

Group 4

NEWS



The Parishes of Barton Bendish & Eastmoor; Beachamwell, Shingham & Drymere;
Boughton; Wereham

October 2019

WELCOME



With thanks for their service over many decades.

As always, 'Happy Reading '
The Editorial Team

Thanks to all contributors and apologies to any whose work has not been shown in this issue.

We promise to include your articles wherever and whenever possible. Please do keep them coming.

Many thanks to the distributors, we couldn't do without you!!!

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Please submit all information through your Village Contacts.

**Deadline for copy for the
November 2019 edition:**

11th October

ADVERTISING

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Kevin Fisher, Tel 01366 502224

‘FROM THE RECTORY’

Dear All,

An email arrives, ‘What time of month is this?’ (Or similar words) It was from the editor, gently telling me that I was late with my piece for the magazine. So with humble apologies, I went straight to my computer positive I had written something; but no – I **am** the idiot she hinted at. I put it down to September going by way too fast, I blinked and it had passed. I’ve been up to my elbows in Baptism water! I’ve carried out loads of Baptisms in the last few months, which for me is always a great a great experience, there’s lot of tears, smiles and screams (and that’s just me!). **GOD SPOT.** A teenager was telling a senior citizen why the older generation doesn’t understand the younger generation. “You grew up in a primitive world,” he said. “We’ve got space travel, nuclear energy, the internet, phones more powerful than the computers in the first space ships.” Smiling, the old man replied, “You’re right, we didn’t have those things – that’s why we invented them!” So what are we doing to bless future generations? *I will pour out my Spirit into your descendants and my blessing on your children* (Isaiah 44: 3). God wants the next generation not just to follow, but to overtake this one! Don’t use the comfort of the status quo as an excuse for not challenging old thinking. Stop saying things like, ‘That’s just the way I am,’ or ‘My family never amounted to much, so I won’t either.’ It’s in such moments that your destiny is shaped. Think: the decisions you make today will affect not only you; but future generations – so make sure they’re the right ones!

God Bless,

Ken Waters

BENEFICE NEWS



An image taken after the fire of the interior of the church, looking towards the tower. The roof and much of the interior have been completely destroyed.

From Ely Communications

Posted on Thursday 5 September 2019

The Diocese of Ely was extremely saddened to hear yesterday (4th September 2019) about the devastating fire at St Mary's Church, Wimbotsham.

The Ven Hugh McCurdy, Archdeacon of Huntingdon and Wisbech, immediately travelled to the scene to offer his support to the local community.

Hugh said of what he saw;:

"The community is obviously devastated by the damage caused to the ancient and beautiful St Mary's Church.

We must now await the outcome of the structural report, and while some church treasures were saved, we know the Holy table dating from 1638 has been destroyed. As we move forward from the day's sad events, we will be working very closely the

whole community about what we now need to do following this devastating fire. We are also so grateful to the brave fire crews from the Norfolk Fire and Rescue Service who tackled the blaze and give our thanks that no-one was hurt in the fire".

Hugh went on to say: *"You can read the history of the village in the church building and it's a centre for celebrating significant life moments. There are lots of strong members in the church building and they feel very connected even if they are not there Sunday by Sunday. It's a symbol of hope and a symbol in the Christian community that God is present."*

Hugh spoke to the Bishop of Ely, The Rt Revd Stephen Conway who was said to be very distressed to hear [that] one of the churches is so badly damaged and [that] his thoughts and prayers are with the community.

Hoping to get an up to date report from Wimbotsham officials.

WORLD HOMELESS DAY

On the 10th of October 2019 people around the world will mark World Homeless Day in many varied ways and change the lives of homeless people in their local community. World Homeless Day is an annual event on the 10th of October.

History

The concept of 'World Homeless Day' emerged from online discussions between people working to respond to homelessness from various parts of the world.

The Inaugural World Homeless Day was marked on the 10th of October 2010. Since its founding, World Homeless Day has been observed on every continent except Antarctica, in several dozen countries.

Use of the idea of 'World Homeless Day' is open for all to use... anywhere in the world.

Purpose

The purpose of World Homeless Day is to draw attention to homeless people's needs locally and provide opportunities for the community to get involved in responding to homelessness, while taking advantage of the stage an 'international day' provides.

How To Make a Difference

educate people about homeless issues

celebrate and support local good works

highlight local issues

donate to local service providers

volunteer and provide hands on help

thank volunteers with certificates and awards

invite a guest speaker

host a fundraiser

Tweet #worldhomelesday [@homelesday](https://twitter.com/homelesday)

Collaborate & Double Your Impact

Once you identify the local service provider for homeless people you want to rally support behind.... for example if they suggest clean socks; or food items; or an item they need funds to buy or just general fundraising.... use your local networks to rally even greater support:

schools

places of worship

service clubs

local businesses

where you work

who else?



ALL SAINTS', SHOULDHAM

Diary - Autumn Quiz: This well-established, annual event will be held in the Village Hall on the evening of **Saturday, 16th November**, starting at **7.00pm**. Tables of up to 6 participants - £4pp, and bring your own refreshments. To book a table, please contact Ann Hullah on (01366) 347814 or annhullah@btinternet.com as soon as possible. This is usually a popular evening, so early booking is advisable.

FARMERS' MARKETS

Ely	Second and Fourth Saturday 8:00-2:00pm
Fakenham	Fourth Saturday 8.30am to 12:00pm
RAF Marham	First Thursday 12.00pm to 5.00pm
Swaffham	Second Saturday

For information:- www.farmersmarkets.net or your local Tourist Information Office

VILLAGE, COMMUNITY and PARISH HALL BOOKINGS

Barton Bendish	Andrew Stephan	01366 347549	07748015464
Beachamwell	Cathy Friend	01366 328892	
Boughton	Pam Wakeling	01366 500429	
Wereham	Angie, Lyn or Sarah	07497430005	weekdays 10=3
	Werehamvillagehall.co.uk/ hallhire		anytime

MOBILE LIBRARY VISITS every 4 weeks

DATE	VILLAGE	LOCATION	TIME
Tuesday 8th October	Beachamwell	Post Office	10:05 am
	Drymere	Telephone Box	10:40 am
	Boughton	Sycamore House	15:20 pm
		Mill Road	15:35 pm
	Barton Bendish	Hatherley Gardens	9:40 pm
Friday 4th October	Wereham	The Pond	9:30 am
		Queen's Close	16:20 pm

For services to all 'Group 4' villages ring Mobile Library Information on 01603 222267 or look at the website - www.norfolk.gov.uk/Leisure_and_culture/Libraries/Mobile_libraries

VILLAGE BUS SERVICES

FROM	ROUTE	OPERATOR	DESTINATION
Barton Bendish	31 (Saturday)	Lewis Coaches	Swaffham
Beachamwell	31 (Saturday)	Lewis Coaches	Swaffham
	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Boughton	18 (Tuesday)	Eagles Coaches	King's.Lynn & Swaffham
Wereham	28 (Mon to Sat)	Coach Services	King's Lynn
	40 (Mon to Sat)	Coach Services	Thetford/Downham

Timetable requests:- (01603) 228888, Traveline (08706) 082608 (www.traveline.org.uk)



'Our Café is open 10am-3pm weekdays, when you can browse the pre-loved book stall and enjoy our free Wi-Fi!'
Activities and Community Groups, extend a warm welcome to all new visitors

MONDAY -

- **Hatha Yoga** – (£8 per class) Monday 9.30am - 11am. Become more aware of how we conduct ourselves, physically, emotionally, mentally & spiritually. Call Gail 07938978980
- **Breast Feeding Mums Meet** - third Monday every month – 2.00 - 3:30pm
- ***NEW Boxercise** – (£3.50 per class) 6.30 – 7.30pm. To book place call Maria 07885 609655 or email maria.tennant@aol.co.uk
- ***NEW Legs, bums and Tums** - (£3.50 per class) 7.30 – 8.30pm. To book place call Maria 07885 609655 or email maria.tennant@aol.co.uk
- **Friends of Wereham Village Hall (FoWVH)**, fundraising events group, 7.30pm. Monthly meet to discuss new ideas and organise events. Call Doreen 01366 500218 or email doreenirolph@talktalk.net

TUESDAY -

- **Pilates** - (£5 per class) 9.30am - 10.30am. £5 Increase flexibility, joint mobility and circulation. Call Christine 07796 102677
- **Pop Up Café** - 1st & 3rd Tuesday of every month 10.45am – 1pm. Selection of hot drinks and a slice of homemade cake £1.50. Light lunch £2.50. See Facebook or call Doreen 500218 for latest menu.
- **Craft Group** - (£1.50 per session) 2nd Tuesday of every month, 10.30am – 12.30pm. Meet for a social, drink, cake and try different crafts. Call Rosemary 01366 501330
- ***NEW Mini Tennis** – (£3 per session) 4 – 5pm (Reception -Yr 3) 5- 6pm (Yr 4 – Yr 6) £3 per child. Call Craig on 07497 430005
- **Restore and More Yoga** - (£9 per session/10 sessions £80) 7.00 - 8.15pm, Vinyasa Flow. Call Gemma 07943 848431

WEDNESDAY

- **Zumba** - (£6 per class) 9.30 - 10.30am. A fun dance-fitness programme. Call Domonique 07769 341680
- ***NEW Aerobics Gold** - (£3 per class) 2.30 – 3.30pm. Call Christine 07796 102677
- ***NEW Pom fitness** – (£3 Adult, £2 children) 4.15 – 5pm. Children and adults. Call Christine 07796 102677
- **Cash Bingo** - doors open 6.30pm, eyes down 7.30pm. Café open before & during the break. Weekly prize money + jackpot. Call Diane 01366 500798.

