencer gave the thought for the month – 'Blessings come from care, troubles from carelessness'.

Eileen Powell



Art Group

Several people have suggested that it would be good to have an art group in the Memorial Hall and I am delighted to report that we are to hold our first session on Tuesday 27 October 7.30-9pm.

Ralph Sliwa, former high school art teacher who runs the successful Westacre Village Art Group, has agreed to come and run an introductory session on drawing. You do not need to have any previous experience to join and all materials will be provided for an overall cost of £5.00.

This is an opportunity to have a go, in a supportive atmosphere; a chance to unwind and become creative. Future sessions will be planned to respond to what people taking part want e.g. painting, printing.

If you would like to join the group please contact

Leah Spencer 01366 328536

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Parish Council



Next Parish Council Meeting, to which you are warmly invited, will be held on Monday November 9th at 7.30 in the Memorial Hall.

As always, if you have a query or a problem, you can consult the Councillors at any time – they are more than willing to listen and help if they can.

See the Parish Council Website (www.beachamwell-pc.norfolkparishes.gov.uk) or the Parish Council Notice Board for more information.

Eileen Powell (Parish Clerk)

Beachamwell Footpaths Website

A new website has been launched devoted to the footpaths and rights of way in Beachamwell.



In 2014 the village celebrated a Walking Weekend which marked the end of the Connecting Threads project devoted to all aspects of paths and walking in the area. A leaflet map of the rights of way network was also produced.

Philip Spencer, who took part in Connecting Threads, has now developed a website which aims to provide current information about the

condition and accessibility of Beachamwell paths, in particular the presence or absence of signposts and waymarks. He said that although we now have a good map to help walkers explore our paths signs and waymarks are also very helpful. Following a survey of the paths over the summer he had noted that in many cases the waymarks installed some years ago are now often completely faded or in some cases missing altogether. Generally fingerposts are in better condition and in place where necessary. The map shows the location of signs and waymarks with a link to further information about each one. In addition the map also records places where paths are obstructed or missing.

It is hoped that walkers will feedback reports on the condition of the paths and signs so that information on the website can be kept up-to-date. They can do this via the website which is available at: www.footpaths.beachamwell.org.uk

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Heritage Open Day

The Open Day at Shingham Church on 13th September proved to be a great success, attracting large numbers of visitors to the little Norman church. The organisers had been expecting perhaps 50 or so visitors during the day but in fact 173 people made the visit, many of them taking the short walk to Shingham from Beachamwell Village Green. Many favourable comments were recorded in the Visitors' Book from people very grateful to have the opportunity to see inside the Church and look at the interesting features there.



The event was part of the annual Heritage Open Days festival and was supported locally by Beachamwell Parish Council and the Beachamwell Local History Group, who provided displays of information in the Church and also at Beachamwell Memorial Hall where light refreshments were available.

Philip Spencer

(Photographs Eileen Powell)

Thanks to:

Mr Hugh Mason for allowing the Church to be opened

Julie Ive for suggesting the Church be included in the Heritage Open Day.

Philip Spencer for organising the event

Eileen Powell



COMMUNITY NOTICE BOARD

MOBILE LIBRARY VISITS - Please note changed days/times

DATE	VILLAGE	LOCATION	TIME
October 27th	Beachamwell	Post Office	10:05 am
	Drymere	Telephone Box	10:40 am
	Boughton	Sycamore House Mill Road	15:20 pm 15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
October 12th and 26th	Wereham	The Pond	9:30 am
		Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday) 18 (Tuesday)	Lewis Coaches Eagles Coaches	Swaffham King's Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's Lynn & Swaffham
Wereham	28 (Mon to Sat) 40 (Mon to Sat)	Coach Services Coach Services	King's Lynn Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	First Thursday 12.00pm to 5.00pm
Swaffham	First and Third Sunday
Watton	Sadly no longer trading

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE AND PARISH HALL BOOKINGS

Barton Bendish	Bill Tasker	01366 347432	
Boughton	Pam Wakeling	01366 500429	
Beachamwell	Caroline Sanderson	01366 328244	
Wereham	Doreen Rolph	01366 500218	

CHURCH SERVICES

October 2015

Sunday 4th October

Shouldham	09.30 am	Holy Communion (change to pattern)
Marham	10.30 am	Café church
Beachamwell	11 00 am	Holy Communion
Wereham	6.00 pm	Evening Service

Sunday 11th October

Shouldham Thorpe	9.30 am	Holy Communion
Boughton	10.00 am	Breakfast church
Marham	10.30 am	Morning Prayer (HT)
Barton Bendish	11.00 am	Family Communion
Fincham	6.00 pm	Evensong