THURSDAY

- **Line dancing** - (£5 per session) 9.30am - 11am, beginners welcome. Call Ron 01406 350732
- **Short Mat Bowls** – (£2 per session) 7 - 9pm. £2 per player, spectators free, includes tea/coffee and biscuits. New players welcomed. Call Philip 01366 501330
- **Youth Club** (Term Time) 4.45pm - 6.45pm. Age 10+, free. Call Swann Project 01366 386259. Tuck shop including hot dogs 50p, drinks and snacks.
- **Drama Group 'Wissey Players'** (£2 per session) every other Thursday 7.30pm - 9pm. Call Keith 01366 500976

FRIDAY

- **Wereham Tots** – (£2 per session up to 2 children, 50p per additional child). Term Time. Parents & toddler group 10am - 12pm. Call Angela 01366 500115.
- **Tai Chi** – (£3 per session) 12.30pm to 1.30pm. Helps with breathing and relaxation. Call Pete 07845 937707
- **Cinema Night, 'Red Joan' Cert 12** (£5 per Adult, £3 per child) Friday 1st November. Bar open from 7.00pm. Loyalty card, 5 for the price of 4. Book www.werehamvillagehall.co.uk/events or call the office 07497 430005.
- **Mobile Library** – 4th October at 12.45pm. Call in for a cuppa while you wait.
- **Gong Bath session** – (£10 per person) Friday 13th October. Call Emrys Skye on 07932 012262

SATURDAY

- ***NEW Mini Kickers** – (£3 per session) 5th October 9 – 10:30am (2 sessions) £2.50 per child 3 – 6 years for information call Craig on 07497 430005
- **Party Night Dance with Gravel Road** - 19th October at 8.00pm – 12am. £10 per ticket, Live music, bar, buffet and raffle book online at www.werehamvillagehall.co.uk/events or call 01366 500115

SUNDAY

- **Car Boot and Café** – (£5 a pitch) 27th October 8.30am - 1pm, Café open 8am for hot breakfast rolls, snacks & drinks. To book indoor/outdoor call/txt Phillip 07759033492.

For more information on activities, cinema listings or to book, go to <https://www.werehamvillagehall.co.uk/whats-on-or> or pop in weekdays 10am–3pm to speak to Angie, Lyn or Sara or call us on 07497 430005, www.facebook.com/werehamvillagehall



QUIZ TIME!

1. Who gave up the title of Viscount Stansgate to remain an MP?
2. Which actor is Tony Blair's Father in Law?
3. Who resigned as a Government Minister over the Sarah Keays affair?
4. Which party won the General election in 1945?
5. Name the 1992 Tory Party Chairman who lost his seat in Bath?
6. What was Norman Tebbit's job before entering The Houses of Parliament?
7. Who became deputy Labour Leader after the 1992 General Election?
8. Which former MP won gold medals at the 1980 and 1984 Olympics?
9. Which former cabinet member campaigned for the Royals to move out of Buckingham Palace?
10. Which term is used to describe a member of the House of Lords who does not take the party whip?
11. Roy Jenkins and David Owen were 2 of the 4 founders of which party?
12. Who was the Chancellor of the Exchequer when Mrs Thatcher resigned in 1990?
13. Which former Prime Minister was created Earl of Stockton in 1984?
14. If an MP applies for the Chiltern Hundreds what is he doing?
15. Who succeeded Neil Kinnock as Leader of the Labour Party?
16. Which MP was suspended from the House of Commons for 4 days in 1991 for calling the Northern Ireland Secretary a liar?
17. Sir Edward Compton, Sir Alan Marre, Sir Idwal Pugh and Sir Anthony Barrowclough have held which post first created in 1967?
18. At the 1992 general election, the number of MPs rose from 650 to 651. Which city was allocated an extra MP?

Answers on page 12

PLEASE JOIN US FOR A MACMILLAN COFFEE MORNING ON

THURSDAY OCTOBER 31st 10am – 12noon

AT BARTON BENDISH VILLAGE HALL PE33 9GF

RAFFLE, PRODUCE AND CAKE STALL in aid of

MACMILLAN CANCER SUPPORT CHARITY

Email jill.events@btinternet.com

BOSTON TORQUE

ISSUE 5

AUGUST 2019

LISTERS BOSTON



Congratulations!

August leaderboards:

BMW:

Adam Lester - 25
Jessica Richardson - 11
Gytis Zubrickas - 7

MINI:

Paige Craft - 14
Megan Hill - 8

There's a mixture of latest news, congratulations and recognition in this issue of Boston Torque.

The first congratulations goes to Steve Marshall, and now-fiancée Hayley, who recently got engaged. Congratulations to you both!



Another congratulations goes to Jordan Taylor, who along with partner Ruth, welcomed baby Isaac into the world on 2nd September.

A third congratulations goes to Jack Bagley, and fiancée Sophie, who've set a date for their wedding - 10th January 2020.

Congratulations also goes to Paige Craft who successfully completed her Listers Sales Accreditation. Well done Paige!



Congratulations to Adam, Jess, Jacob who attended the Listers Elite celebration at Market Rasen Racecourse.

Finally a warm welcome goes to Bruno Antunes who has joined the BMW Workshop team as a trainee Technician, good luck Bruno!



The latest offers for the BMW & MINI Employee car scheme are available until the end of September, the fantastic offers include:

- 118i M Sport 5-door – £284.43
- 218i M Sport Coupé – £278.06
- 320i M Sport Saloon – £344.70
- 3-Door Hatch Cooper S Sport – £180.44
- 5-Door Hatch Cooper S Sport – £183.06
- Clubman Cooper S Sport (Auto) – £229.45

Visit alphabetonline.com to take advantage of these fantastic offers.

Workshop hero:



This feature is Workshop hero and goes to a technician who has excelled in the past month.

This month's winner is Darren Aucofer for his help and assistance throughout the month, especially as others have been on annual leave.

Employee of the Month - this month's winners.

BMW's Employee of the Month was Jen Talbot. Having received numerous nominations, Jen has been recognised for her outstanding contribution to the business.



MINI's Employee of the Month was Megan Hill, who has been recognised for her exceptional all-round performance throughout August!



STICKY GINGER CAKE

Ingredients

25 g crystalised ginger
70g prunes
180g golden syrup
50g black treacle
150g dark brown sugar
150g unsalted butter
8g ground ginger
2g mixed spice
2 medium eggs
2 tbl spoons milk
120g self raising flour

Method

Pre heat oven to 160C/Fan 140C /Gas mark 3

Grease and line 18cm cake tin

Finely chop ginger and set aside

Finely chop or blitz prunes. Put in large pan with golden syrup, treacle and butter.

Heat gently stirring together until evenly combined

Remove from heat and add ginger and mixed spice

Lightly beat eggs and milk together add to mixture stirring to a smooth batter

Fold in the flour completely then transfer to baking tin

Bake for 1 hour until springy to touch

Leave in tin until cold.

Sally Taylor

Lily has changed!

From 1 July 2018, our Lily service expanded to include everyone over 18, not just those in later years.

Lily provides a comprehensive range of support in west Norfolk to combat loneliness and social isolation in adults of all ages. The project is linked to the 'No Lonely Day' initiative and encourages our residents to develop friendships and engage in their local communities.

The Lily online directory lists organisations, services and activities that help people to live healthy, active and independent lives. It includes information relevant to adults of all ages. If you would like your event or organisation to be included in the directory, get in touch asklily.org.uk

Lily Advisors from local charities are available to offer one-to-one support to people at home or in community locations.

Lily has a strong focus on community development, by helping groups to arrange activities and encouraging volunteering, and by providing community events, onsite information sessions, and support for employers, schools, and colleges.

If you, or anyone you know, would like to know how Lily can help, call 01553 616200 and choose option 6.

ANSWERS to quiz on page 9

1. Tony Benn
2. Anthony Booth
3. Cecil Parkinson
4. Labour
5. Chris Patten
6. Airline Pilot
7. Margaret Beckett
8. Sebastian Coe
9. Mo Mowlam
10. Crossbencher
11. SDP
12. John Major
13. Harold Macmillan
14. Resigning
15. John Smith
16. Ian Paisley
17. Ombudsman (Parliamentary)
18. Milton Keynes



The West Norfolk Aviation Society



At our September meeting in the Mundford Bowls Club, Steve, a WNAS member and pilot, gave a flying start to our autumn programme of presentations & activities with his account of post WWII British test and research aircraft. A Lancaster powered by two jet engines and two RR Merlins, the Short SB5, the RR Flying Bedstead and the Fairey Delta are just four of the many aircraft that some of us did not know about or had forgotten until Steve's lecturette. And that was just the first half of the evening!