Sunday 18th October

Shouldham	09.30am	Morning Prayer (temporary change)
Marham	10.30 am	United Service of the Word
Beachamwell	11.00 am	Family Service
Wereham	11.00 am	Morning Service

Sunday 25th October

Fincham	09.30 am	Holy Communion (BCP said)
Marham	10.30 am	Holy Communion
Boughton	11.00 am	Holy Communion

CHURCHWARDENS

Barton Bendish	Mhari Blanchfield	01366 347849
	Linda Webster	01366 347563
Beachamwell	John Sanderson	01366 328818
	Graham Williams	01366 328774
Boughton	Pam Wakeling	01366 500429
Wereham	Sheila Smith	01366 858165

BAPTISMS AND WEDDINGS

Please contact the Revd. Barbara Burton or the Churchwarden in your parish.

BOUGHTON VILLAGE NEWS

Speeding in Boughton

As readers will know vehicles speeding through Boughton have long been both a source of annoyance and concern. To help minimise speeding we arranged to have village gateways placed at both ends of the village. This appears to have had some effect however vehicles still speed. As many of you may know Norfolk Police placed a monitoring device in the village to get accurate data about the scale of the problem. This was in place for the last two weeks of July and whilst they did not capture registration marks they did get accurate figures for the numbers of vehicles passing through the village, the times and the speeds at which they went. At the time of writing this I am awaiting more detailed information from the police but one figure, if accurate, surprised me – it is that the average number of vehicle movements in Boughton appears to be about 500 per day. I hope to provide full details in the next issue but certainly as soon as we receive them from the police.

Tom Roberts

Saturday 29th August 2015

Boughton Village Pond Working Party

It was a cool fresh Bank Holiday morning when a handful of villagers assembled by the village pond, armed with an assortment of gardening tools ranging from secateurs to heavy duty loppers! The task was to tidy up the vegetation around the pond, and in particular cut back a large clump of bushes on the waters' edge which had become overgrown. Following a quick discussion a plan of attack was agreed and the motley crew split into three groups, one



BOUGHTON VILLAGE NEWS

tackling the overgrown bushes, another pruning and tidying up other assorted vegetation around the pond, and a third under the “captaincy” of Parish Council Chairman Tom Roberts, who set “sail” on the pond in a small rowing boat to enable Paul Coulton to spray the reed beds.

During the ensuing three hours an impressive two farm trailer-loads of prunings were loaded up and towed away by Geoff Procter, and there was even time for a short coffee break to devour home-made cake and survey their handiwork. It was not all plain sailing however, as Capt’n. Roberts’ boat took on water and the said captain had to come ashore sporting a very wet pair of breeches! The



cutting back of the overgrown bushes also had to be curtailed slightly when a pigeons next was discovered containing two young chicks. This part of the bushes was left for a future date and once activity subsided the two parents were

quick to return and feed their ravenous brood.

On behalf of the Parish Council and the residents of Boughton I'd like to say a big THANK YOU to all who took part, and to the kind ladies who provided all the refreshments, not forgetting Geoff Procter for kindly providing the trailer and taking away all the debris.

If you missed out on the fun and would like to offer your services at the next clean up then keep you eyes on the Parish Noticeboard or in the Group 4 News.

Ian Davis – Boughton Parish Council

BOUGHTON VILLAGE NEWS

BOUGHTON SCARECROWS 2015

The now biennial Boughton Scarecrow event takes place during the week 24th October to 31st October 2015. It's time once again to get your thinking caps on, turn out those old clothes, start recycling and get ready to make yourself a scarecrow (or two!) to display in your garden or indeed somewhere else around the village! If you are stuck for ideas or can't quite remember what you created last time, then take a look at the fantastic photo gallery at www.group4news.co.uk

What are the rules for making my scarecrow?

Your scarecrow can be themed in any way you choose (and it is Halloween!)

Straw can be used along with props and accessories to enhance your scarecrow

As many entries as you like, adult and children categories

Your scarecrow must have a name!

BUT most of all have fun and give your scarecrow a personality!

How do I enter?

Complete an entry form (enclosed within Group 4 News for Boughton residents)

Ensure your scarecrow is on display prior to judging day (Saturday 31st October)

How will my scarecrow be judged?

A selection panel will judge your entry on Saturday 31st October

Winners will be announced and prizes awarded

Join us for the prize-giving afternoon from 1.30 pm on **Saturday 31st October** at All Saints' Village Centre, where light refreshments will be

WEREHAM VILLAGE NEWS

Wereham Parish Council met on 8th September. Draft minutes of the meeting can be requested from the Clerk as below.

The LDF Site Allocations and Development Management Policies Examination is now due to be resumed. The hearing session for the Wereham element of the document will be on Thursday 19th November starting at 9.30am at the Wembley Room, Lynnsport, King's Lynn. For further information please contact the King's Lynn and West Norfolk Borough Council as below:

Clare Coble
Programme Officer c/o BCKLWN King's Court
Chapel Street King's Lynn Norfolk PE30 1EX
programme.officer@west-norfolk.gov.uk / 01553 616811

The remaining Wereham Parish Council meetings scheduled for 2015 in Wereham Village Hall are:

Tuesday 13 th October	7pm Ordinary Meeting
Tuesday 10 th November	7pm Ordinary Meeting
Tuesday 8 th December	7pm Ordinary Meeting

PLEASE NOTE NEW START TIME

The Agendas for the meetings are always published on the Wereham Village Notice Board three clear days before the meeting and also on the Wereham Parish Council Facebook page. If you have any items that you wish to be discussed by the Parish Council please always ensure that these are with the Clerk, Mrs N Cooper at werehampc@gmail.com or Clavering House, Stoke Road, Wereham PE33 9AT or 01366 500527 **by the end of the month before the meeting** to ensure that they are included on the agenda.

THE PUBLIC QUESTIONS AND COMMENTS SECTION NOW STARTS THE MEETING.

Also - Once again a reminder for all to use the village dog waste bins and clear up after their pets - **dispose of any dog waste responsibly at all times;**

What a beautiful day we had for this years' Village Fayre; the sun shone and the crowds arrived. The dog show was as popular as ever, competition was fierce on the bowling and tin can ally games, there were some very scary tigers and monsters spotted courtesy of the face painters, children tired themselves out on the bouncy castle and slide and the kitchen all but sold out!

A huge thank you to all the helpers and volunteers from the Friends of Wereham Village Hall. Also to all the exhibitors and stall holders who kept us entertained all day: Vets4Pets for running the dog show, the dizzy dancers for their excellent dance routines, all the tractor and vintage car owners. And finally to all those people who supported the day through donations of prizes, cakes etc. and by turning out on the day to support us. Without all of you, there would be no fayre each year. We made more than £1200 which is fantastic!!

Our next event will be a fashion show by Artichoke on Friday 16th October, starting at 7.30pm. Come along to view their range modelled by our very own Wereham ladies! There will be ample opportunity to try and buy. This should prove to be a fun evening so buy your tickets early from either Angela (01366 500115) or Dianne (01366 500798) – they cost £5 and include a glass of wine/soft drink; you might also be the one with the lucky ticket number which will win a prize on the night.

And just to make sure no one is bored that weekend, the ever popular quiz night is back on Saturday 17th October. It is still not too late to enter your team by contacting Quizmaster John on 01366 500766. Tickets cost £5 and include a hot supper but please bring your own drinks and glasses.

If you would like to get involved with the Friends Group, we are always looking for new volunteers – there are jobs for everyone. Contact Doreen on 01366 500218.

Wereham Village Hall Bonus Ball Club

The lucky winners in September were Victoria Gray and Sandra Howell – congratulations to you both!

The bonus ball club is currently full but contact Helen if you would like to be added to the waiting list. It is now also possible to pay for your membership via standing order. For further details contact Helen on 07795006811 or

Update from the New Build Project Team

The Lottery have responded with queries on the Capital element of the project (the new building) and we've arranged a meeting with the Lottery's Investment Funding Officer on the 17th September, on site, to discuss the project post-build, i.e. the creation of the new groups to meet the needs of our community:

Physical activities - Lead Volunteer Louise Kavaney

Village Cinema - Lead Volunteer Cliff Goddon

Older Persons Social Group - Lead Volunteers Rosemary Pease & Sue Candler

Younger Person Social Group - Vacant

Learning New Skills - Lead Volunteer Sue Smith

The Project Team are also meeting with these Lead Volunteers for to create action plans and build working relationships with formal partners to help them deliver the activities in the new hall. Meetings have already been booked for Adult Education and AGE UK Norfolk.

The Lottery have confirmed that we should have a response by the end of November. If it's a yes, they'll award development funding and invite us to submit a final stage 3 application. *Victoria, Helen, John & Rachel.*

Events list

Bingo - Wereham Village Hall "Cash Prize" Bingo every Wednesday, doors open 6.45 eyes down 7.30pm. Teas/coffees available with complimentary biscuits. For enquiries contact Doreen on 01366 500218.