After the break, Steve showed and discussed some rare footage of the development of spy aeroplanes, including the Canberra and the U2. Thanks, Steve, you are already booked for next year!

Although September's meeting was a hard act to follow, another of our members, Bob, will rise to the challenge with a talk called: *With my Head in the Clouds* or some such. As a former Canberra pilot, we expect the evening to be both informative and entertaining. So, if you would like to join us on October 1st for a couple of hours, come to the Bowls Club just after 7pm. There is no charge for a first visit.

Joke Spot: *Little Johnny was one of three men who died and was waiting to receive entrance through the Pearly Gates. The first man said to St Peter, "I was a preacher of the gospel, serving faithfully for over 50 years". Peter told him to step aside for further consideration. The second man said, "I was also a preacher of the gospel; I served my church faithfully for 30 years". Peter told him to step aside for further consideration. Then Little Johnny stepped up and said, "I wasn't a preacher, just a government worker with the Inland Revenue for 6 months". St Peter told him go straight through the gates and take his place in heaven. The first minister objected, "Why does he get to go in before two ministers?" St Peter said, "The truth is, in six months the Inland Revenue agent scared the devil out of more people than either of you did in a lifetime of preaching!"*

October.....

4th October 1911 Britain's first escalator opens at London's Earls Court. There were in fact two escalators — both supplied by the Otis Elevator Company — and linked the Piccadilly Line platforms with the subway that runs under the subsurface lines (District/Circle). One escalator could only carry passengers upstairs, while the second model which normally took passengers down, could be reversed to upwards if the other unit was out of action.

5th October 1930 The British airship R101 crashes near Beauvais, France killing 48 people. The impact was gentle and survivable but the ship was inflated with hydrogen, and the resulting fire incinerated 46 of the passengers and crew. Two additional crew members died of their injuries soon after.

7th October 1920 Women become eligible for admission as full members of Oxford University and are given the right to take degrees.

8th October 1967 Clement (Richard) Atlee dies. British Labour politician. As Prime Minister 1945-51 introduced radical reform of the social welfare system and introduced the N.H.S.

9th October 1967 Transport Minister, Barbara Castle, introduces the breathalyser. The breathalyser offered a way of testing a person's BAC (blood alcohol concentration) level at the roadside

12th October 1984 An IRA terrorist bomb kills 4 people at the Grand Hotel, Brighton, Sussex. The Brighton hotel bombing was a Provisional Irish Republican Army (IRA) assassination attempt against the top tier of the British government that occurred on 12 October 1984 at the Grand Brighton Hotel in Brighton, England. A long-delay time bomb was planted in the hotel by IRA member Patrick Magee, with the purpose of killing Prime Minister Margaret Thatcher and her cabinet, who were staying at the hotel for the Conservative Party conference.[3] Although Thatcher narrowly escaped the blast, five people connected with the Conservative Party were killed, including a sitting Conservative MP, and 31 were injured.



22nd October 1957 The children's cartoon hero Captain Pugwash makes his television debut. Captain Pugwash is a fictional pirate in a series of British children's comic strips and books created by John Ryan. The character's adventures were adapted into a TV series, using

31st October 1517 Martin Luther nails his '95 Theses' to the church door at Wittenberg, Germany triggering the Protestant Reformation. His “**95 Theses**,” which propounded two **central** beliefs—that the Bible **is the central** religious authority and that humans may reach salvation only by their faith and not by their deeds—**was** to spark the Protestant Reformation. He was attempting to get the Roman Catholic Church to stop selling indulgences, or 'get out of hell free' cards. **Luther** did not think the Church had the authority to grant such indulgences, especially not for money

Bellringing.....

Change ringing is a style of church bell ringing started in England around the end of the sixteenth century. Because of constraints imposed by the physics of swinging bells, tunes are not played. Instead, the bells are rung in ever changing patterns to a steady rhythm.

Change ringing, while an obscure art, remains as widely practiced today as at any time in the past, and continues to evolve. The largest concentration of interest remains in England, which is home to over 95% of the world's bells hung for change ringing, with many of the remainder in other parts of the UK. However, there are small pockets in other parts of the world, mostly former British colonies, including Australia, Canada, Ireland, New Zealand, South Africa, the United States, and Zimbabwe. The past few decades have seen an increase in interest outside the UK, with the number of towers outside it roughly doubling since about 1960.

Some places to learn more include

[What is Change Ringing?](#) on the North American Guild of Change Ringers web site

[The Central Council of Church Bell Ringers](#) web site.

There is also an extensive collection of links to change ringing related material on the web originally created by Roger Bailey, and now maintained by Peter Blight, at [Change Ringing Resources](#).

Many local [Ringling Societies and Associations](#) also maintain web sites. Contacting one near you is the best way to learn more about ringing than is possible by just reading, to arrange to hear ringing first hand, or to learn to ring.

WANTED

Drymere Horse Livery or Grazing

Having recently moved to Swaffham we are really hoping to find somewhere in Drymere for our lovely well-mannered horse so he is as close to home as possible.

We would be delighted to consider either livery or stables and grazing on a long-term agreement. We are very conscientious owners and can provide references including from World Horse Welfare, as our horse is a rescue we have loaned from them for 11 years.

Any possibilities please do get in touch on 07919 106366.

Many thanks, Katharine.

Autumn is a second spring when every leaf is a flower.

Albert Camus

COMMUNITY UPDATE
King's Lynn Police September Update

PC Lee Anderton the Community Engagement Officer for West Norfolk will be holding community engagement drop-in session on the following dates and locations during October. Please feel free to come along and have a chat about any issues that effect you or your community.

PC Anderton will be able to discuss ways of dealing with these matters and point you in the right direction if it is not a police matter.

Thursday 3rd October - Central Café, Felwell 1pm to 4pm
Friday 4th October - Gaywood Library, King's Lynn 4pm to 6pm
Monday 14th October - King's Lynn Library 10am to 12pm
Tuesday 15th October - Jane's Coffee Corner, East Rudham 9.30am to 11.30am
Wednesday 16th October - Dersingham Library 2pm to 4pm
Thursday 24th October - Dersingham Village Centre, Dersingham 10am to 12pm
Friday 25th October - Marshland St James Village Hall, 9am to 11am
Monday 28th October - King's Lynn Library 10am to 12pm

Everyone is welcome.

Engagement surgery for the public to attend. | Call us on 101 or 999 in an emergency. | Talk to your Beat Manager and Engagement Officer

Lee.Anderton@norfolk.pnn.police.uk | @KingsLynnPolice | @KingsLynnPolice

NORFOLK
CONSTRUARY
Our Priority is You

Free home assessments on offer

Older, disabled or vulnerable residents of West Norfolk are being encouraged to book an appointment for a free home assessment from Careline Community Services.

The assessments, which are carried out by a team of qualified staff, will help residents, who may be living with a disability or dementia, or who are simply older and less mobile, to identify concerns in their property which may be affecting their day-to-day life.

The assessor, trained by the Disabled Living Foundation, will inspect the home to see whether measures could be introduced that would reduce the possibility of slips, trips and falls and generally make it easier for people to live safely and independently in their own homes.

Measures that could be considered include installation of a Careline personal alarm, improved lighting arrangements, heating checks, draught proofing, smoke detectors and easy-to-use taps along with recommendations for other adaptations that may reduce any potential risk to the resident. Practical solutions for those living with dementia are also available, this includes signage or colour differentiation for those who suffer with memory loss and are visually impaired.

GIVING HOPE TO A SPECIES DESTINED FOR EXTINCTION': 0 LEFT IN THE WILD, 2 ALIVE

The northern white rhino is a subspecies of white rhino, which used to range over parts of Uganda, Chad, Sudan, the Central African Republic and the Democratic Republic of the Congo. Years of widespread poaching and civil war in their home range have devastated northern white rhino populations and they are now considered to be extinct in the wild. Only two remain, both on Ol Pejeta Conservancy, Kenya.



White rhinos have few predators in the wild; their main predator is humans with rhino horn being exported to the Far East where rhino horn is worth an estimated \$65,000 per kg on

the Asian black market. It is used in Traditional Chinese Medicine and is a symbol which is used to display success and wealth.

Neil and I were privileged to visit the two remaining northern white rhinos, at Ol Pejeta Conservancy, whilst on safari in Kenya this summer. Not only is Ol Pejeta home to two of the world's last remaining northern white rhinos, it is also a sanctuary for over 110 critically endangered black rhinos. We learnt of Ol Pejeta's plans to harvest the eggs of the last remaining fertile northern white rhino and have them inseminated with frozen sperm from the deceased males. This in vitro fertilisation technique and stem cell technology has never before been attempted in rhinos...

SCIENTISTS FERTILIZE EGGS FROM THE LAST TWO NORTHERN WHITE RHINOS

On 25th August, scientists in Italy were able to fertilize seven of the 10 oocytes, or eggs, which had been extracted from the two northern white rhinos the previous week.