Pop up Café – first Tuesday of the month, 10.30-12. Next dates Tuesday 6th October and Tuesday 3rd November. Join us for a slice of homemade cake. A hot drink, a natter and a read of the daily papers – all for just £1. Cake donations/queries to Doreen on 01366 500218.

Indoor/Outdoor Car Boot – last Sunday of the month, 9am-1pm (café opens at 8am). Next dates Sunday 25th October and Sunday 29th November. Café serving bacon butties, hot dogs and hot drinks. £5 pitch or, if you have earned time credits, there are two pitchess/tables available at a cost of 4 time credits each. To book call Colin on 07961130251/01366 502281.

Fashion Show by Artichoke – Friday 16th October, 7.30pm. Contact Angela (01366 500115) or Dianne (01366 500798).

Quiz Night – Saturday 17th October 7.30pm. Contact John on 01366 500766.

For all the pictures and feedback from our events, log onto www.facebook.com/werehamvillagehall. By clicking on the 'Like' option, you will be kept up to date on events, pictures and the progress towards a new village hall.

If you have any queries with regards to the plans for funding a new village hall, or anything we're doing, please contact: Chair, Victoria Gray, Wereham Village Hall Committee

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Readers of this magazine may know that we also produce a sister magazine in the other four villages of the group. That magazine is in urgent need of someone to take over the finance and advertising side of business, as Stewart Waterston will be leaving the district. If you are interested, please let the editors know. The Fincham magazine will fold if someone does not come forward.

Pam Wakeling

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Volunteers will be subject to an enhanced CRB check. We are also looking for trustees, for more info contact us on:

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13/05/2014 10:12



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Tel: 01366 328258

October

Apple Day Sunday 11th October 10.30 am – 4.30 pm

Join us to celebrate the importance of heritage apples, orchards and especially those that originate in the East of England. Learn about different varieties from the East of England Apple and Orchards Project, and find out about Orchard Management courses. Bring your own apples and have them crushed and made into juice to take home or bring unknown apple and pear varieties from your garden and have them identified. We'll also have the Master Gardeners' Association, Cockley Cley wood-turners, willow basket makers, Riverford Organics and even a spinner on hand. The apple theme continues with children's activities and apple recipes on the menu and in the tearoom.

Normal admission

Half-term Pumpkin Activities Friday 30 and Saturday 31 October

Find your way around the gardens following the pumpkin trail. Then try the Halloween themed crafts in the old Servants' Hall tearoom and sample one of the delicious pumpkin recipes from our menu.



Fincham Chorus will be Celebrating 10years of performing concerts, on Saturday 12th December "The Twelve Days of Christmas" Concert will be held in St Martin's Church followed by Mulled Wine, Mince Pies, Assorted Pastries.

Proceeds to St. Martin's Church.



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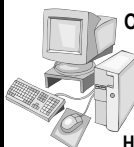
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(Over, Down, Direction)

BEVERLEY (14, 2, W)

BOBMINOR (15, 8, SW)

BRISTOL (9, 15, NE)

CAMBRIDGE (4, 2, SE)

ERIN (6, 12, W)

IPSWICH (1, 14, N)

KENT (6, 8, SW)

LONDON (15, 2, S)

NEWBOB (10, 15, E)

NORWICH (7, 14, NW)

OXFORDTREBLEBOB (15, 6, W)

STAUGUSTINE (1, 7, E)

STEDMANTRIPLES (8, 14, N)

STMARTINS (7, 7, S)

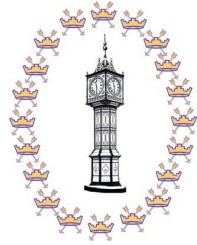
Solution to the puzzle on page 71.