"That outcome was better than expected", said Cesare Galli, the managing director of Avantea, the laboratory in Italy. "Now the injected oocytes are incubated and we need to wait to see if any viable embryo develops to the stage where it can be cryopreserved for later transfer."

The results of possible embryo development are to be announced around September 10th.

For the next instalment following this monumental step forward in saving this species visit: <https://www.olpejetaconservancy.org/>

Or why not adopt a rhino at the Ol Pejeta Conservancy? Asante sana!

Julie Lewins (Beachamwell)

Beachamwell Table Tennis



**Every Friday at
3.00pm
Village Hall**

Enquiries: 01366 328895

or

james@jamesknoxwhittet.plus.com

Wereham Heritage Group present

Draining the Fens

A talk by Andrew Newton
of Ely Internal Drainage Board



**Monday 14th October at 7.00pm
Wereham Village Hall**

Come and hear how the fens were drained, how
the drainage board manages them today and
have your questions answered

There will be no charge for this event although
donations are invited for Wereham Heritage Group

Tea, coffee and biscuits provided

Beachamwell Wednesday Walkers

Explore the rights of way in and around
Beachamwell with us

We meet at the Village Hall at 10.00 am
**FIRST WEDNESDAY OF EACH
MONTH**

*Walks last between one and a half to
two hours*

*All, including dogs on leads, are wel-
come*

Some paths may be rough underfoot,
there may be stiles or fields may be
ploughed: come at your own risk and
please wear suitable clothing and shoes
for the outdoors

Beachamwell

Creative Writing Group

Meets every
second Monday
Afternoon

2.30pm

Everyone with an interest in
putting pen to paper welcome.

Enquiries: 01366 328895

or

james@jamesknoxwhittet.plus.com



Beachamwell Book Group

Tuesday 1st October

7.30

Beachamwell Village
Hall

Book to be discussed over a
glass of wine

"Munich"

By Robert Harris

New members welcome
Enquiries: 01366 328960

Beachamwell Afternoon Tea and a Chat.....

Wednesday

October 16th

2 - 4pm

Beachamwell
Village Hall



Enquiries
01366
347673

WEREHAM VILLAGE HALL

PARTY NIGHT

DANCE

SATURDAY 19TH OCTOBER

8.00pm to Midnight

Dancing to the live music of



BAR... BUFFET... RAFFLE

Tickets £10 per head including finger buffet
(kids under 11 go free)

on line from werehamvillagehall.co.uk/events
or from the Village Hall, Mon-Fri 10am to 3pm

ALL PROCEEDS TO WEREHAM VILLAGE HALL CIO, REGISTERED NO 1168472

Swaffham ARTS

Presents

Ensemble East Chamber Orchestra

Will Fergusson Piano

Mozart Overture Cosi Fan Tutte
Schumann Piano Concerto
Beethoven Symphony No.2

Sunday October 20th at 3.00 pm

Church of St Peter & St Paul
Swaffham

Tickets £12.00

(£9 members / under 18's free)

from

Ceres Bookshop 01760 722504

Green Parrot 01760 724704

Available on the door

Enquiries: 01366 328648

Enjoy a delicious Sunday Roast with us.
The perfect excuse for a well-deserved treat.

Come and enjoy Pizza and a pint with us!
Pizza's from our beautiful Wood Fired Pizza Oven

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HAVE FUN!
GET FIT!
WHY NOT JOIN

METHWOLD BADMINTON CLUB

THIS FRIENDLY BADMINTON CLUB MEETS EVERY THURSDAY EVENING AT ST. GEORGE'S HALL IN THE CENTRE OF METHWOLD FROM 7PM ONWARDS.

THE NEW SEASON STARTS ON 5th SEPTEMBER 2019.

WHY NOT COME ALONG, MEET NEW FRIENDS AND ENJOY AN ACTIVE EVENING PLAYING BADMINTON.

WANT MORE DETAILS?
PHONE 01366 383342.

HOPE TO SEE YOU!



Barton Bendish Film Club

Presents

Stan and Ollie

Starring Steve Coogan as Laurel
John C Reilly as Hardy

Saturday 12th October 2019

Doors open 6.30 for 7:00 screening

Barton Bendish Village Hall

Tickets £5.00 Free post screening refreshments included

To reserve your seat please contact

Wereham Messy Church

St. Margarets Church Wereham

Wednesday 25th September 4pm-5.15pm



Messy church is a family friendly church service which involves a craft activity, a short service where children read, play instruments, sing songs and then eating together. Food is provided.

There is no charge . Everyone is welcome.

Please tel Debbie or Ian Rye on 07863049677 if you have any questions or just turn up and join in.

Donations to the church are welcomed .

FIT MAMAS & CO

Approx. 1
hours brisk
walking...



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FOOTWEAR
& A SMILE!!



Fitness walking group for all ages!

Mama's, Papa's, Nanna's, Grandad's,
Children & Pushchairs all welcome!

Mondays @ 10.30am

Starting location will vary weekly from surrounding
villages (Wereham, Wretton, Boughton, Stoke Ferry,
Oxborough, Barton Bendish)

For information please contact **Charlotte** on
07873355671 or follow Fit Mamas & Co on
facebook!!

Wereham

Mobile Post Office

Please note that Mobile Post
office will park near the Village
Pond on the following days/
times

Monday 14.00-14.15

Tuesday 12.25-12.55

Wednesday 12.25-12.55

Thursday 14.00-14.15

Quiz

with Fish and Chip Supper

Saturday October 19th

at 7pm

**Barton Bendish Village
Hall**

**For further details and
bookings**

**Please contact Mary Simon at
mary.i.simon@btinternet.com**

Raising funds for the Village
Hall Development Fund

MAGPIE CENTRE NEWS – OCTOBER 2019

After months of preparation, the Magpie Centre Craft and Country Fair, held at Wallington Hall on August 18 was a resounding success, netting £6,500 for West Norfolk Riding for the Disabled Association.

Despite an unexpected deluge during the morning, the Mid Lincolnshire branch of the British Driving Association continued their performance in truly professional fashion and were rewarded with a rosette presentation later in the day.

By lunchtime the skies had cleared, and visitors enjoyed the displays, including those of Fens Falconry, the N and J Heavy Horses Musical Ride and a parade of classic cars, motorbikes and commercial vehicles.

Highlight of the afternoon was the RAF Spitfire flypast. This iconic aircraft made three passes over the event, before swooping off to its Lincolnshire base.

As autumn approaches and indoor activities take over, the time has come to book your places, £11 each, for the Magpie Centre Quiz and Hog Roast Supper (with vegetarian option), scheduled for Saturday October 19 at Stowbridge Village Hall, Downham Road, Stowbridge, PE34 3PE. This represents fantastic value for a full meal, including a wide range of salads and desserts, plus a friendly and light-hearted evening.

Doors and cash bar, serving wine, beer, cider and soft drinks, open at 7.00 pm for a 7.30 pm start. Teams of 4 to 8 are usual, but singles and couples are welcome to compete individually or make up teams on the night.

To book, call 01553 828935 or email c.dudley@success-in-english.co.uk

At the time of writing, the Magpie Centre has vacancies for some new riders. We cater for people of all ages and with a wide variety of physical and learning disabilities, and in the winter, most lessons take place in our indoor school.

To find out more, call the Magpie Centre on 01553 810202. You will be sent a form to complete, followed by an invitation to an assessment, free of charge, and if satisfactory, you will be slotted into a suitable group.

Welcome to our store in Hunstanton

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QUALITY AT A FAIR PRICE



Unit 1 Harlequin House (corner of main car park)

Le Strange Terrace PE36 5AJ

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COMMUNITY NOTICE BOARD

Could you help a young person with a disability to think about their Future?

The CSV Futures Project supports young people with learning disabilities to explore their options as they think about leaving education.

Volunteer Mentors provide one to one support to a young person to help them develop a personal profile of their skills and interests, their likes and dislikes and their future goals. The Mentor can then support the young person to start working towards these; this can include accessing work experience and training opportunities plus the chance to try out volunteering and new social activities.

CSV needs volunteers who can offer a couple of hours of their time each week to mentor the young people as they make choices about their futures, raising aspirations by exploring together the young person's skills, interests and abilities.

We are looking for people ages 16+ - Mentors can come from all walks of life and no experience is needed but patience, the ability to listen and a sense of humour are all useful skills. Mentors receive full training and support and out of pocket expenses are paid.

If you would like to find out more about becoming a Volunteer Mentor for the CSV Futures Project please contact Vicki Howling, the project co-ordinator for an informal chat. Telephone 01366 386972 or 07926 044845 or email vhowling@csv.org.uk

CSV (Community Service Volunteers) is the UK's leading volunteering charity. Social justice is at the heart of what we do; empowering people to have a positive stake in society and tackle barriers to community participation through creating volunteering and learning opportunities.

MASSIVE FUEL BILLS?



INEFFICIENT OIL FIRED & LPG BOILER? STORAGE HEATERS NEED HOME INSULATION?

On any of these Governments benefits?

- Child Tax Credit
- Working Tax Credit
- Universal Tax Credit,
- Pension Guarantee Credit
- Income Support
- Income Based Job Seekers Allowance
- Income related Employment and Support Allowance

PRIVATE HOME OWNER OR TENANT?

GOLDEN GLOBE will do all the hard work for you using government grants funded by all the big energy companies under the watchful eye of OFGEM.

- Confirm your benefits with DWP
- Book your free survey for you
- Install your new fuel efficient oil boiler

Look forward to **A Warmer Winter, Lower your fuel bills.** A home with added warmth and an **Energy Efficient New Boiler** with an **OFTEC Certificate**



Call Golden Globe today on 020 7096 5097
and book your appointment free of charge





All abilities welcome

Stretching, postures and breathing help to improve mobility and strength.

Please wear loose clothing and bring a warm rug and/or yoga mat (there will be a few mats available for loan/buy).

British Wheel of
Yoga Tutor,
Ann Lewing
Contact number:
01366 328350

**STOKE
FERRY
VILLAGE
HALL**

Mondays
7.00pm—8.30pm
Please arrive no
later than 6.55pm

£5.00 per session
(pay as you go)
Under 18 yrs old must
be accompanied by an
adult

SPECIAL EVENT PLANNED?



Think Wereham Village Hall!!

Beautiful facilities:
full catering kitchen, 3 separate
rooms available for hire (main hall,
community room and meeting room).
Visit www.werehamvillagehall.co.uk
or call Lyn, Sara or Sue on

K.J.Catering Services

Contact Steve Bartram on

01366 727797
or 07542 923909

kjcatering@btconnect.com

www.catererssuffolkandnorfolk.com

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A Warm, friendly welcome is waiting for you.

Accompanied sample sessions for you and your child the first Wednesday of every month 9:30-11:00

Term time age 2-5
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Open 50
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Contact Debbie - 01366 502150

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www.little-oaks-preschool.lk.org

Downham Market Library Events October 2019

For further information about events or to book where necessary call
01366 383073

For the latest information and updates check out and like our
facebook page

<https://www.facebook.com/downhammarketlibrary/>

During October can you take on the “Town Walks Challenge”

Four walks and four quizzes that take you around our beautiful town. -Streets-
Working Life -Landmarks - Notable People

Get fit, get together and get to know our town better

Visit the Library or Discover Downham, choose your walk and pick up your
route leaflet and quiz sheet. Answer the quiz questions as you go, then get your
quiz sheet stamped at the Library/Discover Downham to show you have
completed the walk and check your answers!

Complete all four walks to receive your ‘Certificate of Completion’, be
recorded on the ‘Town Walks Challenge Roll of Honour’, and enter the
“Champion Challenger” prize draw.

Town Walks Challenge is organised jointly by Downham Market Library &
Discover Downham

Regular Library events:

Mondays:

Community Job Club - 9:30am till 1pm drop in for CV support, job
applications, interview Techniques and more - you will need to have signed
up for Open Libraries as this club is during unstaffed hours – to sign up pop
into the branch and ask a member of the team. NOTE: THIS SESSION IS
HELD DURING AN UNSTAFFED OPEN LIBRARIES SESSION – TO USE
THE LIBRARY DURING UNSTAFFED SESSION YOU WILL NEED TO
SIGN UP.

Tuesdays:

Need help with your computer or tablet? 1 to 1 sessions with our
Computer buddies are available, booking essential

Chair Yoga –2 pm till 3pm Booking Essential £3 per session

Lego Club – 5pm till 6pm drop in

Thursdays:

Baby bounce and rhyme – 10:30am till 11am, come along and enjoy some songs and rhymes. Drop in no need to book.

English Course for speakers of other languages 12.30 till 2.30 – FREE booking essential.

Need help with your computer or tablet? 1 to 1 sessions with our Computer buddies are available, booking essential

Fridays:

Mini Movers – FREE Fortnightly. 10.30am till 11.30am. Let's get active with the music from the Sticky Kids. Mini Movers is for preschool age to encourage movement to music and song whilst developing numeracy and literacy skills. Booking Essential

Just a Cuppa –10.30am till 12.30noon 50p suggested donation. Enjoy a chat over a tea, coffee & a biscuit. Drop in no need to book

Chair Yoga –2 pm till 3pm Booking Essential £3 per session

New

Lego Club starting Tuesday 1 October 5pm till 6pm – no need to book just come along and get building.

Bridge Club starting this October – see in branch for more details

Coming Soon – Downham Library Reading group – would you like to join a reading group to meet at the library, call us on 01366 383073 to register your interest

Volunteers needed!

Could you help develop ideas for events held at the library as a **Library Friend** and promote the library and its services within the local community?

Please contact Fran at the library on 01366 383073 or email fran.valentine@norfolk.gov.uk if you'd like to find out more.

BARTON BENDISH & EASTMOOR VILLAGE NEWS

Farewell to the Kommullers

For an obscure West Norfolk Village, Barton Bendish has had a connection with Americans dating back a long time. Many American airmen learned to fly at Narborough and bombed fields in the vicinity. Children from Barton, including a boy named Fred Bellham, who subsequently became Landlord of our pub, scoured those fields for relics and trophies. These airmen almost certainly made use of the Spread Eagle.

Last year we were all sad to see Shane and Elizabeth return to the States and now we bid farewell to the Kornmullers, who have lived here for 11 years, contributing to events, pantomimes and all the things community minded people get involved in. They leave with a heavy heart but I am sure that new adventures await them in America and that we will stay in touch.

Some weeks ago, they gathered many villagers outside their lovely cottage and had photos taken as a memento. The village held a little party for them in the Village Hall, when these photographs were presented to those present. They will be missed. Godspeed!

Andrew Stephen

Brian Reynolds Book - A life in Farming

My book has been outstandingly successful. I have only around 10 books left and have so far raised £5,650 for Parkinson's UK. Further donations will be accepted till the end of Oct.

The level of support has been just unbelievable. Thank you everybody.

Full report next month.

Contact Brian Tel 01760 336468

Barton Bendish Film Club

The next Film Club presentation will be '**Stan and Ollie**' **Please note that this will be on October 12th at 7:00 pm, not the 19th as previously listed**

Following a packed house for Mary Poppins Returns, we now move to our October screening of Stan & Ollie. With their golden era long behind them, the pair embark on a variety hall tour of Britain and Ireland. Despite the pressures of a hectic schedule, and with the support of their wives Lucille (Shirley Henderson) and Ida (Nina Arianda) - a formidable double act in their own right - the pair's love of performing, as well as for each other, endures as they secure their place in the hearts of their adoring public.

Running time 1hr 40 mins

Should be a great film and we look forward to welcoming you all on the 12th

October. Doors open at 6:30 for a 7:00 screening as normal, with ticket prices at £5.00

Tickets £5.00 can be reserved from 01366 347849, or via the website at www.bartonbendishfilmclub.btck.co.uk

Quiz with a Fish and Chip Supper October 19th at 7pm.

As an additional Fund Raiser for the Village Hall Development Fund, it has been decided to hold a Quiz with a Fish and Chip Supper at the Village Hall at 7 pm.

Saturday October 19th For further details and bookings, please contact Mary Simon at mary.l.simon@btinternet.com or Mary Simon: 01366 347790

Coffee Morning October 31st 10-12noon

Our belated annual Coffee Morning in aid of Macmillan Cancer Support will be held on Thursday October 31st – Halloween. Be assured it will be safe to come to Barton in the morning because the ghouls and ghosts that lurk in the village never appear until after dark! Please note there will be a ban on the mention of the word 'Brexit'. Heaven knows what the situation regarding Brexit will be by then but anyone bringing the subject up will have to pay an instant on-the-spot £5 fine. We will be eaves-dropping so it might well contribute to making it our best ever Macmillan Coffee Morning!!

There will be a raffle, cake, produce and book stalls. Please come along and support this very worthy cause between 10am and 12noon to enjoy a cuppa and a chat and, of course, some delicious homemade cake.

I would be very grateful for donations of homemade cakes, produce and raffle prizes etc

Looking forward to seeing you.

Jill Tel 01366 347928 or email jill.events@btinternet.com

Village Hall Update

It has been a long haul but we now know that we have achieved a Lottery Community Fund Grant of £50,636. This is a staggering amount to receive in these financially straightened times and we are very grateful for it. We are very fortunate to have Chris Parsons on the case. Hours of hard work, and his considerable expertise, played a huge part in achieving this breakthrough grant.

I say breakthrough, because, together with the £1,000 given to us by Tesco, we now have a total of £104,000, which means we have achieved 38% of the money needed to achieve all the improvements we have envisaged. We expect news about our application for VAT exemption soon and that too will have a huge bearing on how much of the work we will be able to do. What we do know is that it can start and that some of the planned improvements will now definitely happen. If we are successful with other grant bids now open to us, we might be able to do everything we've planned for. We will see.

We are lucky that our community is so united, not like the one at Winterton on Sea, where the Parish Council had to cancel a garage sale. The Village Hall Committee had organised their own! This followed their resignations 'en masse' due to "tensions with the PC"! Ego should have nothing to do with it. The community comes first.