Downham Market Town Council

15 Paradise Road, Downham Market, Norfolk PE38 9HS

Tel: (01366) 387770

Town Clerk: Mrs J M Markwell



Saturday 24th October – 10.00am – 2.00pm

Community Fayre – Town Hall

Thursday 29th October – 7.00pm for 7.30pm

Cinema at the Town Hall

A Royal Night Out (12A)

Sunday 8th November - 2.00pm -Town Hall Car Park

Remembrance Day Parade and Wreath Laying

Wednesday 11th November –11.00am – Town Square

Pause and Remember

Thursday 26th November – 2.00pm for 2.30pm and 7.00pm for 7.30pm

Cinema at the Town Hall

Woman in Gold (12a)

Saturday and Sunday 28th and 29th November – 10.00am – 6.00pm

Craft Fair in the Town Hall

Sunday 29th November – Town Square and Town Hall Car Park

Christmas Lights switch-on

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Thursday 17th December- 2.00pm for 2.30pm and 7.00pm for 7.30pm

Cinema at the Town Hall

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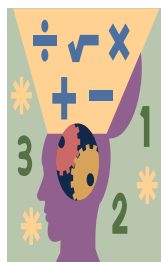
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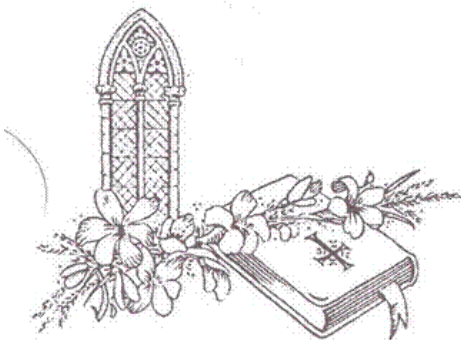
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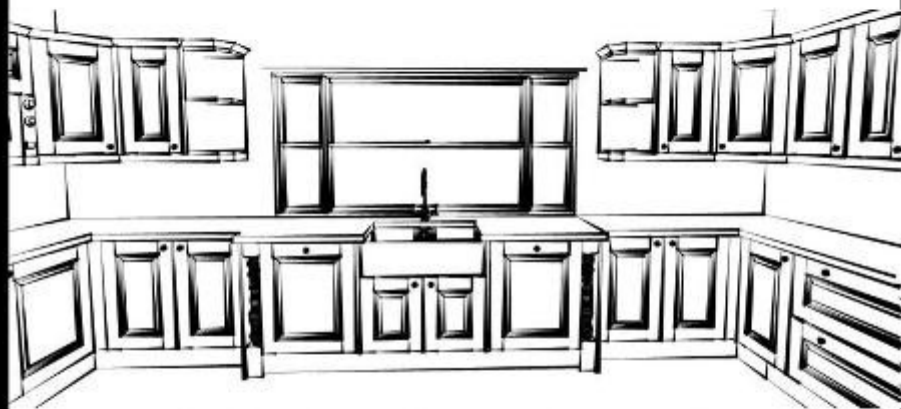
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CHILDREN'S PAGE

S M A H D L U O H S H D H T S
V T F K F F X A I X L I Y E T
S X N R E V N E D O L R H K O
Z S P I D S R E W G A C N R W
F L T L A L G H A M R O L A B
I B G R J S T Y T A R U M M A
N X S Z E E L S M T F Y H M R
C E Q Q M T H L H Y V Q Y A D
H C L E N C H W A R T O N H O
A B L A E B O A L Y H U H N L
M Z Y B D L L Q M L E D X W P
G F S O D G H P B R E N M O H
U I P Y U I A P O U H W L D D
W Z Q Q O H Z M B I K X P I T
Y H O C K W O L D P H U P U T

These are all local churches where bells are rung.. Why not come along and see us in action?

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DENVER
DOWNHAMMARKET
FINCHAM
HILGAY
HOCKWOLD
MAGDALEN
MARCH

METHWOLD
NORTHWOLD
SHOULDHAM
STOWBARDOLPH
STRETHAM
TILNEYALLSAINTS
UPWELL
WISBECHSTMARY

PUZZLE PAGE

F I E Q V O S S N Y C N B R C
 E J G C F W Y E L R E V E B L
 R M C L A D P L O X T D I U O
 R Z W A V M E P Q C O F F L N
 P I K S N L B I N Z C X D P D
 B O B E L B E R T D R O F X O
 S T A U G U S T I N E B V Z N
 H N H J Y K T N A D W U Q J B
 C C R W E Y M A A G G S X O L
 I X I N R Q A M W Y W E B O K
 W Y T W Z D R D P O V M T Y L
 S I N I R E T E N W I S T J A
 P Z Z L Y O I T E N I U T Q E
 I V X P H O N S O R V A X L H

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 IPSWICH
 KENT
 LONDON
 NEWBOB
 NORWICH
 OXFORDTREBLEBOB
 STAUGUSTINE
 STEDMANTRIPLES

This puzzle is also bell-related. The names are of ‘methods’ that we ring—we don’t ring tunes!

Look it up, or ask one of us if it intrigues you!

Solution on page 52



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