Details of our progress can also be found on Facebook on 'The Friends of Barton Bendish' and the newly created 'Barton Bendish Village Hall' groups. Andrew Stephen (Chair of Barton Bendish Village Hall Management Committee)

Voices from the Vestry

As the Autumn stretches before us and a new term begins, this is a good time to outline forthcoming events:

Group Harvest Brunch – October 5th 11am

This year we will be hosting the Group Harvest Meal in the Village Hall. Everyone is welcome so please come along and join us.

Tickets cost £5 and are available from Linda 347563 or Mhari 347849.

Remembrance Service – November 10th 10.30am

Barton Bendish will be taking part in the act of Remembrance on Sunday 10th November at St Andrew's Church. A wreath will be laid at the village war memorial during the service. The names of those from the village, who gave their lives, will be read out accompanied by a little information about each one. Should there be someone whom you wish to be remembered at this time and have their names read out, please contact either Churchwarden and we will include them.

Wreath Making Workshops – November 21st – 23rd

The annual Wreath Making Workshops will run again in November on Thursday 21st, Friday 22nd and Saturday 23rd at 7.30pm in the Village Hall. There will also be a workshop on the Saturday morning at 10am. All materials will be supplied but a pair of secateurs will be required. Please bring your own special decorations or ribbon for the finishing touches! Refreshments are provided. Please contact Linda ([347563](tel:347563)) or Mhari ([347549](tel:347549)) to book your place.

Breakfast Church for St Andrew's Day - November 30th 9.30am

This is another welcome opportunity to break bread with friends and neighbours whilst providing us all with a thoughtful start to the day. Contact Linda or Mhari to book your place.

Christingle Service December 8th 3pm

Rev Ken Waters will be taking this service in St Andrew's Church at 3pm.

Everyone is most welcome. Festive refreshments will be served after the service.

Victorian Evening – December 14th 6pm

Calling all thespians and entertainers. The Victorian Evening of Christmas Entertainment will be held in the Village Hall on Saturday 14th December at 6pm. If you would like to ‘tread the boards’ and perform, please contact Linda (347563) or Mhari (347549).

We are grateful for any help with or publicity for our events. Please encourage your friends to ‘pass the word’ and to join in.

Liz Stephen (PCC Secretary)

SUMMARY OF FORTHCOMING VILLAGE EVENTS

SATURDAY OCTOBER 5th	‘Harvest Brunch Village Hall 11am see advert
SATURDAY OCTOBER 12th	Film ‘Stan and Ollie’ Village Hall 7pm see advert
SATURDAY OCTOBER 19th	Quiz/Fish and Chip Supper Village Hall 7pm
see advert	
THURSDAY OCTOBER 31st	Macmillan Coffee Morning 10-12noon see advert
SUNDAY NOVEMBER 10th	Remembrance Service St Andrew’s 10.30am
FRIDAY NOVEMBER 15th	Bonfire at Barton Bendish Hall
NOVEMBER 21/22/23rd	Wreath Making Village Hall See above for details
SATURDAY NOVEMBER 30th	Breakfast Church Village Hall 9.30am
SUNDAY DECEMBER 8th	Christingle Service St Andrew’s 3pm
SATURDAY DECEMBER 14th	Victorian Evening Village Hall 6pm

St Andrew’s church
Barton Bendish



COUNTRYSIDE NOTES CHANGING THE CLOCKS

On October 27th at 2am we have to put our clocks back an hour. News programmes for the rest of the day will be telling us that we'll now be having an hour less daylight. No we won't, it will merely be getting dark an hour earlier in the evening by the clock and light an hour earlier in the morning. The number of daylight hours doesn't alter; they are determined by the tilt of the Earth's axis. The shortest day in Britain is December 22nd, in New Zealand it's June 22nd. Changing the clock is a contentious issue and, as always, there will be a debate on whether it comprises the safety of schoolchildren. The fact is in mid-winter, one way or other; they would either be going to, or coming home, from school in the dark. In winter the hours livestock farmers work, because of the nature of their job, are ruled by the hours of daylight, not the clock. For example, because of the risk of mass slaughter by foxes, free range hens need to be shut in at night. You can't drive chicken and they don't voluntarily go to bed until its getting dark, that is 10 o'clock in mid-summer and 3.30pm in winter. It's also difficult to check the welfare of stock kept outdoors in the dark.

GMT (Greenwich Mean Time) is what we have in winter and BST (British Summer Time) is what we have in summer. This was introduced in 1916 to save energy and resources. Over the years there have been a few variations. During WW11 double summertime was adopted between 1941 and 1945 and Harold Wilson's government trialled not changing the clocks. They were put forward in March 1968 and remained at GMT+1 until October 1971.

Many countries have adopted DST (Daylight Saving Time) with the exception of Iceland, Africa, Asia, Japan, South Korea, Taiwan, India and, more recently, Russia. Some parts of South America and Australia observe DST while others don't. Interestingly in Canada and the United States it's only Hawaii and Arizona, (with the exception of the Navajo Nation) who don't change their clocks. Countries across the EU have observed DST but have now voted to end this in 2021.

The Greenwich Meridian is an imaginary line drawn between the North and South Poles. From London it crosses France, Spain and Africa where it meets the Atlantic Ocean on the coast of Ghana. Time zones are complicated things that don't concern us in the UK; to the west of the Meridian they are earlier than GMT and to the east later. There are eleven in Russia and Asia, six in North America, Canada and Africa, five in China and three in Australia. Theoretically if each time zone varies by one hour there should be twenty four but due to regional variations there are in fact 37, some being only half an hour.

Americans have an easy way of remembering to alter their clocks - 'Spring forward and Fall back.'

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

St. Mary's Church

Update on The Friends of St Mary's



FOSM will be holding our AGM on the 1st November at 7pm in the Village Hall – the meeting is open to anyone and everyone in the village (and elsewhere!) interested in supporting our efforts to keep our Church building standing so do please come. We are slowly making progress on the steps we need to take to tackle the repair to the thatched roof and can give you an update at the meeting. We can also give you an

update then as to the replacement of the now missing lead roof. Many of you will have received letters from the Council asking for views for replacing the roof with terne steel – this is in response to the planning application to use this different material which is of no interest to thieves.

We would also welcome hearing about any new ideas of activities to raise funds and have fun at the same time – our village is rather good at this I think. By the time you read this we will have had another Quiz which I am sure will have been as successful as those in the past!

We look forward to seeing you all on the 1st November – we need your support!

Peggy Ray (Chair Friends of St Mary's)

Quiz



We are delighted the recent quiz proved to be popular and thank the 50 people who supported it - £181.00 was raised for Friends of St Mary's. It was a fun evening and enjoyed by all who were there. We would especially like to thank John Norton and Mark Lusby who helped behind the scenes and Sonia Williams who organised the

raffle.

Peggy English and Eileen Powell

Flower and Brass Cleaning Rota for October

6th Karen Butler and Jeanne Flynne, 13th Jenny Gabrielsen, 20th Heidi Hale, 27th Vesna Hudson

The rotas for the flowers and the opening of the Church will continue

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

Beachamwell to Feature on German Television and Across the World



Bank Holiday Monday was the day that Deutsche Welle, Germany's public international broadcaster, came to Norfolk and to Beachamwell to learn about our wonderful system of public rights of way. Germany has no such network giving the public access across private land and deep into the countryside. So how was this network of footpaths, and bridleways created? How are they maintained and kept open?

Senior members of The Ramblers' Association were on hand to explain the legal obligations on:

- the public in using the rights of way (keeping to the designated route, keeping dogs under close control, etc.)
- the landowners (ensuring that paths are clearly defined over agricultural land and re-instated after disturbance and are not obstructed by fencing, barbed wire, vegetation or dangerous animals)
- the volunteer Ramblers work to ensure these rights of way are kept open.

The team from Deutsche Welle also learnt how The Ramblers are researching paths that have been 'lost' over time. The Ramblers, and others, have until

BEACHAMWELL, SHINGHAM & DRYMERE VILLAGE NEWS

2026 to make a case for 'lost' paths across the country to be added to the Definitive Map of Rights of Way that shows exactly where the public can legally go. An example of such a 'lost' route – a blocked and over-grown old drove road near Hillborough - was filmed as the perfect example of a way that should be re-opened to the public.

As a contrast to the impenetrable drove, the production team were delighted to come to Beachamwell, to film on the Village Green with St. Mary's in the background. They also took great delight in filming the well-cut footpath that crosses the field behind the old school, and in seeing villagers walking there in the evening sunshine.

The DW television audience in Germany and across the world, will hear of the benefits that public rights of way bring to those living in rural communities: health to body and peace to mind, the joy of being close to the natural world and an awareness of the history revealed in buildings and countryside along the way.

The Wednesday Walkers explore the Beachamwell paths on the first Wednesday of each month. The informal group meets at the Village Hall at 10.00 a.m. and walk for about an hour and a half. New walker-explorers are always welcome.

Sue Pennell

Mobile Post Office

Monday and Thursday 13.00 – 13.15

Tuesday and Wednesday 11.10 – 11.30

Beachamwell Parish Council

The new Parish Clerk is

Miss Sarah Thorpe MAAT PSLCC

The next Parish Council meeting will be held on
Monday 30th September in the Village Hall



CHURCH SERVICES IN OCTOBER (Priory/Northern group)

Sunday 6th October

9.30 am Runcton Holme
10.00 am Shouldham
11.00 am Marham
11.00 am Stow Bardolph

Sixteenth Sunday after Trinity

Holy Communion
Morning Prayer
Holy Communion
Holy Communion

Sunday 13th October Trinity

9.30 am Shouldham Thorpe
10.30 am Marham
11.00 am Watlington
11.00 am Stowbridge
6.00 pm Fincham

Seventeenth Sunday after

Holy Communion
United Methodist Worship
Holy Communion
Holy Communion
Evensong

Sunday 20th October

9.30 am Wormegay
10.30 am Marham
11.00 am Shouldham
11.00 am Nordelph

Eighteenth Sunday after Trinity

Holy Communion
Service of the Word
Holy Communion
Holy Communion in the village hall

Sunday 27th October

10.30 am Marham
11.00 am Stow Bardolph*
11.00 am Tottenhill

Nineteenth Sunday after Trinity

United Methodist Worship
Wimbotsham Holy Communion
TBA

***For the foreseeable future, services for Wimbotsham will take place at Stow Bardolph Church.**

THURSDAY SERVICES at 10am

HOLY COMMUNION Fincham 3rd, 17th and 31st.

BAPTISMS AND WEDDINGS

Please contact Mrs. Louise Vigus

Church Office, 27/29 Bridge Street, Downham Market, PE38 9DW
07596 707469 louise.vigus@westnorfolkpriorygroup.co.uk

CHURCH SERVICES IN OCTOBER (Wissey Valley/Southern Group)

Sunday 6th October

9.30 am Wretton with Stoke Ferry Harvest Festival
11.00 am West Dereham Family Service
6.00 pm Methwold Harvest Festival
6.00 pm Wereham Evensong

Sixteenth Sunday after Trinity

Saturday 12th October

9.30 am Barton Bendish Harvest Breakfast in the Village Hall

Sunday 13th October Trinity

9.30 am Methwold Service of the Word
9.30 am West Dereham Holy Communion
9.30 am Whittington Service of the Word
10.00 am Boughton Breakfast Church

Seventeenth Sunday after

Sunday 20th October

9.30 am Methwold Service of the Word
9.30 am West Dereham Service of the Word
9.30 am Wretton with Stoke Ferry Holy Communion
11.00 am Wereham Holy Communion

Eighteenth Sunday after Trinity

Sunday 27th October

9.30 am Methwold Holy Communion
9.30 am West Dereham Service of the Word
10.00 am Whittington All Age Service
11.00 am Boughton Holy Communion
6.00 pm Barton Bendish Evening Service

Nineteenth Sunday after Trinity

MIDWEEK SERVICES

Holy Communion 10.00am **Boughton** Thursdays 10th and 24th
Holy Communion 10.00am **Whittington** Wednesday 23rd
Compline 5.30pm **Wretton with Stoke Ferry** Thursday 17th

BOUGHTON VILLAGE NEWS

All Saints'

September has been a busy month in the church. On Friday 13th we had an excellent concert from the Fincham Chorus in aid of church funds. There was a good mixture of old and new songs, both sacred and secular, and the choir were excellent, as usual. We raised £280 for the church and we must thank the choir, their conductor Russell and John Delderfield for his organisation. We also need to thank Sandy and her catering crew for the excellent refreshments during the interval. (I did take a photo of the choir, but had to reset my phone and lost the photo.) Apologies. It was so lovely to see nearly sixty people turn up to listen and it was a tremendous atmosphere, which also encourages the choir. We look forward to their December concert in the hall at Fincham.



September 22nd had been looming large in our calendar for some time, as after I'd set the date for Harvest Festival I was asked if we would host the celebratory service for the



same Bishop, than fifty years and service

who spent Friday morning decorating the church for the service, and those who brought flowers and foliage. It always looks fantastic when decorated, but I think we excelled ourselves this time.

ordinations of Robin Blackall and Brian Redgers. They were ordained a year apart in the same Cathedral of Bury St Edmunds and by the and both have now completed more as priests., leaving a legacy of love behind them. Thanks to the group

Note: Nine bags of tins and packets were taken to the Foodbank at Eternity Church in Downham Market. The collection raised £364.20 which will be sent to Farm Africa.



The choir had been practising the anthems and on Saturday afternoon we spent two hours trying to work out the logistics of getting five priests and two deacons behind the altar for the concelebration.

We borrowed a cross from Fincham and extra silverware, so thanks to them, and there were over seventy people gathered to join the celebrations. We enjoyed a service slightly different from the ones we have with a smaller congregation and it was lovely to see old friends, people from the local benefices and also friends and family of Robin and Brian. The singing was excellent – so much easier for the organist if the singing can

be heard! After the service, people were sent out for drinks in the marquee erected by the village team, while tables were set up for an excellent and varied lunch.

Again, thanks to Sandy and Pippa and all the helpers, and anyone who contributed in any way. It was a truly memorable day and I hope Robin and Brian enjoyed it as much as we did.

Robin, Brian, Pippa and Robin's daughter Cathy, enjoying the cake baked by Nicola and Hannah-Lou, which had a 'firework' candle.

From the Chair, Boughton Parish Council

This month sees the end of Summer and we look forward to a new season, with memories of holidays in the sun fading away

Over the last couple of months your parish council has been active with maintenance tasks on the pond and the village footpaths. In July we also had a parish litter pick that saw eight volunteers collect eleven bags of rubbish from the grass verges around the village. It is remarkable the sort of things that people throw from their vehicles as they pass, rather than take them home to dispose of properly. Careless littering is not only an eyesore, but a very real danger to our wildlife

My wife and I were invited to visit RAF Marham on their Friends and Families Day. It was a memorable visit on one of the hottest days of the year and were we able to get up close and personal with one of the new F35B Lightning II aircraft that we all hear flying overhead from time to time. The air displays also included aerobatics and fly-pasts from an assortment of aircraft including a Spitfire, a Eurofighter Typhoon, and a home-built Rhin DR 107. Static displays included two F-16s, an Osprey and an in-flight refuelling tanker. A classic car display and various trade and charity stalls rounded out the occasion. The Parish Council met on 3rd September and among the topics discussed were the village marquee, playground maintenance, speeding, and a bus stop for the village.

The marquee is available to residents to use for public or private occasions. In some cases we will need to ask for a small donation towards its upkeep. If you would like more information, or to book it out, please contact Debbie Fisher (e-mail debfisher@f2s.com).

All issues from the last playground inspection have now been resolved and works completed, but I am saddened to report that bark chippings intended for the play surface have been stolen. If you have any information regarding this petty and mean-spirited act, please let us know

The topic of re-instating a bus shelter for the village was raised at the meeting. This would serve both the school bus and others. It would need to be constructed from transparent materials to deter its use as a .. well, that's just say "alternative uses". We would like to hear your opinion on this idea and potential sites for it. Please get in touch.

Councillor Cooper has been investigating the reasons why some delivery trucks continue to speed through our village and has discovered that some satellite navigation systems used by supermarkets still have an incorrect limit for

Boughton. He is trying to get this corrected, or at least have the drivers instructed to observe the many "30" signs in the village!
As we move to Autumn, the beet campaign will be upon us.

This year Albanwise have a plantation of sugar beet in Boughton, at the bottom of Wretton Road. Parish Councillors met with their Farming Manager for a briefing on the traffic plan for the harvest. Contrary to what you may have read in an incorrect article in Lynn News we are not expecting 200 trucks to "murder our village". While the majority of the crop will be removed via tracks to Stoke Road there will be some heavy goods vehicle movements along Wretton Road, Mill Hill Road and Gibbet Lane. We estimate between 75 and 100 trucks laden with beet will be taken out along this route between 23rd September and 15th October. Empty trucks will enter the site from the A134. Truck movements will be Monday to Friday only to minimise weekend disruption. For more information as we receive it, please check our "All About Boughton" Facebook page (@boughtonpc).

If you are planning to celebrate Halloween and/or 5th November with fireworks can I ask that you keep displays short and to the early part of the evening, and to give advance warning to any of your neighbours with pets, young children or livestock that might be spooked by the noise - especially if you plan to use "mortar" type devices

Neil Matthew
Chair, Boughton Parish Council

WEREHAM VILLAGE NEWS

VILLAGE HALL ACTIVITIES

All activities are listed in the Community Section of this magazine.

Any further details are featured in the website www.werehamvillagehall.co.uk and on the Facebook page Wereham Village Hall.

MOBILE POST OFFICE will park near the village pond on the following days/times.

Monday and Thursday 14.00 – 14.15

Tuesday and Wednesday 12.25 -12.55

WEREHAM CHURCH FESTIVAL - SUNDAY 21 JULY

The annual Wereham Church Festival, which this year took place on 21 July, was a great success, drawing people not only from within the village but also from throughout the local community and even further afield. On a very sunny day there was a steady stream of people through the gates, taking part in the wide variety of stalls and entertainments that were on offer. as well as enjoying the barbecue and other local produce, including cakes and preserves. Also local auctioneer, Barry Hawkins, was on hand to value a range of antiques and keepsakes that people had brought along on the day.

Inside the Church there was a fascinating demonstration of wool spinning from a local group, with a range of locally produced and home made shawls, baby blankets and other items. Also the Messy Church Choir entertained us with their lovely singing.

The Festival is the major fundraiser of the year, and this year in excess of £1,700 was raised in support of our lovely village church, which was a fantastic result. This is all due to the dedication and support of so many local people, both in advance of the event and on the day, to whom we are extremely grateful.

The whole day demonstrates what a community can achieve, and we look forward to next year's event.

Keith Murray

Draining the Fens

The next Wereham heritage event is group is a talk on "Draining the Fens".

Monday 14 th October 7 pm Wereham village Hall.

No charge but donations to Heritage group welcomed.

We are very pleased to welcome Andrew Newton of The Ely group of internal drainage boards who will give an illustrated talk.

Come and hear about how the natural marshy region we live close to has been drained and used for agriculture and homes.

Did you know why the Fens are called the Fens?

Did you know the Fens provide around half of the grade 1 agricultural land in England.

Andrew's work involves Maintaining the complex system of drainage channels, man made rivers and pumping stations.

Promises to be a fascinating evening.

Everyone welcome.

Craft Group.

A date for your diaries, sat November 2nd, 10am until 4pm is the day for the Pre Christmas Craft Fair. We have lots of stallholders booked so you will have a good choice of unique items for your Christmas shopping, all reasonably priced. Cafe open all day for freshly made filled rolls, tea, coffee and cold drinks. We all look forward to seeing you there. Craft group meet on the second Tuesday of every month 10.30am until 12.30pm. New crafters always welcome. We meet in the village hall. For details please contact Rosemary on 01366 501330, or 07749240606, e-mail rosemary.pease@btinternet.com.

Short Mat Bowls.

We meet every Thursday evening 7pm until 9pm in the village hall. We are a small friendly group who play for fun; there is always lots of laughter and joviality. Teas and coffee served during the evening. For details please contact Philip on 01366 501330, or 07759033492, e-mail rosemary.pease@btinternet.com.

CAR BOOT AND CAFÉ.

Only two more chances this year for you to book a car boot table and have a good clear out before Christmas. The last two dates are October 27th and November 24th. The cafe will be open as usual with all the old favourites, bacon bap, egg bap or sausage bap or any combination of those items. Teas, coffee, hot chocolate and cold drinks are also on sale. We look forward to seeing you either as a stall holder or as a viewer/purchaser. For details please contact Philip on 01366 501330, or 07759 033492. E-mail rosemary.pease@btinternet.com.

WEREHAM PARISH COUNCIL

Next meeting date

Tuesday 12th November 2019 at 7.00pm in Wereham Village Hall

Agenda items must be received before the end of the month prior to each meeting, items received after this time will not be possible to discuss. Please send to the Parish Clerk at werehampc@gmail.com. The Agendas for meetings are al-

ways published on the Wereham Village Notice Board three clear days before the meeting, on the Wereham Parish Council Facebook Page and on the website www.werehamparishcouncil.co.uk You will also find minutes of all meetings here too.

Wereham Cemetery – Memorials Next of Kin

Please could any members of the public known to be the next of kin for memorials within the Wereham Cemetery contact the Parish Clerk to agree to share their contact details. We need to ensure that our contact database for the purposes of contacting next of kin, where we need to discuss memorials is as up to date as possible.

Norfolk County Council – Tree Communication

We are in the process of carrying out inspections of roadside trees and we may be surveying in your parish on smaller, rural roads known as class 4A2. The primary focus of the inspections is to identify ash trees that are in decline due to ash dieback disease (ADB) and assess whether they are now posing a risk to highway users. We may also pick up other trees that are in a dead or dangerous condition.

For further information on ADB please visit our webpage: www.norfolk.gov.uk/ashdieback This summer, our approach is to remind landowners that ‘their trees are their responsibility’ and to raise awareness of ash dieback disease. If trees are found in poor condition but not considered imminently dangerous we are fixing notices to the trunks of trees and marking the trees with yellow paint to inform the owner that they may need to take action. We may contact you in future if we find any particular areas of concern or have a query regarding ownership of an individual tree or tree group.

Should you need any further information or have any queries concerning the above, please visit our webpage or contact us at ashdieback@norfolk.gov.uk

The Parish Council would like to reiterate the advice of the Norfolk County Council and ask that residents with trees within their property boundary, and particularly any which overhang the highway, that they are inspected regularly and any works identified acted upon. There are in particular a number of very large trees along the A134 within private property, which will require inspection. Also, if you have bushes on your property that border a public footpath, please ensure that you keep these trimmed back through the year to avoid causing an obstacle for pedestrians, whilst adhering to rules around this work needing to be done outside

of the bird nesting season.

Helen Richardson Wereham Parish Clerk and Finance Responsible Person

Email werehampc@gmail.com or Phone/Text: 0779 500 6811

PARTY NIGHT DANCE

Saturday 19th October at the Village Hall, 8.00pm to Midnight.

Live music from Gravel Road.

Bar, buffet, raffle. Tickets £10.00 per head, includes finger buffet, kids under 11 free.

Tickets on line from Werehamvillagehall.co.uk/events or from the Village Hall.

Cinema Night, 'Red Joan' Cert 12 (£5 per Adult, £3 per child) Friday 1st November. Bar open from 7.00pm. Loyalty card, 5 for the price of 4. Book www.werehamvillagehall.co.uk/events or call the office 07497 430005.

FINCHAM MEMORIAL HALL DIARY

Jazzercise meets every **Monday from 7pm** (except for Bank Holidays). Jazzercise is a pulse-pounding, beat-pumping fitness programme that gets you results...fast. It's a calorie-torching, hip swivelling dance party with a hot play list to distract you from the burn. Wear loose, comfortable clothing and aerobics trainers. Bring a drink. To get the most out of your class, you may like to bring a mat for floor work and a pair of hand held weights.

First class is free. Come 10 minutes early to register for your first class. Costs £6 per class. Interested? Then call Hilary on 07909 282165 for more information

Keep Fit meets every **Tuesday from 6.30pm – 7.30pm** and consists of gentle exercise, increasing to more energetic for those who are able, finishing with floor exercises, stretching and relaxation. It is suitable for all ages. Cost £4.00 per lesson.

New members very welcome either just turn up with a towel and a bottle of water or contact Debbie on 01760 622108



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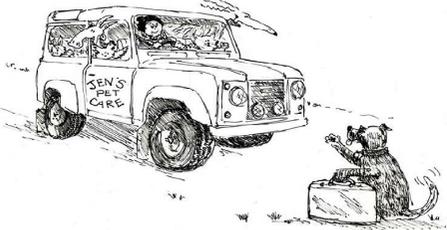
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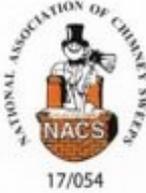
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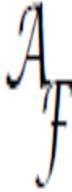


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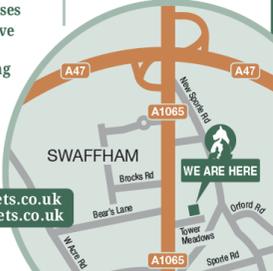
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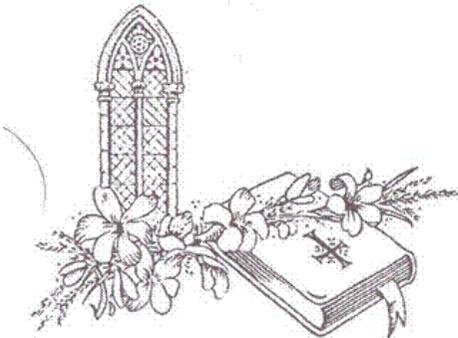
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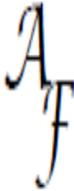
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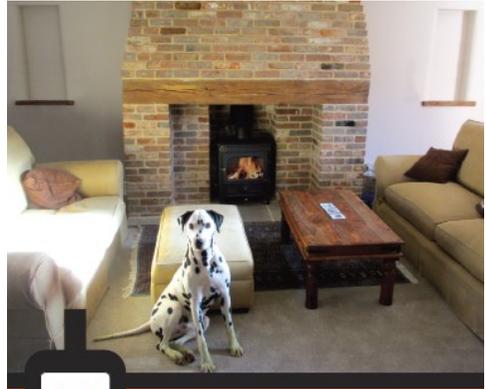
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Simon Harrap is a writer, photographer, wildlife tour leader and wildlife garden centre owner, based near Holt. He leads birdwatching tours throughout the world, and botanical and nature trips in Norfolk. Simon has written many books and is an acknowledged authority on wild flowers and orchids, in particular. This fascinating talk takes us into the mysterious world of British Wild Orchids.

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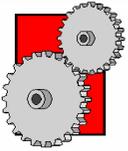
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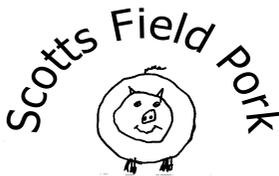
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